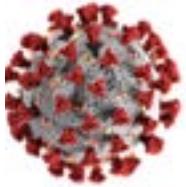


Met kopwe sinei porousen COVID-19 pwe kopwe pusin tumunu me tumunu ekkoch



Sinei porousen COVID-19

- Coronavirus (COVID-19) ew semwen mei fetan seni paikin mei tongeni fetan seni emon ngeni emon aramas.
- Ewe monun semwen a forata COVID-19 ew minafon coronavirus a chèu fetan non unusef fonufan.
- COVID-19 esisinan mei tongeni epwe kisikis (ika esapw pwa esisinan) epwe fen wesen weires apwangapwang.



Sinei ifa usun COVID-19 a chèu fetan

- En mei tongeni angei ewe semwen ika ke churi emon (non ewe ukkukun 6 fitt ika ruu tamen pau) mei wor ren ewe COVID-19. COVID-19 a fetan seni emon ngeni emon aramas.
- Ka tongeni angei seni ewe mei wor ren seni parasan an mwor, mwesi, ika porous.
- En mei pwan tongeni angei seni omw atapa ekkewe neni mei wor monun ewe virus won, nge mwirin ka atapa awom, pwotum, ika meseom.



Tumunu pusin me tumunu ekkoch seni COVID-19

- Ese mwo wor safean ika oposun epetin semwenin COVID-19. Ew anen epetin ei semwen kopwe achocho kosapw nom ia mei wor ie virus mei forata COVID-19.
- Nomonong non imw me achocho kosapw nom unukun ekkoch.
- Aea aponun pwot me aaw nupwen repwe no fetan nein aramas me non neni.
- Nimet me nii paikin won ekkewe neni chomong mei atapa ie.
- Tènu poum ngeni sop me konik non ukkukun 20 seken, ika fen aea sanitizer mi nofit me arukor epwe 60%.



Kao ne towaw seni ekkoch

- Kamo mongo me safei, churi noum dokter, me fori omw minen bank won computer.
- Ika kopwe feino non foufoun aramas, iwe kopwe towaw seni ekkoch non ukkukun 6 fitt me nimeti ekkewe mettoch kopwe atapa.
- Koko epwe wor chon uouto ren imwom me uwei ngeni imwom, me achocho aukuku omw tou seni imw.



Epeti esapw chèu fetan ewe COVID-19 ika pwe en mei semwen

- Nom non imw ika pwe en mei semwen, chinon chok ika kopwe no safei.
- Kosapw fiti sein muun, fiti emon won wan, ika taxi.
- Eimukono seni chon non imwom me noum maan.
- Ese mo fakkun fat sokkun safean ei COVID-19, nge en mei tongeni no safei an epwe anisi ekkewe esisinen ewe semwen.
- Ika en mei menei chon anisuk, iwe koko akomw.



Sinei omw kewe apwangapwangen ewe semwen

- Meinisin mei tongeni epwe torir ei COVID-19.
- Ekkewe ra chinap me ekkewe mei pwan wor ar apwangapwangen semwen ikenair ekkewe mei mecheres epwe torir ei semwen.



cdc.gov/coronavirus