

UNITED STATES FOOD AND DRUG ADMINISTRATION
NATIONAL INSTITUTE OF ALLERGY AND INFECTIOUS
DISEASES

SCIENCE AND REGULATION OF LIVE MICROBIOME-BASED
PRODUCTS USED TO PREVENT, TREAT, AND CURE DISEASES
IN HUMANS

Rockville, Maryland
Friday, April 19, 2019

1 PARTICIPANTS:

2 Welcome:

3 CAROLYN D. DEAL, Ph.D.
4 Branch Chief, Sexually Transmitted Diseases
5 Branch
6 Division of Microbiology and Infectious Diseases
7 National Institute of Allergy and Infectious
8 Diseases

9 Introductory Remarks:

10 PETER MARKS, MD
11 Center Director, Center for Biologics Evaluation
12 and Research
13 Food and Drug Administration

14 Keynote Address:

15 Introduction:

16 PAUL CARLSON, Ph.D.
17 Principal Investigator
18 Laboratory of Mucosal Pathogens and Cellular
19 Immunology
20 Center for Biologics Evaluation and Research
21 Food and Drug Administration

22 The Microbiome in Human Health and Disease: A
23 Clinician-Scientist's Perspective:

24 VINCE YOUNG, MD, Ph.D.
25 Professor, Department of Internal
26 Medicine/Infectious Diseases Division
27 Department of Microbiology and Immunology
28 University of Michigan Medical School

29 SESSION 1: Regulatory Framework for "Probiotics"
30 and Live Microbiome-Based Products:

31 Moderator:

32

1 PARTICIPANTS (CONT'D):

2 THERESA FINN, Ph.D.
3 Associate Director for Regulatory Policy
4 Office of Vaccines Research and Review
5 Center for Biologics Evaluation and Research
6 Food and Drug Administration

7 Dietary Supplements Containing Probiotics:

8 ROBERT "BOB" DURKIN
9 Deputy Director, Office of Dietary Supplement
10 Programs
11 Center for Food Safety and Applied Nutrition
12 Food and Drug Administration

13 Live Microbiome-Based Products Used to Prevent,
14 Treat, or Cure Diseases in Humans:

15 SHEILA DREHER-LESNICK, Ph.D.
16 Biologist, Division of Bacterial, Parasitic and
17 Allergenic Products
18 Office of Vaccines Research and Review
19 Center for Biologics Evaluation and Research
20 Food and Drug Administration

21 SESSION 2: Safety and Effectiveness of Live
22 Microbiome-Based Products Used to Prevent, Treat,
or Cure Diseases in Humans:

Part 1:

Moderator:

SUSAN MCCUNE, MD
Director, Office of Pediatric Therapeutics
Office of the Commissioner
Food and Drug Administration

Prevention of Necrotizing Enterocolitis
Use of Commercially Available Products to Prevent
NBC:

22

1 PARTICIPANTS (CONT'D):

2 JOSEF NEU, MD
3 Professor of Pediatrics
4 Director of Neonatology Fellowship Training
5 Program
6 University of Florida

7 Prevention of Diarrhea

8 The Evidence is in for Probiotics to Prevent AAD:
9 What is Holding Up Evidence-Based Use in the USA?:

10 DANIEL "DAN" MERENSTEIN, MD
11 Director of Research Family Medicine
12 Professor of Family Medicine
13 Georgetown University

14 Use of Probiotics in Acute Pediatric
15 Gastroenteritis - Two Large North American
16 Clinical Trails:

17 STEPHEN FREEDMAN, MDCM, MSc
18 Associate Professor, Department of Paediatrics
19 University of Calgary

20 Safety and Effectiveness of Live Microbiome-Based
21 Products Used to Prevent, Treat, or Cure Diseases
22 in Humans:

23 Part 2:

24 Moderator:

25 PAUL CARLSON, Ph.D.
26 Principal Investigator
27 Laboratory of Mucosal Pathogens and Cellular
28 Immunology
29 Center for Biologics Evaluation and Research
30 Food and Drug Administration

31

32

1 PARTICIPANTS (CONT'D):

2 Prevention of C. difficile Infection

3 Use of Commercially Available Products to Prevent
4 C. difficile:

5 A. KRISHNA RAO, MD, MS
6 Assistant Professor
7 University of Michigan

8 Overview of Controlled Studies Using FMT for
9 Prevention of C. difficile infection:

10 COLLEEN R. KELLY, MD
11 Associate Professor of Medicine
12 Alpert Medical School of Brown University

13 CMC Considerations for Live Microbiome-Based
14 Product Development:

15 JOHN G. AUNINS
16 Executive Vice President and Chief Technology
17 Officer
18 Seres Therapeutics

19 SESSION 3: Strain Selection for Live
20 Microbiome-Based Products to Prevent, Treat, or
21 Cure Diseases in Humans:

22 Moderator:

RYAN RANALLO, Ph.D.
Program Officer, Enteric & Hepatic Diseases
Branch
National Institute of Allergy and Infectious
Diseases
National Institutes of Health

Drugs Based on Rationally Defined Bacterial
Consortia:

1 PARTICIPANTS (CONT'D):

2 BERNAT OLLE, Ph.D.
3 Chief Executive Officer
4 Vedanta Biosciences

4 Development of Defined Consortia for Recurrent *C.*
5 *difficile* Infection:

5 ELAINE O. PETROF, MD, MSc, FRCPC, AGAF
6 Department of Medicine/Division of Infectious
7 Diseases
8 Gastrointestinal Diseases Research Unit
9 Queen's University
10 Canada

9 Finding the Needle in the Haystack: Moving From
10 Consortia to Single Strains:

10 NEERAJ "NEIL" SURANA
11 Assistant Professor
12 Departments of Pediatrics, Molecular Genetics &
13 Microbiology
14 Duke University

13 *Bacteroides fragilis* Used in a Mouse Model of
14 Autism:

15 GREG BATES, DVM
16 Senior Vice President
17 Regulatory Affairs
18 Axial Biotherapeutics

17 *L. plantarum* to Prevent Sepsis: Timing and
18 Strains Matter:

19 PINAKI PANIGRAHI, MD, Ph.D., FIDSA
20 Professor of Epidemiology, Pediatrics, and
21 Environmental, Agricultural and Occupational
22 Health
23 University of Nebraska Medical Center

1 PARTICIPANTS (CONT'D):

2 Wrap Up:

3 CAROLYN D. DEAL, Ph.D.
4 Branch Chief, Sexually Transmitted Diseases
5 Branch
6 Division of Microbiology and Infectious Diseases
7 National Institute of Allergy and Infectious
8 Diseases

6

7

8 * * * * *

9

10

11

12

13

14

15

16

17

18

19

20

21

22

1 P R O C E E D I N G S

2 MS. DEAL: My name is Carolyn Deal. And
3 on behalf of the National Institute of Allergy and
4 Infectious Diseases, I want to welcome you and
5 thank you all for coming today to this workshop
6 that we're holding jointly with the Food and Drug
7 Administration, the Center for Biologics, on live
8 biotherapeutic products. I think all of us, and
9 certainly by the amount of interest there was in
10 this workshop, we realize that this is a rapidly
11 moving, evolving, and important area. NIAID has
12 supported research in this area for quite a while,
13 mainly in the basic area. And it's exciting to
14 see it evolve from the basic research area into
15 translational work leading to product development.
16 However, we all know this does pose new
17 challenges, questions, but I would say also
18 opportunities. And we hope that these
19 opportunities can lead to new products that will
20 improve public health. For those reasons, NIAID
21 wanted to partner with the FDA to start a
22 discussion with the scientific community and our

1 manufacturing partners as to how best to approach
2 the need for rigorous clinical studies to evaluate
3 these products. For this, we know there are two
4 requirements. One is well-characterized products,
5 and the other is well-designed clinical studies
6 with defined end- points. These are some of the
7 topics that we hope that we can discuss today, and
8 get your input and thoughts, and see how we can
9 all collectively move forward. We really look
10 forward to this discussion and hope that everyone
11 at the end of the day will come away with some new
12 ideas. And now, it's my great pleasure to
13 introduce Dr. Peter Marx, who's the Director of
14 CBER, who will go into more detail about today's
15 program. Thank you, Peter, for coming.

16 DR. MARX: And so, good morning. I want
17 to welcome all of you in the room and on the
18 webinar to this workshop on the Science and
19 Regulation of Live Microbiome-Based Products used
20 to prevent, treat, or cure disease in humans.
21 Before I go further, I want to thank colleagues at
22 the National Institute of Allergy and Infectious

1 Diseases, and of the Food and Drug Administration
2 for putting together such a stimulating program.
3 We really have a group of presenters assembled
4 today that's highly qualified to discuss the
5 relevant issues. And I hope you'll find all the
6 presentations, panels, and interactive dialogue
7 informative and engaging. Just to orient you to
8 the day, we'll start off with the key-note address
9 by Dr. Vince Young of the University of Michigan.
10 And this will be followed by two presentations on
11 the regulatory framework for probiotics and live
12 microbiome-based products. After the morning
13 break, we'll first hear part of presentations on
14 the safety and effectiveness of live
15 microbiome-based products used to treat, prevent,
16 or cure disease in humans. And these
17 presentations and the discussions will continue
18 after lunch. And then following the afternoon
19 break, we'll hear presentations and a discussion
20 of strain selection for live microbiome-based
21 products to prevent, treat, or cure disease in
22 humans. Now it's certainly true that over the

1 past two decades the relevance of the human
2 microbiome to maintain health and to prevent the
3 occurrence of disease has never been more greatly
4 appreciated. And I think, the following, which is
5 quoted from the science journalist, Michael
6 Specter, summarizes this all quite nicely. I
7 think his words are much better than mine could
8 be. "We inherit everyone of our genes, but we
9 leave the womb without a single microbe. As we
10 pass through our mother's birth canal, we begin to
11 attract entire colonies of bacteria. By the time
12 a child can crawl she or he has blanketed by an
13 enormous unseen cloud of microorganisms -- a
14 hundred trillion or more. They're bacteria
15 mostly, but also viruses and fungi, including a
16 variety of yeast. And they come to us from all
17 directions. Other people, food, furniture,
18 clothing, cars, buildings, trees, pets, and even
19 the air we breathe. They congregate in our
20 digestive systems and our mouths, fill the space
21 between our teeth, cover our skin, and line our
22 throats. We're inhabited by as many as 10,000

1 bacterial species, and those cells outnumber those
2 which we consider our own by 10-to-1 and weigh --
3 all told -- about three pounds, the same as our
4 brain. Together they're referred to as a
5 microbiome and they play such a critical role in
6 our lives that scientist's have begun to
7 reconsider what it means to be human." So it's my
8 sincere hope today that you'll find the
9 presentations stimulating and the dialogue will
10 provoke questions that will help define where
11 additional work is needed, to fully realize the
12 potential of microbiome-based products to prevent,
13 treat, or cure disease in humans. And with that,
14 I wish you all a wonderful day engaging on this
15 topic, and I think we're actually about on time.
16 So thanks very much.

17 SPEAKER: Thanks, Peter. So with that
18 I'll introduce our first speaker. Our keynote
19 address today is by Dr. Vince Young. Vince got
20 his bachelor's degree from MIT. And then went on
21 to Stanford for his M.D. and Ph.D. before starting
22 his first faculty position at Michigan State

1 University. In 2007 Vince moved to the University
2 of Michigan which is where I met him, and we've
3 interacted quite a bit since then. He is
4 currently the William Henry Fitzbultter Professor
5 in the Department of Internal Medicine and
6 Infectious Diseases. He has a joint appointment
7 in the Department of Microbiology and Immunology.
8 And I think most of you probably know Vince.
9 Vince has been on the cutting edge of the
10 microbiome field and also C. difficile -- both in
11 the context of the microbiome and beyond. So with
12 that, I will turn it over to Vince who's going to
13 give us an overview of the microbiome from his
14 perspective as a commissioned scientist.

15 DR. YOUNG: Thanks to Paul, thanks to
16 the FDA, and NIAID for giving me the opportunity
17 to speak today. I want to tell you a bit about
18 the microbiome. And I know people have varying
19 expertise and everything, so I apologize for those
20 people who've heard me talk before, and I'm going
21 over things again. But I wanted to kind of set
22 the stage for the day. We're going to have a lot

1 of discussions about the microbiome. And I think
2 it might be useful -- since I am a clinician, and
3 I've had the opportunity to kind of think about
4 how we might use this in clinical medicine -- to
5 kind of set a framework for this. And first of
6 all, my disclosures, yeah, I've done some
7 consultantships, but I won't be talking about any
8 of that work and I won't have any discussions of
9 off-label use or any FDA-approved therapies, and
10 I've retired from football (laughter).
11 Microbiome, right. We all hear about it. This
12 was from Saturday on the airplane, back from San
13 Diego, like what's the latest count when you put
14 microbiome into compartments -- they're up to
15 45,937 papers as of Saturday. And finally, we
16 actually have more primary literature than
17 reviews. There was a time where we kind of were
18 the other way around. There was like three times
19 as many reviews on the word microbiome than there
20 was data. And you can kind of see some of the
21 ones that come up with best matches there. It's
22 kind of interesting. So I published this a year

1 ago in BMJ, because I think clinicians are very
2 interested in the microbiome. And I was actually
3 at the American College of Physicians in May at
4 their national meeting. And I was speaking to a
5 group -- there were probably about a 1000
6 practicing internal medicine physicians at the
7 ACP. And I asked them, "Who's heard of the
8 microbiome?" Everyone laughs, every hand went up.
9 And I said, "Who has had patients that have asked
10 them questions about the microbiome?" And about
11 70 percent of the hands in the room went up. And
12 then I asked, "Who has had patients bring in
13 microbiome service that they've gotten through
14 various commercial," -- I won't name any of those
15 entities right now -- but places that you can get
16 a microbiome survey done. About 30 percent of the
17 practicing internal medicine clinicians in the
18 room raised their hand. And then the final
19 question was, "Okay, who knew what to do with
20 these?" And there were no hands up. And I said,
21 "Yeah, you notice my hand isn't up either.
22 Because I'm not sure what to do either." Because,

1 you know, this is something that we encounter all
2 the time. On Saturday, I'll also end up doing the
3 Google News search, you know, look at what we're
4 talking about with the microbiome. It's the usual
5 thing. Is your microbiome making you sick? This
6 one, with regards to today, they took a couple of
7 the papers that were published from the group out
8 of Israel a couple of weeks ago -- and kind of
9 saying that, oh yeah, the probiotics don't do
10 anything. I don't, you know, I made sure to read
11 those self-papers. They didn't come out and say
12 that, but that's how it was interpreted in the
13 news. So it's out there. There are a lot of
14 people interested in the microbiome. So for the
15 purposes of my talk -- and I know other people use
16 different definitions -- but when I refer to the
17 microbiome, I am talking about the microbes, but
18 I'm also talking about the environment they
19 inhabit. In other words, the soil of the human
20 body. And this is important for me. Because when
21 I refer to the gut microbiome, this is the
22 organisms, these are the compounds that are being

1 produced in there. And what's very important with
2 regards to the later, that is actually due to the
3 metabolism of the host and the microbe. So it's
4 actually the biome. That's the root of the word.
5 That it's this environment there. And then when I
6 use the word microbiota, I'm going to just be
7 referring to the microbes. So, you know, we've
8 all seen various pictures like this. This idea
9 that it's a forgotten organ. We have a lot of
10 different species in there. As we go through the
11 GI tract, as you go through the lungs, as we go
12 through the skin, as we go to the GU tract --
13 there are microbes in and on us. Okay? And they
14 can be very important in terms of what we're
15 doing. And they can be important for two ways.
16 They can be important both in terms of anatomy --
17 when we're talking about the microbiota, we can
18 just be wanting to know who's there? What's the
19 anatomy? Taking census. Doing 16S surveys to say
20 what are the microbes that are there? Doing
21 fungal surveys. Doing sequencing so that we can
22 look at the viruses that are there, you know. But

1 the physiology -- as a physician -- it's important
2 not to know just the anatomy, but we also want to
3 know what they're doing. In other words, what can
4 they do, but actually what are they doing at any
5 given time? And this is just kind of modified
6 from a review, where we kind of looked at the kind
7 of plethora of different techniques that people
8 use to study indigenous microbiota and the
9 microbiome itself -- as we look at proteomics,
10 metabolomics, you know. Cultivation is still
11 important. We do a lot of 16S surveys. And if
12 we're going to try to come up with a
13 biotherapeutic, I can't imagine that we're going
14 to ever treat someone with a 200-base para-snippet
15 of their 16S gene, but we might treat them with an
16 organism that contains that 16S gene. So what do
17 mean by anatomy? Well if we look at the human
18 anatomy, we do note that there are different
19 organisms that are on different parts of the body.
20 And they're fairly characteristic, but there's a
21 lot of individual variation. We knew this from
22 the human-microbiome project -- that everyone's

1 sort of individual. And so the anatomy can vary.
2 But what we are finding a little bit more is that
3 the physiology -- the functions of these
4 communities seem to be relatively stable in
5 individuals that we would consider "healthy". And
6 they carry out a lot of different conversions.
7 They can break down compounds. We hear a lot of
8 about how fermentation of resistant starch can
9 give rise to short-chain fatty acids. Which may
10 influence how obese we are or how much
11 inflammation we have in our gut. We can actually
12 take xenobiotics -- drugs and toxins. We can
13 convert them in multiple, multiple ways. I'll
14 discuss that a little bit later with some
15 examples. The microbes themselves can just
16 synthesize things that are useful to us. And
17 there is a lot of signaling back and forth between
18 the host and the microbes through the epithelium,
19 through the immune system. And so this microbiome
20 here, as you can see it, this is all related to
21 the host and the microbes. And it has a pretty
22 dramatic and very complicated physiology -- and

1 what can we learn about it? Well I'm going to
2 pick a couple of examples. I'm going to start out
3 with a little bit pharmacology, you know, the FDA
4 is sponsoring, so I will talk about drugs and
5 microbes. But I am an infectious-disease
6 physician, and we are here at NIAID, so we'll end
7 up on that. And I know that there are a number of
8 people who are giving talks on C. diff, and they
9 have shorter talks. So feel free to just kind of
10 skip over some of your intro slides as you need
11 to. As I'm going to kind of cover C. difficile in
12 some detail here. But drug metabolism, I was
13 saying that the microbes can do all sorts of
14 things. And they can metabolize, you know,
15 biotics which includes drugs. And Digoxin's a
16 classic example. In medical school I was taught,
17 oh, Digoxin's a great cardiac, I mean in
18 glycoside, it's good for arrhythmias, et cetera.
19 Except for the fact that it has this narrow
20 therapeutic index. The amount of Digoxin that you
21 give to a person between helping them and becoming
22 toxic is very, very narrow. And even more tricky

1 is the fact that some patients you can give the
2 tiniest whiff of Digoxin and they go to toxic
3 levels. Other patients you can keep on can keep
4 on upping and upping the dose before you get
5 therapy. And they don't seem to have toxicity.
6 Well a while ago, it was reported that this
7 particular bacteria -- *Eggerthella lenta* -- could
8 map metabolized Digoxin. And that kind of just
9 stayed there for about 20 years, until Peter
10 Turnbaugh decided to revisit it and actually
11 figure out exactly how did *E. lenta* inactivate
12 cardiac glycosides. And could that could that
13 actually be used to predict the ability of a
14 person to actually get toxic or actually have a
15 good therapeutic effect. And what he found out --
16 as a good microbiologist -- he kind of got
17 different strains of *E. lenta*. and found that not
18 all of them had the ability to reduce the drug.
19 So it actually varied. And that's one thing, you
20 know, that's very important. That's actually why
21 it's important not to just grab a snippet of 16S
22 and say, oh, you have *E. lenta* there. Depending

1 on which strain you have, it might be able to
2 reduce cardiac glycosides like Digoxin, but
3 there's others that don't. And then he looked
4 very carefully to see what was happening. He took
5 patients that were these reducers versus not. And
6 he showed, yeah, okay fine, they could reduce --
7 the microbiota itself can convert. And *E. lenta*
8 itself could convert Digoxin. But there seemed to
9 be some sort of interactions between this organism
10 -- *E. lenta* that has this particular gene cluster
11 that he found out that was very important for this
12 bioconversion -- and there was interaction with
13 the microbiota. Okay, so here are the two strains
14 of *E. Lenta* -- this one is very good at reducing
15 Digoxin, this one that can't. And he took a
16 patient who did not have the ability in their
17 microbiota to reduce Digoxin, and when he added
18 the type strain, sure, he actually got good
19 reduction. And in fact, even more reduction based
20 on the number of organisms than *E. lenta* alone.
21 Where the gut microbiota did not enhance the
22 ability of the organism that didn't have this

1 ability. So there's not just the bug, it's the
2 bug and all the other microbes that are there.
3 And so sometimes we try to reduce things too much.
4 Oh, does the person have this organism? Or does
5 this person have a microbiota? But it's more
6 complicated than that. When you actually put
7 human genetics on here, now you're really building
8 up this idea that this is a very complex system.
9 How about outcome a little bit more modern in
10 terms of therapy? Cancer immunotherapy. It's
11 being advertised on TV now, right? You know, this
12 so and so's place that does all of this anti-tumor
13 therapy based on the host immune system. There
14 are a number of drugs that have come out. And
15 about three-years ago, I was being invited by some
16 of my old residency and med-school classmates --
17 who are all in (inaudible). I said, "You guys
18 like these papers that came out in science, didn't
19 you? You want someone to start?" Finally, after
20 wondering like, what are you doing studying this
21 microbiome thing? They said they all wanted me to
22 come and talk, because there were two papers that

1 came out on animal studies where they showed the
2 efficacy of cancer immunotherapy was modified by
3 the microbiota. I'm going to go over these two
4 papers briefly -- not so much that I want you to
5 have the details -- but I want you to understand
6 how we can actually look pre-clinically to study
7 the effects of the microbiota. So in this first
8 paper, where they were looking at ipilimumab --
9 and they showed that the microbiota was necessary
10 for anti-CTLA4 therapy. And what they did is,
11 okay, so here's the therapy. You know, they put
12 tumors in some mice and if they used basically an
13 isotype-control antibody, these tumors get bigger
14 and bigger and bigger. But if they give one
15 that's related to ipilimumab, anti-CTLA4, the
16 tumors shrink. Okay? Or don't grow as fast --
17 they don't necessary shrink -- but they grow as
18 fast when they're transplanted into these mice.
19 Now they did something interesting, you can raise
20 mice without any microbes. And if you take these
21 germ-free mice and inject the tumor -- and it
22 doesn't matter now if you give the anti-CTLA4

1 antibody, the tumors grow just the same as if they
2 got isotype-control antibody. And they could also
3 kind of replicate this by taking animals that do
4 have an intact microbiota, but kind of suppressing
5 it somewhat by giving an antibiotic cocktail. And
6 once again, instead of seeing the anti-tumor
7 effect, they've eliminated the anti-tumor effect
8 by changing the microbiota. And they did some
9 other studies we won't go into here. It's not all
10 antibiotics -- it depends what the spectrum of
11 activity is. So there's certain elements of the
12 microbiota that are responsible for mediating this
13 anti-CTLA4 response. So they did the same thing
14 with anti-PD- L1 therapy. And they did a
15 different kind of study. Again, don't worry about
16 the details or what the message is -- but here's
17 another way to study it -- okay, once again they
18 were taking mice. And people used to say, oh
19 yeah, get a black-six mouse. Wild-type mouse.
20 Doesn't matter where you get it from as long as
21 they're genetically identical, you should have the
22 same results. Not true. If you buy your mice

1 from Taconic or Jackson Labs -- two of the major
2 vendors -- you had different responses in
3 genetically-identical mice. So again, you didn't
4 have as good of response to the anti-PD-L1
5 antibodies if you buy your mice from Taconic as
6 opposed to if you buy your mice from Jackson. So
7 the differences that people might see in their
8 studies depends where they buy their "genetically-
9 identical mice". Okay? We did some immunology
10 here, we'll kind of skip that a little bit. What
11 they did show though, if you house the mice
12 together, before you start treating them -- and
13 mice are very convenient, they like to give each
14 other fecal transplants. They'll pick up their
15 neighbor's feces and they'll eat it. And so you
16 kind of "normalize" or at least, I don't know,
17 neutralize the affects you have of the different
18 microbiota. At that point, if you house Jackson
19 and Taconic mice, now you have the same response
20 in both. Okay? And they kind of worked a little
21 bit further on this to kind of figure out that,
22 yeah, there's certain elements of the microbiota

1 that might be important. Well, that was all kind
2 of fun. It was in mice. That was 2015. This is
3 an example of how fast things can move -- just in
4 January of this year three papers came out in
5 science. And these are studies now in humans that
6 are showing that the microbiota actually has some
7 sort of influence on anti-PD-L1 therapy. Again,
8 for epithelial terms, melanoma. Now the
9 interesting thing about these papers is that they
10 got the same results as far as, you know, the
11 microbiota being able to help or influence a
12 response. But there were some differences as to
13 what they found as the microbes that are
14 "important". Or at least associated with these
15 kinds of affects. Showing again, not everything's
16 the same. It's not just an individual organism
17 that you need to find -- okay, let's find this
18 organism, if you have it or you don't. It's a
19 little bit more complicated than that. And I
20 think that's why there's some frustration in the
21 field. And we'll be hearing some talks about
22 people who are using similar-strain probiotics,

1 looking for communities, looking for combinations,
2 and perhaps trying to tailor the therapy based on
3 the patient. And let's move to my favorite topic
4 -- infectious diseases, okay? So for 100 years
5 we've been associating microbes with disease --
6 using things like Koch's postulates. Or finding
7 an organism and giving it to a medical student or
8 a mouse, re-creating the disease, pulling it out
9 again and, you know, saying, well, okay. This is
10 how we can get pathogens. But there's a classic
11 case that we would find. So this was the case
12 that was first presented to me about 30- years ago
13 when I was a med student. So you have a patient
14 that has chronic-lung problems. He comes in, he
15 has an exacerbation of his chronic bronchitis.
16 He's given "broad- spectrum antibiotics". This is
17 more of a modern kind of therapy as opposed to
18 what we might have given when I was a med student.
19 And he gets better from the pulmonary standpoint.
20 But three days into hospitalization, he develops
21 abdominal pain, diarrhea, hypertension, actually
22 has to get transferred to the intensive-care unit.

1 You know, what happened? You were trying to treat
2 a person with pulmonary infection with antibiotics
3 -- and now he gets GI distress? Maybe he didn't
4 -- hopefully our foods clean. He didn't develop
5 the gastroenteritis in the hospital. What's going
6 on? Well, this is *C. difficile*. A lot of people
7 know about *C. Difficile*. And it was sort of even
8 said at that time by one of my Ph.D. advisors,
9 (Stan Faul). He said, "Well, we disrupted the
10 normal," he referred to it as flora at the time.
11 You know, the normal gut flora was disrupted by
12 the antibiotics and somehow this allowed *C.*
13 *difficile* to come in. And so the paradigm is that
14 people have a normal microbiota, it has this
15 magical property of colonization resistance. Able
16 to keep away certain pathogens from growing in.
17 But when you alter the community with antibiotics
18 you create a more susceptible microbiota --
19 whatever that means. And *C. Difficile* is a spore
20 flora. And interestingly enough, the spores are
21 unfortunately, all over the hospital. And you see
22 the alcohol dispensers in the hospital. They

1 don't get rid of the spores, they just help you
2 spread them around, perhaps, a little bit more.
3 But when the spores encounter the right
4 environment -- we'll talk about that a little bit
5 -- of this susceptible microbiota -- the spores
6 germinate, you have the vegetative form that
7 produces a very potent toxin that causes all the
8 damage in the intestinal tract. That's when you
9 get disease. And depending on who you are, what
10 the strain is, perhaps what the microbiota are,
11 you might have mild disease. Even asymptomatic
12 colonization -- or you might actually have a more
13 severe fulminant disease. And we don't know all
14 of the aspects of the microbiota -- the pathogen
15 and the host -- that determine all that. But
16 there are a number of us who are studying that
17 quite intently. But as an infectious disease doc,
18 even if you got in trouble with antibiotics,
19 hopefully monitored or recorded antibiotics will
20 get you out of trouble. So you treat the C.
21 difficile. Hopefully when you stop all the
22 antibiotics, the microbiota goes back to normal.

1 Everything's back to normal and you don't have
2 disease. But a lot of patients, unfortunately,
3 when you stop the antibiotics -- about 20 percent
4 depending on the series after the initial
5 treatment -- will develop recurrent disease. You
6 stop antibiotics, even though they got better when
7 you were treating their C. difficile -- they have
8 disease, they're toxin positive again, and you
9 have C. difficile infection going around. And you
10 can treat them with more antibiotic's, and you can
11 go through this recurrent cycle. And we're going
12 to hear about some of the approaches that people
13 have for breaking this. But one of them that has
14 a lot of interest is this idea of fecal
15 transplant. My younger son is a freshman at the
16 University of Michigan. He's taking freshman
17 biology. And in the second lecture they were
18 talking about fecal transplants from C. difficile.
19 He actually texted me with the slide of the
20 professor -- and kind of giving me the thumbs up.
21 And interesting enough, he happened to be sitting
22 next to a friend of his from high school -- who's

1 the son of a friend of mine who's the
2 gastroenterologist who started the fecal
3 transplant program at Michigan. So I actually
4 kind of wrote a quick e-mail to the professor. He
5 had at least two people who were pretty amused by
6 that, so. It goes back a long ways. You know,
7 they're talking about Pliny the Elder, and we can
8 go to ancient Greece about him using fermented
9 milk products and perhaps fecal transplants. And
10 in China there is this talk of having yellow soup
11 -- which is basically, you take feces, you mix it
12 up, you let the thick part settle, you take the
13 kind of liquor from the top, and that can be used
14 to treat a variety of illnesses. I mean, that's
15 kind of fun, you know. I don't know. If you ever
16 see yellow soup on the menu, I don't know
17 (laughter). You can decide what you want to do
18 with that. Really, the modern age of FMT came
19 from our surgical colleagues in 1958. So it was
20 after people started using antibiotics, they
21 noticed that there was this pseudomembranous
22 enterocolitis that could arise. And actually,

1 it's interesting to read this article, because a
2 lot of the stuff that's said here -- you know,
3 we're 60 years on -- we're still sort of saying
4 the same thing. We assume that it has something
5 to do with antibiotics -- adjusting the
6 microbiome. And you know, they had a case series
7 of giving basically fecal enemas to rescue these
8 patients that would normally have had to have
9 their colon taken out. And of course, a lot of
10 people are very familiar -- when this paper came
11 out, we're going to hear updates to this. Our
12 colleagues are going to talk about, you know,
13 really much more. And this is based on a total of
14 16 patients that everyone, you know, if you just
15 take this paper at its face value, that's the
16 reason to use fecal transplants. But we have a
17 lot of other data that we'll hear about using
18 feces to treat recurrent *C. difficile*. But how
19 does this work? What's going on? So I'm going to
20 take a somewhat older paper from my lab. This is
21 on a C. Cath, and as of January, so he'll be an
22 assistant professor at Clemson, continuing to work

1 on the role of the microbiota and C. Difficile
2 infection. But when she started as a post-op --
3 we actually had some fecal specimens that we had
4 gotten from a number of investigators in Minnesota
5 -- who actually had been treating patients with
6 fecal transplantation for a number of years for
7 recurrent C. difficile. But they saw me at a
8 meeting, and they wanted to say, well, what does
9 this do to the microbiota? And so you have
10 Bakken, the former president of the Infectious
11 Disease Society in America, Charles Gesser --
12 who's now retired, but has done a lot of fecal
13 transplantation -- asked us, what do you need? I
14 said, well, I want the fecal specimens before you
15 transplant the patients and after you transplant.
16 And I also wanted the donors. And these were
17 patients who had a lot of C. diffs. This is the
18 time that they got their fecal transplantation and
19 the circles were the positive -- these are times
20 they had positive tests for C. difficile, and then
21 the colors of the various treatments that they had
22 had -- with regards to antibiotics to try to treat

1 C. difficile. These patients had a lot of
2 recurrence up to the time they had their fecal
3 transplantation. And interestingly enough, they
4 did what we're not supposed to do -- they tested for
5 cures. So some people were still positive, but of
6 these patients, all but two responded to the
7 initial FMT -- some of them an additional FMT and
8 they subsequently responded there. But I'm not
9 telling you this because FMT works for C.
10 difficile -- but this is what we did. This is
11 kind of to show a little bit of the example of one
12 of the many, many techniques to look at the
13 microbiota. And this is sequencing amplicons of
14 the 16S gene that encodes for the small subunit of
15 the ribosome RNA. Because it's conserved in life,
16 you can have kind of near universal or basically
17 group-specific broad-range PCR. And because of
18 these stem-loop structures, there's variability.
19 We use these sort of, you know, people refer to
20 them as bar codes for specific bacteria. This is
21 how we can kind of get an idea of who might be
22 present. Not what they're doing, not what their

1 functional capacity, but what organisms might be
2 there. And you read microbiome papers and you see
3 all of these different kinds of analyses that
4 people are doing either for this or metagenomic
5 sequencing -- you hear about all these diversity
6 indices, and your eyes kind of glaze over and
7 you're, what do you do with all these data? You
8 know. But I want to take you through some of
9 these, just to show that it's not rocket science.
10 One of the simple things you can do is you can try
11 to classify what organisms might be present. And
12 so all the patients here are organized in that you
13 have their pre-FMT sample, the post-FMT sample,
14 and when we got it -- a couple of them we missed
15 it -- what does the donor look like? Okay. And
16 who cares what the organisms are being classified.
17 Because sometimes you can actually get fooled.
18 For example, *C. difficile* gets classified as
19 *Clostridium* Group XI. You know, and if you're not
20 familiar that it might be in there -- who cares?
21 But then your kind of, oh wait, that's *C.*
22 *Difficile* itself. But if you just look at the

1 communities -- let's look at patient number one.
2 You see the pre and post -- doesn't matter what
3 they are -- the compositions quite different. And
4 interestingly enough, the post looks more like the
5 donor. And this is two weeks after
6 transplantation. You can see this over and over
7 again around here. So this is one way to look at
8 things. This is kind of simple. You only have a
9 handful patients -- this is okay. But what if you
10 have a study with a 1,000 patient's seeing all
11 these stack-bar charts might -- you know, it's
12 hard to make sense of it, what are you going to do
13 with it? Well one of the things you can do is,
14 you can let the data speak for themselves. Now
15 these are all the different types of bacteria --
16 based on the 16S -- arranged here. They're kind
17 of clustered taxonomically. But now we're looking
18 at the communities, and we're using one of these
19 various clustering techniques to see -- okay all
20 of the samples, how do they cluster? Which
21 samples are more similar to the other? And what
22 you see, there's two main groups here. And even

1 if you just look from afar, and you can notice
2 that, hey there seems to be fewer bacteria in this
3 left-hand cluster than there is in the right-hand
4 cluster. Okay? This is more diverse -- this is
5 less diverse. And you can even look, that this
6 has a lot of things related to E. coli over here
7 -- not C. difficile -- related to E. coli. That's
8 something we see over and over again. And then if
9 you look to see what the samples were -- you find
10 out that the pre-FMT samples are in this
11 low-diversity group. And then all the donors and
12 most, but not all, of the post -- in green FMT
13 samples -- they're also over here in this
14 diversity group. I told you that two patients
15 didn't respond. When I saw this, I said, "Oh, oh,
16 Anna, please tell me that these two samples were
17 from the two patients who didn't respond." She
18 goes, "No, that's not true." (Laughter). So you
19 can't use -- as much as you can get broad
20 generalities from looking at groups of patients,
21 perhaps we don't have enough resolution in ideas
22 for this technique to be able to look at an

1 individual-fecal specimen from an individual
2 patient and make any sort of predictions at this
3 time, okay? That's the lesson there. One last
4 thing is, we kind of showed that this idea of
5 lower diversity -- this is actually the first
6 paper I published on C. diff back in 2008. And
7 again, we were just kind of looking. I was just
8 learning how to use these techniques. And yeah,
9 patients with recurrent disease had lower
10 diversity than patients had an initial episode
11 that responded or healthy controls. Okay? And
12 that can be seen again when you treat these
13 patients -- you go from pre-FMT -- and it doesn't
14 matter what kind of diversity in the mix -- you
15 don't have to worry about the details here. But
16 the pre and the post -- you basically increase it.
17 You don't get quite to where the donors are -- but
18 in general, you increase the diversity. So
19 diversity in and of itself doesn't predicts things
20 -- but it's sort of associated with a more healthy
21 microbiota. But I think we have to go down to the
22 details of, really, who's there and what are they

1 doing. But how do we study what's going on?
2 Okay, so you're making these observations. How do
3 we get at mechanism? Because if we're going to
4 come up with drugs, we need to know the mechanism.
5 So we do have model systems -- the hamster's one
6 model system, mice are the other. And the mouse
7 work -- actually, around the time -- whoops,
8 sorry, this is blurry, don't worry about it. In
9 2008 Karin Kelly and his group in Boston,
10 revisited the mouse model and showed -- and that's
11 actually nice that it's blurry -- it doesn't
12 matter what antibiotics you're giving. You can
13 give a whole set of antibiotics here, and then if
14 you infect with *C. difficile*, you can take a mouse
15 that has a normal colon and you can create *C.*
16 difficile. You get a lot of edema, a lot of
17 destruction of the epithelium. And we've played
18 with this for about the past ten years in a lot of
19 different ways. We can model recurrence, we can
20 model varying severity -- depending on the
21 microbiota varying severity -- based on host
22 factors varying severity -- based on the *C.*

1 difficile strain. And we actually have a systems
2 biology grant where we're trying to look at all
3 these. So look at -- can we get an idea of what
4 the host and the microbiota are doing specifically
5 to try to interfere with *C. difficile*? And there
6 are a lot of potential mechanisms here. And let's
7 go over one of them -- and this came from Casey
8 Theriot from when she was a post-op in my lab.
9 She's now an assistant professor at NC State.
10 She's now in Atlanta hiding the storm. She was
11 actually wanting to look at -- how do we look at
12 functions? Well let's looking at the metabolites.
13 I mentioned the microbiome. Let's look at the
14 metabolites. What could be going on in *C.*
15 difficile infection? And she used one of the
16 models where you can take mice with a normal
17 microbiota -- she used a single drug at this time,
18 cefoperazone -- the animals become susceptible to
19 *C. difficile*, they develop very bad disease. And
20 from another post-op showed that after giving this
21 antibiotic, if you take them off the antibiotics
22 -- keep them on sterile food and water -- six

1 weeks later they're microbiota goes back to a
2 different state -- not the original state, but
3 Casey showed that this secondary state is still
4 resistant to *C. difficile* infection. So what
5 Casey did is, first she looked at who's there?
6 And she showed that when you become susceptible --
7 again these are the microbes along here clustering
8 -- based on the types of organisms that present in
9 the community -- the susceptible state is quite
10 different than the animals here and here, that
11 never saw antibiotics -- either at right away or
12 eight weeks later. Their microbiota is pretty
13 stable. But this altered community had different
14 community structure -- the population of
15 organisms. The community was different. Even
16 though it had the same function -- that is
17 resistance to *C. difficile*. And when she looked,
18 she looked at a lot of metabolites, she looked at
19 thousands of metabolites. She kind of focused on
20 bile acids. And she saw that regardless of what
21 the community looked like, the panel of bile acids
22 seemed to be very similar in all the animals --

1 resistant versus those that were susceptible. And
2 what might this have to do? I told you that C.
3 difficile comes in as spores. Certain of the bile
4 acids -- in particular the conjugated-bile acids
5 -- the ones that are secreted in our liver -- are
6 very good at triggering sporulation of C.
7 difficile. Where other forms of bile acids --
8 such as deoxycholate -- were actually very toxic
9 to vegetative C. difficile. And what's important
10 here -- this is the idea of co-metabolism -- sure
11 our liver has these glycine and
12 taurine-conjugated-bile acids. But there are
13 microbes that will take off -- through bile salt
14 hydrolysis take off those amino acids. And
15 there's still other microbes that will do these
16 conversions. Like 7-dehydroxylation that can
17 produce these toxic -- at least toxic to C.
18 difficile -- toxic bile acid specimens. So that
19 you assume that if you disrupt the
20 microbiota-mediated metabolism of bile acids, you
21 might change your susceptible to C. difficile.
22 And Joe Sorg actually posited this about eight

1 years ago when he was looking at this particular
2 organism -- *C. scindens* -- that was able to take
3 bile acids and convert it to deoxycholate. And
4 actually Eric Pamer through a separate set of
5 experiments came across the same thing a number of
6 years later and showed that this particular
7 organism -- *Clostridium scindens* -- because of its
8 7-dehydroxylate assay in an experimental model
9 could restore bile acid mediated-resistance to *C.*
10 *difficile* in a mouse model. So again, this idea
11 that it's the host and the microbes working
12 together. Final story I want to tell you is --
13 it's not all about bile acids. So my friend and
14 colleague at Michigan, Pat Schloss -- two of our
15 grad students were working together, Matthew
16 Jenior in Pat's lab and John C. Lesley in my lab
17 -- we were trying to look a little bit more at how
18 altering the structure and metabolism function of
19 the microbiome could actually promote sustained
20 colonization by *C. Diff* or actually just make *C.*
21 *difficile* change its physiology. Well what do we
22 mean by that? Well what Matt did is, he took

1 three different antibiotic regimens. He used
2 cefoperazone, which he used before, streptomycin
3 and clindamycin. He took genetically identical --
4 and this case mice would be exact same microbiota.
5 I actually have a breeding colony of wild- type
6 mice. And people ask me, why do I have that? You
7 can always buy them. I said, but you can't always
8 buy the same microbiota. Which is why I've been
9 breeding these animals for almost 20 years now.
10 What he did is he created three different
11 environments for *C. difficile* by giving three
12 different antibiotic treatments to these mice.
13 And then to look to see what *C. difficile* was
14 doing -- they did RNAC, basically purified *C.*
15 *difficile* right from the community and basically
16 looked at the transcription response to the
17 pathogen. To see, how is it behaving in mice
18 treated with cefoperazone versus mice treated with
19 streptomycin versus clindamycin. Then he also
20 constructed some metabolic networks
21 computationally based on the genome of the
22 infected strain and the response that he saw. And

1 so here's the transcriptional response. So
2 basically, what he did is he looked at all of the
3 different things that *C. difficile* was doing -- in
4 terms of transcription -- under the various
5 conditions: Clindamycin treatment, cefoperazone
6 treatment, streptomycin treatment. And he found
7 that *C. difficile* actually had a different
8 transcriptional response depending on which kind
9 of environment it was. It wasn't behaving the
10 same. Certain genes were turned up in
11 cefoperazone-treated mice, versus
12 clindamycin-treated mice, versus streptomycin.
13 And he focused on the fact that a lot of them had
14 to do with core metabolism of the pathogen -- the
15 sugars they were using, monosaccharides,
16 disaccharides, proteins that they do, transporters
17 for nutrients. So when he did this, he was able
18 to kind of predict modeling the metabolic network.
19 What kinds of sugars would *C. difficile* utilize
20 under the different conditions? Or if he used the
21 shared under all conditions. But then he looked
22 specifically for strep, cefoperazone, or clinda.

1 And he saw that different sugars were
2 preferentially going to be used by the pathogen
3 under these settings. He tested to make sure that
4 in vitro -- that C. diff could utilize all these
5 -- it's the so called pregnant-source -- and he
6 did and that was true. But then he also used
7 untargeted metabolomics. And he showed that,
8 yeah, under the different situations, different of
9 the sugars were being not only generated on
10 infected animals -- when he infected with C.
11 Difficile, those sugars were dropped. Suggesting
12 -- not directly testing -- but in indirectly
13 suggesting that the C. Difficile was utilizing
14 those sugars. So this is how we can get an idea
15 at how changing the metabolic landscape present in
16 the gut can influence not only the host, not only
17 the indigenous microbes, but a potential pathogen.
18 Where do we go? You know, there's a lot of things
19 here. There's a lot of things that are going on.
20 We have to consider -- not just host, not just
21 pathogen -- but now we have to really consider
22 these hundreds of thousands of different species

1 of micromes present in the gut -- in all sorts of
2 setting of health and disease. So, you know, I
3 hope that some of the work that I'm showing you --
4 we're just trying to go away from the association.
5 Oh, this microbiota is different in patients with
6 disease versus patients without. And we begin to
7 get a causation. And we begin to understand how
8 this altered -- and people sometimes use the word
9 dysbiotic microbiota -- what's different in terms
10 of the function of that community? And therefore,
11 could we then try to intentionally manipulate the
12 microbiota to "improve health, prevent disease,
13 treat disease" -- what's the FDA statement? Yeah,
14 we all know it. Actually all the things I saw
15 this morning when I had CNN on -- the FDA has not
16 evaluated these statements. These are not
17 intended to do all these things (laughter). It is
18 kind of funny. So what could the future look
19 like? You know, this is something that I would
20 like, perhaps. You know, we talk about precision
21 medicine. There is this "all of us" that NIH has
22 started. That they're going to try to get --

1 what? I think it's a million. I think it's a
2 million individuals. They're going to look at
3 their genomes to try to predict from their
4 genomes: How is the host going to respond to
5 drugs, how susceptible are they to developing
6 certain types of diseases, what happens if they're
7 in different environments? You know, can we
8 predict adverse reactions to drugs? Like I was
9 saying with digoxin. But I would like to say that
10 maybe there should also be a microbe-sensored
11 microbiota, you know, focused-precision medicine.
12 Interestingly enough, I hope no one's here from
13 the NIH -- who's responsible for this -- they're
14 probably listening. Microbes are not a part of
15 this. And I think that was a conscious decision
16 for whatever reason. And that's fine. But I
17 would like to think that perhaps we also need to
18 consider what the microbiota would do. Because if
19 we assess the microbiota, there might be
20 deleterious organisms and there might be
21 beneficial organisms. The things that we predict
22 from the host genome, might be influenced by the

1 microbes that are there. We already saw that with
2 a couple of examples I gave -- with immunotherapy,
3 with response to relatively simple small-molecule
4 drugs. And perhaps if we can do all of this data
5 analysis of both the microbe and the host -- then
6 we can come up with customized therapy that's
7 based on genetics and predisposition. So I hope I
8 gave you the proper overview of this idea that
9 this indigenous microbiota is part of a balanced
10 eco-system. But health reflects the balance
11 between us and the microbes that live in and on
12 us. And we have evidence from the past almost 20
13 years now that disturbances in this balance can
14 lead to the pathogenesis of multiple conditions.
15 We haven't talked about autism, we haven't talked
16 about inflammatory bowel disease, we haven't
17 talked about depression, we haven't talked about
18 alopecia areata. There's a number of things where
19 there are associations between the microbiota.
20 But I would really like to stress that it's going
21 to take teams of people working together to
22 understand the dynamics of the system, what is the

1 function of the system, and more importantly --
2 for the clinicians in the room -- how are we going
3 to be able to manipulate this complex system to
4 prevent or treat diseases. So let's stay on time,
5 Paul. Okay. I'd like to thank a lot of my
6 collaborators. Again this is team science. This
7 is just a small handful of the people I've worked
8 with at a number of institutions. And we come
9 from all sorts of backgrounds. Bacteria,
10 Pathogenesis, Immunology, Clinical Microbiology,
11 Machine Learning, Computer Engineering, et cetera.
12 Microfluidics, of course all the people in the lab
13 who actually do work. And I'd like to thank
14 NIAID, also NIDDK from previous awards to study
15 the microbiome and health and disease. I'd be
16 happy to take any questions at this point, thanks
17 (applause).

18 SPEAKER: We have plenty of time for
19 questions. I just want to ask that if you have a
20 question you come to the microphone and give your
21 name and affiliation prior to your question.

22 DR. YOUNG: Have time. And I know a lot

1 of the questions will -- yeah, if you can come to
2 the microphone. I know a lot of these questions
3 might be best addressed by some of the subsequent
4 speakers. So if a question comes up and one of
5 the speakers says, I'll get to that, the speaker
6 could raise their hand and say, I'll get to that,
7 and I won't try to flail around and answer
8 (laughter). Go ahead.

9 MR. LILLIS: Hi. I'm Christian Lillis
10 from the Peggy Lillis Foundation. In addition to
11 antibiotics that we put into our systems, have you
12 guys looked at anything in terms of how the
13 environment itself might be impacting us? Like
14 the overuse of antimicrobial soaps and different
15 things that we're kind of putting in and on our
16 bodies?

