

USING YOUR SELF-TEST | COVID-19 |

1 Follow instructions very carefully.



Use the QR code below for more information about self-testing and how-to videos.

2



3 If your results are positive Isolate yourself from others. As much as possible, stay in a specific room and away from other people and pets in your home.

Tell your close contacts that they may have been exposed to COVID-19.



If you are at an **increased risk** of becoming severely ill, treatment may be available. Contact your health care provider right away if your test result is positive.

Name of provider

Phone number of provider



www.cdc.gov/covidtesting