

FOOD AND DRUG ADMINISTRATION
CENTER FOR DRUG EVALUATION AND RESEARCH

JOINT MEETING OF THE PSYCHOPHARMACOLOGIC DRUGS
ADVISORY COMMITTEE (PDAC) AND THE
DRUG SAFETY AND RISK MANAGEMENT
ADVISORY COMMITTEE (DSaRM)

Wednesday, September 14, 2016

8:00 a.m. to 4:56 p.m.

FDA White Oak Campus
10903 New Hampshire Avenue
Building 31 Conference Center
The Great Room (Rm. 1503)
Silver Spring, Maryland

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P R O C E E D I N G S

(7:59 a.m.)

Call to Order

Introduction of Committee

DR. PARKER: Good morning. I'd like to remind everyone, if you would, to please silence your cell phones, smartphones, other devices if you haven't already done so. I'd also like to identify the FDA press contact, Michael Felberbaum. If you're here, would you please stand? He's the one not standing.

Okay. My name is Ruth Parker, and I'm the acting chairperson for today's meeting. I'll now call the Joint Meeting of the Psychopharmacologic Drugs Advisory Committee and the Drug Safety and Risk Management Advisory Committee to order. I'd like us to start by going around the table, and we'll include our one participant who is joining us by telephone today, and introduce ourselves.

Let's start with the FDA at the left side of the table there, and go around the room. And if you'll please state your name.

1 DR. THANH HAI: Good morning. I'm Dr. Mary
2 Thanh Hai. I'm the deputy director in the Office
3 of Drug Evaluation II.

4 DR. HERTZ: Sharon Hertz, director for the
5 Division of Anesthesia, Analgesia, and Addiction
6 Products.

7 DR. WINCHELL: Celia Winchell. I'm the
8 medical team leader for addiction products in Dr.
9 Hertz's division.

10 DR. ANDRACA-CARRERA: Eugenio Andraca-
11 Carrera. I'm a statistical reviewer in the Office
12 of Biostatistics.

13 CAPT MOENY: David Moeny, acting director
14 for the Division of Epidemiology II.

15 DR. HENNESEY: Good morning. My name is
16 Sean Hennesey, and I have a sensitive microphone.
17 I do drug safety research at the University of
18 Pennsylvania.

19 DR. RIMAL: Good morning. My name is Rajiv
20 Rimal. I'm the professor and chair of the
21 department at George Washington University.

22 DR. ROUMIE: Christine Roumie. I'm intern

1 medicine and general pediatrics. I also do drug
2 safety research at the VA Medical Center in
3 Nashville and at Vanderbilt University.

4 DR. FIEDOROWICZ: I'm Jess Fiedorowicz. I'm
5 a physician scientist on the faculty at the
6 University of Iowa and work with the Iowa City VA
7 Health System.

8 DR. PICKAR: David Pickar, adjunct professor
9 of psychiatry, Johns Hopkins; and former chief of
10 experimental therapeutics branch, intramural
11 research program, NIMH.

12 DR. BESCO: Good morning, everyone. This is
13 Kelly Besco joining via phone today. I'm a health
14 [indiscernible] pharmacist and medication safety
15 officer for the OhioHealth Hospital, Columbus,
16 Ohio.

17 DR. NARENDRAN: Raj Narendran, psychiatrist,
18 University of Pittsburgh.

19 MS. BHATT: Good morning. I'm Kalyani
20 Bhatt. I'm with the Division of Advisory Committee
21 Consultants Management.

22 DR. PARKER: Ruth Parker, professor of

1 medicine, pediatrics and public health at Emory
2 University.

3 DR. GERHARD: Tobias Gerhard,
4 pharmacoepidemiologist at Rutgers University.

5 DR. WINTERSTEIN: Good morning. I'm Almut
6 Winterstein, professor and chair of pharmaceutical
7 outcomes and policy at the University of Florida.

8 CAPT BUDNITZ: Dan Budnitz. I'm a medical
9 officer with the medication safety program in the
10 Division of Healthcare Quality Promotion at Centers
11 for Disease Control and Prevention.

12 MS. GILLESPE: Good morning. I'm Terry
13 Gillespe. I'm a consumer reviewer.

14 MS. HIGGINS: Jennifer Higgins. I'm the
15 acting consumer representative.

16 DR. HERNANDEZ-DIAZ: Sonia Hernandez-Diaz,
17 professor of epidemiology, Harvard School of Public
18 Health in Boston.

19 DR. PERKINS: Professor Ken Perkins at
20 University of Pittsburgh, and I do smoking
21 cessation research.

22 DR. MORRATO: Good morning. Elaine Morrato.

1 I am an epidemiologist in the Department of Health
2 Systems, Management and Policy, and associate dean
3 for public health practice at the Colorado School
4 of Public Health.