17 DR. YOUNG: Yes.

18 MR. LOWES: Because I've always wondered
19 about that.

20 DR. YOUNG: Yes. So the question is
21 about, you know, how does the environment --
22 outside of drugs that we use -- in particular

1 antibiotics. Antibiotic residues in food. There
2 have been a number of papers that have tried to
3 associate that. Triclosan, that's a lot of
4 studies on Triclosan and what that may do to the
5 microbiota. And you also raised the idea of --
6 there is a whole field of so-called, the
7 microbiome of the built environment. There are
8 people who are looking at how microbiodes that we
9 could get exposed to in our cars, in our houses,
10 and restaurants, in the health care systems can
11 influence as well. And trying to assess that out.
12 So the long and short is, almost any time you do
13 kind of a study to compare two groups, you will
14 find that there are differences in the microbiota.
15 But a lot of times we don't know if there's a
16 significance there. Because many times we're not
17 necessarily looking at function, and we're not
18 looking at how it impacts health directly, so.

19 MS. EUNIS: Thank you very much, for
20 your talk, Dr. Young.

21 DR. YOUNG: Thank you.

22 MS. EUNIS: I'm Jessica Eunis with the

1 IPA.

2 DR. YOUNG: Thank you.

3 MS. EUNIS: (Radicus incision). My
4 question is about sex dimorphism. I really
5 appreciate the work you guys are doing with the
6 mouse models, but can you maybe make a comment on
7 that? Especially in light of the topic of
8 abortion?

9 DR. YOUNG: Right. So sexual dimorphism
10 in microbiota responses is something that should
11 be looked at. I know my program officers here, we
12 write a section on that right now. And we make
13 sure that we always look. And in our studies, we
14 do stratify by sex. And in our studies -- and
15 probably because we're giving antibiotics, which
16 really overwhelm the microbiota -- we haven't seen
17 any sex differences in responses. But I know
18 there are papers -- when they're using more subtle
19 perturbations in the microbiota -- where there are
20 distinct -- in terms of the response of the
21 microbiota and also the response of the whole
22 system -- in other words whatever the health

1 outcomes are based on sex. And so that's some we
2 have to keep in mind. But in the human microbiome
3 project, we did not see -- other than the
4 obvious -- that the vaginal microbiota is only
5 seen in women. For example, we didn't see
6 anything say with skin and gut and other things
7 with sexual differences. Again, looking at a very
8 crude high-level bi-16s in metagenomics -- we
9 haven't seen that. But it something that needs to
10 be kept in mind. Yes, thanks.

11 MR. RAY: You talk about --

12 DR. YOUNG: Could you give your name
13 quickly and your association?

14 MR. RAY: Emmond Ray. You talk about
15 cardiac glycoside, digoxin, metabolism in the --

16 DR. YOUNG: Uh-huh.

17 MR. RAY: -- microbiome. The metabolite
18 is still effective? This would be more broad than
19 the actual (inaudible)?

20 DR. YOUNG: I'll have to remember the
21 '83 paper. I believe that actually some of the
22 metabolites were no longer active but were still

1 toxic in some ways. They had less antiarrhythmic.
2 And I can't remember which ones were inactivating
3 versus the primary response or not. But that's
4 something that's seen over and over. In some
5 cases you create new compounds that have differing
6 activities. In some cases you create compounds
7 that are just different structurally but maintain
8 the parent activity. And that's something that
9 we've seen -- like for example with the bile
10 acids. You can shift function with some of these.
11 But specifically with the digoxin, I'd have to go
12 back to that paper to figure out which of the
13 metabolites still had toxicity versus therapeutic
14 affect on that. But it was looked at in both of
15 those studies, so it's in there. Other questions?
16 Comments? Have we solved it all? Are we ready to
17 (laughter) -- are we ready to go out and treat
18 patients? Send their fecal specimens or whatever
19 specimens to whatever diagnostic lab? I think
20 there's something very important. I mentioned the
21 two papers in my introduction that came out from
22 Erin Ellanoff's group. They looked at some things

1 that were very important. Things that we had
2 looked at -- but finally they published. We use
3 feces a lot to kind of serve the microbiota. They
4 also do colonoscopy -- both prepped and unprepped.
5 And there are differences between the microbiota
6 in the mucosal surface, the microbiota in the
7 lumen, and those were quite different from feces.
8 So we have to also figure out how are we going to
9 most properly assess a patient's microbiota. I
10 think some of the things in feces -- like most of
11 the things in the GI tract eventually end up in
12 feces, but the relative abundance that you find is
13 going to be altered in feces as opposed to what it
14 might be more proximal in the GI tract. And I had
15 gotten into a number of, shall we say heated
16 comments, about people talked about the relative
17 efficacy of stool. Because I said, yes, it may or
18 may not. But I think now that these have been
19 published, I think people will be a little bit
20 circumspect that stool is not the only analyte
21 that you can look at. Or if we look at it,
22 there's certain caveats that we have to have when

1 we look at feces as a marker for what's going on
2 as far as the microbiota. Yes.

3 SPEAKER: I'm Euan First, Alan Capital.
4 I wonder what thoughts you've given and what
5 research you might be aware of -- just generally
6 speaking -- going on identifying the impact from
7 maybe changes in soil. Given that that affects
8 our food supplies. And one would expect that, you
9 know, maybe there's some changes going on there.

10 DR. YOUNG: Yes, so it's interesting. I
11 think his name was on there -- Tom Schmidt. He's
12 the person who taught me how to do microbiota when
13 I was up at MSU. And his research at the time was
14 looking at different agricultural practices
15 --till, no till, amended, again whether or not
16 they had fertilizer in the soil -- on the effect
17 of the microbiota of the soil itself. And how
18 actually that could change the flux of greenhouse
19 gases to those soils. And this was done at the
20 Kellogg Biological Station up in Michigan. Where
21 they had different plots all in the same area
22 where they had these different treatments. And he

1 saw that it was quite dramatic effects on the
2 microbes that are present in the soil and their
3 ability to take and fix nitrogen. And basically
4 to take CO₂ from the atmosphere and fix it back
5 into plant material. And so that's where I
6 actually got interested in it -- and I said, hey,
7 would you want to look at another community? I
8 actually have a different community of microbes.
9 I'm very interested in their function. And that's
10 how we started looking into that. So no one's
11 tied together those changes that you see clearly
12 in the soil with happens to people who eat crops
13 grown under those different measures. That
14 actually hasn't been done. I don't know how much
15 I would expect that to change. But really, this
16 idea of an integrated-earth microbiome -- that
17 it's not just the ones in us, you know. For
18 example, the microbiota in cows and how much
19 methane they can produce. You can actually have
20 cows that produce more or less nothing -- speaking
21 of greenhouse gases. So everything is
22 interrelated in this world. And the microbes may

1 be actually the link between a lot of them. So
2 these people have been looking at soil microbes
3 for like 30 years. And there was an article
4 published in the New York Times about five years
5 ago that I showed to Tom. It was talking about
6 people who were looking at crop microbiome. And
7 it says, "Taking clues from people who are looking
8 at the human microbiome, soil scientists are now,"
9 -- and I said, "Hey, here's a little bit of
10 revisionist history." (Laughter) I said, "I
11 learned from you. But supposedly you're learning
12 from me now." So, you know, you have to kind of
13 take that broad view. I think I only bring up
14 that anecdote -- it's important -- and that's how
15 I was trained -- doing reductionist,
16 mechanistic-based science. But some of these
17 questions are so complex that you sometimes have
18 to back out a little bit and try to look at the
19 big picture. Move back down, and zoom in on
20 mechanism, so. That's the approach. Yeah.

21 MR. FORRY: Sam Forry, NIST. I wanted
22 to ask about sampling recommendations on test of

1 human samples. I know with mouse models -- where
2 they produce fecal material more often -- we can
3 track and see dyno cycles. In humans -- where
4 people often have a single bowel movement a day --
5 it's much harder to pull that out. And I'm
6 wondering what you do in the context of -- as a
7 clinician in your research -- how you go about
8 acquiring fecal samples and what the best
9 practices are to try to amass that or control
10 point.

11 DR. YOUNG: Yes. That's actually a very
12 important question when you're (inaudible). And I
13 already brought up that stool only gives you one
14 kind of view. So invasive sampling gives you a
15 different view. We've actually sampled the upper
16 GI tract using an FDA-approved device. That
17 actually has four lumens -- 2 meters long, goes
18 down -- and we're looking at drug dissolution
19 studies. And we've looked at the microbiota
20 through there. And over time in these individuals
21 who are fast and fed -- you see all of these
22 changes. We didn't monitor them long enough to

1 look at dyno variation in a fasting subject -- but
2 these are all these things that you have to take
3 in account. You want to sample as much as
4 possible. For example, one of the areas that a
5 number of investigations -- you'll hear more about
6 necrotizing enterocolitis. As you collect all the
7 feces that comes out an infant -- if you can and
8 see how that changes. But know that it dwells
9 there for a while. You're right. Some people
10 only have one bowel movement a day. I mentioned
11 Stanley Falco. He had this saying that, "One
12 man's constipation is another man's diarrhea."
13 Right? You know, is one sample a day enough on a
14 person who has four bowel movements a day, or only
15 has a bowel movement every three days, you know.
16 These are the considerations that we have. And we
17 don't have best practices. And I know other
18 people from NIST have been at some of these
19 conversations. And it's kind of daunting to
20 figure out, how do you standardize this? I think
21 a couple more questions?

22 MS. DEONYAD: Carla Deonyad. So Vince,

1 I was struck by the fact you were saying the "low
2 diversity was more susceptible and the higher
3 diversity was more resistant".

4 DR. YOUNG: Mm-hmm.

5 MS. DEONYAD: But for other body sites,
6 say for example in Human Microbiome UC Project,
7 you saw the opposite. Like in the vagina, less
8 diversity tends to be more resistant and more
9 diversity seems to be more susceptible to
10 bacterial vaginosis. I was wondering what you
11 think different body site.

12 DR. YOUNG: Right. And that's why --
13 even though I've been guilty of putting the word
14 diversity in my early papers there -- I realize
15 that diversity is just a marker for how many
16 different kind of organisms that you might have
17 there. And if you have the wrong organism there,
18 or you're missing the right organism, it doesn't
19 matter how diverse you are or not. And it does
20 vary from site to site. As you said, in bacterial
21 vaginosis you actually have much higher diversity.
22 In the healthy vaginal tract which is generally

1 dominated with lactobacillus -- but not in normal,
2 healthy individuals -- they tend to have that.
3 And that's lower diversity. I published a paper
4 with John LiPuma on the cystic fibrosis lung. And
5 actually, increased diversity was "protective"
6 early on. And when you've just had nothing but
7 pseudomonas, or burkholderia, or staph later on --
8 and maybe that's because you've had a lot of
9 antibiotics and people say that was bad. Again,
10 we had to be careful what we said, because we're
11 not going to stop treating our cystic fibrosis
12 patients with antibiotics, because that's what's
13 extended their life span by decades. But maybe we
14 do have unintended consequences that over time --
15 maybe I need to stop here, yeah. We have about
16 till 10:00, right? We have time for one more
17 question?

18 MR. VOREADES: Noah Voreades from
19 GenBiome Consulting. Going back to the question
20 about stool collection. I think there's still a
21 lot of open questions in regards to what is the
22 appropriate way to collect the stool. Meaning is

1 a swab from a tissue paper sufficient? Can you
2 take an aliquot with a scoop? Or do you need to
3 essentially take the whole stool, homogenize, and
4 then sample from there? I wasn't sure if you had
5 any best practices or, you know, within the
6 community that you're in if you can provide any
7 insights.

8 DR. YOUNG: Sure. As far as sampling,
9 you know, those are important studies to do. And
10 boring papers to convince your graduate student to
11 write. But, for example, we looked at that. And
12 we did a study where we compared feces to swab in
13 a number of patients. And we showed that the
14 rectal swab taken matched the fecal specimen
15 pretty closely for all intents and purpose with
16 what we're doing. And I think what happens is
17 then you say, oh, what's the best storage
18 technique? What's the best extraction technique?
19 What's the best way to do your amplification?
20 Which is the right taq polymerase? Which is the
21 -- you know. And I think what we have to come up
22 with is that we're always going to have biases.

1 And what we need to do -- and I kind of tell my
2 students -- in spite of all the biases we have
3 technically, appreciate that they might be there
4 -- do things the same way and design your
5 experiments very carefully so that you can get an
6 answer despite what the biases might be. And then
7 try to test it in another way. In other words, go
8 to a germ-free mouse. After you've sampled. Go
9 and try to actually do interventional studies, go
10 into bioreactors, go into organoids, to try to
11 figure out that the answer isn't just from
12 sequencing. I hope no one's from N.H. Gary. But
13 the answers not just from sequencing. All right,
14 thank you very much folks (applause).

15 MS. DEAL: And the next two speakers are
16 from FDA. And the first speaker I'd like to
17 introduce is Bob Durkin. And Bob is the Deputy
18 Director, Office of Dietary Supplement Programs at
19 FDA Center for Food Safety and Applied Nutritional
20 Systems. And his office is the agency lead for
21 the regulation of dietary supplements. Today Bob
22 will speak about how the agency approaches the

1 regulation of products labeled with (inaudible).

2 MR. DURKIN: Good morning. I very much
3 appreciate being asked to speak here today. As I
4 was introduced, I am the Deputy Director of the
5 Office of Dietary Supplement Programs at FDA
6 Center for Food Safety and Applied Nutrition. I
7 think an obvious question at the forefront is if
8 we're here at a workshop to talk about the use of
9 microbiome products as drugs. Why do they invite
10 a person from foods to speak? But I think that's
11 a good question and I think it should be addressed
12 at the front of my presentation. Probiotics like
13 live microbials -- you know what I'm trying to say
14 -- are a very quickly growing segment of the
15 products labeled as dietary supplements. They are
16 coming into our market place very rapidly.
17 They're taking a lot of market share. And they
18 have the FDAs attention when they are regulated as
19 a dietary supplement. Products that are rated as
20 dietary supplements or dietary ingredients are
21 really regulated like nothing else at the Food and
22 Drug Administration. There are a lot of

1 similarities, a lot of cross overs, but even when
2 you think you hear something that sounds the same,
3 I can almost assure you -- I don't want to speak
4 in absolutes -- but it's very likely that there's
5 some nuance or tweak -- a difference between
6 things that sound the same, the way they're
7 handled in a drug or a biological or a
8 conventional food compared to a dietary
9 supplement. That said, I thought the best thing
10 for me -- nope, I didn't do that right. How do I
11 get to the next slide? Okay, there we go. I did
12 it (laughter). So that said, I thought I would
13 start off -- I considered the folks that would be
14 in the room today, the folks that would be
15 interested in this. And on one hand, I think
16 there's some people that are very well versed in
17 the regulation of dietary supplements. I see some
18 familiar faces in the room. On the other hand, I
19 thought there were some folks that might be in the
20 room that are a little uneducated or uninformed
21 about how dietary supplements are regulated. And
22 a basic 101 about that might be a good place for

1 us to start our conversation. This slide here
2 shows some very different ways that dietary
3 supplements can be presented on the market. We'll
4 get into some of that a little bit later. I'm
5 supposed to find something in particular. So
6 we'll start with the definition of a dietary
7 supplement as found in the The Dietary Supplement
8 Health Education Act. The shade states that a
9 dietary supplement is a product that is simply
10 intended to supplement the diet. That can be
11 translated to mean that it cannot be a
12 conventional food or intended to be the entire
13 substance of an entire meal. A dietary supplement
14 must be intended for ingestion. It cannot be
15 sublingual, topical, injected. Those products
16 fall out of the definition of a dietary
17 supplement. A dietary supplement must also
18 contain a dietary ingredient. There's a list on
19 the 201ffl of ingredients that can qualify as
20 dietary ingredients -- vitamin, mineral, herb,
21 other botanical, amino acid, dietary substance for
22 use by man to supplement the diet by increasing

1 the total dietary intake, for concentrate
2 metabolite constituent extract or combination of
3 any of the above. Oh, you're going to have to
4 come here and show me. I'm so happy he was
5 unsuccessful (laughter). You have no idea what a
6 relief that was. One more. Thank you very much.
7 Again, this is the exclusion from the definition
8 of a dietary supplement. It's found in 201ff3d.
9 Essentially it says that an article that was the
10 subject of an approved IND or an ANDA -- for which
11 there were significant clinical investigations
12 that were made public -- is excluded from the
13 definition of a dietary supplement. Basically,
14 you can not do research on an ingredient, and then
15 someone in the dietary supplement industry come in
16 and take it out from underneath you. This was
17 meant to preserve the incentive for development
18 under the Ruppert and drugs. Old versus new
19 dietary ingredients. The new dietary ingredient
20 or NDI notification requirement is for those
21 products that contain a new dietary ingredient. A
22 new dietary ingredient is an ingredient that was

1 not marketed prior to October 5, 1994. This NDIN
2 process is basically the only premarket
3 opportunity that FDA has to look at a dietary
4 ingredient before it comes on the market. Again,
5 it's a notification process, not an approval
6 process. The manufacturer or distributor of the
7 dietary ingredients to be contained in the product
8 labels of dietary supplement has to notify FDA of
9 their intent to go to market 75 days prior to
10 going to market. During the 75-day period, FDA
11 will evaluate the firm's basis for thinking that
12 their ingredient is reasonably expected to be safe
13 to go to market under the labeled conditions of
14 use. FDA's response to a new dietary ingredient
15 notification was essentially two types of
16 responses. A response without objections and a
17 response with objections. A response without
18 objections is known as a good day letter. It
19 means go to market; we don't have a problem with
20 your product. A response with objections can come
21 in a few different flavors. We can disagree with
22 your basis for thinking your product is reasonably

1 expected to be safe. We can disagree with how you
2 identified your product -- you didn't tell us what
3 it was. We can find some shortcomings in your
4 manufacturing process -- maybe you didn't show us
5 that it was going to not be contaminated or have
6 some other follow-on constituents or components
7 that would be dangerous. We can also send you a
8 letter saying that your ingredient is not a
9 dietary ingredient. Or that you didn't even
10 follow the directions for filing a complete
11 notification. New dietary ingredient proper
12 notifications must include the name and address of
13 the manufacturer or distributor that is
14 introducing the NDI into commerce, identity
15 information on the ingredient -- so we know what
16 we're talking about -- information on the dietary
17 supplement that contains the ingredient,
18 conditions of use, and safety information. The
19 safety information can be based on a history of
20 use or other studies that demonstrate the
21 ingredient will reasonably be expected to be safe,
22 or a combination. In other words, you can show

1 historically where your ingredient's been on the
2 market and it's been used safely, or you can show
3 us scientific literature -- preclinical, clinical
4 studies -- or you can show us the combination of
5 all the above. New dietary ingredient
6 notifications. While the requirement's been in
7 place for about 20 years, we've received less than
8 1100 independent NDI notifications representing
9 about 720, 750 individual ingredients. This shows
10 anecdotally maybe that there's an under reporting
11 going on in the industry. And that that might be
12 something you want to address before -- or you can
13 get a visit from FDA. Current good manufacturing
14 process. This is important. I thought it was
15 something that should be mentioned here today in
16 regards to dietary supplements. A large part of
17 FDA's post-market regulation of dietary supplements
18 is based on the good manufacturing process
19 regulations. FDA published the final rule for
20 good manufacturing in June of 2007. This rule is
21 found in 21 CFR Part 111. It's different than
22 drugs. Drugs are found in 211. That's one of our

1 differences there. Not just where they're at, but
2 also the substance of what the GMPs represent.
3 GMP regulations are an important tool to ensure
4 that dietary supplements are produced consistently
5 in a high quality. Maybe not as high of a quality
6 as someone who's familiar with drug GMPs would
7 think. They're certainly more than conventional
8 foods. Sort of in between. The regulation has an
9 emphasis on production and process controls.
10 Building quality into the product, as well as
11 requirements for the testing of the raw material
12 and finished product stage. This is an extensive
13 regulation -- and may be relative to conventional
14 food, but not so much to drugs or biologics -- an
15 extensive regulation that covers all aspects of
16 manufacturing. From setting up a facility and
17 establishing personnel through product design --
18 production and testing -- to records and record
19 keeping. A little more on GMPs. They're
20 applicable to all firms to various degrees who are
21 involved in the manufacturing, packaging,
22 labeling, or holding of dietary supplements --

1 both domestic and foreign. FDA investigators
2 confirm GMP compliance through a series of
3 investigations. We conduct 100s per year --
4 somewhere between 5 and 700 -- split between
5 domestic and international. Non-compliance with
6 regulations can result in FDA action. Another
7 interesting aspect of products label as dietary
8 supplements are, they're labeling requirements.
9 In addition to the previously mentioned
10 manufacturing requirements, dietary supplements
11 also have labeling requirements. These dietary
12 supplements are a category of food. They must
13 follow the food regulations found in 21 CFR 101.
14 A few requirements that are specific to products
15 labeled as dietary supplements relative to other
16 foods would be that they must be labeled as
17 dietary supplements. They must actually use a
18 statement that describes them as a dietary
19 supplement. It might say dietary supplement. It
20 might say probiotic supplement. It might say
21 calcium supplement. But it has to have something
22 on it to describe it as a supplement -- to show

1 the intent of the person putting it in commerce.
2 As with foods, dietary supplements must list all
3 ingredients. But the ingredients must be
4 formatted -- instead of a nutrient facts label --
5 they must be in a supplement facts label.
6 Additional, dietary supplement labels must contain
7 the name and location of the manufacturer or
8 distributor and have contact information -- use
9 phone number or address -- to which consumers or
10 health- care providers can notify the firm of
11 adverse events. A little bit more about
12 supplement labeling. In addition to the required
13 aspects of the label, dietary supplements are
14 afforded three types of claims they can make
15 regarding their products. The first of these
16 claims would be nutrient content claims. An
17 example of this would be a product that is high in
18 calcium or low in sodium. Dietary supplements can
19 make structure function claims regarding the
20 effect of the product on the structure or function
21 of a body. An example might be calcium helps
22 build strong bones. I'll talk more about these in

1 a minute. Finally, a dietary supplement can make
2 some authorized health claims or qualified health
3 claims. These are actually spelled out in
4 regulations. They can be found on our website.
5 An example might be regarding calcium or vitamin D
6 reducing the risk of something like osteoporosis.
7 A little more on instruction function claims. A
8 structure function claim is intended to describe
9 the role of a nutrient or dietary ingredient on
10 the structure or function of the human body.
11 DSHEA created an exception to the drug definition
12 that authorized dietary supplements to bear these
13 structure function claims without being regulated
14 as a drug. Dietary supplements -- with maybe just
15 one or two other exceptions -- are the only type
16 of food that can make a structure function claim.
17 Any other food that makes a structure function
18 claim has now put itself in the unapproved new
19 drug box. This is a unique exception for dietary
20 supplements that is separate from most foods,
21 cosmetics and such. The exception from the drug
22 definition applies only if the claims were made in

1 accordance with the information found at Section
2 403R6 of the Act. Firms tend to get in trouble
3 when they make a claim that is intended to be a
4 disease claim. A slight error about disease
5 claims. Disease claims are hard. They can be in
6 a gray area. Context is critical. You have to
7 take the label and the labeling -- the totality of
8 the circumstances. A good example might be an EKG
9 symbol on a label may in itself not be a drug
10 claim. But if they then make a statement about
11 cardiac health -- the two together may be
12 considered a drug claim. Again, some guidance for
13 industry can be found online -- structure function
14 claims fall into the compliance guide. No claim
15 is ever likely to be absolutely violative or
16 absolutely okay. Again, it's all a matter of the
17 circumstances and in evaluation. A little bit
18 about adverse event reporting. FDA post-markets
19 for balance of diet products labeled as dietary
20 supplements includes adverse event reporting.
21 This is a result of the Serious Adverse Event Law
22 which took place in 2006. Dietary supplements

1 must submit serious adverse events to FDA for
2 review. The reporting system works through FDAs
3 MedWatch Program. And submissions can be through
4 an electronic portal, e-mail, phone call, letters.
5 While manufacturers are required to submit these
6 reports -- consumers and health-care providers can
7 do it on a voluntary basis. If the manufacturer
8 receives an adverse event and determines it can be
9 serious, they have to report it to the FDA in 15
10 days and follow up on that specific event for a
11 year. A little more on adverse events. Once the
12 reports are entered in the MedWatch, the dietary
13 supplement-specific adverse event reports are
14 entered into our care system. Which stands for
15 the Signal Adverse Event Reporting System. ODSP
16 has medical doctors that review every single
17 adverse event to make a determination if there's
18 association or causation. They'll look at the
19 trees, they'll look at the forest from all
20 different perspectives to see if we have a problem
21 with a product or maybe even an ingredient. If
22 there's signal of a risk to the public health, we

1 do what's appropriate. We do other
2 investigations. We'll call up the person that
3 provided us with the adverse event. We'll
4 investigate and if required we'll do what we need
5 to do to protect the public health from
6 enforcement actions. Just a little bit here about
7 what we deal with when we talk about the dietary
8 supplement market. When DSHEA was enacted on
9 October 15, 1994, there were about 600
10 manufacturers, 4000 products, worth approximately
11 4 billion dollars. Today there are over 7000
12 registered facilities, there are over 75,000
13 independent SKUs for products labeled as dietary
14 supplements. And external sources estimate that
15 the industry is worth upwards of 40 billion
16 dollars. How does FDA approach this large,
17 diverse, fractured industry? We try to regulate
18 it. This is a basic pictogram or organizational
19 chart for the FDA -- as a larger entity. You can
20 see the Office of the Commissioner up top. Down
21 bottom you see what we call product centers. And
22 you can see the Center for Food Safety and Applied

1 Nutrition is the second from your left. We see
2 the Center for Biologic Evaluations and Research
3 as the fourth one in. We don't work with the folks
4 directly that work for CBER. We're in different
5 product centers. We know each other, we have
6 relations, we have good communications. But we
7 don't actually work together in the same building
8 or even the same office structure. There are some
9 other offices on here that impact the regulation
10 of dietary supplements. You have the Office of
11 Operations. That would basically be ORA --the
12 inspectors, the boots on the ground. CBER -- we
13 work with CBER. We work with CDER. We work with
14 the Office of Chief Counsel. This is the
15 organization at CFSAN. As I mentioned, CFSAN is
16 one of the product centers. You can see there are
17 then offices within CFSAN. The Offices of Dietary
18 Supplement Programs is highlighted. We're one of
19 about 12 product offices within the product
20 center. So you say, what does FDA have to
21 regulate this industry that's worth 40 billion
22 dollars? We have 26 people. Yeah. Now that's

1 directly in ODSP. That's not including folks that
2 we try to leverage in other offices such as ORA
3 and OCC. ODSP wasn't always an office. We were
4 once a division, part of ONLDS -- Office of
5 Nutrition Labeling and Dietary Supplements. Back
6 in December of '15 -- I think it was -- or '16, we
7 became an office. That elevation brought us up to
8 the table. We are now a product office within a
9 product center. It was meant to give us a higher
10 profile and put us in a better position to ask for
11 resources and to work with regulated industry.
12 ODSP program priorities are first and foremost to
13 protect consumers, ensure product integrity, and
14 help to promote informed-decision making
15 (applause).

16 MS. DEAL: Now we've heard from the
17 Center for Food Safety and Applied Nutrition. And
18 now it's time to hear from the Center for
19 Biologics Evaluation and Research. And our next
20 speaker is Sheila Dreher-Lesnicks. And Sheila is a
21 regulatory coordinator in the Division of
22 Bacterial, Parasitic, and Allergenic Products or

1 DBPAP -- as they say -- in the Office of Vaccines,
2 Research and Review in the Center for Biologics
3 Evaluation and Research Center. And DBPAP is the
4 product review division which is responsible for
5 reviewing product information for regulatory
6 submission for a wide range of products including
7 bacterial and parasitic vaccines, allergenic
8 products, live biotherapeutic product -- the
9 LBPs -- FMT or Fecal Microbiota for
10 Transplantation, and also the PHAGE therapy
11 products. And she has a presentation today. Will
12 discuss the regulatory oversight and
13 considerations for live microbiome products when
14 they're used as drugs. A little different from
15 the previous talk.

16 MS. LESNICK: Thank you for that
17 introduction. Let's see if I can maybe just -- so
18 today, the first part of my talk will broadly
19 cover the regulatory oversight for development of
20 live microbiome-based biological products. And
21 I'll be just briefly touching on the IND
22 regulations and definitions, and broadly cover the

1 stages of review. And in the second part of my
2 talk, what I hope to do is point out some
3 additional considerations for clinical studies
4 using live microbiome-based products. And I'll
5 point out a few chemistry-manufactured and
6 control-information points, some CMC points for
7 live biotherapeutic products. And a few points to
8 consider for fecal microbiota for transplantation
9 -- live microbiome-based products. And I'll point
10 out a few chemistry-manufactured and
11 control-information points, some CMC points for
12 live biotherapeutic products. And a few points to
13 consider for fecal microbiota for transplantation.
14 So what is an IND? An IND is an investigational
15 new drug application -- that when in effect
16 examines an investigational new drug from
17 pre-marketing approval requirements. It also
18 allows an investigational new drug to be lawfully
19 shipped across state lines for the purpose of
20 conducting a clinical study of that
21 investigational new drug. The IND regulations
22 require that human research studies be conducted

1 under IND if the following conditions exist. The
2 research involves a drug as defined in Section 201
3 of the Federal Food Drug and Cosmetic Act. The
4 research is a clinical investigation as defined in
5 the IND regulations. And the clinical
6 investigation is not otherwise examined from the
7 IND requirements. And pertinent to our discussion
8 today, I just want to point out that a biological
9 product subject to licensure under Section 351 of
10 the Public Health Service Act fits within the drug
11 definition under the FD&C Act. And a few
12 clarifying points about exemptions. What this
13 means is that clinical investigations of drugs
14 lawfully marketed in the United States are exempt
15 from the IND requirement if certain criteria are
16 met as listed in 21 CFR 312.2(b)(i). And drugs
17 are lawfully marketed if they have been approved
18 under the following pathways. The new drug
19 application, a biologics license application, an
20 abbreviated new drug application, or an
21 over-the-counter monograph. And just to point out
22 here, that conventional foods and dietary

1 supplements are not lawfully-marketed drugs. And
2 therefore do not qualify for an exemption of the
3 requirement of an IND -- as described above --
4 when they're studied for a drug use. So if not
5 exempt, when is an IND needed? In general, the
6 FDA regulations require the evaluation of a drug
7 or biologic product in humans be conducted under
8 IND. And a drug is defined in part as articles
9 intended for use in the diagnosis, cure,
10 mitigation, treatment, or prevention of disease --
11 and articles other than food intended to affect
12 the structure or function of the body. So the
13 intended use then determines whether a product is
14 a drug. And the question becomes, is the product
15 in the study being investigated for a
16 drug-intended use? If the answer is no, then no
17 IND is required. And if the answer is yes, then
18 an IND is required. And this is true whether it's
19 for commercial development or for research-only
20 studies. For additional details, I'll refer to
21 our guidance from 2013 determining whether
22 human-research studies can be conducted without an

1 IND. Who sponsors INDs? Big companies do, small
2 companies, individual-bench researchers,
3 individual- clinical investigators, and other
4 government agencies. And FDA's primary objectives
5 in reviewing an IND, is to, one, assure the safety
6 and rights of subjects in all phases of
7 investigation. And in phases two and three, to
8 help assure that the quality of the scientific
9 evaluation of drugs is adequate to permit an
10 evaluation of the drug's effectiveness and safety.
11 And this slide is just to remind you, really, of
12 the typical phases of development for biological
13 product under IND. They typically start as small
14 phase one study, and then progress to larger phase
15 two studies. Data generated from these phase two
16 studies are then used to inform the design of the
17 larger phase three efficacy studies. And then
18 data from the phase three efficacy studies are
19 then used to help support a biologics license
20 application. And to obtain licensure, the
21 applicant must demonstrate the following. That a
22 particular product is safe, pure, and potent. And

1 that the facility in which the biological product
2 is manufactured, processed, packed, or held meets
3 standard designs to assure that the biological
4 product continues to be safe, pure, and potent.
5 And a point I'd like to make here is that potency
6 has long been interpreted to include
7 effectiveness. And only those biologics that have
8 demonstrated to be safe, pure, and potent -- and
9 that can be manufactured in a consistent manner --
10 will be licensed by FDA. And to date, the FDA has
11 not approved the live microbiome-based product to
12 prevent, treat, or cure disease or condition of
13 disease. So that covers the first part of my
14 talk. And now I'd like to get into some
15 additional considerations for clinical studies
16 using live microbiome- based biological products.
17 And I'll start with live biotherapeutics. In 2012
18 FDA published a guidance document discussing
19 chemistry, manufacturing, and control
20 information -- or CMC information -- to include in
21 an IND application for early clinical trials with
22 live biotherapeutic products. And an LBP is

1 defined as a biological product that contains live
2 organisms and is applicable to the prevention,
3 treatment, or cure of a disease or condition of
4 human beings. And a commercially-available
5 probiotic may fit the definition of an LDP,
6 depending on the intended use. And while
7 commercially- available probiotics are generally
8 considered safe in healthy adults, safety issues
9 may be critical and clinical-trial populations
10 compromised by specific health concerns or
11 conditions. And recognizing the difficulty that
12 sponsors had providing the CMC information
13 required under 21 CFR 312.23, FDA revised the LBP
14 guidance in 2016 for proposed trials in generally
15 healthy subjects. And the updated guidance
16 describes how for IND studies using
17 commercially-available LDPs such probiotics -- a
18 waiver of the requirement for CMC may be granted
19 if all of the four following conditions are met.
20 One, the LBP proposed for investigational use is
21 lawfully marketed as a conventional food or
22 dietary supplement. Two, the investigation does

1 not involve a route of administration dose,
2 patient population, or other factor that
3 significantly increases a risk or decreases the
4 acceptability of risk associated with the use of
5 the food or dietary supplement. Three, the
6 investigation is not intended to support a
7 marketing application of the LBP as a drug for
8 human use or a biological product for human use.
9 And four, the investigation is otherwise conducted
10 in compliance with the requirements for INDs. If
11 the investigation meets all these conditions, we
12 ask the sponsor to submit a waiver by documenting
13 the above, a copy of the label and a commitment to
14 record the lot numbers and date of expiry. So
15 therefore, IND is using commercially available
16 LBPs. If the request for a waiver of the
17 requirement for CMC is granted, then the label on
18 the commercially available LBP will generally be
19 sufficient to satisfy the CMC requirements for the
20 IND application. If the waiver is not applicable
21 or granted, then the sponsor needs to submit CMC
22 information in their IND application. And we do

1 recognize that specifically for commercially
2 available LBPs, that the IND sponsor may not be
3 the manufacturer. And in this case, the
4 manufacturer and the IND sponsor can use the
5 master-file mechanism to provide confidential
6 manufacturing information directly to FDA. And
7 what we're looking for when reviewing CMC for INDs
8 with live biotherapeutic products, is sufficient
9 information to assure the proper identification,
10 quality, purity and strength of the
11 investigational new drug. And as product
12 development proceeds, we ask that the sponsors
13 submit amendments to the IND to supplement this
14 initial CNC information. What does the CMC
15 information look like? So the guidance then goes
16 on to describe what to include. And that would
17 be, strain information as available -- such as the
18 name, the source, the strain and passage history,
19 relevant genotype and phenotype or full genomic
20 sequence. We also ask to include an
21 antibiotic-resistance profile for clinically
22 relevant antibiotics. Information on cell-banking

1 system, a description of drug substance and drug
2 product manufacturing process, and stability data.
3 And specifically, to demonstrate that the product
4 is stable for the duration of the treatment phase
5 of the study. CMC information should also include
6 information about manufacturing controls and the
7 least testing -- including potency testing. Which
8 is typically a measure of viable cells expressed
9 in CFU. And for multi-strained products we ask
10 that as product development proceeds -- the
11 sponsor work on enumerating all strains in the
12 final product. Potency testing can also include
13 additional biochemical or physical chemical
14 measurements thought to predict potency.
15 Manufacturer controls or release testing should
16 also include bioburden testing. And there, we
17 want to see that the sponsor can demonstrate the
18 absence of extraneous undesirable bacteria. And
19 we've typically asked sponsors to perform
20 bioburden testing per USP <61> and <62>. But I do
21 want to point out here that additional testing may
22 be required depending on the intended population

1 and other organisms manipulated in the same
2 facility. And just a slide here on CGMP again.
3 Current good manufacturing practices for drugs and
4 biologics followed 21 CFR 210 and 211. And
5 basically, what it states here is that it is sure
6 that a drug is safe and has the identity and
7 strength and meets the quality and purity
8 characteristics that it reports or is represented
9 to possess. And as described in our guidance
10 here, for CGMP for phase one investigational
11 drugs, FDA recognizes that the extent of
12 manufacturing control differs not only between
13 investigational and commercial manufacturer, but
14 also among the various phases of clinical trial.
15 And now on to a few points about fecal microbiota
16 for transplantation. This slide is a summary of
17 the history of FMT guidance from the FDA. And it
18 starts in May 2013, where FDA and NIH held a
19 joint-public workshop. This was attended by
20 clinicians, bench researchers, members of the
21 public, and government employees. And at that
22 workshop, FDA noted that the use of FMT in

1 clinical studies to evaluate its safety and
2 effectiveness, are subject to regulation by FDA.
3 Recognizing concerns from health-care providers at
4 the time -- that applying IND requirements would
5 make FMT unavailable for individuals with C. diff
6 infections unresponsive to standard therapies --
7 FDA published a guidance document for immediate
8 implementation in July 2013. And this guidance
9 explains that FDA intends to exercise enforcement
10 discretion regarding the IND requirements for use
11 of FMT to treat C. difficile infection not
12 responding to standard therapies. The enforcement
13 discretion does not extend to other uses of FMT.
14 Since then, FDA has published two draft- guidance
15 documents. One in March 2014. Where FDA
16 clarified that they expect to exercise enforcement
17 discretion only if the donor is known to the
18 doctor or the patient. We received many comments
19 and they were all considered. And in response, we
20 then published a revised draft-guidance in 2016.
21 And in this draft-guidance, FDA clarified that
22 they intend to exercise enforcement discretion

1 only if stool for FMT is not obtained from stool
2 banks. And I know some here in the audience are
3 really hoping for an update to this guidance. But
4 I don't have new information to share with you
5 today. But what I can say is that we are
6 considering all the comments that we've received
7 to date. And as we move forward, I'd like to
8 point out a few safety considerations for FMT. We
9 can address safety by adequate-donor screening and
10 establishing appropriate donor-screening protocols
11 for the intended population. We can also test
12 stool. But we have continued questions about the
13 sensitivity of available stool tests. And they're
14 ability to detect pathogens present in low
15 numbers. Questions also arise in terms of
16 longer-term safety. What are the potential
17 longer-term effects of the transferred microbiota
18 on the recipient? With regards to purity and
19 potency, questions remain about appropriate
20 measures of potency for FMT. And our current
21 understanding about whether there are specific
22 organisms or a consortium of organisms that

1 mediate effectiveness. So as we move towards
2 licensure of live microbiome-based biological
3 products, I just want to reiterate here that only
4 those biologics that are demonstrated to be safe,
5 pure, and potent, and that can be manufactured in
6 a consistent manner will be licensed by the FDA.
7 And what this means is that we need clinical data
8 to demonstrate safety and efficacy -- but we need
9 to remember that this is linked to product quality
10 and consistency in manufacture. And all three are
11 needed for licensure. And I want to end with some
12 final thoughts here. Interest in live
13 microbiome-based biological products has increased
14 greatly in recent years. And CBERs regulatory
15 approach is science-based. And this does allow
16 for the novel approaches to be safely tested in
17 the clinic. And also, we are committed to working
18 with our sponsors to find the path forward. Thank
19 you for your attention (applause).

20 MS. DEAL: Well I think we have time for
21 a few questions. Bob? Did you want to come up at
22 this time?

1 MS. SANDERS: My name is Mary Ellen
2 Sanders and I'm with ISAP. And I had a question
3 regarding the intent of research end points --
4 considering the fact that there's an overlap
5 between the definition of drugs and the definition
6 of foods. And both drugs and foods can affect the
7 structure and function of the human body. And
8 both can reduce the risk of disease as well as
9 provide nutritional support for other disease
10 conditions. And the situation exists in the
11 United States today where human research on
12 probiotics is viewed -- even when there's no
13 intent to develop a drug -- it's being viewed as
14 research that needs to be conducted under an IND.
15 And my question is is there a role that CFSAN can
16 play -- where by oversight of human research on
17 probiotics that fits under legitimate legal
18 intentions of use of foods and dietary supplements
19 to affect the structure and function of the human
20 body or reduce the risk of disease -- can be
21 overseen by CFSAN rather than CBER? Because CBER
22 does a great job overseeing drug research. They

1 don't really oversee food research yet. These are
2 legal uses of foods.

3 DR. YOUNG: Thank you very much. So the
4 way I understand your question is, if someone is
5 using a product -- say licensed as a dietary
6 supplement -- and if they use that product
7 licensed as a dietary supplement for an
8 investigation for a structure-function outcome --
9 that would not be diseased and that would not, I
10 believe, require an IND. But if you were to use
11 that product labels of dietary supplement or a
12 disease outcome -- something more than a
13 structure-function claim -- now you're in essence
14 using it as a drug, and it would require an IND.

15 MS. SANDERS: Okay, but just to clarify
16 my point is -- impact to the structure-function of
17 the human body legally is both foods and drugs.

18 DR. YOUNG: Your right.

19 MS. SANDERS: And so CBER very much
20 could look a structure-function end-point at a
21 study and say, "This is a drug end-point. And
22 they'd be correct if the intent was to market a

1 drug. If the intent is not to develop a drug or
2 -- and in addition to the structure-function you
3 also have reduction and risk of disease -- which
4 are appropriate for foods and supplements -- if
5 you have research end-points that are focused on
6 that --

7 DR. YOUNG: Right.

8 MS. SANDERS: -- is there a way for
9 CFSAN to oversee that research rather than CBER?

10 DR. YOUNG: We wouldn't oversee the
11 research, but we could certainly partner with our
12 product centers or our product offices within the
13 agency to make sure we're all working off the same
14 definition of what a proper structure- function
15 claim is for product labels of dietary supplement.
16 And I think we do do that, actually. We do
17 communicate. When IND requests come in and
18 someone's making a claim -- and it's sort of that
19 gray area that I discussed -- between a disease
20 claim or structure-function claim -- we do
21 actually communicate and try to flesh out which
22 side of the line it comes down on. And if it

1 comes down on the structure-function side, and
2 your label is a dietary-supplement product, I
3 don't believe you would require an IND. I mean,
4 the devil's always in the details, but based on
5 the high-level description --

6 MS. SANDERS: This could also be
7 investigational, so it might not even be marketed
8 as a product as yet. It's a question of
9 developing the research on that product.

10 DR. YOUNG: Yes, it would have to be a
11 dietary ingredient that's legal in the market, I
12 believe.

13 MS. SANDERS: The things that default
14 those, is to choose on the side of considering
15 that to be drug research not food research.

16 MS. DEAL: I actually have to say that
17 this is a complicated area and as Bob has just
18 alluded to -- sometimes what on a high level might
19 appear to be a dietary supplement drug -- it
20 actually sometimes isn't when you get into the
21 protocols. And I'd also like to say, we do have
22 that guidance. And as you probably know, the

1 dietary-supplement in that guidance, some of the
2 requirements for an IND have actually been stayed
3 for certain studies of dietary supplements.

4 DR. YOUNG: I think it can be summed up
5 with a statement -- there are no CFSAN regulated
6 INDs.

7 SPEAKER: A question for Sheila. Is
8 there definition for the term, "live
9 microbiome-based product"?

10 MS. LESNICK: No.

11 SPEAKER: Is it different from LBP?

12 MS. LESNICK: No, no. And what we meant
13 to do with that is just broaden the scope a little
14 bit. The definition for live biotherapeutic
15 products, really, back in 2012 didn't take into
16 consideration that FMTs would be available. And
17 so I think what we had hoped to do with this is to
18 really show that this workshop encompasses more
19 than just live biotherapeutic products and
20 medicines.

21 SPEAKER: It makes a lot a sense that
22 FMTs are now an LBP.

1 MS. LESNICK: Yes. So you could say
2 that FMT does fit the definition of live
3 biotherapeutic product. And that is actually
4 discussed a lot internally. We did not have that
5 in mind when we wrote the guidance. It's time to
6 reconsider. We do recognize that there are
7 aspects of that guidance that may be not be
8 effective at this time, so. Such as the
9 requirements to sell banks and things like that.
10 But we're not unreasonable and we do recognize
11 this.

12 MS. DUFF: I am Catherine Duff. Just
13 would like to say, when you had the slide up about
14 the original workshop in 2013.

15 MS. LESNICK: Mm-hmm.

16 MS. DUFF: That should not have read,
17 "members of the public". It was just one of us,
18 and it was me. And (laughter) everywhere I go,
19 I'm the only member of the public talking about
20 fecal transplant. And as the touchstone for
21 literally hundreds of thousands of patients around
22 the world that contact us every day, I think I

1 have 27,000 unread e-mails right now. Our
2 concern has always been that as engineered
3 microbiome-based products come through the
4 pipeline, that that condition of live
5 microbiome-based products -- put the phrase about
6 being able to prove the potency, purity
7 standardization of manufacturing -- will be used
8 to exclude natural fecal transplant. Which I have
9 to say as the voice of the public -- would be a
10 huge wrong-doing and disservice to millions of
11 people. And there would be a public outcry like
12 you cannot imagine. So we hope that that is not
13 the intent. And that that will not be the
14 outcome. And of course, whenever these draft
15 guidance's are published, we rally the troops and
16 we comment vociferously. And I know that those
17 comments are seen and heard, and I appreciate
18 that. But we are watching closely, and we are
19 very concerned.

20 MS. LESNICK: Yes. And thank you for
21 that. And we're working hard. And really, it's a
22 complicated and difficult place. I think where we

1 are now is, we're really trying to think of the
2 best way forward here. And we do listen, and we
3 are taking everything into consideration.

4 MS. DUFF: As the only member of the
5 public in the NIH-funded microbiome
6 transplantation working group, you know, we noted
7 that there is also no way to ensure the
8 consistency of other products -- biologics. Which
9 is blood or bone grafts or tissue. And we all
10 felt that natural stool-based microbiota
11 transplantation falls more into that category than
12 a traditional drug. So we just hope that you will
13 keep the findings of that working group in mind.
14 Thank you.

15 MS. LESNICK: We have a question from
16 our overflow room. LB20, you can ask your
17 question.

18 MS. DENUE: Yes, this is Deborah Denué
19 from Bayer. I have a clarifying question,
20 actually. The FDA has gone on record that the
21 prevention of antibiotic-associated diarrhea is a
22 disease claim. And there's several

1 dietary-supplement products on the market with
2 substantiating evidence that make the claim to
3 help prevent antibiotic-associated diarrhea. Can
4 you help clarify whether or not FDA still
5 considers that a disease claim or has something
6 changed. Thank you.

7 DR. YOUNG: In the abstract -- I mean, I
8 can't see the claim in front of me. As I
9 mentioned, it's the totality of the circumstances,
10 the label, and the labeling. It's never just one
11 statement. Although a statement, you know, treats
12 or prevents that antibiotic-associated diarrhea --
13 that would be a disease claim. There are folks in
14 this room that have had this discussion with us.
15 And I'm looking right at Amy right now, because
16 she comes in a lot. We're open to conversation on
17 this. Right now it is a disease claim. And based
18 on our resources and priorities, we may enforce it
19 as a disease claim. We could send you a letter or
20 we could seize your property if it was drastic
21 enough. I don't know that this rises to that
22 level, because as you said, you've seen those

1 products on the market. It is a disease claim.
2 It is a violation. Whether they have
3 substantiation or proof for it or not, is right
4 now relevant. But for the here and now, something
5 that direct would be a disease claim.

6 MR. TERI: Barkoukis Teri, University of
7 Nebraska Medical Center. When I listened
8 individually to you, it was very clear, and I
9 understand 100 percent. But when I put them
10 together, I am totally confused (laughter). And
11 my concern is why can't CFSAN have an IND. And
12 the reason I'm asking this question is, we need
13 more research and more studies, and more work done
14 in this field -- not to regulate and not to reduce
15 it. And you also mentioned that if somebody does
16 something as -- they left it as a drug -- others
17 cannot come back and sell it as a supplement. But
18 how you can you stop them? They will say it may
19 help. Or they will cite something. Or even the
20 physicians can use it off-label, I mean all
21 different things. You don't have to have
22 regulated products to be prescribed different.

