

UNITED STATES DEPARTMENT OF HEALTH AND HUMAN
SERVICES
FOOD AND DRUG ADMINISTRATION

PUBLIC MEETING ON PATIENT-FOCUSED DRUG DEVELOPMENT
FOR ALPHA-1 ANTITRYPSIN DEFICIENCY

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1 PARTICIPANTS:

2 Welcome

3 DONNA LIPSCOMB, Facilitator
4 Office of Communication, Outreach
and Development
5 Center for Biologics Evaluation and Research
(CBER) FDA

6 Opening Remarks

7 GINETTE MICHAUD, M.D.
8 Deputy Director, Office of Blood Research and
Review (OBRR)
9 CBER, FDA

10 Overview of FDA's Patient-Focused Drug Development
Initiative

11 PUJITA VAIDYA, M.P.H.
12 Office of Strategic Programs
Center for Drug Evaluation and Research (CDER) FDA

13 Background on Alpha-1 Antitrypsin
14 Deficiency

15 L. ROSS PIERCE, M.D.
16 Medical Officer, Division of
Hematology Clinical Review
OBRR, CBER, FDA

17 Overview of Discussion Format

18 DONNA LIPSCOMB
19 Office of Communication, Outreach
and Development
20 Center for Biologics Evaluation and Research
(CBER) FDA

21 Topic 1: The effects of Alpha-1 Antitrypsin
22 Deficiency that matter most to you

1 PARTICIPANTS:

2 Presentation of Survey Data from the Alpha-1
3 Foundation

4 ELIZABETH JOHNSON
5 Alpha-1 Foundation

6 Large-Group Discussion: Topic 1

7 Afternoon Welcome

8 DONNA LIPSCOMB
9 Office of Communication, Outreach
10 and Development
11 Center for Biologics Evaluation and Research
12 (CBER) FDA

13 Topic 2: Patients' perspectives on
14 current approaches to treatments

15 Panel Discussion on Topic 2

16 Presentation of Survey Data from the Alpha-1
17 Foundation

18 GORDON CADWGAN
19 Alpha-1 Foundation

20 Large-Group Facilitated Discussion: Topic 2

21 Topic 3: Patient perspectives on participating in
22 a clinical trial to study experimental treatments

23 Large-Group Facilitated Discussion:
24 Topic 3

25 Presentation of Survey Data from the
26 Alpha-1 Foundation

27 JOHN WALSH
28 Alpha-1 Foundation

29

1 PARTICIPANTS:

2 Open Public Comments

3 Closing Remarks

4 GINETTE MICHAUD, M.D.
5 Deputy Director, Office of Blood Research and
6 Review (OBRR)
7 CBER, FDA

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1 themselves, but first I wanted to give you a few
2 housekeeping rules. Our meeting is being recorded
3 as well as transcribed and both the web -- both
4 the web meeting and the transcription is going to
5 be posted on our web so just keep that in mind
6 when you're talking to us and only tell us things
7 that you are okay with having public. We do have
8 restrooms but they are a bit of a distance and
9 they are located if you go out the back door, make
10 a right, go down the hallway and then it's a
11 little to the right. You'll find them there and
12 there are water fountains there as well and
13 there's a water fountain if you kind of go to the
14 left here as well.

15 On your way down you might have noticed
16 a kiosk. That's where if you did not bring your
17 lunch we actually found out that you can preorder
18 and I think a number of you have preordered your
19 lunch so that will makes things much better
20 because we have experienced some lines, so for
21 those of you who have pre-ordered yeah. And it's
22 simple like sandwiches and coffee but we are not

1 P R O C E E D I N G S

2 (9:00 a.m.)

3 MS. LIPSCOMB: Good morning everyone.

4 Good morning, this is an overflow crowd and we are
5 so excited to have everyone. If you are getting
6 settled in we are going to get started and we ask
7 that you do so. Hold on a minute. My name is
8 Donna Lipscomb and we are happy to have you --
9 those of you who are in the room as well as
10 everyone that's on the web. I'm with the office
11 of communication outreach and the Center for
12 Biologics Evaluation and Research and I'll be the
13 facilitator for today's meeting. What that really
14 means in real terms is if you are talking more
15 than the allotted time I'm going to say, "Thank
16 you so much for your information and we'll move
17 on." Please not that that's really what my role
18 is as timekeeper. But I thought facilitator had a
19 nicer ring to it. Anyway your voice is extremely
20 important to us and we are really looking forward
21 to hearing what you have to say. I am going to
22 give my colleagues a chance to introduce

1 going to have a break prior to lunch, so this is
2 an informal meeting so if you need to get up and
3 move around please do. We ask that you silence
4 your cell phones. Um, but if there is something
5 you need, please leave. We have two overflow
6 rooms and we have a room that you can -- if you're
7 tired and you need to kind of sit back and rest if
8 you just go out and ask the people at the
9 registration desk they'll direct you to those.

10 A reminder and I think you guys have
11 probably -- this is probably just not necessary
12 but the tables are reserved for the patients and
13 their family and the caregivers. So if you are
14 not one of those if you could please sit to the
15 back or get to one of the overflow rooms so we
16 have plenty of room. I think that's it for
17 housekeeping. The Alpha One Foundation was nice
18 enough to arrange to have an oxygen tank for
19 refilling any of your tanks if you need to. It's
20 right outside the door and I think that they can
21 give you more information if you need it. So I
22 think what we are going to do now is we are going

1 to look at the agenda for the day. I'm going to
2 give you a high level overview because I used to
3 be an eight grade social science teacher, so you
4 know we don't go into a lot of detail. It's
5 always part of the big picture.

6 My FDA colleagues are going to present a
7 few presentations. And this is going to help set
8 the context for our discussion today. We'll have
9 opening remarks and then we'll hear about the
10 initiative that brings us these patient focus
11 meetings and then we'll actually have a
12 presentation on the background of Alpha One and
13 trypsin deficiency.

14 Following this I will provide you an
15 overview of our discussion format. Now this
16 public meeting is a little different than some of
17 our others because the purpose is we want to have
18 a conversation with you, but our part of the
19 conversation really is going to be listening.
20 We've got out listening ears on as one of my
21 friends son used to say, "Click, click we've got
22 them in listening mode" and that's really what

1 we're going to do, so we're -- very general
2 questions we might be able to answer, but really
3 this is to hear what you have to say and what your
4 concerns are so we can use that to inform our
5 decisions.

6 Now we will have an opportunity -- we're
7 going to have three different topics that we are
8 going to talk about. In the morning are the
9 effects of Alpha One deficiency that matters most
10 to you. We'll have some discussion questions
11 around that then we'll have break for lunch and
12 then this afternoon we'll talk about your
13 perspectives on current approaches for treatment
14 and then finally we'll talk about your
15 perspectives on participating in a clinical trial.
16 Throughout the sessions we are -- the Alpha One
17 Foundation did have a survey which they are going
18 to be presenting results to throughout the session
19 so after the first set of remarks they'll be
20 presenting and then after the second and so on.

21 Now as you can see we do have an open
22 public comment period and this is the occasion for

1 those of you who want to speak or perhaps you had
2 some off topic comments you wanted to make. We've
3 outlined a lot of time for you. The sign up list
4 is on the registration table, but there is only
5 room for about 15 people to speak which will give
6 everybody about two full minutes. I know that's a
7 lot of time, but this is a first come, first serve
8 opportunity so if you think you might be
9 interested in seeing it or if you just want to
10 make sure your voice is heard please go outside
11 and sign up and we'll have our closing remarks.

12 So this is really exciting for us. I'm
13 glad we're getting started and we're just going to
14 kick it off now and I'm going to ask my colleagues
15 to introduce themselves.

16 DR. MICHAUD: Good morning and welcome.
17 My name is Ginette Michaud. I am the deputy
18 director of the (inaudible) blood research and
19 review and the center for biologics.

20 DR. PIERCE: Hello, I am Dr. Ross Pierce
21 in the Division of Clinical -- in the Division of
22 Hematology Review and the Office of Blood Research

1 and Review.

2 DR. MINTZ: Good morning, I'm Paul
3 Mintz, I'm the Director of the Division of
4 Hematology Clinical Review and the Office of Blood
5 Research and Review at Sieber.

6 DR. GOLDSMITH: Good morning, my name is
7 Jonathan Goldsmith. I am the Associate Director
8 of the Rare Diseases Program and the Office of New
9 Drugs and Seizure.

10 DR. SAHINER: Good morning, my name is
11 Berkman Sahiner and I am a senior scientist with
12 the office of Science and Engineering labs at the
13 Center for Devices and Radiological Health.

14 DR. BONNA: Good morning, my name is Jim
15 Bonna, from the office of orphan products
16 development here at FDA.

17 DR. DURMOWICZ: Hi, I'm Tony Durmowicz
18 and I'm from the division of pulmonary allergy and
19 rheumatology products and now the Center for Drug
20 Evaluation and Research.

21 MS. LIPSCOMB: Thank you guys. Thanks
22 very much. Okay, first we are going to hear from

1 Dr. Ginette Michaud.

2 DR. MICHAUD: Good morning again and
3 welcome to FDA. We're absolutely delighted to see
4 the huge turnout this morning. The FDA's very
5 pleased to host this patient focused drug
6 development meeting on Alpha One and trypsin
7 deficiency. Our goal today is to give patients
8 and their caregivers the opportunity to share with
9 us your experience with Alpha One anti-trypsin
10 deficiency. We invite you to tell us about the
11 symptoms that are a part of your daily life. The
12 impacts of your disease on you and your family and
13 your perspective on currently available
14 treatments. This is an important meeting between
15 the FDA and the patient community and so we are
16 very happy to see the large turnout. We have
17 approximately 250 participants here in the room as
18 well as close to 600 individuals online who are
19 joining by webcast.

20 I want to acknowledge you -- the
21 patients, your families and caregivers and those
22 who advocate on your behalf. We thank you for

1 your willingness to engage in today's
2 conversation. I also want to recognize the
3 participation of health care professionals and
4 representatives from the pharmaceutical industry.
5 You presence here today show your interest in
6 directly hearing from patients. You may know that
7 FDA is responsible for protecting public health by
8 insuring the safety and effectiveness of human
9 drugs and biological products. Also responsible
10 for advancing public health -- we do this by
11 helping to speed innovation and to make medicines
12 and to approve medicines that are found to be safe
13 and effective and while FDA does in itself develop
14 new drugs and conduct clinical studies our role is
15 to oversee and facilitate their development.

16 It's because of these responsibilities
17 that we want to gather your perspectives on Alpha
18 One and trypsin deficiency. We want to hear your
19 thoughts on currently available therapies. We
20 want to learn directly from you the patient, your
21 family, your caregivers and your advocates. Your
22 input will help us better understand the burden

1 that Alpha One places on you and your family. The
2 ways that you best try to manage your disease.
3 The side effects of your treatments and how your
4 current treatments could be improved.

5 FDA has held several meetings like this
6 one and I can say that at every meeting we learn
7 from patient. We will consider your input when we
8 advise manufacturers on the development of a new
9 drug and on the design of their clinical studies.
10 We will consider your perspectives when we assess
11 the benefits of a new drug and its risks and your
12 input will be helpful in identifying unmet needs
13 or new ways to measure drugs effects in clinical
14 studies. In the past few years FDA has hosted
15 several patient focus drug development meetings on
16 a variety of diseases and thanks to the
17 participation of patients and caregivers such as
18 yourselves we've learned a great deal about the
19 burden of disease and gaps in the treatment of
20 these diseases. Today it's your turn. I urge you
21 to participate fully in today's conversation.
22 This is your meeting. We are here to listen to

1 you, patients and caregivers because you have
2 important information to convey and a very unique
3 view on how your life has been changed by this
4 disease? No one can better tell us about the
5 benefits and shortcomings of treatments that exist
6 today and so in closing I want to thank my
7 colleagues at the FDA Center for Biologics
8 Evaluation and Research and my colleagues at other
9 centers at FDA -- the Center for Drugs, Evaluation
10 and Research. The Center for Devices and
11 Radiological Health and Colleagues from the Office
12 of the Commissioner. All have helped in, um,
13 offering their time and efforts to prepare for
14 this meeting. I also want to recognize the
15 Alpha-1 Foundation for helping us to reach out to
16 you -- the patient community and for compiling the
17 survey data that we will all hear about later
18 today. And so in closing I wish you a very
19 successful and productive meeting. Thank you.
20 (Applause)

21 MS. LIPSCOMB: Thank you, all right, now
22 we're going to ask Pujita Vaidya, I had it

1 phonetically too. Sorry.

2 MS. VAIDYA: Hello everyone. I'd like
3 to thank you all for coming today. I am Pujita
4 Vaidya from the office of strategic programs in
5 CBER. We are the office that leads the patient
6 focused drug development initiative. This
7 initiative helps to facilitate FDA dialogue with
8 patients about what matters most to you. So
9 people living with the disease have a direct stake
10 in the outcomes of drug development. They also
11 have a unique ability to contribute input that can
12 inform drug development and evaluation. FDA
13 recognizes a need for a more systematic way of
14 gathering patient perspective on their condition
15 and treatment options. This input helps inform
16 the collective understanding of this therapeutic
17 context of drug development which is important to
18 our role as regulators and the role of developers
19 and other throughout the drug development process.

20 So FDA's drug development initiative is
21 part of FDA's commitments under the 5th
22 authorization of the prescription drug user fee

1 act. As part of our commitment the Center for
2 Drugs and the Center for Biologics are together
3 convening a total of 24 meetings in a five year
4 period. Each meeting focused on a specific
5 disease area. These meetings are providing
6 valuable information in their own right. They can
7 also help advance a more systematic approach to
8 gather this type of important patient input more
9 broadly. So to determine the disease set for the
10 five years FDA nominated candidates sought public
11 input. With the public input and review division
12 input FDA identified a set of 16 diseases for the
13 first three years and then initiated another
14 public process to identify an additional eight
15 more diseases for the remaining fiscal years 2016
16 and 2017.

17 So here's a list of the meetings that
18 are being conducted as part of the patient focused
19 drug development initiative. Here are the
20 meetings that have already been conducted and
21 meetings still to be conducted. To determine the
22 set -- of the meetings conducted to date we

1 estimate for each meeting that about 30 to 80
2 patients are patient representatives, have
3 participated in person and about 100 to 300 people
4 on the webcast, however from this meeting it might
5 be higher now. So for the CBER meetings on the
6 list they include Hemophilia A, B and other
7 heritable bleeding disorders and there is one
8 coming up in fiscal year '16 or '17 on hereditary
9 angioedema.

10 And I do want to put a plug in as you
11 see here that we do have a meeting scheduled for
12 October 15 that CBER is leading on
13 non-tuberculosis micro bacterial lung infections.
14 So each meeting including the discussion questions
15 is tailored depending on the specific condition
16 aiming to elicit patient perspectives on patient's
17 conditions and treatment approaches. In the
18 process we consider unique characteristics of the
19 disease context including the current state of
20 drug development, the reviewed divisions specific
21 interest and the needs of the patient population
22 depending on FD's interest and current happenings

1 some meetings have focused on relevant current
2 topics in drug development such as cure research
3 in the case of RHIV meetings. And from these
4 meetings we've definitely learned that patient
5 involvement and participation is critical to the
6 success of these meetings.

7 Each meeting results in the report that
8 captures the patient input from the meeting in the
9 participant's own words. This input by providing
10 important patient context can support FDA staff as
11 they conduct their benefit risk assessments for
12 products under review, advise drug sponsors on
13 their drug development program or identify
14 opportunities for further discussion. We also
15 believe these meetings can have value for
16 development more broadly. For example, by helping
17 to identify areas of unmet medical need such as
18 aspects of patient's condition that is not
19 currently being addressed with current therapies.
20 This input may also help developers as they
21 identify or create tools used to measure the
22 benefit of potential therapies. This is a topic

1 and in a little while Dr. Pierce will be talking
2 giving a background on the disease area. And so
3 we have seen that potential in these meetings help
4 raise awareness within the patient community. I'd
5 like to thank you all again for coming here today
6 and now I'll hand it over to Donna, thank you.

7 MS. LIPSCOMB: And now we're going to
8 here from Dr. Ross Pierce.

9 MR. PIERCE: Good morning, welcome. Um,
10 it's a tradition at these meetings to present an
11 overview of the condition being discussed but I
12 recognize that I'm here with a room full of
13 experts so please bare with me when I present
14 information much of which you are already no doubt
15 intimately familiar with. So Alpha-1 Antitrypsin
16 deficiency also called Alpha-1 Proteinase
17 Inhibitor deficiency or A-1PI deficiency what is
18 it? An autosomal codominant genetic disorder with
19 over 100 different genetic mutations. So what
20 does that mean? The autosomal means that this
21 effects both sexes and the co- dominant means that
22 you inherit this from both parents and if you

1 inherit from a severe alpha-1 deficiency from one
2 parent you will show a mild decrease in your serum
3 and lung levels of alpha-1 antitrypsin but you
4 have only a modest or slight absolute increase in
5 the risk of emphysema over your lifetime whereas
6 if you inherit the severe deficiency from both
7 parents you will have a profoundly reduced level
8 in the serum, in the blood and the lungs of this
9 protein alpha-1 antitrypsin an enzyme and you'll
10 have a substantially increased but not a guarantee
11 of developing emphysema during your lifetime and
12 you are at increased risk of developing liver
13 disease associated with alpha-1 PI deficiency.

14 This condition has a highly variable
15 clinical presentation not only because of the
16 large number of mutations but even among patients
17 who have the identical homozygous inherited
18 condition from both parents. This severe
19 reduction in the serum and lung levels -- many of
20 them will go on to develop emphysema but not all.
21 And liver disease is much less common than lung
22 disease but still very important. So the

1 prevalence of AATD is between 60,000 and 120,000
2 individuals here in the United States that have
3 this severe deficiency and this corresponds to
4 about one to 2,000 to 5,000 live births. The vast
5 majority of individuals with AATD go undiagnosed.
6 Doctors in the United States still do not
7 routinely screen patients with emphysema or
8 chronic obstructive pulmonary disease for AATD but
9 we hope that screening will continue to be more
10 widely adopted so a typical experience of many of
11 you no doubt has been that you had to go to a
12 series of several different doctors complaining
13 about your lung symptoms before you were diagnosed
14 and the same thing can go with patients with liver
15 abnormalities because it's not the first thing
16 that doctors look for because of its comparative
17 rarity. So what does this enzyme -- what does
18 this protein do in the body?

19 Well it's a key inhibitor of another
20 enzyme neutrophil elastase that break down
21 proteins in lung tissue and can also break down
22 proteins elsewhere in the body. In normal lungs

1 neutrophil elastase is present in very low levels
2 but in the lungs of people who have this severe
3 deficiency of this protein the neutrophil elastase
4 is present at higher levels and exerts a more
5 important effect. In addition alpha-

6 Anti-trypsin has a variety of
7 anti-inflammatory properties but the exact
8 importance of those in the body at this point is
9 still incompletely understood. So what is the
10 mechanism of alpha-1 anti-trypsin deficiency lung
11 disease?

12 Well this comparative lack of alpha-1
13 anti-trypsin to inhibit neutrophil elastase
14 results in a faster breakdown of lung tissue with
15 the development of emphysema. So what is
16 emphysema? It's a condition in which the
17 peripheral air sacs that exchange carbon dioxide
18 for oxygen -- the alveoli become enlarged as their
19 walls are destroyed resulting in overinflated
20 lungs, partial airway collapse with airflow
21 obstruction. So this measurement that we call the
22 FEV-1 -- the forced expiratory volume in one second

1 how much air you can -- what volume of air can you
2 blow out from full inspiration -- trying to blow
3 it out as fast as you can that becomes
4 aggressively reduced as the condition progresses
5 and a decline in lung density, mass per unit
6 volume but I could also mention that during
7 exacerbation or pneumonia the lung density may
8 temporarily increase because of increased cells
9 and water in the lungs.

10 What are symptoms of alpha-1
11 anti-trypsin deficiency? And again here I'm
12 speaking to the choir. Emphysema form of
13 pulmonary obstructive lung disease includes
14 shortness of breath, reduced exercise tolerance,
15 exacerbations resulting in increased shortness of
16 breath, increased sputum production, increased
17 puss content of the sputum. As may be in some but
18 not all patients and at later stages of the
19 condition there can be wasting and malnutrition
20 can develop. So as I mentioned there's a highly
21 variable clinical presentation with this condition
22 and many individuals with severe AATD do not

1 develop emphysema during their lifetimes, but
2 especially if you were a smoker you were at much
3 higher risk and you may develop symptoms in your
4 30's or 40's or earlier and in nonsmokers
5 developing your first symptoms in your 50's or
6 60's is not uncommon.

7 We estimate that roughly 15 percent of
8 patients develop liver disease that's clinical
9 overt with this condition. So what is the
10 mechanism? Well the various genetic mutations --
11 particular the (inaudible) results in an
12 abnormally folded or protein so these mutant
13 molecules have a different shape and they
14 accumulate in liver cells because of their altered
15 shape causing liver inflammation, cell death,
16 scarring and sometimes cirrhosis. And this
17 chronic inflammation may also predispose to liver
18 cancer in the case of liver disease due to AATD.
19 In childhood infants may present with poor
20 feeding, poor weight gain, hepatitis and jaundice.
21 (Inaudible) symptoms such as failure to thrive and
22 elevated liver enzymes in about half of affected

1 children. In children the majority recover and
2 remain healthy throughout childhood but some do
3 progress to cirrhosis and there is thought to be
4 an increased risk of liver cancer.

5 In adults there is scant published
6 literature on adult AATD liver disease. But the
7 liver disease in adults may occur without a
8 preceding history of having had childhood liver
9 disease. It probably increases with advancing age
10 and the presence of cirrhosis from I think autopsy
11 series has been as high as 40 percent. Some of
12 that would be unrecognized. The management of the
13 liver disease of AATD -- there is no specific
14 therapy that is approved unfortunately and this is
15 something that we're very hopeful will be
16 addressed in the future with specific therapy but
17 for the moment standard supportive care for liver
18 disease that has compromised liver function would
19 include efforts to prevent or treat bleeding
20 episodes because clotting becomes abnormal in
21 severe liver disease, blood clotting. Abdominal
22 fluid accumulation, itching, malnutrition, fat

1 soluble vitamin deficiency, infection, recognizing
2 and addressing slowed growth, falling off your
3 growth curves as a child and screening for and
4 treatment of if necessary liver cancer.

5 So one wants to avoid smoking and second
6 hand smoke and alcohol avoidance is especially
7 important with more advanced liver disease. In
8 the presence of severe liver compromise it may
9 require -- it may be necessary to lower the doses
10 or avoid some medicines which are predominantly
11 broken down by the liver, such as Tylenol,
12 acetaminophen, paracetamol. Screening for liver
13 cancer with ultrasound is recommended every six to
14 12 months if scarring, cirrhosis or liver enzymes
15 are elevated. But less than a quarter of patients
16 with liver disease will require a liver transplant
17 at some point during their lives. Now we'll turn
18 to the management of lung disease due to AATD.

19 The cornerstone of therapy has been
20 intravenous augmentation therapy administered
21 weekly according to the FDA dosing guidelines.
22 Inhaled Alpha-1 PI has been under development for

1 many years, but it still remains experimental, so
2 the only way that people can get access to that is
3 through clinical trials. Smoking avoidance,
4 inhaled bronchodilator use and judicious use of
5 corticosteroids if necessary particularly for
6 exacerbations, administration of influenza and
7 pneumococcal vaccination so that pneumonia
8 vaccine, use of supplemental oxygen as needed.
9 Pulmonary rehabilitation, management of acuity
10 exacerbations as I mentioned can include brief
11 courses of steroids, early antibiotic therapy and
12 sometimes respirator support is necessary in the
13 ICU.

14 In severe cases that have progressed
15 lung transplantation is a therapeutic modality
16 that we use. So what is the rationale for Alpha-1
17 PI augmentation therapy and why is it called
18 augmentation therapy? Well it's a replacement
19 therapy but in the recommended doses it does not
20 bring the levels in your blood and lungs all the
21 way up to normal, is it augments those levels from
22 the low levels that you have to begin with.

1 The theory predicts that if you achieve
2 a balance between the level of Alpha-1
3 anti-trypsin and the level of neutrophil elastase
4 and you achieve this balance in the lung, the site
5 of destruction of the lung tissue that you would
6 slow down or stop the destruction of lung tissue
7 so slow the progression of emphysema. But in
8 currently recommended doses of approved Alpha-1
9 Proteinase inhibitors these may not be sufficient
10 to completely inhibit excess neutrophil elastase
11 that we see in patients with a severe deficiency
12 compared to normals. What are some things that we
13 know about Alpha-1 PI augmentation therapy? We do
14 know that it increases the blood and lung levels
15 of AATD and that's really how the indication reads
16 in the package insert.

17 It's generally well tolerated in terms
18 of side effects. It has a very low risk of viral
19 transmission that really has not been a problem.
20 It is inconvenient as we will hear from you
21 requiring regular intravenous administration with
22 package insert recommending weekly dosing. What

1 are some of the things that we don't know about
2 Alpha-1 PI augmentation therapy? We do not know
3 the optimal dose or the optimal blood level or
4 level in the lungs to achieve given the burden of
5 neutrophil elastase in affected patients lungs and
6 the variability in that from patient to patient.
7 We do not know the affects or understand the
8 effects of this therapy at different stages of the
9 lung disease whether it would be better to start
10 treatment earlier for example. We do not have
11 good information on the long term effects on lung
12 function. This has been evaluated up to four
13 years in duration but the jury is still out as to
14 those effects. The trials have been of somewhat
15 limited size here today. The effects of
16 augmentation therapy on exacerbation frequency and
17 severity, we need more information on that. So
18 far there has not been an indication from
19 randomized placebo control trials that
20 augmentation therapy reduces the frequency of
21 exacerbations, but the results have been
22 inconsistent across different trials with

1 different products. And the symptoms on -- the
2 effect of the symptoms on symptoms and of quality
3 of life remain uncertain at this point as does the
4 effect on mortality. So in 20 minutes there's a
5 lot that I cannot go into about this condition, so
6 please forgive me for my omissions, but I conclude
7 this talk by saying that saying that Alpha-1
8 antitrypsin deficiency can be a serious disease
9 characterized by progressive lung and/or liver
10 disease that may ultimately require lung or liver
11 transplantation or maybe both.

12 There is no specific treatment of liver
13 disease for AATD. Augmentation therapy with
14 Alpha-1 Proteinase inhibitor is the only specific
15 therapy for lung disease but at currently
16 recommended does its effect on symptoms,
17 exacerbations, quality of life, exercise tolerance
18 and mortality remain uncertain. Ongoing studies
19 provide opportunities to determine whether higher
20 doses of Alpha-1 PI administered intravenously
21 and/or by inhalation may improve symptoms and
22 function, actually make people able to do more

1 things and to feel better. Additional therapies
2 need to be developed to address the unmet medical
3 needs of patients with AATD, lung and liver
4 disease and I'm really looking to industry to
5 provide some excellent innovation in the future
6 with respect to the types of therapies that we can
7 expect to see for this condition. Thank you very
8 much.

9 MS. LIPSCOMB: Thank you so much.
10 Thanks to all of our panelists. We really
11 appreciate you sharing and now what we are going
12 to do is I'm going to go over kind of the format
13 of our discussion. What we are going to do is we
14 are going to start with -- the first topic we are
15 going to start with are the effects of Alpha-1
16 antitrypsin deficiency and we are going to ask our
17 panelists to really speak on this. The symptoms
18 they experience that have the most impact,
19 specific activities that they are unable to do,
20 how the condition and symptoms have changed over
21 time and what worries them most about the
22 condition and then we'll come out now and ask

1 questions to you, the audience, those of you on
2 the web, people on the phone, we'll get a full
3 discussion going. Then we will talk about -- this
4 afternoon we'll talk about current approaches to
5 treatment. We'll have another panel come up and
6 they are going to talk about what they're
7 currently using to treat their conditions or the
8 symptoms -- how these things work for them, what
9 the disadvantages or complications of these
10 treatments, how it's changed over time, what has
11 not been improved and what has the most and
12 positive impact. And then we are going to ask you
13 to -- if you can wave a wand what would be your
14 ideal treatment and what it would do for you.
15 Again the panelists will talk about these, discuss
16 them and then we are going to open the floor to
17 you. Finally, we are going to talk about
18 perspectives and participating in clinical trials
19 and really what are the factors you consider in
20 deciding whether or not you would participate.

21 Now the format is we are going to hear
22 some panelist, it's going to set the foundation

1 for the discussion and each of our panelists
2 reflect a wide range of people experiencing
3 Alpha-1 and then we are going to have -- after
4 each panel we are going to have -- after each of
5 the first two panels the Alpha-1 Foundation will
6 present survey data and then for the clinical
7 trials one we will have our discussion and then
8 they will present their survey data on that.

9 The purpose -- we are going to broaden
10 our conversation to include you because we are
11 going to build on the experience that the panel
12 says to hear for you I'm going to fight you to
13 raise your hand to respond and if you have
14 something to say 20 times and we come to you 20
15 times repeat your name. And from the experience
16 last time people on the web sometimes have trouble
17 hearing so make sure you have that microphone
18 close to your mouth. And then we are going to
19 have polling questions. Now this is a lot of fun,
20 it's kind of like Jeopardy, but we only have 100
21 of the clickers so normally I would have had one
22 to show you because there would have been an

1 extra, if you could just keep that up, so that's
2 what it looks like and the buttons have both
3 numbers and letters and one of the things when we
4 were testing it we found is that our questions
5 asked ABCD, pick ABCD however sometimes we're
6 saying how many times have you had to go to the
7 hospital and A might say zero, B might say one.
8 If you look at the clicker A actually says one so
9 make sure you're looking -- you're responding by
10 letter not number.