5 DR. MORGAN: Glen Morgan. I'm at Tobacco
6 Control Research Branch, National Cancer Institute.
7 Good morning.

8 DR. MARDER: Steve Marder. I'm a professor
9 of psychiatry at the Semel Institute at UCLA.

10 DR. EMERSON: Scott Emerson, professor of
11 biostatistics, University of Washington in Seattle.

12 DR. CONLEY: Good morning. I'm Rob Conley,
13 the global development leader and distinguished
14 scholar in neuroscience at Eli Lilly, and an
15 adjunct professor in psychiatry at the University
16 of Maryland.

17 DR. PARKER: Thank you.

18 For topics such as those being discussed at
19 today's meeting, there are a variety of opinions,
20 usually, some of which are quite strongly held.
21 Our goal is that today's meeting will be a fair and
22 open discussion of these issues, and those

1 individuals can express their views without
2 interruption. Thus, as a gentle reminder,
3 individuals will be allowed to speak into the
4 record only if recognized by the chairperson, and
5 we look forward to a productive meeting.

6 In the spirit of the Federal Advisory
7 Committee Act and the Government in the Sunshine
8 Act, we ask that the advisory committee members
9 take care that their conversations about the topic
10 at hand take place in the open forum of the
11 meeting. We are aware that members of the media
12 are anxious to speak with the FDA about these
13 proceedings. However, FDA will refrain from
14 discussing the details of this meeting with the
15 media until its conclusion. Also, the committee is
16 reminded to please refrain from discussing the
17 meeting topics during breaks and at lunch. Thank
18 you very much.

19 Now, I'll pass to Kalyani Bhatt, and ask her
20 that she read the Conflict of Interest Statement.

21 **Conflict of Interest Statement**

22 MS. BHATT: Good morning. The Food and Drug

1 Administration is convening today's joint meeting
2 of the Psychopharmacologic Drugs Advisory Committee
3 and Drug Safety and Risk Management Advisory
4 Committee under the authority of the Federal
5 Advisory Committee Act, FACA, of 1972. With the
6 exception of the industry representative, all
7 members and temporary voting members of the
8 committees are special government employees or
9 regular federal employees from other agencies and
10 are subject to federal conflict of interest laws
11 and regulations.

12 The following information on the status of
13 these committees' compliance with federal ethics
14 and conflict of interest laws, covered by but not
15 limited to those found at 18 USC Section 208, is
16 being provided to participants in today's meeting
17 and to the public. FDA has determined that members
18 and temporary voting members of these committees
19 are in compliance with federal ethics and conflict
20 of interest laws.

21 Under 18 USC Section 208, Congress has
22 authorized FDA to grant waivers to special

1 government employees and regular federal employees
2 who have potential financial conflicts when it is
3 determined that the agency's need for a special
4 government employee's services outweighs his or her
5 potential financial conflict of interest or when,
6 in the interest of a regular federal employee, is
7 not so substantial to be deemed likely to affect
8 the integrity of the services which the government
9 may expect from the employee.

10 Related to the discussion of today's
11 meeting, members and temporary voting members of
12 these committees have been screened for potential
13 financial conflicts of interest of their own, as
14 well as those imputed to them, including those of
15 their spouses or minor children and, for purposes
16 of 18 USC Section 208, their employers. These
17 interests may include investments, consulting,
18 expert witness testimony, contracts, grants,
19 CRADAs, teaching, speaking, writing, patents and
20 royalties, and primary employment.

21 Today's agenda involves discussion on a
22 completed postmarket requirement randomized,

1 placebo-controlled trial of the neuropsychiatric
2 effects of Chantix, varenicline; Zyban, bupropion;
3 and nicotine replacement therapy, along with
4 relevant published observational studies to
5 determine whether the findings support changes to
6 the product labeling. This is a particular matters
7 meeting during which specific matters related to
8 Chantix and Zyban will be discussed.

9 Based on the agenda for today's meeting and
10 all financial interests reported by the committee
11 members and temporary voting members, no conflict
12 of interest waivers have been issued in connection
13 with this meeting. For the record, we'd like to
14 disclose that Ms. Kim Witczak is the consumer
15 representative of the Psychopharmacologic Drugs
16 Advisory Committee and has been recused from
17 participating in this meeting.