1 And how do you answer the question to CBER is,
2 okay, I understand, I am fully with you. I want
3 to develop probiotics as drugs. At the same time
4 you cannot be always developed as drugs. Because
5 if you do that, and even after it is approved, if
6 you believe anything that Vince Young said, that's
7 not the particular organism which is doing the
8 final change in the physiology -- there are other
9 things happening. How can you say that, okay,
10 that's the one which did it? And that's why it's
11 a drug.

12 DR. YOUNG: Well I appreciate your
13 question because it gives me a chance to tighten
14 up my language and provide some context. When I
15 said there is no such things as a CFSAN regulated
16 IND that's not to say that a product marketed as a
17 dietary supplement couldn't also be studied as a
18 drug. It could be used with the same exact
19 ingredients and the same exact product, but it's
20 looking for a disease end-point or surrogate
21 end-point -- could be the subject of an IND and be
22 studied as a drug. So I didn't mean to say that

1 you couldn't take a dietary supplement and never
2 study it. For those purposes you can. It's just
3 then you would be regulated through the IND
4 mechanism. As far as the 201ff3b violation, where
5 someone tries to market an ingredient -- that's a
6 dietary ingredient or dietary supplement -- while
7 there's an IND or NDA with significant clinical
8 studies to support it -- that's something that we
9 do take seriously. We do enforce. But because
10 we're stuck with a largely post-marketing paradigm
11 for enforcement of dietary supplements, we don't
12 get the opportunity to enforce them until we find
13 out for some reason. And that maybe somebody who
14 has a proprietary interest in that ingredient
15 letting us know, we might get involved because
16 there's a signal that it's hurting someone. We
17 don't actively look for those types of violations.
18 But when we become aware of it, we do enforce
19 those.

20 MS. SIROVSKI: Thank you. Boriana
21 Sirovsky, Johnson and Johnson. What is FDAs
22 stance on prebiotics? And what would be the best

1 reference where we could find this?

2 DR. YOUNG: Okay. I'm glad I came
3 (laughter). So prebiotics -- as far as I know --
4 now, we don't really have a hard and fast
5 definition even for probiotic. But a prebiotic --
6 not that we have a hard and fast definition for
7 that -- but I believe it's something that supports
8 probiotics. Supports the environment to allow
9 probiotics to develop. If they're a dietary
10 ingredient -- if they're an old dietary ingredient
11 or new dietary ingredient for which a notification
12 is required, and one is made -- they could legally
13 be on the market. It would just have to follow
14 the paradigm -- is it a dietary ingredient? Is it
15 not meant to supplement a meal? Is it not derived
16 from tobacco? Is there not a 201ff3b exclusion
17 from the definition of a dietary supplement? It
18 could legally be on the market as a dietary
19 supplement if it did the right things.

20 MS. SIROVSKI: Yeah, just simply being
21 incorporated in a product as an ingredient and
22 part of it has a different purpose -- then what

1 would you expect?

2 DR. YOUNG: Well it would have to be a
3 legal ingredient. It would have to be an
4 ingredient that's on the market legally as either
5 a conventional food, a food additive, or a dietary
6 ingredient, or a dietary supplement. If it's in a
7 dietary supplement, it would have to be on the
8 proper part of the label. If it's not there for a
9 technical effect it would have to be listed as an
10 ingredient. If it's listed as an ingredient it
11 would have to be a legal ingredient -- which means
12 it would have to fit the definition of 201ff. I
13 don't know if that made any sense. I'm a little
14 sorry (laughter).

15 MS. SIROVSKI: Where can we find this on
16 the FDA website?

17 DR. YOUNG: How about if we chat?

18 MS. SIROVSKI: Is anything -- in public
19 -- okay.

20 DR. YOUNG: Okay.

21 MS. SIROVSKI: Thank you.

22 MS. DEAL: Looking at the guidance --

1 actually Mary Ellen and -- if a clinical
2 investigation of a dietary supplement is intended
3 only to evaluate the dietary supplement
4 construction and function, an IND is not required.
5 And there is a stay on the studies to support a
6 health claim. And with that, I think we should
7 break for a quick break. And be back by 11:00.

8 (Recess)

9 DR. MCCUNE: Hello. If everyone would
10 mind sitting down, and we're a little behind. I
11 think it's just --

12 SPEAKER: Forward?

13 DR. MCCUNE: Forward, yup.

14 SPEAKER: Mm-hmm.

15 DR. MCCUNE: All right. Thank you very
16 much. I appreciate everybody coming back in, a
17 little bit of a brief break, and I'm not going to
18 hold us up. Just so you all know who I am, I'm
19 Suzy McCune. I'm the Director of the Office of
20 Pediatric Therapeutics, in the Office of the
21 Commissioner at the FTA, and the folks kindly
22 invited me to be part of this conversation today

1 because I'm a pediatrician and a neonatologist,
2 and particularly interested in this area.

3 So, just to give you an overview of what
4 we're going to do now, now, we have session two,
5 part one and part two. So, the -- session two is
6 entitled "Safety and Effectiveness of Live
7 Microbiome-Based Products Used to Prevent, Treat,
8 or Cure Diseases in Humans". Part one, which is
9 what I am moderating, will be before lunch; part
10 two, which Paul Carlson will be moderating this
11 afternoon, and then we'll have all of our speakers
12 come together, for both part one and part two, to
13 have a panel discussion, and I will say that,
14 after all of our three speakers this morning,
15 we'll hold questions and then the three speakers
16 will be able to answer questions, clarifying
17 questions, before lunch.

18 So, with that, I'd like to introduce our
19 first speaker, who is Dr. Josef Neu, who is
20 Professor of Pediatrics and Director of the
21 Neonatology Fellowship Training Program in the
22 Department of Pediatrics at the University of

1 Florida College of Medicine. Dr. Neu's going to
2 talk to us, today, about the use of commercially
3 available products to prevent Necro.

4 DR. NEU: Thank you, and good morning.
5 Here's my disclosure slide, and, over the next 15
6 minutes, I'm going to quickly cover historical
7 perspectives and difficulty defining Necrotizing
8 Enterocolitis. This is a big conundrum that, I
9 think, we're just beginning to recognize, more and
10 more, that we do not even have a good definition
11 for this particular disease. Then, I'll talk a
12 little bit about the path physiology of the most
13 classic form of Necrotizing Enterocolitis, and
14 then get into probiotics in Necrotizing
15 Enterocolitis.

16 Well, let's begin. This is a typical
17 neonatal patient, cared for in the neonatal
18 intensive care unit, and these babies, now, over
19 the last 50 or so years, we've caring for more and
20 more of these babies. At one point in time, when
21 I first started my residency program, we would
22 take babies who were 26-27 weeks gestation, and

1 put them at the side of the neonatal intensive
2 care unit and allow them to die.

3 Now, we are taking 22-23 weekers and
4 being very aggressive in trying to save these
5 babies, and, along with this, we're starting to
6 see, more and more, this particular disease
7 process that we call Necrotizing Enterocolitis,
8 and here's a picture of a baby with this problem.
9 This is not a typical inflammatory bowel disease.
10 This is very different than what we see,
11 typically. This is a disease that, once it
12 affects the baby, within 24 hours, that baby can
13 be dead, and, so, this is a problem that is very
14 difficult to treat, and I think we need to aim at
15 prevention of this particular disease.

16 So, over the last 50 or so years, since
17 we've been starting to really work on these,
18 saving these very small preterm babies, we really
19 haven't made very much progress in this disease,
20 and there's several reasons for this. One is that
21 we've been lumping several disease processes into
22 or underneath the umbrella of quote "Necrotizing

1 Enterocolitis", and I'll talk about this very
2 briefly.

3 We have some animal models. For
4 example, there's this rodent model that you
5 asphyxiate and, as babies, and you put them into a
6 refrigerator, and you treat them with antibiotics,
7 and they develop some necrosis of the bowel, and
8 that is called Necrotizing Enterocolitis. That is
9 not the same disease that we see in preterm
10 babies. There are over 100 published papers using
11 that particular model, and then there's been a
12 narrow focus on individual inflammatory pathways,
13 or oxidative pathways, rather than whole systems
14 approaches for this disease, and, so, I think we
15 need to consider looking at whole systems, rather
16 than just individual pathway components.

17 In the late 1970s, a surgeon by the name
18 of Martin Bell developed these criteria called the
19 Staging Criteria for Necrotizing Enterocolitis,
20 Stages One, Two, and Three. We are beginning to
21 recognize that, Stage One, if you take some of the
22 babies that we care for, today, that are born less

1 than 750 grams, about 70-80 percent of those
2 babies would -- could be diagnosed as having Stage
3 One Necrotizing Enterocolitis.

4 Stage Two relies on radiographic
5 criteria, and sometimes we make mistakes with
6 those radiographic criteria. Stool, in the bowel,
7 actually can look like Pneumatosis Intestinalis,
8 which is one of the major criteria that we use for
9 diagnosing that disease.

10 Stage Three relies on free air in the
11 peritoneal cavity. Well, we have another disease
12 entity called Spontaneous Intestinal Perforation,
13 which occurs fairly early in very preterm babies,
14 and some of our surgeons don't operate on those
15 babies, and this is not Necrotizing Enterocolitis,
16 but these babies get recorded as having
17 Necrotizing Enterocolitis. So, the criteria that
18 we are using for this disease are not very good.
19 We don't have a very good definition.

20 So, we have, in the middle, here, this
21 circle, intestinal injury that we are calling
22 Necrotizing Enterocolitis, but we can have some

1 babies who have cardiac problems; for example,
2 Hypoplastic Left Ventricle, or Interrupted Aortic
3 Arch. Those babies don't get enough blood to
4 their gastrointestinal tract, and they develop
5 Necrosis of the Intestine. They get charted as
6 having Necrotizing Enterocolitis, but that's a
7 misnomer. They have Ischemic Bowel Disease, but
8 not true Necrotizing Enterocolitis. Then, we have
9 these spontaneous intestinal perforations. Then,
10 we also have some diseases that are associated,
11 more, with what we are feeding the babies.

12 So, really, this is more than one
13 disease, and we are struggling with really trying
14 to define a classic form of this disease process.
15 Now, we do think that microbes are associated with
16 this disease, and our group, at the University of
17 Florida, was among the first to see differences in
18 the microbiota in stool samples of preterm babies,
19 prior to the development of the disease, and what
20 we were able to do, working with Dr. Mohan Pammi
21 at Baylor University, we were able to take
22 sequences from several different neonatal

1 intensive care units that did the same types of
2 studies.

3 So, we had stool samples from several
4 different neonatal intensive care units that
5 looked at Necrotizing Enterocolitis, versus
6 control babies, and we were able to find, as we
7 see on this particular slide, here, differences in
8 the microbiota, prior to the development of the
9 disease. So, here, we have control babies. Each
10 one of these colors represents a different phylum
11 of bacteria, and, in the controls, you don't see a
12 lot of differences, but, in the babies who
13 subsequently develop Necrotizing Enterocolitis,
14 over time, we see an increase in these light blue,
15 which are the proteobacteria, and a decrease in
16 the firmicutes, okay, also a major phylum of
17 bacteria. We also saw that there were very few
18 Bacteroidetes in the Necrotizing Enterocolitis
19 babies, but, again, these are phyla. These are
20 studies that were done at the phylum level, but
21 they do suggest a difference, prior to the
22 development of the disease in the microbiota.

1 I don't have much time to talk about any
2 of the other agents, but I do want to talk about
3 probiotics, okay, and the question, here, is are
4 we there yet, and I think there's a lot of debate,
5 right now, a very heated debate, about the use of
6 probiotics in preterm babies, and, in fact, I've
7 seen several review articles that say, "The only
8 disease entity where we have definitely proven
9 that we can prevent a disease is in Necrotizing
10 Enterocolitis, using probiotics." Okay? This is
11 in review articles, and, so, there's this belief
12 out there that we're there, with the use of
13 probiotics. Let's talk about this a little bit,
14 and where this story came from.

15 In 2010, a meta-analysis came out, in
16 Pediatrics, looking at 11 different centers where
17 they used 10 different probiotic preparations,
18 and, here, we see that, in terms of prevention of
19 Necrotizing Enterocolitis, favored treatment. In
20 fact, death was lower in those babies who received
21 the probiotics. Okay, that's probiotics. So, in
22 this meta- analysis, 11 studies were evaluated.

1 Ten different probiotic preparations were used.
2 Ten different preparations were used. That's like
3 saying, "I'm going to prevent ear infections using
4 Chloramphenicol, Amoxicillin, you know,
5 Clindamycin. Which one?" That's a service
6 similar analogy, okay?

7 They found that risk for Nec and death
8 was significantly lower in the probiotic group.
9 Sepsis did not differ, and, in quote, in that
10 paper, "The overall instant evidence indicate that
11 additional placebo control trials are unnecessary
12 if a suitable probiotic product is available." If
13 so, you don't see this very often after a
14 meta-analysis. You usually see, "More studies are
15 needed." Okay? Here, done. Okay, it's all over
16 with, and there was a commentary along with this.
17 Think, "Is it ethical to not use probiotics in
18 preterm infants?"

19 So, the Journal of Pediatrics, the
20 editors asked me to look at this very closely,
21 and, so, I came out with this commentary in the
22 Journal of Pediatrics, "Routine Probiotics for

1 Preterm Infants: Let's Be Careful." and I outlined
2 some of the reasons why we do need to be careful
3 and move slowly in this area, and I'm going to go
4 through some of these rationales as we go on.

5 First of all, I want to start with
6 systematic reviews and these meta-analyses. If
7 you put garbage in, you'll get garbage out. Okay,
8 this is one of the problems in many meta-analyses,
9 after a few years. About 50 percent are proven to
10 be not very good, untrue, and big mistakes is
11 pooling data across trials as if they belong to a
12 single large trial, okay, and, over the years,
13 just about every single year since 2010, there's
14 been another meta-analysis, or at least one
15 meta-analysis, including a Cochrane Review. This
16 is the Bible for Neonatologists, that, you know,
17 the Cochrane Review says that we should be using a
18 certain agent, that we should go ahead and use it.
19 Well, the Cochrane Review recommended that we are
20 -- should be using probiotics, but which one? I
21 mean, there's hundreds of them out there.

22 So, here's a study that came from

1 Europe, and they looked at one particular
2 probiotic, and they did this with a couple of
3 other probiotic preparations, and they found no
4 real difference if they just looked at one
5 probiotic preparation by itself, rather than
6 putting them all together. One of the biggest
7 studies, in that first meta-analysis that I showed
8 you, came out of Taiwan, and one point that was
9 not very well discussed in that paper is seen
10 here. See the red arrow pointing to Sepsis? The
11 study patients were those that received the
12 probiotic. The control patients were those that
13 were in the control group, not receiving
14 probiotics. So, we had 12 babies in that study
15 who developed Sepsis, and one baby, in the control
16 group, that did not develop Sepsis. Okay, so,
17 large association with the development of Sepsis
18 in these really small babies, and if you look
19 closely at the meta-analyses, babies less than
20 1,000 grams were not benefited by the use of
21 probiotics. They were all babies that were
22 greater than 1,000 grams. So, more than two

1 pounds, it seemed to have to have some benefit.
2 Less than 1,000, less than two pounds, no real
3 benefit.

4 There was another fairly big study, in
5 Australia, which was not powered to look at
6 Necrotizing Enterocolitis. It was powered to look
7 at Sepsis, and they've had 1,099 very low birth
8 weight infants, and they've found no difference in
9 Sepsis, if -- or all caused mortality, but on
10 secondary analysis, looking back, they saw that
11 there was a difference in Necrotizing
12 Enterocolitis. Okay, Nec went from 4.4 to 2.0
13 percent on this secondary analysis, with a P-value
14 of.03. The number it needed to treat was 43, with
15 a 95 percent (inaudible) 23 to 233. There was no
16 effect on -- in babies less than 1,000 grams birth
17 weight.

18 Another study, and this is the largest
19 study and the only study done, thus far, that I'm
20 aware of, this was done in U.K. by Dr. Costello
21 and colleagues. It was a double blinded,
22 randomized, prospectus study, adequately powered

1 to look at Necrotizing Enterocolitis, using a
2 (inaudible) probiotic, and it studied babies at 23
3 to 31 weeks, gestational age, and they found no
4 difference in Nec. They had onset Sepsis, or
5 death.

6 So, the question that was raised this
7 morning, "Is this a food supplement or drug?" It
8 depends. Well, maybe it doesn't depend, after we
9 -- what we heard this morning, if we have a
10 medical claim, prevention of Necrotizing
11 Enterocolitis, usually, should be considered a
12 drug. Drugs that are sold by prescription are
13 subjected to rigorous testing. Foods can be sold
14 by anyone, and not subjected to rigorous
15 standards, for the most -- here is one study, and
16 this is one of several, in a case report that
17 shows certain bacterial species that caused some
18 Bacteremia in babies receiving this particular
19 probiotic. We see several of these in the
20 literature.

21 A few years ago, at Yale University, a
22 preterm baby died. It was taken to the autopsy

1 suite, found to have Mucormycosis. The
2 Mucormycosis was traced back to the product. This
3 was -- was this a product that was tainted? Is
4 this a product that did not -- was not well
5 controlled, in terms of its development? This is
6 what we are trying to avoid, and this is why I'm
7 saying we need to be careful.

8 In the United States, about 15 percent
9 of neonatal intensive care units are already using
10 probiotics, but the types of probiotics that are
11 being used tend to be those happen to be available
12 in the hospital. The most commonly used is
13 Lactobacillus Rhamnosus. Lactobacillus Rhamnosus,
14 the studies that have been done have not shown --
15 been shown to decrease Necrotizing Enterocolitis,
16 but, here, we see the states, and we have no real
17 evidence for safety or efficacy in some of the
18 probiotic preparations that are being used, right
19 now, in the United States.

20 There's also no current standards for
21 quality control of this reconstituted product, and
22 good manufacturing processes or practices for the

1 use of probiotics, as drugs are not available.
2 The quality of some of the products are
3 questionable. People have looked at the
4 probiotics that are actually out there, and some
5 of them are not really what is being sold, in
6 terms of the -- that the product that they say
7 that -- that this particular strain, this
8 particular genus and species, is in a sample.
9 They are finding different genus's and species,
10 using PCR technologies.

11 We have to be careful. This is a study
12 that was done by a group at Emory. Ravi Patel is
13 also here, and this is an interesting study.
14 Neonatologists are sick of Necrotizing
15 Enterocolitis. We hate this disease, okay? This
16 is a disease that kills babies very quickly. Five
17 to seven percent of these babies are -- babies
18 from 500 to 1,500 grams are affected by this
19 disease, and, when these babies develop the
20 disease, it's very hard to treat, as I mentioned
21 before. If it goes onto surgery, 20 to 30 percent
22 of those babies die of Necrotizing Enterocolitis.

1 If they survive, five years of age, and if they
2 have a short gut, it takes what -- it costs five
3 million dollars to care for that baby with that
4 short gut. This is not a trivial disease, and
5 these babies who have Necrotizing Enterocolitis
6 also have neurodevelopmental delays. So, this is
7 a terrible disease, and we are looking for
8 something that will prevent this disease, but the
9 problem is that we are, sometimes, maybe a little
10 bit, too aggressive in moving forward.

11 This is a interesting study that, if you
12 look at the Necrotizing Enterocolitis, prior to
13 implementation of probiotic, there would be
14 Necrotizing Enterocolitis, and, after
15 implementation, we see an increase in Necrotizing
16 Enterocolitis. A study in Europe, and I'm just
17 going to show you the title, here. This just came
18 out very recently. Increased incidence of
19 Necrotizing Enterocolitis associated with routine
20 administration (inaudible) probiotic in extremely
21 preterm infants. Again, this was not a
22 prospective, randomized trial. This was a

1 retrospective, observational type of a study, as
2 was the study at Emory, which is limiting, but
3 this is something that should be (inaudible)

4 So, in summary, Nec pathogenesis is
5 multifactorial. Even if we invoke a classic form
6 of Necrotizing Enterocolitis, we need to have
7 better definitions, going forward, in our future
8 studies. Treatment of Nec, once it's developed,
9 is extremely difficult. We need to prevent.
10 Intestinal microbial environment, along with
11 developmental aspects of the GI tract, are key in
12 understanding the pathogenesis of Nec. We need
13 more studies. We need to have better systems,
14 enteroids, animal models, to evaluate mechanisms
15 that fulfill criteria for causality, derived from
16 strong associations found in humans, and, lastly,
17 once we have a clear understanding of the causes
18 of the different forms of Nec, we will be best
19 able to target preventative strategies. Reminded
20 again, let's be careful.

21 DR. MCCUNE: Thank you so much, Dr. Neu.
22 Our next speaker is Dr. Daniel Merenstein, who is

1 a Professor of Family Medicine at Georgetown
2 University, where he also directs the Family
3 Medicine Research. He also is Secondary
4 Appointment in the Undergraduate Department of
5 Human Science in the School of Nursing and Health
6 Studies, and, today, he's going to talk to us
7 about the evidences in -- for probiotics to
8 prevent antibiotic associated diarrhea, what is
9 holding up evidence- based use in the United
10 States, and I just will say that we're shifting to
11 the diarrhea topic for the next two talks. Dr.
12 Merenstein?

13 DR. MERENSTEIN: Thank you very much. I
14 really appreciate this opportunity. I'm excited
15 that so many people are interested in this. I'm
16 going to be speaking on -- about what I study,
17 antibiotic associated diarrhea, or, as I refer to
18 it as, AAD, but I was also asked to speak about
19 why it hasn't taken off in evidence (inaudible) in
20 the United States, and I'm going to give some
21 opinions about that. In my conflicts, I won't be
22 speaking about any of these today.

1 I put this up: "In God We Trust, and All
2 Others Must Bring Data." because I am going to
3 give some opinions today, and you might not agree
4 with my opinion, and that's fine. That's
5 reasonable, and we should discuss it later, at the
6 panel, or at lunch, or whenever, but I am going to
7 present the data, and, just because you disagree
8 with my opinions, I hope you don't ignore the data
9 because the data are really robust, and really
10 tell a story.

11 So, if you remember Dr. Young's graph,
12 it just kept going up, the microbiome research,
13 but this is probiotic research. It has been going
14 down, down, down. I assume this will go up a
15 little bit because the year is not over, but it's
16 not going to get to up, up anywhere near there.
17 I'm going to talk about why I think that's
18 happening, and why it's, obviously, a serious
19 problem.

20 So, I'm going to discuss the evidence
21 behind AAD for probiotic use, and, just to make it
22 a little more robust, I'm going to show you what

1 other people say about it, so you don't think it's
2 just my opinion, and then I'm going to give you
3 some opinions of why I think we're having a hard
4 time implementing this in the United States.

5 So, this is the Cochrane Pediatric AAD,
6 and I agree with Dr. Neu that evidence in is only
7 as -- evidence out's only as good the evidence in,
8 but, really, in medicine, this is considered the
9 highest level of evidence. There's over 23
10 studies, almost 4,000 patients, 11 of which use a
11 single strain. In AAD group -- in the probiotic
12 group -- excuse me -- it was eight percent AAD,
13 versus 19 percent in the control group. If you
14 work your way down, the relative risk reduction's
15 58 percent. I don't have time, today, to talk
16 about other interventions, but, next time you read
17 an article, think about 58 percent, and where that
18 falls in. The absolute risk reduction's 11
19 percent. The number needed to treat is nine, and,
20 again, when you read articles, and you see number
21 needed to treat, think about when you see such a
22 low number needed to treat.

1 So, the initial thing, and this is what
2 Dr. Neu already said, is, okay, what product do I
3 use? Well, there's multiple products to use, but
4 let's just take one product. This is a
5 meta-analysis of one single strain: 12 RCT, almost
6 1,500 participants, almost the same exact data, 22
7 percent versus 12 percent, relative risk, 49,
8 number needed to treat, nine. Adverse events, as
9 we've seen in many people, also have seen and
10 shown, and the RAND studies show this, too, are
11 nearly the same in experimental, in the control
12 groups. In fact, a lot of RCTs show they're lower
13 in the experimental group than the control group.

14 I know we're going to talk about C.diff
15 a little later, but I think there's no way to talk
16 about AAD without talking about C.diff because
17 C.diff is, really, what we're mainly worried about
18 when we're talking about AAD. This is another
19 Cochrane Review: 8,600 participants, 8,672, 27
20 studies, and I also want to go back. Not all
21 these studies are perfect. I don't mean to say
22 every study was low risk or biased.

1 They have some problems with some of the
2 studies. Incidence in probiotic group was 1.5,
3 control group was 4 percent, relative risk, 62
4 percent, absolute, 2.5, number needed to treat,
5 40. Interestingly, when they looked at this, it
6 really, mainly, is a benefit when your infection
7 rate is greater than five percent. So, if you
8 know your hospital rate's greater than five
9 percent, the data is even -- is much more
10 impressive.

11 Physicians used a medical letter.
12 Pharmacists used a pharmacist's letter. This is
13 well-respected, evidence-based review. They
14 conclude treating 12 patients with the probiotic
15 prevents one case of AAD. Treating 29 prevents
16 C.diff. They go on to say probiotics reduce the
17 duration of acute diarrhea in infants and children
18 by about one day, and for those who might say,
19 "It's just one day." that's the exact amount of --
20 that's the exact treatment we get when we give
21 influenza drugs, when we give antibiotics for
22 Strep, we give antibiotics for Otitis Media. We'd

1 be happy with one day. Usually, it's actually
2 less than one day.

3 Two years ago, JAMA had three articles
4 about probiotics. The first one was just a
5 survey. It showed 156 increase. People have
6 already talked about that. I think this
7 editorial, though, was even more powerful. They
8 said, "Not all supplements, of course, lack
9 evidence of efficacy. Many supplements, including
10 vitamins, minerals, and probiotics, are important
11 components of modern healthcare." I don't think
12 we would have seen that 10-15 years ago, but it's
13 well-accepted in the mainstream medical journals,
14 the evidence of probiotic, and they concluded with
15 a third article on that, where they talked, again,
16 about the evidence of the AAD, which I've already
17 shown you, three articles, in JAMA, talking about
18 probiotic usage.

19 So, how are people using probiotics?
20 This is one survey. It found 87 percent of
21 academic hospital formularies carry a probiotic.
22 If you're in this area now, there's three major

1 hospital systems. Hopkins, I'm going to talk
2 about Hopkins in a few slides. There's MedStar
3 and Inova. MedStar and Inova -- so, there's 10
4 million people in this area. Not one, if they're
5 hospitalized, has a chance to have a probiotic
6 that has efficacy. There's -- I'm not going to
7 call out products, but there's products on these,
8 and just like Dr. Neu just showed, that don't have
9 efficacy, that hospitals used, mainly, for cost
10 reasons, and it's embarrassing, and if you get
11 hospitalized now, even though I've shown you the
12 data for AAD, in prevention C.diff, you can -- in
13 the local area, you will not get a probiotic,
14 unless you bring it to yourself, that will prevent
15 AAD, and there's a good chance they're going to
16 put you on antibiotic, if you're hospitalized.

17 The CDC did a review in 145 hospitals,
18 with about two million discharges. They found 96
19 percent of hospital used a probiotic. You are
20 nine times more likely to get antimicrobial, and
21 20 times more likely to be diagnosed with C.diff
22 if you are on a probiotic. They concluded, in a

1 sample of U.S. hospitals, a sizeable and growing
2 number of inpatients received probiotics as part
3 of their care, despite inadequate evidence to
4 support their use in this population. I would
5 just add an editorial. Just because you don't
6 know the evidence, you shouldn't conclude with
7 inadequate evidence. The evidence was there
8 already. The evidence was clear, from Cochrane
9 Reviews, the highest level evidence we have, that
10 the number needed to treat is nine or 40, for AAD,
11 a nine, and for C.diff, 40.

12 I'm going to talk a little bit about FMT
13 data. I am a big proponent of FMT. I have a son
14 with Ulcerative Colitis. I think the FMT data is
15 very promising. I think it not just teaches us
16 how we can do it with FMT, but we can do it with
17 drugs, but I'm going to present the data. So,
18 before you attack me with FMT, look at the data.

19 In 2016, there was a review, about 7,500
20 original articles, not studies, articles, and
21 mainly reviews. This is well-accepted. This
22 review found about 28 percent. You'll see about

1 30 percent AEs, mostly mild, but some serious
2 infections, and, again, as someone already pointed
3 out, we have no idea about the long-term
4 implications. These are all I could find, and I
5 wrote every author and asked them if there's other
6 studies. There's probably ones in other
7 languages, but there are five RCTs. This is what
8 the FDA changed their discretion, IND, about, five
9 RCTs, with FMT. Two are done with enema, two with
10 colonoscopy, one with nasal duodenal tube, 187
11 patients. Of these five, two were blinded, two
12 blinded studies, but one, the best highest level,
13 that was placebo controlled blinded, found
14 efficacy of 61 percent, versus placebo of 45
15 percent. So, that's the data. Look at the data.

16 Now, IND is saying, which we can't even
17 say it is, if it's evidence-based review or not,
18 looked at this data, just this year. Nace
19 concluded there's insufficient data, at this time,
20 to recommend administration of probiotics for
21 primary prevention of CDI; 27 clinical trials,
22 8,600 participants. They said, for Fecal

1 Microbiota Transplant, it is recommended for
2 patients with multiple recurrence of CDI, who have
3 failed appropriate antibiotic treatments, and,
4 again, one is prevention, one is treatment, but
5 just think about it, if we flip those numbers. If
6 we flip those numbers, I would never have gotten a
7 grant for AAD. I would never have even thought of
8 applying. If you told me you have a product, St.
9 John's wort, that has five clinical trials, two of
10 which are blinded, and I wanted to apply for a
11 grant, my Chair would be like, "Can you find a
12 better product to apply for a grant because you're
13 not going to get funded."

14 So, part of the reason I think it hasn't
15 taken off is lack of understanding evidence, maybe
16 bias, but there's no question, and it's
17 unfortunate. I appreciate Seiber inviting me, and
18 they asked me to speak about this, that Seiber has
19 part of the blame. That was a horrible death that
20 Dr. Neu talked about, horrible death, and this is
21 what Seiber did with it after that. They said,
22 "The FDA encourages healthcare providers who use

1 dietary supplements containing live bacteria's
2 yeast, probiotics, to submit an IND for FDA's
3 review.

4 FDA's primary goal, in reviewing IND,
5 are to ensure the safety and rights of subjects,
6 and help ensure the quality of the scientific
7 study of drugs is adequate to permit an evaluation
8 of the drug's effectiveness and safety. This is
9 what they sent out. This is what happened. A
10 couple -- there's headlines that you can -- tons
11 of headlines, but one on Forbes, "Infant Death
12 Triggers FDA Health Providers Warning of Probiotic
13 Risks," but this is what happened at Hopkins, one
14 of our top institutions in the country. They
15 outlawed all probiotics. This is what they wrote,
16 "Due to the documented risk associated probiotic
17 use in the hospital, probiotics are not available
18 for use at any Johns Hopkins Health Service
19 Hospital, not purchased, stored, administered, or
20 dispensed." I'm going to read that again, "Not
21 purchased, stored, administered, or dispensed.
22 The use-ation of patients' own supply of

1 probiotics, while in the hospital, could put
2 patients and healthcare workers at risk for
3 possible infection, and is, therefore,
4 prohibited."

5 I did my fellowship at Hopkins. They
6 let me give Benadryl. No study was ever shown at
7 our -- it was one study ever, in 1976, to infants,
8 six months, or six months to nine months, to see
9 if it helped them sleep through the night,
10 Benadryl. We know, as physicians, there is major
11 side effects of Benadryl. That was fine. The IRB
12 approved it. This is what they wrote about
13 probiotics, "You are not allowed to bring in your
14 own probiotic, into Johns Hopkins Hospital,
15 because of the danger of other people."

16 So, clearly, we know, because there's
17 bright people at Hopkins, this was written by the
18 lawyers, and the lawyers looked, and they said
19 what FDA wrote in the letter, "FDA encourages
20 healthcare providers use dietary supplements to
21 submit an IND." It's pretty clear, actually. You
22 can't blame them. If you're going to use a

1 probiotic, you need to submit IND, but doctors
2 can't do that. They're not going to do that for
3 Nec. They're not going to do that for AAD.
4 They're not going to do that for (inaudible)
5 They're not going to submit an IND every time they
6 use a probiotic.

7 Just a few months ago, we had a horrible
8 transfusion problem, with platelets causing
9 infections with ACB. This is what happened: the
10 Centers for Disease Control mentioned working with
11 two states, investigated the potential ACB complex
12 transmission, through platelets transfusion, has
13 issued a nationwide call for cases. Please report
14 any patients who develop or developed Sepsis, due
15 to ACB Complex within 24 hours of receiving
16 platelets. Imagine if the Seiber did that. This
17 was a horrible death, and it was an infection with
18 a contaminated product that should have been
19 called (inaudible) it was, but instead of saying,
20 "We should figure out the products are safe, or if
21 you see anything in your hospital -" They sent a
22 letter. It says, "You need to give INDs when you

1 give probiotics." That's greatly impacted
2 probiotic research in the U.S.

3 The second, and the final, thing that's
4 greatly impacted is the definition, and you heard
5 it today, and I think you heard it really clearly,
6 with the two speakers going back and forth in the
7 confusion. So, I study the yogurt. It is a
8 yogurt, and I brought enough for everyone to
9 taste, to prove it's a yogurt. In fact, this -- I
10 study the same exact strain that's in every one of
11 these products, including infant formula; same
12 exact strain, at the same exact dose, or they have
13 a higher dose than I have. So, I have a lower
14 dose of the same strain. I'm on my fourth IND.
15 The first two, you could argue, were reasonable
16 because it's antibiotic associated diarrhea, and,
17 we already heard today, that's considered disease
18 by the FDA.

19 Now, I already had 15,000 days because I
20 had done a prevention of preschool absences study
21 with the same yogurt, here, on -- so, they could
22 have said, "You can go to a phase three trial."

1 because that's what NIH funded me to do, but they
2 didn't. They said, "You do a phase one." So, I
3 did a phase one safety, in adults, then in kids.
4 Now, I'm doing a phase two, but even more
5 surprising is, about five months ago, I got funded
6 to do a mechanism study of AAD. My outcome is
7 short chain fatty acid changes. That's it, short
8 chain fatty acid changes. My secondary outcome is
9 microbiome changes. There's no question, and it
10 was already explained this morning, that's a
11 structure functioning claim. There's no debate.
12 There's no clinical outcomes. Healthy people --
13 not hiding anything. I'll send you the protocol.
14 Healthy people, 60 people, the FDA required an IND
15 for that, and this is slowing down research in the
16 United States, and I'll show you that, and, just
17 quickly, I think I have time. This doesn't have
18 to be. You can -- well, there's lawyers, here,
19 who can tell you -- explain it, too, but I also
20 applied to do a chamomile tea study, to see if
21 it'd help kids sleep through the night. I do lots
22 of crazy studies like that.

1 So, I wrote to Seiber because my IRB
2 said, "You know, it's never been studied. You
3 know, you need to ask them if you need an IND."
4 and they said, "What we need is your CV, to make
5 sure you're a legit person, and your protocol."
6 Two days later, they sent back, and they said,
7 "You can go ahead with your procedure." That's
8 what they could do. It took the -- for the
9 structure function claim, it took the FDA about
10 three to four months to -- for me to go ahead with
11 my study, and, because of that, I have to wait
12 till the next budget season because we missed the
13 budget season this year. So, those are all the
14 products that have the same exact -- as the one
15 you can taste, if you want.

16 Okay, FMT versus probiotics. Most
17 hospitals, not all, because of Hopkins, and I'm
18 afraid some are going to follow because they're
19 going to follow a place like Hopkins, are using
20 it, but let's talk about it, what we always say
21 about why you don't use data. I'm thinking Dr.
22 Neu, actually, said a lot of this. Why don't we

1 use it? We don't know the strain data yet. We do
2 know the strain data.

3 There's multiple products that are
4 well-proven for AAD. I showed you one. There's
5 other ones. We don't know how to give. FMT, in
6 the five studies we had, was given three different
7 ways. What's the dose? Well, that -- you know,
8 tell me the dose of FMT. We know the dose of
9 that, probiotics. What are the adverse events?
10 The adverse events are minimal. There are
11 horrible cases of contamination, and there are
12 some evidence of some Sepsis, very infrequently,
13 but it's unbelievably low, unbelievably low; and
14 what's the long- term data? Well, we don't have
15 long-term data, really, for most of the drugs I
16 use in clinical practice. It's not an excuse, but
17 we just don't, and we, clearly, don't have it for
18 FMT. We have, again, better for probiotics than
19 we do for FMT, but Seiber, rather quickly -- I was
20 impressed. I didn't realize it was as quick as
21 Sheila showed; within two months, changed their
22 role, and let people go ahead with that. Why did

1 they let this happen in two months? It's an
2 interesting question.

3 These are all studies, throughout the
4 world. So, if you see, in the U.S., and this is
5 what happens in the U.S., about 40 percent of
6 clinical trials are done in the U.S. We can argue
7 about what I used. Again, I thought these were
8 reasonable comparisons. Omega-3 is about 37
9 percent, vitamin D, about the same. Probiotic
10 trials are about 17. From my anecdotal evidence
11 of people calling me and asking me how to do
12 trials, I think that's on its way down. So, the
13 U.S. is falling behind in probiotic trials. In
14 the age of the microbiome, the U.S. is not doing
15 probiotic trials.

16 So, we need more AAD studies. I'm a
17 little biased. That's what I do for a living, but
18 I think we do need more studies, okay? We need to
19 know the time, the dose, how long, when you take
20 -- we need to do that, but physicians and patients
21 are using these, I would argue, often,
22 incorrectly. FDA and, specifically, Seiber's

1 action, via the letter, and lack of waiving INDs
2 has slowed research down.

3 I think, to conclude, Seiber needs to
4 remember their mission. It's responsible for
5 advancing the public health, by helping to speed
6 innovations, and I think they've done the opposite
7 of probiotics. Thank you for your time.

8 DR. MCCUNE: Thank you, Dr. Merenstein.
9 We'll do questions for the group after Dr.
10 Freedman's talk. So, Dr. Stephen Freedman is a
11 member of the Sections of Pediatric Emergency
12 Medicine and Gastroenterology at the Alberta
13 Children's Hospital, in Calgary, Alberta. In
14 2016, he assumed the role of Chair of Pediatric
15 Emergency Research Canada and was appointed the
16 Alberta Children's Hospital Foundation Professor
17 in Child Health and Wellness. Today, Dr. Freedman
18 is going to talk to us about use of probiotics in
19 Acute Pediatric Gastroenteritis, two large North
20 American clinical trials. Dr. Freedman?

21 DR. FREEDMAN: Thank you very much, and
22 it's a pleasure to be here, today, and I think

1 this is a nice segue from the two earlier
2 discussions, and I do have several disclosures.

3 So, I do actually hold an IND, or,
4 actually, I'm not the holder. It's actually --
5 David Schnadower is the holder of an IND, related
6 to funding from NICHD for the conduct of one of
7 the trials that was conducted in the U.S., and
8 also, similarly, helped Canada. Approval was
9 obtained by NHPD for the CI Chart funded trial, in
10 Canada. The study -- drug and placebo were
11 provided by the manufacturers of the LGG, as well
12 as Lallemand Solutions for bay -- lactobacillus
13 rhamnosus helveticus.

14 So, I'm going to segue from antibiotic
15 associated diarrhea to acute infectious
16 gastroenteritis, which is one of the most common
17 diseases of childhood. It is the second most
18 common cause of death, globally, in children under
19 five years of age. It is a -- different than Nec,
20 where children in the U.S. don't usually die from
21 this, but it's the global burden of it, in kids,
22 and on the economy, and on healthcare providers,

1 and on schools; 1.7 million ED visits per year, in
2 the United States, nearly 100,000
3 hospitalizations, and there are few options to
4 modify the disease course. So, probiotics are
5 being touted and advertised. That's just actually
6 changing the disease course in kids. We do,
7 currently, have other options for symptomatic
8 short-term relief and treatment of dehydration,
9 should it occur.

10 So, I'm going to -- we've been hearing
11 about Cochrane Reviews and the pros and cons. So,
12 the biggest Cochrane Review of this topic was
13 done, and the latest was in 2010 by Allen et al,
14 and, as you can see, there was a decreased
15 duration of diarrhea. They concluded about 25
16 hours till the timing to the last diarrheal stool.
17 Several challenges, though, that can be -- come up
18 from this.

19 Number one, it's mostly inpatients,
20 primarily in an era of rotavirus, which has been
21 dramatically reduced, due to the introduction
22 rotavirus vaccine in North America. Most of these

1 studies were single center, very small sample
2 sizes, generally. Although, there were many
3 studies, as you can see, but, unfortunately, this
4 led to significant heterogeneity. So, there's 97
5 percent heterogeneity between studies in this
6 Cochrane Review. They employed variant probiotics
7 in varying doses.

8 Nonetheless, based on this data, several
9 organizations issued strong recommendations, but
10 they then go on to say, based on low quality
11 evidence, that support the use of probiotics, and
12 the most notable being ESPGHAN, which is a large
13 European group. There was no position statement,
14 really, on this. The last one, from the CBC, was
15 in 2003, and didn't really address this issue very
16 much.

17 So, this raised one question that two
18 networks decided to try to answer. So, I'm the
19 Chair of Pediatric Emergency Research Canada, on
20 the right, and then we work closely with our
21 sister network, PECARN, Pediatric Emergency Care
22 Applied Research Network, in the U.S, to conduct

1 one question, across two networks, using two
2 different probiotics. They shared a common
3 hypothesis, however, that probiotic administration
4 would result in a significantly lower
5 proportionate of children with moderate to severe
6 disease, within the subsequent 14 days, compared
7 with placebo, and we didn't just look at -- and
8 I'll come back to one isolated symptom.

9 We looked at the global burden of
10 disease as our outcome. They were conducted as
11 randomized, double blind, placebo-controlled
12 trials. Eligible children were age three months
13 to 48 months. They both, in both studies, had
14 clinically died -- had been clinically diagnosed
15 with an acute intestinal infectious process,
16 defined as greater than equal to three episodes of
17 diarrhea in a 24-hour period, which is the working
18 definition for gastroenteritis, accepted by all
19 organizations. We used a web-based random number
20 generating software, randomize.net, employed
21 random block sizes. We stratified by sites, and
22 we used a one to one treatment allocation ratio.

1 Several differences between the studies,
2 which I'll try to highlight as I go through, I
3 decided to present them, kind of, in parallel
4 because they are so similar, as opposed to going
5 back and forth between the two. The U.S. study
6 included 10 emergency departments, all pediatric
7 centers. Kids were able to have symptoms up to
8 seven days, so up to a full seven days of
9 symptoms, and this was based on the only one real
10 prior study in the U.S., which was conducted by
11 Nixon, in -- out of Albert Einstein, which found,
12 actually, that they did not see a difference in
13 the group administered probiotics, but they did,
14 maybe, see a trend amongst those who had a longer
15 duration of symptoms of baseline. So, they
16 focused on that group of kids. They studied LGG,
17 a dose of one times 10 to the 10th CFU BID for
18 five days, compared with a placebo, and then
19 randomization was also stratified by the duration
20 of diarrhea, given the importance of that, as a --
21 in a priority hypothesis.

22 In the Canadian study, we included six

1 emergency departments, focused on children with
2 shorter duration of diarrhea because most of the
3 other studies in the literature had shown greater
4 benefit in shorter duration events, up to 72
5 hours, and we studied Lacidofil, which the
6 combination of a lactobacillus rhamnosus and
7 helveticus product, in four times 10 to the ninth
8 CFU, twice daily, for five days. Both of these
9 dosage ranges were what was supported by the
10 existing literature. In Canada, they actually
11 held an indication for that dose in the use of the
12 product, and, in the U.S., it's a commonly
13 recommended dose of LGG.

14 So, we excluded children who were at
15 risk for invasive disease and infection. I didn't
16 go into it, but there are -- actually are numerous
17 case reports in the literature of individuals with
18 central lines who developed Bacteremia, with the
19 probiotic strain, particularly in ICU settings.
20 So, we excluded all children indwelling vascular
21 access lines, congenital heart disease, because of
22 the risk of reports of Endocarditis,

1 immunodeficiency, immunosuppression, on a GI
2 problem, such as IBD (recording cuts out)
3 particular pancreatitis because of a large
4 European study that showed increased mortality in
5 that group, and then kids who may not have
6 Gastroenteritis, so, Biliary Emesis, or
7 Hematochezia, bloody diarrhea, so, not tradition,
8 at least North American Viral Gastroenteritis.

9 The studies also had some specific
10 peculiarities, kind of, at the pushing of some of
11 the local Federal agencies. So, premature infants
12 and those less than six months corrected age were
13 excluded, those on supplemental probiotics, or an
14 allergy to LGG, or the antibiotics that would be
15 used to treat a Bacteremic episode. In Canada, we
16 excluded those who had had recent or
17 gastrointestinal surgery, preceding probiotics in
18 the two weeks prior to enrollment, and then soy
19 allergy because the soy-based culture medium was
20 used to grow the probiotic.

21 We conducted follow-up surveys every 24
22 hours until symptoms had resolved for at least 24

1 hours, as well as day five and 14, post
2 randomization, and then, actually, in the U.S.,
3 the FDA's urging we conduct a follow-up, for
4 safety, at one, three, six, nine, and 12 months,
5 following conclusion of this very short study.
6 Stool specimens were also collected, and,
7 actually, we used rectal swabs, and we can discuss
8 that if people are interested, and we, actually,
9 collected specimens on all individuals who were --
10 participated. We analyzed them for infectious
11 agents, including 15 pathogens, in both sites,
12 using a multianalyte pathogen panel, and then we
13 used an in-house viral panel for five viruses in
14 Canada, along with bacterial culture, and then we
15 also did independent testing of the batches of the
16 probiotics, in both studies, to ensure that they
17 were delivering the CFU counts that we had
18 intended to deliver.

19 A primary outcome was moderate to severe
20 disease, defined by a modified Vesikari scale
21 score greater than equal to nine, and I'll discuss
22 that on the next slide, which ranges in score

1 severity from zero to 20. We secondarily looked
2 at duration of diarrhea, duration of vomiting,
3 future healthcare provider visits, as well as
4 adverse events.

5 So, this measure is a composite score,
6 and we chose to use a composite score, as opposed
7 to individual measures, because what if you reduce
8 the duration of diarrhea, but they actually have
9 more diarrhea for two days, but they have it for
10 two days instead of three. What's better? I
11 don't actually know. I don't think caregivers
12 really have an answer to that or is an easy one.
13 So, this is a score that's actually emerged from
14 the rotavirus vaccine files and been adapted for
15 use in the outpatient setting. So, it actually
16 looks at duration of diarrhea, duration of
17 vomiting, maximal frequencies of diarrhea, maximal
18 frequency of vomiting, fever, which is very
19 concerning to caregivers when their child is ill,
20 and then we also looked at interventions, so,
21 healthcare provider interventions, either as an
22 outpatient or in the emergency department, and

1 need for IV fluids or hospitalization.

2 Our sample sizes had 90 percent power to
3 evaluate a 25 percent rate in the placebo group,
4 aiming for a number needed to treat of 10, as you
5 were hearing, but number needed us to treat, which
6 would be based on a minimally clinically important
7 difference of 10 percent. We conducted two-sided
8 analyses with five percent significance, and
9 adjusted for follow-up, for drop-ins and
10 drop-outs, and many people who take probiotics
11 over the counter, even though they're not
12 randomized to it, and then we did interim
13 analyses. So, we adjusted for that as well.

14 In the U.S., the calculated sample size
15 had to be increased because, on one of our
16 analyses of the probiotic product, it was found to
17 have too low of a CFU content, lower than what we
18 had intended to deliver. So, we worked with our
19 DSM-V to increase our sample size, appropriately,
20 to 971 participants in the end. The Canadian
21 trial, there were no concerns in that regard, and
22 ended up enrolling 886 participants.

1 Our analyses were in by intention to
2 treat principles, multiple mutation, and we
3 employed with logistical reaction stratified by
4 sight, the secondary analyses looking at other
5 covariates, and then we conducted subgroup
6 analyses, looking for interaction.

7 I'm going to present the Canadian data
8 first, after this slide, which essentially shows
9 that the groups were similar in both studies,
10 around -- just over about 16-17 months of age, the
11 only difference being the duration of diarrhea,
12 slightly higher in the U.S. cohorts. As you can
13 see, over here, 57 hours, based on the eligibility
14 criteria, and, hence, their baseline modified
15 Vesikari scale score was slightly higher, 12,
16 compared to 10 in the Canadian cohort.

