

# List of COVID-19 Resources for Community-Dwelling Older Adults

Accessible version: <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/older-adults/list-of-resources.html>

Resource	When would I use it?	Where can I find it?
CDC COVID-19 Data by Age	When you want to understand the risk of COVID-19 hospitalization and death by age.	<a href="#">CDC COVID-19 Data by Age</a>
CDC Information on Underlying Medical Conditions and COVID-19	When you want to find information about underlying medical conditions (or chronic disease) and COVID-19.	<a href="#">Underlying Medical Conditions and COVID-19</a>
CDC information for community-dwelling older adults	When you want to find the latest information for older adults living in the community.	<a href="#">Adults Who Need Extra Precautions</a>
CDC information for direct service providers of people with disabilities	When you want to find the latest information for direct service providers for people with disabilities.	<a href="#">Information for Direct Service Providers</a>
CDC information for shared/congregate housing	When you want to find the latest information on shared or congregate housing.	<a href="#">Information on Shared or Congregate Housing</a>
HHS information on social distancing in older adults	When you want to learn how to manage the effects of social distancing in older adults.	<a href="#">Managing the Effects of Social Distancing</a>
CDC information for caregivers of people with dementia	When you want to find the latest information for caregivers of people living with dementia in community settings.	<a href="#">Information for Caregivers of People with Dementia</a>
Resources for Caregivers	When you want to find tips for dementia caregivers providing home-based care.	<a href="#">Tips for Dementia Caregivers*</a>
Link older adults to direct services providers	When you want to connect older adults directly to services and assistance (e.g. home delivered meals, transportation, personal care) via the Eldercare Locator.	<a href="#">Eldercare Locator</a>
Resources from ACL	When you want to know how the Administration for Community Living is helping older adults during COVID-19 and how to connect to them.	<a href="#">ACL Resource</a>

Resource	When would I use it?	Where can I find it?
Resources from aging services	When you want to know how local aging service providers and Area Agencies on Aging are helping older adults during COVID-19 and how to connect to them.	<a href="#">Aging Services Resources*</a>
AARP Foundation toolkit	When you want to find resources to address social isolation in older adults.	<a href="#">AARP Toolkit on Social Isolation*</a>
Activities Decision-making AID	When you want to help older adults make decisions about which activities are safe during the pandemic.	<a href="#">Activities Decision Aid*</a>
Communication guide	When you want to help clinicians talk to older adults about COVID-19.	<a href="#">Communication Guide*</a>
Training for aging service providers	When you want to learn innovative strategies to serve older Americans during the pandemic.	<a href="#">Training for Aging Services Providers*</a>
Aging Services Network Information	When you want to understand how the Aging Services Network serves older Americans and provides assistance to service agencies.	<a href="#">Aging Services Network Information</a>
Emergency Planning Guide	When you want to learn more about emergency preparedness planning for older adults.	<a href="#">Emergency Planning Guide</a>
Emergency Preparedness Resources	When you want to learn more about resources for personal emergency preparedness for older adults and caregivers.	<a href="#">Emergency Preparedness Resources</a>
Emergency Preparedness Concerns	When you want to learn more about older adult health and medical concerns related to emergency preparedness.	<a href="#">Emergency Preparedness Health and Medical Concerns</a>

\* The Centers for Disease Control and Prevention (CDC) cannot attest to the accuracy of a non-federal website. Linking to a non-federal website does not constitute an endorsement by CDC or any of its employees of the sponsors or the information and products presented on the website. You will be subject to the destination website's privacy policy when you follow the link. CDC is not responsible for Section 508 compliance (accessibility) on other federal or private websites.

For technical assistance on older adult issues, please contact the Disproportionately Affected Populations Team at [eocevent366@cdc.gov](mailto:eocevent366@cdc.gov).