11 Now those of you on the web we have not
12 forgotten you, we are actually going to be
13 throwing polling questions up and you'll have a
14 chance to vote. The two numbers won't be merged
15 but we are going to go to the web and find out
16 what you've responded. For those on the web to --
17 if you have a question with a lot of choices you
18 might have to scroll down on your screens to make
19 sure that you see all of the answers, but you'll
20 be answering the same questions the people in the
21 room have. Now some additional comments and we
22 mean this we really do. The docket will open

1 until November 30th, you can share your
2 experiences, if there is something that you heard
3 today that you want to expand on you can send it
4 to us, comments will be incorporated into our
5 summary report and anyone is welcome to comment.
6 For people -- in your packets you'll see that this
7 website gives you a click now button where you can
8 talk. Now a little discussion about our ground
9 rules, we encourage patients, caregivers and
10 advocates to contribute to the dialogue. We're
11 really here to listen. We're going to focus on
12 symptoms and treatments so that's really what our
13 questions are going to be. So if I find that your
14 topic might be a little off topic as much as we'd
15 like to hear it, we've got a room full of people,
16 the web is packed, you guys have really
17 represented and we want to make sure we hear
18 everything. So if it's a little off topic I'm
19 probably going to suggest that you either submit
20 open public comments to the docket.

21 A reminder to that the views today
22 expressed are personal and we respect everyone's

1 opinion and so respect for one another is
2 paramount, we ask that if someone is talking don't
3 talk over them, don't interrupt them and finally I
4 think that's it. I'm going to ask the first set
5 of panelists, if they could start making their way
6 up to the podium, because we are going to actually
7 start with some polling questions. So if the
8 first set of panelists -- Roger, Jim, Richard,
9 Henry and Charlotte could come up that would be
10 great and -- so if those of you who have clickers
11 go ahead and click. Do you live within the D.C.
12 area? Are you outside the D.C. are, but within
13 the U.S. or are you outside of the U.S.?

14 A little more explanation on the
15 clicker, when it allows only one click. When you
16 click it you'll see a response, the little LED
17 light will light up and when that does you know
18 that yours took and it just takes a little of time
19 for it to come up.

20 If you are on the web you should have
21 that opportunity as well. And although people are
22 still polling we ask that if you haven't had a

1 chance yet to vote do it right now because we are
2 going to close it now. So if you didn't get a
3 chance, it's okay. This is not scientific. We
4 are not using these results, they don't -- in any
5 papers. All they are are a springboard for us to
6 use. Well not surprisingly the majority of people
7 here outside the D.C. area but within the U.S. but
8 we do have 8 percent of you who came from outside
9 the U.S. so thanks so much. We really appreciate
10 you coming. What are the web results? Do we have
11 the -- is there anything different?

12 Well we'll come back to the second
13 demographic on them, okay.

14 MR. CHAZIN: No the web results are the
15 same basically than the people in the room.

16 MS. LIPSCOMB: Okay, thank you, thank
17 you Howard. Next question. This is one of the
18 great parts, you can check all that apply so again
19 which of the following best describes your
20 condition? And if you are a caregiver answer as
21 the caregiver please or A is I have Alpha-1, but
22 no active disease. B is have emphysema, C liver

1 disease, D both liver disease and emphysema and E
2 I'm a family member/caregiver of someone. And so
3 if you have to vote multiple, again, you wait for
4 the light to just see the light, when it
5 disappears you can vote again.

6 Super and we're going to give everybody
7 -- we are going to stop now and well goodness 50
8 percent have emphysema and 32 are family members.
9 So that's very interesting, thank you. What about
10 the web? Do we have those results tallied? Okay,
11 when they come up we'll come back to you on that.
12 Finally, what is you or your loved ones age in
13 years. This is that tricky one. This is zero to
14 12. At least it's a range so it's easier, so A is
15 zero to 12, B 13 to 16, C 17 to 49, D 50 to 64 and
16 E 65 or older. All right, we're going to stop
17 there. Well we have a representation all around
18 but heavy and my personal favorite 50 to 64 age
19 bracket, let's lift it up there. Not that I'm
20 seeing anything, but do we have responses from
21 the...

22 MR. CHAZIN: Yes, magically we were the

1 same on the web. The 64 group.

2 MS. LIPSCOMB: It's magic, thank you so
3 much Howard. And finally male or female. What's
4 our demographic here? Okay, go ahead and see what
5 our results here are.

6 Percent emphysema and liver disease,
7 very close. It looks like a split so if there's a
8 dance later everyone will have a partner. I'm
9 glad to here. What about on the web? Do you have
10 similar results?

11 MS. WITTEN: It's a little bit more
12 females.

13 MS. LIPSCOMB: Okay, great, thank you.
14 Thank you so much. Well that gives us a good idea
15 of where we came from, who we are that's in the
16 room and on the web and now we are going to hear
17 from you guys and we're real excited. We're going
18 to -- this is our first panel. They are going to
19 introduce themselves when it starts. These are
20 the questions that they are going to be responding
21 to and Roger?

22 MR. MINTZ: My name is Roger.

1 Responding to the first question shortness of
2 breath is now and has been for several years the
3 most significant symptom that I have encountered.
4 I was diagnosed at the age of 26 with COPD and
5 with Alpha1 anti-deficiency at the age of 42. Now
6 at 67 the progress has been slow and subtle. I no
7 longer play golf because it's harder to breathe
8 and tires me out quickly. I use oxygen at night
9 and also sometimes during exercise activities.
10 Managing travel with oxygen can be difficult and
11 complicates air travel to the point where I don't
12 want to fly commercially if I can avoid it.

13 I must also say that exacerbations are
14 of great concern too. It is my understanding that
15 any of these events will reduce lung capacity and
16 over time become life threatening. That is why
17 augmentation therapy is of critical concern to all
18 Alphas. Losing the infused enzymes which I call
19 my little soldiers means coming face to face with
20 extended hospital stays and loss of lung function.
21 I am currently at less than 30 percent and can't
22 stand to lose what I have left.

1 All Alphas must protect themselves from
2 flu, colds, humidity, extreme cold or heat, smoke,
3 chemicals and the list goes on ad nauseam. For
4 question two I miss my golf. Alpha's face many
5 obstacles on a daily basis, stairs come to mind
6 immediately, walking from parking lots through the
7 malls and stores, carrying bags or luggage and
8 travel. Whenever it becomes necessary to spend
9 time in hotels, airports and aircraft, obstacles
10 present themselves at every stage. Handling
11 luggage throughout the trip, navigating through
12 airports with oxygen equipment and dealing with
13 the logistics of rental cars or transportation at
14 the destination creates so many issues that makes
15 staying at home an attractive option.

16 Item 3 - the symptoms get progressively
17 worse over time. That is why avoiding
18 exacerbations is so important to Alphas. I've
19 been actively involved with an exercise regimen
20 for over 30 years now and have come to the
21 conclusion that a regular and intense workout with
22 cardiovascular and resistance training is

1 essential to my general health. I have
2 participated in a pulmonary rehabilitation
3 program, classes on health diets and proper
4 nutrition. I believe I can increase my longevity
5 by actively participating in my own long term
6 treatment of this genetic condition and in concert
7 with each current or future medical treatment
8 enjoy an active lifestyle within the limitations
9 of this disease.

10 Item 4 -- the disease progression and
11 knowing that one serious exacerbation with
12 pneumonia can lead to serious consequences and
13 even death. I'm concerned about the availability
14 of healthcare options going forward. It appears
15 that some treatments could be curtailed in the
16 future for political convenience and funding
17 constraints. I will spare you my rant over paying
18 for everyone else's care over the years and now
19 facing those issues myself without a sympathetic
20 ear. I applaud your efforts to fast track
21 medication innovations and the research for the
22 cure for Alpha.

1 My sister Carol who is also a ZZ died on
2 January 15th of this year as a result of Alpha-1.
3 She was 68 years old, just a year older than I and
4 in my never to be humble opinion she left this
5 earth whimpering in submission and unable to
6 breathe. I have looked through the open door at
7 my own fate and have resolved to go out kicking
8 and screaming. Just like Alpha quitting is not in
9 my DNA and giving into my ultimate fate will not
10 be of my own choosing.

11 I realize that my Alpha has a past that
12 has taken its toll on my parents and siblings and
13 it is the future of this disease that concerns me.
14 My children and grandchildren will spend their
15 lives dealing with all of these issues. Doctors
16 have told me that Alpha-1 is a rare condition but
17 I disagree. It will multiply with each generation
18 and could become as common as diabetes and
19 arthritis.

20 It would be my honor and privilege to be
21 a part of this effort to find better treatments
22 and eventually a cure for Alpha-1. I can't think

1 of a better legacy than to leave this life having
2 fought to this end. Thank you for the opportunity
3 to share my experience with you today and to be
4 part of the search for a cure for Alphas
5 everywhere. Thank you. (Applause).

6 MS. LIPSCOMB: Thank you so much. Tim?

7 MR. QUILL: Good morning, my name is Jim
8 Quill and I have Alpha-1 anti-trypsin deficiency
9 and I'd like to thank the FDA for giving me and
10 other the opportunity to be here this morning to
11 share our stories, however I can't tell my story
12 without first telling the story of the family
13 members who have succumbed to this condition.
14 First and foremost was my mother at the age of 46
15 who passed away from Alpha-1 related lung disease.
16 Then my brothers Bill and Jeff both 47 dying of
17 Alpha-1 related lung and liver disease. Following
18 them was my sister Ann -- Ann Marie -- who was 46
19 and at that young age of 46 she passed away from
20 Alpha-1 lung disease complicated by diabetes. And
21 then probably our most devastating loss was my
22 nephew Jeff -- Jeffrey -- at the age of two who

1 passed away from Alpha-1 liver disease.

2 And that terrible tragedy of Jeffrey was
3 almost repeated again when his sister Amy at the
4 age of three was diagnosed with Alpha-1 related
5 liver disease, but she was able to fortunately get
6 a liver transplant and she's now living well and
7 happy in her 20's. Through the extensive family
8 history of Alpha-1 I was diagnosed in 1980. My
9 two sons who I adore greatly are both MZ carriers
10 of Alpha-1 and four of our five children --
11 grandchildren are diagnosed MZ as well. After my
12 diagnosis in 1980 I became symptom in 1988, began
13 augmentation therapy in 1992 and was placed on a
14 lung transplant list in the year 2001. I received
15 my gift of lung transplant in 2006.

16 Post-transplant I've retired from my career in
17 education due to the environmental risks that
18 accompany anyone that works in an elementary
19 school setting and for someone with a
20 post-transplant I'm now more actively involved in
21 Alpha-net and the Alpha-1 foundation.

22 It was not until 1988 that I experience

1 the initial symptoms of lung disease which
2 included shortness of breath, wheezing, productive
3 coughing, frequent exacerbations, exhaustion and
4 anxiety and I'm sure many in the room can relate
5 to those symptoms. These symptoms continued to
6 worsen over time. I would say that shortness of
7 breath, exhaustion and anxiety caused by the
8 inability to breathe were perhaps the ones that
9 had the most impact on my life. Prior to
10 transplant and as a young father of two active
11 sons and as an elementary school teacher and
12 educator and principal my ability to participate
13 in activities that active children like to do was
14 severely impaired.

15 I did not want to deny my family or
16 children of opportunities because of my condition
17 and I certainly did not want to give up a career
18 that I truly loved in the field of education, so I
19 was determined to look for way to adapt so that I
20 could be involved as much as possible, engaging in
21 sports, going on family trips and vacations that
22 required any type of rocking, climbing stairs, et

1 cetera not only presented challenges and careful
2 planning, but also resulted in severe anxiety.
3 Therefore I would often go ahead of time before I
4 would even involve my family in those events or
5 even tell them that I was planning them, to be
6 sure that I could handle them so I wouldn't hold
7 them back.

8 Each day had to be carefully planned and
9 orchestrated. Routine household chores such as
10 mowing the lawn, taking out the trash, completing
11 small fix up jobs, even the simple task of
12 changing a light bulb became too difficult or
13 challenging to do. My wonderful wife and
14 caregiver lovingly accepted these responsibilities
15 as many spouses of Alphas often do. My condition
16 continued to gradually worsen and in spite of
17 augmentation therapy, pulmonary rehabilitation and
18 participation in the disease management program.
19 Eventually I required supplemental oxygen which
20 presented additional challenges for the work place
21 as well as for daily living.

22 The personal challenge of wearing oxygen

1 in public as a young father and as an educator was
2 very difficult for me. I finally overcame that
3 struggle by actually involving the children in my
4 elementary school in a school wide assembly
5 program where everybody share how they are unique
6 and special. The children showed how they were
7 dealing with their asthma, there diabetes and all
8 of the other things that kids sometimes have to be
9 challenged to and I shared my challenge of oxygen
10 in the assembly setting and that was a break
11 through day for me and the kids at the school. It
12 was a great event. My condition finally reached a
13 point where I needed a lung transplant and after
14 five years on the waiting list I was given my gift
15 of new life in 2006.

16 Although I had been given that gift I
17 continued to be someone with Alpha-1 anti-trypsin
18 deficiency. I continue on weekly infusions to
19 keep my new lungs protected, I have ongoing
20 concerns about the possibility of liver disease,
21 organ rejection and the future health of my family
22 and grandchildren who are affected by this

1 condition. In fact I'm very concerned about
2 everybody here in the room and every Alpha out
3 there. Although there are augmentation therapies
4 available designed to halt the progression of lung
5 disease and there are a multitude of therapies to
6 help with shortness of breath, there is still a
7 lot more to be done. It is my hope that the
8 development of new therapies are supported and
9 expedited. Alpha-1 liver disease needs our
10 attention now. Currently there is basically no
11 hope other than transplant for those who suffer
12 from Alpha-1 liver disease and I have seen the
13 effects of this disorder first hand with my
14 family. It often happens unexpectedly and
15 progresses rapidly. Drug development and quick
16 approval of therapies needs to happen as soon as
17 possible so families such as mine do not need to
18 experience the anguish and hard ache of seeing
19 those in the beginning and prime of their lives
20 succumb to such a devastating disorder. Thank
21 again for this opportunity to speak here today.

22 (Applause)

1 MS. LIPSCOMB: Thank you, Jim. Richard.

2 MR. JOHNSON: Hello, my name is Richard
3 Johnson. My wife Sarah and I are the parents of
4 Grace, 9 and Lucas, 7. They are both Alpha-1. I
5 would like to thank you for the opportunity to be
6 here today on behalf of all people affected by
7 Alpha-1. I've been asked is this a kid disease
8 and I will submit to you all these gentleman and
9 lady at the front and everyone sitting in this
10 room were Alpha-1 kids at one time, but were not
11 diagnosed. It's an important day for all of us.
12 Our lives changed seven and a half years ago when
13 my youngest son Lucas had a complicated birth
14 which lead him to being admitted to an NICU. They
15 were very concerned about his bilirubin counts and
16 in fact they sent him home saying it looks like
17 his bilirubin is normalizing.

18 If it wasn't for Sarah and I's diligence
19 in pushing the pediatricians to continually check
20 the bilirubin I don't know if we'd ever have the
21 diagnosis of Alpha-1. We went through many, many
22 tests with Lucas before we identified Alpha-1

1 antitrypsin deficiency. In my travels in speaking
2 about Alpha-1 all across the country I've met with
3 parents that have had their children's livers
4 biopsied, had had surgeries and it's really a
5 shame because in this day and time we have a
6 finger print blood test that will identify
7 Alpha-1. The pediatric community needs to get on
8 board and look for Alpha-1 by doing a simple blood
9 test. When we identified Lucas as being Alpha-1
10 the doctors came to us and said that we all needed
11 to be tested, so Sarah, myself and Grace did the
12 blood test, sent it in to see if we were Alphas.
13 I'll never forget that day that Sarah
14 came in from the mailbox and she had three
15 envelopes. Two were mine and Sarah's and they
16 were normal envelopes. Grace's was a big
17 envelope. We just looked at each other and we
18 just knew we had another Alpha-1. Excuse me.
19 After Lucas was diagnosed we went through a lot of
20 turmoil in our family, but we started reaching out
21 to other family members to ask that they be
22 tested. This is a very difficult process. A lot

1 of family members will say that's not in my
2 family. That can't be coming from our family.
3 But through identification of different carriers
4 and different genetic testing I truly believe I
5 had an uncle that dies in his early 50's from
6 COPD. He was jaundiced his whole life and was
7 diagnosed with COPD in his early 40's.

8 It's been a long road that we've
9 traveled and it's a very difficult process to be
10 worried about your kids and their liver disease.
11 Lucas is not doing as well as Grace. Grace you
12 would not even know has Alpa-1. Lucas, his liver
13 enzymes run four to five times normal. He's seven
14 years old now. He would be running around all
15 over the room right now. But he has a failure to
16 thrive. At seven years old the last appointment
17 we went to he weighs 39 pounds and if you know the
18 growth chart he is not even on the growth chart.
19 The GI physician suggested that we may need to
20 look at an NG tube to supplement his nutrition.

21 So we very much worry about Lucas'
22 health. It is important that we continue our

1 liver research. I noticed that when we did a
2 polling question only three percent of patients
3 answered that they were liver affected. But I
4 will tell you that all the pediatric patients are
5 liver affected. One hundred percent of them.
6 Because that's how we find them. One of the
7 things I would like to stress is that a lot of
8 times the infants become normalized with their
9 liver enzymes. And I would stress to parents
10 don't forget that your child has Alpha-1. Just
11 because the liver enzymes have normalized you
12 still have a patient or a child that's going to be
13 a 30 or 40 year old one day and it's important
14 that we find a cure for this disease. We're
15 sitting in this room today and we want to find a
16 cure. We don't want to find another augmentation.
17 We don't want to find something that will just
18 help deliver. We want to find a cure and I would
19 submit to you that I want to be here one day at
20 the next FDA meeting when we are talking about the
21 approval of a cure for Alpha-1.

22 I've had 25 years of my career has been

1 in healthcare. I currently sell a cancer drug
2 that patients 10 years ago would die from their
3 disease -- chronic myeloid leukemia. They would
4 have died from their disease in a year or two.
5 Now those patients are taking a pill once a day
6 and they probably are going to die of a heart
7 attack or a car accident more than likely their
8 CML. I know we can do this with Alpha-1 and I
9 would like to just thank you for this opportunity
10 and on behalf of Grace, Lucas and other parents
11 that I've met in this room that are representing
12 their children thank you for letting us
13 participate.

14 MS. LIPSCOMB: Thank you so much for
15 that. Henry?

16 MR. MOEHRING: Good morning. My name is
17 Henry Moehring and I appreciate the opportunity to
18 share my thoughts with you this morning. I'm 56
19 years old and have Alpha-1 antitrypsin deficiency.
20 I'm a primary liver affected ZZ Alpha, however
21 over the past few years started to develop some
22 lung related symptoms. I was initially diagnosed

1 in 1997, after about two years of testing. I'm
2 generally healthy and able to work. I'd like to
3 start with the last question first. What worries
4 me? Because I think that's the most important
5 message and the message I want to leave you with
6 is simple.

7 We need to find a cure for Alpha-1
8 ant-trypsin deficiency and we as a rare disease
9 community are strongly committed to that mission.
10 Until we find a cure we need treatments for the
11 liver aspect of this disease and faster testing
12 and drug approval process so I don't have to -- so
13 we don't have to lose any more friends to this
14 disease. In the next few minutes I will try to
15 share a bit about my Alpha-1 experience and what
16 matters to me as an Alpha. I don't experience any
17 outward physical symptoms due to my liver disease.
18 I have chronically elevated liver enzymes and some
19 cerotic changes based on my last biopsy. In the
20 past few years I've developed some mild
21 bronchiectasis and COPD. I experience some
22 shortness of breath climbing stairs or hills. I'm

1 sensitive to airborne chemicals and have a
2 chronic, sometimes productive cough particularly
3 in the mornings.

4 While frustrating my lung symptoms are
5 mild and controlled with inhalers. I cannot walk
6 as fast as most of my friend and I currently
7 require no augmentation therapy. There's no cure
8 for Alpha-1 antitrypsin deficiency. There's no
9 treatment for the aspects of this disease, for the
10 liver aspects of this disease. My father died of
11 liver failure and I'm challenged by the thought of
12 what my family's future will be.

13 Other than some lifestyle changes that I
14 have made and continue to work on there's nothing
15 clinically that I can do about my disease. This
16 thought worries me however I have my faith and a
17 strong support system to help me manage. I
18 benefit from the most current information on
19 Alpha-1 through the Maryland Alpha-1 support group
20 and the Alpha-1 foundation. This is a genetic
21 disease. I've passed the Z gene on to my 23 year
22 old son. As a father I want the best for my son,

1 however I was the one that got to tell him he has
2 a genetic deficiency. He is in MZ, currently has
3 no symptoms, but the potential is there.

4 He will someday marry and have children
5 and the gene will continue to be passed through
6 our family. This too is an emotional burden but
7 we are blessed that he remains healthy today. The
8 fact that I live with a disease with no cure or
9 treatment is a challenge. I've chosen to get
10 involved with the Alpha-1 community and the
11 Alpha-1 foundation and its mission to find a cure
12 is my way of overcoming this challenge. Research
13 must continue and Alphas understand that without
14 research there will be no cure. I enrolled in the
15 research registry and been part of three research
16 programs in the past. I'm currently enrolled in
17 the five year lineal liver study. I'm willing to
18 take informed risks to move us toward a cure. My
19 son and his future family are a significant part
20 of my willingness to participate.

21 We need to find a cure for this disease
22 so that no other generation has to face the

1 challenges of Alpha-1 anti- trypsin deficiency.
2 My one concern is that we as a country seem to
3 have unintentional barriers to research and drug
4 testing. The approval process is lengthy and
5 costly. Science, public safety and benefit to the
6 Alpha-1 community must be reasonably balanced. I
7 ask you today to review this process so that its
8 promising tests and treatments are developed.
9 They can move forward in this country without
10 undue delays and barriers. In closing let me
11 restate the message that I started with. It's
12 simple. We need to find a cure for Alpha-1
13 anti-trypsin's deficiency and we as a rare disease
14 community are strongly committed to that mission.

15 Until we find a cure we need treatments
16 and tests for the liver aspect of this disease and
17 a faster drug approval process so that we don't
18 have to lose any more friends to Alpha-1. Thank
19 you for the opportunity to participate in this
20 panel today. I look forward to continual working
21 relationship with FDA as we journey together to a
22 cure. (Applause)

1 MS. LIPSCOMB: Thank you, Henry. John?

2 MR. WALSH: Hi, my name is John Walsh.

3 And like everyone on the panel I'm pleased to be
4 able to participate in this panel discussion to
5 really share our experience with the effects of
6 Alpha-1 antitrypsin deficiency that matter most to
7 us. I applaud the agency for conducting this
8 series of patient focused drug development
9 meetings and including Alpha-

10 In this important process. The rare
11 disease community struggles to get new treatments
12 or deliver methods so the focus of the FDA on rare
13 disease drug development is absolutely essential.
14 The Alpha-1 community looks forward to how the FDA
15 will use today's session to inform the next phase
16 of drug development. And we want to participate
17 in the next phase of patient focused drug
18 development with the FDA because the end goal is
19 to engage the patient -- to involve the patient.

20 To have a cure we need scientists, we
21 need companies that are willing to spend the money
22 to be able to develop therapies and we need the

1 FDA to help make that all happen and we need
2 individuals with Alpha-1 antitrypsin deficiency to
3 participate in clinical research and our community
4 has proven that we can do just that. It's not
5 about us without us.

6 I was symptomatic at the age of 35 when
7 I got back from overseas and was diagnosed with
8 allergy induced asthma. A lot of us with Alpha-1
9 -- about 73 percent present and are initially
10 diagnosed with asthma and it takes years to get a
11 proper -- complete diagnosis. When we turned
12 about 40 years old in 1989 my twin brother, Fred,
13 the good twin called me up and said that he had
14 received information about what was going on with
15 us because we compared notes. He had the same
16 symptoms, same diagnosis of asthma and that he had
17 been diagnosed with this genetic form of COP
18 called Alpha-1 antitrypsin deficiency.

19 Without his diagnosis I probably would
20 have gone another 10 years before I got diagnosed
21 but I went right over to NIH where there was a
22 study which was a Phase Four requirement by the

1 FDA on the first drug approved for Alpha-1
2 augmentation therapy and was able to get connected
3 right away and get my diagnosis confirmed.

4 Without that Phase Four requirement I
5 would probably be another ten years along before I
6 was diagnosed. Without the FDA's vision and
7 acceptance of approving augmentation therapy based
8 on biochemical efficacy I don't think I'd be here
9 today. I've been on augmentation therapy since
10 1993 and I'm at 90 milligrams per kilogram as
11 opposed to 60 milligrams which is a package insert
12 and Ross Pierce said earlier we need to know what
13 dosage we should be on to be effectively treated.
14 If I'm on 60 milligrams or less I'm sick every
15 time I get on an aircraft. It's critically
16 important that we address that question once and
17 for all. I have to say my most severe symptom or
18 my most obvious symptom is the shortness of breath
19 on any exertion, even limited exertion and it's --
20 when you can't breathe nothing else matters. It's
21 had a significant impact on my daily existence.
22 My inability to keep up with peers, play sports,

1 do aggressive exercise, carry heavy objects and
2 even walk and talk at the same time are a constant
3 reminder of my condition.

4 I used to be a frequent exacerbate and I
5 was sick four times a year, sometimes hospitalized
6 and often times not able to continue to work until
7 I started my regimen of Zithrmyacin Monday,
8 Wednesday, Friday. That stopped. I haven't had
9 an infection in 43 months. So we need to explore
10 how to use our therapies and definitely be as
11 vigilant as possible to be adherent to therapies
12 that our physicians prescribe. Prior to the onset
13 of progression of symptoms I lived a very active
14 life and had very few limitations. My first
15 traumatic breathing problem was when I was scuba
16 diving in the Red Sea and I thought I was going to
17 die.

18 And unfortunately many of us with
19 Alpha-1 have that moment whether it's skiing on
20 the slopes or whether it's a real severe
21 exacerbation that turns into pneumonia and
22 hospitalization. That triggers our awareness

1 about Alpha-1 and often times but not always
2 unfortunately it leads to a diagnosis. Losing the
3 ability to function continues to be a gradual
4 transition for me. Not being able to play sports,
5 an inability to carry heavy objects were the first
6 activities that limited my shortness of breath.
7 Walking up inclines such as stairs as Jim has
8 shared and in airports. I travel a lot, it's
9 really tough and you're looking at floor surfaces.
10 These carpets aren't really friendly to somebody
11 that has to use oxygen. I use supplemental oxygen
12 when I sleep, when I exercise and when I fly or at
13 altitude. Being able to manage the logistics of
14 having supplemental oxygen as has already been
15 shared has been a real challenge. Do you have
16 enough oxygen, are you on the right liter flow, do
17 you have enough batteries, are you going to be
18 able to get oxygen when you go to your final
19 destination? Carrying luggage is a struggle.

20 Having to have a CPAP which is related
21 to my lung condition as well as a portable oxygen
22 concentrator, as well as for a long period of time

1 a percussion ventilator make travel real
2 challenging. So I just look to the day when I'm
3 not going to be able to travel at all unless we
4 get the technology, the community, the device
5 manufacturers to focus on delivering more
6 effective drug delivery systems and being able to
7 connect that pulse oximetry of a level directly to
8 our oxygen delivery devices so we're getting the
9 right liter flow at the right time when we need
10 it.

11 Seeing my twin brother Fred deteriorate
12 is devastating. And losing so many friends to
13 Alpha-1. It's a constant reminder that that's my
14 future and that's why I think about. I think it's
15 critically important that we all focus on what our
16 families are going through in the Alpha-1
17 community has certainly created a support network
18 of Alphas serving Alphas to support each other.

19 But I don't know if I can be as
20 resilient as Freddy when I get to his stage. I
21 still have 34 percent. He's less than half of me
22 and he's a hero. He's my hero. I don't know

1 whether I'll be able to continue doing what he
2 does day in and day out when I reach that level.
3 My diagnosis and subsequent active involvement in
4 the Alpha-1 community has really changed my life
5 completely so the most impact of Alpha-1 in my
6 life is that it's given me an opportunity to work
7 with our Alpha-1 community and build a research
8 program and make certain that we take care of each
9 other and we're so proud that we have such a great
10 presence here today and also on the internet.

11 We're not satisfied with status quo. We
12 want the next generation of augmentation therapy
13 to be easier to deliver, aerosol makes good sense
14 to us, it hasn't happened yet. We want novel
15 therapies that will stop the progression of lung
16 disease, we need therapies for liver disease, we
17 have companies that are developing that are in
18 trial right now in Europe and Australia for liver
19 therapies. We ask that the FDA really focus and
20 work with us and we know they will on design the
21 clinical trials for liver disease related to
22 Alpha-1. So we need to do more and we need to do

1 it quicker and we need to accelerate the
2 therapeutic development and approval for Alpha-
3 Therapies. And I know I went over my
4 time. My apologies.

5 (Applause).

6 MS. LIPSCOMB: Thank you so much. Thank
7 you so much, Charlotte.

8 MS. MATTISON: And I'm supposed to
9 follow this? Good morning, I'm very please to be
10 here to represent the Alpha community. My name is
11 Charlotte and I'm one of the faces of Alpha-1.
12 I'm a 71 year old widow and I have two children.
13 I was diagnoses approximately 28 years ago, we
14 kind of play in the same pool at NIH, (inaudible)
15 but I have to tell you about how I got diagnosed.
16 I had chronic bronchitis for a number of years,
17 went to my GP, he sent me to a pulmonologist
18 because we couldn't figure out what was wrong.
19 The pulmonologists ran some tests, called me back
20 into his office and I sat there and he said, "Hi,
21 Ms. Madison." I hate to inform you, but you have
22 this rare disease called Alpha-1 antitrypsin

1 deficiency.