17 So, in the Canadian study, as you can
18 see here, if we look at all participants, the
19 proportion who actually had the outcome of
20 interest, the primary outcome in the probiotic
21 group was 26.1 percent, but at the 24.7 percent in
22 the placebo group, and we look at some of our A

1 priority identified subgroups, kids less than one
2 year of age, exclusively breastfed, antibiotic
3 usage in the preceding 14 days, or greater than 70
4 percent compliance. As you can see, there was no
5 difference between groups.

6 Look at some of these secondary
7 endpoints. These were particularly important
8 because of the meta-analyses that had shown
9 reduced duration of diarrhea. When we look at
10 that, there's no difference in diarrhea duration,
11 no difference in vomiting duration, no difference
12 in follow-up healthcare visits. Traditionally,
13 were no differences in adverse events between
14 groups.

15 When we looked and dove a little bit
16 deeper into this issue of duration of diarrhea,
17 because that's been the greatest claim for our
18 usage in acute infectious gastro, we looked at
19 daily episodes of diarrhea, from our diaries, and,
20 as you can see, they're actually essentially
21 identical between groups. An incident rate ratio
22 of 0.98. The only difference we did find was in

1 vomiting. The incident rate ratio was slightly
2 higher, and that's -- was primarily due to a
3 difference on the first day of treatment.
4 However, the magnitude is actually relatively
5 small, and probably the clinical significance of
6 this is minimal, at 0.83, versus 0.55 episodes, on
7 the first day, after randomization.

8 Now, we're going to move onto the U.S.
9 side of the PECARN study, and the results are
10 actually remarkably similar. The proportion,
11 having a modified Vesikari score greater than
12 equal to nine, which was our primary outcome of
13 moderate to severe disease, 55 percent -- sorry --
14 11.8 percent in the LGG group, compared to 12.6
15 percent in the placebo group. No -- the P value
16 was 0.83. When they looked at mean episodes of
17 diarrhea, per 24-hour period, or the mean episodes
18 of vomiting, per 24-hour period, a very similar
19 graph is displayed. There were no significant
20 differences on any of the days or either -- on
21 either of these parameters.

22 This is a busy figure. I'm want -- I'm

1 just going to try to highlight -- is what we
2 looked at, here, to show you how we tried to
3 stratify and look at different things. So, on the
4 top five, the five column headers, are the
5 different A priority stratifications, so age, less
6 than one year, greater than one year, duration,
7 less than 48 hours, greater than 48 hours,
8 antibiotics versus no antibiotics in the preceding
9 14 days, and then some of the early analyses that
10 we've done related to the etiologic agent. We
11 looked at no pathogen identified, a bacteria
12 pathogen identified, or a virus identified. It
13 gets more complicated than that, and I'm not going
14 to go into it too much right now, and then, on the
15 left, here, are the seven different outcomes of
16 interest, so moderate severe disease, repeat
17 healthcare visits, health, cold, members becoming
18 sick, time to last watery stool, time to last
19 vomit episode, hours of working, this applies to
20 parents because, actually, that's a huge impact on
21 your GDP, and a big reason, and the economic
22 reason for giving probiotics is lost work and

1 wages, and days of missed daycare. On all of
2 these seven outcomes, across the four different
3 subgroups defined in the columns, there were no
4 significant differences between groups.

5 So, both of these studies are subject to
6 several limitations. One is based on recall bias.
7 So, there's no hardcore evidence. We don't have
8 biologics that we've analyzed yet. We do have
9 data, that we will be going into later on, but,
10 basically, it's based on symptomatic recall of
11 parents. We did contact them ever 24 hours, and,
12 very robustly, I think, did the best we could to
13 accurately report that.

14 We used composite outcome measures as
15 our primary, which can be criticized because our
16 composite -- however, I would argue that they're
17 much more meaningful than individual outcome
18 measures, but, when we broke it down by looking at
19 all the individual symptoms in these outcome
20 measure scores, none of them were significant, and
21 we ultimately only studied two products, one dose
22 of each, and that's all that we studied, and

1 that's really where I restrict my conclusions to,
2 at this point in time, but, based on the data that
3 we have presented and analyzed so far, in children
4 presenting for -- to an emergency department with
5 acute gastroenteritis, probiotic administration
6 does not prevent development of moderate to severe
7 disease within 14 days, and a huge thank you to
8 David, Dr. David Schnadower, who really led the
9 PECARN study, and then to all of our coordinators,
10 site managers, program managers, our laboratory
11 partners, and our funding agencies, so CHR, as
12 well as the NIH, NICHD. Thank you.

13 DR. MCCUNE: Okay, we're standing
14 between you and lunch, and we're going to go a
15 couple of minutes over, into the lunchbreak, for
16 questions, but I want to ask our three speakers to
17 come up, and I'm going to open up the session for
18 clarifying questions, recognizing that we are
19 going to have a panel opportunity, this afternoon,
20 to hear from all of them again. So, I -- if you
21 want to -- are the microphones working at the
22 table? Just push. They just -- you just need to

1 push down when you're talking, so.

2 DR. SANDERS: Mary Ellen Sanders, from
3 ISAPP. Josef, thank you. That was a, I think,
4 very nice talk, and I wanted just some
5 clarification. You mentioned some case studies
6 about Bacteremia and adverse effects from
7 probiotic administration to premature infants.
8 What is the overall number needed to harm, for
9 probiotic administration?

10 DR. NEU: I could not tell you the
11 answer to that. I don't know.

12 DR. SANDERS: Is it fair to say that,
13 when you're considering an intervention, that
14 number needed to treat, compared to the number
15 needed to harm, is a relevant comparison, versus
16 just, well, here's flaws in the particular data,
17 and, therefore, because there's flaws, it's not
18 perfect data. We're not going to act --

19 DR. NEU: Don't --

20 DR. SANDERS: -- without considering the
21 number needed to harm.

22 DR. NEU: Yeah. I think that the --

1 that these harms are very likely, and this is,
2 again, opinion, are probably highly, highly
3 underrepresented because so many of these babies
4 do have problems. They have -- they develop
5 Sepsis. Much of the Sepsis that we see in our
6 preterm babies is gut-related translocation of
7 bacteria. So, I think that a lot of the problems
8 that we see are actually underrepresented with the
9 use of probiotics. Again, that's my opinion.

10 MR. LILLIS: So, Christian Lillis, from
11 the Peggy Lillis Foundation. My mother died of a
12 community acquired C.diff infection in April of
13 2010, and, so, listening to Dr. Merenstein, in
14 particular, talk about this mishigas with the FDA
15 and letters and such, I find that really
16 troubling, and I would like to know what patients
17 and caregivers can do, in this space, because I
18 often feel like I -- Catherine Duff, my partner in
19 crime, earlier, said that she was the only person
20 at the last one of these, and I'm, I think, the
21 other person who represents the public and
22 patients, and, so, these events happen. They

1 happen in the Beltway. It's really -- I didn't
2 even learn about this until, like, two weeks ago,
3 so. How can we become more involved because I
4 think that's the missing ingredient?

5 You have patients fighting over Cancer
6 treatments. You have patients fighting for heart
7 disease. When it comes to infectious disease,
8 there's just no patients in these rooms, ever, and
9 I don't buy the whole "I'm also a patient."
10 Nonsense. So, leave that at the door, if you
11 represent it, and just, you know, that's just
12 crap. So, I would like to know more about the
13 probiotic stuff. I mean, if we can prevent these
14 diseases, I think it's very important, and it's
15 something that I, personally, find very
16 frustrating because we get asked about it all the
17 time, and we know that there's evidence, but we
18 don't know exactly where to direct somebody. So,
19 if you have any ideas, I welcome them.

20 DR. FREEDMAN: (recording breaking up)
21 the exact question, but, I mean, I'm a -- you
22 know, as you can see, you had some high quality,

1 hopefully, evidence presented, and emerging, and I
2 think the patients and the advocates need to
3 advocate for independently funded studies, Federal
4 funding to look at it. I mean, I think Dan was
5 highlighting the lack of, you know, investigation
6 into barriers to conducting probiotic research,
7 and, so, if it's left in the ER, I, truthfully,
8 think it shouldn't be, being led by industry, and
9 setting their own outcomes, the own measures, et
10 cetera. I think these need to be Federally funded
11 studies, big, large, answering questions important
12 to patients, caregivers, healthcare providers. To
13 me, that's really where it needs to move. The
14 problem in the -- I can comment more on the acute
15 gastro world, is almost all the studies were
16 funded by industry.

17 We know there's a lot of negative
18 studies that never got published, and, so, I'm
19 going to get all the industry people very upset
20 with me right now, but that's okay. I'm running
21 for lunch somewhere, but, I mean, I think,
22 truthfully, we need large studies, several

1 thousand people, to answer some of these
2 questions, rare outcomes, such as C.diff, and bad
3 outcomes. We need very large studies to answer
4 them. Numbers of 33 patients aren't going to tell
5 you whether everybody with C.diff should get
6 treated. Obviously, very sorry to hear about your
7 loss, but, to me, I think that is where the
8 advocacy needs come in.

9 DR. MERENSTEIN: I guess I would add --
10 I also -- sorry for your loss, and I, you know,
11 this is -- in family medicine, there are often
12 talks about how can we get people interested in
13 these non -- we call them sexy diseases, and it's
14 difficult, and I have a question, from your
15 question to Dr. Neu. So, if I have a preemie, is
16 it ethical not to mention that there's these
17 things called probiotics, to them? You know, you
18 talked about these, all these issues, and you
19 talked -- you showed all the harms of the studies,
20 but the Cochrane Review, and, if I'm not mistaken,
21 I think it was started by neonatologists, is
22 pretty high standard, and if you have a preemie,

1 and you don't offer probiotics, if you're a
2 Hopkins or something, is it ethical not to even
3 mention it to the family?

4 DR. NEU: So, tell me what probiotic am
5 I going to mention to the family?

6 DR. MERENSTEIN: I'm not a
7 neonatologist, but -- yeah.

8 DR. NEU: Which one probiotic has proven
9 -- have we had that has been proven to be safe and
10 effective against Necrotizing Enterocolitis?

11 DR. MERENSTEIN: So, your answer is it's
12 not -- it's ethical not to mention that, what your
13 answer is?

14 DR. NEU: Yes.

15 DR. MERENSTEIN: Okay.

16 DR. MCCUNE: So, I think we'll get into
17 a little more discussion of some of these issues
18 this afternoon. I did want to thank -- now, I'm
19 missing where you went, but thank you so much for
20 your comment, and I'm sorry for your loss, and I
21 really do want to say that, from an FDA
22 perspective, we are very interested in the patient

1 perspective. I would say that there are a couple
2 of venues to be able to be involved in these
3 issues.

4 One of them, I think, we heard this
5 morning, about providing feedback to the guidance
6 documents, I think is always welcome. I think
7 there's another outlet, right now, are the
8 patient-focused drug development meetings that are
9 being arranged through the agency, and, certainly,
10 something that can be talked about, especially
11 externally-derived meetings, where FDA members
12 come to listen about these issues from a
13 patient-focused drug development perspective, and
14 then the third one, that I know folks in the
15 neonatology space are aware of, but consortia
16 efforts, like the International Neonatal
17 Consortium, where stakeholders from all of the
18 various groups, including industry, academia,
19 patient advocacy groups, as well as regulators,
20 all come together to talk about these issues and
21 how to do the best studies, moving forward in a
22 pre-competitive space.

1 So, I think that there are opportunities
2 out there. We really want to hear the patient
3 voice. I wasn't supposed to inject myself here,
4 but, sorry, I did.

5 DR. PANIGRAHI: Pinaki Panigrahi, and
6 from University of Nebraska Medical Center. I
7 just have a comment. I had asked -- I asked this
8 question in the previous session. I think I had
9 answered after I am hearing to -- three of you.
10 My concern, now, is how much -- again, it is
11 directed to Dr. Neu. Like, if we want to ask
12 number needed to harm, we don't know that. Yes,
13 we don't -- again, I agree, fully, with you that
14 -- do I have a probiotical use for Nec? Maybe, we
15 don't know because all of them are using different
16 ones. So, how do we get to that -- get to a point
17 where we can really answer these questions, and,
18 probably 20 years ago, there was a meeting,
19 similar meeting, in college park, and it was told
20 that companies are self-regulating themselves.
21 They want to put out good products. If the one
22 that, you cited one case, that was an accident. I

1 mean, that was a bad stuff, bad -- it was
2 manufactured in a sloppy way, so. I mean, that
3 can happen anywhere, anytime, but to take that as
4 a reason not to do probiotic research will not be
5 fair, and only as long we do more and more
6 research, we will find out more and more adverse
7 events, and if they're out there, and if we don't
8 do it, then we'll never learn about it.

9 DR. NEU: So, I can't agree with you
10 more, that we have to do the right kind of
11 research, and we have to have, you know, safety.
12 The problem is with these probiotic agents that,
13 if we treat all preterm babies, and this is what
14 we are talking about, all preterm babies with --
15 between 500 to 1,500 grams, with a certain agent,
16 and it is a tainted agent, we're going to have a
17 major problem on our hands, not just one baby.
18 We're going to have hundreds of babies that die at
19 one time, and, so, I think we need to be very
20 careful about the product that is available.

21 DR. FREEDMAN: Pinaki, who just asked a
22 question, is being very modest. He, I think, he

1 had a study, published last year, with 3,000
2 infants. The number needed to treat, prevent
3 death -- death, that's the best outcome you can
4 get. I think it was 27. So, I think he has a
5 product that he has used.

6 DR. PANIGRAHI: Well, I didn't want to
7 elaborate on that. I mean, that was a huge, a
8 very large study done overseas, all NIH funded.
9 Enterprise studies are also NIH funded. If NIH
10 had asked me to do it under IND, which is the case
11 now, if I go to them and say that I want to study
12 Sepsis or Nec, they will ask for an IND, NIH will,
13 but, at that time, they didn't, and without -- had
14 it been the case, then I wouldn't have done a
15 study in 4,600 babies, which not only shows
16 efficacy, it also shows, at the least, that side
17 effects are none, literally, that it's a extremely
18 safe probiotic to use. So, that could have never
19 been done.

20 DR. NEU: So, I think that we need to
21 compare apples to apples, and oranges to oranges,
22 here, and you were evaluating babies, infants. We

1 are talking about preterm babies, and a preterm
2 baby that is less than 1,000 grams is different,
3 is a different human, than a baby that is 1,000 to
4 2,000 grams, and, so, we are talking about a very
5 different individual than those babies, or those
6 infants, you studied.

7 DR. PANIGRAHI: I fully agree with that.
8 I mean, we take it with a vulnerable population,
9 with the kind of disease, of course, yes, but with
10 the same token, if there is a blanket regulation
11 made by the FDA that any time you do, in a
12 probiotic study, in infants, in sort of a preemie,
13 just a one-year-old infant, or in adults, or in
14 AAD, or in any other disease for that matter, if
15 it requires an IND, it's going to stop. I am a
16 proponent of IND because I won't restrict one
17 disease, one bacteria, but a precise outcome, yes,
18 I will go for an IND, myself, but if it is, at
19 some point, but to take that as a standard and
20 demand that every study needs an IND, I think I
21 differ in that.

22 DR. MCCUNE: So, I think, maybe, we'll

1 talk about, a little bit, some of these issues
2 this afternoon. We're in the lunch session. So,
3 I'm going to say the last two questions, and if
4 you might be able to make them brief, in the
5 responses, brief. Otherwise, I'll be in trouble
6 for not letting you go to lunch.

7 MS. TOPHAM: Good morning and thank you
8 for your presentations. My name is Debra Topham,
9 with Knowledge Bank. I'm a Regulatory Consultant,
10 and I also educate graduate students in food
11 science and nutrition, and my question, comment,
12 clarifying point is how come the studies are
13 poorly designed, as far as how they characterize
14 the background dietary intakes and the placebos
15 because, in any good drug study, you have, of
16 course, the phases of work, but, in a phase one,
17 you're, maybe, even controlling the diet, the
18 environment, and you start throwing all of these
19 kinds of organisms at the public, at large, you
20 bring in other intermediary effects, and I often
21 find that, even in the case of the Canadian study
22 and the U.S. study, that was not necessarily a

1 fair comparison between two treatment groups, let
2 alone the ignorance of using any kind of
3 background characterization of the delivery
4 system, with or without milk, with or without
5 oligosaccharides, so. Comment, question,
6 clarifying point, if you will?

7 DR. FREEDMAN: I can try to tackle a
8 little bit of that, so, several things. So, in
9 terms of, you know, breastfeeding, we actually did
10 look at exclusive breastfeeding. We actually had
11 specific predefined mechanisms of delivery, that
12 were the ones recommended by the manufacturers of
13 each of them. So, they were in solutions that
14 were deemed to be most compatible for viability of
15 the organisms. I didn't go into all of that.

16 The other element, for those who --
17 people who do clinical trials, such as myself, I'm
18 trying to get in touch with caregivers on a daily
19 basis, nearly impossible. I'm trying to get them
20 to even tell you what they've done for the last
21 day, or how many stools, very hard, trying to get
22 them to tell you what they fed their 18-month-old,

1 impossible. They're at daycare. So, getting that
2 data is nearly impossible. The other is,
3 actually, and, I would argue, on the other hand,
4 these are -- and, actually, I think where research
5 needs to move, pragmatic clinical trials,
6 real-world. So, in the real world, people are
7 eating whatever they're going to eat. They're
8 going to feed their kids. We can try to tell
9 them, if there was a specific thing, but you
10 actually need to look at effects of interventions
11 in the real world, on real patients, and what's
12 going on, and, so, that's really why, you know,
13 yes, it could have been interesting, were there
14 subsets, but, truthfully, trying to get that data
15 is nearly impossible in these types of trials,
16 and, so, it was not the focus of our effort, post
17 randomization. Getting antibiotics was a big one,
18 obviously, getting breastfeeding status, daycare
19 status. We focus on a bunch of those, but dietary
20 history intakes? Good luck.

21 DR. MCCUNE: All right. Last question,
22 please.

1 MS. TEROVSKI: Brianna Terovski, with
2 Johnson & Johnson. You actually answered mine,
3 so, kind of, along the lines of my question, and
4 you mostly answered it, 90 percent of it. I was
5 just -- just a little piece, I'm missing. How did
6 you go about selecting the probiotics that you
7 would study, for the indication that you were
8 studying in the organisms? I think you said a
9 lactobacillus. What was your -- the process, if
10 you could share (overtalking)

11 DR. FREEDMAN: How long do I have?

12 DR. MCCUNE: I'm holding everyone up
13 (inaudible)

14 DR. FREEDMAN: So, really? If you go
15 for -- no. So, in short, actually, it was a
16 several step pragmatic process. So, the --
17 initially started working in the Canadian side,
18 with a product made by Lallemand Heath Solutions,
19 or Lallemand Health Inc., which is a Canadian
20 company, also subsidiary through France, where one
21 of my long time collaborators who'd been working
22 and studying this product in vitro, and working

1 in, then, in animal models, and demonstrating
2 efficacy in immunomodulatory properties and
3 cytokine mediation, and improved benefits in the
4 animal models. They had some human data, as well,
5 showing evidence of benefit, and, so, we went to
6 that.

7 We, then, did a dose finding study that
8 we've published in Clinical Pediatric several
9 years back, where we actually looked at the higher
10 dose. So, they had their recommended dose. We,
11 then, said, because I didn't want to have too
12 small a dose, we, then, doubled the dose, and
13 actually did a study looking at safety of that,
14 and we found that the higher dose was safe, no
15 adverse events. So, we used the higher dose
16 because I didn't want to be criticized as having
17 too high a dose in that study, and, so, that's how
18 we moved forward on the Canadian side.

19 We, then, went to the, and, if you ever
20 want to get into INDs, we, then, submitted a
21 study, in the U.S., funded by NICHD. We,
22 unfortunately, could not get an IND for the

1 product I studied in Canada, from the U.S. We
2 couldn't get the purity piece. "Oh, well, I don't
3 make it," the manufacturer. They had too much
4 contamination, couldn't get an IND. We, then,
5 decided, okay, can we just tweak this and look at
6 who else, and we looked at the number one player
7 in the market, most commonly used, and, with a
8 fair amount of evidence of benefit, which was LGG,
9 and then they also held an IND on their master
10 file, and we were able to use their master file to
11 obtain an IND to do the study that we, then,
12 conducted, and, so, that's how we ended up using
13 LGG. You know what? Truthfully, we didn't start
14 out that way. I wanted to study the other
15 product, both countries. Actually, it's probably
16 to a certain degree, I'm actually happier, at the
17 end, that we studied two different products, two
18 different countries, and, so, I actually think it
19 was a good resolution of the problem, but there
20 are issues of -- you know, we couldn't get the IND
21 to study it.

22 DR. MCCUNE: So, I want to thank all

1 three of our speakers from this morning. It's 12
2 minutes after. We would love to have you back by
3 1:00, please, so that we stay on time.

4 (Recess)

5 MR. CARLSON: As Susy pointed out
6 earlier, this is the second half of our -- of this
7 this session, looking at live microbiome-based
8 products, for disease indications. This part of
9 the session is really going to focus on C.diff,
10 both from useful commercial products to
11 discussions of FMT, and then CMC considerations
12 for this type of product, in the context of
13 C.diff. So, we'll go ahead and get started. I'll
14 introduce the first speaker as Krishna Rao, from
15 the University of Michigan, who's going to talk to
16 us about commercially available products for
17 prevention of C.diff.

18 MR. RAO: Thanks, Paul. I get to be the
19 guy to talk about diarrhea, right after lunch, but
20 I'll do my best to keep this civil. So, I only
21 have one disclosure. I'm a COI, on a grant from
22 Merck, not related to this particular topic.

1 So, I want to talk a little bit,
2 briefly, about C.difficile infection. Vince Young
3 gave a nice overview, this morning. So, I won't
4 touch on that too much. I do want to talk about
5 some of the basic science and mechanisms of the
6 Hind Probiotic Development for C.difficile,
7 specifically, and I think it will be clearer, by
8 the end of the talk, why I wanted to spend some
9 time on that, and then we'll delve into the
10 clinical literature and talk about future
11 directions that, I think, may be helpful.

12 So, briefly, on C.difficile Infection,
13 so, as we know, it a gram-positive spore-forming
14 bacillus. I won't go through all these numbers,
15 but I will point out that it's striking. These
16 numbers, here, that you see, are very high, and
17 they're for the United states alone. So, clearly,
18 this is a major problem, if we're having nearly
19 half a million people a year, getting this every
20 single year.

21 What can we do to actually prevent this,
22 and, again, Vince showed a similar slide to this.

1 I won't go into too much detail. I will point out
2 the important part that we need for our
3 discussion, which is that, you know, C.difficile
4 is a spore-forming organism, and, so, you do need
5 germination of the spores, to a vegetated state,
6 and then production of toxin from those vegetative
7 cells, in order to actually indicate disease.
8 Notably though, this person who is currently
9 symptomatic and red, doesn't go to green once they
10 get treated immediately. It takes some time for
11 that microbiome to recover, and if they get
12 re-exposed, or they have another hit or an insult
13 during the susceptible period, they could end up
14 in this cycle, that sometimes only people
15 transplant, or other measures can fix, and we'll
16 hear more about that in the next talk.

17 So, how do these even work, and I think,
18 I get this question all the time, from my
19 patients. So, it's only fair that we ask
20 ourselves this question, too, which is: is it even
21 feasible to think that these drugs might work? A
22 lot of them will say, "Doc, you know, I'm taking

1 antibiotics, right now, at the same time you're
2 giving me this probiotic. Isn't it just going to
3 kill the probiotic you're giving me?" and it does
4 reassure them a little bit, that we've thought
5 about this, and we thought through this, and that,
6 you know, many probiotics can easily make it to
7 the lower gut, lactobacillus, famously, is a lover
8 of acid, tolerates low pH just fine, lactobacillus
9 and bifidobacteria.

10 I mean, the setting of C.difficile
11 literature can colonize the gut, and we see it
12 persisting, even after it's been -- it's
13 administration has been withdrawn. These are
14 actually, occasionally, a little bit too invasive,
15 and we sometimes see them in extra intestinal
16 sites, and they're often selected to be resistant
17 to certain antibiotics. We give back to
18 lactobacillus, for example, with vancomycin
19 because it's resistant to that, even though it's
20 low-grade antibiotic, and what's important is,
21 also, that these are very strain and person
22 dependent, and half of patients don't colonize at

1 all. Like Vince, I actually read this study in
2 Cell that just came out, unlike the press reports,
3 apparently, and they don't say that probiotics are
4 useless, but they do make some interesting claims
5 that there are very strain and person dependent
6 findings that need to be accounted for.

7 Again, this is just kind of a general
8 overview we can look at and think about, these
9 mechanisms, from the more widespread ones, such
10 as, colonization resistance, and production of
11 short-chain fatty acids and secondary bile acid
12 metabolism, and a more rare and very strain
13 specific ones of specific immunologic claims or
14 neurologic claims, but for C.difficile infection,
15 broadly speaking, we have a few areas that we can
16 target.

17 So, one is this bile acid hypothesis
18 that we've talked a little bit about. Clostridium
19 scindens is one that we'll hear a little bit
20 about, that can target the pathway, by inhibiting
21 -- by promoting the conjugation of primary to
22 secondary bile acid, which are inhibitory to

1 vegetative C.difficile and sporulation. You can
2 actually have these probiotics producing
3 anti-bacterial compounds, that actually can be
4 sidle or static.

5 In this case, this is an example of
6 lactobacillus reuteri, which is able to do this,
7 or they can make compounds that inhibit the toxin
8 activity, in particular, protea, so, such as
9 saccharomyces or akhaten, and they can have very
10 non- specific general effects, too. So, some of
11 these will increase mucin production. They'll
12 alter local pH, inflammation, increase production
13 of IGA, and just to pick out a couple of
14 mechanisms to spotlight, so, one is bile acids.
15 There's a lot of data suggesting that bile acids
16 are important in C.difficile infection
17 pathogenesis, been showed one study earlier today.

18 Here's another one, where we looked at,
19 specifically, fecal transplant patients, who are
20 successfully treated, had their -- a cure of their
21 C.difficile infection, and whether you look at
22 short chain fatty acid or secondary bile acids,

1 you seen increase in these patient populations.
2 Sometimes, that's a transient bump. In many
3 cases, it's more a persistent bump, but the
4 question remains, you know, what is the direction
5 of causality here?

6 There are some nice mechanistic studies,
7 looking at probiotics and C.difficile, that are
8 coming out, and have come out, actually, in just
9 the last few years. I'll draw your attention
10 this, to the date, because this is, again, another
11 theme that's important. This is in 2015, just
12 three years ago. Eric Pamer studied inst --
13 alluded to this briefly, but they looked at mice
14 who were treated with antibiotics, and those who
15 weren't, assessed the microbiome, found that there
16 were a couple ataxa that were highly
17 differentiating, those two populations of mice,
18 and, in particular, clostridium scindens and three
19 other ataxa, seem to confer resistance to
20 C.difficile, in either alone, or if you gave the
21 secundines with other bacteria as well, that they
22 identified.

1 Looking at both the colonization levels
2 of *C.difficile*, as well as the survival of the
3 mice, they saw a significant effect, and, in fact,
4 the consortia actually completely abrogated the
5 effect of *C.difficile* in these mice.

6 Going on another spotlighted pathway,
7 let's look at bacteriocin, so *L.reuteri* makes
8 reuterin, and that's one pathway that has also,
9 very recently, again, look at this date, 2017,
10 been shown to be efficacious in *C.difficile* mouse
11 models. Here, they administered a *L.reuteri*,
12 along with its substrate glycerin in a bioreactor
13 model, and they found that that actually inhibited
14 *C.difficile*, almost several logs, and that the
15 populations differed when you assess their
16 microbiome, and again, this is only in the
17 presence of the substrate that *lactobacillus*
18 *reuteri* actually needs to make reuterin.

19 Now, what about the clinical literature,
20 and I would say that, broadly speaking, you can
21 look at individual studies, or you can look at
22 meta-analyses, and when you look at individual

1 studies, you see a lot of really very poor quality
2 of evidence to a large degree. So, many of these
3 are uncontrolled studies. There's not one large
4 definitive RCT, yet, that's been done for this
5 topic, and there's a lot of heterogeneity.
6 There's heterogeneity at the strain level, at the
7 doses level, at the regimens, and also in the
8 patients, because not all patients come into to
9 C.difficile with the same level of risk, and it's
10 important to define that population, specifically
11 and strategically, when you're designing your
12 studies.

13 So, what do the individual data show,
14 and, so, there's one study that has been
15 mentioned, this PLACIDE Trial. That was a couple
16 of years back, in 2013, and that was a large
17 negative study for the use of probiotics in
18 C.difficile. Now, it was negative, but it's
19 important to mention that this was a study of
20 antibiotic associated diarrhea, not C.difficile,
21 so C.diff wasn't their primary outcome. Secondly,
22 only a percent of patients, in that study,

1 actually had this outcome of C.difficile
2 infection. So, even if they had an effect size of
3 50 percent, it would be really hard to power a
4 study to detect something like that. So, again,
5 and it wasn't focused on a high-risk population,
6 and many of these studies were not. Many of these
7 studies have very ill-defined inclusion, exclusion
8 criteria, in fact many of them allow people to eat
9 yogurt, at the same time that they're on their
10 quote - unquote assigned study probiotic.

11 There's other confounders. There's one
12 study that actually noticed a pretty decent effect
13 size for C.difficile, but then you read the study,
14 they literally moved to a new hospital, during
15 this study, and, so, of course, their rates went
16 down. So, the preponderance of this evidence, I
17 think, I agree with one of our earlier speakers,
18 that it has cooled the interest in probiotics,
19 specific for this indication. In particular, this
20 Allen Study really did cool the interest in
21 studying this, probiotics for C.difficile, and the
22 current guidelines don't recommend them, as has

1 been pointed out.

2 Now, what about meta-analyses, and there
3 have been several conducted over the years, and
4 this is by far not an exhaustive list. I don't
5 think I even include the Cochrane Study on here,
6 the recent one from last year, but these are some
7 of the three that are commonly recommended, and
8 looked at the dates for these, 2012, 2015, 2016.
9 That's actually flipped from the way you would
10 normally think about it. A lot of the mechanistic
11 studies, that I highlighted, were more recent
12 ones, and these studies looking at efficacy in the
13 clinical literature are older ones, and this has
14 been pointed out, about meta-analyses before. So,
15 maybe, I'll point it out a different way, and use
16 a different analogy.

17 My meta-analysis instructor, in school,
18 liked to use a different analogy to say that a lot
19 of time when you combine meta-analyses, we think,
20 that we're mixing a whole bunch of turds, and out
21 comes a pot of gold, but, really, what sometimes
22 happens is you mix a bunch of turds, and you get

1 turd soup, and I fully acknowledge that. However,
2 I think there is a signal, here, that we should
3 not ignore, and that needs some elucidating.

4 So, one of the problems with a lot of
5 these prior meta-analyses is that, again, these
6 individual studies, there's a lot of them, many
7 that are poor quality evidence. So, which ones
8 you include matters. How you include them, and
9 how you extract the data matters a lot, and a lot
10 of these didn't actually follow PRISMA best
11 practice guidelines, which is why there is
12 heterogeneity, even in the meta-analyses
13 themselves. Sometimes, I study different
14 populations. So, broadly speaking, what I've seen
15 is that, if you have meta- analyses that have
16 these broad criteria, that take a lot of studies,
17 they have weaker effect sizes. They don't tend to
18 demonstrate statistical significance.

19 There's more heterogeneity in those
20 studies, and when you have narrow criteria, not
21 surprisingly, you actually get better results, and
22 when you focus on a high risk population, and only

1 include, for example, RCTs, but placebo
2 controlled, you actually get a little bit if a
3 signal that you're able to tease apart. This, I
4 think, not to pick out just one meta-analysis, but
5 I think this is one that's really clarified what's
6 going here, for me, a little bit, at least.

7 This was done last year, in the
8 gastroenterology, and they point out that there is
9 a lot of heterogeneous data in the past. Here,
10 they focused on RCTs, so controlled studies, in
11 hospitalized patients on antibiotics, so among the
12 highest risk population that we have. They
13 rigorously adhered to the PRISMA guidelines. In
14 fact, they even went so far as -- a lot of these
15 studies have attrition bias. Some of the prior
16 meta-analyses didn't assess for attrition bias.
17 This one did. They went so far, in their
18 sensitivity analysis, however, to actually assume
19 that, in the patients that were lost to follow-up
20 in these studies, the rate of C.diff was five
21 times higher than in the other population, and
22 even when they made those very conservative

1 assumptions, and, actually, they had very low
2 heterogeneity there. Their calculated I squared
3 was zero percent for this meta-analysis, but they
4 did a meta-regression anyway, and use mixed
5 methods anyway, and, even with very conservative
6 methods, with over 6,000 patients, included among
7 19 different trials, you can just look at this
8 forest plot, and if you would guess that the
9 heterogeneity is low, you'd be right. There is a
10 significant effect here, and it's, you know, it's
11 about 40 percent relative risk, or number needed
12 to treat of about 43, and even with the very
13 conservative five fold increased incidence in the
14 untreated group, and with the missing data, they
15 still see an effect size of a 40 percent
16 reduction, a relative risk of 0.6 and a number
17 needed to re-treat of 63, and, you know, as Dr.
18 Merenstein mentioned, you know, this definitely
19 with in the acceptable range of what we do,
20 clinically, just to give you something to anchor
21 your thoughts a little bit.

22 We routinely prophylaxis against Venous

1 Thromboembolic Disease among in-patients who were
2 admitted, who meet certain risk criteria, and the
3 number needed to treat there is in the 250s, and
4 the number needed to harm is quite a bit more than
5 with probiotics, but we're not using probiotics,
6 and the question is why? Before we get to that,
7 real quickly, the other place you can look at
8 probiotics for C.difficile is not in preventing
9 the primary C.diff, but in preventing a secondary
10 C.diff episode, or that recurrent cycle that we
11 talked about, and the punchline is, here, is --
12 actually this is much less robust, in terms of
13 literature, and I'm not, it's not clear that there
14 is much of a signal here, at least with single
15 agent probiotic. We'll hear about FMT shortly.

16 So, why aren't we using probiotic for
17 C.diff? I just told you that there does to seem
18 to be a little bit of a signal, even in a really
19 well conducted meta-analysis, with very rigorous
20 adherence to the best practice guidelines. So,
21 maybe they aren't safe. Maybe that's one concern.
22 They're officially, generally regarded as safe.

1 There are some symptoms people report, IBS-like
2 systems that can occur, that are actually fairly
3 common, and this recent paper, in Cell, that we
4 had talked about, did highlight some of those.

5 However, there are some major concerning
6 things that we have to be aware of. So, there are
7 patients who are treated with saccharomyces
8 formulations, the lactobacillus formulations, that
9 have had Bacteremia and Endocarditis respectively
10 reported with those formulations, and they -- yes,
11 they went back to actually verify that the strain
12 in the probiotic was the one that isolated
13 clinically. There's this other famous study, on
14 in-patients in the ICU, that were given probiotics
15 for their Pancreatitis, where there was actually
16 increased mortality in the probiotic. I'm not
17 sure what that's about, but that definitely has
18 cooled a little bit of the interest in this, and
19 also notable is that many of these trials that I
20 just talked about, in these meta-analyses, they
21 excluded immunocompromised patients, IBD patients,
22 ICU patients.

1 Those patients who are among the most
2 highest risk for getting C.diff in the first
3 place, and, so, it's hard to generalize, to some
4 of these other populations, where we would
5 actually want to use these agents. Maybe we're
6 not using them because there's lost of major
7 evidence gaps that need to be filled, and I think
8 that's part of it, and there's some examples here,
9 things like what are the interactions between
10 specific class of antibiotics and probiotics on
11 C.diff risk? To what degree do dietary probiotic
12 use impact the results of prior RCTEs, and ways
13 that we can, maybe, navigate some of those
14 discrepancies and gaps.

15 Maybe there's too much heterogeneity,
16 and we've talked a little bit about this, but, in
17 the past, it seems like we've almost been moving
18 bedside to bench, and, only now, in the last few
19 years, that we've finally kind of -- developing, I
20 think, the rigorous pre-clinical research, to say,
21 "Hey, these are the strains that are actually
22 showing effect efficacy in these really nice

1 models." Now, the challenge, of course, of that
2 is translating these models to actual humans, and
3 that can be challenging. Bioreactors are a little
4 bit easier to do, than with mice, because you,
5 actually, can actually use a human microbiome in a
6 bioreactor, but, and there are humanized mouse
7 models, but there's all kinds of issues with that,
8 but those are challenges that I will acknowledge.

9 However, what's really encouraging is
10 that the strains that we're seeing, in these newer
11 pre-clinical studies, are largely a lot of the
12 same strains that we've seen in these trials
13 before. So, I think it's encouraging that there's
14 a signal here, and that we may be able to kind of
15 make some progress. However, that's going to be
16 challenging for this other reason, another recent
17 study, looking and really showing that there's
18 only strain specificity, but disease specificity.
19 So, whether you're talking about a specific
20 strain, and you look at different disease
21 processes, they're all over the place, in terms of
22 the efficiency, or if you look at a specific

1 disease process, C.difficile, as we've seen,
2 you're all over the place, in terms of what strain
3 is actually going to make a difference here.

4 So, what are the future directions?
5 Where do we go from here? What advice could I
6 have, and one thing that I think is happening, and
7 that needs to happen more, is we really need to go
8 back to the bench, and make -- I'm making an
9 argument here, that we need to have a rational
10 mechanistic approach to how we actually design
11 these probiotics, and these are examples of all
12 the mechanisms that are currently being studied
13 and have been studied in the last couple years,
14 and are -- have yet to make it into the clinic
15 literature, and I also think that, on the clinical
16 literature side, we need to have very strict,
17 well-defined inclusion, exclusion criteria. Don't
18 let your subjects eat yogurt. I think that clouds
19 the picture. Actually, have good randomized
20 placebo control trials. We need to power it
21 appropriately for C.diff, and, you know, one of
22 the other recent developments, not to plug my own

1 research too much, is -- we're actually starting
2 to have electronic health records being able to be
3 used in machine learning algorithms to re-stratify
4 people.

5 So, this is a study we published last
6 year, where we can actually re-stratify people,
7 and actually predict a episode of C.diff, four to
8 five days before it happens, in the admission
9 setting. Using a risk model like that, and
10 randomizing those patients to an intervention, may
11 be a lot more fruitful than prior approaches.

12 So, conclusions, I think, no argument
13 here, that C.diff prevention remains a major need.
14 The rest of this is opinion, but I think, the
15 current clinical evidence does support that there
16 is some role for benefits of probiotics in
17 C.difficile. So, the reason I can't recommend
18 this, though, is it's one thing to say that there
19 might be a benefit here, that it looks like there
20 is a benefit. It's another thing to make a very
21 specific falsifiable scientific hypothesis,
22 another thing to make a very specific claim of

1 about. Here's the strain and dose that a patient
2 should take for benefit, and we aren't at that
3 point yet. With the interest of time, let's end
4 there.

5 MR. CARLSON: Thank you, Krishna. We're
6 going to -- like we did for the last panel, we're
7 going to do questions for all the speakers, after.
8 Our next speaker is Colleen Kelly, from Brown
9 University, who's going to talk to us about
10 clinical evidence on FMT for C.diff.

11 MS. KELLY: Thank you very much. Thank
12 you for the invitation to speak today. So, I was
13 asked to summarize the evidence that we have from
14 randomized controlled trials for C.diff infection.
15 I want to just, sort of, start off with my early
16 experience with what we called fecal
17 bacteriotherapy, at the time, and in my first
18 year, I treated two patients just like this, a
19 61-year-old woman, who had had six intensive care
20 unit admissions, over a twelve-month period,
21 during some of those, almost like lost her colon,
22 almost went to surgery, almost died. Each one was

1 very dramatic.

2 The second was a young girl who was 19,
3 who got a dose of clindamycin, getting -- for some
4 dental work, and this was during her first year of
5 college. She, then, developed recurrent
6 C.difficile episodes. She had to quit the soccer
7 team at her college, and take a semester off of
8 school, and both of these patients were treated
9 with repeated courses of Vancomycin,
10 Metronidazole, (inaudible) and probiotics, and
11 with -- to no avail, and both resolved their
12 C.diff infection with a single FMT, and, in fact,
13 in the first two years of fecal bacteriotherapy,
14 at our practice, 24 of the 26 initial patients I
15 treated did not develop a further C.diff
16 occurrence after that first FMT, and, by 2011, we
17 weren't calling it fecal bacteriotherapy anymore,
18 this terminology FMT, and, as Vince Young spoke
19 this morning, we're transferring these entire
20 communities of micro-organisms from one person to
21 another, to increase the diversity, and repopulate
22 some of those beneficial anaerobes, and, at that

1 time, when I was kind of having my early
2 experience with FMT, others, also, were seeing
3 that this was working, and this is the results of
4 a paper published by Zayn Kassam, around that
5 time, that just demonstrated that we were seeing
6 really high cure rates in open label clinical
7 trials and case reports, close to 90 percent
8 overall, with some evidence that it may be more
9 efficacious when given from below, than from
10 above, but the real game changer was in 2013, when
11 this Dutch group published the first randomized
12 controlled trial in the New England Journal of
13 Medicine.

14 It was relatively small trial, 42
15 patients, who had a least one C.difficile
16 recurrence, and they were randomized one of three
17 arms, either a short course of Vancomycin,
18 followed by a bowel lavage, like a bowel prep, and
19 infusion of 500 CCs of donor stool, by a
20 nasoduodenal tube. The other two groups either got
21 a standard course of Vancomycin, 14 days, with or
22 with out that bowel lavage, and that study was

1 actually terminated at the interim analysis
2 because FMT was so effective. Eighty-one percent
3 resolved their c.diff after a single FMT, and then
4 the couple that needed to get retreated, it was up
5 to 90, close to 94 percent, compared to 20 to 30
6 percent in the Vancomycin groups, and others have
7 also looked, in a randomized way, at FMT versus
8 this standard of care, which is Vancomycin taper.
9 Camrhoda and colleagues, in 2105, reported on a
10 similarly sized patient population, with recurrent
11 C.diff.

12 Their intervention was, again, a short
13 course of Vancomycin, followed by FMT delivered by
14 colonoscopy. If they saw pseudo membranes, which
15 are indicative of more severe disease, then they
16 would repeat and do, potentially, more than one
17 FMT, but most patients, in the trial, only got a
18 single FMT. This was compared to a group that
19 just got a standard course of ten days of
20 Vancomycin, and then a pulse taper dosing over the
21 subsequent three weeks.

22 That study was actually also stopped

1 early, for superior efficacy of FMT. You can see
2 the numbers there. Conversely, Susy Hota and
3 colleagues, in Canada, more recently, published a
4 study of patients with recurrent C.diff, who were
5 treated with either the standard course of
6 Vancomycin, followed by a taper, or, instead of
7 tapering the Vancomycin, they were given a single
8 FMT by enema, and, in that study, that was also
9 stopped early, but for futility, in that that
10 single enema did not appear effective at resolving
11 the recurrent C.diff cycle in those patients.

12 So, I was the PI for this clinical
13 trial, which was published in 2016, and we did our
14 best to find a placebo, which in this case was
15 autologous FMT. So, patients would submit their
16 own stools to us, and then they -- I would --
17 picked a card, and they either got a fresh donor
18 FMT by colonoscopy or they were reinfused with
19 their own stool.

20 It's important to know that they were
21 all treated with, at least, a standard course of
22 Vancomycin, 10 to 14 days, and symptoms had

1 resolved prior to getting that FMT. Vancomycin
2 was stopped three days prior to the procedure, and
3 they were infused with either their own or a donor
4 stool. Overall, 91 percent of patients resolved
5 with FMT, versus 63 percent who got the placebo,
6 and at -- you can tell that there were some
7 differences between sites, and, if you'd just let
8 me, I'm gonna leave that till later. I promise
9 you I will address it, but I do want to say there
10 were no SAEs, in the FMT related group, you know,
11 no related SAEs related to FMT, and I do want to
12 point out that we were limited by the IND. This
13 trial did not include patients over age 75, or
14 patients who were immunocompromised.

15 Others have compared FMT to FMT,
16 comparing different delivery modalities, so,
17 Youngster and Libbey Hoang, in -- published in
18 Clinical Infectious Disease, in 2014, looking at
19 recurrent C.diff patients. They were treated with
20 41 grams of stool that was frozen, and thawed, and
21 administered, either by nasogastric tube or by
22 colonoscopy, and there really weren't differences

1 between those groups in efficacy, and, more
2 recently, Dina Pao, in Canada, randomized patients
3 who had had at least three episodes of recurrent
4 C.diff, to frozen capsules, which were then thawed
5 and administered, or at the same amount of stool,
6 100 grams administered by colonoscopy, and they
7 actually found them to be equally effective, 96
8 percent for the first dose, either by capsule or
9 colonoscopy, though the capsules were rated as
10 cheaper, and preferable to patients overall.

11 Other groups have compared dosage
12 formulations. Fresh FMT was compared to frozen,
13 in a large trial, by Christine Lee, also conducted
14 in Canada. This was published in JAMA, a couple
15 of years ago, that over 200 patients who had at
16 least one recurrence -- so, I do want to point out
17 that this study, patients were get -- kind of
18 interrupted on much earlier in the C.diff cycle.
19 It was after a single recurrence, versus three or
20 more, and many in this study, it only had a single
21 recurrence, in fact, 92 percent of those patients.

22 Their overall efficacy with a single

1 enema was 62 percent, and didn't appear to differ
2 whether they got stool that had been frozen, or
3 that that was fresh and administered, that way,
4 but you can see to get up to those 90 some percent
5 numbers, you needed three to five enema FMTs.
6 Another group, Baylor, published just this past
7 year, looking at fresh versus frozen, versus
8 lyophilized formulations of FMT. This was about
9 50 grams of stool. So, it's the similar, similar
10 dose, but the preparation method differed, and
11 really fresh, a 100 percent resolved, 83 percent
12 after getting previously frozen stool, and 78
13 percent after lyophilized, and the differences
14 were not significant because most of these studies
15 are small and really underpowered to detect
16 meaningful differences there.

17 So, this, as, you know, we've heard a
18 little bit of versus a not necessarily trust
19 systematic reviews in meta- analyses, but Paul
20 Moayyedi did a good job with this one, published
21 last year, looking at summarizing the five big
22 randomized control trials for FMT, and those

1 included 284 patients, and I want to point out the
2 number needed to treat was three. That's huge.
3 There were significant heterogeneity across these
4 studies because of different modes of delivery,
5 and doses, but despite that, and looking
6 through all these with grade type criteria, it was
7 determined with moderate quality of evidence, you
8 know, to be effective, and importantly, in all
9 those patients, there were no FMT related severe
10 adverse events, and this is something that I've
11 also seen in my own practice.

12 I'm up to nearly 300 FMT's at this
13 point, 10 years in, and I have, to date, not seen
14 a definite FMT-related complication. So, they are
15 certainly, I'm sure they occur, but they are rare,
16 and, since 2013, American Gastro Society
17 Guidelines, and European Guidelines, have promoted
18 Vancomycin, I mean, excuse me, FMT after patients
19 have failed standard treatments with pulse in
20 tapered Vancomycin, and, more recently, the IDSA
21 guidelines, which were published last year, also
22 support using FMT for patients with multiply

1 recurrent C.diff, used with strong recommendation,
2 despite the moderate quality of evidence.

3 So, here's something that works. We
4 know it works. Handing the ball to industry,
5 we're all, as clinicians, looking for something
6 easier than putting fresh stool in people, but the
7 results, so far, from the industry funded trials,
8 in this population, have been disappointing.
9 Seres Health, in 2016, reported in their capsule
10 study, and I do want to -- there's a little caveat
11 that Seres' product was not FMT, per se. It was
12 derived from human stool, though it was ethanol
13 treated to kill off vegetative forms, and it was
14 basically clostridial spores, but there was no
15 significant differences in those who received the
16 placebo and those received the Seres capsules.

17 Rebiotix helped -- or presented an
18 abstract form, and also, more recently, published
19 results of their phase two trial, comparing
20 placebo to a single FMT, or two FMTs, and,
21 interestingly, two doses of FMT was not more
22 effective than placebo, though a single dose of

1 FMT was. However, their -- a (inaudible) endpoint
2 was resolution with two FMT enemas, and,
3 therefore, their study was also not significant.
4 So, lessons learned from all of this, delivery
5 method certainly matters. Single dose enemas are
6 less effective, and we see this from a couple RCTs
7 now Lee study, Suzie Hota, in Canada, and then the
8 Rebiotix results, very similar in efficacy to that
9 single dose FMT.