18 To ensure transparency, we encourage all
19 standing committee members and temporary voting
20 members to disclose any public statements that they
21 have made concerning the product at issue.

22 With respect to the FDA's invited industry

1 representative, we would like to disclose that
2 Dr. Robert Conley is participating in this meeting
3 as a nonvoting industry representative, acting on
4 behalf of regulated industry. Dr. Conley's role at
5 this meeting is to represent industry in general
6 and not any particular company. Dr. Conley is
7 employed by Eli Lilly and Company.

8 We would like to remind members and
9 temporary voting members that if the discussion
10 involves any other products or firms not already on
11 the agenda for which an FDA participant has a
12 personal or imputed financial interest, the
13 participants need to exclude themselves from such
14 involvement, and their exclusion will be noted for
15 the record.

16 FDA encourages all other participants to
17 advise the committee of any financial relationship
18 that they may have with the firm at issue. Thank
19 you.

20 DR. PARKER: Okay. We'll now proceed with
21 the FDA introductory remarks presented by Dr.
22 Racoosin, division director.

FDA Introductory Remarks/Regulatory History

Judith Racoosin

DR. RACOOSIN: Good morning. I'm Judy Racoosin, the deputy director for safety in the Division of Anesthesia, Analgesia, and Addiction Products. Today, I'll start by describing the regulatory history of neuropsychiatric adverse events with the smoking cessation drugs; describe the utilization of these products; briefly review the criteria for key sections of product labeling; and orient you to today's presentations and discussion topics.

We're going to be talking about three different smoking cessation products. The first nicotine replacement therapies were available by prescription only starting around the mid 1980s. Many other formulations were approved in the 1990s with the over-the-counter switch occurring in the mid to late 1990s.

Two nicotine replacement products are still only available by prescription, Nicotrol Inhaler and Nicotrol Nasal Spray. Zyban, which is a trade

1 name for bupropion, was approved for smoking
2 cessation in May of 1997. The drug moiety
3 bupropion had been previously approved in 1985 with
4 the grade name Wellbutrin for major depressive
5 disorder. Chantix, which is the trade name in the
6 U.S. for varenicline, was approved in May of 2006.

7 In May 2007, the European Medicines Agency
8 shared a concern with FDA about suicidality with
9 varenicline about a year after FDA had approved the
10 product. I'm going to describe a few sample cases
11 to give you an idea of what was reported.

12 In this first case, a 36-year-old woman
13 taking varenicline reported having experienced a
14 complete personality change, including a violent
15 temper going into unnecessary rage. She stated her
16 brain felt it had been completely scrambled since
17 about treatment day 14. The consumer believed her
18 experience was not due to smoking cessation because
19 she had given up smoking before and had never felt
20 this way.

21 In another case, a 61-year-old man taking
22 varenicline reported experiencing suicidal thoughts

1 approximately 1 week after starting treatment.
2 Treatment was discontinued for 1 week during which
3 those experiences resolved. He then resumed
4 treatment. When the dose was increased to
5 1 milligram twice a day, he became depressed, and
6 his wife told him his behavior is very aggressive.
7 The patient discontinued varenicline due to these
8 experiences. The suicidal thoughts, depression,
9 and feeling like a zombie resolved, and the
10 aggression persisted. It was not known if he had
11 quick smoking at the time of these events.

12 Many of the cases that were submitted to
13 FDA's Adverse Event Reporting System, or FAERS,
14 feature the hallmarks of drug related events. For
15 example, the onset of events was frequently shortly
16 after the patient started taking the drug or when
17 the patient titrated up to the full dose.

18 There were also examples of de-challenge in
19 which the symptom went away when the drug was
20 discontinued, and re-challenge in which the patient
21 whose symptoms had resolved restarted the
22 medication and had the symptom recur like in the

1 second case that I described.

2 Initially, there was the thought that these
3 events were related to quitting smoking. However,
4 although some of the symptoms, such as irritability
5 and depressed mood, are symptoms that are
6 associated with nicotine withdrawal, in many cases,
7 the patient hadn't stopped smoking, so nicotine
8 withdrawal didn't seem like a likely explanation.
9 There are also a number of cases in which patients
10 specifically articulated that he or she had quit
11 smoking before and had not had these experiences.