2 He informed me I had two to four years
3 left to live and he advised me to go home and get
4 my affairs in order. When I left his office one
5 of my first thoughts was I'll never see my
6 children get married and I may never see my
7 grandchildren born. Needless to say today both of
8 my children are married and I have nine beautiful
9 grandchildren. (Applause) And a granddaughter who
10 just got married so maybe I'll make a great
11 grandma before time is out. I spend my life
12 working 35 years in the prehospital medical field
13 as a paramedic and in the emergency room of a
14 local hospital. And I now teach at one of the
15 local colleges in the premed area. Teaching them
16 how to assess patients and how to decide what's
17 wrong with them and boy do I push Alpha-1.

18 Without my oxygen on and I'm on oxygen
19 24/7, 365 supposedly when I behave myself my
20 condition shows very little outward signs as was
21 said before of a disability. However, if I walk
22 through a door where someone has been smoking

1 outside at the designated smoking area where
2 cigarette smoke lingers, at the perfume counter,
3 oh yeah, walk through the flower shop. All of
4 these. Anywhere fragrance is can cause a very bad
5 spasm of the alveoli in my lungs and brings on a
6 great shortness of breath crisis. Shopping is no
7 longer my favorite hobby. For me as an Alpha the
8 ability to fight off infections and inflammation
9 is also a problem. However, four years ago I was
10 put on the same therapy John was of erythromycin
11 three times a week and I have been infection free
12 for four years. Love it. I own a home with two
13 acres of land and I used to work at home in my
14 flower garden. Love it. Now when I cut my grass
15 on my riding lawn mower I have to wear a mask and
16 put my oxygen tank between my feet on the power
17 motor.

18 Weeding my flower garden ain't going to
19 happen. Many of you take it for granted -- well
20 not the Alphas in the room -- but the FDA
21 personnel -- may take that for granted. It is a
22 total impossibility for me because I do not have

1 the stamina to do that.

2 A couple of things that impact my life.
3 Emptying my washing machine and putting clothes
4 into the dryer takes 10 minutes maybe. Not me. I
5 take 20. Then I have to rest and catch my breath
6 for 10 more minutes. Walking up hills, carrying
7 groceries, picking up my grandchildren, attending
8 family functions, all of these are impacted by my
9 lack of breath due to my Alpha-1 condition. I
10 want to participate in all of the family functions
11 and I want to participate in the foundation
12 functions but sometimes the endurance that I need
13 is not there. When one uses oxygen as I do my
14 ability does become a major problem. The green
15 tanks and I'm not going to repeat the travel
16 stuff. Been there, done that.

17 The green tanks are very heavy. We
18 can't anything and then they hand us a tank that
19 weighs more than a bag of groceries. Liquid
20 oxygen is lighter and lasts longer, but because it
21 is more expensive it is not always available
22 either due to insurance reimbursement issues or

1 financial issues within the family. For those of
2 us with Alpha-1 stress -- daily stress is a factor
3 that impacts our life on a daily basis.
4 Environmental issues, financial concerns, the lack
5 of family nearby to assist with daily needs. My
6 children live way away from me. All this adds to
7 a level of anxiety for many of us. Travel is
8 difficult, we mentioned it earlier. It can be a
9 nightmare to travel by air. I just back this year
10 from California. I won't tell you about my trip.
11 Traveling by car also is difficult sometimes
12 because you have a concentrator, your oxygen, your
13 medication, your CPAP machine, whatever, along
14 with the luggage you would take and this becomes a
15 real chore. Like the other I tend to want to stay
16 home, but I don't. Walking is even more difficult
17 and presents more concerns for us as Alphas. We
18 can't walk distances. I used to hate using my
19 handicap sticker. And now I use it all the time
20 because I can't walk that parking lot.

21 If I'm walking and there are stairs
22 involved I don't walk that way. If there are

1 entrances that are not handicap accessible I can't
2 get into some buildings sometimes. I have been
3 known to push my way through, but that's me.
4 Hills, inclines and other things really give us a
5 problem. What worries me the most is the loss of
6 my independence and inability to care for myself
7 and to be an active participant with my family.
8 The loss of the control of my choices for
9 treatment that are limited either due to they are
10 not there, insurance issues, et cetera. We need
11 those preferred treatment to find a way to get
12 this condition under control.

13 Financial considerations and limitations
14 also may be put on us as Alphas because you know
15 we are Alphas. We don't fit the box. We don't
16 fit in the box. To sum it up we need early
17 diagnosis to give us a chance for lifestyle
18 changes so that we can elongate our years that are
19 good. We need physician education about the
20 current knowledge we have of Alpha-1 and the
21 current treatments that are available.

22 We need better research guidelines and

1 avenues of access to the new treatments that are
2 coming out. This is going to help all of us to
3 stay healthy and become a benefit to society and
4 to our families. My real hope is that we can come
5 together and fix this for my children, for my
6 grandchildren, all of your children and
7 grandchildren and the future generations to give
8 them a better quality of life and the ability to
9 be beautiful, good, invaluable citizens in our
10 community. Thank you. (Applause)

11 MS. LIPSCOMB: Thank you so much for
12 sharing. I think our panelists did a great job of
13 sharing their experiences. Let's give them
14 another round of applause. Thank you so much Liz
15 Johnson. She's going to present the first part of
16 the survey results.

17 MS. JOHNSON: Good morning, can you hear
18 me? Thanks. So I want to introduce myself. I'm
19 a lung infected Alpha and the Foundation asked me
20 to present some of the results of the survey that
21 many of you have participated in. If you haven't
22 it's still going to be on the foundation web site

1 for another couple of years. Not years, weeks.
2 The survey went out to the community on August
3 11th and there have been over 1,400 responses so
4 far. And the foundation will still be accepting
5 more surveys for the next couple of weeks. So
6 back to the survey, what we have so far in terms
7 of demographics.

8 Eighty six percent of the people are
9 diagnosed as Alphas. Ninety percent are
10 caregivers. And six percent are parents with
11 children of Alpha-1. Eighty percent are lung
12 affected, six are liver affected and 14 are both
13 liver and lung affected. As we know Alpha-1 is a
14 disease that can (inaudible) at any time. The
15 survey reflects experiences of Alphas from six
16 week to 87 years old. Nine percent of the
17 respondents were from birth to 30 years old.
18 Forty five percent from 31 to 50 years old. And
19 another 45 percent are 50 and older. For the lung
20 affected alphas they share what symptoms affected
21 them most. Nearly 100 percent reported shortness
22 of breath during daily activities. Thirty eight

1 percent reported shortness of breath at rest
2 having a significant or extremely significant
3 effect on their lives.

4 And here's some of the things that they
5 said. Even moderate physical activity like
6 vacuuming the house makes me take deep measured
7 breaths as if I was doing aerobic activity.
8 Simple things, like dressing and washing myself.
9 Walking, bending down to tie my shoe, getting out
10 of bed is a chore most of the time because of
11 shortness of breath. Another person added that
12 just unloading the groceries causes me shortness
13 of breath. A grandparent said that shortness of
14 breath impacted her plan with her granddaughter.
15 Another said, "When you are an Alpha at some point
16 your loss of lung function -- taking care of
17 yourself becomes a full time job. In my case I
18 could no longer do any of the things I once
19 cherished, but rather than focusing on what I
20 can't do, now I focus on what I'm still able to
21 do."

22 Liver affected Alphas report that 71

1 percent have abdominal pain and 69 have abdominal
2 swelling. Some of those people said my liver
3 symptoms include enlarged spleen and resulting low
4 platelet count. I currently have fluid retention
5 and abdominal swelling and shortness of breath. I
6 have been told I need further liver evaluation as
7 I've had continuous right upper quadrant pain for
8 years without relief or change. One person
9 indicated that "with regard to liver symptoms
10 tests revealed significant fibrosis. Some
11 radiologists see early cirrhosis. I understand
12 that I am at significant risk for liver cancer and
13 that's my major concern. I wasn't aware of the
14 seriousness of the liver disease of Alpha-1 until
15 I was told I need a liver transplant. Also my
16 lung function is only 40 percent."

17 A parent of a child with Alpha-1 who was
18 diagnosed shortly after birth said as a parent I
19 was devastated that I might lose my baby. It was
20 a very scary time. Hospitalizations have a
21 serious impact on all Alphas -- preaching to the
22 choir. Seventy-three percent of all Alphas have

1 been hospitalized particularly before being
2 diagnosed or during treatment and in addition to
3 the stress and the health impacts on these
4 individuals and their families, time off from work
5 for patients and caregivers these costs also
6 impact insurance and healthcare spending overall.

7 One patient reported, "Multiple heart
8 and lung complications caused several
9 misdiagnoses. It required constant short and long
10 visits to the ED and hospitalization." As for
11 social implications. They are serious. Seventy
12 percent of the Alphas in the study reported
13 experiencing bouts of depression and anxiety. One
14 person said, "I no longer work at the level of my
15 education and ability. My friendships have
16 suffered because of the severity of my health.
17 Another person said I have no life with this
18 disease, since I was 36 and that's a shame. With
19 reduced daily physical exercise and severe
20 limitations on travel and vacation depression has
21 entered my household. What is worse my watch our
22 life together -- change our life dramatically?"

1 One caregiver expressed sorrow that she
2 can't do many things with her husband anymore.
3 The survey asked respondents about their concerns.
4 The number one concern shown by nearly every
5 respondent at 90 percent was a fear of other
6 symptoms worsening and progressing. Many are
7 waiting for the other shoe to drop. Parents are
8 so worried about their children's futures. Here's
9 some quotes from them. A 21 year old of one
10 (inaudible) "I am so young, what if I need a lung
11 transplant later on?" Another said, "Ultimately
12 my biggest concern is the worsening of my
13 condition to the point where it shortens my life.
14 Will I die before reaching retirement age? What
15 of my family?" Another said, "I feel like a
16 ticking time bomb, not sure when the symptoms
17 might show themselves or worsen. I try to stay as
18 healthy and active as I can while I can."

19 Alphas have to be warriors everyday. So
20 thank you very much. The discussion is coming up
21 next and we can share our stories about living
22 with Alpha-1. Thank you. (Applause)

1 MS. LIPSCOMB: Now I get to fulfill my
2 fantasy of being a microphone holder. Usually at
3 public meeting I start singing, but I've been
4 forbidden to do this, so. I'm going to ask Chris
5 to hold this. So at this point what we are going
6 to do is -- can you go to the next line, we are
7 going to start asking some questions, so go ahead
8 and pick -- which of the following symptoms have a
9 significant impact on you or your loved ones daily
10 life? While everyone is voting, how many of you
11 have heard at least some of your experience
12 expressed in at least one of our panelists today.
13 So that's nearly everyone. Give just a few more
14 minutes to do. You can check all that apply.
15 We'll give it just a little bit more time. If you
16 are on the web you should have the same polling
17 question. I know that not everyone has had a
18 chance to vote but we'll go ahead and close it
19 now. What are our results? They certainly may if
20 someone wants to give them theirs. Shortness of
21 breath is our number one, followed by chronic
22 cough, and then if we look at our top three in

1 this group, anxiety or depression. What is the
2 web?

3 MR. CHAZIN: On the web we have
4 shortness of breath predominantly then we have
5 chronic cough, production of phlegm and then we
6 also have anxiety and depression and weight gain
7 when taking steroids like prednisone. Those are
8 the predominant ones.

9 MS. LIPSCOMB: Okay, I forget to add.
10 We are going to ask the operator to open the phone
11 lines and if we have time I'll take a call -- get
12 results there. So if you have experienced
13 multiple symptoms which symptoms has had the most
14 impact on your life? Would someone like to share?
15 Great, got two people here.

16 AUDIENCE VOICE: I would have to say
17 shortness of breath has definitely been a huge
18 impact on my life, starting at the age of 35 I was
19 no longer able to work, I was no longer able to do
20 the activities that I enjoyed with my children, I
21 was no longer able to be intimate with my partner.
22 It's very sad to be old at a young age.

1 MS. LIPSCOMB: Thank you for that. You
2 had something you wanted to say. Can I remind you
3 to say your name?

4 MS. WICHER: Sure, I'm Dell Wicher and
5 I'm from Alabama. I'm a pretty healthy Alpha.
6 I'm very fortunate. I was diagnosed because of
7 liver enzymes being raised, but I'm in pretty good
8 shape, but I have bronchiectasis so for me even
9 though I don't have to be on augmentation therapy
10 I don't have the shortness of breath -- I have the
11 chronic cough and have had it for most of my life.
12 So much so that my siblings say if they are in a
13 Walmart and hear me cough they can tell it's me
14 from way across the store. I get sick really
15 frequently and I always have a very productive
16 chronic cough that's very deep so like many people
17 up there I have to take azithromycin three times a
18 week to try to prevent exacerbations like that.
19 Because also like them every time you are sick it
20 chips away at your lung function so for me, you
21 know, while I don't have the problems that many
22 people do that constant chronic cough is a big one

1 for me.

2 MS. LIPSCOMB: Thank you so much.

3 Anyone else want to speak?

4 MS. VARGAS-VILA: Hello, Judith Vargas
5 Vila, I live in Concord, Massachusetts now. I
6 cough a lot. When I was in university, I went to
7 Queens University in Kingston, Southern Ontario.
8 It was an old building and I coughed so much in
9 the building that I could not sit in class. Quite
10 often I had to get up because it disturbed the
11 lectures and I would sit outside on a chair and do
12 my work. I could not actually work in the library
13 because at that point I didn't have oxygen. I was
14 young and foolish and I had to borrow books and
15 made a special arrangement with the librarian to
16 be able to take them into a room that had no
17 furniture but a desk and use them and then deliver
18 them back and I couldn't take a lot of the older
19 books home because the dust in the older books
20 would start me coughing and I simply lost track.

21 I couldn't read, so this is something,
22 this coughing means that I can't knit now. And I

1 can't do the fabric arts that I loved as well
2 because there are always dust mites and dust
3 involved. And I can't shop freely in stores
4 either, because some stores have inadequate
5 ventilation and sometimes the outgassing of
6 plastics and material prevent people from walking
7 through the whole stores and making their own
8 choices.

9 Of course the internet has helped with
10 all that, but nonetheless those of us who want to
11 be present in their lives do suffer from this.
12 Thank you.

13 MS. LIPSCOMB: Thank you. Okay, take
14 one more comment and then we'll go to another
15 topic.

16 AUDIENCE VOICE: I wanted to mention one
17 thing about impact. You noticed on the panel only
18 two individuals I believe mentioned their work.
19 And the reason that most of us don't mention our
20 work is that we have become unable to work and
21 often times forced into disability. That was my
22 situation that I worked for a large chemical

1 company. Spent 12 plus years getting my education
2 and I could not take the chance of not doing a
3 good job and losing my job, because back when I
4 retired in 1996 I would not have been able to get
5 another job. So I think that's one thing that has
6 a serious impact on all Alpha's.

7 MS. LIPSCOMB: Thank you so much for
8 sharing that. What are specific activities that
9 are important to you that you cannot do at all or
10 as well as you would like because of your
11 condition?

12 MS. CHAKRAVORTY: Bonnie Chakravorty
13 from Nashville Tennessee. One activity that I've
14 had to give up completely is dancing. For many
15 years, actually seven years I did flamenco dancing
16 and that's totally off of my radar now. Although
17 I do exercise I can no longer work -- exercise at
18 the level that I previously did and this not only
19 affects my physical wellbeing but also my
20 emotional wellbeing in so far as dance was one of
21 the ways that I expressed myself. I'm also unable
22 to sing. I did sing and now that's a memory and

1 strange enough I can't get into verbal arguments
2 with people. So I can't shout I just have to
3 stand there. Thank you very much.

4 MS. LIPSCOMB: Thank you.

5 MR. STOKER: Robert Stoker, I'm from
6 Derry, New Hampshire, lung infected. I'm one of
7 the fortunate ones in that I had a transplant last
8 year and I was down to 7 percent FEV1, still
9 worked was really upset with the fact that I
10 carried oxygen into an office. I worked for a
11 drug company. Hey guys. I was on the other side
12 and the dark side if you will, but that was one of
13 the things that I lost, that I couldn't do
14 anymore.

15 Even with the Americans with
16 Disabilities act it's a joke. They say you can do
17 this and you can petition all you want, but when
18 push comes to shove they will always find a way to
19 get rid of you. And they did shove but that was
20 okay. That just meant I had more time with
21 family, but the thing I miss most during my early
22 years of lung disease was not being able to play

1 with my daughter. We'd go to the beach, we'd go
2 on vacation, I was always the dad that sat back
3 and watched mom play with the kid. I was the one
4 that sat back while the uncles played with my
5 daughter because every time I'd try to go out and
6 play with her, I'd get her half way out, I'd throw
7 her into the pool and I'd be gasping for air. So
8 that's how it affected me, I missed out on those
9 days. Now I can do it, but at 27 she's not real
10 into daddy. You know? Now it's like dad help me
11 move, dad help me do this. So that's what I
12 missed and that's what I miss and knowing that I
13 wasn't able to do a lot of the thing that I know
14 many of us had to go through and that's one of the
15 reasons we're here is to get that point across to
16 you guys that something has got to be done. We
17 can't just let this sit anymore, so.

18 MS. LIPSCOMB: Thank you. (Applause)

19 AUDIENCE VOICE: What I have missed is
20 my childhood. I was diagnosed Alpha at 10 weeks
21 old. I received a transplant when I was eight
22 percent -- eight percent of my lung function. I

1 was so sick and at the time in '95 when I had my
2 transplants they didn't have a good success rate
3 in Boston, so they released my case. I went out
4 to California and this is right in my elementary,
5 right in my middle school age, I missed all my
6 friends parties, functions, school events, field
7 trips, I went to California, I got my transplant,
8 I received three liver transplants within 21 days,
9 I was in a coma and I had to learn how to walk
10 again. I didn't know if I was going to be able to
11 ride a bike or drive a car when I was older.
12 Also, it has also impacted me in another way. My
13 father who took care of me and my mom going
14 through my transplants now needs a transplant
15 himself. So I find myself yet again not having a
16 young adulthood because my father is fading fast
17 and I am now his PCA and I take care of him 24/7.
18 So thank you for this opportunity.

19 MS. LIPSCOMB: Thank you for sharing. I
20 know a lot of people in the room had raised their
21 hand, but I want to give the web an opportunity.
22 Did we hear -- is there any comments from the web?

1 MR. CHAZIN: We have some activities
2 that people are also echoing from the room:
3 Problems with dancing, mowing the lawn, walking
4 outside, trouble traveling. Others have also
5 echoed the issue about being forced on disability.
6 So we are getting some of the same kind of
7 comments on the web.

8 MS. LIPSCOMB: Okay, thank you.
9 Operator, is there anybody on the phone that can
10 talk to this?

11 OPERATOR: If you'd like to ask a
12 question over the phone line, please press *1 now.
13 We have some coming in, one moment.

14 MS. LIPSCOMB: Thank you. Hello?

15 OPERATOR: One moment, please, for the
16 first question. We have a comment from Annie
17 Garcia. Your line is open.

18 MS. GARCIA: Good morning to everyone
19 and thank you very much for being there for those
20 of us that couldn't make it. My name is Annie
21 Garcia from Miami, Florida.

22 I didn't hear anyone, and maybe you

1 won't see me blush, talk about sex, but that is
2 definitely one of the things that has gone away
3 with the inability to breathe. It's not very
4 romantic to be with an oxygen tank and let's put
5 it up and let's put it down, and, oh, my god.

6 (Laughter) So, to tell you the truth, the basic
7 things that have been spoken are definitely
8 something that I think that every Alpha here and
9 who is not here today feels, as well.

10 The gentleman that mentioned a comment
11 about the ADA, I couldn't agree more. I had a
12 very high executive position for a very big
13 company and I was relieved from my employment
14 because of my oxygen tank bothered the upper
15 echelons of the business. And no board room likes
16 to see problems of that nature. No board room
17 likes to see that.

18 And so with that, thank you very much
19 for the opportunity and thank you for being there
20 for us. (Applause)

21 MS. LIPSCOMB: Thank you so much. And I
22 don't think I'm telling tales, but there was a lot

1 of nodding of heads, so I think you were speaking
2 for a lot of people.

3 AUDIENCE VOICE: I am no longer able to
4 mow my yard, do my gardening, shovel snow, or do
5 exterior maintenance on my house because short of
6 breath and so forth. So I've got to go through
7 the hassle and expense of trying to find people to
8 do those things for me. (Applause)

9 MS. LIPSCOMB: Thank you. Anybody else?
10 We have time for one more. Let me get back there.
11 Thank you.

12 MS. LAMERS: Hi. I can't believe I'm
13 doing this. My name's Vanessa Lamers. My mom
14 lives in Salem, Oregon. She just was listed last
15 week for a liver transplant. She's very sick.
16 And I just got married this past month. My
17 husband is amazing, he helps take care of her, but
18 she was not able to help at all with the wedding.
19 And so if any of you have kids who got married or
20 grandkids who got married and it's such an amazing
21 process. It's great to be able to help and she
22 couldn't help.

1 We planned our wedding for a year and a
2 half, and she wanted to do so many things for us
3 and make centerpieces and be there on the day and
4 be there in the morning and be there when I put my
5 dress on, and she couldn't. She was in her room
6 until right before the ceremony and she was just
7 exhausted the whole time. And her life echoes
8 almost everything that everyone has said today, so
9 thank you.

10 (Applause)

11 MS. LIPSCOMB: Thank you so much. I
12 know so many of you have stories that are similar.
13 Is there any other -- okay. Thank you.

14 AUDIENCE VOICE: Mine's real short, as
15 am I.

16 (Laughter) But because of my lack
17 of being able to do much, I was
18 forced to move to a condo. That's
19 horrible, a horizontal condo. I
20 always enjoyed having a house to do
21 a little tinkering and taking care
22 of the yard. That was out the

1 window, so now I live in a condo.

2 MS. LIPSCOMB: Thank you. Okay, we'll
3 have time for one more and I saw her hand, I'm
4 sorry.

5 MS. STOKER: Hi, my name's Margaret.
6 I'm Bob's wife. And from a caregiver's
7 standpoint, I mean, she was very well-spoken, but
8 I've been through this with my husband over 20
9 years. The first pulmonologist -- a
10 pulmonologist, mind you -- told him he had a
11 terminal illness, go home, you won't see your
12 daughter graduate high school. She's now 27.

13 Luckily, I'm in the healthcare business
14 and I won't take -- you know, I won't take that.
15 But it's not just that. We as a group are
16 standing here. We're educating ourselves. We're
17 trying not to be a pain in the butt, and yet we
18 are a pain in the butt and we're going to continue
19 to be so because we need this for our families.

20 I'm worried to death about my daughter
21 because she's inherited part of the condition, and
22 I don't see a lot being done about that either.

1 So, thank you. (Applause)

2 MS. LIPSCOMB: Thank you. We've spoken
3 a lot about the effects the disease on your lungs.
4 We really want to concentrate this next question
5 on those who have been affected on their liver.

6 Chris, could you do the next polling
7 questions? If you have liver disease, how many
8 times in the past year did you or your loved one
9 experience a bleeding episode that required
10 medical attention?

11 We'll give this just a little more time
12 for the results coming in on the web, as well.
13 And let's go ahead and close it. I know not
14 everyone had a chance, but we'll see.

15 Gosh, it looks pretty even. And we
16 didn't have numbers, so it looks pretty even.

17 If someone who's experienced that could
18 speak about the impact of these bleeding episodes,
19 for the liver disease. Can anyone expand on the
20 symptoms?

21 Okay, we'll come back. I think our poll
22 did show that we are much more represented by

1 primarily lung disease, so.

2 MS. LAMERS: Hi, everybody. My name's
3 Vanessa Lamers. My mom lives in Oregon. She has
4 had several bleeds. She had to have banding done
5 through her esophagus. She's also had the TIPS
6 procedure, which is a shunt that they put in the
7 liver disease. If anyone wants to talk about
8 that, I know all about it.

9 And her most recent and worse bleed was
10 a couple of years ago. She started vomiting in
11 the middle of the night and then she realized that
12 she wasn't just nauseous. She gets nauseous a
13 lot. I'm sure a lot of you know exactly how that
14 is. She has the upper quadrant abdominal pain and
15 so she didn't really think much of it. She
16 actually crawled back into bed and then woke again
17 and was vomiting, like 45 minutes later, realized
18 that it was blood, actually called her friend to
19 take her to the hospital. And she got there and
20 the physician admitted her and they banded her and
21 it actually worked out really well.

22 But she was very lucky. The physician

1 who admitted her told her that it's an 80 percent
2 mortality rate for that type of bleed, which is
3 potentially why you're not getting a lot of people
4 getting up and talking about this.

5 MS. LIPSCOMB: Well, we have one other
6 person and then we'll see what we have on the
7 phone.

8 MR. YOUNG: Yeah, my name is D.C. Young.
9 I'm going to speak for my brother. He is a
10 lung-affected Alpha. I'm a lung-affected Alpha.
11 We're not twins like some people are, but he is a
12 little more handicapped than I am relative to his
13 lungs. But very recently, he has found out that
14 he's definitely liver-affected and bleeding
15 disorders are a major factor now in his life.
16 He's been forced to completely change his diet.
17 He's had to lose weight and he's having severe
18 problems with that. So those of us with lung
19 disease, I think as we age we're going to be
20 looking at issues with livers if we don't get a
21 solution to this whole problem.

22 Thank you very much. (Applause)

1 MS. LIPSCOMB: Thank you.

2 MS. HORSACK: I'm Cathey Horsack and I
3 work for the Alpha-1 Foundation. I came to work
4 for them after losing my 49-year-old husband
5 unexpectedly to Alpha-1 liver disease. He was
6 never diagnosed until his autopsy results came
7 back.

8 He suffered from esophageal varices
9 bleeds. He was first diagnosed with an unknown
10 liver disease five years before his death. They
11 kept saying it was a form of hepatitis that hadn't
12 been named yet. And he ended up going in for just
13 normal blood work and was 6-foot-2, about 275
14 pounds, and he had a hemoglobin of 4. So the
15 nurse said I don't know how you're standing up.

16 They put him in the hospital, they ran
17 all kinds of tests. Every quarter for the next
18 five years they would do endoscopy procedures and
19 they would band or sclerose those varices bleeds.

20 And I answer the patient hotline at the
21 Foundation and Alpha-1 liver disease may be a very
22 small part of Alpha-1 patients except it

1 progresses very, very quickly. Somebody can be
2 diagnosed and they can be dead in six months with
3 Alpha-1 liver disease. We need a treatment for
4 Alpha-1 liver disease. (Applause)

5 MS. LIPSCOMB: Thank you. Thank you so
6 much.

7 AUDIENCE VOICE: Donna? Donna, I have
8 someone.

9 MS. LIPSCOMB: Okay, thank you.

10 MR. STRICKLAND: My name's Jesse
11 Strickland. I live in Ohio. We have a support
12 group there, half a one, and we just recently had
13 a person who was liver-affected and in his 40s,
14 MZ. You're not supposed to have liver disease as
15 an MZ, but his doctor told him it was primarily
16 due to Alpha-1. He had a liver transplant three
17 months ago. He's doing great.

18 My father died at age 81 with cirrhosis
19 of the liver and liver cancer on the FM. And
20 supposedly, F doesn't cause liver disease, but I
21 don't think there's been enough research to know
22 if it does or not. FM's not supposed to cause

1 emphysema, but I have emphysema.

2 So Alpha-1 doesn't treat everybody the
3 same, so doctors need to realize if there is an MZ
4 and they have COPD, maybe they do need treated.
5 If they're an FM or FZ or whatever they are, I
6 think you have to look at conditions and what
7 they're going through every day, their symptoms,
8 and treat everybody, whether you're a carrier or a
9 full-blown Alpha, on their symptoms. (Applause)

10 MS. LIPSCOMB: Thank you. Thank you.
11 Operator, is there anyone on the line that might
12 want to speak to this?

13 OPERATOR: If you'd like to speak to
14 this, please press *1 and record your name to
15 signal to me. Again, that is *1. One moment,
16 please.

17 MS. LIPSCOMB: We know there's a little
18 bit of a delay in this. And, Loni, can you go
19 over to that gentleman?

20 While we're waiting to see if someone
21 comes on the line, we have someone in the room
22 that will speak.

1 MR. BUTCHER: Hi. My name's Eric
2 Butcher. I can't really speak to the bleed
3 because I don't have varices yet. I haven't
4 experienced that. But I am in Stage 4 cirrhosis.
5 I also have Stage 2 emphysema.

6 But the -- my liver is currently
7 compensating. The worst symptom that I deal with
8 due to my liver currently is the anxiety and
9 depression because I wake up every morning, it's
10 like a Sword of Damocles hanging over my head.
11 Once that little piece of my liver stops fighting,
12 I'll get really sick really fast. And I always
13 wake up every day wondering if this is going to be
14 the day, so there's a lot of anxiety and
15 depression that is tied up with that.

16 MS. LIPSCOMB: Thank you. What do we
17 have on the web?

18 MR. CHAZIN: Regarding liver, we have
19 reports of high NR, pain. One person has had a
20 gastric bypass, and just, again, a limiting of
21 activities.

22 MS. LIPSCOMB: Thank you. Did anyone

1 come on the phone?

2 OPERATOR: Yes, we do have Marvin on the
3 phone. Your line is open.

4 AUDIENCE VOICE: Hello?

5 MS. LIPSCOMB: Hi, Marvin.

6 AUDIENCE VOICE: Yeah, my name's Marvin.
7 I'm from South Carolina. Sorry I'm unable to join
8 you there today, but I can echo almost everything
9 that's being said on mine except one thing: Sex
10 is hard, but I'm not giving it up. (Laughter and
11 applause)

12 Anyway, all the things you're talking
13 about, simple things like walking up and down the
14 four or five steps, taking the trash out, there
15 are times when I have to ask my wife to do it, I'm
16 unable to do it. And I've been an athlete, I've
17 exercised all my life. I used to be ranked in the
18 top 15 in South Carolina in open tennis and now
19 it'd be a joke trying to pick up a tennis racket
20 or do anything athletic.