10 Fortunately, freezing doesn't impact
11 efficacy. So, we don't have to worry about
12 keeping fresh stool around, and also, fortunately,
13 capsules and colonoscopic FMT appear equally
14 effective. So, we don't necessarily have to
15 instrument these patients and put them through the
16 procedural risks, and why are we having, you know,
17 why are we having these difficulties, and I think,
18 one of the things that the diagnostic challenge is
19 around C.diff. Though, about ten years ago,
20 everyone went to the PCR because it's more
21 sensitive, and we weren't going to miss any cases.
22 The problem is is we pick up a lot of colonized

1 people, and colonization rates are high, up to 15
2 percent of healthy adults. I think that's a
3 little high. I think it is closer to like three
4 percent, but this was just from some Seres
5 Hospital in-patients, up to 29 percent, and
6 residents of long term care facilities, up to 50
7 percent of these people are gonna test positive
8 for C.diff, the organism, without actually having
9 C.difficile infection, being said.

10 The other thing that we see, after
11 C.diff, is post- infectious IBS, that occurs in
12 close to 25 percent of people, where they may go
13 on for a period of time, to have loose stools and
14 diarrhea on and off, and some bloating, and
15 discomfort, and that may, in the setting of
16 colonization, be mistaken for a recurrence, and,
17 you know, called that in a clinical trial, and
18 treated as such. So, don't rely on PCR for
19 diagnosis in these studies, and enroll from highly
20 experienced FMT Centers because we're seeing this
21 all the time.

22 In our center, we published 25 percent

1 of patients referred to me. It was a --
2 subsequently, like 100 people, consecutively
3 referred, and a quarter of them actually did not
4 have recurring CDI. I didn't need to give them
5 another treatment for the C.diff, and I found all
6 kinds of things, and that's just the, you know,
7 the list of things that I found. I found
8 undiagnosed Crohn's disease, Celiac disease,
9 lactose intolerance, three cases of fictitious
10 diarrhea, people who just like to come to the
11 hospital and get attention, and one of things that
12 we found, interestingly, that there was an inverse
13 relationship between age and these alternative
14 diagnoses. The younger people in these trials are
15 less likely to actually have real true C.diff,
16 compared to older patients, and I think John's
17 going to talk more next, a little bit about the
18 Seres data, and, I think, that they did see more
19 efficacy in the older groups in their paper, but,
20 importantly, I think people were cured, and I
21 think that that's kind of what, I think, happened
22 with a lot of the patients, at the New York site,

1 in our study.

2 Some of them had been on continuous
3 courses of Vancomycin for a very long time,
4 waiting to see Dr. Brandt. He did not,
5 necessarily, stop that Vancomycin, he said, "Okay,
6 I'll enroll you in this study, and then we'll stop
7 the Vanco three days before, and give you and
8 FMT." but I think that a lot of them were probably
9 already cured. One had been on a continuous
10 course of Vancomycin for 148 weeks. That was an
11 outlier, though, so. So, I think, keeping these
12 things in mind with your study design, and how
13 long patients should be treated with Vancomycin,
14 prior to being enrolled in an FMT trial, is
15 important.

16 So, to summarize, here, I think FMT
17 works for C.diff. We just don't know exactly how
18 well yet, but I'm certain that it works. It also
19 appears to be very, very safe, and we need to
20 really take into consideration these things when
21 we're designing clinical trials. Who are the most
22 appropriate patients to enroll? At what point in

1 the cycle of recurrence should it be, after the
2 first recurrence, or a second, or a third? Should
3 we be looking at FMT for a patients with severe,
4 or severe complicated C.diff, or essentially lose
5 their colon, or die, or even as a treatment for
6 primary C.diff, and there's been a couple of
7 papers, recently, suggesting that, maybe, instead
8 of an initial course of Vancomycin, or Flagel,
9 giving a dose of FMT, and then what should be the
10 best end points, and for how long after, you know?
11 Are we looking at eight weeks, 12 weeks, diarrhea
12 free, of course, like the PCR, versus the enzyme
13 iminoacetate? So, all of these things, really,
14 should be important to those of you who are in the
15 audience, who are looking to design a pill for us
16 to use. So, thank you, very much.

17 MR. CARLSON: Thanks, Elaine. So, we'll
18 move on to our final speaker in this session now.
19 John Aunins is going to come talk to us. John's
20 from Seres Therapeutics. He's going to talk about
21 CMC considerations for microbiome-based products.
22 John?

1 MR. AUNINS: Thanks, very much, Paul.
2 So, now for something completely different, as
3 they say. So, the benefit of going late in the
4 afternoon is that a lot of your intro slides have
5 already been covered by people in various forms,
6 and, so, you can kind of go through them. So,
7 microbiome, as an interesting subject for a
8 pharmaceutical development, is a fairly recent
9 sort of evolution. It's paralleling in my mind.
10 A lot of what went on were for stem cells, about
11 20-25 years ago, where people first view them as
12 tools to understand disease, next as targets to
13 manipulate, and then only later to become
14 therapies, and you can see that, in, sort of, the
15 applications that people have started to develop.
16 So, microbes as tools, obviously, as Vince Young,
17 pointed out, people want to understand how their
18 drugs are metabolized, but then also try to maybe
19 sus out exactly which compounds bacteria is
20 treating, to create new drugs.

21 This is an approach that's kind of
22 favored by the larger, more conservative players

1 in the industry. Microbes, as targets, I think,
2 everybody would like to have surgical strike kind
3 of antibiotics that only get the pathogen of
4 interest, and don't have the collateral damage of
5 the broad spectrum antibiotics that we currently
6 have, and then there is a fair amount of research
7 in prebiotics. If you look for interventional
8 studies and clinicaltrials.gov, you'll find almost
9 300 studies, on prebiotics, attempting to
10 manipulate levels of microbiome components.

11 It's not obvious to me, I think, that
12 there is a miracle food that you can eat that's
13 going to cure you of disease, but, you know, there
14 may be certainly concepts, like Xenobiotics, that
15 we talked about in just second ago, that could be
16 valid. What we're here to talk about, of course,
17 microbes as therapies, where we're trying to, not
18 so much, do antibiotic-like maneuvers of loss of
19 function, but really have gained a function, or in
20 some cases modulation of function, for example,
21 for immune system, by replacing or altering the
22 microbiome.

1 I don't know that I need to really
2 belabor the different types of microbial
3 therapies. Clearly, we've got two different sets
4 of equal here, the traditional probiotics, and
5 then the newer area of gut commensals. I think
6 the traditional probiotics -- these are,
7 basically, dietarily acquired organisms. You get
8 them with dairy products, fermented foods, and
9 such, by and large, or the strains.

10 I'll disagree with Dan Merenstein, in
11 that, every time I talk, I'll update the
12 clinicaltrials.gov search for interventional
13 studies, and it keeps growing, and growing, and
14 growing. It's over 11,000, 1,100 studies, over a
15 110 in the past year, that I found. So, I think
16 there's a robust amount research on it, but I
17 think the results, by and large, have been -- seem
18 to be modest, for various reasons, that we've
19 heard this morning and this afternoon.

20 I find it interesting, Bob Durkin didn't
21 have a kind of an equivalent sort of metric, but
22 since the -- they're a European equivalent, the

1 European Food Safety Authority, put in place a
2 rule, that said, basically, "You can't make health
3 claims, unless you submit a scientific dossier,
4 and you proved your claim." It reviewed over 300
5 of these things, and they've only approved one,
6 and that was for a fairly obviously secretion of
7 cobalamin, which is known to occur by bacteria.
8 So, there's not a heck of a lot of evidence.

9 I also don't need to probably talk about
10 safety so much as to -- because we've talked about
11 that a bit. I don't know how many of you caught
12 Bob's subliminal drawing of the lion, though,
13 where he said there was something like 500
14 inspections, and 7,000 production facilities.
15 Work that out. It's about one inspection about
16 every 14 years. Would it surprise you if things
17 get a little sloppy in the interim? I think not.

18 Gut organisms, as we've heard, have
19 gotten a lot of interest since the Human
20 Microbiome Project came along, and the confluence
21 of the C.difficile epidemic, and the advent of FMT
22 as a potential curative for that. Clearly, FMT is

1 -- it's a good initial staff. It's doing great
2 things for a lot of people. I think the efficacy
3 in safety, as Colleen just described, is still a
4 bit ambiguous, and could be further refined, and,
5 of course, for any of these products that are made
6 on gut commensals, I think, it says, yet, TBD,
7 that they actually, you know, they put the proof
8 in the pudding, too, for safety in efficacy, but I
9 think it goes without saying, that where we would
10 all like to go, is to get to designed microbiome
11 therapeutics, which would be either single strains
12 or a consortia of strains of purified organisms
13 for the GI track. In some instances, such as our
14 colleagues here from Senlogic, they might be
15 genetic engineered for heterologous gene
16 expression.

17 I don't think I need to go to this slide
18 very much, either, because Vince Young described
19 how, basically, the microbiome works as an
20 ecology, how it has steady states, unless they're
21 disrupted by certain events, such as pathogen
22 infections, or broad-spectrum antibiotic use. I

1 think the interesting thing that came out of the
2 Human Microbiome Project, is that, whereas, if you
3 look at the strains of microbiological diversity,
4 you see that everybody in this room would have a
5 vastly different microbiome, but if you look at
6 the gene content, as a functional diversity, it's
7 fairly consistent, and so, I gave companies, like
8 Seres, hope that you could actually, potentially,
9 develop drugs that don't have to be, say, tailored
10 to individual microbiomes, that you can simply try
11 to design things that have the proper function,
12 and replace that function.

13 As I mentioned in the last slide, so,
14 whereas traditional probiotics tend to have very
15 short half-lives, they wash out pretty much as
16 soon as you stop dosing them. On the other hand,
17 the gut commensals tend to stay persistent, and
18 that's been seen in the trials of fecal
19 transplantation, and other trials as well, and,
20 here, basically, the idea is you take a disrupted
21 disease ecology, and you're going to replace it
22 and stabilize to some normal ecology. Per this

1 cartoon here, where you'll have microbes from your
2 product that will engraft, and then they'll be
3 augmented by other microbes that come along, and
4 you get rid of your disease microbe, such as
5 C.difficile.

6 This upper right panel, here, is data of
7 engraftment, from the trial that Seres did, in
8 ulcerative colitis, with a product called
9 SERE-287, which is a spore composition, and,
10 basically, what you can see is that, over the
11 dosing period, depending on the regime that we
12 gave, whether it was a weekly or daily dose, you
13 get engraftment that starts to plateau out about
14 day ten, and through the end of dosing, and so you
15 can create a persistent change.

16 The interesting thing is that, after you
17 stop dosing, a month later you still have the
18 persistence of the microbes. So, they seem to
19 have engrafted longer term, and that engraftment
20 appears to change the structure of the microbiome.
21 This is a principle components analysis plot that
22 simply shows subjects who went into remission for

1 Ulcerative Colitis, versus those who didn't. You
2 can see that you got a distinct difference in the
3 structure of the microbiome. So, these are the
4 kinds of things we're trying to do at Seres, is to
5 develop drugs, in that vein, that are going to be
6 commensal microbes, consortia of them, to alter
7 disease, and our paradigm really is to use proof
8 of concept, consortia, probe consortia, like FMT
9 or other natural consortia.

10 Basically, take the results from studies
11 of those interventions, which are really the gold
12 standard, rather than using observational studies.
13 Try to find organisms that seem to have impact,
14 that are present in your drug, and are associated
15 with success of your trial. Identify the
16 metabolites that are associated with those
17 organisms or those changes, and then try to map
18 those pathways that are expressed by the
19 organisms, and then devise novel consortia that
20 you can use to develop into drugs, right? That's
21 probably the novel part. More conventional is
22 doing the screening for your drug candidates, in

1 vitro and in vivo, and really pulling from large
2 stream libraries to construct those candidates,
3 and then the next novel bit is the manufacturing,
4 which what I'll talk about from here on.

5 So, there's several unique features to
6 manufacturing consortia of gut commensal microbes,
7 right? These are not your grandfathers'
8 industrial microorganisms. They're not Chinese
9 hamster ovary cells. They're not E.coli
10 recombinants. They're not saccharomyces. Most of
11 these have never been in any kind of an GNP
12 production. They're generally strict anaerobes,
13 quite often not aerotolerant. So, you have to
14 keep them isolated from oxygen, and many of them
15 are spore formers, which is a unique feature.

16 So, when we're making consortia bugs, we
17 have to deal with a multiplicity of organisms in
18 the product, making all of them, as you heard from
19 Sheila, you need to, basically, be able to count
20 them all. You need to make sure that you've got
21 their culture behaviors down. You need to
22 preserve them all. Make sure that they all

1 survive your formulation, and they get to the side
2 of the gut, where you want to deliver them, and
3 then you have to be able to count them, and then,
4 last but not least, you need too be able to
5 manufacture them in a GNP fashion. So, just going
6 through those, the first bid is to actually be
7 able to grow microbes, and just like the, you
8 know, slides that you'll see with throwaways of
9 ten times as many microbes, as human cells and so
10 forth. You'll also hear throw away statements
11 like, "99 percent of the human gut microbes are
12 uncultivable or haven't been cultivated."

13 Well, it's -- there it is, for lack of
14 trying, basically. Coming out of the Human
15 Microbiome Project, there was a list of most
16 wanted organisms. Seres has about 75 percent of
17 those most wanted organisms in our strain
18 libraries. The problem, from the CMC production
19 perspective, is that, quite often, they are
20 isolated in things that you wouldn't normally take
21 into production, things like brain heart infusion
22 augers, rumen fluid media, blood augers, and so

1 forth. So, the trick for the CNC guys and gals is
2 to, really, to take that strain of interest, and
3 be able to grow it in GNP acceptable media and do
4 that in an efficient fashion.

5 So, we have a multi-stage screen that we
6 use to, basically, get away from complex, and
7 ill-defined and, perhaps, undesirable components,
8 and get to something that's much better defined in
9 an optimized process, and the trick is, there, is
10 to have set up screening paradigms that make use
11 of high throughput robotics, that make use of
12 bioinformatics and Omex Technologies, in order to
13 be able to do this with no -- a modicum of
14 manpower applications, so you don't burn yourself
15 out to death. I'll also note that, you know, you
16 not only need to be able to adapt things and grow
17 them in culture, but you also probably need to be
18 able to optimize phenotypes. So, in Seres' case,
19 we're interested in a lot of firmicutes, to date,
20 and, so, we're interested, specifically, in
21 sporulation, and optimizing that sporulation,
22 especially in the GMP media, can be a complex

1 endeavor, and nevertheless, you know, we've
2 managed to have pretty good success at doing this,
3 and getting to productivities in our fermentations
4 that are acceptable for future use.

5 The next thing I mentioned is
6 formulation and delivery; similar problems, here,
7 as you've got for the fermentation. You need to
8 be able to preserve a range of phenotypes, right,
9 and, here, you know, basically, your formulations,
10 and chemistry, and processing has to be acceptable
11 for grand negatives, for grand positives, a range
12 of different types of organisms, cocci, and
13 bacillus, and so forth, and, so, you need similar
14 sorts of platforms, screening methodologies, which
15 I'm not going to go through here, but sufficed to
16 say, we can take some very sensitive clostridial
17 strains, and do a lot better than what you can
18 find for, say, commercial buffers.

19 So, this upper right panel simply shows
20 losses are tighter through freezing, drying, one
21 week and four weeks, at accelerated temperatures.
22 We can substantially knock that down with pretty

1 straight forward optimization, and then lastly,
2 well, before that, I'll just note that, I think,
3 it's axiomatic that, once you get away from spore
4 phenotype organisms, you're going to have to go to
5 dried state.

6 It will, you know, other than perhaps
7 some products that could be frozen as liquids,
8 such as FMT, your ideal product is going to be an
9 oral capsule. You want to be able to put that on
10 a shelf, right, and so, you're going to be dealing
11 with dried powders, and those can be challenging
12 to handle because now you have to prevent,
13 basically, aerosolization of the powders. You
14 want to prevent exposure of powders to moisture, to
15 oxygen, and so forth. So, that can be tricky to
16 handle, and I'll just opine that it'll be a
17 miracle if people get actually room temperature
18 stable microbiome therapeutics, in general.

19 My guess is that most of them will be
20 refrigerated, cold chain products, accepting the
21 spore products. Lastly, delivery, of course, I
22 think it would not be lost on anybody, here, that,

1 yes, as Colleen mentioned, people do prefer to
2 take capsules, rather than have enemas, well,
3 maybe rare exceptions, but you have to address
4 bioavailability, and get your bugs past gastric
5 acid, and bile acids, and, again, you know,
6 basically there are multiple technologies, capsule
7 types and coatings for capsules, or tablets that
8 allow you to preserve the bacteria in the face of
9 acid exposure, to the extremes. So, it can be
10 done.

11 Perhaps one of the more interesting
12 aspects of CMC, or microbial therapies, is the
13 quality control aspects, and, here, the challenge
14 is to devise, basically, all of the elements of
15 SesPQ to, really, thoroughly control your product.
16 For safety, you can read in the live biologic's
17 products guidance, you know, there's some
18 motherhood in apple pie, there. Yes, you should
19 know your bug sequence. You should have it
20 characterized for antibiotics resistance, and so
21 forth. You want to understand whether it's got
22 prophage. An interesting feature is toxins. For

1 a lot of these gut microbes, you may not have a
2 reference genome, or you may have a poorly matched
3 toxin gene, and so, really, you may need to screen
4 functionally phenotypically, rather than by
5 genetics, to understand toxin expression.

6 Identity, that's pretty straightforward.
7 Strength, initially, of course, you can use colony
8 forming unit assays for species detection.
9 Potency for activity, though, is an interesting
10 concept, right? Even if you have a single microbe
11 drug, it doesn't take very much thought to realize
12 that, basically, even a single microbe has a
13 secretum of hundreds, if not thousands, of
14 compounds, right? So, unlike a, perhaps, more
15 precise single molecule type biologic, where
16 you're trying to hit one pathway and activate it,
17 you're going to be doing polypharmacy, and, in
18 some diseases, you may actually need polypharmacy
19 to have an effect, and, so, devising these potency
20 assays will be interesting.

21 The other thing that's really unique is,
22 for gut commensals, is that USP6162 are not

1 generally useful. You will get product
2 breakthrough on these, and, so, you have to devise
3 ways of suppressing that product breakthrough, or
4 enumerating it as being product among product.

5 Lastly, I'll just finish up by saying
6 GMP Manufacturer of commensal organisms is also a
7 specialized endeavor and complex. I particularly
8 like this phrase that's taken from the FDA's 2006
9 Guidance on Manufacturing of Spore Formers, is it
10 -- basically, manufacturers are encouraged to
11 identify alternatives if they can, right? If I'm
12 not putting spores in my plant, I've got a
13 problem, unfortunately. So, I have to deal with
14 that, as would probably most people who are going
15 to make products from gut commensals, and, so, you
16 really have to make sure that you've got unique
17 facility designs that have appropriate
18 classifications, that have appropriate pressure
19 gradients, so that you can both keep bugs you
20 don't want out, keep your bugs in.

21 You need to supplement that with
22 contained product operations. Try to minimize the

1 use of reusable equipment, so you have a minimal
2 chance of cross contamination, and then use
3 extensive decontamination procedures to make sure
4 that you have address concerns of cross
5 contamination, and, then, last, but not least, you
6 also want to, basically, make sure that your
7 environmental testing, that is, more or less, you
8 know, well established for traditional biologics,
9 will actually address the microbes that you're
10 producing, so that you can detect if there was
11 something left from a prior campaign, right, and
12 then, you know, for consortia, basically, we have
13 to deal with multi-strain product considerations,
14 and being able to operate in a rapid fashion,
15 right?

16 If we had to produce things serially,
17 making a master bank, a working bank, and drug
18 substance, and repeat that every time for, say 15,
19 20 strings, you've got a campaign that's well over
20 a half a year or more, right? So, giving --
21 getting your procedural and temporal segregations
22 down, and having appropriate decontamination, to

1 deal with that, is key to having elegant
2 manufacturing. So, thank you, for your attention,
3 and thanks to patients, to collaborators, and to
4 all the internal team (inaudible).

5 MR. CARLSON: So, now we will have the
6 three speakers from this session come up. We'll
7 do about ten minutes of questions for them, and
8 then, after that, we'll go on to invite the three
9 speakers from earlier up, and we'll do the panel
10 discussion. Anyone have any questions? All very
11 clear?

12 MR. FORRY: Sam Forry, NIST. I wanted
13 ask a clarifying question for the manufacturing
14 controls, about what kinds of evidence you were
15 able to present to the FDA, to regulators, to
16 demonstrate the validity of your -- the analytical
17 methods that you used to demonstrate that your
18 control processes -- you have to provide those
19 measurements in supporting validation
20 measurements. What kind of measurements are you
21 able to show to validate the protocols?

22 MR. RAO: Oh, there we go, yeah. It's

1 -- I don't think it's any different then any other
2 biologic. There's a, perhaps, a slightly
3 different spectrum, in the sense of you got a lot
4 more microbiological assays, obviously, right, and
5 so, you know, for example, on, say, bioburden
6 testing, you're going to need to do a lot more
7 extensive work to show that you're detecting your
8 product, that you can pick out contaminants,
9 right?

10 There are a fair number of
11 sequence-based assays, too, which is probably the
12 more novel thing, I think, for biologics
13 production, and, you know, having validated
14 sequencing, and, for that matter, data bases to go
15 along with that sequencing. You can produce
16 sequence, but then how do you interpret it? How
17 do you know what it is, is a whole another kettle
18 of fish, right, and how you validate that's a
19 different story.

20 SPEAKER: John?

21 MR. AUNINS: Sort of a follow up to
22 that, based on sequencing, so, you have an

1 organism, or a consortium of organisms, and we're
2 very good at doing genome sequencing, and one of
3 the things is purity, right? We talk about
4 purity, and also derivatives, you know, a common
5 thing in pharmacology is, "Oh, let's just throw a
6 different methyl group, and we'll change these."
7 At what point do we decide that, "Oh, how many
8 single nucleotide variants do we have before we
9 actually have to revalidate this as a brand new,
10 or derivative drug?" quote, unquote, and the
11 reason I'm sort of asking it is, can we really
12 work this under the existing rules that we have
13 for drugs, right now, in your opinion?

14 MR. RAO: Well, so, I mean,
15 historically, or currently, I guess, you know,
16 when you go to license a biologic same monoclonal
17 antibody, you're expected to sequence the
18 cassette, which is, you know, the 3,000 base pairs
19 or something like that, so that you don't have
20 mutations, or characterize them, whatever,
21 understand that, a loci of insertion. That's
22 pretty tractable and understood. I would agree

1 that it's, you know, once you're dealing with the
2 five mega-base bacterial genome, how do you look
3 at snips? How do you look at indels, and so
4 forth?

5 I think, you know, the key thing, for
6 all of this, is you need to show stability from
7 your initial materials, and in your master bank to
8 your final product, and then clinically
9 demonstrate that the stuff works, right?

10 MR. FORRY: Yeah, I was just wondering,
11 just a point of clarification. So, now, in your
12 practice, are you using standardize preparations,
13 or are you using related, or household contacts
14 for donors? I mean, because it's changed a little
15 bit. So, what's your current practice right now?

16 MS. KELLY: There we go. At this point,
17 I'm using, almost exclusively, stool from open
18 biome, and it's just a matter of -- it's the
19 easiest thing to do --

20 MR. FORRY: Yeah.

21 MS. KELLY: -- and it really -- these
22 patients are really eager to just get everything

1 done with, but if a patient requests that I use a
2 related donor, I give them that option, and we go
3 looking for one, and I do explain it kind of. It
4 might take a little longer. There's no guarantee
5 that the donor's insurance is going to pay for all
6 of that laboratory stuff, and I don't cut any
7 corners, even if they've been married for 50
8 years. They go through all of the HIV testing,
9 and everything else, so. Most of them opt for the
10 open bile.

11 MS. WALLS: Thank you. My name is
12 Isabel Walls. I work for USDA. In your talk, you
13 mentioned, I think it was the lactobacillus
14 reuteri, and it needs glycerol as a substrate to
15 making reuterin, and, so, I'm wondering, when you
16 do the clinical trials on, I guess, anybody, do
17 you consider the substrate? Do you consider -- is
18 it what the people are eating, and if so, do you
19 control what people are eating, assuming they're
20 in hospital, they're already sick. You should
21 know what they're eating. Is that the substrate,
22 and do you control for that when you do clinical

1 trials?

2 MR. AUNINS: Yeah, I think you should
3 control for that, and so you either do that in a,
4 you know, as you mentioned, a controlled
5 population, like an inpatient setting, where you
6 know exactly what they're eating, or what they're
7 being given, at least, or you coformulate it, and
8 the term symbiotic has been used a couple of times
9 by some other speakers, and questioning, and
10 audience members, and I think we'll hear a little
11 bit more about a talk where a symbiotic was very
12 successful in -- after a coformulation in
13 preventing neonatal Sepsis, later today, but,
14 yeah, I think, either -- you either -- it's so
15 universal that you expect it be in anyone who's
16 got a normal diet, or you co-formulate it, as it
17 would be the way to go.

18 MR. RAO: I think we would fall more in
19 the Stephen Freedman camp, that it's kind of
20 futile to control what people eat, through the
21 course of their disease.

22 MS. WALLS: Even when they're in

1 hospital?

2 MR. RAO: That I would have to defer to
3 my clinical colleague, Shirley Trexess. That's
4 who I would refer you to, her, over there.

5 MR. AUNINS: Yeah, I would just say, the
6 clinician in the hospital, you can control what
7 you order for the patient to eat, but what they
8 actually eat is completely different, but --

9 MR. CARLSON: If no one else is going to
10 ask a question, I can ask one. So, we had a talk
11 on the use of probiotics for prevention of C.diff,
12 and on use of FMT for C.diff. So, as clinicians,
13 we have those options, what we do, I think. It
14 seems like you are almost exclusively using FMT,
15 or maybe it depends on the state where you're at,
16 but, in practice, are using probiotics versus FMT?

17 MS. KELLY: So, this actually comes up
18 quite a bit because all of these patients, once
19 they've gotten over C.diff, if -- there's kind of
20 like a PTSD. So, any time they're ever going to
21 need another antibiotic again, or going to have a
22 surgery, or anything, they're calling me and

1 asking me what they should do, and I -- actually,
2 if they're not immunocompromised, I do tell them
3 to take a probiotic, along with, and then for a
4 period of time, like about a month afterwards, and
5 does it work? Maybe. If it's going to really
6 break the bank, and they can't afford it, I tell
7 them, you know, there's not great evidence that
8 it's going to do anything, but I think it really
9 empowers them. They feel like they are doing
10 something, and I think that that's meaningful, in
11 some way. There are people who recommend giving
12 antibiotics, along with, like, an anti-C.diff
13 antibiotic, like Vancomycin, or Metronidazole,
14 along with whatever antibiotic they're taking for
15 their UTI, or their Pneumonia. I don't do that.
16 Just knowing what I know about C.diff, it's caused
17 by Dysbiosis. Just throwing another antibiotic
18 into the mix never seemed like such a good idea,
19 but that's, you know, that's definitely
20 recommended by some other people.

21 MR. AUNINS: Yeah, I would echo those,
22 those same responses that you -- and just add

1 that, most of the time, I don't have to make a
2 recommendation about these things. Patients are
3 telling me what probiotics they're already taking
4 for their C.diff. Part of this is, you know, my
5 filter, as an infectious diseases physician, I'm
6 not seeing these patients, until they're on their
7 third, fourth, sometimes, fifth episode, or more,
8 of C.difficile, anyway, and, so, by that time,
9 they've already gone on the internet.

10 One of the first things they found is
11 probiotics for C.difficile, and they're just
12 picking things, and, right now, my practice is I
13 don't stop them, and I don't say -- and I say,
14 "You know, I don't have much evidence, either way,
15 to tell you what to do. I can tell you the
16 evidence does show that there is some signal, that
17 there might be some benefit here, but,
18 specifically, the probiotic that you're choosing
19 to take, I have nothing, I have no guidance to
20 give you on that, specifically." I have been
21 using Kefir a lot more, so, you know, not a
22 probiotic, according to the strictest definition

1 in undefined consortia. It's just a yogurt drink.
2 It doesn't taste particularly good, in my opinion,
3 but my patients like it, and they drink it when
4 they have C.diff, and we have some uncontrolled
5 data. Again, the (inaudible) case series,
6 suggesting that there maybe some efficacy there.
7 So, I certainly don't stop them, but I take kind
8 of a more balanced approach of -- I don't even
9 have to bring it up, and part of this, also, is I
10 practice at the University of Michigan, in Ann
11 Arbor. We draw from wide catchment, but a lot of
12 our patients are, you know, educated.

13 Some of them are coming in with notes
14 and printouts from web pages that they've
15 researched. So, it's a different crowd, but,
16 usually, I don't have to bring it up in clinic.

17 MR. CARLSON: Any other questions? If
18 not, I'll invite the eight -- you have one more.

19 MR. AUNINS: Well, I will say that there
20 have been studies looking at fresh and frozen, as
21 we've heard, and the frozen preparations. There
22 will still be spores, spore fraction in that

1 stool. So, they're -- it's not killed, per se,
2 but it's certainly reduced in terms of the
3 vegetative contact there, but then, also, people
4 have -- recently, there was a case series. I
5 don't remember which group it was, but it was
6 about five patients, I want to say, that were
7 successfully treated with FMT. These were fecal
8 filtrates, and they were submicron filters, where
9 they actually tried to do cultures afterwards.
10 They weren't able to culture any bacteria. So,
11 certainly, there could have been viral particles,
12 and other microbes in there, but not bacteria, and
13 those patients were all cured. Now, that's just a
14 case series, again, uncontrolled data, a series of
15 five, but I don't know that we've established,
16 completely, that microbes, themselves, are the
17 necessary component of stool, when it comes
18 therapeutic effect.

19 MR. RAO: Just to add to that, you know,
20 and Seres was trying to develop our C.diff drugs.
21 We wanted to understand whether it was the
22 bacteria or not, and, so, we did do animal

1 studies, where we took the material, the spore
2 fraction, 0.2-micron filtrates, 300 kilodalton
3 ultra filtrates, two kilodalton with revolt rates,
4 and, basically, you saw elimination of the
5 activity, once you take the bacteria out.

6 MR. CARLSON: Okay, so, with that, I'll
7 invite the three speakers from earlier up on to
8 the stage, too. We only have two. Oh, we had one
9 that had to leave. Okay, two speakers from
10 earlier, and my co-moderator, Suzy's going to come
11 back, and we'll have a discussion of all of these
12 topics.

13 DR. MCCUNE: I just will say that,
14 unfortunately, Dr. Neu had to leave us. He had a
15 plane to catch, and, with all of the plane issues
16 going on, didn't want him to, potentially, miss
17 his flight. So, unfortunately, he won't be
18 joining our panel, but we have five panel members.
19 Do you want me to start?

20 MR. CARLSON: Yeah, go ahead.

21 DR. MCCUNE: All right, so, we had
22 talked about having a number of questions, for our

1 panel members, but we would like to encourage
2 folks from the audience. Earlier, there was a
3 good discussion that was going on this morning
4 already. We have three slides worth of questions.
5 This one is the most packed; first one, talking
6 pretty much about the microbiome; the second one,
7 really talking about organisms in general, and
8 then the third, really, about logistics, which is
9 kind of the areas where I think we've been headed
10 this morning.

11 So, while you're coming up with your
12 questions to ask the group, and, actually, I would
13 encourage if the group has questions for each
14 other, to think about that, but what we had
15 thought up front, in terms of just talking about
16 the microbiome, under all of the different
17 circumstances that we've heard this morning, is
18 how do we characterize the path of physiology of
19 all these different illnesses, with respect to the
20 microbiome? Do we need to personalize therapy,
21 based on an individual's microbiome? How
22 important is the strain selection, and the

1 treatment of a given indication, and for products
2 with bacterial consortia? How important is
3 strained synergy, and we'll get a little bit into
4 the strains, in the second slide, as well, and
5 then how do we differentiate treatment from
6 prevention, and then how can current associative
7 data be used to support clinical decision, and or
8 to advance a development of new products? So,
9 we'll throw all of those out there. You know,
10 it's kind of -- you can pick a question you would
11 like to start with. You can ask one of your
12 co-panelists a question, and I would like to
13 encourage the audience to come up and have
14 conversation. We are probably going to stick with
15 this for about 15 minutes or so, and then kind of
16 go on to next group, but --

17 PANEL MEMBER: I'm happy to tackle a
18 little bit. Less on the microbiome, as it relates
19 to gastroenteritis, but more on the pathogens,
20 which I think is really important. So, the
21 advances, now, in diagnostic technology has been
22 great, and, so, there are multianalyte syndromic

1 panels that are available on the market. They
2 have their own challenges on the clinical side,
3 but from a research side, they do enable good
4 characterization of the infectious agent because
5 not all diarrhea is the same.

6 You don't always even find the pathogen
7 in -- I think the comment was a lot of C.difficile
8 infection referred for fecal transplants aren't
9 even C.diff, and they've got other diseases. So,
10 I think that really helps us talk -- know what
11 we're talking about, and that we are able to
12 separate apples from oranges, and be able to
13 figure out probiotic or agent disease, meaning
14 which pathogen is actually causing the symptoms,
15 is really, really important, I think, in terms of
16 where our research should be at, at this point, in
17 terms of gastroenteritis, and just kind of broad
18 treating. Broadly treating all of them the same
19 is probably not the way to go, and some of the
20 studies that we did, we're actually now looking at
21 that. We have that data. We're just getting into
22 deeper analytics on that, and then the other piece

1 is, also, to characterize the disruption in the
2 microbiome, and then the healing from the acute
3 episodes, as well.

4 So, we've been collecting stool down,
5 five days down the road, and 28 days down the
6 road, in these kids, after the randomization of
7 probiotics, or not probiotics. So, we can start
8 looking at the impact on that, as well.

9 PANEL MEMBER: (inaudible) a little bit,
10 just again, that, to talk a little bit about the
11 IND issues, and I was really happy to hear the
12 discussion that was earlier, that talked about
13 how, with dietary supplements and foods, that we
14 really don't need to have structure -- INDs for
15 structured function, endpoints and studies, which
16 I think is a huge declaration to come out of this,
17 and I know it's part of the guidance documented.
18 It was just good to have that reaffirmed, and
19 that, you know, use of endpoints that are focused
20 on reduction of risk of disease, also, probably
21 don't need an IND, necessarily, and that's great.

22 I guess the one other component that I

1 wanted to talk about, in terms of the insistence
2 that human studies and probiotics be conducted
3 under INDs, has to do with is it the guidances and
4 the FDA stances that have occurred in the past,
5 that I think are, you know, cast the net quite
6 broadly, in terms of how they view drug endpoints,
7 and now I -- granted, there is a definition,
8 treatment, cure, prevention of disease, but I do
9 think there have been some judgements that FDA has
10 made. For example, the example of antibiotic
11 associated diarrhea was brought up.

12 So, right now, in FDA's mind, or
13 interpretation, any substance that's used to
14 prevent side effects of antibiotics would, in
15 itself, be considered a drug application, and my
16 point is, is that, that's actually a judgement
17 call on FDA's part, and I think to the extent that
18 studies can be conducted in reasonably healthy
19 people, that are safe studies, on endpoints that
20 you may be able to consider structure function,
21 you may be able consider disease, that, to the
22 extent that they're safe and it can pave the way

1 for innovation in the food and dietary supplement
2 category. My appeal is just to see if the FDA
3 would be willing to just consider those things a
4 little bit more broadly, so that we don't have
5 such a narrow view of what a structure function
6 claim is and what (inaudible), versus a very broad
7 view of what is encompassed on the (recording
8 fading out)

9 PANEL MEMBER: I'm not a clinician
10 treating patients, but, I guess, you know, I'm a
11 bit mystified, I have to say, coming from a, you
12 know, person who's worked in the pharmaceutical
13 industry for around 28 some years, about the, you
14 know, the seeming confusion, and, I guess, my
15 question back to you would be what do you want to
16 do with the information, and it seems like what
17 you want to do is you wanted to make a claim about
18 a treatment or cure of a disease, and if that's
19 you do, you know, it's the old drag racers' run
20 what you brung, put up or shut up. You know, do
21 the rigorous trials, under IND, prove efficacy,
22 prove safety, and show that your product's under

1 control, and get a license.

2 PANEL MEMBER: No, and I completely
3 agree with you, that there is -- conducting a
4 trial, not under the IND rubric, does not
5 compromise safety or appropriate design of
6 clinical product or product definition. All of
7 those things are assumed.

8 PANEL MEMBER: You know, doing studies
9 in healthy people who are seeking to, you know,
10 have supported organs or better, this is different
11 than doing it in somebody who's diseased. I think
12 that's --

13 PANEL MEMBER: No, and that's a fair
14 decision in itself.

15 PANEL MEMBER: -- and there you need
16 that -- you need to take care, and you should have
17 a lot of -- a lot more controls, that really call
18 for IND filing.

19 PANEL MEMBER: And I'm not objecting to
20 that. What I'm -- when you said, what's the goal?
21 The goal is to provide dietary support for people
22 who need it, either healthy people who are at risk

1 of developing something, or someone who may be
2 considered generally healthy, a child going in for
3 an antibiotic for and ear infection, that may be
4 able to use dietary support to be able to prevent
5 the development of some kind of side effect, or
6 worse, where you might get -- you get, you know,
7 some kind of pathogen emergence because of the
8 antibiotic treatment, and if a dietary approach
9 that doesn't require getting a prescription, and
10 something that's generally available, as long as
11 it is safe, and you want to look at it from the
12 research point view, and you control the study
13 properly, you make sure the safety is there, and
14 the manufacturing is appropriate, I don't think
15 that it serves anybody the course that, into the
16 drug rubric, when the intent is never to market a
17 drug. The intent is to market dietary supplement.

18 PANEL MEMBER: But, we can probably
19 continue this over a lot of beers, but you still
20 seem to be going back to -- you're talking about
21 at risk populations, and so --

22 PANEL MEMBER: Well, I mean it's --

1 PANEL MEMBER: -- if there's an at risk,
2 then --

3 PANEL MEMBER: -- I'm saying either,
4 prevention in healthy, or there are at risk, but
5 we currently allow foods to address at risk
6 people. I mean, an at-risk person who -- with
7 lactose intolerance has to eat the lactose reduced
8 foods. They are at risk for developing symptoms
9 from consuming too much lactose. A person with
10 high cholesterol is considered to be at risk, but
11 that's a general population targeted group, where
12 you can use foods to address that, and my point
13 is, is a child taking an antibiotic for an ear
14 infection, is at risk of developing some kind of
15 intestinal potential problems, and I'm not saying
16 there isn't room for drugs. There obviously are.
17 I'm just asking for there to be more room for
18 dietary support for conditions like that, but you
19 are absolutely right. You have to have the same,
20 you know, you have to have good control of the
21 study. It has to be properly designed, properly
22 powered, all of those things.

1 I'm not talking about study quality
2 here. I'm talking forcing it under the drug
3 rubric, where it -- there really isn't intent.

4 PANEL MEMBER: So, can I just add into
5 this mix? I would love to hear a further
6 discussion of -- one of the questions that's up
7 there is about the strain selection, and what are
8 you using to be able to do the studies that you
9 wanted? Now, I --

10 (inaudible)

11 PANEL MEMBER: -- no, because that --
12 you want to do studies, but I'm just curious as to
13 how you do the strain selection associated with
14 that?

15 PANEL MEMBER: There's many different
16 ways to go about doing strain selection. I think
17 we heard some preclinical type studies that have
18 been conducted, already, today. To me, that's the
19 science behind it. You develop your hypothesis
20 base whenever -- whatever preclinical data you
21 have, but, to me, that's not really germane to the
22 regulatory conversation because you have to

1 determine safety of whatever intervention you're
2 going to define, or dietary intervention you're
3 defining, and I'm not sure why it's important to
4 tease apart the exact rationale for a particular
5 strain to be chosen.

6 PANEL MEMBER: Safety is part of your
7 strain.

8 PANEL MEMBER: Sure.

9 PANEL MEMBER: Right?

10 PANEL MEMBER: Oh, no, of course, yeah.
11 I mean, that's -- I'm sorry if I didn't make that
12 clear. Obviously, you have to choose strains that
13 are safe, yes.

14 QUESTION: May I ask you a question
15 because I really -- what are you proposing to
16 develop? Is it a food with probiotics in it, like
17 accepted probiotics that we know is -- I mean,
18 lactobacillus GG oswedus, or is going to be a food
19 with some other strain, but don't have that long
20 history that we have with probiotics, like
21 strains, from, like, someone's gut, or something?
22 That's what -- what are you exactly talking about

1 doing?

2 PANEL MEMBER: Oh, I think what I was
3 talking about is more kind of the old school
4 stuff, in terms of set strains that we know quite
5 a bit about the safety. We've got good history of
6 safe use. They're on the European QPS list, okay,
7 were you know what's going on with them, for the
8 most part, in terms of a safety assessment, but I
9 think the broader question could be relevant to
10 next generation probiotics, where you say, "Well,
11 then, if we do find some halobacterium, or
12 something that looks interesting, would that be an
13 appropriate addition to a food?" but, that, I
14 don't think is such a difficult question. You
15 just have to go through the proper safety
16 evaluations, and you have to submit that (audio
17 faded) class act, you know, affirmation or a
18 notice, and get a ruling on it.

19 PANEL MEMBER: Alright, and you wanted
20 to address one of the questions.

21 QUESTION: We have a question from our
22 overflow room.

1 PANEL MEMBER: One minute.

2 PANEL MEMBER: I want to address the
3 question. Do we need to personalize a therapy
4 based on individuals' microbiome? I get that
5 question a lot. It's been in the news a lot after
6 the two Cell studies, and I think it's a sort of a
7 red herring question. I think the answer is
8 clearly, yes, we would love to do that, but to
9 pretend we're anywhere close to that, in medicine,
10 is really to -- not to understand what we're doing
11 in medicine. We do that, and people can just --
12 treated me for a few Cancers, and that's almost
13 it.

14 You know, people have been talking about
15 it for 20 years. You're going to get a genetic
16 test, and then I'm going to tell you if you take a
17 betablocker, or an ace inhibitor, but we're not
18 close to that yet. So, for a few Cancers, we do
19 it, maybe sometimes for IBD, and I know we looked,
20 maybe not, even, but it's very few things we
21 personalize treatment for, and to pretend that you
22 need to do that for probiotics, I think, is

1 inaccurate.

2 Now, I think it would be great, if we
3 could do it, but, we're, you know, we're probably
4 50-60 years away from even being close to that.
5 So, I think, it's a, and again, I think it's more
6 than addressed because I get that question all the
7 time, and often as people, like the self-authors,
8 who are selling sometime in personalized medicine,
9 and then publish something that says you need
10 personalized medicine, which is a little
11 suspicious.

12 QUESTION: LD-30, go ahead.

13 QUESTION: Hi. This is Joella Woolston.
14 I'm from a company called Intralytix, in
15 Baltimore, Maryland, and I was hoping the panel
16 could address the question: how do we
17 differentiate treatment from prevention? The
18 question is specific to --

19 PANEL MEMBER: I have the same --

20 QUESTION: -- okay.

21 PANEL MEMBER: -- same question that
22 Mary Ellen had earlier. Maybe I'm unable to ask

1 it eloquently. We are not against saying that it
2 has to be a characterized strain of -- the CMT has
3 to be wonderful. It should be 100 percent safe,
4 but, then, if it is, I can give an example of
5 vitamin D. So, if you give it in really high
6 dose, of course, it has to be on a prescription,
7 but you're still selling it over the counter.
8 People can take it in small amount. Imagine
9 something like that, that it hasn't reached that
10 stage of development. Are you going to stop
11 vitamin D trials and research, and demand that all
12 vitamin D research should be done under an IND, or
13 would you still let, and vitamin Bs, all other
14 vitamins be sold? What do you see, and at the
15 same time, concurrently, double up high dose
16 vitamin D as a drug for a particular medical
17 ailment?

18 PANEL MEMBER: I think -- very different
19 situation. I mean, you're using a vitamin as a
20 comparison, here, and I just want to -- this is
21 also off topic, but the panel is meant for
22 discussion with our panelists and our speakers,

1 not for direct questions to the moderators and to
2 the FDA. So, let's go ahead and address the
3 questions.

4 QUESTION: I have a question for the
5 actual panel. Are you guys ready? So, I
6 represent an organization that works for advocacy
7 and education for a peaceable -- and caregivers
8 for people with C.diff. So, I feel like the FDA
9 has drug its feet on determining what a fecal
10 transplant is, or what that is, as a product. Is
11 it like blood? Is its own thing? Is it a drug?
12 Is it -- and, maybe, it's potentially all of those
13 things, but what I would be interested to hear,
14 from each of you, as possible, and I think
15 probiotics would fall under this, too, is like,
16 would determining a designation of these things,
17 what would be the pros and cons of that? Like,
18 would there be the pro of, like, this is its
19 category, we understand it, we can move ahead with
20 it, and would the con be this will limit us in the
21 way that has kind of been addressed, in talking
22 about some of the probiotics, with like, "Well,

1 this isn't a drug. It's a probiotic, but if you
2 want to use it this way, it is drug." Because, as
3 a lay person, this all sounds really arbitrary.
4 Like, it doesn't come across as driven so much by
5 science, as by arbitrary rules that -- we could
6 get into how those rules get established, but it
7 doesn't feel very science-y, it feels very
8 lobbying indeed. So, just curious what you think
9 the pros and cons are?

10 PANEL MEMBER: I'll just start with
11 that. When I obtained the IND to do my clinical
12 trial, and I do it through, at that point still,
13 the pre-IND process, and I didn't really
14 understand what I was doing. I was kind of going
15 for -- I really looked at fecal transplant as a
16 transfusion, or as a -- almost like you would like
17 at an organ transplant, and, you know, you would
18 screen a donor, make sure they don't have any
19 underlying diseases, or any communicable problems,
20 but I was told, that, no, it's drug, and it's a
21 biologic.

22 For this reason, and my understanding

1 was that because it is excreted, and things that
2 are excreted can't be in the transfusion paradigm,
3 and, you know, correct me if I'm wrong, but I
4 think a lot of us have been thinking about this,
5 and thinking that you're right. We're kind of
6 trying to kind of jam, sometimes, like a square
7 peg into a round hole, making some of these whole
8 stool very complex FMT's, you know, what we're
9 talking about, like multiple microorganisms, and
10 how they might be interacting with each other, you
11 know, coming from these, you know, fresh stool
12 from donors, and what we can learn from that, and
13 trying to say that that's a drug because it's very
14 difficult to have it, the identical batch per
15 batch, and all the things that you have to do to
16 have a drug.

17 I know, in the audience, here, and
18 whether -- you know, I was part of a working group
19 at University of Maryland, that Diane Hoffman put
20 together, to kind of talk about going forward, and
21 had regulatory aspects of gut microbiome
22 therapeutics, and, really, the outcome of that was

1 published, last year, in Nature. I think it was
2 very interesting to look at, maybe, whole stool
3 FMT, done from -- just like a patient of mine, who
4 wants to use his wife's stool to treat his C.diff.
5 That's the practice of medicine.

6 The FDA doesn't need to be involved.
7 It's me. It's my hospital. That gives me
8 privileges. It's my state medical board that
9 makes sure that I'm doing things appropriately,
10 and then as you kind of move up the ladder, and
11 things become either more characterized, or, you
12 know, you go to the level of, like, open biome
13 that has a stool bank. Obviously, they're doing a
14 great job, but not -- you can't trust that anyone
15 couldn't open up a stool bank and just start
16 shipping stool all over the place.

17 There needs to be some oversight, and
18 that might make more sense in the kind of tissue
19 transplant, almost transfusion paradigm, and then,
20 as you get into things that are more and more
21 characterized, that you're looking to encapsulate,
22 and sell as a drug, then, maybe, that would make

1 more sense for, like, the IND, and the typical
2 drug pathway.

3 So, again, so not my idea, it came out
4 of a huge working group, but that was really, you
5 know, kind of put together as, maybe, one solution
6 to all of this.

7 PANEL MEMBER: Hi, sorry, if I can just
8 also talk about probiotics a little bit, and maybe,
9 I think, the reason -- even though we're talking
10 about probiotics, actually, in a way we never talk
11 about antibiotics. We don't talk about
12 antibiotics are good for, we talk un-antibiotic, a
13 dose, a regimen, a duration, and an indication,
14 and we really talk about it that way, and,
15 actually, I think -- once again, I'm willing to
16 get things thrown at me.

