



Coronavirus Disease 2019 (COVID-19)

CDC COVID-19 PSA [Travelers Returning Home \(45 Seconds\)](#)

The Centers for Disease Control and Prevention is working to help keep you and your community safe from COVID-19.

If you have traveled within the United States or to another country, you may have been exposed to COVID-19. You may feel fine and not have any symptoms, but you can still spread the virus to others. Regardless of where you traveled or what you did during your trip, CDC recommends you take these actions to protect others from getting sick:

- Wear a mask when in public;
- Maintain social distance, approximately 6 feet, from others;
- Wash your hands often; and
- Watch your health: Look for symptoms of COVID-19 and stay home if you feel sick.

Follow state and local recommendations or requirements after travel.

To learn more, visit [cdc dot gov slash COVID19](https://www.cdc.gov/COVID19).