21 But the disease does progress. It's
22 been slow, but the augmentation therapy does help.

1 It slows the progression of the disease and
2 without it I don't know where I'd be. I've been
3 having -- I've been taking infusions every week
4 for 22 years.

5 And I appreciate everything that all the
6 folks associated with Alpha-1 have done to help
7 me. And the support group that I work with here
8 in South Carolina has been outstanding and has
9 been a blessing for me. Now we just need to work
10 towards finding a cure, inhaler or pill, whatever
11 it takes. We need a cure.

12 Thank you so much. Thank you. Thank
13 you for giving me time to come on today.

14 (Applause)

15 MS. LIPSCOMB: Thank you so much. I
16 think that was foreshadowing of this afternoon,
17 but while we're still in this morning, we're going
18 to go to the next set of questions. We have three
19 questions that are specific to the lung disease
20 and I'm going to ask each of them first and get
21 the results from the polls, and then we'll come
22 out to the audience and give you an opportunity to

1 speak.

2 So the first one is how many -- thank
3 you. How's your lung symptoms? (Laughter) And
4 how many problems have you had in the past year?
5 This is one of those tricky ones where A is 0 and
6 B is 1, even though it has a 2 on it, so when
7 you're voting, please make sure you're voting for
8 the number you want by the Alpha number you want.

9 Okay. Let's see what we have here. All
10 right. So, well, clearly 4 or more has been the
11 more, although we have the number of 16 percent
12 for 2 and 1. They don't -- I'm assuming 2 is 16
13 percent, as well. Can you have a response from
14 the --

15 MR. CHAZIN: Yes, on the web 4 or more
16 is 45 or 46 percent and 2 is about 21 percent. So
17 we have people with -- we have very few, 5 percent
18 was 0. So the scores on the web are signs they're
19 more skewed more towards more tax.

20 MS. LIPSCOMB: Okay.

21 MR. CHAZIN: Which is why they're
22 probably not here today.

1 MS. LIPSCOMB: It's actually what we
2 expected. All right, question 8? Of your lung
3 symptoms in the past year, how many have required
4 hospitalization? A is 0; B is 1; C is 2; D is 3;
5 E, 4 or more.

6 Give you a little more time. It's
7 slowing down. Okay, let's see what that is. I
8 know there's more of you than 41, but we're going
9 to see what that bit of response is for this.

10 Wow, something is telling me lots of no
11 hospitalizations at all and then 1. We're going
12 to double-check because the numbers aren't coming
13 up here for us to do it.

14 No, no, I just meant percentages aren't
15 coming up.

16 AUDIENCE VOICE: We're working hard on
17 it.

18 MS. LIPSCOMB: Well, excellent.

19 AUDIENCE VOICE: You get sicker in the
20 hospital. Don't go to the hospital.

21 MS. LIPSCOMB: We'll have time for that.

22 MR. CHAZIN: Yes, it echoes on the web,

1 65 percent have not had any hospitalizations and
2 the rest 1 or less than 2, so the great majority
3 have had less than 2.

4 MS. LIPSCOMB: And I'm sorry, I just
5 meant the percentages above that would tell you
6 that it was 65 percent said 0, not that I was
7 questioning 0, so I apologize. I wasn't clear on
8 that.

9 Great. So let's try the next question 9
10 before we start our conversation. Okay, in the
11 past year how many required an emergency room
12 visit or doctor's visit without hospitalization?
13 So that's the key difference.

14 Well, it's an "or," so emergency room
15 visit or a doctor's visit without hospitalization.
16 So for those of you who are taking her advice and
17 not going anywhere. (Laughter)

18 Okay, Chris, what's our responses?
19 Well, it looks 4 or more, 1, and 2 are kind of
20 similar responses with the most being 0. What
21 about on the web?

22 MR. CHAZIN: On the web, 0, 1, and 2 are

1 about the same with a little less than 3 and 4,
2 so, again, skewed maybe to the left a bit more.

3 MS. LIPSCOMB: Okay, great. Thank you.
4 Well, we've seen these results. Can anyone
5 provide specific examples how these affect your
6 day-to-day life? Thank you.

7 MR. LONGMIRE: I'm Paul Longmire from
8 Washington State, husband of a double-Z. Yeah, I
9 did 30 years of active duty in the military, been
10 in more war zones than I know of, got two Purple
11 Hearts, and I'll tell you what, there is nothing
12 worse than sitting there watching her gasp for air
13 and try to breathe. And I got a nebulizer in one
14 hand, a PB thingy in the other hand, and my phone
15 ready to dial 911. You know, it's tough to stand
16 there and do nothing, can do nothing.

17 The other side of it is our oldest
18 daughter, she's married to a soldier, just got
19 back stateside. Got two granddaughters that we
20 can finally see. And I have to constantly watch
21 her while she's out playing with a 10-year-old
22 and an 8-year-old to make sure she can breathe and

1 make sure when she starts flushing and she can't
2 catch her breath, to make her sit down and take a
3 break and, you know, so she doesn't go into a fit.
4 I don't know what the heck you call them, but, you
5 know, you can't breathe.

6 And I'll tell you what, it's a tough
7 one. It's a tough one as a husband and caregiver,
8 whatever you want to call it. (Applause)

9 MS. LIPSCOMB: Thank you for sharing
10 that. Do we have a couple over here?

11 AUDIENCE VOICE: Hi. My name is Liam.
12 I'm from Massachusetts now, originally from
13 Ireland, where a lot of people have Alpha-1. In
14 my last hospitalization, it was for pneumonia and
15 it took a long time for the doctors -- there must
16 have been about 20 doctors in and out -- to
17 identify what it was I had. And they informed me,
18 after they had discovered it was pseudomonas, they
19 informed me that there was mold growing in my lung
20 -- our lungs. Yeah. That was very frightening to
21 me. I had no idea that that could happen.

22 So I don't know if anyone else had that

1 experience, but that was mine. And I was in -- I
2 don't know if I said I was in for 21 days, but
3 it's a long time.

4 MS. LIPSCOMB: Thank you.

5 MS. LADIG: I'm Carla Ladig from
6 Indiana. And I think one of the important things
7 that you need to know is that most of us don't go
8 to the emergency room because emergency room
9 doctors don't know what Alpha-1 is. (Applause)

10 MS. LIPSCOMB: Thank you.

11 MS. SNEDDON: I'm Alyce and I'm from
12 Massachusetts. And to the hospitalization, I
13 think part of the reason we do not go to emergency
14 rooms is because we're so proactive and we're
15 aware of what our conditions are. We take a lot
16 of our own treatment and we go ask the questions.
17 We contact the physicians. We say we're not
18 feeling well, this is what's happening to me.

19 I was a nurse. I know a little bit more
20 maybe, but it just takes our own fight
21 individually in order to get and stay and maintain
22 our lives, which is not easy when you're short of

1 breath and you're trying to fight a cold or a sore
2 throat or anything. And even to have to be sick
3 and go to the doctor or go to an emergency room,
4 you have to worry again about your oxygen and
5 what's going to happen when you get there and how
6 long are you going to have sit.

7 So those are the things we fight and we
8 individually take care of our own health a lot of
9 times.

10 MS. LIPSCOMB: Well, thanks for that,
11 but I think that's a great jumping point to ask
12 you more on what do you do if you're not going to
13 emergency rooms or to the doctor's? How are you
14 handling these symptoms?

15 MS. CADWGAN: My name is Ruth Cadwgan.
16 And I think Alphas are very educated about their
17 condition and proactive and they have -- their
18 doctors have prescribed stuff because they have to
19 start on antibiotics the minute they feel a
20 tickle. And most people -- Alphas self-medicate
21 because they know what they need to do. They've
22 had to depend on it themselves.

1 My husband was diagnosed 23 years ago,
2 but I want to speak to the people who aren't here.
3 We're the healthy ones. You have to look at this
4 room and know that this is as healthy as it gets.
5 It's the people that were on the conference calls
6 who are so afraid to get on a bus or a van and
7 possibly not have their oxygen that couldn't be
8 here today. But when you look around this is as
9 healthy as it gets.

10 Thank you. (Applause)

11 MS. LIPSCOMB: Ruth, thank you so much
12 for sharing.

13 AUDIENCE VOICE: Donna? Donna, I have
14 one back here first.

15 MS. LIPSCOMB: Okay.

16 MR. LANTZ: Hi. I'm Mark Lantz from
17 D.C. And I'm relatively healthy. I'm ZZ and I
18 have emphysema, but I'm a competitive rower and
19 kind of lucky in that way.

20 But following up on this question, the
21 other group that aren't here are the people that
22 don't know they have this disease. I have taken

1 to asking every physician I run into, and I run
2 into a lot of them, and I've run across 30 to 40
3 in the last 6 months who have never heard of this
4 disease. We do not have any regular testing in
5 this country despite the fact that lifestyle
6 changes and environmental changes will make a
7 bigger difference in a long-term prognosis than
8 any treatment currently available. And the fact
9 that a one-year per person delay in infusion
10 therapy will save a quarter million dollars. So
11 blood tests look pretty cheap in that regard.

12 As I see it, there's 100,000 people out
13 there with lessened life expectancy because we
14 don't do basic education and basic testing for
15 this disease that we already know how to do, that
16 don't require inventing new drugs. And I think
17 that's appalling. Thank you. (Applause)

18 MS. LIPSCOMB: Thank you. All right,
19 we're going to go to just two more people. I know
20 that there's a lot to be said, but we have a few
21 more questions to get through and a lot of this is
22 topics we'll be talking about more this afternoon,

1 so we definitely want to hear what you have to
2 say, so please don't think I'm cutting you off,
3 but I am.

4 (Laughter) Henry, real quick.

5 MR. MOEHRING: I guess I made the cut.

6 MS. LIPSCOMB: You and one other person.

7 MR. MOEHRING: My name's Henry Moehring
8 and I wanted to follow on one of the comments and
9 actually it flows that, you know, we're a rare
10 disease community. And part of the reason you
11 don't see us frequenting common health areas, doc
12 in the boxes, emergency rooms is because they
13 don't know what we have. And even in my primary
14 care office, every time I go in to see my doctor
15 -- which, thank god, is not that often because I
16 am healthy -- I have to reorient her to who I am,
17 what I have, and I usually bring a stack of
18 literature. I don't think she has time to read
19 it, given the work that she does, but it's a
20 challenge when as a patient I feel like I know
21 more about what's going on with me than she does.
22 And, you know, there's an anxiety level

1 there. I have a great provider. I have a great
2 pulmonologist. I have great liver doc that I can
3 pick up the phone and talk with long before it
4 gets to be a problem. And I think that's why you
5 see the number there.

6 I also have an Alpha net coordinator
7 that checks on me and goes are you doing what
8 you're supposed to be doing, which is something
9 that I can only speak for this particular Alpha,
10 but some of us need. So thank you.

11 MS. LIPSCOMB: Thank you. We're going
12 to ask one more person, then go and see if we have
13 any comments on the web.

14 MS. CORRON: Hi. My name is Allison
15 Corron. I'm an MM married to a ZZ. I'm also a
16 patient advocate and I work with patients who are
17 newly diagnosed with Alpha-1 antitrypsin
18 deficiency.

19 The question came up what do you do
20 rather than go to the hospital? And I'd like to
21 speak on behalf of three of my patients who, in
22 the last two months, didn't know enough about

1 their condition to know what to do and who went to
2 the hospital and didn't come out alive because
3 they had to wait too long to be properly diagnosed
4 and because they were in areas where their
5 physicians and their medical facilities didn't
6 have enough information about their condition to
7 keep them alive.

8 Thank you. (Applause)

9 MS. LIPSCOMB: Thank you so much. We're
10 going to go to the web. What are you hearing
11 there?

12 MR. CHAZIN: On the web, I just want to
13 share that many people say they avoid the hospital
14 because of, you know, the bacterial infections,
15 especially methicillin-resistant staph aureus.
16 Some feel that ERs are very dismissive, as you all
17 have said. Other people try to keep a supply of
18 antibiotics and prednisone, working with their
19 doctor to have it available.

20 MS. LIPSCOMB: Okay, great. And I was
21 teasing, we do have one more person because I
22 miscounted. (Laughter)

1 MS. BELL: Hi. I'm Robin Bell. I'm
2 from Bakersfield, California. I'm 46 years old.

3 In regards to hospitalizations, last
4 December, I had gone into Urgent Care. It was
5 like 9:00 in the evening and my Urgent Care doctor
6 immediately sent me to the hospital. And by the
7 time I ended up seeing an emergency room
8 physician, he looked at me and he said, well, you
9 know, what's the symptomology that brought you in
10 here in the first place? And I said, first of
11 all, I'm an LVN. I had gone to Urgent Care and
12 he's under the impression that I had a pulmonary
13 embolism.

14 And he looked at me and he goes, why on
15 Earth would you think that you had a pulmonary
16 embolism? Well, I've got Alpha-1.

17 No, you don't. It's super rare.

18 (Laughter) No, you don't.

19 And I looked at him and I said, oh. He
20 said, well, you know, let's go ahead and do an
21 X-ray on you and, you know, just check.

22 So two hours later, you know, I ended up

1 having a CT done. Sure enough, it came back that
2 I had a pulmonary embolism. But in the emergency
3 room and having seen a physician that was that
4 dismissive in regards to a situation such as just
5 blowing me off because of a disease that's not as
6 rare as everybody think it is, you know, it's just
7 something that needs to be very much looked at
8 within the medical community. (Applause)

9 MS. LIPSCOMB: Thank you so much. Thank
10 you. I want to take a minute to ask about the
11 effects of Alpha-1 as you age. What are some of
12 the surprising ways that symptoms of your disorder
13 has changed as you've aged?

14 MR. NOONAN: Well, again, I'm Bob Noonan
15 from Virginia here. One of the things, again, is
16 the shortness of the breath. I go back to that
17 because it's virtually everybody's biggest problem
18 here.

19 And as you do age, you have more
20 shortness of breath and there's more and more
21 things that you can't do anymore. Golf, I miss
22 that a lot. I say I can still hit the ball out of

1 a golf trap -- out of a sand trap, but I can't get
2 myself out of the sand trap. (Laughter)

3 I would like to mention that we need
4 more assistance in the development of better
5 oxygen. When you age and you're short of breath
6 and, all of a sudden -- well, not all of a sudden,
7 but you can't breathe, oxygen is the answer. I
8 mean, we all get the medicines and so forth, but
9 if you have a good source of oxygen, you can do a
10 lot of things that you couldn't do without it.
11 And I just don't see it happening in the oxygen
12 supply area, the ambulatory oxygen.

13 There's got to be better devices.
14 There's got to be something that will give you
15 what your blood oxygen is and would raise or lower
16 the amount of oxygen that you're receiving as a
17 result of what the blood oxygen is doing as try to
18 get yourself out of a sand trap or do something
19 else. So I'd like to see faster and more
20 advancement in supplemental oxygen for not only
21 the Alphas, but everybody else out there that's on
22 oxygen. (Applause)

1 MS. LIPSCOMB: Thank you. Okay, Loni,
2 you have someone over there.

3 MS. BROOKS: My name is Charlotte
4 Brooks. I'm from San Diego. And I would like to
5 speak on my husband's behalf, whether he wants me
6 to or not. (Laughter)

7 We've been married for 57 years. I have
8 watched him deal with chronic bronchitis,
9 pneumonia, asthma for all of those years, slowly
10 getting worse and worse and worse. And through
11 four pulmonary doctors, through countless GPs,
12 nobody every tested him until three years ago.
13 Three years ago, when he was 75 years old, he was
14 finally diagnosed.

15 He was put on augmentation therapy and
16 got better, but not really that much better. His
17 main component is bronchiectasis. He would cough.
18 He missed years of our kids' and grandkids' lives
19 because he couldn't go to plays or movies or
20 soccer games or anything because he would cough
21 and it would be so disruptive to them. In fact,
22 he coughed so much he wound up with bilateral

1 hernias.

2 Finally, now I'll make this short, he's
3 on augmentation therapy and antibiotic therapy and
4 it's like a major miracle. (Applause)

5 MS. LIPSCOMB: Thank you.

6 AUDIENCE VOICE: One thing that I've
7 noticed with the passage of time is a decrease in
8 muscle mass. And although I work out quite a bit
9 and do strength training, I still don't get as
10 much bang for my buck as I did when I was younger.
11 And I think that improving muscle mass would also
12 increase my functionality, so I think that's
13 another important effect of aging.

14 MS. LIPSCOMB: Okay, thank you,
15 Jennifer.

16 MR. WALSH: Hi. My name is Fred Walsh
17 from Massachusetts. One thing that is nice to
18 have -- what it does to your ears is crazy, too,
19 by the way. Looking like Yoda.

20 (Laughter) But one thing in
21 particular is being close to a
22 Bathroom if you're real short of breath.

1 As you age things loosen up a little bit.

2 (Laughter) And really, the first thing I usually
3 ask, where are the restrooms? And they're not too
4 strategically located here. But that's basically
5 it. When you have a choice to breathe or go,
6 sometimes you just go and it can be pretty
7 embarrassing, especially if you're on an airplane
8 or not on an airplane. (Applause)

9 MS. LIPSCOMB: Thank you.

10 MS. GOULD: Hi. My name is Patricia
11 Gould. One of the things I've noticed as I've
12 aged is I've -- my mother is a ZZ. I don't know
13 what my genotype is because I have had my serum
14 tested three times during three different health
15 incidents and never received the results from the
16 doctor's office.

17 I was diagnosed as a young person with
18 Gilbert's syndrome, which is elevated bilirubin.
19 And we were told then that it was just a chronic
20 situation that was essentially not going to affect
21 my health or life span, anything major, I guess.

22 Then I was just in the hospital a couple

1 of months ago with what they diagnosed -- they
2 couldn't figure out what my problem was,
3 essentially. Gastric issues, I have pain, no
4 bleeding, but just nausea. I've had ongoing pain
5 with no real issues as far as enzymes are
6 concerned for 15, 20 years. It's ongoing meaning
7 that sometimes it's more noticeable than others,
8 but discomfort I guess is a better word.

9 But my point is that as I get older my
10 concern that whatever -- if this is something to
11 do with Alpha-1, first of all, I don't even know
12 what my genotype is, although I have been
13 assertive and tried to find out what it was just
14 as it happened due to, from my perspective, the
15 doctors not taking it seriously enough to make
16 sure that I get the results mailed to my home or
17 that they even call me to let me know what they
18 found the results to be. And then, also, that
19 being the situation my concern is, is there
20 something happening within my body that I'm not
21 addressing, taking care of at this point? It
22 feels like a crap shoot at this point just because

1 none of the doctors have kind of tied it together
2 even knowing that my mother is a ZZ lung
3 transplant survivor. (Applause)

4 MS. LIPSCOMB: Thank you for sharing.
5 Thanks. We're going to have to wrap up, but I
6 have one quick question that I want to follow up
7 with. If anyone's a parent of small children,
8 what are your biggest worries about their aging?

9 MR. JOHNSON: Hi, Dad. (Laughter) Bet
10 you didn't think I'd grab this, did you? Ryan
11 Johnson, Jacksonville, Florida.

12 I'm actually the brother of -- well, son
13 of Richard Johnson, brother to Luke and Grace
14 Johnson. Let me tell you, they're seven- and
15 nine-years-old and they're every bit of that, wild
16 and crazy. They're the most fun-loving kids in
17 the world and I'll tell you one thing that really
18 breaks my heart from somebody who's not even
19 affected. I don't want to see them grow up and
20 end up like the people in these rooms. Let's get
21 ahead of, you know, something. Let's put
22 something into these people's hands that can

1 assist them now and let's do research to help cure
2 those who have the liver issues and the enzyme
3 issues and the lung issues and let's get ahead of
4 this. And let's, you know, fix something that is
5 very common.

6 So thank you. (Applause)

7 MS. LIPSCOMB: Thank you. I'll take one
8 more comment.

9 AUDIENCE VOICE: Having a little girl,
10 I've got an eight-year-old, and she's an MZ, but
11 at the elementary level. Like Jim had said
12 earlier, you know, it's really hard when I'm a ZZ
13 and she brings home, you know, her little
14 contaminants for lack of a better term.

15 Anyway, you know, my biggest concern
16 with having little ones and, you know, she's also
17 asthmatic and I live in Bakersfield where it's the
18 worst air quality in the nation, so it's a
19 constant thing, you know. And then valley fever
20 on top of it, you know, in the valley, so it's
21 worrisome. You know, as every single parent in
22 this room that has young children, you know, and

1 getting a handle on, you know, different
2 medications other than just inhalers for asthma,
3 something needs to be done.

4 MS. LIPSCOMB: Thank you. I know
5 there's a lot of other comments, but we're running
6 out of time for this morning. And so I don't want
7 you guys to miss your lunch. We have a full
8 afternoon where if we need a little extra time, we
9 can use that.

10 Normally, I would say time permitting
11 does anyone else have something to say, but that's
12 not time permitting with you guys and you've been
13 so forthcoming in your experiences, and I really
14 want to thank you for that.

15 We are going to break and you'll have an
16 hour for lunch and we'll be right back here
17 afterwards. A reminder that anyone who's
18 interested, is there still space on the public
19 comments? We believe so. If you've not -- if
20 you're interested in signing up for the public
21 comments period this afternoon, please go and see
22 if there's still space available because after

1 this afternoon we're going to pull up the sign- up
2 sheet. And the time will be based on how many
3 people are there.

4 Chris, I think there's another slide.
5 Could you go to it? One more.

6 And before we break, we have one more
7 Karen Erickson wants to talk -- say something.

8 MS. ERICKSON: Hey, guys. How are you?
9 So a lot of incredible comments and we want to
10 keep that rolling, so we called in a favor from a
11 big friend to the Alpha-1 community and they
12 happen to have brought an incredible video crew in
13 to film your statements, how you feel about
14 Alpha-1, where we need to go. So as you mill
15 around at lunch, they are in the last room. As
16 you come out here make a left and they're
17 fantastic. We can send you and then hear what you
18 have to say and it's going to be so powerful
19 moving on, and it has been all day today. So
20 don't let those comments go unheard.

21 And then finally, for any of you that
22 wants to stay in the room, we're going to set up

1 some runners to go and grab your lunch if you want
2 us to. So just go ahead and raise your hands and
3 we'll handle that, as well.

4 All right. Thank you.

5 MS. LIPSCOMB: Thank you so much. We'll
6 see everybody back in an hour at 12:30.

7 (Recess)

8 MS. LIPSCOMB: Thanks everybody for
9 coming back so quickly. I understand that rumors
10 of my singing in here was what got everybody back,
11 to say to everyone who had heard the first part.
12 So, thank you. I want to welcome everybody back
13 this afternoon. It looks like everyone at least
14 got lunch. I didn't see anybody looking forborne
15 out there so I'm glad that everyone had that
16 opportunity. I think we had a really good
17 conversation this morning and we're really looking
18 forward to this afternoon.

19 I want to remind everybody again that
20 his proceeding is being recorded and transcribed.
21 Both of which will later be posted on our webpage,
22 which is a page that if someone Goggles they can

1 find this information. And we also have a few new
2 panelists at the table and we're going to let them
3 intro -- for the FDA side and we're going to let
4 them introduce themselves. Start at that end.

5 MR. BAUER: Yes, hi, I'm Larry Bauer.
6 I'm a regulatory scientist in the Office of New
7 Drugs, Rare Diseases Program. This morning
8 Jonathan Goldsmith was here and Jonathan and I
9 work together. And I just wanted to say thank you
10 to all -- it's so wonderful to see so many of you
11 here. I saw an old friend, John Walsh, and I said
12 it's just so great to see -- because I know that
13 people are at different places on the spectrum on
14 their ability to travel and it was really great to
15 hear all the stories this morning and the
16 experiences, so thank you.

17 MS. WITTEN: Hi. My name is Rachel
18 Witten. I'm a senior clinical reviewer from the
19 Office of Cell Tissue and Gene Therapy.

20 MS. MEHTA: Hi. I'm Ruby Mehta from
21 CDER, Division of Gastroenterology, and Inborn
22 Error of Metabolism.

1 MS. LIPSCOMB: Okay. I think that's our
2 new staff. I want to welcome everyone who is
3 going to talk about our afternoon talk. Can you
4 hit the next button? We have Jean, Karen, Ken,
5 Marcie, Fred and Jesse and I really want to thank
6 them for their willingness to participate. The
7 questions in this topic really are their
8 perspectives on approaches to treatment. And
9 they're going to answer what they're currently
10 doing to treat the condition, how those conditions
11 are working -- treatments are working. Talk about
12 advantages and disadvantages.

13 Again, they each have about five minutes
14 to speak and I'll be monitoring that. I really
15 look forward to our conversation. And so I'm
16 going to ask that Jean, if you don't mind.

17 MS. MCCATHERN: No, I don't mind. My
18 name is Jean McCathern. I'm lung effected and
19 might be liver effected depending on which doctor
20 you trust. Currently I am on inhalers like most
21 other lung effected Alpha's but unlike a lot of
22 people I'm on an inhaled augmentation therapy as

1 part of a trial. Once that's done I'll go back to
2 the regular IV augmentation. And one of the other
3 things I consider a treatment is I did complete
4 pulmonary rehab very early when I was first
5 diagnosed and I think that's helped a lot.

6 The treatments, as far as the inhalers,
7 I know they work because I tried stopping it and
8 about a week later I couldn't breathe. So I know
9 they work. I've been on augmentation therapy for
10 11 years and my FEV1 hasn't declined at all and I
11 didn't have some of the other tests with defusing
12 capacity but since I've had those tests they go up
13 and down but they're in the same area. So I'm
14 very happy with the augmentation therapy.

15 However, augmentation therapy is -- does
16 complicate your life. I have grandchildren and a
17 daughter and they live in Arizona, and I normally
18 live in Pennsylvania and in order to go Arizona
19 and continue my treatments I have to have a doctor
20 that's licensed in that state. It's not just any
21 doctor. It has to be someone licensed in the
22 state or the nurses won't infuse me and since they

1 have enough trouble getting my veins I don't think
2 I could do it myself. So that does complicate
3 things especially since my insurance says I really
4 can only have emergency treatment outside of my
5 home area.

6 The -- with the inhaled therapy I don't
7 have that problem, however, with inhaled therapy
8 it will be -- the trial ends in October and I
9 don't think they're going to let me keep on with
10 it, unfortunately. The inhalers don't complicate
11 my life anymore but I will tell you when I was
12 first diagnosed with Alpha-1 I was on steroids,
13 inhaled steroids and I've been on inhaled steroids
14 because back in 1980 I was diagnosed with asthma,
15 and so as soon as they were available, which was
16 about ten years in, right around 1990 because I
17 was in a trial for Budesonide which is an inhaled
18 steroid. They told me at the time you won't have
19 any long term effects, and I found out myself
20 before they even admitted it, that you can. So I
21 got off those as quickly as possible by advocating
22 for myself and asking the doctors to reduce the

1 amounts of steroids until I finally got off of
2 them this past January.

3 I had osteopenia because steroids do
4 cause bone loss. So, you know, that is a real
5 disadvantage of some sort of like a miracle drug
6 but it has all these little side effects.

7 Overtime my treatments really changed. When I was
8 first diagnosed with asthma I was on the same
9 things, equivalent to the same things that I'm on
10 today. However, back then you took pills, they
11 didn't work, I'd have to sit up in bed to breathe
12 at night. I was in the Air Force for 25 years and
13 I didn't want them to know what was going on for a
14 long time so I really, really had to work at
15 hiding my symptoms. But then -- actually the
16 first break through for me was that Budesonide
17 trial, then I could breathe again and I didn't
18 have the problems I had all throughout the others.

19 So I just -- I've seen so many advances
20 for the symptoms that people with normal emphysema
21 or asthma have. But since I've been diagnosed and
22 I was diagnosed in 2004 there hasn't been really

1 any advances in augmentation therapy other than
2 maybe some purification, more availability, which
3 is important, but that's not what I call an
4 advance. I'd call an advance another step.
5 Something that would stop liver and lung disease
6 would be great, especially if you could use it in
7 children and especially if you could test children
8 right when they're born to find out if they have
9 that problem without having to worry about genetic
10 discrimination because for life insurance and long
11 term care insurance. I know you don't think about
12 that as a baby -- when you have babies but if
13 you're, you know, susceptible to this you want to
14 be able to get life insurance and long term care
15 insurance along the way.

16 The things that aren't improved is I
17 still have emphysema. I still have some fibrosis
18 or maybe no fibrosis depending on which liver
19 biopsy you believe, and it was the some fibrosis
20 that came before the no fibrosis which is kind of
21 odd. So that didn't -- I don't have -- there's no
22 treatment to improve that. So my treatment, if I

1 had one, it would be one time, as a baby and for
2 all of us that have liver and lung disease,
3 something that can cure that as well. And then
4 I'd be happy. But unfortunately I don't have a
5 magic wand but I think some people in this room
6 have a lot of influence in those areas and I hope
7 that this helps them decide to make some more
8 headway. That's all.

9 (Applause.)

10 MS. LIPSCOMB: Thank you, so much, Jean,
11 we appreciate it.

12 Karen?

13 MS. ERICKSON: Thank you very much for
14 the invite to be here. It's an important day for
15 our community and amazing that it's happening with
16 such a full house. So I am Karen Erickson, and I
17 am a daughter, and a sister, and an aunt, and a
18 niece. I love to hike. I'm a career professional
19 in biotechnology. I do dog rescue. I do not for
20 profit fundraising and awareness and 15 years ago
21 my identity changed to being an Alpha-1 patient.
22 And over that 15 years I progressed to the point

1 that I needed a lung transplant and did finally
2 receive that, but that progression and that path
3 took away everything I ever identified myself with
4 and I'm just now building that back.

