



Coronavirus Disease 2019 (COVID-19)

Key times to wash your hands

No sound. Silent video.

- KEY TIMES to Wash Your Hands
- **Before**
 - Eating or preparing food
 - Touching your face
- **After**
 - Using the restroom
 - Coughing or sneezing
 - Leaving a public place
 - Handling cloth face covering
 - Changing a diaper
 - Caring for someone sick
 - Touching animals or pets