17 I think the probiotic industry, the way
18 it's marketed of, it doesn't make sense to most
19 clinicians that all 700 probiotics available at
20 Wholefoods, today, are all good for everything,
21 and, if we are not -- I mean, I'll say, I think
22 they should be studied, well, rigorously and

1 regulated, and they should be regulated like a
2 drug, and then, you might be able to get at some
3 of Dan's comments of why aren't we using them
4 because I think the way that the industry has set
5 itself up, it doesn't conform to the way most
6 clinicians like to think of. A probiotic is good
7 for this, in this patient, for this long, at this
8 dose, and I think, as long as we talk about
9 probiotics, like, for one thing, I mean, there's
10 how many, 10 million in our, trillion in our body,
11 sorry, and number of brands out there. If we talk
12 about it like that, as -- to clinicians, I think
13 we glaze over because it just doesn't register
14 with us, the way talking to me about his drug for
15 this treatment, in this patient does, and I think
16 that I actually would encourage regulating it
17 more.

18 I hate to say this, but the more we
19 regulate it, the more people will use
20 evidence-based therapies, and feel comfortable in
21 them.

22 PANEL MEMBER: So, no, no throwing

1 stones. I was just going to elaborate on one
2 other reason why. I don't envy the role of
3 regulators, when it comes to fecal transplant,
4 because, you know, on the one hand, don't do this,
5 but if you were to Google fecal transplant, and go
6 to YouTube videos, you will see that people are
7 doing this stuff, and sometimes it's very
8 sophisticated, sometimes turkey basters, and
9 things are involved, and the other thing that I
10 didn't mention is, in addition to taking
11 probiotics, a lot of the patients that I see, have
12 tried fecal transplant on their own.

13 I don't know if you've encountered this,
14 but it's not super common, but it's getting more
15 common now than it used to be. I think, a large
16 -- to a large degree, because this is kind of a
17 limbo zone, and it's not clear, and the patients
18 are desperate. They do get desperate that, you
19 know, there is enough regulation of this, that
20 it's not, you know, wide-spreadly, you know, it's
21 not available at your local community physician
22 for a lot of patients. So, that's why they're

1 coming to places, like universities, to receive
2 this treatment.

3 So, on the one hand, you know, there is
4 unregulated use happening. On the other hand,
5 although, I think, it is safe in the short run,
6 is, you know, from the data that Colleen showed
7 us, that in the long run we don't know, and I tell
8 my patients this, that I'm treating your
9 C.difficile, right now, but I don't even know how
10 to answer their question of whether 10 years down
11 the line, did I give you Diabetes, did I give you
12 higher risk of obesity, or cancer, and those are,
13 I think, that's one of the roles of really trying
14 to characterize this, and establish, you know,
15 better precautions, and actually be able to answer
16 some of these questions that regulation can have.

17 PANEL MEMBER: Two things. One, I agree
18 with most of that. Although, I'd say that, you
19 know, we don't know that for lots of things.
20 We're just learning that statins now, one in a
21 hundred people get Diabetes from a statin. You
22 know, we didn't know that for years. We have

1 everyone on a statin, right? So, you need to
2 follow these long-term, as you called it. I would
3 say, when you get back to over-regulating
4 probiotics, that the way it's set up now, and the
5 way they're defining on an IND, is I can't
6 actually go to the supermarket -- I can't go to
7 Wholefoods, and pull a product and try to study
8 it.

9 I've talked to the FDA about that.
10 Unless the company wants to work with me, and help
11 me get the IND, so regulating it more, I think,
12 would cause more problems, actually.

13 PANEL MEMBER: And I would concur
14 completely, as I couldn't get an IND for one of
15 the drugs we wanted to study. So, how you get an
16 IND, is a different process. Let's not go there,
17 but, conceptually, I think, doing studies
18 properly, and doing them, you know, in controlled
19 manners, and under proper regulations is the way
20 to go. How that's regulated, I'm not even going
21 to touch on that, I didn't go there.

22 PANEL MEMBER: And this really gets into

1 some of the questions we have. I've switched to
2 the second slide, here. On this slide, talking
3 about how do we ensure that the product is what
4 the product supposed to be, the high quality and
5 reliability, in terms of, consistent manufacture
6 and purity, and then we can get into the some
7 questions about symptoms verses inpatient, but,
8 again, I think, regarding, it's best to (recording
9 fades out) I would like to hear, at some point
10 from those who are conducting clinical trials for
11 FMT products, that -- to weigh in on some of these
12 questions (recording fades out)

13 PANEL MEMBER: So, I think one of things
14 that I've heard, in all of your talks this
15 morning, whether it's NEC, C.diff, you know,
16 antibiotic associated diarrhea, and I think also
17 the paper that was published at the Watson
18 Institute, last week, started to, I think, open up
19 the question, as far as why are we seeing efficacy
20 in one sub-population, you know, and potentially
21 damage in another, and I feel like we've amassed a
22 substantial amount of data, but we keep just

1 trying to do studies to understand efficacy
2 without looking at some sort of diagnostic tool,
3 or resp -- like really digging into responder,
4 non-responder dynamics. So, I guess, my question
5 is would a tool like this be helpful, and,
6 obviously, it would have to be condition specific
7 to some degree, and maybe gender or population
8 specific, but do we have, I guess, the questions
9 are: do we have enough information in the field,
10 right now, to start creating some of these tools,
11 like they did in the Cell paper, where they
12 created an algorithm, based off the experiment
13 they ran, and then, you know, validated the
14 algorithm. So, can we start moving in that
15 direction, as a way to, kind of, overcome some of
16 the challenges that we're seeing from a
17 personalization perspective, and help prove
18 efficacy in a better way, maybe help you guys out
19 a little more?

20 PANEL MEMBER: Well, yeah. I mean, I'm
21 not the microbial ecologist on the panel, but I,
22 you know, I will say that, I think, we're not at

1 that stage, yet, and I think we might have the
2 tools that it takes to get there. I mean, you
3 know, as has been brought up, there's the whole
4 idea of anatomy versus physiology. It was on Dr.
5 Young's slide, and, I think, and, John, you talked
6 about it, about how the structure of the community
7 is something -- is one thing, but you can have
8 lots of different structures that functionally
9 perform the same functions, and look the same,
10 and, so, we're very good at -- we've gotten very
11 good, I think, with next generation sequencing, at
12 looking at structure, at looking at 16S, but we're
13 not quite there, yet, when it comes to bridging
14 those various disporous structures, and figuring
15 out what the functional phenotype is from a
16 different set of structures, just yet. Maybe,
17 once we get there, I think we'll be able to make
18 better progress at individualizing therapeutics,
19 but not, not quite yet.

20 PANEL MEMBER: Yeah, I guess I would
21 just add to that, by, you know, again, going back
22 to what I was trying to say about the sort of the

1 bedside to bench to bedside paradigm. You need to
2 do the interventional controlled trials. You need
3 to be taking specimens, whether it's stool
4 specimens, tissue specimens, and then you have to
5 use all of your powers of analytics to try to
6 figure out what's going on, and why things work,
7 in order to really build a true understanding, and
8 yet, every -- you know, that's what we are trying
9 to do at Seres, and I would assume, a lot of other
10 people are as well.

11 PANEL MEMBER: As I was mentioning, I
12 mean, we want to diver deeper into our negative
13 studies because there may be populations in there,
14 whether it be pathogen or response, that will
15 actually tease out. Maybe there are certain
16 responders in here, and who those are. Then, down
17 the road, you can decide whether you use that
18 therapeutically or not, but I think 100 percent.
19 Actually, negative trials are almost more
20 important to find out why it didn't work.

21 PANEL MEMBER: All respect to our hosts,
22 I would like us, for just a moment, not to talk

1 about regulation, and remove that, and have a
2 philosophical argument because we have this
3 tension here. I hope it doesn't take 56 years
4 before we can do precision medicine, okay, but
5 there's a tension between doing science, someone
6 already said science, as a bad word, you know, has
7 become, has this other meaning about being
8 science-y, et cetera, but how do we balance the
9 time it takes to do studies, both preclinical and
10 clinical, and amongst the clinicians, the desire
11 to do something for our patients, in the here and
12 now, and what have you guys used to try to kind of
13 -- there are two opposing things.

14 One takes longer time. One, you have a
15 patient sick in front of you. What have you been
16 doing to try to kind of balance that sort of
17 tension, outside of regulation? Okay, forget
18 about whether or not you get in trouble doing it.
19 How do you balance it?

20 PANEL MEMBER: So, to me, that gets to
21 where you do the -- the question was asked, number
22 needed to treat, versus number needed to harm, and

1 I wish Dr. Neu was here because that's, to me, is
2 the question when it comes to the -- to Nec issue
3 because, as long as you can get a safe product,
4 which I -- there's no one going to disagree with
5 that. You need a safe product that's not
6 contaminated, that's been studied. It seems like
7 that's the kind of thing where you look at it, and
8 you say, the number needed to treat, versus the
9 number needed to harm, and you need to try
10 experimental, before the evidence is there, and I
11 would agree the evidence is not there for all the
12 things, but that to me is a clear-cut thing, and,
13 I think, it's same with FMT, but, you know, and
14 lots of other indications.

15 PANEL MEMBER: The other thing that
16 going on a bit more in Europe, than it is in North
17 America, I think, are registry-based trials. So,
18 I think, there are certain ways of capturing a lot
19 of data, and actually I'm starting to plan a
20 clinical trial of a diagnostic device, but I'm
21 going to embed it into care.

22 So, it's going to be embedded into care,

1 it's not going to be a therapeutic option, and
2 then collecting the right data to answer the
3 questions at large scales. So, I think about --
4 registry based trials are probably the wave of --
5 thing to look forward to of being able to capture
6 all the patients who are getting FMT's or C.diff
7 at an institution, or health care networks that, I
8 think, capture a lot more data.

9 PANEL MEMBER: We actually have an FMT
10 Registry. I'm glad you brought it up. That was a
11 good plug. No, so there is a National FMT
12 Registry, that's NIH funded, and that's kind of a
13 joint collaboration between the GI and ID
14 Societies, and we're hoping to get --

15 PANEL MEMBER: Brilliant.

16 PANEL MEMBER: -- 4,000 patients. The
17 problem is, a lot with -- I mean, one of the
18 difficult things is, you know, it's very expensive
19 to follow patients for up to 10 years. I'm like,
20 how are we going to retain them? How logistically
21 is this going to work, but we're working really
22 hard on, kind of reaching out to the patients

1 through apps and emails, and things like this, but
2 our hope is that having, you know, being able to
3 follow and get that real world efficacy data will
4 help answer some of these questions, and have a
5 bio- bank even tied to that, so that if something
6 does come up, we can, like, reach to that stool,
7 and say, "Okay, this person developed this unusual
8 condition. Was it something form the donor?"

9 PANEL MEMBER: And there were some
10 patient advocacy groups here, and actually they
11 were asking how you can help. I actually think
12 getting patients to be willing to participate in
13 trials, and to actually be willing to have their
14 data collected, integrated into registries, is
15 crucial, and that's one of the biggest barriers to
16 research, period, is declining to participate in
17 clinical trials, and then even declining to have
18 data used, in anonymous DI identified registries,
19 and, so, patients should advocate for this, if
20 that's what -- I meant -- well, I can't you what
21 to advocate for. I think it would be an important
22 thing to consider advocating for.

1 DR. MCCUNE: So, let me just chime in
2 one second. I'm going to move the -- to the last
3 slide, for us, just so we -- I have, oops, sorry,
4 just so that we have all of the slides up there,
5 and this one gets to some of the logistics that
6 we've been talking about, in terms of how do we
7 address the lack of equipoise from -- by some
8 health care providers, and the ability to conduct
9 clinical trials, some questions about funding
10 needs, and, then, how to take advantage of some of
11 the networks, and some of the registries that are
12 out there.

13 So, I just wanted to throw, so that's
14 the end of our kind of answered questions, so to
15 speak, but we just wanted that to be out there as
16 you're continuing the discussion.

17 QUESTION: Hi. I'm Lee Jones. I'm with
18 Rebiotix, and I have been in involved in
19 conducting clinical trials with human stool
20 derived drug products, but I just want to remind
21 everybody, kind of, how this got started in the
22 drug world. So, early on, we connected with the

1 FDA, and asked about, you know, Colleen was
2 talking about what, you know, how it was
3 categorized. The FDA said that because they're
4 organisms, and they're not human tissue and cells,
5 that they don't fall under the human tissue and
6 cell regulations, and, therefore, it was a drug
7 product in involved in Seiber.

8 We've conducted multiple phase two
9 trials, and I just wanted to remind everybody that
10 there hasn't been kind of any finalized,
11 formalized, you know, products that have been
12 regulatory approved, at this point and time, I
13 think, anywhere, and, so, we're all in early,
14 early stages, looking at it, and I want to echo
15 the fact that we do need these clinical trials,
16 and I think it's a little bit disingenuous to put
17 things up there without the context, when you're
18 trying to compare non-regulated to regulated
19 studies. I think, we're early, early, early,
20 early, early, and that's my main message, is that
21 it's hard to draw conclusions on anything, when
22 there's -- it's so early in the thing.

1 So, I just want to remind people that
2 there is a process. People are going through that
3 process, and I think, at some point and time, more
4 data will be available. It's not going to be be
5 all, end all. I think there's still a lot more to
6 discover.

7 PANEL MEMBER: Oh, I just wanted to
8 comment on a previous comment about -- there has
9 been a lot of discussion about number needed to
10 treat, number needed to harm, and the idea of
11 harm, and I just wanted to remind, or comment
12 that, I think a portion of harm that's
13 underappreciated is when patients are doing
14 something that they think is efficacious, but
15 isn't actually efficacious because then that
16 delays treatment of something that actually could
17 have helped them. So, I think that's important to
18 keep in mind, and, so, we do want patients to be
19 using things that we -- when we -- as physicians,
20 we make recommendations. We want to have some
21 sense of trust behind those recommendations and
22 what we say, and I think it erodes trust if we

1 recommend something that isn't necessarily a
2 specific product, but it's more of a category of
3 product, with variable efficacy, some of which may
4 help, and which don't help, and especially if it's
5 a very serious condition, and the patient is
6 delaying or avoiding some other potentially
7 efficacious, no improvement efficacious therapy,
8 in leu of something else, but that would be my
9 opinion.

10 PANEL MEMBER: I would agree. Although,
11 I would say the data, from choosing wisely and
12 stuff, is that we overtreat people. So, maybe
13 staying away for the doctor for lots of things is
14 pretty beneficial.

15 PANEL MEMBER: And then, just about when
16 patients come to me, and most of them come to me
17 after they've suffered, you know, two, three, or
18 more reassurances, and I do have availability and
19 accessibility to some clinical trials. Some are
20 open label, the others, the finished study, that's
21 starting to, you know, looking -- another capsule
22 study, and I give them the choice.

1 If they are a candidate for a trial, I
2 give them the choice to be in it or not. I don't
3 feel like I should, you know, force someone to
4 take a placebo for something. In my -- I'm bound
5 by my relationship with that patient, you know,
6 and what they want to do and what's best for them,
7 and not, you know, this greater good, you know, of
8 helping this company develop their drug, or, and
9 there are definitely patients who aren't
10 appropriate for FMT.

11 I see them. There may be limited life
12 expectancy, very frail, and I maintain those
13 patients on just Vancomycin. I said -- maybe, for
14 the rest of their life. That's, you know, six
15 months to a year, but I think that the position
16 I'm in, you know, I conducted that placebo
17 controlled trial, double blind, as best as I
18 could, did not just convince, I guess, the world,
19 didn't convince myself that I wasn't imagining
20 that this worked as well as it did, and I can say,
21 there has never been anything that has surprised
22 me more than FMT, in some cases, where there were,

1 you know, people, severe, complicated, septic, in
2 the intensive care unit, and, after two or three
3 doses of stool enemas, were turning things around,
4 and, you know, I think it's very hard to go
5 backwards from that, and to say, "Okay, well, now,
6 we need to kind of pull back. Let's get some
7 animal data. Let's figure out what strain." and
8 I'm not saying that's not important, but I don't
9 think we should lose the momentum that we have in
10 combating this epidemic.

11 QUESTION: I have a question in 1DR6.
12 You can ask your question.

13 QUESTION: Hi, there. This is Richard
14 Ethier, from Lallemand Heath Solutions. Just a
15 general point on the IND restriction for dietary
16 supplements. Industries sometime --

17 QUESTION: My name is Jerry (over
18 talking) Cronos and Colitis Foundation. We're a
19 patient advocacy group, and research funder. So,
20 I wanted to address the question, how to address
21 funding needs and also return to the lap --

22 QUESTION: Yes, well you didn't --

1 (audio is breaking up)

2 QUESTION: -- so all of you are focused
3 on advancing a certain type of microbiome based
4 product, through -- and the use of your resources
5 for that differ in different ways in -- and, so,
6 we've discussed the need for a variety of things,
7 like really good CMC, like long, long term
8 registry studies with really good data collection,
9 and RCTs, and all these things have a role, and
10 we've also just learned that there can be a
11 variety of different regulatory pathways that a
12 microbiome-based product can take, even, in the
13 direction (audio fading in and out)

14 PANEL MEMBER: So, given that, we've
15 seen one beautiful presentation about how a CMC
16 process can be developed, and then it seems like
17 something is that's very resource intensive, and
18 that's presumably incentivized by the way in which
19 the eventual product would be paid for and
20 regulated. For those of you that are seeking
21 resources for products that don't fall into that
22 drug category, do you -- is there a way to address

1 the funding needs? I mean, it seems woefully
2 inadequate to address these challenges that you're
3 talking about with the current mechanisms that we
4 have for funding. So, I just wanted --

5 PANEL MEMBER: Here, the only thing -- I
6 mean, I go to -- for Federal funding, generally,
7 both in Canada and the U.S., and the one thing
8 that I did notice, and I don't know if anymore
9 knows more about it, but ENCAM has stopped funding
10 RCTs of probiotic research, and I don't know how
11 that's impacted people down here, but that was
12 quite surprising to me, given that they would seem
13 to be the natural institute to do it, and I don't
14 know if that plays into Dan, some of your noticing
15 a reduction in clinical trials, but they have made
16 it very clear that there are (inaudible) generally
17 are no longer eligible for FCTs, or for
18 probiotics.

19 PANEL MEMBER: Yeah, they did fund my
20 first two, and now they're funding the mechanism
21 trial, but they don't fund RCTs for it, but I
22 think that's for lots of supplements too, not just

1 for, but it could be, yeah.

2 PANEL MEMBER: I'm going to make a
3 comment about the regularly environment because I
4 think there's confusion here, at least among some
5 of us, in the way we talk about this, but we need
6 regulation, and the more reg -- that's a confusion
7 because probiotics, food in general. It's not
8 only drugs that are highly regulated. There are
9 processes. The difficulty is that we have a
10 different interpretation of what that process
11 entails and what the conclusions are, and I think
12 it's important, especially for FDA Industry
13 Clinicians, to have, and this is a knife
14 (inaudible) -- but, frankly, those issues are the
15 regulatory issues, FMT, dietary supplements, et
16 cetera, are not going to be addressed in this kid.
17 I'm suggesting that, maybe, we should get together
18 in a true working group to talk about how to
19 interpret structure functions, et cetera.

20 QUESTION: I wanted to deviate from the
21 questions on the slide. There's already momentum
22 in that direction, and I hear a couple keywords,

1 momentum. We've talked about confusion,
2 regulation, industry, and I'm standing here from
3 the (inaudible) perspective, probiotic companies.
4 What is the laundry list, from a clinician's
5 perspective, industry needs to meet because we can
6 talk about FMT verses probiotics? We can talk
7 about efficacy safety. We can talk about a whole
8 bunch of things, but I mean, I'm a scientist who
9 works for probiotic companies. We have
10 evidence-based products. We have, at least,
11 multiple clinical trials behind products. I don't
12 work for the company anymore, but what is it that
13 industry needs to do to support the process to
14 keep the momentum going, to allow you to keep
15 working with your patients, and, I mean, that can
16 be anything from safety and better studies, but
17 can you give some specific things that we can work
18 on, not just better products, more evidence?

19 PANEL MEMBER: You can say that -- when
20 I'm recommending, because patients always ask
21 about probiotics. I see a lot about IBS, and, so,
22 I try to -- if I do recommend one, I will,

1 usually, for instance, align orbifidobacteria
2 infantis, but they did, they took some initiative
3 and conducted a clinical trial, and showed that it
4 worked. So, I think, if the -- if industry then
5 sells particularly probiotics, puts a little into
6 these, you know clinical trials, I think that's
7 always helpful.

8 DR. FREEDMAN: I mean, I really think,
9 you know, for some disease process, maybe there
10 isn't a need for more evidence, you know, and Dan
11 talked, obviously, about antibiotic associated
12 diarrhea. I think, for others, you -- we do -- we
13 are looking at phase three clinical trials
14 because, generally, they haven't funded very
15 large. They haven't done them investigator
16 initiated. So, they've been very directed by
17 industry conducted in that manner, and, so, I
18 think, really, allowing for large phase three
19 trials that will definitively answer questions --
20 not going into the metanalyses of small little
21 subcenter, single center studies where they
22 control the data, but really total independence of

1 data and access and allowing investigators to
2 choose the outcomes with patients that are
3 important to them directed and dedicated out of
4 the disease process. That to me is really -- I
5 mean, that's what distinguishes -- and then you
6 can start talking about oh, the really, really
7 large clinical trial of probiotic X for drug X as
8 opposed to the generic, you know, hodgepodge of
9 the metanalysis.

10 SPEAKER: I'm a microbiologist by
11 training and my basic understanding of the
12 (inaudible) evidence in medicine (inaudible)
13 meta-analysis and systematic reviews, but if it's
14 a strong enough trial as adequately powered do we
15 need all the Phase 2 trials?

16 DR. FREEMAN: Well, there's pretty good
17 evidence from most pharmacologic drug studies that
18 after early days of excitement from early, kind
19 of, smaller clinical trials that might be the in
20 Phase 2, Phase 3, when you get into the large
21 robust Phase 3, 4 trials, the excitement kind of
22 dwindles and so I think that, you know, in order

1 to be able to even get to the large Phase 3 to
2 make -- people don't adopt so adoption in medicine
3 takes 18 to 20 years from the time a clinical
4 trial is done and sometimes during that 18 year
5 window there's contradictory evidence that emerges
6 that diminishes the excitement of the original
7 ones. And so, there's a lot of smaller earlier
8 ones that might be powered as a single center even
9 a multi-center trial that's powered. How good is
10 your power? Don't get 5 percent of studies will
11 still be positive, but they're actually truly
12 false positives. And so, really I think the rigor
13 of those studies needs to increase to able to
14 support it and so, yeah, I think kind of some of
15 the small -- just because a study is positive.

16 Let's put it this way, too. How many
17 probiotics are competing in the same field? So,
18 if we do 50 probiotic studies for prevention of
19 asthma, okay, how many of them would be positive
20 by chance alone and then does that company then
21 get to say, "Well our was positive, let's go for
22 asthma." And then another is done prevention of

1 atopic dermatitis and there's also 50 companies
2 doing studies of that right now.

3 And the list goes on whether it be
4 autism or other concerns, IBS, IBD prevention of
5 and so the number of studies are massive. So, the
6 number of false positive studies, I haven't done
7 the math, but we need a statistician who can run
8 the data of, like, I can't remember how many
9 studies? There's a thousand some odd --

10 SPEAKER: 1,142.

11 DR. FREEMAN: -- this year so 50 some
12 odd positive studies alone this year. Should we
13 adopt them?

14 SPEAKER: Good point.

15 DR. FREEDMAN: So, I think we need to be
16 careful when we say a positive study was done and
17 we should adopt IT.

18 MS. MCKEON: Can we go from the premise
19 that -- I appreciate the word you said robust.
20 You said if we have a well-designed study with a
21 sort of consortium of knowledge surrounding it
22 whether that's pre-clinical, you know, (inaudible)

1 animal in vitro supporting with a couple of good
2 studies that might not be Phase 3 powered, you
3 know, in the numbers, but that make a logical
4 clinical argument and that show efficacy, would
5 that be enough? Because we also now start to
6 intersect at the level of efficacy regulations,
7 the legal aspects, the manufacturing, the
8 upscaling. There's all sorts of issues that play,
9 but all of that aside, what is enough? And if
10 we're talking about a treatment, for example, we
11 take neck, we take any of the conditions we talked
12 about today. I mean, these are -- patients are
13 suffering here and that's --

14 DR. FREEMAN: I guess the question is
15 what do you mean by enough? Enough for clinicians
16 to adopt? Actually, generally, clinicians will
17 adopt. I find when the pharmaceutical reps drop
18 the samples off at their office, the patients
19 adopt because they're given free probiotics and
20 they come into the emergency on probiotics because
21 their family doctor gave them to them. So, I
22 don't know what you really mean by adopt. I mean,

1 this is a longer topic of what drives medical
2 adoption and maybe deeper than we want to go
3 today. I'm happy to chat about it some more
4 afterwards from my personal perspective.

5 MS. MCKEON: So, I will say that we are
6 technically over our time, but there have been two
7 people patiently waiting in line so if you can ask
8 quickly that would be lovely.

9 QUESTIONER: (inaudible) Health
10 Solutions and I wanted to ask Dr. Freedman a
11 little bit about -- he had mentioned that one
12 product not allowed to get an IND in the United
13 States and just maybe talk about what exactly were
14 the issues there because as far as I know there
15 weren't any action problems and maybe a little bit
16 about the differences in Canada and the United
17 States with natural health products.

18 DR. FREEDMAN: Did Dr. Thompkins suggest
19 you ask the question? So, there were the issues
20 where I worked very closely with Lama and Dr.
21 Thompkins on the submission of the IND and they
22 were fully supportive of us getting the IND. The

1 issue was we couldn't meet the purity requirements
2 by the, I believe it was the FDA at the time.
3 This is going back what six years. And the
4 (inaudible) file couldn't meet that purity
5 requirements and we decided based on the decision
6 made by Lama was the production costs were going
7 to be exorbitantly high to achieve those
8 requirements and the decision was made not to
9 pursue the IND anymore. I don't know if there's
10 something else you want to add, Richard.

11 SPEAKER: Because it says up there how
12 to take advantage of the pediatric (inaudible)
13 that works. With NHP's in Canada, you're allowed
14 to make, you know, disease claims and run clinical
15 trials. Probiotics are one of the classes in
16 NHP's. I think this could be a very positive
17 network for the FDA to use.

18 DR. FREEDMAN: Well, a good plug for
19 Canadian research. So, yes, we were able to get
20 NHPD approval and Health Canada approval for the
21 conduct used in the product with the purity data
22 that we had at the time from Health Canada. So,

1 perhaps it is a little more liberal on the
2 requirements, but I'm not going to go too deep
3 into the politics. Let's stay out of there for
4 now.

5 QUESTIONER: Hi, I'm Caroline Edeltine.
6 I'm Executive Direct of OpenBiome. We're a
7 non-profit stool bank in Boston. I wanted to
8 begin by saying that were absolutely echoing the
9 panel in that, you know, in the long run the right
10 option for C. difficile patients is to have, you
11 know, a rigorously tested product that has been
12 evaluated and approved by FDA and that we share
13 the aim of seeing enrollment to the trials that
14 will get us to that point.

15 You know, and on other side, I think
16 we've -- so in the five years since we've started
17 the service of providing fecal microbiotic
18 products under the current policy enforcement
19 discretion we went sent out about 38,000
20 treatments to a network of 1,100 sites and that's,
21 you know, we're very proud of that work. We're
22 also pretty surprised by it. I think by now we

1 would have expected maybe faster progress in the
2 field. And so, I think, you know, my question is
3 really, you know, is there more that we can be
4 doing? Doctor, I think you were the speaker who
5 made the point that what's so unusual about FMT is
6 that patients can do this themselves at home. And
7 that part of the tension of balancing access to
8 material and wanting to make sure that there's
9 access to something that's been rigorously
10 prepared and is available through the medical
11 system is running up against this challenge of
12 enrolling these trials and I think there's
13 probably more that OpenBiome can be doing.
14 There's probably more that we can all be doing to
15 navigate that tension and I would be curious to
16 hear the panelist's thoughts.

17 SPEAKER: I would just like to say I'm
18 impressed that you sent out 38,000 and I'm nine
19 years in and I'm still studying yogurt and I still
20 need an IND to study yogurt. So, I think that
21 says a lot about where we stand in the U.S.

22 SPEAKER: So, like, (inaudible) at my

1 side of the University of Michigan we also used
2 your product for our patients and we provided the
3 option so, you know, we have the OpenBiome product
4 available and we have directed donor stool
5 available as well and basically, shortly after we
6 introduced your product, essentially nobody wants
7 to do this through directed donors. And before
8 that, that was the only option was we had to have
9 the patients go and find their own donor and find
10 their own stool and they were forced to ask their
11 neighbor or their pastor if they didn't have a
12 spouse that would qualify and things like that.
13 And so, the patients didn't want this either.
14 It's not like we were saying, "Oh, we have this
15 OpenBiome product and this is the only way to go
16 now." Nobody wants to do this stuff on their own
17 and nobody wants to go use their spouse's stool or
18 their relative's stool or their neighbor's stool
19 and I think physicians appreciate the service
20 you're providing because it helps our patients a
21 lot and it also helps us in that, you know, it's
22 not on us now to ensure the quality of the product

1 and do all the screening. Even when we were doing
2 directed donor screening, you know, the American
3 College of Gastroenterology there's has been some
4 position papers about what do you screen for as
5 individual clinician and it's an order of
6 magnitude less than what you guys are able to do
7 and what you're able to offer as a centralized
8 repository.

9 So, I think keep doing what you're
10 doing, look for regulatory guidance, operate
11 within regulatory guidance, but, ultimately, we
12 want a good, safe, effective product.

13 SPEAKER: All right. Thanks to all of
14 the speakers. We're going to have to call it
15 there. We are behind schedule so let's do a ten
16 minute break and we'll start back up and 3:05.

17 SPEAKER: Strains based on their under
18 therapeutic potential. So, the idea behind this
19 last session was to look at a rationale selection
20 and have speakers address rationale selection of
21 strains and we'll hear a number of reasons for
22 that based on, you know, modulatory properties,

1 resolutions, CDI, resistance of colitis, and even
2 behavior modification. So, there is going to be
3 some preclinical work and some early development
4 work. So, we've organized this and thanks to
5 Neil, one of our speakers, had a great suggestion.
6 We've organized it to go from talking about
7 bacterial consortia to a pivot on how to isolate
8 individual strains and then some examples and
9 we've already heard a little preview to our final
10 speaker on a LBP to prevent sepsis.

11 So, with that, I'm going to introduce my
12 first speaker. His name is Burnette Oli. He's
13 from the Dante of Bioscience. He's the Chief
14 Executive Officer. I met Burnette back in 2013
15 actually whenever we had a similar meeting and it
16 was just after the release of the 2012 guidance on
17 LBP so, with that, I'll introduce Burnette who's
18 going to talk to us about drugs based on
19 rationally defined bacterial consortia. Thanks,
20 Burnette.

21 SPEARKER: Thanks, Ryan. So, the
22 audience is very sophisticated for the average

1 microbiome discussion. I'll skip all the
2 background other than to say that when I use the
3 term defined bacterial consortium to be precise
4 what I mean is that we make a product based on
5 multiple bacteria that are made starting from pure
6 chromosome banks, not from the source material
7 from the fecal donor. The way our drugs work I
8 think should also be very easy to understand to
9 everybody in the audience. We give them in
10 capsule form as a lyophilized powder. It's been
11 freeze dried. The capsule releases the bacteria
12 out through the stomach and the bacteria can
13 colonize the intestine. In our hands, the
14 colonization is important and if the bacteria are
15 dead and if they've given dead, they no longer
16 work across the range of problems that we study.
17 And we also see that depending on the bacteria
18 that we peak, we can see them at least in the
19 range of immune responses in the mucosal surface
20 of the intestine including both the
21 immunoregulatory and immunostimulatory responses.

22 With the cofounders of the company,

1 we've done, over the last few years, a range of
2 work to try to systematically understand and
3 explore which groups of bacteria in the intestine
4 stimulated which types of immune responses. So,
5 for example, starting on the right of this slide
6 this is work that we've done with one of our
7 cofounders, Dr. Kenya Honda, now at the University
8 of Kenya where we have defined groups of organisms
9 that are protein inducers of regulatory t-cells
10 and we are exploring this biology in the context
11 of IBD in partnership with J&J and also theologies
12 and all the way to the left of this slide you can
13 see counter examples where we found bacteria also
14 from healthy individuals that have opposite
15 properties. They have the ability to inducing the
16 Th1, Th17, or cytotoxic cd8 t-cell responses.

17 In the continuum of the approaches that
18 are being pursued in the field, and that slide is
19 not meant to be comprehensive, my view is there is
20 a fundamental tradeoff when ecosystem effects in
21 specificity. What I think ecosystem approaches,
22 like, for example, fecal transplantation, bring to

1 the table that's really unique is the ability to
2 do something that would be very difficult to do
3 without (inaudible) modalities, which is change
4 the composition of the (inaudible) microbiota in a
5 somewhat controllable manner. I'll say
6 controllable in quotation marks.

7 And, of course, at the other of the
8 spectrum, if you go full reductionistic, you can
9 gain in specificity that you don't have with a
10 fecal approach, but in our hands we've seen that
11 come at the cost of losing the poly pharmaceutic
12 effects of microbial communities and also the
13 ability to robustly change the composition of the
14 microbiota.

15 You know, we ask is can find some
16 intermediate stage where we can still retain the
17 ability of a community of bacteria to change the
18 composition of the gut, but do it in a
19 controllable manner with more specificity. And
20 here's an example of some more work done. For
21 example, looking at bacteria that can (inaudible)
22 regulatory responses. In short, finding that you

1 can identify a number of bacteria in the human
2 flora of subjects across the world that have the
3 ability to use regulatory t-cells. It's only a
4 certain assemblies in consortia that can really
5 saturate the phenotype in animal models.

6 So, I think this brings me to a question
7 that I think this is a good forum to bring up,
8 which is how do we think about the contribution of
9 different components of a drug after the final
10 activity and a lot of work that we've done in the
11 field has called my opinion on that and I'll
12 emphasize its opinion. We've done often top down
13 work where we start with the full fecal community.
14 We say that that community has the ability to
15 change the phenotype. For example, Th1 reduction
16 or Th17 reduction and then we'll scale back and
17 find when do we lose that activity. We usually
18 like, as you can see for example in the middle
19 panel, we cannot identify fractions that are
20 equally active or sometimes are more active than a
21 full fecal transplant exaggerating a given
22 phenotype.

1 And then there's a tricky bridge to
2 cross when you try to really bring down that
3 activity to the absolute minimum number of
4 bacteria, but we often found in our hands that
5 we've seen that when we've looked at different
6 phenotypes for (inaudible) induction it that we
7 are really low in membership of diversities of
8 species in a composition we'll see often the
9 effects wash away. And so, the thing that
10 suggests is there an important role for ecological
11 redundancy within a construction unit to help give
12 a product or physical composition the best chance
13 of success.

14 And the reason I thought I'd bring this
15 up is, you know, in other contexts of, you know,
16 we had the discussion of is this a combination
17 product? Can you draw a parallel with say a
18 multi-component vaccine and I see a fundamental
19 difference in that if you pick the example for
20 example of a multi-component vaccine every
21 immunogen is there for a reason. You know, they
22 are targeting a certain pathogen so justification

1 is straight forward.

2 But, when you try to change an
3 ecological community, the issue of redundancy or
4 the aspect of redundancy comes and also, the
5 specific contribution of a strain is actually
6 going to change from patient-to-patient depending
7 on the study of microbiome. It is not really an
8 inherent property of the component of the product.

9 This is in a snapshot the process that
10 we follow to debate to try to identify new
11 compositions of bacteria that we define as
12 consortia. Basically, we try triangulate within
13 human (inaudible) in vitro data so arrive at
14 clinical packages that give us confidence that
15 we're not just chasing a correlation but there's
16 actually some evidence of causation, but, at the
17 same time, we're not over relying on anymore
18 models and chasing a causation pattern that has
19 not validness to humans. We interrogate human
20 data sets from studies that we sponsor or
21 collaborate with clinical academics across the
22 world where we try to identify if often in the

1 context of using fecal transplantation for a range
2 of conditions there is a pattern or any pattern of
3 (inaudible) of strains from a healthy donor and we
4 correlate with the clinical response and I'll
5 emphasize correlate because that data by itself
6 doesn't tell of anything about whether those given
7 bacteria may be actually causing a phenotype. If
8 that's the case, then we will often go and find
9 more models and do the systematic experiments to
10 remove and reintroduce a full micro biotic
11 phenotype is obligated and then reconstituted.

12 And, if we then have confidence that
13 that's the case and that, therefore, we're not
14 just causing chasing association, then we'll ask,
15 "Okay. Which are the bacteria that have the
16 properties that we need to be interested in?"

17 For that, strain number 3 we've created
18 a very large library of bacteria from humans
19 across the world somewhere between 60 and 80,000
20 isolates now sequence the genomes of a few
21 thousands of them and also, generated hypothesis
22 to understand and characterize their properties

1 and I'll show a little bit more later how we do
2 that.

3 That's gives us hits or in other words
4 bacteria that have specific property that may be
5 useful. Then we still have to figure out how to
6 assemble any consortia that are more important
7 than the individual strain and for that we use a
8 combination of algorithms that we've publishing
9 with collaborators at GMS and also go back to the
10 human data and ask ourselves from all the
11 potential combinations which ones are actually
12 occurring as (inaudible) humans that have a
13 clinical response.

14 We then have in house our own
15 manufacturing facilities through the GNP
16 production of bacterial consortia. As we have
17 noted before, these are complex procedures. They
18 have multiple ingredients. If you get them to
19 grow then they need some customization. So, we
20 found it best to basically do all this trial and
21 error work inhouse and there's a lot of it.

22 And then we've moved in one of those

1 consortia into human testing now and we're just
2 about to announce the results. This should give
3 you a sense of some of the actual activities from
4 culture collection, strain screening, drug
5 substance production, and drug product production.
6 So, starting up on the left, we did a lot of
7 (inaudible) of picking of colonies from donor
8 material, which let's us go from fecal material to
9 actual pure strains from which point on we never
10 again have to go back to fecal material as our
11 source.

12 On the upper right, you can see some of
13 the screening that we do to test multiple
14 different types of bacteria, all combinations of
15 bacteria, against activity assays or other forms
16 of (inaudible) to understand what the bacteria do.

17 On the lower left, it's a (inaudible) in
18 the drug substance production so that's in the
19 (inaudible) where we do the (inaudible),
20 separation, and (inaudible). And then on the
21 right you can see some of the activities, which we
22 have in a separate facility with the actual drug

1 manufacturer, which involves (inaudible) and as
2 John mentioned before there's some challenges
3 associated with that so we have it in a different
4 facility and that's where we produce the actual
5 final product that's going to be bottled and sent
6 to the clinical sites.

7 We have a range of different projects
8 from infectious diseases, immune diseases
9 including C. difficile, IDD, (inaudible), and
10 immunotherapy at different stages. I'll use the
11 first as an example to walk you as a case study
12 through the steps that we've used. The target for
13 VE303, which is the fine consortia that we are
14 developing for C. Difficile. This is an LDP that
15 is administered as an entire capsule. It has
16 eight pure colonic strains of bacteria as its
17 components that those regimen is repeated oral
18 once day following (inaudible) antibiotic and the
19 number of days we'll treat is one of forms of a
20 Phase 1 study that we are running now. In terms
21 of PK, we believe there is going to be better
22 restricting and absorbed and also, we expect

1 abundant strain colonization lasting for a window
2 of time longer than the time it takes for most
3 occurrences in *C. difficile* to occur. We think
4 that one of the key differentiators from
5 antibiotic approaches would be of an ideal target
6 profile the ability to reconstitute (inaudible)
7 resistance after an antibiotic, but also
8 potentially to start helping address the transfer
9 of antibiotic resistance.

10 We started this work to follow as a case
11 study the framework I laid out before, had an
12 ongoing collaboration with the University of
13 Leiden. We followed a group of subjects that are
14 being treated with FMT for recurrent *C. difficile*
15 at any number of occurrences and look at pre and
16 post FMT samples to understand if there is
17 patterns of denying (inaudible) clinical response
18 and to make a long story short, we do see that
19 there is a range -- basically, we are just seeing
20 this heating up on the (inaudible) sample from
21 individuals on the right to be subject and the
22 white as you see the different (inaudible) of

1 bacteria presented. And, again, to make a long
2 story short, you see the C. difficile subjects
3 have a group of bacteria up in the top left
4 largely absent from healthy donors and then
5 largely gone after a successful response to FMD
6 and also, that healthy donors have a groups of
7 bacteria that are relatively abundant and largely
8 missing from C. difficile active infection
9 subjects, which you see (inaudible) this chart and
10 then get (inaudible) after successful clinical
11 response.

12 Basically, we've made sure that the
13 species that we select for VE303 are represented.
14 There is I think plenty of evidence in the field
15 some of it actually by Vince Young showing that
16 using certain antibiotics that are associated with
17 C. difficile infection can result in very
18 extensive elimination of (inaudible) which are two
19 groups of abundant bacteria within the (inaudible)
20 which we had found to be associated with
21 (inaudible) clinical responses. Our hypothesis is
22 that by reintroducing those groups we can restart

1 colonization resistance and then render the
2 (inaudible) infection. Some of the basic
3 (inaudible) that we do with the strains starting
4 with safety layout here, we conducted tests as to
5 determine the extent of which antibiotic
6 resistance and (inaudible) is transferable from a
7 product strength surrounding microbiota and that
8 included (inaudible) presence of antibiotic
9 resistance genes, (inaudible)

10 Starting on the right of this slide this
11 is work that we've done with one of our
12 co-founders, Dr. Kenya Hundra now at the
13 University of Kenya where decide groups of
14 organisms that are put in ducers of regulatory T
15 cells and we're exploring this biology in the
16 context of IBD in partnership with J and J and
17 also food allergies. And all the way to the left
18 of this slide, you can see counter examples where
19 we found bacteria also from healthy individuals
20 that have opposite properties. They have the
21 ability to introduce TH1, TH17 or cytotoxic CD8
22 T-cell responses.

1 In the continuum of approaches that are
2 being pursued in the field, and that slide is not
3 meant to be comprehensive, my view is there is a
4 fundamental tradeoff between ecosystem effects and
5 specificity. What I think ecosystem approach is
6 like, for example, fecal transplantation bring to
7 the table, that's really unique is the ability to
8 do something that would be very difficult to do
9 without drug modalities which is change the
10 composition of the gut microbiota in a somewhat
11 controlled environment, I'll say "controlled".

12 And, of course, the other end of the
13 spectrum if you go full reductionistic, you can
14 gain in specificity, specificities you don't have
15 with a fecal approach. But in our hands, we've
16 seen that come at a cost of losing the
17 polypharmaceutic effects of microbial communities
18 and also the ability to robustly change the
19 composition of the microbiota. And what we asked
20 is, can we find some intermediate stage where we
21 can still retain the ability of a community of
22 bacteria to change the composition of the drug to

1 do it in a controllable manner than with more
2 specificity.

3 And here's an example of some work we've
4 done, for example, looking at bacteria that gives
5 microbiota responses. In short, finding that you
6 can identify a number of bacteria in the human
7 flora of subjects across the world that have the
8 ability to use regulatory T-cells. It's only
9 certain assemblies in consortia that can really
10 saturate the phenotype in animal models.

11 So, I think this brings me to a question
12 that I think this is a good forum to bring up
13 which is how do we think about the contribution of
14 different components of a drug to the final
15 activity. And a lot of the work that we've done
16 in the field has called my opinion on that and
17 I'll emphasize it is opinion. We've done often
18 top down work where we start with the full fecal
19 community. We see that that community has the
20 ability to change the phenotype, for example, T
21 reduction or T17 reduction. And then we'll scale
22 back and find when do we lose that activity. And

1 usually, like you see for example in the middle
2 pile, you can identify fractions that are equally
3 active or sometimes they're more active than a
4 full fecal transplant at saturating a given
5 phenotype.

6 And then there's a tricky bridge to
7 cross when you try to really bring down that
8 activity to the absolute minimum number of
9 bacteria. But we often count in our hands that
10 we've seen that when we've looked at different
11 phenotypes including T1 induction, T17 induction
12 and CD8 induction is that as we were really low in
13 membership where adverse species in a composition
14 will see often the effects wash away.

15 And so, we think that that suggests that
16 there's an important role for ecological
17 redundancy within a consortium unit, to help give
18 a product or a specific composition the best
19 chance of success. And the reason I thought I'd
20 bring this up is, you know, in other contexts,
21 we've had the discussion of, is this a combination
22 product. Can you draw a parallel with say a

1 multicomponent vaccine and I see a fundamental
2 difference in that. If you take the example, for
3 example, of a multicomponent vaccine, every
4 immunogen is there for reason. You know, they
5 start certain pathogens so it's justification is
6 straightforward.

7 But when you try to change an ecological
8 community, the issue of redundancy or the aspect
9 of redundancy comes in. And also, the specific
10 contribution of a strain is actually going to
11 change from patient to patient depending the next
12 time you make microbiome. She's not really an
13 inherent property of the component of the product.

14 This is in a snapshot, the process that
15 we follow to debate to try to identify new
16 compositions of bacteria that we define as
17 consortia. Basically, we tried triangulate
18 between human and in vitro data. So, right
19 clinical packages that give us confidence that
20 we're not just chasing a correlation but there's
21 actually some evidence of causation. But at the
22 same time, we're not over relying on animal models

1 and chasing a causation pattern that has no
2 relevance to humans. We interrogate human data
3 sets from studies that we sponsor or collaborate
4 with with clinical academics across the world. We
5 try to identify if often in the context of using
6 fecal transplantation a range of conditions,
7 there's a pattern or any pattern of engraftment of
8 strains from a healthy donor and they correlate
9 with a clinical response. And I'll emphasize
10 correlate because that data by itself doesn't tell
11 us anything about whether those given bacteria
12 maybe actually are causing a phenotype.

13 If that's the case then we'll often go
14 and find animal models and do systematic
15 experiments to remove and reintroduce a full
16 microbiota and see if a phenotype is aggregated
17 and then reconstituted. And if we then have
18 confidence that that's the case and that therefore
19 we're not just causing changing association, then
20 we'll ask okay, which are the bacteria that have
21 the properties that we may be interested in.

22 For that stem number three, we've

1 created a very large library of bacteria from
2 humans across the world, somewhere between 60 and
3 80,000 isolates now. Secret is the genomes of a
4 few thousand of them and also generated
5 (inaudible) to understand and characterize their
6 properties and I'll share a little bit more later
7 how we do that. That gives us hits or in other
8 words, bacteria that have a specific property that
9 may be useful. And then we still have to figure
10 out how to assemble them in consortia that are
11 more potent than the individual strain. And for
12 that, we use a combination of bioformatic
13 algorithms that we've been publishing with
14 collaborators at UMass and also go back to the
15 human data and ask ourselves, from all the
16 potential combinations, which ones are actually
17 occurring as co-networks and premiums that have a
18 clinical response.

19 We then have in house our own
20 manufacturing facilities through the GMP
21 production of bacterial consortia. As our product
22 from (inaudible) has noted before, these are

1 complex products. They have multiple ingredients,
2 they're anaerobes. They're difficult to grow,
3 they may need some (inaudible). So, we found it
4 best to basically do all this trial and error work
5 in house and there's a lot of it. And then we
6 moved one of those consortia into human testing
7 now and we're just about to announce the results
8 in the next (inaudible). These are some of the
9 actual activities from culture collection, strain
10 screening, drug (inaudible) production and drug
11 product production. So, starting up on the left,
12 we do a lot of high (inaudible) colonies from
13 (inaudible) material which let's us go from fecal
14 material to actual cured strains from at which
15 point on never again have to go back to fecal
16 material as their source. On the upper right, you
17 can see some of the high (inaudible) screen that
18 we do the test multiple different types of
19 bacteria or combinations of bacteria against
20 activity assays or other forms of characterization
21 to understand what the bacteria do. On the lower
22 left, you can see some of the operations in the

1 drug production (inaudible) where we do the
2 permeatation, separation, (inaudible).