5 The first thing that needs to happen in
6 any good treatment plan is getting diagnosed. My
7 diagnosis took a lot less time than many people in
8 this room but it was riddled with misdiagnosis and
9 they seemed to be very situational. I was a big
10 tri-athlete and when I went and presented with
11 breathlessness at an urgent care in my workout
12 clothes, it was exercise induced asthma. When I
13 went as a career professional to test for a device
14 that I needed to use with a very dangerous
15 substance, as I worked in Hemostasis and blood
16 clotting arena, I was tested for a respirator. I
17 failed miserably. I was told to come back two
18 weeks later. I failed miserably again and rather
19 than test me further they decided that the machine
20 was malfunctioning and sent that out for testing.
21 When I was in Vegas with some friends, and I may
22 be a bit of a goof but I'm fairly straight laced,

1 I presented in the hospital with breathlessness
2 and rather than run any vitals they proceeded to
3 question me on drug use and what I had done that
4 night that would cause that.

5 When I was diagnosed I was already at a
6 lung function of 38 percent. My doctor was a
7 wonderful man and put me on augmentation therapy
8 straightaway, but he also put me on augmentation
9 therapy when I was dosing at -- every month and so
10 after a year of that when I did my next test I was
11 already tested at 30 percent, and I had lost a lot
12 of function and was then put on weekly
13 augmentation therapy. Over the course of the last
14 -- the decade that followed I stayed as fit as I
15 could be. I was compliant, all my inhalers,
16 augmentation therapy, but when you would catch
17 something, I mean I worked in an organization with
18 10,000 people, you catch something you'd be
19 hospitalized and you'd get just a tick lower, and
20 just a tick lower, and just a tick lower, and when
21 I hit 20 percent lung function a decade later I
22 put myself on a transplant list. But I also put

1 myself on a higher dose of augmentation therapy
2 and amazingly at 20 percent I stayed there until
3 -- for three years. I did not budge, so that
4 dosing was important for me.

5 I think my most vital therapy came in
6 the form of community engagement and that
7 participation and support that I received from all
8 of you that are sitting here today and I don't
9 think that the understatement -- or that
10 engagement can be understated. I think it's
11 vital. I think we saw it in the numbers of the
12 hospitalization we have, that peer-to-peer contact
13 is working. I participated in as much research as
14 I could, but I was already very low when I came in
15 to this community and that's when I was at 30
16 percent, and I was disqualified from many trials.
17 I did what I could. I've had my biopsies, I've
18 filled out the surveys but again it was pretty
19 limited and so I decided that I could do the most
20 good by putting myself at the table. I wanted to
21 be part of the decision making. I wanted to be
22 part of the review.

1 (inaudible) I wanted to talk to
2 people about how they were
3 designing their trials and what we
4 needed as a patient community.

5 So that mandate that made my
6 participation in research seem passive was very
7 active to me. I had the experience that I had
8 from the research that I did participate in. I
9 had my background in biotechnology and most
10 importantly I'd found what was this family that I
11 couldn't possibly see progressing to 20 percent
12 and being on full time oxygen and losing their job
13 and their identity to this disease. So I did, on
14 behalf of the patients that are here today, and
15 on- line and aren't with us and aren't diagnosed,
16 and the so many that we've missed because they've
17 lost their battle with Alpha-1, I sat at that
18 table lending my voice to trial design and what a
19 patient would and would not do and should and
20 should not do was important to me and that was my
21 therapy.

22 We're not in a position to stop

1 effective therapy to be in a trial. And we're not
2 poised to compromise the other organ impacted by
3 this disease to be in a trial. You know, I was
4 willing and able to do the biopsies when they made
5 sense, but I'm not willing and able and I couldn't
6 ask anyone that I care so deeply about to do
7 bronchoscopies and liver biopsies in excess.
8 There's got to be a way around that in designing
9 trials.

10 For treatment opportunities I take the
11 perspective that the Alpha-1 community is prime
12 for both personalized and precision medicine. I
13 saw it with me. The interval didn't work, I
14 dropped my function. The dose didn't work, I
15 dropped my function. We need to find people
16 before their function falls, before their liver
17 disease raises and we need to make sure that we're
18 dosing them appropriately. And precision
19 medicine, we're sitting on potential biomarkers
20 that not only make some of these evasive measures
21 very difficult, but how easy would it be to know
22 where we're at in our augmentation therapy, what

1 we're using, where our liver disease is so that we
2 can treat at the moment. It doesn't -- we don't
3 sit with our levels the same at baseline when we
4 have exacerbations or maybe it's activity, we
5 don't know, but let's measure that. And most
6 importantly as well, it's not just the
7 non-invasive, but it's listening to the patient,
8 it's that patient reported outcome. Clinical and
9 diagnostic is important but your working with a
10 person who knows their body better than anyone
11 else who for the first time has had zero
12 hospitalizations, some out of fear but most out of
13 being very proactive and educated. That is
14 therapy.

15 So while I'm extremely grateful for the
16 therapies that I have, weekly infusions do limit
17 me. Their complexity and difficult to manage the
18 impact of Alpha-1's it was tough. Delivery of
19 these medicines could be more friendly, they could
20 take time in to account. I couldn't even shower
21 and get out of bed, rushing around trying to get
22 an infusion or take nurses who literally didn't

1 work for my energy level. I'd also be remiss if I
2 did not strongly discount the perception that
3 transplant -- the final option for both Alpha-1
4 and lung and liver disease is curative. It's not.
5 I am forever grateful to my wonderful donor and
6 their family. For the extra time that I've been
7 provided and the opportunities like this that it's
8 going to allow me. Time with my family, working
9 with this community is a blessing but a transplant
10 is not lasting, and it's not simple. It's life
11 encompassing to maintain and it certainly won't
12 prevent me traveling down that road of progressive
13 disease with Alpha-1, or rejection and losing my
14 identity again, and even more importantly there's
15 no transplant or current treatments that is going
16 to allow my family and my friends to be that. I
17 will again turn them into caregivers and that
18 saddens me and shouldn't happen and they will
19 eventually watch me pass from Alpha-1 but it won't
20 be before we put in a hell of a lot of effort to
21 find this cure for this disease.

22 So again, thank you for giving me this

1 opportunity today and let it be an open door.

2 Thank you, very much.

3 (Applause)

4 MS. LIPSCOMB: Thank you so much, Karen,
5 we appreciate it.

6 Ken?

7 MR. RICHMOND: Hi, good afternoon. My
8 name is Ken Richmond. I live in Arlington,
9 Virginia. I'd like to thank Karen, and Jean, and
10 all the other panel members who spoke earlier
11 today. I'd like to thank the FDA for the
12 opportunity to share my story here with you.

13 You know, I've been asked to speak on
14 Topic Number 2, which is perspectives on current
15 treatment, current approaches to treatment. My
16 Alpha-1 journey, you know, started at age 35 when
17 I was diagnosed by my primary care physician.
18 After about three years of chronic bronchitis and
19 trips to visit his office I finally threw the
20 lawyer card down and said if you don't test me I'm
21 going to have my lawyer call you. He called me
22 three weeks later and said I've got good news and

1 bad news. The bad news is, yes, you are Alpha-1
2 deficient, the good news is I'm leaving the
3 practice.

4 (Laughter) So I went to the next
5 thing I could do is some

6 Research and I found that the National
7 Institutes of Health was offering some help in
8 this matter and so I visited the NIH and got some
9 verification, found my serum levels. And I heard
10 the words that were probably the most important
11 set of words I could take at that time. I was
12 told that whenever possible to not give in to that
13 take it easy mentality that common advice for
14 diseased folks, folks with diseased lungs had
15 received for so long. Don't take it easy, push,
16 push, push.

17 You know, I can't say I've been
18 successful in that, because I haven't. I'm
19 imperfect, I'm flawed, but you know, I try and
20 over the years what I've noticed is that I've
21 heard from other speakers today and other folks
22 talking about depression and the effects of the

1 disease, the Alpha-1 deficiency causes and, you
2 know, it's hit me as well, and you know, I'm happy
3 to say that right now I'm out of that phase. I'm
4 here, I'm happy to be here, it's an honor.

5 My current treatment plan includes
6 weekly intravenous augmentation therapy, daily use
7 of long acting bronchodilators, inhaled and nasal
8 corticosteroids, nebulizer solutions, over the
9 counter products to relieve congestion in my
10 sinuses and my lungs, several times each year,
11 right around spring and fall, shocking, I have
12 prolonged exacerbations leading to antibiotics and
13 prednisone.

14 Another part of my treatment plan is
15 exercise. It's been inconsistent but I've been
16 doing pretty well this year. I walk briskly 25,
17 30 minutes a couple times a day, a couple times a
18 week, as well as doing weight bearing exercises
19 and through a combination of diet and exercise
20 this year I've lost 30 pounds so far and
21 (applause.) Thank you. And that helps my
22 reactive airway disease as well as reduce possible

1 other co-morbidities.

2 You know, it's really hard for me to
3 gauge myself on how my current treatments are
4 working. So I reached out and asked some family
5 members and some coworkers and some friends what
6 their vision, what they see me, what their
7 experience is and to a person they all said the
8 same thing that in the last six months I've had
9 fewer coughing episodes than previous. And you
10 know, in years prior my reactive airways just
11 seemed out of control. So I think whatever I'm
12 doing seems to be working, I don't know.

13 Regarding some disadvantages or
14 complications, you know, I've been infusing now 17
15 years and to say it's been disruptive to my work
16 schedule is just about the biggest understatement
17 possible. My infusion from beginning to end,
18 where I get in my car to drive there and get back
19 out of my car finished up is about three hours and
20 that's reduced as a result of purification of
21 product. That takes a pretty hefty time -- a
22 slice out of my day. I've been fortunate -- by

1 the way, shout out to the nurses at Kaiser, I love
2 you; they're on the webinar today. (Laughter)
3 You know, we had nurses come to -- open the doors
4 at 6:30 in the morning of their center so me and
5 two other Alpha's could infuse before our workdays
6 began and we did that for two years until the
7 administration said that wasn't going to be
8 possible. You know, but we do what we have to do
9 to get the treatment we need.

10 You know, another complication for me,
11 as I mentioned I've been taking corticosteroids
12 for some time and I have to take some fairly
13 drastic measures to rid myself of a nasty case of
14 thrush and it's really kind of awkward. So I'm
15 happy to share that (laughter.) So my ongoing
16 care plan, you know, I'm lucky in that since 1995
17 I've had several changes in my providers of care
18 and I've noticed that my initial pulmonologist who
19 was an older gentleman, love him, great guy, I
20 taught him a lot (laughter), he retired. And my
21 current pulmonologist, young guy, on the ball, by
22 the name of Dr. Win how you doing, good to see

1 you. He's on the webinar also.

2 He's on the ball. He's up to date with
3 research. He's willing to hear what I have to say
4 and provide me additional care as he sees. Things
5 like, Ken, if you lost 30 pounds you probably
6 would breathe better. You know, so I need that
7 kind of work. You know, he rotates my products to
8 help me not, you know, have them work most
9 effectively. Sometimes there's some reimbursement
10 issues, that's a problem but we always find a way
11 around. And you know, just in the last year, I
12 changed -- I have very reactive airways and so I
13 did change my asthma medication to a higher level
14 and I think that's made a big difference for me,
15 just, I don't cough as much.

16 I do cough so much that I did buy stock
17 in Ricola and if anybody would like some I bring
18 them with me (laughter.) You know, medication is
19 great and what we do on a daily basis keeps us at
20 stasis sometimes. But you know, for me, I started
21 at 98 percent I'm now down to 30 percent and I'm
22 no longer the athletic person I once was. You

1 know, I was a multi sport athlete, you know, I did
2 a lot of stuff and, you know, over the years I
3 stopped playing competitive tennis at age 40, I
4 stopped playing competitive baseball at 47. I
5 stopped walking hills with a pack going hunting at
6 52. You know, these are things that are part of
7 my identity, things that I won't get back. On the
8 other hand, golf is looking pretty good for me.
9 You know, other opportunities arise, you know, I
10 do see this as the one door closing but two more
11 opening up. And I'm optimistic that as long as I
12 engage myself in the process there'll be more for
13 me out there.

14 You know, as we heard from Ms. Garcia
15 from Miami and Marvin from South Carolina, you
16 know, one of the most difficult things for me to
17 handle is during times of intimacy. You know,
18 it's really hard to be in the moment when you're
19 wheezing. (Laughter) I just can't do it, you
20 know. Arrangements have to be made.

21 You know in this next section it asks
22 about what treatment has had the most positive

1 impact on my life and it's really not even -- it's
2 hands down for me. It's the participation
3 knowledge, participation and the knowledge that
4 I've gained as a result of my disease. You know,
5 when I first went to the NIH and I found more
6 about the disease I asked about solutions and I
7 was told, hey, we've got a clinical trial coming
8 up and so I said, I'm in. They handed me the
9 consent forms and they were three or four pages
10 long and I signed it without looking at it. Now,
11 I reread one of those recently, interesting
12 (laughter.) You know, super bugs kind of freaked
13 me out. I think I've had seven bronchoscopies. I
14 may exaggerate so it could only be five, but what
15 I've found is that for me that participation early
16 on in the clinical setting taught me about how to
17 live my life today. Not 20 years ago, but today.
18 I knew nothing then but I learned how to live as a
19 person with 30 percent lung function.

20 You know, I was introduced to the Alpha
21 family, you guys, you know, we're from different
22 places but we share this common thing and I see it

1 as hope. I see it that we're all coming together
2 to try and get this cure going on because, you
3 know, the band aid doesn't work. The band aid
4 just wears out and you know, I attended my first
5 national education conference in Framingham,
6 Massachusetts, and as many of those attendees who
7 remember, the flue that followed was a lot of fun,
8 but you know, over the hours we spent talking at
9 the bar, I'm not sure about Alpha's in bars, but
10 that's another thing.

11 You know, I really understand how the
12 disease works differently in areas of my life and
13 how I can manage them differently. Knowing that
14 there are people from all over, the early internet
15 web groups, you know, Paul Marks and Claude
16 Burrell, you know, I mean that was hope. When you
17 didn't have somebody you could reach out to and
18 talk to. You know, you could tick a tick, how you
19 doing, and those groups still exist in a different
20 form but we have such mass media today we're
21 available more than ever.

22 You know, my relationship with my

1 infusion nurses, you know, 17 years later, they're
2 like my dear friends. You know, I'm not so happy
3 when they stick me, but, you know, I know at the
4 end of the day it's all for my good and they want
5 nothing but my best interest.

6 You know, the question about the ideal
7 treatment plan and, you know, I don't know, I'm
8 not a visionary. But to me the possibility could
9 be real simple. If we could get a state of gene
10 therapy or gene modification, make that misfolding
11 thing stop, just let it flush through, maybe then
12 my lungs will get the needed (inaudible) ace
13 inhibitor, you know, maybe, you know. Maybe just
14 simple things like telehealth. Maybe I don't need
15 to go to my doctor, drive a half hour, be in his
16 sick waiting room. Maybe I can just Skype him and
17 say, doc, (coughing) gotcha. (Laughter.) You
18 know, I mean it doesn't have to be hard, there's a
19 lot of science involved in some of it but it
20 doesn't have to be hard.

21 Regarding clinical trials, my thoughts
22 have changed over the years. You know, I really

1 feel the value of coming off of infusion therapy
2 is really important for me today. In addition
3 duration of the trials, number and type of
4 procedures, you know, location, these are all
5 important factors and I do firmly believe clinical
6 trials are in my future again. I think the
7 foundation has done a great job with promoting
8 those and Alpha Net and our sponsors.

9 Again, I'd like to thank everybody for
10 the opportunity to be here. Thank you.

11 (Applause)

12 MS. LIPSCOMB: Thank you, so much, Ken.
13 Marcie?

14 MS. HEITZMAN: Hi, I'm Marcie, and I
15 would like to personally thank you for inviting me
16 to speak on my son's behalf. Just less than a
17 week after what would have been his 13th birthday.
18 I have a very different perspective than most, as
19 my son is not a success story for Alpha-1. Hunter
20 passed away six-and-a-half months after receiving
21 a liver transplant.

22 I would like to start from the beginning

1 of his little life so you can understand more why
2 a cure is so desperately needed. Hunter is our
3 fifth child and when he was born he had no
4 jaundice and was perfectly healthy. When he was
5 several weeks old I would question the color of
6 his eyes because the corners appeared yellow at
7 times.

8 I took him to the doctor on call and he
9 said that sometimes their livers take time to kick
10 in but that didn't make sense because up to that
11 point he was healthy. We saw his doctor the next
12 week and she was very concerned with the jaundice
13 and did blood work to check his liver functions.
14 They came back elevated and she sent us on to a
15 pediatric gastroenterologist. Hunter had a week
16 of intense testing and when the diagnosis of
17 Alpha-1 came back on December 12, 2002 we were in
18 shock as he told us there is no cure and that
19 transplant is the only option.

20 He went on to explain that only ten
21 percent of infants would be diagnosed and of those
22 only five percent will need a transplant. He also

1 said that they had no pamphlets for us on Alpha-1
2 but to research the internet. He felt that here
3 would be a cure in Hunter's lifetime but due to
4 his age he wanted him with a liver team. He gave
5 him vitamins and stressed the importance of
6 keeping him healthy so his liver doesn't work so
7 hard.

8 We met with a liver team the end of
9 January and were given hope. Dr. Carpin explained
10 in more detail what Alpha-1 is and by then we had
11 time to go do our own research. The Alpha-1
12 community reached out to us, embraced us, and they
13 were able to explain, and support, and help us
14 accept what Alpha-1 is.

15 We were extremely concerned with the
16 transplant but Dr. Carpin did more tests and
17 reassured us that he was doing good and to just
18 continue medication, have weekly check-ups with
19 our pediatrician. We were doing all they asked of
20 us but by late February things began to change.
21 Hunter's stomach was getting very large, but his
22 arms and legs were becoming tiny. Our doctor sent

1 us back to Dr. Carpin immediately as she said that
2 he was gaining weight due to fluid buildup in his
3 abdomen due to the liver beginning to fail.

4 We saw Dr. Carpin on March 5th and he
5 was very concerned, started him on a diuretic,
6 gave him more vitamins, changed his formula once
7 again in hopes that fluid would get better. He
8 sent us home with a new plan but then called us
9 each and every day to check on him. The next week
10 he admitted Hunter to Texas Children's Hospital to
11 start IV treatments in hopes to remove the fluid.
12 Hunter was listed for transplant on March 19,
13 2003.

14 On April 3rd Hunter received the
15 transplant. I'm sorry. We were so thankful for a
16 new beginning for our son but it was short lived.
17 The next day they took him in for another surgery
18 because his labs were not looking good. It turned
19 out there was a blood clot on the portal vein and
20 this had caused the transplanted liver to fail.
21 Hunter fought so hard the next few days and had to
22 get another surgery, his third in five days. They

1 received notice there was another liver but Hunter
2 didn't make it. On April 3rd -- or April 8, 2003
3 at 3:41 p.m. Hunter was in our arms as he slipped
4 peacefully away, as he lost his fight with
5 Alpha-1.

6 Hunter went through a lot in his short
7 six-and-a-half months. The hardest aspect of the
8 diagnosis was that there was literally nothing to
9 offer him. Our thoughts over and over were how
10 can we live in this day and not have some sort of
11 treatment to give. How can a transplant be the
12 only offer to fix this? How can it be that the
13 best hope is him to not get sick and stay on
14 vitamins?

15 How well did the treatments work? In
16 Hunter's case the treatments didn't work. He
17 continued to get sicker as his liver failed. By
18 the time he got to transplant he was on 13
19 medications twice a day.

20 What are the most significant
21 disadvantages or complications of current
22 treatment, and how do they affect daily life.

1 Personally I think the biggest disadvantage is
2 that there is no cure and very little treatment.

3 How did treatment change over time?

4 They used every treatment available at the time
5 and in a matter of weeks Hunter continued to get
6 worse. Nothing they tried worked for him.

7 What treatment had the most positive
8 impact on your life? The liver transplant had the
9 most impact. His jaundice was gone almost
10 immediately and for the first time in five months
11 my son's eyes were white again.

12 What would the ideal treatment look
13 like? Ultimately a cure or a treatment that will
14 help strengthen the body to prepare for
15 transplant. Participating in clinical trials. I
16 know without a doubt if Hunter was here he would
17 participate. I would hope that his life would be
18 helpful to making someone want to research and
19 bring a cure to this.

20 In closing I would like to say that I
21 have four surviving children who are all MC's and
22 I do get their liver functions checked early. I

1 feel that early intervention and education is what
2 is needed most. We try to stay healthy and do all
3 the right things as Hunter's short life taught us
4 so much. We reached out to doctors immediately.
5 We did all the things the doctors asked. We
6 received the best medical care for our son, but in
7 the end he lost his battle. We had no firsts with
8 him, no crawling, no walking, no birthdays,
9 because of Alpha-1. My hope is that if there is
10 even the slightest chance that a cure can be found
11 that you take every advantage and do so. I know
12 Hunter was an extreme case and the doctors will
13 never understand why it affected him so quickly
14 and so hard, but their research and dedication,
15 treatment, and a cure will give so many others a
16 chance at life that my son never got.

17 Thank you for your time and I hope my
18 son's story will help you understand the desperate
19 need for a cure for Alpha-1 liver disease.

20 (Applause)

21 MS. LIPSCOMB: Marcie, thank you, so
22 much.

1 (Applause) Fred?

2 MR. WALSH: My name is Fred Walsh. I
3 was diagnosed years ago and at that point I had
4 two children, two small children, trying to chase
5 them around and having more and more difficulty
6 doing so. And life changed almost immediately as
7 this condition -- it is a gradual thing, a long
8 term condition that you go through many changes
9 along the way, which demands different and varying
10 methods of treatment.

11 One thing that I hear a lot about, and I
12 was just going to hit on, was the costs. The
13 costs involved with the diagnosis of Alpha-1. The
14 costs financially, the cost of expectations having
15 to be modified, I never fully realized the cost of
16 one's quality of life and changes that have to be
17 made in order to adapt. And the cost of a
18 shortened life, of a life never fully realized.
19 So looking at each one of those, financially we
20 know there's heavy costs with being diagnosed with
21 Alpha-1.

22 The therapy is increased 300 percent in

1 20 years, inhalers, as you all know an inhaler can
2 be a \$30 co-pay, or it can be a \$90 co-pay, or a
3 \$120 co-pay depending upon what tier you're on.
4 If a drug is in a particular -- is on that plans
5 formulary, if its brand name, and the on thing
6 that irks me the most about all these, one drug in
7 particular, the rescue inhaler, you have a rescue
8 inhaler that's just brand name. I can't believe
9 there's not a -- that they wouldn't force, that
10 there isn't a generic available because it's the
11 one medicine we all benefit from. Every one of
12 us, they call it a rescue inhaler, and yet we're
13 paying \$30 for a co-pay for it. I find it's -- it
14 really makes -- I'm embarrassed that we don't have
15 a generic rescue inhaler out there. So the cost
16 of all the medications that are involved in being
17 Alpha-1.

18 Other ones, pulmonary rehab. I mean,
19 everybody knows pulmonary rehab is absolutely a
20 necessity to keep ones health in check. It's as
21 important as anything, exercise, and you get a
22 pulmonary rehab program for five, six, eight weeks

1 and it's gone and unless you can afford the
2 maintenance program, which some many people pay up
3 to \$100 a month for a maintenance program at a
4 hospital, or choose to go to Planet Fitness at \$10
5 a month. But you know you're walking into a lot
6 of other people. So a lot of people shy away from
7 that.

8 Another cost that is associated with
9 therapy and treatment would be nutrition and, you
10 know, you get those gain weight drinks and they're
11 extremely expensive and there's nothing that's
12 prescribed that you'd maybe just have a co-pay
13 for. So those are some of the financial costs.

14 But there's other costs along with that
15 and that would be one thing I think is just the
16 expectations, you know, you're a young family,
17 you've got a kid, six year old, and all the
18 sudden, bang, everything that was -- but all the
19 sudden you find your world is turned upside down.
20 And everything from savings, what you're doing in
21 your future, everything has to be revamped because
22 you have a sick child with liver disease or you're

1 40 years old, and you find yourself diagnosed with
2 Alpha-1 and know that you can't go back to the
3 work that you were doing and having choices to
4 make, change of vocation, what do you do? It's
5 very difficult and the spouse or the mate, or the
6 -- what's the word?

7 MS. ERICKSON: Partner.

8 MR. WALSH: Partner, thank you.

9 Partner, all the sudden has to take the slack out
10 and it can be a very difficult strain on the
11 relationship and the marriage and the kids are all
12 along and they're saying it too. I mean it's the
13 family dynamics are affected by that.

14 So what do we need? We need a cure, and
15 we need a cure that gives -- gives us a future to
16 look forward to and the cure is going to be in the
17 liver, you know, some type of liver something or
18 other is going to give us a better chance. Maybe
19 not for us, but for our children. So we've got to
20 stay motivated. We've got a good leader, pit bull
21 John Walsh and we got one coming up who is
22 snarling a little bit in Henry Moehring so

1 (laughter) so we got to just keep our faces up and
2 alive with the guys to our right.

3 So thank you. (Applause)

4 MS. LIPSCOMB: Thank you, Fred. Jesse?

5 MR. YOUNG: Hi, everybody, my name is
6 Jesse Young; I'm from San Diego, California. I
7 was diagnosed with Alpha-1 when I was eight weeks
8 old. I'm a ZZ. I was born jaundiced, my
9 bilirubin numbers were abnormal. So they did some
10 more tests and came back with Alpha-1. I had a
11 liver transplant at USC Medical Center in Los
12 Angeles in 2011. That's what I've done to treat
13 my Alpha-1. I was 25 years old at the time.
14 Currently I get lab work every three months to
15 check my liver function. I also meet with my
16 hepatologist and transplant team twice a year to
17 monitor my health and discuss any issues. On a
18 rare occasion I'll have to get an ultrasound to
19 make sure everything is working all right and I've
20 had to do a few pulmonary function tests, which
21 have been good so far.

22 So far the treatment with the transplant

1 has been very well; it's working for me very well.
2 I'm currently four years post transplant and I've
3 had no major complications. I had to go in for an
4 infection one time and that was it. Pre and post
5 transplant for me were like night and day. The
6 difference it really is just -- my color, I was so
7 yellow before the transplant. I wasn't the same
8 person. And then after transplant it was like a
9 switch went off. I could do all the things I
10 wanted to do. I could mountain bike and play
11 softball and hike and it really is just amazing.

12 Some of the treatment disadvantages that
13 affect my daily life are that now I'm
14 immunocompromised because of the transplant so I
15 have to take the anti-rejection pills.

16 Remembering those can be a pain some times, every
17 12 hours, but a small price to pay. It's also
18 difficult when I have a little toddler running
19 around and he touches every germy thing in the
20 world so I have to catch whatever he's running
21 around with.

22 Before the transplant I was a veterinary

1 technician and I can no longer do that because of
2 the high risk to infection. So when I go back to
3 work I'll have to find something new. Luckily
4 I've been able to be a stay at home dad for the
5 last three years so that's worked out for me.

6 Some of the ways my treatment has
7 changed over the years, since I was diagnosed so
8 young when I was an infant I was on a special
9 formula called Portagen that would often make me
10 projectile vomit and so that was not fun for
11 anybody around me. As a child I was on ursodiol
12 for a short time but they determined that they
13 couldn't tell whether that was helping or not
14 doing anything at all. So we decided to
15 discontinue that and then when I was 16 through 24
16 years old I required no medication. I leveled out
17 since I was an infant from my childhood to my teen
18 years and I was doing great.

19 And then when I turned 24 everything
20 just went downhill. My liver decided it was not
21 working with me anymore. I then needed various
22 medications to management the complications of

1 liver failure. I was on diuretics the ascites; at
2 one point I believe they tapped ten liters of
3 fluid out of my left lung. So not breathing is
4 not fun, I know this room knows that. I had
5 insomnia very bad, cramping, I was on a low sodium
6 diet, and it just completely changed my
7 personality until I received the transplant when I
8 was 25 years old. Excuse me, some of the negative
9 aspects of my treatment, the anti-rejection
10 medication they can be really hard on your kidneys
11 so I could be looking at a kidney transplant
12 eventually and they can also -- they put me at a
13 higher risk for diabetes and skin cancer.

14 The treatment that has most affected --
15 the most positive impact on my life was, without a
16 doubt, having the liver transplant. I had a live
17 donor transplant when I was 25. My girlfriend at
18 the time was my donor. So without her I would not
19 be here today, shout out to my wife now. The day
20 after I got out of the hospital I took her out for
21 our belated anniversary and I proposed. I decided
22 I really couldn't live without her (laughter.)

1 Since then we've gotten married and we have a --
2 he's almost three now, a little boy and we have a
3 daughter on the way, next month, soon. And so I
4 have that going for me, which is amazing.

5 If I could create my own treatment, I
6 honestly don't know what it would be but I know
7 that transplant can't be the only thing. It's
8 just cutting it too close; you're at the end of
9 the rope when you get to that point, so I'm not
10 sure. Alpha-1 has just affected my life from day
11 one. It sent me on a different path at different
12 times. I couldn't join the military when I turned
13 18. I couldn't follow in my father's footsteps.
14 Knowing that it could eventually affect my
15 children's children is really hard. I don't -- so
16 I also just want to thank my parents. I can't
17 imagine how they deal with stuff being the parent
18 of an Alpha. To all the parents.

19 Thank you. (Applause)

20 MS. LIPSCOMB: Thank you so much for
21 sharing. I think all of our panelists did a great
22 job. Let's thank them again. (Applause) Now not

1 surprisingly we're running a little bit behind but
2 before we get to asking questions we are going to
3 have a presentation from -- of the Alpha-1
4 Foundation survey data that matches this and we're
5 going to invite Gordon Cadwgan to come forward.
6 Was it close?

