

My Child is Showing Signs of COVID-19 at Child Care: What Do I Do?

Quick Guide for Parents, Guardians, and Caregivers

**If your child is sick or shows signs of illness, do NOT send them to child care.
If your child begins to have symptoms while in child care, follow these instructions:**

1. PICK UP YOUR CHILD



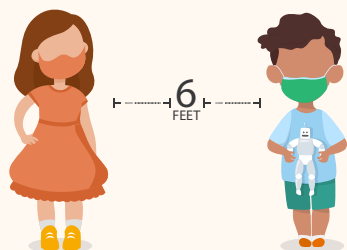
- If possible, pick up your child alone.
- If possible, wait in the car for your child to be brought to you.
- Everyone in the car should wear a mask except for children under 2 years old.
- Open the car windows for ventilation.
- If possible, wait 24 hours before cleaning and disinfecting your car. This will allow more time for the amount of virus in the air of your car to die off.
- If you are unable to pick up your child, work with your child care program to identify the best way to safely transport your child.
- Arrange to pick up any of your child's medical supplies (if applicable).

2. KEEP YOUR CHILD AT HOME AND MONITOR THEIR SYMPTOMS



- Call your child's healthcare provider to discuss your child's symptoms and find out if a COVID-19 test is needed.
- If possible, have the sick child (and anyone else who has symptoms) keep away from others and use a separate bathroom.
- Make sure everyone that you and the sick child live with who is 2 years and older wears a mask covering their mouths and noses whenever they are with others. It is especially important that anyone with symptoms or caring for anyone with symptoms wears a mask.
- After being in contact with someone with COVID-19, it can take up to 14 days to know if you are sick. People who live with you and the sick child should stay home and avoid contact with others (unless advised by a healthcare provider to leave home to seek medical care).
- Encourage everyone who lives with you and the sick child to wash their hands often and avoid sharing personal household items with others (e.g., dishes, cups, towels, bedding).
- Use an effective household disinfectant to clean "high-touch" surfaces and everyday items such as door handles, countertops, and faucets.

3. IF YOUR CHILD TESTS POSITIVE FOR OR IS SUSPECTED OF HAVING COVID-19:



- **Notify the child care program.**
- **Your child can return to return to child care only when all the following conditions are met:**
 - It has been at least 10 days since symptoms started **and**
 - Overall symptoms have improved **and**
 - Your child has had no fever for at least 24 hours without using fever reducing medication.