3 And then on the right, you can see some
4 of the activities which we have in a separate
5 facility of the actual drug product manufacturer
6 which involves solid handling. And as John
7 mentioned before, there are some challenges
8 associated with that so we have it in a different
9 facility. And that's where we produce the actual
10 final product that's going to be bottled and sent
11 to the clinical sites.

12 We have a range of different projects
13 from infectious diseases in wound diseases
14 including C diff, IBD, food allergy and trans
15 immunotherapy at different stages. I'll use the
16 first as an example to walk you as a case study
17 through the steps that we've used in our
18 population, the target for file VE303. She's a
19 defined consortium that we're developing for C
20 diff. This is an LDP that is administered as an
21 enteric capsule. It has eight pure clone strains
22 of bacteria as its components. The dosing

1 regiment is repeated oral once daily following
2 center of care antibiotic. And the number of days
3 we'll treat for is one of the outcomes of a case
4 study that we're running now.

5 In terms of PK, we believe there's going
6 to be better restricted not absorbed and also, we
7 expect abundant administering colonization lasting
8 for a window of time longer than the time it takes
9 for most recurrences in C diff to occur. We think
10 that one of the key differentiators from an
11 antibiotics approach is that the antibiotic
12 approaches would be open ideal target profile the
13 ability to reconstitute colonization resistance
14 after an antibiotic. But also, potentially to
15 start helping address the transfer of antibiotic
16 resistance.

17 We started this work and studied the
18 framework I laid out before had an ongoing
19 collaboration with the University of Leiden where
20 we followed a group of subjects that are being
21 treated with FMT for recurrent c difficile at any
22 number of occurrences. And look at pre and post

1 samples to understand if there are patterns of
2 (inaudible) with clinical response.

3 And to make a long story short, we do
4 see that there's a range, basically what you're
5 see on this heat map is on the X axis samples from
6 individual either healthy models on the right
7 (inaudible) and the Y axis you see a different
8 general bacterium presented. And again, to make a
9 long story short, you see the C diff subjects have
10 a group of bacteria up in the top left that are
11 largely absent from healthy donors and then
12 largely gone after a successful clinical response
13 to FMT. And also, the healthy donors have groups
14 of bacteria that are relatively abundant and
15 largely missing from C diff active infected
16 subjects which you see on the bottom of this chart
17 but then get reingrafted after a successful
18 clinical response.

19 Basically, we've made sure that the
20 species that we select with VE303, are
21 representatives of these (inaudible) associated
22 with clinical response. There's, I think, plenty

1 of evidence in the field, some of it actually
2 generated by Vince Young showing that use of
3 certain antibiotics that are associated with C
4 diff infection and result in very extensive
5 elimination of post reading clusters 14 and 14a
6 which are two groups of abundant material within
7 the firm (inaudible) which we have found to be
8 associated with better clinical responses. Our
9 hypothesis that by reintroducing those groups we
10 can restart colonization resistance and then
11 render the host less susceptible to the infection.

12 Some of the basic characterization that
13 we do with the strains (inaudible) we've laid out
14 here. We've conducted tests to determine the
15 extent which antibiotic resistance and viral is
16 transferrable from a product strain surrounding
17 microbiota and that included cecical presence of
18 antibiotic resistant genes, virulence factors and
19 phages near (inaudible). And we mapped out their
20 location with respect to predict that (inaudible)
21 and basically found that there were none of the
22 strains. ARG's or phages, (inaudible) ARG's near

1 (inaudible) or ARG phages associations. And also,
2 we've tested the clinical sensitivities of each of
3 the bacterial strains to antibiotics and found
4 that each of the strain products, each of the
5 strain substances are susceptible to multiple
6 clinically relevant antibiotics.

7 I think a relevant point here is this is
8 one of the advantages of working with a fine
9 material. You can design and control and make
10 sure that your product actually doesn't harbor
11 patterns of resistance or villains that could be
12 problematic but there's also a limit to that. In
13 this case, we've been able to find multiple
14 clinical relevant antibiotics that can knock out
15 the whole consortium at once. But just to make an
16 obvious point, the larger the consortium and the
17 more diverse genetically, the more difficult it's
18 going to be to find a group of clinically relevant
19 antibiotics that work for all the consortia at the
20 same time as opposed to individual strains
21 individually. So, that's maybe like a little
22 detailed but I think it's important from a

1 regulatory standpoint.

2 We've done a range of models both in
3 vitro and (inaudible) to characterize the potency
4 of each of the individual strains, can they
5 directly kill C difficile or not. And also tried
6 them in animal models, actually the model that's
7 been developed is the one I'm showing here is
8 showing that we can match the activity of the
9 fecal transplant in animals by using the
10 consortium.

11 And now to wrap it up, we're in the
12 process of wrapping up phase 1a. We study where
13 we've studied healthy volunteers that were treated
14 with Vancomycin in a course that tends to emulate
15 the typical course of C diff subjects. And looked
16 at safe TPK and PD in normal healthy volunteers.
17 And here we lay out the objectives of the studies.
18 We're looking for safety, tolerability and what we
19 would like to see is that this consortium of
20 organisms can rapidly and durably colonize the
21 intestine. We'd like to see them stay behind
22 after you've given the last dose. We want to see

1 abundant colonization we also want to see robust
2 colonization. And by that, we mean that all eight
3 bacteria colonize all the people, not some
4 bacteria colonize some people and not others.

5 And this is my last slide. Just to make
6 a point of some of the techniques that we've
7 developed to be able to measure pharmacokinetics.
8 In the clinical studies, we have the benefit in
9 contrast with the fecal transplantation approach
10 of actually knowing exactly what strains we're
11 putting in. We have all mitogenome sequences for
12 each of them. So, we've been able to create a
13 panel of markers for each of the genomes. And
14 then when we look at stool, mitogenome sequences
15 from fecal samples from the actual study, you can
16 look for both the depth as well as the proportion
17 of markers that we detect and basically feed that
18 to statistical distribution. To have confidence
19 that what we are detecting is exactly the strain
20 that we gave, not a close relative that happened
21 to be in the person before we dosed them or
22 acquired by the person after we dosed them.

1 We think that some of these tools are
2 going to be a basic starting point to start
3 understanding PK in the field. And to be clear,
4 when I use the word PK, I'm not talking about
5 administration distribution, I'm talking about
6 organization. How quickly, abundantly and durably
7 are the microbes trying to find this. It has to
8 start with having a reliable technique to measure
9 the microbes you gave not something that was
10 already there to begin with. So, I'll wrap it up
11 here. Thanks a lot.

12 PANEL MEMBER: Okay, so we're on time.
13 We're going to roll along. We're going to hold
14 questions until the end. The next speaker is
15 Elaine Petrof who is an Associate Professor and
16 Clinician Scientist ID physician at Queens
17 University in Canada. And Elaine is going to talk
18 to us about the development of a defined consortia
19 for recurrent C difficile.

20 DR. PETROF: I'd like to thank the
21 organizers for inviting me here to speak today.
22 And I'm going to talk to you about the development

1 of defined consortia treatment of recurrent C
2 Diff. And I'm just going to start with the slide.
3 So, thanks to Vince I can skip a lot of my early
4 slides and zoom along to the end. But I just
5 wanted to throw this up here. I often use this
6 slide when I give these talks and every time I use
7 this slide, I have to go in and update it and add
8 another disease on here. So, pretty soon I'm
9 going to run out of room at this rate.

10 But having said that, even though
11 there's been an explosion in this field, I think
12 everybody would agree that really the strongest
13 clinical evidence is probably for recurrent C diff
14 when it comes to microbiome. And what we see with
15 this is basically ecosystem collapse. And on this
16 slide, actually is one of Vince's earlier studies
17 back in 2008 actually I believe it's been ten
18 years. But basically, he was one of the -- his
19 group showed that recurrent C diff patients have
20 lower microbial diversity and, in fact, he showed
21 the graph from this study compared to controls but
22 also compared to Rick Spine Hummers who developed

1 C diff and then recover.

2 And so, this really illustrated how this
3 subpopulation of patients that get C diff is
4 different. And these are the patients that do not
5 respond as well to Vancomycin. And there's
6 several studies now that have corroborated what
7 was shown in the New England Journal paper when
8 they showed that about 30 percent of the patients
9 respond to Vanco and the other two-thirds or 70
10 percent don't. And that's been since corroborated
11 with (inaudible) subsequent studies.

12 And so, what do we do with these
13 patients. This is sort of how the whole
14 transplant programs took off, at least at our
15 hospital. And really what we're trying to do here
16 is ecosystem repair. So, I won't go through this
17 in a lot of detail, it's already been covered by
18 several (inaudible).

19 So basically, we're trying to take a
20 healthy ecosystem and put it in to replace or
21 replenish what is essentially a sick ecosystem.
22 And so, by healthy, we mean diversity of species

1 that provide functional redundancy amongst the
2 organisms. So, there's some overlap and some
3 function (inaudible) organisms and it provides
4 resistance to disease. As opposed to a sick
5 ecosystem where we're dealing with low species
6 diversity and an imbalance or dysbiosis is the
7 other term that sometimes we hear which leads to
8 an impaired function and a susceptibility to
9 disease. And this is made worse by giving
10 patients Vancomycin because yes, it does clear out
11 the C diff that's in there but unfortunately it
12 also kind of parches the forest, so to speak, and
13 it kills the innocent bystanders which are kind of
14 exacerbating the problem when we can't recover
15 those organisms. And so, what we're left with is
16 a ravaged ecosystem that really can't get back up
17 on its feet.

18 So, what are some of the options. We've
19 kind of gone through all of these today so I will
20 probably go through some of these more quickly.
21 But I wanted to sort of briefly touch on all
22 three. There are options for ecosystem repair

1 being probiotics, FMT or defined consortia which
2 is the approach that we're taking. And so, the
3 probiotics, at least for the case of recurrent C
4 diff treatment, I know we've talked a lot about C
5 diff (inaudible) antibiotics. But as far as it
6 goes for treatment, really there is no evidence
7 that this is going to work.

8 And if you think about it, it kind of
9 isn't that surprising. Because a single organism
10 or a few species of lactobacillus indifido are
11 really not enough to improve (inaudible). And, in
12 fact, if you put into a system that has very
13 little an overload of a particular organism, you
14 can also exacerbate the dysbiosis and cause even
15 more of an imbalance. And this has been touched
16 on a little bit with previous speakers. And also,
17 I did want to point this out I didn't hear anyone
18 mention this. But this Annals of Internal
19 Medicine paper, I don't know if anyone saw this.
20 But it was a paper that looked at prebiotics,
21 probiotics, symbiotics and adverse event
22 reporting. And, in fact, they are grossly

1 underreported when you look at all these clinical
2 trials. And so, this situation of dysbiosis and
3 imbalance and the adverse events that you get with
4 probiotics I think probably is happening a lot
5 more than we realize.

6 And then finally, I was hesitating to
7 put this trial in but I think I'm going to throw
8 it in, the elephant in the room. So, there was
9 this paper that came out which we've all alluded
10 to that came out in Cell. And basically, what
11 they showed was that the impact of the microbiome
12 by probiotics is probably not really what we think
13 it is and there may be interference as opposed to
14 enhancement of recovery of the microbiome.

15 And so, I'm just going to very quickly
16 show you a few figures from this paper. And I
17 would strongly recommend that some of you pull it
18 because it is actually a beautiful study. I'm
19 just going to show you the human data. Actually,
20 they did this in mice, they did it in two separate
21 spans of mice and they showed basically the same
22 thing. That you can see from the design here that

1 they split them into three groups and these are
2 healthy volunteers and they took them at baseline.

3 So, the gray baseline that's the
4 microbiome (inaudible) antibiotics. They give
5 them antibiotics and then they either got fecal
6 transplant, probiotics or nothing. So, the
7 nothing group is the spontaneous recovery. Now if
8 you think about it, that's kind of what we always
9 do with patients that come in with a UTI. You
10 give them antibiotics you send them on their way.
11 That's generally how we've done it in the past.

12 So, they then looked in the follow up
13 period out here past three weeks and actually they
14 followed them out to like five months. And what
15 they found is that the probiotics group actually
16 had fewer species than the spontaneous recovery
17 group which is kind of interesting. And the same
18 was true for the bacterial load and then fecal
19 transplant is in brown, you can see here.

20 And then if they looked at the
21 communities, so this is kind of a busy slide. But
22 if you just focus on the UniFrac distance on way

1 to baseline. So, what that means is the further
2 away from baseline is basically shows a disruption
3 of the community. And so, if you look at there
4 you can see that the probiotic group is further
5 away from the baseline of the naïve gut microbiota
6 of these patients then either fecal transplant or
7 spontaneous recovery. Another way to look at that
8 is in the PCA plots. You can see that the
9 probiotics and the antibiotics groups cluster
10 together. And over here, you have the spontaneous
11 groups with the fecal transplant and the gray is
12 the naïve so they cluster together.

13 So, what this indicates and then oh
14 yeah, this is another really cool thing that they
15 did. So, they had all these -- this is the
16 probiotic species that they used in the study and
17 they took them out of the analysis and this is the
18 supplemental figure and basically, they saw the
19 same thing. I suspect a reviewer probably asked
20 them to remove those just to see if it was an
21 artifact and see if the data still held true when
22 they took them out and actually they saw

1 something.

2 And so, what this indicates is that the
3 volunteers that got the probiotics did not recover
4 their microbiota to the same degree as the
5 patients that got nothing or the ones that got
6 fecal transplant. Indicating that maybe we're
7 doing harm without even realizing. And again,
8 Mary Ellen is going to get mad at me for saying
9 that but I think it's worth discussing. It just
10 is a good illustration of how we think that we
11 understand what's going on but maybe we don't
12 actually fully understand and recognize what we're
13 doing to the microbiota.

14 And so, what I came out of this or
15 concluded is that microbes work better in teams.
16 So, if you have a few probiotic species that are
17 acting alone, they may not be as affective as an
18 ecosystem which is what FMT is like. It's more
19 like an ecosystem and so there we've got synergy
20 and they all work together as a team. And so,
21 really FMT is sort of the ultimate probiotic
22 ecosystem. I won't go through this. We all know

1 that it's affective. This is just one of the
2 studies that we did with Christine Lee back a
3 couple of years ago.

4 I think FMT is great. We've been doing
5 them since 2009 at our hospital but they do come
6 with their own set of challenges. And some of
7 these may be Canada specific but I'm going to
8 mention them anyway. So, the first one which has
9 always made me nervous as an IV doc is the risk of
10 transmitting something. I know this has not
11 happened yet, knock on wood, thank goodness, and
12 I'm not saying on this slide that Zika is being
13 transmitted by stool. I'm not saying that someone
14 has gotten it from a stool transplant. The reason
15 I put this up here is a patient actually asked me
16 this question and I didn't actually know what to
17 tell her because she came to me with this. Which
18 is this Zika don't give blood, you might have Zika
19 and then she asked about stool. Can I get Zika
20 from stool, she was pregnant. And I wasn't
21 comfortable with her getting a stool transplant
22 once she pointed this out to me.

1 You know and next week it will be some
2 other virus. Like it just seems like there's
3 always something that pops up. And so, even
4 though nothing has happened, I can't actually
5 advise my patients that nothing ever will. This
6 is sort of like with HIV situation with blood back
7 when HIV was new. So, that is a risk that still
8 makes me a little uncomfortable.

9 The other thing is that our public
10 health labs have become increasingly resistant to
11 do the screening test which has not been very
12 helpful. And part of this, I know, is probably
13 because the screening compared to ten years ago
14 has actually become a lot more comprehensive. So,
15 if you look at the recommendations from the AGA,
16 for example, you know, several years ago compared
17 to what has come out more recently with the ISA,
18 there's a difference there in terms of what
19 they're now recommending that we screen for. And
20 our labs say that these tests are not validated to
21 be run on healthy foreign stool. That's the
22 excuse that they give us and they kick them back.

1 But it puts us in an awkward situation because
2 then we don't know what to do with this donor and
3 we have to call them back.

4 And then that leads me to my next point
5 that donors, like maintaining a stable donor
6 supply has been a major challenge and, in fact, at
7 our hospital we don't have any donors right now.
8 I'm having to send people elsewhere because we
9 can't get enough donors. And this came out, this
10 is a joke. It's a program in Canada called this
11 hour has 22 minutes. But it's actually kind of
12 true. We almost have to do stool donor drives the
13 same way that we do blood drives to try to get
14 people to come out and donate. And then quality
15 control, that's a whole other interesting, like I
16 don't have any answers for this. And this was
17 really driven home when we did this study.

18 So, we looked at a stool transplant
19 donor that we had who has been very good at
20 donating. And all of his stool that he's donated
21 have cured the patients that we've treated with
22 his stool. But we sampled his stool a little over

1 a year apart. I think it was 12 months or maybe
2 it was even 18 months apart and the composition
3 you can see even though you don't necessarily see
4 all the different species and strains and
5 everything listed on the side there. You can tell
6 just by looking that this is not the same mixture.
7 But having said that, it was effective in both of
8 those. And so, coming up with a generic stool is
9 not going to be an obvious solution.

10 So, we came up with this microbial
11 ecosystem therapeutic psuche which is basically a
12 cleaned up stool transplant. And so, we're hoping
13 that it will be more reproducively like more like
14 an FMT but just more reproducible and better
15 characterized and we're emphasizing diversity,
16 ecological resilience which I'll talk a little bit
17 about in a sec and safety.

18 And so, we're looking at human gut
19 thrive commensal so a little different from
20 probiotics. And this is not really rocket
21 science. Actually, I just pulled this up off the
22 British Columbia website. This is some forest

1 ecology thing. The same principles would apply
2 for a jungle in Costa Rica and essentially, we've
3 just adapted these same ecological principles to
4 the work on the ecosystems new gut.

5 And so, this is our approach. We take
6 fresh fecal samples. We do a detailed anaerobic
7 culture and then remove pathogens. We
8 characterize old bacteria in there and then we
9 take what we have after we've done all of that,
10 put it back into the bioreactor and test it. And
11 if the community holds together then we would
12 administer that to a patient. And the goal is to
13 come up basically with a cleaned up stool
14 transplant is what we're trying to do here.

15 And so, what's unique about this is that
16 it's one ecosystem, one donor. So, we don't mix
17 and match strains from different people and mush
18 them up all together and put them in together.
19 These have all co-evolved in the same person so we
20 keep that ecological principle intact. And we
21 take out what we think would be undesirable to
22 have in there such as viruses and if all of that

1 comes out, the bacteria that we have are
2 identified. We check them for antibiotic
3 resistance, those also come out. And then once we
4 have what's left, that's what we then test and put
5 it into a bioreactor and see if it holds together.
6 And this is just an example of one of these
7 bioreactors. You may have heard the term robo
8 gut, that's also been used to describe this.

9 So basically, it's an in vitro system
10 that simulates the environment of the distal human
11 gut with an artificial pole and that's another way
12 to look at it. And so, you have food that goes in
13 and then waste that comes out. There's a stirrer
14 here to make a peristalsis. You can adjust the
15 rate that it flows through the same way you can
16 sort of mimic the GI transit time and it's all
17 controlled temperature, anaerobic conditions and
18 PH. And this is sort of what it looks like as our
19 photograph and if we pull away all the wiring, you
20 can see in the back those large volume vessels
21 back there.

22 So, we inoculate identically at the same

1 time. And then one serves as a test vessel and
2 the other serves as a control. And we can run
3 these for weeks at a time. And the other
4 advantage that this one has over the smaller
5 bioreactors is we can control PH and some of these
6 other parameters that are a little more tricky to
7 control with the small volume ones.

8 And so, this is just an example of
9 optimization, something that we would do with
10 this. So, this is actually a fail. So, this is
11 showing you that we, as we all know, learn more
12 from our failures than from our successes. And
13 so, here I'll just run you through this briefly.
14 So, here we have fecal transplant material. So,
15 donor stool that gets inoculated into the
16 bioreactor and we run that out and then we can hit
17 it with drugs or we can change nutrients. We can
18 manipulate the conditions here. You can see that
19 we've administered Clindamycin. And so, as long
20 as this percent similarity index is above 90
21 percent, we consider that the ecosystem is holding
22 together pretty well.

1 If, on the other hand, there we have the
2 mixture after we've taken things out. And so,
3 then we inoculate that into the bioreactor and in
4 the case of this particular ecosystem, you can see
5 that it collapses. So, after we give Clinda, it
6 does not recover. So, this would be an example of
7 how we can fine tune these ecosystems and test
8 them for resilience and robustness and we can use
9 different drugs to do this as well as different
10 nutrients.

11 And then the other thing that we can do
12 is compare in vitro and in vivo. So, we did this
13 study as well where we took our mixture and then
14 on day zero, we inoculated it into a king staph or
15 bioreactor and we also inoculated into a patient.
16 And you can see here, day 14 sample from the
17 patient and day 12, they don't look exactly the
18 same but they're starting to look similar to each
19 other. So, we think that this bioreactor
20 represents a good surrogate for in vitro in vivo
21 work. These are some of the animal studies we've
22 done. I'm not going to go through those but those

1 are just the references. So, we've done C diff,
2 salmonella and DSS colitis.

3 So, this is the study that we did with
4 the humans and you can see here lactobacillus
5 indifido are in here but they're not the main
6 ones, they're part of the team. And then this is
7 just data showing that the at six months period of
8 time right here and here for these two patients.
9 We have a composite mixture of the bacterial
10 composition of the pretreatment, native microbiota
11 from the patient and the repopulate mixture of
12 the micro ecosystem therapeutic that we put in
13 showing that these do colonize.

14 So, next steps we have a new ecosystem,
15 new donor. We've actually expanded to more
16 species and this thing is a monster. It's got a
17 lot of different very interesting bacteria in it
18 and it's a clinical pilot study that's currently
19 under way. So, just as a summary, what we're
20 doing with this stuff that we think makes it a
21 little bit unique is the ecological principles
22 that we're using to develop these mixtures. Known

1 composition, diversity, patient safety and this
2 came up earlier. Outcomes can be tracked and now
3 we can link them back to a specific bacterial
4 composition because we know exactly what's in
5 there unlike what we were talking about with stool
6 and having the stool registry. My
7 acknowledgments. Both Canada, U.S., I just wanted
8 to acknowledge all my collaborators.

9 PANEL MEMBER: Thanks Elaine, I
10 appreciate it. Okay so moving from defined
11 consortia to finding a needle in a haystack, our
12 next speaker is Neil Surana. A freshly minted
13 Assistant Professor of Pediatrics in Molecular
14 Genetics and Microbiology at Duke University. He
15 braved the hurricane to come to us and we were on
16 call to give it a webinar presentation but we're
17 really happy to have Neil, thanks.

18 MR. SURANA: Thanks very much, Ryan, for
19 the invitation to come as well and to get me out
20 of the rather wet Chapel Hill right now. So,
21 there's one thing I want to talk about, how do we
22 move forward in the field. And, I think, as has

1 been mentioned by many so far --

2 MR. BATES: There's an issue in the
3 field of moving from associations and correlations
4 to causation. This is a study that Dirk Evers and
5 Randy Xavier a number of years ago where they
6 looked at pediatric patients with new onset
7 Crohn's Disease and identified a large number of
8 different genera in some bacterial families that
9 were either more or less abundant in patients
10 versus (inaudible). The question with these and
11 it's always where do you go from here? And you
12 see all these associations, but how do you either
13 define a consortia or how do you define organisms
14 that actually matter? So, this question on how do
15 you go to causation is challenging.

16 If you think about this in a different
17 way, you can picture the microbiome as a haystack
18 where each individual piece of hay is a different
19 micro that's there and I think all of the work
20 that's, you know, been described so far today has
21 highlighted the fact there's something there and
22 the post trial for this is really FMT particularly

1 for prostate and difficile infections. We know
2 there is a needle in there and there may be
3 multiple needles, but how do you actually find
4 that needle and is there a better way than FMT to
5 go without it.

6 And so, what many in the field have been
7 doing are these microbiome wide association
8 studies to basically subset the haystack and you
9 go from a large haystack down to a smaller
10 haystack and we know that there is a needle in
11 there too, and again, there may be multiple
12 needles. I should say I wanted to update this
13 picture of -- as Ryan mentioned, I just moved from
14 Boston to North Carolina and I want to update this
15 with pictures of my own haystacks, but the weather
16 the last few days didn't really allow for that.

17 So, instead of going to these smaller
18 haystacks essentially, can we just find the needle
19 itself? And along with this, though, sort of
20 presupposes the idea that a needle is better than
21 the haystack. Just to think about this, you know,
22 if you think about FMT at least for (inaudible)

1 and difficile, is being tested for a large number
2 of other indications that has biological activity
3 as many have talked about there's questions about
4 whether it's reproducible or not and I think a lot
5 of the conversations in the Q&A sessions have
6 highlighted some questions where in the regulatory
7 aspects of it, batch-to-batch variation if you
8 will. When you think about bacterial cocktails,
9 many of these issues are resolved and also from a
10 company standpoint also improves patent position,
11 but when you think about single isolates, you get
12 all of that and potentially more and I don't mean
13 these checkmarks to be completely black or white
14 as they appear here, but sort of at least one
15 man's opinion as to which one offers a little bit
16 more benefit or not.

17 And one of them being that with a single
18 isolate it may be a little bit easier to define a
19 mechanism underlying how this organism impacts
20 disease overall. And if one can identify
21 mechanism, then that allows you, as people brought
22 up into concession, to perhaps do precision

1 medicine with microbiome oriented therapeutics.
2 So, if you know the organism of interest that acts
3 through a certain mechanism, you can identify
4 patients that have a defect in that pathway and
5 then target that patient population specifically.
6 If there is only organism being given, it in
7 theory at least has lower potential for side
8 effects than giving 8 or 10 or 20 different
9 organisms at a time. And, also, I think it allows
10 the possibility of defining specific molecules
11 from that bacterium that can then be used in sort
12 of a classic drug development process. And so, if
13 FMT is essentially the iPhone, if you will,
14 ultimately it will get to the iPhone 10X or 10S
15 which is the actual molecules themselves.

16 But how do you choose these strains
17 really is I think the issue that has come up sort
18 of repeatedly over the sessions so far today in a
19 work in Dennis Castro's published a year ago, they
20 approach this question from a fairly reductionist
21 point of view. So, they each gave a
22 biogenetically diverse set of organs and it's 53

1 highlighted by the stars around this plotogram and
2 then generated mice that were mono colonized for
3 each of these and then really did an absurd number
4 of immune phenotypes for each of these mono
5 colonized mice, performed correlations among all
6 of these different immune phenotypes, and created
7 a dendrogram based off of those correlations.

8 But what you get in the end, though, is
9 you look at this -- these are color coded now by
10 fileum in the squares and by genera in the circles
11 and even if I don't tell you what these genera
12 because there are too many to really make it a
13 meaningful key, but what becomes apparent is that
14 the taxonomy doesn't really correlate with the
15 immune team either at the biome level or the genus
16 level and for many of these species, multiple
17 isolates of the same species were used in these
18 experiments and they gave different results.

19 And so, I think this highlights that not
20 only -- one can't just infer because lactobacillus
21 is a commonly used probiotic that will have the
22 same activity as a different lactobacillus species

1 and if you say *Lactobacillus reuteri*, a different
2 strain of the same species, we have very different
3 functionalities as well.

4 So, then it gets back to this question,
5 how do you choose? How do you find that needle
6 overall? And I think what we realize is that all
7 of these microbiome wide association studies share
8 a lot in common with genome wide association
9 studies. They have a lot of the same strengths
10 and some of the same weaknesses, but GWA studies
11 are really an outgrowth or an adjunct to what
12 geneticists have been doing for decades, which are
13 family pedigree analyses and there geneticists
14 will identify a patient that they think has a
15 hereditary disease, look through the family
16 pedigree, identify other family members that has
17 the same disease, look through their G nodes, and
18 identify regions that are shared in those disease,
19 absent in those without, and if you use over
20 enough family pedigrees, you can really hone on at
21 the gene level.

22 So, we reason can we do something

1 analogous to this for the microbiome. So, you
2 know, as proof of concept, we used mice, which as
3 Vince pointed out, it makes it a little easier.
4 Now, the colors represent different microbiomes
5 and we can take mice with different microbiota
6 does, put them in the same page, take advantage of
7 the fact they are (inaudible), they eat each
8 other's poop, and now we generate mice, they
9 hybrid microbiota that is reflective of its parent
10 microbiota. It's much like a child has a G node
11 reflective of both of its.

12 So, with this, if the microbule effect
13 on disease is dominant, we should be able to
14 triangulate microbes that are associated with the
15 phenotype (inaudible). So, as proof of concept,
16 we had multiple genetically identical, or at least
17 related, strains of mice with different
18 microbiotas in red, germ free mice, in blue, a
19 strain of mice that they (inaudible) microbiota
20 that we've been breeding inside of (inaudible)
21 isolators for about a decade, ones with a human
22 microbiota, again, bred in isolators for about a

1 decade, and then just wild type of mice, which was
2 bought from the vendor. And which you can see
3 these are experiment done with DSS colitis and
4 showing basically just survival. You know, in two
5 cases, they all died and in a couple of cases they
6 virtually all lived.

7 So, we can take this very stark
8 phenotypic difference and now do microbiome wide
9 association studies. And if we focus just on
10 these parental strains of comparing either the
11 wild type mice that we buy from vendors versus the
12 mouse microbiota or the one for the human
13 microbiota versus mouse microbiota, there's still
14 100 to 160 different taxa that are differentially
15 abundant between these groups, which, again,
16 leaves us with the question what do we next? How
17 do we choose which organism to focus on?

18 So, we used this idea of microbial
19 pedigrees. I'm not going to go through all the
20 data, but we found that if you cohoused these mice
21 just for a day, that in both sets you get
22 intermediate phenotypes. The mice that used to

1 die now live a little longer and the mice that
2 used to survive now die quite a bit more.

3 But, again, this only gets us down to
4 the 60 to 90 different taxa that are different to
5 the abundant. We applied an additional criteria
6 that geneticists would do with a given pedigree,
7 which is look for things that are shared among all
8 four comparisons. And, when we applied that
9 additional criteria, only one thing came out,
10 which is the bacterial family lachnospiraceae,
11 which was associated with survival from DSS
12 colitis. And, importantly, even though all of
13 this was done in mice, our results mimicked what
14 would have been shown in humans. Again, this just
15 keeps going back to that same study by Dirk Evers
16 and Art Xavier that found that lachnospiraceae
17 were decreased in patients with (inaudible). So,
18 our mouse data at least has some relevance to the
19 human cohorts as well.

20 We went through and much like using a
21 scenario similar to what (inaudible) described or
22 what Kenya Honda had done, several different

1 examples, we defined a bacterial cult community, a
2 bacterial cocktail, that enriched for
3 lachnospiraceae, gave it back to our colitis prone
4 mice, demonstrated that would protect mice from
5 the disease, but then we went ahead and tried to
6 pick single colonies and identified one species
7 that fell within the family of lachnospiraceae.
8 It happens to be a new bacterial species that
9 we're calling clostridium immunis. As a control,
10 we chose a different bacteria, clostridium
11 innocuum, gave both of them to our widest prone
12 mice. Those that got the control organism still
13 all died with the same kinetics. Those that got
14 the lachnospiraceae isolate are now protected from
15 disease.

16 I should note that this is done with a
17 single gavage of these organisms one week prior to
18 challenge with DSS though I'm not a company. I
19 have not done all of the dosing regimens that one
20 might be able to do to sort of see if we can
21 improve this from 60% survival to 100. But proof
22 of concept is that we can identify organisms using

1 this approach that down to a single species that
2 is protected from these (inaudible) in a causally
3 related manner.

4 And so, what we were able to do is use
5 this concept microbial pedigrees or micro unified
6 triangulation to bioemphamatically pinpointing
7 limited number of taxa that are associated with
8 our phenotype and by doing this, we increase the
9 specificity of our results at a cost of
10 sensitivity. So, we may not be identifying
11 everything, but the ones that we do identify
12 through this approach, are more specific to the
13 phenotype of interest. Using a directed microbial
14 culture techniques are able to isolate the
15 organism of interest and in back to our mice to
16 demonstrate causality.

17 And Vince earlier this morning had
18 mentioned Koch's postulates and we have now sort
19 of demonstrated Koch's postulates with a commensal
20 organism even though the even though the bulk head
21 intended needs to be where the identification of
22 pathogens specifically, I think that these really

1 need to be applied to a study of commensal
2 organisms as well to really add to the scientific
3 rigor within this field as well.

4 We've used this same approach to
5 identify other organisms that are able to induce
6 post expression of antimicrobial peptides, again,
7 in a causally related manner. So this is a
8 (inaudible) result of what we have been able to
9 this least two different phenotypes and now
10 applying to several others.

11 The big picture though, you know, even
12 though we did this with mice, the approach itself
13 can be applied to human cohorts as well so we can
14 look to our patients, identify pedigrees that
15 matter, to then identify taxa that are related in
16 a causal manner to the phenotype of interest, use
17 concept of microbial pathogenesis that has been
18 owned over the last century to identify the
19 bacterial factor from these organisms that mediate
20 the protection, and then go through a standard
21 drug development process to develop those
22 organisms.

1 I just want to end with the idea that I
2 think really we've just scratched the surface
3 overall of the roughly truly (inaudible) bacterial
4 species that live in the world or that 10,000
5 neglected human microbiome. There's a very small
6 (inaudible) about this number, but clearly less
7 100 or so different immuno modulatory bacterial
8 species in the consortia have been identified with
9 only a couple, you know, very limited number of
10 bacterial moducules have been identified today so
11 there's clearly work that needs to be done at all
12 of these levels as well as trying to understand
13 how to translate this (inaudible). With that, I
14 will stop.

15 SPEAKER: Okay. So, we're going to
16 transition to the next talk and actually hear
17 about one of those molecules. Greg Bates is a
18 Senior Vice President of Regulatory Affairs at
19 Axial Biotherapeutics, officially my favorite
20 biotech company name, Axial. And the title of his
21 talk is Bacteroides Fragilis used in a mouse model
22 of autism.

1 MR. BATES: And thank you for inviting
2 me. It's been a very interesting day today and
3 I'm looking forward to more discussions as we move
4 on. So, I'm going to follow what Neil said by
5 talking about maybe trying to identify that needle
6 in the haystack and I think we potentially may
7 have identified one of the needles, but I think
8 there's probably multiple haystacks, which with
9 different needles being important in different
10 diseases. But Axial Biotherapeutics, the company
11 that I work for, is a reasonably new company and
12 we're looking at the gut brain axis. So, we're
13 trying to determine the connection between
14 microbiome and neurologic disease. We're
15 specifically focusing on neurologic diseases have
16 a gut component to them.

17 So, that's what that slide says. We're
18 really trying to focus on that gut brain
19 connection to figure out how we can manipulate the
20 microbiome to help treat neurological disorders
21 that may have a causality.

22 The work that we're doing at Axial is

1 based on some of the groundbreaking work that was
2 published by Sarkis Mazmanian that helped
3 (inaudible). He has published quite a bit on the
4 connection between gut and the brain and the
5 connection between microbiome and neurologic
6 disease and understanding what those connections
7 are. He has published data in ASD, Autism
8 Spectrum Disorder. We also have a program on
9 Parkinson's Disease that's also (inaudible). We
10 have three programs that are expected to be
11 clinical (inaudible) today. We don't have
12 clinical so I'm going to be talking to you about
13 the treatment (inaudible). When we do get to the
14 clinic, our initial clinical focus would be try to
15 look at objective biomarkers as well as GI
16 function because autism (inaudible).

17 SPEAKER: Can you please speak into the
18 microphone.

19 MR. BATES: I'm sorry. Which is linked
20 in severity to the neurologic symptoms that you
21 see as well. So, our target, again, is to look
22 and its effect on the neurological disease and

1 we're trying to target therapies that are focused
2 at the gut rather than the traditional way of
3 treating neurologic disease by getting systemic
4 therapies for obvious reasons. Hopefully, improve
5 safety, decrease systemic exposure, getting around
6 (inaudible) with systemic therapies as well.

7 Our therapies are both live
8 biotherapeutic products as well as small molecules
9 that are based on some of the activities that the
10 microbial organisms that we're targeting may have
11 (inaudible).

12 Generally, our approach, and this is our
13 approach for Parkinson's not so much our approach
14 for autism which we are going to talk about in a
15 bit, is to transplant a diseased microbiome from a
16 person with neurologic disease into a germ free
17 mouse to see if we can create disease. So, for
18 instance, in Parkinson's Disease, if you take the
19 feces from a patient with Parkinson's and
20 transplant it into an (inaudible) expressing mouse
21 model, you can actually create the symptoms of
22 Parkinson's in a mouse so that allows us then to

1 have a handle that we grab on to to try to figure
2 out what is it in that microbiome (inaudible) to
3 cause these symptoms.

4 With autisms, I'll talk about the work
5 that Sarkis did and that we've continued
6 (inaudible) in the autism area. Well, let me
7 first talk a little bit about autism itself.
8 Though autism, as many may know, is increasing in
9 (inaudible) quite a bit. It's currently estimated
10 that it affects about 1 in 59 children. This has
11 increased substantially over the last 10 to 15
12 years. The CDC when they come out with their
13 reports every couple of years it goes up every
14 time. And this is more than just an increased
15 diagnosis. It seems to be increasing in the
16 population in general. Poor behavioral deficits
17 really Autism Spectrum Disorder is a spectrum so
18 it's a heterogenous disease that have these
19 cognitive deficits in children have certain things
20 in common and poor behaviors are impaired social
21 interaction, impaired communication, and they have
22 repetitive stereotype behaviors.

1 There's a number comorbidities that go
2 along with that, irritability, anxiety, and GI
3 symptoms as well. There's currently no currently
4 drugs for approved for treating the -- no drugs or
5 biologics approved for treating the core behaviors
6 of autism. There's only two approved drugs right
7 now. That's Risperidone and Aripipazole and
8 they're approved for treating the irritability
9 associated with ASD. ASD is a wide open field.
10 People have done studies using all sort of
11 interventions including FMT's, probiotics, you
12 name it, with varying degrees of success.

13 (inaudible) As a matter of fact, there have been
14 some FMT studies where B. Fragilis, which is the
15 organism that we're using, has been in the FMT's,
16 but very inconsistent results.

17 Again, going back to autism, autism is
18 also a disease that occurs much more prominently
19 in boys than in girls, about 4 to 4.5 times more
20 likely to be in a boy than in a girl. There's
21 certainly a reason to that. There's probably a
22 genetic component underlying autism. There's

1 environmental factors to kicking off the disease
2 and there may be in Parkinson's as well.

3 It can be diagnosed as early as age 2
4 and kids start showing symptoms very, very early
5 in life. Importantly, there is a subgroup of
6 subjects with autism who have abnormal GI
7 function. Some have diarrhea, some have
8 constipation, bloating, abdominal pain, it varies
9 from child-to-child, but there is definitely a GI
10 component to the disease.

11 So, when you look at kids that have ASD
12 and you try to look at information that correlates
13 the gut microbiome to ASD. First of all, you see
14 that, again, there are a number of kids with ASD
15 that do have GI components of their disease. If
16 you look at the microbiome of these kids versus a
17 neurotypical child, there are differences.
18 There's lots of publications on what the
19 differences might be and many of them are
20 different from one another so there is no
21 fingerprint microbiome of an ASD child. There has
22 a tendency to be less diversity in kids with ASD

1 particularly in the bacteroides and the (inaudible)
2 components, but there is no current fingerprint as
3 to what in microbiome is causing ASD.

4 There are many risk factors that occur
5 in kids with ASD. Mother's that have infections
6 when they're pregnant have a higher risk of having
7 ASD kids. Antibiotic use has been associated with
8 ASD. Birth by c-section. A lot of the things
9 that we hear associated with microbiome type
10 diseases. The kids that do have the GI symptoms
11 also show alterations in their intestinal
12 permeability. So, if you do a LAMA test on a kid
13 with intestinal permeability with intestinal
14 problems with autism, they frequently will have
15 impaired intestinal permeability.

16 So, we started trying to think, okay
17 well, how can these things be connected? What is
18 the connection between the gut and identify a
19 specific organism and create a specific microbial
20 fingerprint that's associated with ASD. What
21 could it from the gut be affecting the central
22 nervous system. So, people have looked at the

1 (inaudible) around ASD as well and there have been
2 a number of papers written about uremic toxins.
3 Urinary (inaudible) has been published on and was
4 found to be elevated. And there's also literature
5 out there on 4-Ethylphenal Sulfate or 4-EPS, which
6 is a close analog for (inaudible) that is also
7 increased as well. They are very closely related
8 molecules and we're measuring both (inaudible) and
9 4-Ethylphenal Sulfate.

10 So, we looked ourselves at a cohort of
11 ASD children who were part of the charged database
12 at UC Davis and looked specifically at the
13 metabolism of these kids and identified that in a
14 subset of about 33% about third of the kids had a
15 significantly increased level of 4-EPS circulating
16 (inaudible) microbiome sourced uremic toxin. So,
17 we've looked at a number of different cohorts now
18 and have been able to reproduce this and replicate
19 this in other cohorts of kids and it does provide
20 a potential stratification opportunity in doing
21 clinical trials to look at high 4-EPS children
22 versus low 4- EPS children. The issue in autism

1 is that there is a very limited amount of
2 cross-sectional data in the autism population
3 identifying how much one autistic child
4 (inaudible) what sets these subgroups of kids with
5 gut symptoms apart from (inaudible). So, the
6 treatment hypothesis that we're looking at Axial
7 is the effect of the metabolites getting into the
8 circulation and affecting the neurologic
9 (inaudible) and the fact that these kids with gut
10 problems have impaired intestinal permeability and
11 an increased (inaudible). So, Sarkis, in his lab,
12 had been doing a lot of work with B. Fragilis
13 (inaudible) and had shown that actuary Fragilis as
14 well as a number of other actuaries in this group
15 (inaudible) had been improving the intestinal
16 barrier and decreasing intestinal (inaudible).

17 So, we started to investigate B.
18 Fragilis in mouse models of (inaudible). So, a
19 little bit about Bacteroides Fragilis. B.
20 Fragilis, again, is a compound that Sarkis had
21 worked with before. There are other Bacteroides
22 that also have an effect on the intestinal

1 barrier. Beta omicron also has an effect. B.
2 Fragilis was chosen because they had a specific
3 strain of B. Fragilis they had been working on for
4 quite a while that was non-toxigenic. Again, B.
5 Fragilis is not (inaudible). There are
6 enterotoxic of B. Fragilis that can actually cause
7 disease. The specific strain that we're on here
8 is specifically non-toxigenic and not capable of
9 producing enterotoxin. It's a non-spore forming
10 brand negative (inaudible). It's very prevalent
11 in the adult population, 50% or more actually get
12 it. It's been shown in some studies to be as high
13 at 90 plus percent in children, which decreases a
14 bit as kids get older down to the 50 to 70% in
15 adults and we believe that the organism functions
16 in part by a direct interaction with (inaudible)
17 epithelial cells.

18 So, hopefully, this organism will help
19 to improve the intestinal barrier and decrease the
20 exposure of the systemic organism from these
21 toxins that may be (inaudible).

22 So, B. Fragilis, first of all, when you

1 look invitro, it does have the ability to repair
2 epithelial cell barrier integrity. So, I think
3 I'm a little bit taller than the microphone. So,
4 if you take a Caca 2 monolayer and you disrupt it
5 by exposure to cyanophytes and you increase its
6 exposure to B. Fragilis, in a dose responsive
7 manner and you see a repair of the integrity of
8 that barrier. So, this is an interesting finding
9 invitro. So, in vivo we see the same thing. So,
10 the rest of the data I'm going to show is from a
11 model that's called the MIA model, Maternal Immune
12 Activation Model and this goes back to the
13 clinical notice that pregnant women who get
14 maternal infections have a higher risk of
15 developing or having ASD children. So, this model
16 is basically taking a pregnant (inaudible) and
17 injecting the mouse with Poly IC, which is a viral
18 mimic, a double stranded ANA but viral mimic and
19 causes an immune activation in the mother. When
20 the offspring are born, by three weeks of age you
21 start seeing leaky gut and you also start seeing
22 symptoms of autism.

1 So, when you take these mice and expose
2 them to B. Fragilis, you see an improvement. So,
3 this is measured using FITC-Dextran, which is a
4 radio labeled Dextran which (inaudible) across the
5 intestinal wall, if you use DSS you see a great
6 increase in the permeability of the gut barrier.
7 The S here that is a wild type mouse, the P is the
8 Poly IC so that's the MIA offspring that have a
9 naturally leaky gut compared to a non-treated wild
10 type mouse. If you add B. Fragilis to it, you
11 see a substantial decrease in the intestinal
12 permeability that you get with that model.

13 And (inaudible) these are tight junction
14 protein staining and you can see again if you add
15 B. Fragilis, you get a repair of the tight
16 junctions.

17 Then when you look at the symptoms of
18 autism that show up in these mice and you can
19 really examine in these mice what or correlates to
20 the core behaviors that you see in children with
21 ASD. So, again, one is repetitive behaviors. So,
22 mice bury marbles if you put marbles in their cage

1 and mice that have been offspring in this MIA
2 model. So, again, if you get here onto the left,
3 these are the wild type mice. On the right, these
4 are the mice that are MIA mice. So, if you look
5 at standard wild type mice, they vary about 30% or
6 so of the marbles in their cage. You give them
7 some B. Fragilis it's not really different. The
8 MIA mice, their marble bearing behavior goes up to
9 approximately 45% or so of the marbles. They have
10 an increase in this repetitive behavior. You give
11 them B. Fragilis, it brings them back down again
12 to what the normal level was (inaudible).

13 This is a measure of anxiety and
14 locomotion both so this is an open field
15 exploration test where you put a mouse in a little
16 box and you have a camera on him and you measure
17 what he does. A mouse that has greater anxiety
18 will hang around the edges of the box whereas a
19 mouse that has less anxiety will spend more time
20 in the center or the open area less protected from
21 the mouse in the cage. So, MIA mice spend much
22 less time in the center of the cage. So, if you

1 look over here, these are the numbers of times
2 that the mice enter, the center of the cage, and
3 the amount of time that they spend in the center
4 of the cage and you can see, again, in the wild
5 type mice they are here. The MIA mice have a
6 significant decrease in the number of entries to
7 the center and a significant decrease in the
8 duration of time that they spend in the center and
9 if you given them B. Fragilis, it puts them back
10 to where they were before. They get a more normal
11 phenotype and it's not because of an effect on
12 locomotion because if you measure the distance
13 traveled for these mice it's the same for all of
14 them so this is really mice having less anxiety
15 and going back into the middle of the cage again.

16 A communicative behavior is another of
17 the issues that one sees in kids with ASD and
18 again, this is also replicated in the mouse model.
19 You get mice when they are together and make
20 ultrasonic vocalizations towards each other to
21 communicate. In the MIA model, which is here on
22 the right, you look at untreated. They have a

1 substantially lower number of ultrasonic calls,
2 vocalization, and the duration of those
3 vocalizations goes down substantially. When you
4 treat them with *Bacillus Fragilis*, their number of
5 calls goes back up to normal and interestingly,
6 the duration per call actually goes above the
7 (inaudible) so there is something that *B. Fragilis*
8 is doing here to increase and improve the
9 communication that's emerged through ultrasonic
10 vocalizations.

11 And, if you look at 4-EPS dated here on
12 the left is from the MIA, you will see that in
13 wild type mice they have virtually non-measurable
14 levels of 4-EPS than the Poly IC treated offspring
15 you see a substantial increase. It's about a 46
16 fold increase and this is the most disregulated
17 metabolic product at the gut that you see in the
18 animals. When you treat them with *Bacillus*
19 *Fragilis*, the level of 4-EPS goes back down again.

20 So, the hypothesis was that perhaps
21 4-EPS could be one of the factors that's traveling
22 from the gut to the center of the system causing

1 these (inaudible). So, if you actually expose
2 animals just to 4-EPS, you see impairment in
3 communication, increased repetitive behaviors, and
4 increased anxiety as well and this happens whether
5 you give them 4-EPS orally, gavage them with 4-EPS
6 (inaudible) and this data here is from decolonized
7 animals that were decolonized to specifically
8 produce 4-EP in their gut. So, 4-EP appears to
9 have an effect. B. Fragilis appears to have an
10 effect on the intestine and we will test this in
11 the clinic next. We've had a pre-IND and within
12 the next hopefully in 12 months we'll be in the
13 clinic and see if we can test this hypothesis.

14 PANEL MEMBER: I think I need to be
15 fragile. We're about 20 minutes over here so
16 we're going to try and get back on time. So, with
17 that, our next talk is from Pinaki Panigrahi who
18 is going to talk about -- who is a pediatric
19 infectious disease physician and professor and
20 founding director for the Center of Global Health
21 and Development. And he's going to talk to us
22 about a very large study done to look at

1 preventing sepsis using a strain of L Plantarum
2 and the specific focus on the timing and why he
3 particularly chose this strain.