7 MR. CADWGAN: That's very close.

8 MS. LIPSCOMB: (Laughter) Well, thank
9 you.

10 MR. CADWGAN: Everyone in the Alpha
11 community knows to pronounce it Cadwgan.

12 MS. LIPSCOMB: Cadwgan.

13 MR. CADWGAN: All right.

14 MS. LIPSCOMB: Well, here he is.

15 (Applause)

16 MR. CADWGAN: Well, thank you. Thank
17 you for the invitation to come to the FDA and
18 thank you to our afternoon panel. I think it was
19 an outstanding panel and it certainly is a
20 wonderful presentation as this morning.

21 So I'm going to talk a little bit more
22 about the Alpha-1 survey or I should say, yes,

1 what is my position. I'm Gordon Cadwgan,
2 diagnosed with Alpha-1 in 1992 and have been
3 working diligently for the last eight or nine
4 years to forward our mission at the foundation.
5 I'm now chairman of the board of the Alpha-1
6 Foundation.

7 So the results I'm going to talk about
8 we were asked to look at our current treatments,
9 lung affected and rate them from extremely
10 dissatisfied to extremely satisfied with
11 categories in between. Five categories top to
12 bottom. So I isolated the data for percentage of
13 a respondents who are either satisfied or
14 extremely satisfied with each of the areas I'm
15 going to mention.

16 IV therapy, now remember we had 1300,
17 plus, individuals, responding to this. IV
18 therapy, 75 percent of the individuals on IV
19 therapy said that they were satisfied or extremely
20 satisfied with their IV therapy. I might point
21 out that that IV therapy began approximately in
22 1990 and we owe the FDA a great debt for, in my

1 opinion, going out on a limb and approving a new
2 therapy which had not been used or tried ever
3 before and the only condition was that they follow
4 Alpha's, as many of you know, a thousand Alpha's
5 for five years, and report on those results. So
6 kudos to the FDA for doing that. (Applause)

7 Oxygen use, only about half of us, 54
8 percent are happy, are satisfied or extremely
9 satisfied with our oxygen therapy. Inhaled
10 therapies, approximately the same, 60 percent say
11 they are satisfied or extremely satisfied. Oral
12 steroids, as you can expect, as we all know that's
13 an double edged sword, 40 percent are satisfied or
14 extremely satisfied. Prophylactic antibiotics, I
15 was surprised at the number of respondents saying
16 they are -- 20 percent said they are satisfied or
17 extremely satisfied using prophylactic
18 antibiotics.

19 Positive comments from our responders
20 about IV therapy. I have less infections. My
21 lung function is either stabilized or only
22 declining slowly. My home infusions work very

1 well and many credited IV augmentation therapy
2 with saving their lives and allowing them to be as
3 healthy as they possibly thought they could be.

4 Now obviously there are also some things
5 that aren't good about IV therapy. It's
6 inconvenient. I have to do it too frequently.
7 Where it is administered, if that's a clinic or a
8 hospital. The cost and access to that therapy.

9 And finally, the efficacy. In other
10 words, many of us still experience a decline in
11 lung function in spite of being on the therapy.
12 People say I hate needles. I hate that every week
13 treatment, it's too long travel time to the clinic
14 or the hospital. I worry about catching something
15 at the clinic or the hospital. I used to be able
16 to do my infusions at home, my insurance changed
17 and now I have to go to the hospital.

18 So here are a couple of other quotes.
19 Augmentation therapy saved my life. No
20 hospitalization since I've been on augmentation.
21 I can honestly say that the difference from having
22 no augmentation therapy to having augmentation

1 therapy is monumental. Before therapy I knew I
2 wasn't going to be long on this earth, granted, it
3 took a bit of time, but my quality of life had
4 improved tremendously. I have a life again. It
5 gives us a fighting chance.

6 Oxygen use. Obviously it helps those of
7 us who are oxygen therapy. It helps us with our
8 day-to-day activities. Exercise, and just
9 breathing and breathing normally.

10 The negatives. The heavy tanks or a
11 concentrate are hard to pull around. It's
12 embarrassing sometimes. People stare at me. It
13 tends to dry my sinuses out and cause sinus
14 problems. I have to plan my trips carefully to
15 make sure I have enough medical and supplies to
16 take care of my oxygen needs.

17 Inhaled therapies. The positive, of
18 course, is that many individuals feel that they
19 work very well for them. Short lived, the
20 negatives might be that they're short lived; they
21 don't seem to help the side effects of not being
22 able to breathe. It's only temporary relief, no

1 perceived improvement in my breathing ability when
2 I use them and, of course, you can't tell if long
3 term inhalers, excuse me, are doing any good and
4 of course the one person mentioned thrush and if
5 you've ever had a thrush infection you know how
6 debilitating and painful that can be.

7 For liver affected, current treatments,
8 very few treatment options for liver affected
9 Alphas. Few people reported even using any of the
10 available treatments. But those that did use
11 treatment said that they were satisfied with those
12 treatments because it was all that was available.
13 Liver transplant, 22 percent who have had liver
14 transplant were very happy with that transplant.

15 Ursodiol, use of ursodiol, 13 percent
16 were satisfied or extremely satisfied.

17 Paracentesis, 13 percent said they were satisfied
18 or extremely satisfied. One liver transplant said
19 the last place any Alpha should be to get any
20 treatment is in a facility where there are a lot
21 of sick people.

22 (Applause) Non-clinical therapies.

1 Thank you. Non-clinical
2 Therapies. I was amazed at some of the
3 things that people identified. Non-clinical
4 therapies, people said their Alpha-1 support group
5 was the best therapy, 64 percent said that that
6 was the best therapy they had after their medical
7 therapies.

8 Next was peer guidance. So just talking
9 amongst ourselves means a great deal to everyone.
10 Lots of people reported having mental health
11 treatment for obviously depression and other
12 issues. I would hazard a guess that most of us
13 have had this problem. It's no different than
14 dealing when you're first diagnosed. It's no
15 different than dealing with a death in the family.
16 You have to go through the stages. You've got a
17 lot to learn, you've got a lot to deal with,
18 you've got a lot of reorganizing of your life to
19 do, and that causes tremendous stress and anxiety.
20 If you have a significant other, a great caregiver
21 like many of us do you've got half the battle won.
22 Biggest challenges I had mentioned with

1 current treatments, the inconvenience, the cost.
2 We want a more efficacious treatment.

3 What would be the idea treatment?
4 Percentage of respondents who chose each of the
5 areas below. Less expensive, 70 percent said that
6 was top. Oral, nasal or sub cute administration,
7 70 percent chose that. Longer lasting, 55
8 percent. Gene therapy, 50 percent, and home
9 infusion treatment 40 percent.

10 A quote, I'm worried sick about being
11 able to afford my medications. Depending on my
12 insurance we would have to come up with \$3100 out
13 of pocket per year. That is almost \$300 per month
14 extra. So we had to decide, what do we cut back
15 on? Food, clothes? It worries me sick. I cannot
16 share this with anyone.

17 So obviously it would be wonder to have
18 -- I love seeing the pills up on the slide this
19 morning, it would be wonderful to have a pill but
20 that is highly unlikely that that's going to work
21 for Alpha-1. Gene therapy is a great possibility
22 that is coming forward.

1 Thank you, very much. (Applause)

2 MS. LIPSCOMB: Okay. Thank you so very
3 much. I was remiss, we skipped one of our new FDA
4 panelists, and I want to give him an opportunity
5 to introduce himself before we start.

6 MR. CHAZIN: Hi, it's Howard Chazin.
7 I'm deputy director, division of hematology,
8 clinical review in the Office of Blood Research
9 and Review in CDER. Thank you.

10 MS. LIPSCOMB: Thank you so much. Just
11 by a show of hands, how many have heard your own
12 experience with treatments be it in costs or how
13 it's affected you in one of the stories.

14 (Pause) That's a good number. I
15 think it's about 100 percent.

16 (Laughter) We're going to go ahead
17 and begin a few more polling
18 questions and get back to the
19 discussion.

20 Chris, can you go to the next one? In
21 the past year what therapies have you or your
22 loved one use to manage anything with your lung

1 symptoms? There's -- use of inhalers, oral
2 antibiotics, antibiotics given by injection, oral
3 steroids like prednisone, steroids -- other
4 steroids or by injection. So you guys can read,
5 I'll let you continue looking at that. If you are
6 on the web and you haven't gotten -- you should
7 have a polling question come up and when you hit
8 it you might not notice right away that it's
9 taken, but it has. If you're writing a comment,
10 just a reminder to hit the enter button when
11 you've done writing the comment so it will take
12 for us.

13 All right. So we'll -- I won't close
14 the web one right yet, but let's go ahead and
15 close the on-line.

16 (Laughter) Well, there are --
17 everything but no treatments it
18 appears. Use of inhalers and oral
19 antibiotics and oral steroids seem
20 to be prevalent. Can we close out
21 the one on the web now and see what
22 we have?

1 AUDIENCE VOICE: Use of inhalers was 84
2 percent, oral antibiotics 78 percent, oral
3 steroids 68 percent, respiratory treatments given
4 by a nebulizer at home 59 percent, those were the
5 most frequent.

6 MS. LIPSCOMB: Okay. Great, thank you.
7 So let's follow up on these. About seven percent
8 have other therapies not listed, does anyone pick
9 up that would like to talk about that?

10 MS. HELLER: Hi, my name is Laura Heller
11 and I had a wonderful doctor in California a
12 year-and-a-half ago give me sodium chloride seven
13 percent for nebulization and I mix that with my
14 albuterol and it helps being everything up without
15 all the fighting.

16 MS. LIPSCOMB: Okay. Thank you. Any
17 other?

18 AUDIENCE VOICE: I've just recently been
19 having great success with a really old drug,
20 theophylline, which is a pill form of like
21 albuterol and it's really helped me out a lot in
22 that I'm not sitting five different times during

1 the day with a nebulizer, it allows me to live
2 life a little bit easier.

3 MS. LIPSCOMB: Thank you, so much.
4 Well, the rest of you what's been the most
5 effective treatment that you've had? Anyone want
6 to talk about that? What they've seen is most
7 effective?

8 MS. WARREN-HENDERSON: Donna, do you
9 want to do her? She had her hand up for the last
10 question as well.

11 MS. LIPSCOMB: All right.

12 AUDIENCE VOICE: One of the things
13 that's been most helpful to me in recent years is
14 regular massage. I have a therapist who comes
15 every week, (inaudible) my back and feel if
16 there's any congestion in my lungs and gets me
17 working again. Now, it's an expensive hobby or
18 treatment, or habit I guess really, it has done
19 wonders for me. I will be 77 years old, my Alpha-
20 Therapy has worked beautify, my FEV1 is
21 not much lower than it was 30 years ago. So I've
22 been very blessed and I've done lots of holistic

1 things to maintain my health and the best one is
2 regular massage.

3 MS. LIPSCOMB: Good, thank you.

4 (Applause) We're going to try to give everybody a
5 chance to speak but.

6 MR. CORRON: Thank you. My name is Tom
7 Corron from Indiana. I would have to agree with
8 whoever brought up the pulmonary rehab the first
9 time. My quality of life improved so much between
10 the before and after of that and I also want to
11 highlight the support groups as well, and then
12 also the coaching from the -- the health
13 management coaching that's given by my Alpha Net
14 coordinators over the years. So those three
15 things.

16 MS. LIPSCOMB: Thank you. All right.

17 MR. STOKEL: It's me again. (Laughter)
18 I would say when I -- prior to the transplant I
19 would say it was inhalers but I have some serious
20 issues with them. Number one, there are still
21 inhalers that don't have counters on them. I
22 mean, how the hell am I supposed to tell -- if it

1 says I have 200 inhalations, am I going to sit
2 there and tick each one off in my diary every
3 single day? No.

4 AUDIENCE VOICE: (Inaudible)

5 MR. STOKEL: Or you can try magic marker
6 on the side and I know all that kind of stuff but
7 you want something that's accurate, clear, you can
8 take a look at it. Most of us have failing
9 eyesight due to the steroids; we develop all kinds
10 of cataracts. You know, it's not an easy life,
11 quite frankly. Now, with inhalers if you can put
12 a counter on every single inhaler that would make
13 life so much easier.

14 Secondarily, if you could also push the
15 manufacturers on the covers to the inhalers, the
16 covers to the mouthpieces, if they could make
17 those out of the plastics that are antimicrobial
18 because one of the worst things about having an
19 inhaler, you're going through the airport check-in
20 or here, and they say put your inhaler in this
21 little box. You look in that little box, it's got
22 stuff growing in it and you want me to use that as

1 a rescue inhaler and I've already got Aspergillus,
2 MAC and God knows what else growing in my lungs.
3 Just a little thought.

4 MS. LIPSCOMB: Thank you. He clearly
5 was reading my paper which said what are the
6 disadvantages of some of the treatments. So thank
7 you for having, you know, (laughter) a little ESP.

8 MR. YOUNG: I'm D.C. Young from Utah.
9 I'd like to follow up a little bit on Tom Corron's
10 comment. I can't help but follow Tom Corron.
11 Pulmonary rehab, I have a lung function that's
12 surprisingly above 50 percent and has remained
13 there for 13 years now thanks to augmentation.
14 And my doctor says someday you're going to get
15 pulmonary rehab and I say, well, what does
16 pulmonary rehab do and they say, well, it helps
17 you preserve lung function. Well, I want to
18 preserve lung function now, why do I have to get
19 sicker before I can have pulmonary rehab
20 (laughter?) I've never understood that but my
21 insurance won't pay for it. The doctors say, no,
22 I can't prescribe it because your insurance won't

1 cover it.

2 MS. LIPSCOMB: Thank you.

3 MS. CHAKRAVORTY: Bonnie Chakravorty
4 from Nashville, again. I'm just going to talk
5 about pharmacological treatments for exacerbation.
6 I find that prednisone has been very helpful. The
7 problem is the side effects are not very pleasant.
8 I bounce off the walls anyway. So it contributes
9 to that, but when I do have to take them over a
10 long period, I have developed osteoporosis over
11 time and osteoporosis can disqualify one for a
12 transplant. And it's a choice of would I want to
13 continue with high dose prednisone. I have had my
14 prednisone decreased but it is very helpful. But
15 I have found it helpful in exacerbations.

16 MS. LIPSCOMB: Thank you.

17 MR. LIBBY: Good afternoon, my name is
18 Bill Libby from San Diego and my son has recently
19 become a chiropractor and it was while I was -- he
20 was in school while I was diagnosed and so he was
21 focusing on the lungs during his time in school
22 and I find that he had found adjustments that

1 relieve the pressure on my lungs and I am able to
2 breath after adjustment. So chiropractic.

3 MS. LIPSCOMB: Thank you. Is there --
4 what's the web? Is there anything from the web
5 that --

6 MR. PIERCE: We have quite a few
7 comments. Actually one was -- one individual said
8 that they were unable to take one brand of
9 augmentation therapy because of an allergy to a
10 preservative, there was also concern raised, as
11 was mentioned here, about osteoporosis from
12 steroid use and a request for needing better
13 drugs. There were comments regarding not being
14 able to afford augmentation therapy. One person
15 indicated that their annual -- or their expenses
16 for this condition in their family went to over a
17 million dollars and they had just lost coverage
18 for their pulmonary rehabilitation. There were
19 several people who are interested in the promise
20 of gene therapy and also people wondering about
21 using stem cell therapy and correcting the defect
22 in stem cells. There was interest to know whether

1 gene therapy clinical trials had begun. So those
2 were some of the web comments.

3 MS. LIPSCOMB: Great. Thank you. Well,
4 I want to focus now, one of the things we heard
5 was on transplantation. So we want to focus a
6 little on that and we're going to ask you two
7 questions before we come back and kick it back
8 out. But I also want to ask the operator to open
9 the phone line; we'll take a question from the
10 phone on this.

11 So Chris, could you go to question 11?
12 Thank you. Have you or your loved one undergone
13 lung transplantation for emphysema because of
14 Alpha-1.

15 Ah. Now let's try this again. Now, go.
16 Sorry, if you click forward too fast which is a
17 mistake -- thank you -- All right, let's see what
18 we have there, Chris. So 18 percent have. What
19 about on the Web.

20 MR. DURMOWICZ: For lung transplant the
21 Web is about percent.

22 MS. LIPSCOMB: Ten percent okay; 18 and

1 10. Let's go to question 12. We have undergone
2 liver transplant. All right, Chris go ahead, and
3 let's see these. Oh, 6 percent. How about on the
4 Web? They stopped the voting?

5 MR. DURMOWICZ: The liver has about 6
6 percent.

7 MS. LIPSCOMB: About 6 percent, too?

8 MR. DURMOWICZ: Yes, the same.

9 MS. LIPSCOMB: So we have about the same
10 on both. For anyone who has had impact, has had a
11 transplant, what's been the impact of that
12 transplant?

13 MS. GOULD: Actually on lung transplant.
14 My name is Cathy Gould. I had a lung transplant
15 four years ago, and my life has totally changed.
16 I am doing everything I can, ever I dreamed of.
17 I'm 72 years old, and I'm doing things I couldn't
18 do at 50. I enjoy life, my PFTs are 140 percent,
19 but I want to tell you that it's so important, is
20 exercise. I had, like, 8 percent lung function
21 before I got my lung transplant, and I was on a
22 treadmill, and I can't say I was actually walking,

1 but I was moving on it.

2 I was lifting weights, I still exercise
3 as much as I could with hardly any ability to
4 breathe at all, and even now I go 5 days a week
5 for two hours a day. Thank you very much.

6 (Applause)

7 MS. LIPSCOMB: I'm a little ashamed
8 here.

9 MR. PRICE: My name is Chuck Price, I
10 had a lung transplant 2013, April 28, 2013, and
11 like the lady said, it's just night and day, going
12 from oxygen. I was at 9 percent lung function,
13 and again, she's right, exercise is -- you know,
14 pre and post is the only way to go. I wasn't
15 diagnosed -- I'm 46, I wasn't diagnosed till I was
16 41, and by then my lungs were destroyed so they
17 just kind of led me through till they could get me
18 on a list.

19 I went to UVA. I actually got the call
20 on my grandfather's 100th birthday, for my
21 transplant, but yes, night and day. I didn't have
22 any augmentation therapy prior to the transplant,

1 and actually on none now, and doing pretty well.
2 The same thing, lung function well above 100
3 percent, and this -- I grew up with a training
4 background, prior to becoming sick with Alpha-1,
5 and I was a power lifter, worked in the iron
6 industry and was a lot heavier than I am now.
7 But, yeah, like I said, I cannot think of another
8 way, I don't know what the augmentation was like,
9 so I don't have anything to compare it to other
10 than the steroids and corticosteroid and stuff.

11 MS. LIPSCOMB: Thank you. Jennifer?

12 MR. QUILL: Hi. Donovan Quill from St.
13 Louis, Missouri. The impact of getting a
14 transplant, I think you ought to look back through
15 the journey to get to that point, and obviously
16 transplant comes when it's kind of the end, you
17 have no other choice. But the impact that we had
18 as kids growing up and watching our hero, our
19 superman go to basically nothing, lying on a couch
20 with oxygen on 24 hours a day was very tough.

21 And getting to that point and watching,
22 you know, dad go through that was one of the

1 hardest things to get through. Now, he's superman
2 again, and he has that with his grandkids and, you
3 know, running around with them last week, so I'm
4 glad that we have transplantation, but the impact
5 of getting to that point is tough on kids and
6 tough on the family. So, you know, my mom was a
7 rock through the whole thing. So, thanks.

8 MS. LIPSCOMB: Thank you. Do we have
9 anybody on the --

10 AUDIENCE VOICE: I have one more in the
11 back.

12 MS. LIPSCOMB: Well, I'm going to find
13 out if we have anybody on the phone. Do we have
14 anyone on the phone?

15 AUDIENCE VOICE: Yes. We do have a
16 comment from Nora.

17 AUDIENCE VOICE: Yes. My name is Nora,
18 and I'm calling from Iowa City. Can you hear me?

19 MS. LIPSCOMB: We can. Thank you.

20 AUDIENCE VOICE: Okay. I opt to attend
21 but I am tired up from a previous travel, so I
22 couldn't come. I was diagnosed at age 64, and the

1 day I found out I have Alpha-1, I had never heard
2 of it, ever. And I work in an academic medical
3 center for 20 years, and yet I had never heard of
4 it.

5 So, I'm a ZZ Alpha, I'm doing pretty
6 well. I've had augmentation therapy, I'm liver --
7 excuse me -- lung affected, and both my parents
8 died fairly early from application during the fact
9 that it's a liver heterozygous. They both had
10 one allele, they were MZ Alphas; they smoked, my
11 dad drank, and it helped them.

12 I would like the FDA, or another Federal
13 Agency, to make a public awareness and public
14 education campaign to all kinds of media, because
15 the Alpha Foundation cannot do it all, we
16 individuals Alphas cannot do it all. We need to
17 really go public on this. It's not a hidden
18 disease, it shouldn't be a hidden disease. It's
19 not even rare. If you consider the heterozygous
20 folks, about 1 in 25 Americans has either
21 homozygous or heterozygous Alpha-1. That's what I
22 have to say.

1 MS. LIPSCOMB: Well, thank you for that.

2 MS. MONZO: Hello. My name is Natalie
3 Monzo, I'm here on behalf of my daughter's father,
4 who passed away from a lung transplant a month ago
5 today. So transplant doesn't always go as easy as
6 it's supposed to, he had the double transplant in
7 February, he was diagnosed in 1999 with Alpha-1,
8 and it's been very, very difficult. So what
9 transplant has done for my daughters is it's taken
10 from their father from them.

11 MS. LIPSCOMB: Thank you. I know
12 there's a lot more to say, however we have more to
13 get through and time is ticking away. So, please,
14 this is one of those prime areas where I encourage
15 you to go to the docket and additional comments.
16 So please don't think I'm meaning to cut this
17 conversation short, I wish we had all evening to
18 do this. Can we go to the next question? We are
19 going to now focus on augmentation therapy. "Are
20 you or your loved one currently receiving
21 augmentation therapy?" Okay, let Chris -- Wow.
22 That's overwhelming. What's the result from the

1 Web?

2 MR. DURMOWICZ: Went to about 85
3 percent, 86 percent.

4 MS. LIPSCOMB: Okay. So, very similar.
5 The next question? "If you or your loved one are
6 being treated with augmentation therapy what is
7 the current frequency of your treatment regime?
8 So, only treated at the time of -- needed; regular
9 treatment every week, regular treatment every two
10 weeks, every four weeks or less often." Okay,
11 Chris, let's see. Oh! Overwhelming majority:
12 regular treatment every week. What about on the
13 Web?

14 MR. DURMOWICZ: It's very close, about
15 88 percent.

16 MS. LIPSCOMB: Okay, great. Thank you.
17 And question 15, "If you know your dose, do you
18 receive a dose higher than 60?" If you guys know
19 what that means; "Yes, no, I don't know my dose."
20 And we'll give you just one more second. Yes,
21 Chris. Okay, so 31 percent does have a higher
22 dose, and 60 percent do not, and 9 percent aren't

1 sure of their dose. What about on the Web?

2 MR. DURMOWICZ: Again, it's very
3 similar. It's just about 38 percent that have a
4 higher dose, and about 12 percent don't know their
5 dose.

6 MS. LIPSCOMB: What's the next question,
7 Chris? "Which of the following best describes how
8 you or your loved ones feel about your current
9 treatment regime? You are satisfied with your
10 current treatment and do not want to change it?
11 You are satisfied but are willing to consider new
12 options? Or C, you are not satisfied?" Okay,
13 Chris, can we see what the results are?

14 Okay. So, I think the majority in this
15 poll are satisfied but are willing to consider new
16 treatment options. What about online?

17 MR. DURMOWICZ: Again, it's very
18 similar.

19 MS. LIPSCOMB: Thank you. So, I guess
20 it --

21 MR. MATTISON: My question is a bit
22 deceiving, can you split that out for being long,

1 for the results of (inaudible) --

2 MS. LIPSCOMB: Okay, let's talk about
3 that. So for those of you who are doing treatment
4 for long, is that what you think the most of it's
5 the 76 percent?

6 AUDIENCE VOICE: Yes, it is.

7 MS. LIPSCOMB: Okay. So then let's talk
8 --

9 AUDIENCE VOICE: And that's the liver
10 patients since they (crosstalk).

11 MS. LIPSCOMB: And we are going to ask
12 that question. For liver patients, what would you
13 say? Okay, so for those of you who are satisfied,
14 what's your biggest reason why you are satisfied?
15 And we'll kind of parse this out, and you can
16 stand up and say what your issue is.

17 MR. MATTISON: If I can (inaudible).

18 MS. LIPSCOMB: Sorry?

19 MR. MATTISON: We would like -- consider
20 new options.

21 MS. LIPSCOMB: That you are willing to
22 consider new options. But what would -- Okay

1 then, I guess the question -- Let me clarify what
2 I'm asking then. What would you look for in a new
3 option? Ah! There we go. Okay, we hear a cure.

4 AUDIENCE VOICE: Easy access.

5 MS. LIPSCOMB: Easy access, they are
6 also (inaudible).

7 MS. FORTIER: I'm Courtney, and I
8 actually did one of the trials with doubling my
9 Zemaira dosage, and it's a world of difference,
10 and that's why I'm not -- I'm satisfied with what
11 I have, but I'm not satisfied, because we
12 definitely need increased dosage on it.

13 MS. LIPSCOMB: Okay.

14 AUDIENCE VOICE: I have someone, Donna,
15 back here?

16 MS. LIPSCOMB: Okay.

17 MR. FROST: Tim Frost, from Virginia.
18 Also on this question of dosage of augmentation,
19 one of the questions I have is at what point, for
20 those of us who are lung-affected, do we start our
21 augmentation therapy? Do we need to be at severe
22 COPD Emphysema before we get augmentation therapy?

1 We've heard from many people who say
2 that with augmentation they feel much better, but
3 many of us had to stop work because we were at
4 severe emphysema we were feeling with
5 augmentation. But can we start at an earlier age,
6 so that our lung function stays higher longer and
7 makes us much more productive in society rather
8 than having to be retired from our work? Thank
9 you.

10 MS. LIPSCOMB: Okay. Thank you.

11 MS. STOKES: Maybe base the
12 augmentation, start on your level, instead of
13 waiting to -- for a dysfunction. That's seems --
14 Why are you going to make someone dysfunctional,
15 or handicapped in a society when -- if you can
16 start something earlier, you can avoid that?

17 MS. LIPSCOMB: Okay.

18 MS. WARREN: One more, Donna.

19 MS. LIPSCOMB: All right.

20 AUDIENCE VOICE: Hi. I'm Wendy from
21 Virginia, and I have a 5-year-old son who was ZZ
22 liver affected. I would like more options for my

1 son.

2 MS. LIPSCOMB: Thank you. That was
3 quick, so another?

4 MS. FARIS: My name is Katie Faris, I'm
5 from New Jersey, and I'm the mother of three ZZ
6 children, and I'd go with what this last woman
7 just said.

8 MS. LIPSCOMB: Thank you. We have
9 someone over here on this side?

10 MR. MATTISON: My name is Charlotte
11 Mattison, and one of the things I fight for is
12 early diagnosis. Early diagnosis so we can put
13 people on augmentation therapy, or therapy for
14 liver problems, so that we prevent. The key thing
15 we hear now from health care is prevention, and we
16 are not really working that hard toward it. Early
17 diagnosis, get them on the proper drugs, the
18 proper treatment, and we prevent the decrease and
19 decline of a person's quality of life.

20 MS. LIPSCOMB: Okay. Great. Thank you.
21 While we are asking this, I guess my question is;
22 do any of you have any concerns over long-term use

1 of the therapies you are on?

2 AUDIENCE VOICE: Hi. I'm Brad from
3 Kansas City, Missouri. I'm a parent of a ZZ
4 Alpha, and I just wanted to echo these comments
5 again, there are no options for our children other
6 than the doctors told us, watch them, see if he
7 gets sicker, he might need a transplant, he may
8 not survive, or he might get better. And that was
9 it. And so we need something for our children.
10 Thank you.

11 MS. LIPSCOMB: Thanks. Jennifer?

12 MR. LYNCH: You know, the previous
13 speaker said about this thing of being fairly well
14 and getting augmentation, the same thing applies
15 to the transplantation; the person has to be
16 practically at death's door before they get it,
17 and therefore they are less likely to survive it.
18 In my own case I was diagnosed very early and it's
19 helped me for 25 years almost at a certain level,
20 so in as much as it can be supported and covered
21 by insurance, I don't know how the insurance
22 company look at it, but we all know it's extremely

1 expensive. So, if you are getting it for 25
2 years, or 10 years it's a very big difference.
3 Thank you.

4 MS. LIPSCOMB: Well, that was a
5 wonderful segue into our next question. Thank
6 you. And he was not a plant. Chris, the next
7 question? "So, what's your level of concern
8 regarding the cost of augmentation therapy? Are
9 you not concerned, mildly concerned, moderately
10 concerned, or very concerned?" Okay, Chris, can
11 we get the responses? Ah! I could have guessed
12 this one, I might even have given it that number
13 too. So, what about on the Web?

14 MR. DURMOWICZ: There's 88 percent that
15 are very concerned, so it's very close.

16 MS. LIPSCOMB: Okay. Thank you. Does
17 anyone have any thoughts about cost concerns
18 that's not already been expressed? Okay.

19 MR. MOEHRING: I'm Henry Moehring. And
20 I think one of the things that we need to look at
21 in one shape or another, and I'm not sure who it
22 falls to, but we talk about the cost of therapy,

1 we don't talk about the opportunity cost of
2 therapy. If people are not on augmentation, if
3 people are not using their medication, and have
4 multiple exacerbation, multiple ICU stays, those
5 costs are never stacked up against augmentation,
6 and I think that the supposition is if you did
7 that, you would see that providing the therapy is
8 the more cost-effective way to go, and I think
9 that's something that we need to push forward
10 faster to have better answers for questions on
11 some of these.

12 MS. LIPSCOMB: Thank you.

13 MS. CORRON: Again, my name is Allison
14 Corron. And I'd like to speak as a patient
15 advocate. The patients in this room are all very
16 lucky, they are of a financial persuasion that
17 they can afford insurance or therapy or both. I
18 think we need to speak for those patients who are
19 lower, middle class, who have this condition who
20 are what we would maybe call the working poor.

21 They are working at minimum-wage jobs,
22 they can't afford to quit, because that's how they

1 get their insurance. They can't afford insurance
2 without a job. They certainly can't afford this
3 therapy without insurance. I have many, many
4 clients who are still working and trying
5 desperately to pay for their medication, just
6 their co-pays, and while there are some financial
7 assistance programs available, those financial
8 assistance programs are running out of money at an
9 extremely high rate, and very, very early in the
10 year.

11 So if you are diagnosed in January, you
12 might be able to get financial assistance. If,
13 however, you are diagnosed in July or August, you
14 may not be able to get any financial assistance
15 for you medication.

16 MS. LIPSCOMB: Thank you. We are going
17 to take one more on this one.

18 MS. CADWGAN: My name is Ruth Cadwgan,
19 and I want to touch on, kind of what Henry said,
20 in that, why are we going -- why aren't we backing
21 up to eliminate some of the cost going through
22 this horrible process of getting to the point

1 where you are able to comply with getting a
2 transplant? You know, that's pay it forward
3 instead of pay it back and wait till people
4 suffer.

5 And the other thing, I wanted to touch
6 on the numbers for the transplants. I think
7 everybody in here that I heard regarding
8 transplant, was less than 10 percent, usually 9 to
9 8 percent, which is barely living, and that's how
10 sick you have to be to get there, and part of that
11 is the allocation.

12 Now I'm going to step out and say
13 something that I only know from life, but I
14 believe it was changed a while ago, and it was
15 implied that Alphas do better than some of the
16 other conditions that require a lung transplant,
17 Alphas live longer, even if they only 7 percent
18 lung function. And so I think even the allocation
19 system for who gets transplants also needs to be
20 looked at.

21 MS. LIPSCOMB: Thank you. Again, I
22 think this is one of those cases where there's a

1 lot of more discussion we could have but we have
2 to move on because we are already about 40 minutes
3 behind. So, can we go to our next question? "If
4 you are not currently on augmentation therapy,
5 would you start with an inhaled formulation if one
6 were approved?" Okay. I think maybe
7 hypothetically-speaking, is what we are going for
8 here? I clearly did so.

9 (Off the record discussion)

10 MS. LIPSCOMB: Well, then we won't talk
11 much about this when we see it if this is -- Can
12 we go ahead and see the result? Okay. So,
13 between those of you who on it already -- Let's go
14 to the next question, "If you are currently
15 receiving augmentation therapy what factors would
16 influence the decision to possibly switch to an
17 inhaled formulation if one were approved by the
18 FDA?" Check all that apply.

19 Convenience, tolerability, efficacy is
20 compared. Well, the ticker stopped going out, so
21 let's go ahead and see, I know we don't have very
22 many responding right at this point. Okay. So,

1 convenience is a big factor. What about on the
2 Web?

3 MR. DURMOWICZ: I think you could have
4 had an, all the above, answer.

5 MS. LIPSCOMB: Oh. Thank you. So, we
6 don't have much time to really talk about this, so
7 we can only take like two responses. So, I guess
8 my question for you is; "What considerations
9 helped you answer this question?" I think I see
10 someone's hand that I haven't heard from Lonnie,
11 over there.

12 MS. FOULL: My name is Jenny Foull from
13 Pennsylvania. And the only thing that I can add
14 to that, the convenience, tolerability, efficacy
15 and cost, and the consideration is, I have a
16 benefit that I receive from augmentation therapy
17 that isn't -- what I understand is typical. I was
18 diagnosed with fibromyalgia before I was diagnosed
19 with Alpha-1 Antitrypsin deficiency. When I
20 started augmentation therapy, within two months I
21 no longer had the symptoms of fibromyalgia at all.

22 And I believe, I've been told that that

1 it's because of the high anti-inflammatory
2 properties of the protein. So, for me to go on an
3 inhaled version of the therapy I am concerned
4 because I might lose that systemic benefit. And
5 honestly in the nine years I've been on therapy my
6 life is so much better than being off of therapy
7 and having the symptoms of what was called
8 fibromyalgia. So, that's another consideration
9 that I have in another kind of therapy.

10 MS. LIPSCOMB: Okay. Thank you. Let's,
11 because we are behind, let's spend a few minutes
12 talking on what you think is an ideal therapy.
13 The next slide, Chris? "So, tell me how existing
14 therapy --" and I know we've mentioned that some
15 of these questions are -- you've hit on in other
16 questions, so what we are really going to ask you
17 talk about are, what do you think, how current
18 therapies could be improved, or what are you
19 looking for in an ideal therapy? And any other
20 comment, that has not already been discussed
21 today. Bonnie?

22 MS. BUCHANAN: I think the big question

1 is the cost of the therapy, otherwise probably the
2 room would all value the therapy forever.

3 MS. LIPSCOMB: All right, thank you.
4 Thank you.

5 AUDIENCE VOICE: I would like to suggest
6 that we find a therapy that we can give ourselves,
7 we don't like to have to go to the hospital, or
8 have people come in to give it to use, you can see
9 we are all responsible we do what we can, so give
10 us a form of therapy, augmentation if necessary,
11 that we can actually do ourselves, and we'll do
12 it.

13 MS. LIPSCOMB: Okay. Great. Thank you.
14 All right, I have a couple --

15 MS. GOULD: Cathy Gould again. I ran a
16 support group for about 12 years, and two of the
17 people in my support group also got lung
18 transplants, the only difference between them and
19 myself is that I continued on the augmentation
20 therapy, and I don't know exactly how this works
21 even though I'm a nurse, but the other two didn't.
22 Their doctors didn't keep them on IV

1 augmentation therapy, and they were in the
2 hospital, in and out, they are still -- right now
3 one of them is in the hospital, and I can actually
4 say I never went. Since I've had my therapy I've
5 never been in the hospital, and I've continued for
6 16 years with my augmentation therapy. So the
7 efficacy of it, I believe, is 100 percent. Thank
8 you.

9 MS. LIPSCOMB: Thank you so much.
10 Lonnie, do you have someone?

11 MR. GEIGER: Hi. My name is Glen
12 Geiger. I'm a ZZ Alpha-1. I'm one of the lucky
13 ones, in that I was the one diagnosed instead of a
14 loved one, because I don't think I could have
15 handled that. Also I'm one of the lucky ones in
16 that I had a lung transplant, so I'm 13 years out
17 with double lung transplant. But the topic that I
18 just wanted to bring up was compliance with
19 medication. Efficacy is tied to compliance,
20 right, and the easier it gets to take a medication
21 the easier it is to not take a medication.

22 It's like blood pressure medication. I

1 mean, how many people are actually complying with
2 that, or even your own inhalers? How many people
3 really use that Long-Acting Beta Agonists on a
4 routine basis, as it's supposed to be given? A
5 lot of people don't, and so that's just a concern
6 that I'd like to bring up. I mean, if you have an
7 appointment every week, or a nurse comes to your
8 house, or you have an appointment where you go
9 somewhere, you do it. And you might miss a week
10 or two, but you just don't fall off the grid,
11 because nobody is really tracking you anymore.

12 MS. LIPSCOMB: Okay. Thank you.

13 Jennifer, do you have someone?

14 MR. FROST: Tim Frost again, from
15 Virginia. We've been talking a lot today about
16 Alpha-1 and Antitrypsin deficiency as a liver
17 disease, as a lung disease, I'd like you to be
18 thinking more strategically, more holistically.
19 Let's think, and we've been talking a lot about
20 strategies for dealing with symptoms; let's look
21 for strategies dealing with causes. So there's an
22 awful lot of very promising research being done

1 right now that is intended to arrest or possibly
2 even reverse the Alpha-1 Antitrypsin liver
3 disease.

4 Let's think about some of those where
5 our livers are no longer creating the malformed
6 Alpha-1 Antitrypsin, that we may have therapies
7 using stem cells, or using genetic therapies that
8 allow us to create the proper Alpha-1 Antitrypsin.
9 And then let's think about lung disease, are there
10 therapies that can help us reverse the causes of
11 our lung disease, and reverse the damage to our
12 lung tissue?

13 We hear the miracles from a number of
14 our colleagues who have gotten a liver -- excuse
15 me, a lung transplant and a liver transplant, and
16 how transformative that is. Can we do that with
17 the tissue that we have on our own? Let's think
18 innovatively, let's think aggressively on how we
19 can cure Alpha-1 Antitrypsin.

20 MR. QUILL: My name is Jim Quill and I'd
21 just like to touch on a few things that have been
22 said as far as treatments are concerned, and one

1 of the -- probably the most effective treatment
2 that I had when I think about the fact that I've
3 had a transplant. I've lived many years with
4 Alpha-

5 Prior to the transplant. But probably
6 my most effective treatment was AlphaNet. And the
7 reason I say that is because my AlphaNet
8 coordinator was extremely instrumental, first of
9 all, it was someone who also had Alpha-1, and it
10 was someone who was constantly reinforcing all the
11 things I needed to do to keep healthy.

12 You know, making sure that I had my
13 vaccines, making sure that I was keeping my doctor
14 appointments, making sure that I was doing my
15 augmentation therapy on a weekly basis and staying
16 on schedule, making sure that if I was taking
17 trip, I knew what I needed to do as far as oxygen
18 adherence was concerned. And all of those things
19 medically that we need to do to stay healthy, and
20 I know it was mentioned a lot and in pieces here
21 today, but I know through AlphaNet, and I hope
22 everybody here that is an Alpha is connected to

1 AlphaNet, because it's is through that program,
2 that truly has brought me to where I am.

3 And it's also, I think that it's the
4 hope of all the AlphaNet coordinators, and there
5 are many here in the room, that are here as Alphas
6 themselves to participate, but they are also here
7 as advocates for all of you, and I'm certain that
8 if you connected with your AlphaNet coordinator,
9 and listen to the sometimes annoying, you know,
10 the nudging they do every month, but all of it is
11 in the avenue of keeping you well, and helping you
12 to adhere to all the things that we talked about
13 today. So thank you for the opportunity.

14 MS. LIPSCOMB: Thank you. All right. I
15 have an inkling from enthusiasm of these
16 conversations that you guys have a lot more that
17 you might want to mention. Again, go to the
18 docket. And we are going to go to our next
19 section, and I'm going to go ahead and thank our
20 panelists up here, and they can go ahead, let's
21 clap, and we are going to talk about clinical
22 trials. You can go back to your seats. (Applause)

1 And for this, operator, we'll open the
2 phone line and take a bit of questions about
3 clinical trials. So, this is going to be your
4 perspective on participating in a clinical trial,
5 and I think, based on based on some of the
6 conversations I've heard we've got people who
7 believe strongly that they would they would, and
8 strongly that they would not. So, it's really
9 what we are going to be exploring a bit more.

10 So, Chris, can you go to the next
11 question? "So, if you have the opportunity to
12 considered participating in a clinical trial
13 studying experimental treatments, what things
14 would you consider when deciding whether or not to
15 participate?" I guess this is not a question;
16 this is just kind of asking you, what would you
17 consider?

18 AUDIENCE VOICE: I've seen some trials
19 that a part of the group is on a placebo, and my
20 lung function isn't good enough that I can risk
21 being on a placebo for six months or two years, or
22 whatever the duration.

1 MS. LIPSCOMB: Okay. Lonnie, did you
2 have someone?

3 MS. WARREN-HENDERSON: I thought I had
4 someone, but I don't.

5 MS. LIPSCOMB: Okay. Then I have
6 someone who I don't believe have spoken yet.

7 MS. VARGAS-VILLA: Excuse me, I have
8 spoken, yes, so I'll defer.

9 MS. WARREN-HENDERSON: No. No. You can
10 go ahead.

11 MS. VARGAS-VILLA: Okay. Thank you.
12 Judith Vargas- Villa, Concord, Massachusetts,
13 again. If you saw the results of how we feel
14 about our progress and our augmentation, it seems
15 to me that it's not really appropriate, that you
16 should ask us to stop doing something that we love
17 so much, that's giving us back our lives. We are
18 willing to give you every piece of information you
19 could possibly want about how this has changed our
20 lives because any of us are very introspective and
21 we pay attention to details.

22 So, I would offer all my history to you;

1 and you can publish it wherever you like, but I
2 don't want you to take away my augmentation. I
3 will take it in any form that you want me to try
4 to take it in, but please don't take it away.
5 Thank you.

6 MS. JOHNSON: Hi. Liz again. I would
7 not want to give up augmentation either, actually
8 I would not give it up, but if there clinical
9 trials for liver, I am right there.

10 AUDIENCE VOICE: Over here, Donna, next.

11 MR. ZELK: Hi. Brad Zelk, from Kansas
12 City, again. One thing I'd like to see is more
13 opportunities for children to participate so that
14 we can get some treatments for them. I know it's
15 very difficult, there are ethical issues all
16 around it, but with no option for kids, how else
17 can we get one if we don't provide someone the
18 opportunity to provide a trial. I would sign my
19 children up. I mean, if it's going to go via an
20 IRV, and it's going to have full disclosure, give
21 me the chance to say yes or no. Don't just say
22 it's too hard to do something for kids. Give us

1 the chance.

2 MS. LIPSCOMB: Thank you. Lonnie do you
3 have someone else?

4 MS. WARREN-HENDERSON: Yes.

5 MR. YOUNG: I'm D.C. Young, again. I
6 have some experience on clinical trials. I
7 started augmentation in 2004, in 2006, there was
8 an opportunity for a clinical trial that I joined,
9 and I had to stop my augmentation for three
10 months. Now I look back at that and that was a
11 mistake, because in that three months I got sick
12 again, whereas I had gotten much better during the
13 first two years of my augmentation. And since
14 that time, I've had opportunity to join several
15 trials, and have joined some, and I'll join any
16 trial, because I can travel, that does require me
17 to get my augmentation. Thank you.

18 MS. WARREN-HENDERSON: The one in the
19 middle?

20 MS. LIPSCOMB: Okay. We are going to
21 take one more response.

22 MS. WARREN-HENDERSON: It's sort of like

1 two though.

2 MS. LIPSCOMB: We are going to have a
3 couple more questions about this, so I think
4 you'll have an opportunity. I see everyone
5 pointing to her.

6 AUDIENCE VOICE: Hi. My name is Debbie,
7 I'm from Virginia. And I'd just like to see more
8 trials for those that are not necessarily ZZ,
9 there is a lot of other variations up in Eslie,
10 there are very few trials, but I think we are
11 important to know how this affects us just as
12 much.

13 MS. LIPSCOMB: Okay. Thank you. I see
14 your hands, but I promise you these next questions
15 will be effective for you too. Let's go to the
16 next question. "Have you participated in any type
17 of clinical trials studying investigational
18 treatments?"

19 I think we've heard yes, but let's go
20 ahead and get a number here. And Chris let's go
21 ahead and close it, I know we are doing that a
22 little faster. And what do we have? So, 48

1 percent have, 26 percent not sure if they've been
2 part of one. What about on the Web?

3 DR. PIERCE: I believe it's about
4 one-third have participated in a trial.

5 MS. LIPSCOMB: I'm sorry. How many?

6 DR. PIERCE: About a third.

7 MS. LIPSCOMB: About a third? Okay.
8 So, what I'd like to know now is, what are your
9 considerations for participating, and what factors
10 influenced your decision? And she doesn't even
11 have her hand up, but I'm thinking it's similar to
12 the last question, and since so many people -- Oh.
13 Well, we'll do this question then. "If you or
14 your loved one had the opportunity to participate
15 in a clinical or investigational treatment, which
16 best describes your thoughts? You are willing to
17 consider? I'm not willing to consider, and my
18 participation would depend on various factors?"

19 Okay, Chris, let's see the response.
20 So, generally willing, or maybe. Okay. What
21 about the Web.

22 DR. PIERCE: On the Web it's 28 percent

1 willing, only 3 percent not willing, and 68
2 percent, maybe, depending.

3 MS. LIPSCOMB: Okay. I'm just going to
4 go to you and let you just -- Cathie, whatever you
5 want to talk, for about 30 seconds.

6 MS. HORSACK: This is Cathie Horsak, and
7 I think you are echoing, everybody is echoing they
8 are concerned about bronchoscopes, they are
9 concerned about liver biopsies, because their
10 health depends on it, and then one of other people
11 mentioned, MZs would love to be in a study, SZs
12 would love to be in a study, almost every study
13 that we have is limited to ZZs, I think you've got
14 a willing -- our community is very willing to
15 participate, give us things to participate in.
16 Thank you.

17 MS. LIPSCOMB: Lonnie?

18 MS. HELLER: Hi. Laura Heller again.
19 About eight years ago in Philadelphia there was a
20 study of doubling the amount that you took of the
21 Prolastin, and I hired a baby sitter, got subs at
22 work, took the training, went through a whole

1 series of tests, and the woman looked at me like I
2 was a dog that had been run over by a truck. And
3 she said, your breathing level is only at 30
4 percent we can't use. So I think a lot of the
5 people in this room who were afraid of losing on
6 the therapy, they are not even -- they wouldn't be
7 considered to do something that's dangerous.

8 MS. LIPSCOMB: Okay. Thank you.
9 Lonnie, you have someone behind.

10 MS. LADIG: Carla Ladig from Indian. I
11 think that maybe, part of the factors of that is
12 travel, a lot of people are already compromised
13 with their health and they can't travel to the
14 various locations that have the different
15 opportunities for study.

16 MS. LIPSCOMB: Okay. Thank you. This
17 is a hot- button topic; we are going to take one
18 more, and then I'm going to ask another question.

19 AUDIENCE VOICE: I'm a ZZ, my three
20 daughters are all ZZs and my husband is an MZ,
21 we've probably been in 15 studies combined, and
22 the one daughter has never been on any of the

1 infused Antitrypsin, and so she went down to
2 Florida for six months. Three months turned out
3 to be a placebo, and this was an awful waste of
4 money and time and effort, because if you haven't
5 been on anything, that's like being on a placebo
6 all your life up until that point. So I would
7 rather they started out with maybe one dose a day,
8 and then double it for the next three months.

9 But I've been to the St. Louis Hospital,
10 and had a biopsy, a liver biopsy last month, with
11 Karen Fraser, and my other daughter had a biopsy
12 in Florida, and it's very, very simple, to me
13 easier than getting a filling in a tooth. So,
14 please consider it. I had to go to St. Louis, by
15 the way, because I'm too old for Florida.

16 MS. LIPSCOMB: Thank you. We have one
17 more question that's along the clinical trials.
18 Let's see what that is. Would you be willing to
19 participate in a placebo controlled clinical trial
20 conducted in patients -- I don't even know why I'm
21 asking this question, but would you? I get you.
22 And we'll go ahead and see what we have with only

1 70 -- Wow! I'm shocked. I would not have guessed
2 this. What about online?

3 DR. PIERCE: The yeses are 11 percent --
4 12 percent, the nos are 73 percent, and the
5 not-sures are the lower 13 percent.

6 MS. LIPSCOMB: So, a little more
7 not=sure there. Let's see.

8 MR. STOKER: (Inaudible no mic) for
9 active placebo, you do it all the time in
10 epilepsy, why don't you do it Alpha-

11 And Antitrypsin? It's very simple.
12 Lower the dose to half normal, give that as your
13 -- in your placebo, and then go either full dose
14 or double dose. And as well as any retrospective
15 meta-analysis you want to do, but simply, active
16 placebo, that way everybody is still on drug, it
17 will still cover them, it may not be as effective,
18 but you are not taking them completely off.

19 MS. LIPSCOMB: Okay. Thank you. We
20 have a couple more comments.

21 MR. TOLAND: Don Toland from Oklahoma
22 City. It's real simple, to me, I was on the

1 double-dose study, and you either got 60 or your
2 got 120, what we need to do is readdress our
3 focus, what I want is the enzyme, and I want the
4 enzyme given so that during the entire week I'm up
5 in normal levels, because after the study they
6 upped my dose to 90, and now during the entire
7 week of augmentation therapy I stay normal on
8 Antitrypsin.

9 That's the secret, not what you ought to
10 measure on how much the dose ought to be, it's to
11 get the normal dose of Antitrypsin. Now, give it
12 to me anyway you want, I'll take it any flavor or
13 any combination as long as my enzyme keeps me at
14 the normal level during the week.

15 MS. LIPSCOMB: Okay. Thank you. Well,
16 I know there were a lot of hands going up, and a
17 lot things that could be said, but it's been a
18 little bit of heartbreaking that we are kind of
19 coming to the end of this open part of the
20 discussion, but I know that the Alpha-1
21 Foundation, in their survey, asked some questions
22 about clinical trials and willingness to it, and

1 we are going to have John Walsh, we are going to
2 invite him to speak for five minutes from the
3 podium.

4 MR. WALSH: We have to tell Vana I can't
5 spell five minutes -- I mean Donna, not Vana.
6 Donna has done a great job, big hand for Donna,
7 she's incredible. Well, I think there's no
8 question that we've established beyond any doubt
9 to the FDA that we did what they asked us to do,
10 to bring a representative group of individuals
11 with Alpha-1 to this meeting.

12 I almost feel I shouldn't waste time
13 going over the survey results regarding the
14 questions on clinical trials because what you just
15 went through, the exercise I just went through
16 hits it, you know, to the tee. So we had 1,425
17 individuals take the survey, 1,000 opted to answer
18 the questions on clinical trials. Probably the
19 only reason for that it's an open-ended question.
20 So the question was and anybody who hasn't taken
21 the survey will be scolded here. And those online
22 that aren't taking the survey, it's still on the

1 Alpha-1 Foundation website, take it, we want more
2 numbers than 1,425.

3 "If you or your family member had the
4 opportunity to consider participating in a
5 clinical trial studying experimental treatments,
6 what things would you consider when deciding
7 whether or whether or not to participate?" Duh, I
8 mean I think the big one out there it's not an
9 elephant, it's bigger than an elephant. The
10 majority of our respondents, 39.6 percent
11 indicated that access to the trial was the most
12 important issue. That includes issues like
13 location, travel time, cost and convenience.

14 And you know as we do trials in our
15 community we can recruit for a Phase 3 pivotal
16 study that doesn't involve a placebo, in somewhere
17 between 6 and 13 weeks, and we have 80 percent of
18 our community enrolled in our research registry.
19 So we can reach out and touch right away, and have
20 you participate. We don't have any trouble
21 recruiting for trials, but it's got to be the
22 right design.

1 Outside of that, 30.6 percent were
2 concerned about safety, and whether the trial
3 would harm their health, or worsen their health.
4 So, many and this is probably the reason. Many
5 would not enroll in a trial if they had to stop
6 their augmentation therapy, some respondents even
7 noted that they previously participated in the
8 trials, but their health worsened by stopping
9 augmentation therapy during that time.

10 We've heard that over and over again,
11 the last few minutes, so augmentation therapy --
12 Ross, I now you were questioning whether there is
13 enough data out there, I know it's not a perfect
14 study, we can't let perfect get in the way of
15 good, but there's no question in the minds of
16 individuals on augmentation therapy in the United
17 States that are fortunate enough to have access to
18 augmentation therapy, that it works.

19 So I think that the rapid trial that was
20 13 countries, most people outside of the U.S.,
21 because it was a placebo -- over \$100 million
22 invested, which was published in the Lancet, and

1 EMA just accepted it, and that's going to open the
2 door, hopefully, for access to augmentation
3 therapy to our cousins in Europe. Another concern
4 surrounding clinical trials design that we found
5 through the survey, that Alphas are willing to do
6 just about anything to participate in the clinical
7 trial.

8 We have a waiting list, and they've shut
9 down the trial now, for lymph perfusion, delivery
10 of gene therapy, University of Massachusetts, and
11 that is incredibly invasive and we had a standing
12 line for that. We are currently we have 160
13 people in the two studies that take a liver biopsy
14 for adult liver study for the natural history of
15 liver disease.

16 Whoever thought that would happen.
17 We've got a waiting list at those sites for people
18 who go in to have liver biopsies. That's pretty
19 invasive. A couple things that I might just
20 highlight here, comments that people made: "I
21 would happily donate myself alive," whew, "To a
22 lab to do test treatments on if it meant a cure

1 for Alphas." That is the mentality, that's the
2 mindset of our community, sacrifice for others,
3 but obviously a concern about our own health on
4 the other side.

5 "I think discomfort and safety," another
6 quote, "I think discomfort and safety are
7 continuously redefined as this disease progresses.
8 Nothing was too much to ask at the end, and I
9 would do anything, assume any risks to avoid that,
10 and save my friends." A final comment in this
11 section, "I would try anything that may help,
12 because this is not living, this is just being
13 here."

14 So, overall, it was an incredibly
15 favorable, positive response to the willingness of
16 individuals with Alpha-1 to participate in
17 clinical research. The benefits of clinical
18 research need to be weighed against the risks, and
19 that's not the normal risk benefit formula you
20 consider. Not just meaning safety of the
21 treatment, they include the risk of stopping
22 therapy that they know works, and participating in

1 a trial that they mean -- that they may mean to
2 receive a placebo.

3 And one respondent summed it up, "I have
4 taken part in two clinical trials early in my
5 diagnosis before I was able to start augmentation
6 therapy, I have considered taking part in a few
7 recent trials, but the distance to get to the
8 clinical site is a detriment. But most
9 importantly, I'm not willing to be involved in a
10 double-blind study, where I might receive a
11 placebo."

12 The bioethics community of America
13 agrees with this, IRVs all across the land are
14 refusing to let their investigators participate in
15 clinical studies with placebos. There has to be a
16 better way. I would want to be able to continue
17 with my infusions, since I know that they are
18 working and take the trial treatment to see if
19 there's more improvement. I would not consider
20 stopping what is already working for me. It is
21 terrifying not to be able to breathe."

22 One more quite here, placebos, "I just

1 got back to feeling almost normal, I don't want to
2 take the step back, just to participate in a
3 trial, so, I think one of the things that we would
4 like the FDA to consider," this is from the
5 foundation perspective it wasn't a question here
6 is, "In some of these Phase 4 requirements, or
7 even study design requirements, let's force
8 industry to work together.

9 MS. JOHNSON: Amen.

10 MR. WALSH: I mean \$100 million here,
11 \$100 million there, \$100 million through a third
12 company or a fourth company to do a trial that's a
13 little bit different, looking at things a little
14 bit differently. We've got two Phase 4 clinical
15 trials right now going on that require the use of
16 placebo. It's not going to be done in the U.S.,
17 it's going to be done overseas. The one
18 double-blind placebo study that's been completed
19 through rapid study, we will never see a study
20 that large, that definitive ever, ever again in
21 our community.

22 And I think the investigator community

1 would totally embrace that, our scientific
2 leadership certainly does. So, let's work
3 together to get the companies out there that are
4 now working on Phase 4, drop the placebo make them
5 work together, and let's find out what the dose
6 is. And let's work with the Biomarkers Team at
7 the FDA and identify a biomarker like Desmosine in
8 the COPD biomarkers quantitative consortium has
9 selected this as one of the biomarkers that we
10 want to take forward, and let's be able to measure
11 whether or not augmentation therapy works and
12 alter it based on the Desmosine level.

13 So, I guess we -- the Alpha-1 community
14 is ready, willing and able to do whatever we can
15 to help advance and accelerate therapeutic
16 development. We are partnering with you, the FDA,
17 in this effort, with industry, and with the
18 scientific community, and we need solutions, we
19 cannot let perfect, at gold standard double-blind
20 placebo get in the way of good. So thank you for
21 the opportunity to present this data.

22 MS. LIPSCOMB: Thank you so much. Well,

1 we've come to our open, public comment period.
2 The docket is full; we have 15 people who are
3 going to get two minutes to speak. And what we
4 are going to do is, we are going to call out their
5 name, and we are going to walk to them. So,
6 Jennifer?

7 MS. SCHARPF: I'm behind you Donna. Hi.
8 I'm Jennifer Scharpf, I'm with the Office of Blood
9 in CBER, and I spoke with many of you as we
10 planned this meeting, and I just want to extend my
11 thanks to everyone here for your participants
12 today. So our first speaker will be Jennifer
13 Murray.

14 MS. MURRAY: No. Thank you.

15 MS. SCHARPF: No. Okay. I think a lot
16 of folks who have signed up may already expressed
17 their opinions. That's okay. So, if you decline
18 just let us know. Eric Butcher?

19 MR. BUTCHER: My name is Eric Butcher,
20 from Knoxville, Tennessee. I'm both a lung and
21 adult onset liver- affected Alpha with stage 2
22 COPD, but stage 4 cirrhosis. Currently a part of

1 my liver is compensating but no one knows for how
2 long. I am only 42 years old, a father of three,
3 and quite frankly, I'm not ready to die yet.

4 There are currently three American pharmaceutical
5 companies who have developed very promising
6 treatments for the liver, but have so far, had to
7 perform their trials overseas.

8 A good clinical trial must be developed
9 that will get us, liver-affected Alphas a
10 treatment that is both safe as well as effective.
11 We cannot let the pursuit of perfection get in the
12 way of providing us a good treatment. When we
13 have 1,500 people or more dying each year, while
14 waiting for a liver, in this case something is
15 better than nothing, we have something promising
16 now, we need to get it available to patients as
17 soon as possible.