4 DR. PANIGRAHI: Thank you for bringing
5 me here. I don't know if I will ever see NIH and
6 FDA under one roof and so many elite group of
7 people listening to me. I don't know if there is
8 anything left because after hearing so many
9 wonderful thoughts that span from bioinformatics,
10 machine learning to (inaudible), I don't think
11 there is a whole lot left for me to add. And I'm
12 not going to talk to you about prenatal sepsis in
13 a developing world setting, how bad it is. I get
14 carried away. I spend half an hour telling you
15 how bad it is. One million deaths and the
16 morbidity is different in this country if you look
17 at the NICU sepsis continues to be a big problem.
18 And it adds to, if you give them antibiotics, it
19 adds to increased incidents of death so it's a bad
20 disease and there is every reason to study and do
21 something about it.

22 As I go through, I will have to speak

1 fast and I will show you many pictures so that you
2 can visualize what was done and try to summarize
3 my work in 15 minutes that took me about 25 years
4 give or take. And you can think if you are
5 thinking about other biologic supplement, how do
6 you develop a new one. Do you just pick on and
7 somebody tells you that it will work or you know
8 about the pathogenesis, that's why you think about
9 it or I just do it for the fun of it, I don't
10 know?

11 Most of us, I think, we know about the
12 disease a little bit, we know about the
13 pathogenesis and we try to address it when we
14 develop a new drug. Quickly, I want you to think
15 about the history of because we are talking about
16 micro and probiotics and the history. And then I
17 have to talk about necrotizing enterocolitis
18 although my topic is sepsis because they're quite
19 related to each other and that is how the whole
20 development took place. And then I will describe
21 you the randomized clinical trial when we used the
22 lactobacillus plantarum strain along with the

1 fructo saccharide and finally hopefully because
2 I'm the last speaker we'll be able to tell the
3 (inaudible) same sample wins.

4 This picture, many of you who are
5 familiar with the probiotics still probably know
6 but I think about in 1982 he drank cholera during
7 an epidemic and he showed that he could survive.
8 But I'm trying to make a point that it's about 100
9 years and another gentleman were less give and
10 take 100 years did something good but which we all
11 remember him. And this is only 30 years ago, I
12 think, 30, 35 years ago.

13 Here I am giving you necrotizing
14 enterocolitis and sepsis because all the studies
15 that have been done. Ultimately, they look at
16 neck and sepsis together although the primary
17 outcome could be one of the two. And the purpose
18 of putting it together is in 1999 the first study
19 came out which was kind of soft study but it told
20 us that probiotics may work in preventing NEC.
21 But half and half some of them show some efficacy
22 and half of them don't show anything.

1 If you look at the more recent ones, it
2 hasn't changed a whole lot. Even the last very,
3 very recent paper reviews that have been written,
4 you can see only some work and others don't and
5 sometimes that is given even negative effects.
6 This is in Omaha. There are four NICUs and three
7 of them have been using probiotics for 5, 6, 7
8 years and each one of them is using a different
9 type of probiotics. If you ask, have they done
10 any three post numbers they don't try to address
11 those.

12 NEC is a multifactorial disease.
13 Everybody was thinking even now they think is
14 triad of ischemia bacteria and inflammation and no
15 specific agent has been implemented in this
16 disease. It happens very quickly and if you, as
17 Dr. Neil was telling you this morning it's a bad
18 disease. But this was in the early nineties when
19 I started looking at the disease trying to find
20 out what else may be present looking at just
21 really tightly matched controls and NEC cases.
22 And we didn't find anything and we published that

1 okay, there is no specification, we are looking at
2 bacteria and by culture techniques it was what we
3 could find.

4 But we did show that the colonization
5 pattern may be important in causing or preventing
6 necrotizing enterocolitis using simple caco-2 cell
7 culture model and (inaudible) models. Here on the
8 left in the panel, you see gram negative E. coli.
9 You throw them, some of them, the ones that come
10 from NEC babies that actually have massive
11 numbers. In the panel B, you have gram positives
12 like enterococcal (inaudible) in this particular
13 case. If you put them together, you don't find
14 too many of E. coli that is there but you find
15 some gram positive still there.

16 Then we did some translocation model.
17 Again, the same thing we have small transcytosis
18 cells you put gram negative to transfer it. If
19 you put gram positive cells along with it, they
20 don't. And the transcytosis evidence goes down
21 and the productive phenomenon was quite visible
22 that the gram positives do something good there.

1 So, we wanted to do some animal modeling
2 and I don't know how many years I spent. I was a
3 junior faculty and we had some fellows looking at
4 mice and rats and newborn mice, newborn rats and
5 none of them worked with this model then we went
6 to have a look in this report. And we brought
7 some pregnant rabbits to the facility and looked
8 at weanling rabbits. One thing I made sure that
9 we don't compromise the vascular supply and we
10 made loops in the weanling rabbits and then we
11 injected E. coli into the loops or we injected E.
12 coli and enterococcus faecium or staph epi in
13 combination in the same amount. And they
14 recovered overnight and then we sacrificed them
15 and looked at the pathology.

16 Saline injected loops normal
17 histopathology. If you put E. coli this is how it
18 looks like. You don't have to be a pathologist
19 and if you put the exact amount of E. coli along
20 with some gram positives and you have some
21 (inaudible) causality now but no (inaudible)
22 adults. So, that told us that gram positives are

1 really doing something good. So, we could
2 conclude that normal flora gram negatives E. coli
3 (inaudible) do not belong to any pathogenic groups
4 but produce disease and bacterial attachment and
5 (inaudible). And if we put some gram positives,
6 mostly gram negative staph and enterococci, we can
7 prevent disease. And in these models and in NEC
8 patients we always sepsis and the same thing
9 happened in the rabbits. Whenever we had the NEC,
10 we will be able to culture the same organisms from
11 the blood of the rabbits.

12 So, can we give enterococci and staph
13 epi to our babies. Obviously, no way because
14 those are pathogens for preemies in the NICU. And
15 we thought how about probiotics. Maybe we can, we
16 just heard the term and which probiotics to use
17 and so many are there and some of you who have
18 gray hair might have heard about the story of
19 Lactinex which was an FDA approved drug then it
20 was taken off the drug route and it was put back
21 on the OTC. What to use? We have no clue which
22 one to use. And nothing against any of the

1 manufacturers and I love them because of them, we
2 are here today but the field has progressed to
3 that extent. But do you see what the line says,
4 comes to (inaudible) and cultural and all of them
5 have different types of mixtures. We had no clue
6 as to which probiotic to use and no wonder people
7 called it snake oil sometimes.

8 And I was interested that whatever we
9 use it should go and colonize and do its job. And
10 nobody, none of the studies would ever talk about
11 colonization what happens, why did you take that
12 particular strain, because it was available, we
13 took it. So, without colonization, I was not
14 comfortable doing any real studies. So, these are
15 all, by the way, funded by NIH either (inaudible).
16 And with small funding from poverty, we did a
17 study where as usual, we took LGG because of we
18 thought it will colonize and it didn't colonize.
19 Well then, we took some sporogenesis which was
20 called bacillus (inaudible) that also didn't
21 colonize. So, in the mid- nineties, if you think
22 about Forest Gump, that is exactly what was

1 happening, we didn't really know. Were we really
2 picking them up from the box of chocolates, I
3 think that was happening.

4 So, we wanted -- I said okay, go to
5 hell, I don't care. We will screen the -- we have
6 the model, we have one invitro model, we will
7 screen the strains before we think -- go to the
8 clinic. So, we screened about 280 plus strains
9 from the model, from here, from some from former
10 Soviet Union, healthy stool and all different
11 sources. First focused on bifidobacterial, none
12 of them did anything in our model, specifically in
13 our model.

14 Then we went to acidophilus because that
15 was known, I knew about acidophilus and that
16 didn't do much. Then came lactobacillus plantarum
17 which saw something and we had quite a few. I
18 didn't even hear that on plantarum at the time. I
19 said planned and many of these are from babies'
20 stool. I said, why should the baby stool have
21 plantarum?

22 And finally, we found that there were --

1 and this is just the evidence of a picture I'm
2 showing you which was of us screening in the same
3 way they were taking through the animal modeling.
4 And we found that there was one strain of
5 plantarum and one strain of salivarius that did
6 the job that we wanted to them do, i.e. stopping
7 bacterial attachment and translocation and injury
8 in the (inaudible). Because salivarius also
9 transfer quickly in our system, we didn't want to
10 give it to babies so we worked with lactobacillus
11 plantarum and we had to do the typical safe
12 toxicity studies and instead of doing it in
13 rodents we went back to the rabbit, the newborn
14 rabbits. These are newborn, they (inaudible) and
15 fed them for a month and then took it to the
16 clinic where we did the first phase one type
17 study. Particularly in this 2 2 1 allocation
18 where we give lactobacillus plantarum plus
19 fructo-oligo saccharide and it colonized really
20 well. After giving one week of therapy they got
21 colonized for about four months.

22 Then we did a slightly larger study

1 which can be called as a phase two gives the
2 results of 2 2 1 allocation in about 180 which
3 showed some impact. But sepsis, as you know, the
4 incidents is pretty low if you look at the regular
5 published. Then finally in the phase three trial
6 after the success of phase one and phase two,
7 where we did in a launched the free trial, it was
8 a one to one allocation in the largest trial that
9 we published last year.

10 And it was an individually randomized
11 trial in the community setting in India and we
12 wanted to reduce sepsis by about 20 percent.
13 Because gram negative sepsis was half and half
14 gram negative half was gram positive. So, we
15 thought at least we will be able to reduce gram
16 negative sepsis. So, for 20 percent power and 20
17 percent relative death reduction, we wanted to
18 enroll about 8000 babies. And we simply stopped
19 the study in about the middle of when we had
20 enrolled 4600 babies. I have been (inaudible) and
21 only time we have stopped studies is when there is
22 something wrong and we want to open the study up

1 big and do such things.

2 And then we found and we were happy to
3 know that it was obviously due to efficacy and
4 this is in the eastern part of India, one state,
5 where we did the study in two different districts
6 that (inaudible) support. And this will take me
7 three hours, I can make a movie how it was run
8 even one grant five years, \$5 million to set up
9 the labs to all the infrastructure to train
10 people. And then finally, we did the study within
11 our one because we already had done the
12 preparatory work after that.

13 So, it was individually randomized
14 blocks of four and we gave same antibiotics
15 starting day two of life, day two, three or four.
16 First day, we didn't give because many babies die
17 to birth asphyxia and they may have early onset
18 sepsis which we won't be able to really do much
19 about. And then they were watched at home for 60
20 days. And all adverse events and serious adverse
21 events were reported and then we did (inaudible)
22 blood culture and microbiology identification and

1 stored the samples. And we had to set up NICUs
2 and those had to come (inaudible) and NICUs now
3 use cellphones. The bottom you see 300 workers
4 who each village has one lady who was trained and
5 then a three tiered system to daily monitor the
6 study and bring the patients the moment they
7 become sick.

8 A lot of focus group meetings, movies
9 were made and they had to be told that okay unless
10 you bring the baby right away the baby is going to
11 die. And at the end, this is what we got. We
12 screened 7000 babies and enrolled 4500 and there
13 quite a few ineligible, I will tell you that. And
14 then we had very few (inaudible) but we had some
15 that were -- by the way, our inclusion criteria
16 was 35 weeks or 2000 grams. We didn't want to
17 enroll really tiny babies because this was the
18 first time and we didn't know they will be dying
19 due to all different things including asphyxia.

20 And some of them we could not enroll
21 because they were born at hospital, they didn't
22 come home. But it is a flight and some of them

1 had early onset sepsis. And after excluding those
2 2500 and it was very tightly monitored by all
3 different groups apart from the investigators who
4 came and said this is how (inaudible) mix and
5 prepare the antibiotic and squirt it into the
6 baby's mouth.

7 And the results coming to when we look
8 at death and sepsis, there was a drastic reduction
9 in India of 27. I was always bragging about it,
10 now I won't have to. I know it definitely has
11 (inaudible). And when you look at culture
12 positive sepsis, it was also reduced in massive
13 numbers, 27 versus 6. What happened which we had
14 no clue about, the reason this study was stopped
15 in the middle is a respiratory tract infection.
16 In this country, respiratory tract infection or
17 pneumonia, those are different diseases, we know
18 what they are. WHO on the other hand, classifies
19 neonatal sepsis only for the developing world
20 (inaudible) all of these conditions including
21 respiratory tract infection because they can
22 diagnose in the field, they will give them

1 antibiotics. So, that component, we had quite a
2 few respiratory tract infections that also got
3 reduced significantly which really tipped the
4 balance and that's why the study was stopped in
5 the middle.

6 Some other infections were also reduced
7 including colitis and local skin infection and
8 diarrhea. But then if you combine all infections,
9 not just sepsis, then the (inaudible) was 18. And
10 if you include diarrhea it was about 15. Other
11 morbidities we collected because it was a provided
12 trial but we didn't expect that they will have
13 less (inaudible) disease in the first two months
14 of life. And we could conclude that this
15 (inaudible) significantly reduce sepsis but it
16 also had some effect where it reduced (inaudible)
17 staff infections. So, we know now that apart from
18 blocking just the bacterial transmission, there
19 are other even mortality effects that are going
20 on. And there is a lot more work to be done which
21 we have started now looking back at the timing
22 when we give the preparation is day 2, 3 or 4,

1 does it matter. Those of you who are familiar
2 with the (inaudible) on BCG and the non-specifics
3 stimulus of the human system, one could say that
4 it has nothing to do with lactobacillus. You gave
5 an antigen and you give it at the right time. So,
6 now we are looking at does it make a difference
7 because we have 2000 babies we are looking at
8 (inaudible) and see which ones did better if at
9 all. And this was from the very first study where
10 we looked at it has been published from the
11 microbiome. Again, there are tons of changes and
12 just so that you see how many are so diverse if
13 you look at them and now, we are looking at
14 bacterial host cell interaction which all of us
15 are very fond of. And if you look at this just
16 simple attachment, the recent electromicrobial
17 structural analysis that we are trying to do, they
18 are not as simple as we think. They are not just
19 coming and blocking it and basically different
20 actors at different time after half an hour versus
21 one hour, three hours and six hours. These are
22 the lactobacillus and when they come very close to

1 the cell surface on the left hand side you see the
2 E. coli, on the right hand side lactobacillus.

3 And if you think about team expression,
4 we are talking about consortia, we are talking
5 about thousands of species. This was a study we
6 published some time ago taking the same E. coli
7 that I showed you. You put it on cultured cells
8 (inaudible) 332. Lactobacillus plantarum alone
9 combine them it's only 86. Something is going on
10 the on transpectral here. So, I will coming back
11 again products have been sold with different --
12 you can change the color and still (inaudible) for
13 this pink for babies and if it is a chewable it's
14 a junior. (Inaudible) has everything. They add a
15 little bit of -- again, nothing against
16 (inaudible) one of the most studied (inaudible).
17 But you add a little bit of vitamin D (inaudible)
18 and I'm not exaggerating that okay we'll cool
19 you're baby down.

20 So, that is one aspect that you can't --
21 this is something that Joe Neil told about this
22 morning, LDG, that the three fourth study has now

1 shown that it increases necrotizing enterocolitis
2 and sepsis. So, you can't take it for granted.
3 It may be a wonderful probiotic but I wonder if
4 this is a (inaudible). And I will end by saying
5 that many many years ago, all of you have heard
6 about this how ampicillin was developed. Think
7 about the bark, they were eating it and then 1820
8 and then chloridoid was there for 100 plus years.
9 And then even now, if you go back to those areas,
10 Levaquin is used not just as an anti-(inaudible)
11 it is used for everything. A little bit
12 (inaudible) you want to feel good take a pill.
13 Also, as a food supplement. So, this is -- I was
14 telling you it was only 5 years ago when it was
15 licensed and Sanopy took it as a drug. So, if
16 you're wanting to use it, give it intravenously,
17 give it (inaudible) of course it has to be
18 developed as a drug. But can we stop the people
19 taking the (inaudible) or somebody who is wanting
20 to sell it in a capsule so that they will have
21 less of the pain or it will help the fever, answer
22 is well, you know, they will do it no matter what.

1 And this was (inaudible) one of my
2 heroes from 100 years ago, Alexander Fleming, also
3 about 100 years who came up with Penicillin. Now
4 what we are trying to tell, think about
5 antibiotic, it took 100 years to do this. And
6 probiotics, it will take another 100 years. Now
7 we are kind of waking up. We can't expect that
8 okay, we have a prospect on probiotic that's going
9 to cure all elements about this exist. So, a lot
10 more work to be done. Thank you.

11 PANEL MEMBER: Okay so we're going to
12 move right along. I'm going to invite all of our
13 speakers for session three up to the table and
14 we're going to combine clarifying questions in the
15 panel discussion but we'll take questions first,
16 certainly. So, please step up and ask questions.

17 SPEAKER: Howard (inaudible). So, the
18 amounts that you showed, you get them (inaudible)
19 groups where you added (inaudible). Do you have a
20 control group where you added a different bacillus
21 or someone just to show at least specific
22 (inaudible)?

1 PANEL MEMBER: No. In that particular
2 experiment, that experiment was focused on B.
3 frag. However, the laboratory has done that with
4 some other organisms that haven't shown these
5 effects. B frag was specifically chosen for these
6 series of experiments though because of its known
7 effect on leaky guy. And we're looking really at
8 4-EPS and it's 4-EPS potentially what's causing
9 the behavioral abnormalities.

10 SPEAKER: End of the day we'll wake each
11 other up.

12 PANEL MEMBER: So, here's the deal.
13 Thousands of bacteria in the gut, thousands of
14 things we could potentially grow, thousands of
15 different diseases we could potentially go
16 through. How do we sort through that huge matrix
17 so that we don't have to do the thousand by
18 thousand experimental design? What have you guys
19 used to try to sort things out? Two minutes.

20 PANEL MEMBER: So, I think a couple of
21 things that we (inaudible) a little more. I think
22 that leaning on some human data from

1 interventional studies is useful because of all
2 the potential combinations. There will be many
3 that are just relevant to mice. So, that can make
4 the experimental space more. Something else that
5 we've starting experimenting with that I think
6 will be useful at some point and I don't know if
7 the prime time is there yet but we're working on
8 it. Is try to start using just good old
9 mathematical modeling to predict how communities
10 will behave and put together. And when I say
11 mathematical modeling, today I mean just pure
12 empirical modeling, fitting adjustable parameters
13 to experimental data to then be able to predict
14 how communities of a few will grow together.

15 Hopefully, at some point, this goes into
16 actual mechanistic modeling, being able to say,
17 you know, from that genome, I expect this needs to
18 be expressed and this is interactions. I don't
19 think the field is anywhere close to that but
20 we'll get there. Personally, I think we're at
21 very exciting time now where we're starting to
22 transition from just enemonology, microbiology,

1 which is great to actual having a feel, a few
2 assemblies of rules to work from. And I think
3 that when the field gets to the point where
4 engineers and mathematicians can start coming in
5 because there is enough information that you can
6 actually model things. That's when we'll be able
7 to really dramatically reduce the size of the
8 experimental spaces that we can explore.

9 DR. PANIGRAHI: Yeah, I would have
10 responded the same way. If we want to think about
11 how the consortia is going to change modeling,
12 mathematical modeling is the only way to do it.
13 But even at the same time, we have to think, okay
14 fine, we know this is how the consortium is going
15 to look like. But what will the physiologic
16 scientific change for that to me it may sound like
17 we have to go back to humans. And if it is
18 provided, that is why I was asking those
19 questions. We can probably, because it is not a
20 "drug molecule" and if it is safe, we can do
21 larger studies.

22 So, whether it is diet, whether it is

1 exposure, whatever happens we don't really care
2 because these are ammonized. And as long as they
3 are large, all those variables will be taken care
4 of. They will be distributed half and half. So,
5 we call it mod efficacy effectiveness at that
6 point. So, I think there are not thousands of
7 diseases, if you really look at the textbook,
8 there are not that many. So, we have to think
9 about the pathogenesis and see if this has a
10 microbium has a role and then go from there and
11 use the best single one or (inaudible) against
12 consortia. Because once you give it, they are
13 inter consortia even in the newborns that are
14 within a couple of days to health, dozens of bugs.

15 So, at least I know that I am giving one
16 that colonizes that stays in there. But whatever
17 happens, the argument outcome is what we are
18 interested in and that's what we will check all
19 the changes physiologic and scientific changes.

20 PANEL MEMBER: I think the other
21 approach is also starting from first principles,
22 on both ends, understanding mechanistically what's

1 going on in the disease state and better
2 classification of diseases. But then also on an
3 organism by organism basis figuring out what their
4 punitive effects in the host are and basically
5 create this microbial toolbox where, you know,
6 organism A has this affect on these different
7 parameters. And then you can start to pick and
8 choose for this disease that has these defects we
9 will need organisms A, C and E. But for this
10 other organism, for the same disease in a
11 different patient, you may mix and match from that
12 toolbox that's already falls upon it.

13 PANEL MEMBER: So, I think all these
14 points are important but I still believe in
15 physiology. Going back to Vince Young's comments
16 earlier about understanding the physiology and how
17 these bacteria are interacting and what they're
18 doing. I think mathematical modeling is useful
19 but we still need to keep our eye on what happens
20 physiologically when we put these organisms
21 together.

22 I guess you had mentioned going after

1 all these diseases. My feeling is do no harm,
2 first and foremost, and baby steps. To me,
3 recurrent C-diff is one of the easiest ones to go
4 after first and using that as sort of a learning
5 experience and branching up from there is sort of
6 what I personally would think would be the way to
7 go. And always keeping in mind that organisms
8 don't always do what you think they're going to do
9 the same way teenagers don't always behave the way
10 you think they're going to do. No matter what
11 kind of mathematical modeling you do, they'll
12 always come out and surprise you. And I've seen
13 surprising things come out of these bioreactors
14 when we put things together that we were not
15 expecting at all. And then we could go and look
16 in animal models to kind of dig into that a little
17 more deeply. But yeah, I guess I would err on the
18 side of go slow and do no harm.

19 I mean, the other thing, I have a
20 colleague, Erica Claude who is a neonatologist.
21 And we've had a lot of interesting conversations
22 about NEC. And she pointed out to me something

1 that I had never even thought about before and
2 that was that for prevention for NEC, is it's 1 in
3 10, that means there's 9 out of 10 babies that
4 would be getting probiotics that didn't actually
5 need them. And for a preemie, the different for
6 neonates that are healthy born babies, for
7 preemies, she was questioning what this will do
8 long term if we now set their set points with
9 these new bacteria that we put in. Nobody knows
10 what's going to happen. And so, she's very
11 hesitant to use probiotics and, you know, I never
12 even thought of that before. I think we just have
13 to be careful.

14 Well, actually so what she's promoting
15 is decreased use of antibiotics and push
16 breastfeeding because breast milk has been one of
17 the most protective elements. And really low
18 birth weight seems to be the risk factor. So, if
19 she can get them to grow, gain weight, they don't
20 have this same risk of NEC.

21 PANEL MEMBER: I would agree with what's
22 been said. I mean, we're dealing with incredibly

1 complex interactions and incredibly complex
2 systems here. So, we just need some levers really
3 to get in there and really start understanding NEC
4 (inaudible) from this point on. And one of the
5 reasons, obviously, why *B fragilis* was attractive
6 was because we knew it was likely going to be
7 safe. But it also has some of the features that
8 we want to see in some of the effects in animal
9 models that we think might be able to make a
10 difference. *B fragilis* is probably having an
11 effect on other organisms and it's probably well,
12 we know, it's changing micro bio makeup to a
13 certain degree. It is turning it a little bit
14 back to what it is in wild type animals.

15 So, it's not *B frag* alone and it's
16 probably not 4- EPS alone. It's probably a whole
17 slew of things that are stewing around in the soup
18 that might, some might be getting in anyway
19 because they penetrate through diffusion. Some
20 maybe can only get through a leaky gut. I think
21 we just have to start chipping away and figuring
22 out what these things do and that will lead us

1 into other directions, maybe into other diseases.

2 DR. PANIGRAHI: I'll just add one point
3 to this in terms of changing the micro bio
4 permanently or doing some damage to it. There
5 have been, in our studies, we looked at the
6 microbiome for six months and after the fourth
7 month, it goes down to zero. By six months you
8 don't see that particular strain in there. But
9 others have done, not in neonates but in infants,
10 Isa Lorri and others in Europe, for the asthma
11 allergy studies that it doesn't stick permanently,
12 it goes away, so you're not changing it for good.

13 And, in fact, we were asked by the India
14 IRB. One crazy person came and said, you have to
15 follow them for 18 months, 2 years and finally not
16 2 months but 2 years. I said what, 2 years, our
17 protocol has been approved for 2 months, we can't
18 follow them for 2 years. Why, how do you know you
19 have sepsis, you have millions of babies. How can
20 you prove to me that they're not going to grow
21 horns in 2 years?

22 And that is the real critical period and

1 what happens is you have all stunting and
2 everything and the GI dysfunction takes place.
3 How can you, I said, how will they be able to
4 better fight against others. But we had to follow
5 for 2 years. We didn't do microbiome but we had
6 to follow and show that there was nothing drastic.

7 So, long term follow up, longitudinal
8 assessments and with all the tools we have now, I
9 think we should be fairly comfortable telling how
10 we are changing and if the change is good or bad.
11 And if something wrong happens, that happens when
12 you're trying to discover something.

13 SPEAKER: Debra Topam with Knowledge
14 Bank. Dr. Panigrahi, could you talk a little bit
15 more about the dosing that you used for
16 lactobacillus along with what dosing you used for
17 the FOS and what kind of type of FOS that you
18 used?

19 DR. PANIGRAHI: Yeah it was fructo-oligo
20 saccharide 150 mg in each dose and ten to the part
21 one billion organism's lactobacillus plantarum.
22 So, it was available as a levelized power which

1 was mixed with 5 percent extra saline on site and
2 then it was put into the baby's mouth for seven
3 days depending on whether we started on day two,
4 we gave it for all of them received about seven
5 doses.

6 SPEAKER: Of the 150 mgs of FOS?

7 DR. PANIGRAHI: Yeah.

8 SPEAKER: And I guess at that point, are
9 all of the babies in your group primarily
10 breastfed? So, they might have gotten the MI
11 million oligo saccharides along with the fructo
12 saccharides?

13 DR. PANIGRAHI: Yes.

14 SPEAKER: That would be the sugar
15 (inaudible).

16 DR. PANIGRAHI: Yes.

17 SPEAKER: (Inaudible) at that point?

18 DR. PANIGRAHI: And, in fact, we had
19 some very angry people writing to NHO that you
20 have been unethical. Breast feeding is the only
21 thing that really helps that has reduced this and
22 that. We said no, you are unethical because you

1 have been chanting about breastfeeding for hundred
2 years. Nothing has happened, infection has gone
3 up. Although breastfeeding rate has gone up in
4 developing countries, infection rates haven't gone
5 down at all, it has gone up. So, all the ones
6 that we are showing that are exclusively
7 breastfed, unless breastfeeding was established,
8 they were excluded, there were quite a few. So,
9 in spite of having breast milk, in spite of having
10 oligo saccharides, maybe whatever there is not
11 enough good bacteria that could protect them
12 during that window.

13 SPEAKER: Christian Riel here with
14 University of Michigan. So, my question is, I
15 guess, related to that and I maybe the other
16 panelists can chime in too. How did you decide to
17 co-formulate with FOS to begin with? Was it based
18 on preclinical data, was it based on some idea of
19 what substrate this would grow best on and in
20 general, how do you make those decisions? When do
21 you arrive at the decision where you say hey, do
22 you know this probiotic is not enough we need to

1 co-formulate this?

2 DR. PANIGRAHI: Well, I can answer.
3 That was the only thing I have done in my life
4 without solid scientific evidence. If you ask me,
5 give the same plantarum without fructo saccharide.
6 With it colonize, will it downsize, we didn't do
7 that. I think we were impatient because we had
8 already spent four or five years doing two or
9 three other clinical trials. That we expected
10 that they are going to colonize and have
11 something. When that didn't work, we had one
12 organism that was expected to colonize. We wanted
13 to do it better. And we have enough evidence that
14 if it doesn't get probiotics, that's not enough.
15 You have to get something from outside so it was
16 just we wanted to increase our chances of success
17 so we added antidote for (inaudible) be better,
18 all that we don't know we have to work on it.

19 PANEL MEMBER: So, just to keep things
20 going on this, I put up a slide, we have a couple
21 of slides, one focusing on models. Everybody
22 talked about a model in one way or another. And,

1 you know, so in essence, you know, we've talked
2 about it, we've heard about the complex
3 relationship between host and microbe and that
4 complicates these models. We have everything from
5 a hostless fermentation model to humanized mouse
6 models to, you know, the human model itself.

7 And the focus of this session is on
8 strains. And so, I think I've heard on multiple
9 occasions that strains matter and that just a
10 simple *L. plantarum*, out of the 20 is not the
11 same. So, how do you leverage these models and if
12 I could go one by one how have you leveraged these
13 models? Is it one particular strain of *B. frag*,
14 are the strains falling part? In your robo gut
15 are you checking multiple strains of the same gene
16 species? So, maybe just kind of briefly go
17 through and talk about why strains matter and how
18 leveraged models.

19 PANEL MEMBER: Yeah, well with regard to
20 *B. frag*, definitely strain matters, there's no
21 question about that. There are enterotoxic
22 strains, we wanted to avoid that. The strain that

1 we ended up using happened to be the strain that
2 was Sarcuses lab but we have used other sources of
3 B. frag that have not known the same level of
4 efficacy. So, there seems to be some magic sauce
5 in the particular strain that we're dealing with.
6 We don't really know what that is. You know,
7 again we know what some of the metabolites are but
8 we don't know really whether -- well, it's
9 certainly not the only metabolites and are those
10 the only metabolites that are having an effect
11 distantly in (inaudible), we don't really know.

12 PANEL MEMBER: Yeah, so to probe a
13 little bit more on the basis of this question is
14 that B. frag paired with mouse model or is that B.
15 frag going to be something relevant to humans.

16 PANEL MEMBER: Yeah. There are other
17 mouse models, there are other animal models of
18 AST. There's a BTBR model, you know, which is an
19 inbred spontaneous model. There's the cat nap two
20 model which is a genetic model and we do see
21 efficacy on the behaviors in all of them. But all
22 the models are different. They all cause

1 different aspects of the disease and they may or
2 may not replicate what's happening in humans. Not
3 all of them have a gut component so we can't
4 really look at the effect on the GI abnormalities
5 in any of them. But we do see consistency between
6 those three models, the effect on the behavioral
7 components, at least the behavioral components as
8 they are shown in the phenotype of that particular
9 model. So, that much we know.

10 But, you know, in answer to the last
11 question of this, are humans still the most
12 reliable model. I don't know if they're the most
13 reliable model but to me they're the most
14 important model. So, as soon as we can
15 extrapolate safely beyond the mouse and get it in
16 humans then I think the story starts over again
17 and then we can start learning new things and
18 there's so much (inaudible). We'll certainly
19 learn more in our exploration. Whether it results
20 in effective treatment, we hope it will, but
21 (inaudible).

22 DR. PANIGRAHI: I think, so my view is

1 for matters of safety PK/colonization, humans have
2 worked best for us and we haven't really relied on
3 the results of the animal models for these two
4 considerations for a number of reasons. I think
5 for matters of (inaudible) mechanism, in general
6 is a screening tool when you have to go through a
7 number of different possibilities. Humans for
8 obvious reasons are not usable or appropriate.
9 So, for that we've relied in animals and I think
10 for those uses they can be very helpful.

11 Some of the models that have obvious
12 limitations like germ free models or antibiotic
13 treated animal mouse models of SPF background, can
14 actually be very useful to understand causality to
15 learn things about mechanism. So, I think
16 depending on the use that you give them, even
17 fermentation models can be useful if, I think, if
18 you're using -- if you're trying to explore
19 simpler questions that aren't really where the
20 immune system doesn't really play a very obvious
21 role, you just want to understand microbiome
22 interactions. It really depends on what question

1 you ask.

2 SPEAKER: I'm Lawrence Royce and I
3 wanted to know, there was one mention of lysates
4 used and I was wondering, has anyone done any work
5 that killed species and what kind of successes
6 have you had. I know there have been quite a
7 little bit of research that was done in the former
8 Soviet Union using lysates and very successfully
9 not stimulating but modulating the immune system
10 and it was very interesting results. I think, one
11 of the first discoveries in the Soviet Union was
12 in 1976 with, I think, with lactobacillus
13 rhamnosus, a lysate that had some interesting
14 results. And I was wondering, does anyone else,
15 who has done work in this area?

16 PANEL MEMBER: We've tried a lot of
17 either bacterial lysates, heat killed organisms or
18 a variety of end points. And I think it depends
19 on the organism and the end point as to whether it
20 shows an effect or not. So, for some things it
21 works, for other things it doesn't. I think
22 figuring out the why and when can you predict when

1 to work or not still needs to get resolved partly
2 to define sort of what the molecules and what's
3 the pathway of that interaction. Does it really
4 require colonization or not, does it require a
5 certain threshold that we're not giving, you know,
6 a concentration that we're not giving lysates in
7 dosing regimens and things of that sort. But I
8 think that for certain aspects or certain
9 phenotypes, either lysates and/or killed
10 organisms, at least in our hands, have been
11 successful.

12 PANEL MEMBER: The only other thing I
13 would say is, you know, I mean I think with
14 regards to AST and the part that we've done so
15 far, I think the organism is important. As far as
16 what would be in a lysate that might have an
17 effect, well we certainly looked at the
18 metabolomics and we looked at the metabolites that
19 are different and there certainly could be
20 situations where a metabolite might be beneficial.
21 But then, you know, when we're going to have a
22 continuous source of the metabolite, otherwise the

1 metabolite itself might be a drug. And then I
2 think we would want to know what component of that
3 lysate is responsible for the effect and then
4 really focus on that particular component.

5 DR. PANIGRAHI: Now, I would respond the
6 same way. I mean, we have tried but only with
7 very specific bugs. Only (inaudible) bacteria
8 whether that would do the same thing in our in
9 vitro and animal models and they didn't. That
10 doesn't mean that the components, if we're now
11 thinking that it's not the whole bug that is doing
12 100 percent of the thing if it is even a
13 modulation, maybe it would have the component
14 would have done something or that the module is in
15 place even if it didn't help against bacterial
16 (inaudible) and (inaudible).

17 It all, I guess, boils down to the
18 physiology and what you are trying to study. I
19 think in future years we will see different
20 components and how they really interact with each
21 other or with host cell and the ultimate
22 physiologic effect. Those will be done in future

1 years.

2 PANEL MEMBER: Well, there is PSA that
3 also came out of Sarcuses work I believe when he
4 was at UCLA. And there was a company, I can't
5 remember the name of it, Symbiotic or something
6 like that, that's working on specifically PSA and
7 its effect on the immune system.

8 PANEML MEMBER: I'm going to interject,
9 sorry, as moderator. I'm going to take my
10 prerogative and ask kind of one last topical
11 question. It really has to do with the fact that
12 clearly, we've seen the historical use of
13 probiotics and now we see this upsurge and
14 rationally selected and based on human commensal
15 colonization and causal association with diseases.
16 So, that's a series of questions here but I'm
17 going to skip through a little bit.

18 And I think it came up, I didn't mean to
19 or I was going to bring it up but Elaine mentioned
20 this recent study and it has to do with the idea
21 of what our high resolution assays, what are our
22 assays. Is colonization, even in a human model,

1 what is that telling us? And so, we have some
2 recent papers that have just come out and they
3 have suggested there may be more to the story of
4 just pass through and detection in stool. And so,
5 I want to ask, you know, essentially a question
6 here. I mean, we've heard about high resolution
7 assays to detect that this specific strain, that
8 actual organism that you've given, Burnette talked
9 about that. What is the role for actually looking
10 within the intestine, within other communities to
11 assess the efficacy of your strain?

12 Because, you know, in the paper, one of
13 the things that they did correlate is mucosal,
14 host transcriptional response is what correlated
15 with mucosal colonization. And I think that's an
16 interesting concept and I'm wondering how each one
17 of you take that idea and move forward with it or
18 not. I mean, whether or not colonization through
19 stool detection is sufficient.

20 DR. PANIGRAHI: Well, I would fully
21 agree with you and I won't say that especially if
22 I'm thinking about the organism that I used. I

1 think because I did in vitro experiments and
2 animal experiments, I know that they had to be in
3 contact with mucosal cells. And now we have extra
4 non-GI impact. And so, if they wouldn't be there,
5 they are not associated with mucosa. I would be
6 surprised if they're going to do their job.
7 Doesn't mean that other probiotics, other
8 components won't do it.

9 So, I think that if I can take IFC every
10 three days for my baby, I'll be more than happy to
11 do it. And many people have complained that oh,
12 stool has nothing to do with it. They come get in
13 and get out, the real ones are inside so you're
14 not looking at it. But that's the best surrogate
15 we currently have and I'm sure and that's why we
16 use animal models and that's why we have to have
17 some other models to have some idea.

18 PANEL MEMBER: I totally agree with you
19 and actually we really need better diagnostics
20 than we currently have. That paper that you
21 mentioned, it's where the rubber meets the road.
22 The epithelial microbial interface, it totally

1 makes sense that there's going to be stuff
2 happening at that interface. And stool is kind of
3 a crude measure, it's just kind of passing on
4 through. So, we're missing a lot of very useful
5 information but biopsying is difficult. As you
6 know, we can't always put that into clinical
7 trials and it's complicated ranging from, you
8 know, colonoscopy time and the colonoscopy suite,
9 being able to get the biopsies. But there's no
10 question that we have to come up with better
11 diagnostic tests.

12 I mean, if you think about it, when we
13 give antibiotics, we measure creatinine. Why
14 aren't we measuring what it's doing to the
15 microbiota as part of, you know, we measure serum
16 levels of the immune glycosides, we do all these
17 things with antibiotics. We don't even measure
18 that. Like there's a lot of diagnostics that need
19 to be developed and I think that whole area is
20 being completely overlooked.

21 PANEL MEMBER: I'll disagree a little
22 bit in that I don't know that colonization itself

1 is always required. To use the example from
2 bacteroid fragilis either polysaccharide A or
3 other bacterial single lipids, those products by
4 themselves can still exert effects on the host and
5 in disease models. So, it's not clear that,
6 clearly you don't need bacterial attachment
7 because there's no bacteria in those experiments
8 but then there's a question of how does those
9 molecules interact with the host.

10 And so, there's still some host
11 recognition of those molecules in some capacity.
12 But whether or not you need bacterial colonization
13 as a starting point, you know, in your study that
14 was sort of a prerequisite to move forward is that
15 the organisms had to colonize. But if one can
16 identify the molecules themselves that then have
17 an effect, you may be able to bypass that stuff of
18 bacterial colonization itself.

19 PANEL MEMBER: Yeah, I would agree.
20 Particularly with B. frag, I don't think we expect
21 that it's going to colonize (inaudible). We
22 aren't anticipating it will.

1 PANEL MEMBER: I still have to read the
2 paper. I skimmed the abstract and looked at the
3 summary but I'd be skeptical about throwing away
4 all what we have learned from fecal samples
5 because everything that this field knows is from
6 fecal samples. And I think we've learned very
7 useful things about what happens to immune
8 phenotypes, for example, based on information you
9 can gather from stool. What happens to
10 colonization resistance based on information
11 that's in the stool and then acted on these
12 predictions to learn other things.

13 So, I'm sure that other types of data
14 are useful and when we can all have them with the
15 tools available then let's all have a party. But
16 until then, you know, especially, you know,
17 realistically it's (inaudible) to ask healthy
18 individuals to go through a colonoscopy plus
19 anesthesia plus whatever they had for no benefit
20 for the healthy individuals to ultimately get this
21 information. We're never going to get that. But
22 we are going to get a colonization from fecal

1 samples if we ask for fecal samples and the
2 patients are nice enough to give them to us. So,
3 I think there's a lot we can do with the
4 information from stool samples.

5 PANEL MEMBER: So, I didn't mean to
6 suggest that stool sampling is not worth doing.
7 And, in fact, in that cell paper they do sample
8 stool in addition to doing the biopsies but they
9 have more ends of sampling from stool samples than
10 they do biopsies. And certainly, I think that
11 it's important, I guess, for certain diseases
12 though like for recurrent C- diff, for example, I
13 think it's a diversity issue. Because actually I
14 think less of a host immune component here maybe
15 then say for IDD, for example. And so, for
16 conditions like IDD or ulcerative colitis, maybe
17 we will need that additional information from
18 biopsies. And I think a lot of it is going to
19 depend on the disease entity that we're talking
20 about.

21 PANEL MEMBER: Okay with that, sorry.
22 Last question, sorry I forgot, please.

1 SPEAKER: Hi, my name is Joan Holly, I'm
2 from Data RI, LLC. It's a regulatory consulting
3 firm in Maryland. I have a very general question.
4 So, in some of your studies, you're using
5 naturally existing strains as a drug to treat
6 diseases. And if one day you found it's an
7 efficacious drug and it's being proved is there IP
8 protection on this drug and who's the IP? That's
9 my question.

10 PANEL MEMBER: Boy, that's a question
11 for our IP attorney who is not here. Yeah, well I
12 think we believe that we'll have protections.
13 Certainly, we'll have the protections associated
14 with the drug approval with a biologic approval.
15 But, you know, also method of use patents and such
16 as that, I think, will provide some level of
17 protection as well as the fact that it is a
18 specific strain that we're talking about. And we
19 believe that we'll be able to turn that into a
20 therapeutic that's easy to take a lyophilized
21 preparation that's easy to take and we'll have
22 specific knowledge around the manufacturing of it.

1 DR. PANIGRAHI: So, the bottom line, I
2 would say that naturally our current strains are
3 not patentable in general. But if you show that
4 it works for sepsis you can patent it. But if you
5 show that it's working against cancer, you can
6 patent it too. And that's the general take home I
7 have learned in the last few years. But it will
8 be really interesting when you find out if there
9 is a component.

10 Like in our bug, we see that it does
11 something, it secretes something. Then it again
12 comes very close to the cell intimately attaches.
13 So, then if we can find out what it is what is
14 that piece, what is the component that's doing the
15 job, then that can be a drug, that can be a
16 separate idea altogether. But until then, the
17 live bug, the whole bugs, I think it is yes and
18 no, you can patent and you can trademark, you can
19 do all different things but it may not be as
20 robust as having a chemical component.

21 PANEL MEMBER: Yeah, again I should say
22 if you're developing an organism that's not

1 currently available as probiotic and you get into
2 a drug development process with it, you file and
3 IND and you start generating data. My
4 understanding, and I don't know if the people from
5 CFSAN are still here. But my understanding is
6 that once you go down that pathway for something
7 that hasn't been commercialized as a nutritional
8 you can't do that anymore. You can't start
9 marketing it as a nutritional once it has been
10 shown to be a drug.

11 SPEAKER: I was just curious about the
12 strains that are not genetically modified, that
13 are naturally existing. So if, for example, the
14 strains you found can be used to treat one disease
15 and it's been approved and then in another study
16 have been found to be effective for another
17 disease but yet you didn't patent for that use.
18 Can consumers just use it for another treatment
19 without, you know?

20 PANEL MEMBER: They'd have to source it.
21 They'd have to get it from somewhere and I would
22 think if it's part of somebody's clinical program

1 and they started seeing evidence that it might
2 work in another condition, they'd jump on those
3 patents right away to try to cover that from an
4 efficacy use standpoint.

5 PANEL MEMBER: I think the other
6 complicating piece there is what is the idea of a
7 biosimilar in the field of probiotics. How far
8 away from *Bacteroides fragilis* or any of the eight
9 strains that (inaudible) has you have to be. Is
10 it a different *B. frag* strain sufficiently far
11 enough?

12 Everyone has patents written to be
13 incredibly broad but until this goes to the courts and
14 having courts adjudicate how narrowly those really
15 have to be drawn, how many snips away from the genome
16 sequence they submit do you need to be to be
17 infringing on their IP? So, you'd still be able to
18 make some money off this even if they did all the leg
19 work.

20 PANEL MEMBER: All completely untested.
21 As you said, that's the wild west. And
22 biosimilars are not as easy to get on the market

1 as a generic is. You do have to do some clinical
2 work.

3 PANEL MEMBER: Okay so with that, we're
4 going to close session three. Thank you very
5 much, speakers, very interesting and entertaining
6 talks, I really appreciate it. And we're going to
7 round the basis on this workshop and I'm inviting
8 Dr. Carolyn Deal who opened us up today to give
9 some closing remarks.

10 DR. DEAL: Well, I know it's getting
11 late and I will just take two minutes. First of
12 all, I want to thank all of our speakers today.
13 Really appreciate them putting time and effort
14 into their talks and contributing this. And then
15 really thank all of you in the audience.

16 You all were in this room, there is
17 actually two and a half overflow rooms in this
18 building downstairs that were also full. So, I want
19 to thank everyone who participated in all of the
20 discussions.

21 Because I think this has been something
22 we really wanted to hear a broad breadth on input

1 on. I know my colleagues at CBER and CFSAN did
2 also. But then last of all, I really want to
3 thank the organizing committee which some of whom
4 you've seen today who were the moderators for
5 these sessions who put a lot of time and effort
6 into coming up with this program. And so, I
7 really want to thank all of them and all the
8 colleagues from CBER and CFSAN who participated
9 and all the other NAIAD participants.

10 And so, the last thing I wanted to leave
11 with you in thinking about all of this is I think
12 all of us have a lot of enthusiasm for the
13 possibilities in the future for live microbium
14 based products. I mean, this is a new, growing
15 and evolving area and I think we're all learning.
16 We're intrigued by a lot of the possibilities. I
17 think we also know that there are cautions that
18 need to be considered, some of which have come out
19 today.

20 I think some of the things we've heard
21 is there may be advantages to considerations for
22 well characterized products in terms of

1 reproducibility of manufacturing and more
2 importantly even to think about to ensure
3 reliability of use. So, that's one consideration
4 as we move forward.

5 I know there's been some debate about
6 where there should be the lines between the
7 regulatory considerations for probiotics and live
8 bio therapeutics and I think there's always some
9 evolution and thought of that as how we go
10 forward. But I think then one of the other things
11 is those are the product issues but there's also
12 the clinical issues.

13 Many of these are complex infections and
14 diseases, they're not all well-defined and I think
15 the necrotizing enterocolitis has certainly shown
16 us that that it's not always a well-defined
17 infection. And I would even argue sometimes C.
18 difficile infection is not also.

19 And so, it shows the points to the need
20 for clinical studies with well-defined clinical
21 endpoints and also with well-defined diagnostics
22 in those studies. So there, I think, is the other

1 potential gap area that we see is some of the need
2 for new and better refined diagnostics.

3 All of these are needed to support
4 regulatory decisions from our FDA colleagues in
5 the future. I think importantly for all of us in
6 the public health and medical community what we
7 all really want and most importantly is to be able
8 to have reliable regulatory decisions and to
9 provide informative, useful and reliable
10 information to patients and to the providers.

11 And so, that's the thought I really want
12 to leave you with is all of this as it evolves
13 over the next years and as we get products that we
14 can move into routine use. Because that's the
15 ultimate goal is to be able to provide reliable,
16 useful information not only to the providers
17 giving these products but to the patients that
18 receive them and hopefully that we can improve
19 public health.

20 So, that's all the comments I wanted to
21 make. Again, thank you all for coming and I hope
22 you don't drown on the way home because the

1 hurricane I've heard has moved up here leaving our
2 North Carolina colleagues ability to get home.
3 So, thank you all very much.

4 (Whereupon, the PROCEEDINGS were
5 adjourned.)

6 * * * * *

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22

CERTIFICATE OF NOTARY PUBLIC

STATE OF MARYLAND

I, Thomas Watson, notary public in and for the State of Maryland, do hereby certify that the forgoing PROCEEDING was duly recorded and thereafter reduced to print under my direction; that the witnesses were sworn to tell the truth under penalty of perjury; that said transcript is a true record of the testimony given by witnesses; that I am neither counsel for, related to, nor employed by any of the parties to the action in which this proceeding was called; and, furthermore, that I am not a relative or employee of any attorney or counsel employed by the parties hereto, nor financially or otherwise interested in the outcome of this action.

(Signature and Seal on File)

Notary Public, in and for the State of Maryland

My Commission Expires: December 2, 2021

Commission No. 127812