18 I also represent nearly
19 350-liver-affected Alphas from around the world.
20 One of them mentioned that he would like me to
21 relay thanks to the FDA for their role in fast-
22 tracking augmentation therapy so many years ago,

1 without that a lot of us would not be here now.

2 So, thank you.

3 I would ask that you help us get these
4 liver treatments through trial and ultimately to
5 market the same way. Additionally, we desperately
6 need a widespread and frequent standard testing
7 protocol, because that is the key to identifying
8 the complete breadth of our problem; the number of
9 Alphas actually out there. Thank you.

10 MS. SCHARPF: Thank you, Eric. Robin
11 Bell?

12 MS. BELL: I'm a 46 -- let me put my
13 glasses on, I can't see. I'm a 46-year-old
14 lung-affected Alpha with stage 3 COPD. Having
15 shortness of breath due to emphysema and asthma is
16 quite a burden to live with, with being a loving
17 and involved mother to an 8-year-old daughter.

18 Exacerbations are particularly
19 bothersome for me, as I have to be extra careful,
20 having an elementary-age-old child. As we all
21 know germs are passed around literally through
22 schools systems. When these are brought home I

1 run the risk of becoming infected, having
2 exacerbations and thus damaging my lungs further.

3 Both my little girl and I currently
4 dance on a regular basis, however, with dancing
5 I'm finding it increasingly difficult because of
6 my emphysema and my shortness of breath, dancing
7 is my passion, but currently without completely
8 following my inhaler regimen, as well as daily use
9 of why Rescue inhaler is both troublesome and
10 worrisome.

11 In 2012 I donated my left kidney to my
12 twin sister, two weeks prior to this my oldest
13 sister died -- I'm going to start crying -- of
14 liver cancer probably due to Alpha-1, but was
15 never diagnose. After experiencing many
16 complications resulting from donating my kidney to
17 twin sister, and compromising my own health, I was
18 finally diagnosed with Alpha-1 a year later. Had
19 my sisters and I been tested and diagnosed much
20 earlier, our lives and their lives may have run a
21 different course. We, as a community need a
22 standard testing protocol developed and

1 implemented to enable earlier diagnosis.

2 MS. SCHARPF: Thank you, Robin. Sandy
3 Sandhaus?

4 MR. SANDHAUS: I'm probably the first
5 one here who is not a patient unfortunately, or
6 fortunately, but I am representing the over 5,100
7 patients that AlphaNet follows and I help direct
8 the care of through AlphaNet. I also have run the
9 Alpha-1 Program at National Jewish Health in
10 Denver for the last 35 years, and I was asked to
11 present the opinions that, and questions that
12 patients presented to me, and sent to me over the
13 last several weeks, that weren't mentioned here,
14 and I'm happy to say I've been gradually checking
15 off and eliminating the comments.

16 So I'll go through these very quickly.
17 Our view is that we teach Alpha-1 patients to be
18 the experts of their disease, because we usually
19 don't find an expert in their own local community.
20 The issues that were brought up; is the need for
21 newborn screening for Alpha-1 and Antitrypsin
22 deficiency; the need for a post lung transplant

1 augmentation therapy trial, the need for an
2 augmentation therapy trial in the use of Alpha-1
3 augmentation therapy and nontuberculous
4 mycobacteria infections. And I'll be back here in
5 two weeks to talk about that.

6 We need a registry of Alpha-1
7 liver-affected individuals including children and
8 including children on the waiting list for
9 transplant, because this is one major impediment
10 to drug development in children with liver
11 disease. We would hope that a fast-track approval
12 for drugs could be facilitated because that can
13 impact the course of liver disease since many
14 individuals have a very short time, from the
15 identification of liver injury in Alpha-1 to liver
16 failure, death, or liver transplantation.

17 We would ask, and this is a strong
18 comment from a lot of patients, that all studies
19 looking at novel therapeutics for COPD, in
20 general, and liver disease in general, include
21 Alpha-1 Antitrypsin deficient patients in those
22 studies. (Applause) You are taking up my time.

1 Virtually every drug that Alpha-1 patients take
2 other than augmentation therapy is a drug that's
3 never been tested in Alpha-1 patients for their
4 indicated usage.

5 And finally, I actually have a plea of
6 my own, and that is every week, often several
7 times a week, I get emails from patients asking
8 about the Lung Institute, the Stem Cell Institute,
9 the Stemgenics, all of these industries that have
10 popped up throughout the country that purport to
11 cure COPD and cure liver disease and cure lung
12 disease, by giving people injections of their own
13 stem cells.

14 I've been to the FDA website, it has a
15 very beautiful explanation of the concerns about
16 that, and also the reasons that the FDA feels they
17 don't have a role in regulating these institutions
18 that are essentially money- making scams. But the
19 fact that the FDA doesn't do anything about those
20 centers, those centers are using as essentially
21 advertise that the FDA leaves them in business and
22 I think that a lack of action, is a tacit

1 approval, at least in terms of the opinions that I
2 hear from patients. And if it's the FTC that has
3 to get involved, if there's a referral, that would
4 be great.

5 MS. SCHARPF: Thank you so much. Thank
6 you. Alyce Sneddon?

7 MS SNEDDON: Hi. My name is Alyce
8 Snedden, I'm from Fitchburg, Massachusetts. I'm
9 here today, not only for me, but for my father.
10 He is failing fast, I'm here just to ask, do we
11 really have to have our loved ones go sick in
12 order to have a transplant? Is there something
13 that can give them ease and comfort from their
14 sick and dying bodies that can be done? The
15 pressure and the anxiety just living in a shell of
16 yourself, I see through my father every day, and
17 it's just not fair. In 2015, I think there's
18 something that could be done and I think that it
19 should be done. Thank you.

20 MS. SCHARPF: Thank you, Alyce. Ruth
21 Cadwgan?

22 MS. CADWGAN: I'm Ruth Cadwgan, and I

1 think you've heard here today, a minute ago, we
2 have educated our doctors. In 1992 when my
3 husband was diagnosed there wasn't an Internet,
4 there wasn't anybody that I could reach out and
5 touch. And we educated people. We went to the
6 source, got the information, take care of
7 ourselves, very little hospitalization because we
8 take care of ourselves. We know how to do that.
9 We are living longer, and living longer,
10 unfortunately, because we take care of ourselves,
11 we are going to have more liver problems, that is
12 certain.

13 Once those occur we don't have time to
14 do a lot about it. Take care of yourself, you
15 can't fix it. We have two MZ daughters, and we
16 lose an Alpha a day. At the National Conference
17 we have the ceremony in the morning, Fred and Joe
18 run that service and every year the list gets
19 longer and longer of loved ones that we have lost.
20 We've got it diagnosed and treat, life expectancy
21 just last year, I think it was at the conference,
22 went from 55, which was what it was when my

1 husband was diagnosed at 48, to 61 years old. Not
2 most disease communities are making the life
3 expectancy longer, by working as hard as we do to
4 take care of ourselves and learn what that is.
5 Thank you.

6 MS. SCHARPF: Thank you. Judith Vargas?

7 MS. VARGAS-VILA: Yes. Judith
8 Vargas-Vila, Concord, Massachusetts; you've heard
9 from me too much, probably, this time. But I've
10 been -- I came off the list, and I'm going to go
11 back over it. As fit as we are, we have survived.
12 I would like to give that gift to the young
13 people, the children who were born, we take a
14 hair-prick of blood for PKU, for most newborns.
15 My daughter is a midwife and she tells me that.
16 Why can't we add the diagnosis of Alpha
17 Antitrypsin to it?

18 We could save liver people and lung
19 people. I was actually jaundiced for three weeks
20 when I was born, way back in 1941, they just put
21 me in the sunshine, in the hope that I would get
22 better. I did, but from what I hear in this

1 meeting, maybe I'm just lucky on that one. Oxygen
2 is free for all in this world, isn't it? Except
3 to us, we are the kind of people to whom oxygen is
4 a controlled substance, and you people have a
5 great deal to do with how it's controlled.

6 I want liquid oxygen for myself, in
7 Massachusetts, but the delivery people, the
8 providers of oxygen are closing off access to
9 liquid oxygen in Massachusetts. I don't know if
10 you at the FDA have a lot to do with that, but
11 I've had to beg twice now to get liquid oxygen.
12 And if I have to wait until I have 9 percent lung
13 capacity in order to get my transplant, ah, I'd
14 really like to have liquid which makes my life so
15 much easier, and in Massachusetts we have winters,
16 so therefore if it's going to snow and blow, and
17 freeze, and the electricity for a week, I really
18 would like to have liquid oxygen in my house,
19 instead of depending on the electricity that isn't
20 there, or have to perhaps get an electricity
21 generator to run my oxygen condenser so I can
22 continue living.

1 That's something that's interesting to
2 me, why can't we have liquid here, they have it in
3 Europe. Now I'm also interested in getting oxygen
4 outside, why can't we have oxygen provisions in
5 drugstores. Why can't we have drive through
6 oxygen units? You put your card in and you get
7 out oxygen. We need it. You've heard us talk
8 about carrying oxygen on our backs, running around
9 with our machines living with our houses with our
10 long tubes, we would like to go places. Why can't
11 the airlines loosen up a little and let us have
12 some of the oxygen they've got stored in the
13 places?

14 We have to go through weeks of
15 organizations, and getting prescriptions and
16 filling in forms, in order to go anywhere. You
17 can see, I'm not dead yet, sometimes I want to go
18 see my boy in California, and I can't unless I
19 prepare for a couple of weeks ahead of time. And
20 I want an oxygen machine that knows who I am, that
21 responds to my needs.

22 Last week I went to MIT to attend a

1 hackathon, and while I was there, I had my glasses
2 that had oxygen delivery through the frames, I
3 showed it to them, and I said, these don't work
4 because they've got gaskets that don't work, so
5 those boys wrote -- excuse me, there was a girl
6 and two boys, wrote up a program.

7 They took it to a friend who had a laser
8 printer, that night they laser-printed me a pair
9 of oxygen delivery glasses. Now these have little
10 hooks for my nose, they deliver the oxygen and it
11 goes all the way through, and I put them on and I
12 had oxygen. I wore them around for about 10
13 minutes, and my oxygen level stayed up. I was
14 showing this to some of the children we have here
15 in the hotel this morning, and they all wanted
16 them. They said, "I want some of your 3D glasses
17 and I can have the oxygen I need, so --

18 MS. SCHARPF: Thank you, Judith. If you
19 could summarize; thank you.

20 MS. VARGAS-VILA: I can summarize, I'm
21 saying there's a whole generation of people who
22 want to invent solutions, and we want you to

1 authorize them and give back to us with your stamp
2 of approval. Thank you.

3 MS. SCHARPF: Thank you. Peg Iverson?

4 MS. IVERSEN: I am Peg Iverson from Des
5 Moines, Iowa. I'm a ZZ Alpha. I was diagnosed in
6 1974, that was 41 years ago. I was diagnosed
7 because my mom was diagnosed unbelievably
8 correctly at the Mayo Clinic in Rochester,
9 Minnesota. There, of course, back then there was
10 no treatment available for Alpha-1. My mom never
11 met another Alpha, nor had I until years later.
12 My mom did not live, she lived about nine years
13 after she was diagnosed, and nothing to be done.

14 We weren't fast enough for my mom, I am
15 extremely fortunate, probably every Alpha in the
16 room, all my Alpha cousins, would give anything to
17 have been diagnosed at age 21, when my lung
18 function was over 100 percent. After my mom died
19 I participated in the National Institute of Health
20 Study in Bethesda, Maryland, which rolled out into
21 clinical resource centers which, for me, was in
22 Iowa City, at the University of Iowa.

1 I've been followed from that young age
2 to watch my lung function. When it dropped enough
3 for insurance to cover augmentation therapy for
4 me, of course after they could prove that I had
5 emphysema. I was started on augmentation therapy.
6 My AlphaNet coordinator at that time was my
7 lifesaver, and guiding me through that, helping me
8 understand that I know I could live a good life,
9 educating me, thanks to AlphaNet's Medical team,
10 Dr. Sandhaus, but we are still not fast enough,
11 we've lost so many Alpha-1 heroes, so many Alpha-1
12 family members, so many people that are suffering.
13 We need to speed it up.

14 Our community is so involved, so
15 passionate, we are here, we are ready to go,
16 please help us get there faster. One of -- my
17 current AlphaNet Coordinator is in a hospital
18 right now with ICU with pneumonia, where we need
19 to speed it up, and get us there, please. And I
20 thank you, FDA, for this amazing opportunity for
21 hearing us today, and our concerns, and we are
22 counting on you. Please help us.

1 MS. SCHARPF: Thank you, Peg. Bonnie?
2 And I'm sorry I can't read your last name. Is
3 there a Bonnie who signed up to speak?

4 MS. CHAKRAVORTY: Thank you very much.
5 I want to reiterate what so many others have said,
6 it's important to include the usual care control
7 group in order to increase participation. I have
8 participated in clinical trials in the past, and
9 at this point, at this stage of my disease, I
10 don't want to give my augmentation, it seems to be
11 working very well. So, I'd like to emphasize the
12 usual care condition would be very useful.

13 I'm 63 years old and I was diagnosed in
14 1996, and as my conditions progressed, I would say
15 I've become dependent on supplemental oxygen. I
16 would like to see more options for restoring
17 function. I'm looking towards the transplant, but
18 I am very much aware that it is a cure, and there
19 comes with it many risks and many other negative
20 possibilities. I'm hoping for the best but I am
21 planning for the worst.

22 I'm using supplemental oxygen, and while

1 it's helpful, and we've discussed some of the
2 direct problems into our Doribax using oxygen,
3 indirectly it also makes things very vulnerable,
4 and in this way it can restrict our participation
5 in public events and being a part of the social
6 world. So, to summarize again, I would like to
7 see a usual care control in clinical trials, and I
8 would like to see some greater focus on
9 alternatives to transplant and as restorative
10 treatments. Thank you very much, and thank you
11 for listening to all that we've had to say. Thank
12 you.

13 MS. SCHARPF: Doreen Flook? Doreen?

14 MS. FLOOK: Hi. I'm Doreen Flook. I'm
15 from Michigan, and I'm here to talk, not only for
16 myself, but for the people that I speak to in the
17 State of Michigan. There is folks out there that
18 desperately want to participate, and there's not a
19 lot of clinical trials near us that they can go
20 to. Travel is an issue, finance is an issue, the
21 medicine is an issue, oxygen is an issue, they
22 want to give more, and they are out there and they

1 are hungry.

2 Being in Michigan and having the
3 winters, and needing to go seek that care, it's
4 very tough. If you don't have an automatic start,
5 let your car warm up, scrape your windows. That's
6 all you can do, you have to go back and sit down
7 for 20 minutes, it's a tough way to go, and they
8 are up there and they want that help. Whatever
9 you can do, whatever decisions are out there, any
10 new advances it would be appreciated from all.
11 Thank you.

12 MS. SCHARPF: Andrew Jefferies?

13 MR. JEFFERIES: Hi, everyone. My name
14 is Andrew. I'm the nephew of Gordon and Marissa
15 Duggan. I just wanted to speak on two things
16 here. I know the FDA, just looking up here, it
17 says, talking about protecting and promoting
18 public health, and so I just wanted -- trying to
19 get a little bit of feedback too, about what you
20 guys can actually do from my understanding.

21 And I think the first thing is quality
22 of life, in helping patients who are suffering to

1 make their -- to give them the quality of life, if
2 your -- like with me, with being -- I'm deaf
3 myself, and I was provided with two interpreters
4 to help me understand clearly when I wasn't -- if
5 I missed something they would clarify it for me.

6 And I think it's the same thing with
7 Alpha it's just, I think, across the board, maybe
8 through policy but including ideas to help bring
9 awareness to workers, I mean, I think one
10 gentleman talked about here, about coming in, he
11 had used his -- put his inhaler into a box that
12 had stuff growing, and all the germs from that,
13 just raising more awareness in that sense to help
14 quality of life, and with promoting public health,
15 I think that fits hand-in-hand with you guys.

16 And the other -- and I just wanted to
17 end on this note too, with this being a rare
18 disease, I find that I'm (inaudible) -- with me
19 being deaf, it's obviously you don't -- not every
20 day you meet a deaf person, and it's not every day
21 you meet a person with Alpha unless you are at
22 this event, obviously. But my pastor once told me

1 that every member has a name, every name has a
2 story, and I believe that is so with Alpha, and I,
3 even to build on top of that every story is
4 affecting more than one person. So, you might
5 have one person with the disease but it affects
6 the whole family, and with my uncle having it is
7 affecting my own life too. Thank you.

8 MS. SCHARPF: Thank you. Chuck Price?
9 No Chuck? Okay. Richard Lovrich?

10 MR. LOVRICH: Hello, everybody. My
11 family. My name is Richard Lovrich, I'm 60 years
12 old. Number one, I'd like to know why it took
13 until just two-and-a-half years ago for me to be
14 diagnosed with Alpha-1. I've been hospitalized
15 for breathing, I have after an operation for
16 peritonitis, for my burst appendix, peritonitis.
17 I couldn't breathe for a few weeks at all very
18 well, and I wasn't even tested then.

19 So, how can it be that a person goes to
20 a physician and is not receiving any significant
21 help from the medications they are taking and they
22 not automatically test for that? I think if you

1 came in not breathing at all they would
2 automatically recommend burial, so I think we
3 deserve a break, so it doesn't seem like a big
4 education leap. I'm on the same medications that
5 you are all on. I'm on Zemaira and steroids and
6 Rescue inhalers, and antibiotics, and I have to
7 say for that cocktail it seems to be working
8 rather well. I echo everything that everyone says
9 about their treatments.

10 Note, why are there warnings for
11 addiction risks to the label for OxyCotton, when
12 there are no warnings on prednisone for users to
13 avoid their spouses, work, Fox News, or just
14 anything annoying, how is that possible? I wonder
15 about that. (Applause) You know, health is so much
16 more than just treatment; health is so much more
17 than medication.

18 My doctor finally acquiesced, and I'm on
19 oxygen for sleeping, and that's helped a great
20 deal after being tested, but why did I have to
21 find out for myself that oxygen has transformed my
22 life when it comes to exercise, it's transformed

1 my life when it comes to yard work, to exertion,
2 to sex, thank you, who brought up sex before, that
3 was so brave. I'm sorry. Are there any children
4 left? Cunnilingus, just try that, it's really
5 good. Sorry.

6 So, I'm going to go out on a limb, why
7 are Alphas so strong. Look at this room of strong
8 people, and all of these strong people tuned in
9 today? I have a theory. In 2014 our nation was
10 horrified at the story of poor Eric Garner, "I
11 can't breathe." Why did those words strike a note
12 in America, across the world? T-shirts, buttons,
13 "I can't breathe." Everyone in this room has
14 overcome that fear, and has to overcome that fear
15 on a daily basis, and I think that's why you are
16 strong, and I applaud you all. And can you give
17 yourself an applause? Thanks.

18 For all the Alphas here, at home today,
19 and for all the Alphas that are undiagnosed, and
20 therefore suffering doubly, I say, while we are
21 all struggling to breathe we will all continue
22 fighting for every breath. I thank the

1 Foundation, its brave leaders, and the FDA for
2 this amazing experience today. Thank you.

3 MS. SCHARPF: Thank you, Richard. Katie
4 Faris?

5 MS. FARIS: Good afternoon, my name is
6 Katie Faris, I'm glad to e here. My son was
7 diagnosed with Alpha-1 when he was two-and-a-half,
8 as a result of having a swollen liver. We believe
9 it was with a virus, we are not sure what the
10 virus was, they were guessing possibly Epstein
11 Barr, but through a series of blood work when his
12 liver enzymes never decreased to a normal level,
13 his doctor, thankfully, kept pressing and tested
14 him for Alpha-1 Antitrypsin deficiency.

15 He has the ZZ gene, when we discovered
16 that we tested our whole family, and found out
17 that of our other children, we have four children,
18 three of them total are also ZZ. I'm very
19 thankful for an early diagnosis, so I echo all of
20 the advocates for early testing. That has made a
21 significant difference, I believe for our family
22 already. We have not experienced many of the side

1 effects and we haven't needed some of the
2 medication that have been discussed today, but my
3 understanding in coming here, is that you want
4 hear what life is like for families with Alpha,
5 and as a caregiver for three children with alpha,
6 some of what I experience might not five some of
7 the questions that were asked today.

8 But for me, I am now given medication on
9 a daily basis, I line up their medicine cups, like
10 they have inhalers, they are all diagnosed with
11 asthma. So just on a regular day -- morning I'm
12 giving medication on a regular basis. When anyone
13 gets sick, it's easy for all them to get sick, and
14 our house turns a just medical zone. I have times
15 when all of them are nebulizers, and I'm giving
16 treatment throughout the day.

17 One of my sons had pneumonia twice this
18 year, so he was on Prednisone, and so I go into
19 prevention mode. What can I do to prevent my
20 son's infect infection from getting worse.
21 Doctor's appointments for our family, our children
22 see a number specialists. We see five

1 specialists, I believe, on a regular basis,
2 between our children, or maybe it's four, but
3 we've seen other specialists for specific needs
4 along the way.

5 Another issue that have encountered,
6 besides the asthma, is that some of our children
7 have coexisting conditions, so we have questions;
8 are those related to Alpha- 1? We do not know
9 because that research hasn't necessarily been
10 done. Our daughter is diagnosed with three rare
11 diseases. I don't know how they interplay with
12 each other, the diseases would be Alpha-1
13 Antitrypsin deficiency, she's also is diagnosed
14 with something called FPIES, which is a rare food
15 allergy, where she has a GI response to particular
16 foods. And then she's also diagnosed with ketotic
17 hypoglycemia.

18 So we have to make sure that she's
19 getting food on a regular basis. She's been
20 hospitalized twice for that this year. And so,
21 when I'm in the hospital with her, I have to make
22 sure that the nurses are giving her, her other

1 medications appropriately. And a challenge for me
2 has been having multiple specialists who are very
3 good in their field but don't necessarily know how
4 everything interacts with each other, and maybe
5 aren't studied in Alpha-1 to know how that affects
6 the big picture of their lives.

7 So, as a parent I'm thankful for the
8 early diagnosis, I would desire that for other
9 families as well. My focus is prevention for my
10 children, particularly as we move forward, and I
11 appreciate your desire to listen to our
12 conversation. And, again, I'd be happy to answer
13 any other questions that you have. But, thank
14 you.

15 MS. SCHARPF: Thank you, Katie. And our
16 last speaker will be Lisa Kosak. Hush!

17 MS. KOSAK: I've been picked on and I
18 haven't even started. I was lucky enough to have
19 the National Jewish Hospital in Denver, in my
20 backyard. I grew up in Minneapolis, I moved to
21 Vail, Colorado, just a little west of Vail in
22 1996. And at 40, I'm still pitching softball,

1 running the bases, kept getting slower and slower,
2 that from one turn to a double, then to a single,
3 because I didn't want to run around the bases.

4 At first I thought it was my heart, went
5 in for the heart catheterization, and it was sleep
6 apnea, and they sent me to National Jewish
7 Hospital for a sleep test. Two days of testing,
8 lo and behold. At that point I was on oxygen 24/7
9 and told me; you are going to have augmentation
10 therapy for the rest of your life. I'm like, I
11 don't do needles, I hadn't done a drug, a
12 prescription since 1994, it was prenatal vitamins.
13 You know, I just don't get sick, I didn't get
14 sick.

15 With that after -- I owned two
16 businesses, I had two kids, very active in the
17 community. I was on the Board of Directors for
18 the Chamber of Commerce, HOA Board, every charity
19 in Eagle County. Well with being on oxygen 24/7,
20 living at 8,000 feet is not conducive. Put my
21 house on the market, hired a great general
22 manager, and took early retirement at Vero Beach,

1 Florida.

2 How it affected by family even more? My
3 older son who is 24 now, started his senior year;
4 my youngest who is 21 started his freshman year in
5 a school where they knew nobody. And they've been
6 very supportive. At one point I didn't think I
7 would see them through high school, they both
8 graduated from college. One is in the University
9 of Texas in Austin, working on his Master's.

10 There is hope, there's a lot of things.
11 I was fortunate to have Jenny Faull as my AlphaNet
12 coordinator, in Florida, and eventually I became
13 an AlphaNet coordinator. I'm studying my third
14 clinical trial. One of the great things about
15 clinical trials, you get great workups from great
16 doctors that know stuff about us. So they can
17 look for things, they can -- that normal doctors
18 can't. So I highly recommend that.

19 But the biggest thing for me would have
20 been if my kids were tested as infants, because
21 they would have been -- they would come up as MZs,
22 and then it would have been suggested that people

1 get listed. Never would have had lung damage, I
2 would have had -- probably I wouldn't have moved
3 to Colorado, I would have stayed in Minneapolis,
4 because there was no oxygen at 8,000 feet.

5 So, that's what brought me here. Thanks
6 to Jenny I got involved, and I'll be involved. I
7 want my kids and my grandkids -- I don't have them
8 yet -- to have a better shot at this than I did.
9 So, it's on you guys to help us out. Thank you.

10 MS. SCHARPF: Thank you, Lisa. Thanks
11 to all of our speakers. I'll turn the program
12 back to Donna now.

13 MS. LIPSCOMB: Well, I think you guys
14 can give yourselves a big round of applause.
15 (Applause) Chris? And with that for closing
16 remarks I turn it back over to Dr. Michaud.

17 DR. MICHAUD: Thank you. I'd like to
18 start with a personal reflection. I'm really
19 struck by the solidarity among the members of this
20 community and the support that you give one
21 another. It's really -- it's truly admirable and
22 something that I think is leaving a mark. We've

1 had a very good day today, and I think my FDA
2 colleagues will agree that this has been an
3 important meeting.

4 We thank you for your participation
5 because that is what made this a success. The
6 information that you've shared with us, will help
7 us in our interactions with manufacturers and
8 investigators to facilitate the development of new
9 drugs, and for the design of new clinical trials.
10 What we've learned today will ensure that the way
11 measure benefits of new drugs in clinical trials
12 are measures that matter most to patients. The
13 information that we heard today, your input, will
14 also be useful to manufacturers of new therapies.

15 I want to touch on a few points before I
16 close the meeting. I can't recap all that we've
17 heard today, this meeting was very rich with
18 information, and we will be pouring over the
19 transcript to make sure that we've captured
20 everything.

21 What I heard was a resounding call for a
22 cure for this life-altering disorder. There is a

1 need for research that will lead to new and
2 innovative therapies. Improvements in the
3 therapies that exist today, whether in terms of
4 the delivery of the drugs, different dosing, and I
5 also heard a call for earlier treatment, and
6 that's something that may be reflected in clinical
7 trials in the future.

8 We also heard about many of the
9 challenges you face with current therapies. One
10 example is oxygen therapy and all the challenges
11 that that poses whenever you leave your home.
12 Also in terms of availability, as we heard in some
13 comments, we certainly heard that there is opacity
14 of therapies for those affected with liver
15 disease. Variable responses to the therapies that
16 exist today, and a call for faster drug approval,
17 accelerated development of therapies, I think that
18 was heard by all of us.

19 You talked about the huge burden of lung
20 and liver disease on patients and on their
21 families, and how that translates into demands on
22 your caregivers, I mean full impact of this

1 disease on your families. You talked about the
2 profound challenges of shortness of breath, how
3 life-limiting the lung symptoms or the pulmonary
4 symptoms are, and we also heard about the rapidity
5 with which liver disease can progress, and the
6 life-threatening complications of liver disease.

7 One person put it best by saying that
8 the impacts of Alpha-1 Antitrypsin deficiency can
9 be summed up as life never fully realized, and
10 that, I think, sums it up quite well.

11 On another theme we heard a lot about
12 late diagnosis and missed diagnosis, and your many
13 experiences with the health care systems, some of
14 which were obviously quite distressing. We heard
15 your concerns about a lack of education within the
16 medical community about this disorder, and the
17 fear of being hospitalized because you get sicker
18 in the hospital, as one person put it.

19 It's very clear that this is a
20 well-educated community, very proactive in
21 supporting research and this is a community that
22 seeks to have a voice in study design, and where

1 individuals are very motivated to becoming
2 enrolled in clinical studies.

3 The Alpha-1 Foundation has spoken about
4 the advocacy that it performs for patients, in
5 terms of study designs, the use of biomarkers, the
6 use of patient-reported outcomes, and also talking
7 about what's acceptable to patients in terms of
8 the use of placebo arms, for example, or other
9 factors that may be involved in these clinical
10 studies.

11 Just to close then, I want to thank you
12 very much for being here, or for joining us
13 online. Your participation was essentially to
14 making this a success. We've learned a great deal
15 from you today, and we are very grateful for that.
16 If you have more information you'd like to share
17 with us, please send us your comments on the
18 docket, and we will be reviewing all of these
19 comments.

20 Thank you also to my colleagues for
21 organizing this meeting, and to the Alpha-1
22 Foundation for your support and your help in

1 making today a very productive meeting. And
2 finally on behalf of the Center for Biologics
3 Evaluation and Research, I thank you for your
4 time. Have a good rest of the day. Thank you.

5 (Applause)

6 (Whereupon, at 3:37 p.m, the
7 PROCEEDINGS were adjourned.)

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1 CERTIFICATE OF NOTARY PUBLIC

2 I, Carleton J. Anderson, III do hereby
3 certify that the forgoing electronic file when
4 originally transmitted was reduced to text at my
5 direction; that said transcript is a true record
6 of the proceedings therein referenced; that I am
7 neither counsel for, related to, nor employed by
8 any of the parties to the action in which these
9 proceedings were taken; and, furthermore, that I
10 am neither a relative or employee of any attorney
11 or counsel employed by the parties hereto, nor
12 financially or otherwise interested in the outcome
13 of this action.

14 /s/Carleton J. Anderson, III

15

16

17 Notary Public in and for the

18 Commonwealth of Virginia

19 Commission No. 351998

20 Expires: November 30, 2016

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