12 Finally, Chantix, a partial agonist at the
13 nicotine receptor, can possibly cause nicotine
14 withdrawal by displacing nicotine, a full agonist,
15 at the receptor. We know from the situation with
16 opioid dependence that displacement of an agonist
17 by an antagonist or partial agonist can cause the
18 onset of intense symptoms of withdrawal.

19 Once FDA had become aware of EMA's concerns
20 about suicidality with varenicline, we evaluated
21 adverse event reports that had been submitted to
22 FAERS for varenicline with bupropion and nicotine

1 replacement therapy as comparators, as well as
2 reviewing reports that Pfizer had submitted. As
3 our evaluation of the cases progressed and our
4 level of concern regarding the safety signal
5 increased, the placement of labeling language about
6 the association became more prominent, moving from
7 adverse reactions to warnings and precautions.

8 Through the review process, we became aware
9 that similar cases had been reported with
10 bupropion, and ultimately a box warning was added
11 to both products' labeling in July of 2009. I will
12 describe a couple of sample cases with bupropion.

13 In this case, about 2 weeks after starting
14 bupropion for smoking cessation, a 28-year-old
15 woman experienced feeling emotional and having
16 regular crying fits. The patient reported having
17 threatened to kill herself, and stated that she
18 didn't care if she lived. She had no previous
19 history of depression documented.

20 In another case, after about 1 month of
21 bupropion treatment for smoking cessation, a
22 50-year-old man with a history of military service

1 and no prior PTSD experienced severe panic attacks,
2 flushing, flashbacks, sleep loss, and as the
3 physician reporting the case said, full-blown PTSD
4 symptoms causing loss of work, and functioning, and
5 self-confidence. The reporting physician noted the
6 patient had no life-triggering events or stressors.
7 The patient's symptoms persisted following
8 discontinuation of bupropion, and he required
9 medical treatment.

10 In addition to the labeling changes I
11 described, FDA required that a risk evaluation and
12 mitigation strategy, or REMS, be put into place to
13 ensure the benefits of the drug outweighed the
14 risks. The REMS consisted of a medication guide
15 and a timetable for assessments to ensure that
16 patients were adequately informed about the serious
17 risk of neuropsychiatric adverse events. FDA also
18 issued a postmarketing requirement for a clinical
19 trial to assess the serious risk of
20 neuropsychiatric adverse events with the smoking
21 cessation drugs.

22 We recognize that spontaneous reports

1 generated the safety signal. However, we needed a
2 clinical trial to systematically evaluate the risk
3 of neuropsychiatric adverse events in a defined
4 population of smoking cessation patients.

5 In June 2009, following FDA's completion of
6 the evaluation of neuropsychiatric adverse events
7 that had been reported with varenicline and
8 bupropion, and internal discussion about the
9 requirements of the trial design, FDA issued
10 guidance about the PMR safety outcome trial design
11 to Pfizer and GlaxoSmithKline.

12 First, it needed to be a large randomized,
13 double-blind active and placebo-controlled trial.
14 The treatment arms should include varenicline,
15 bupropion, nicotine replacement therapy, and
16 placebo. The trial should compare the risk of
17 clinically significant neuropsychiatric adverse
18 events, including but not limited to suicidality,
19 and the trial should determine whether individuals
20 with a prior history of psychiatric disorders were
21 at a greater risk for such adverse events compared
22 to individuals without prior history of psychiatric

1 disorders.

2 Finally, the trial needed to be sufficiently
3 powered to adequately assess clinically significant
4 neuropsychiatric adverse events within each
5 treatment and each of the two subgroups, those with
6 psychiatric history and those without. Dr. Celia
7 Winchell will discuss further the protocol
8 development in her talk later this morning.

9 FDA recognized that it would take several
10 years for the sponsors to conduct the PMR trial,
11 and so we sought other approaches to evaluate the
12 issues, as did others in academia. FDA
13 collaborated with our federal partners at the
14 Veterans Administration and the Department of
15 Defense to evaluate the risk of neuropsychiatric
16 adverse events with varenicline using nicotine
17 replacement therapy as a comparator.

18 In October of 2011, FDA summarized the
19 results of these studies in a drug safety
20 communication. Neither study found a difference in
21 risk of neuropsychiatric hospitalizations between
22 Chantix and nicotine replacement therapy. However,

1 both studies had a number of study design
2 limitations, including only assessing
3 neuropsychiatric events that resulted in
4 hospitalization and not having a large enough
5 sample size to detect rare adverse events. Later
6 this morning, Dr. Natasha Pratt will discuss
7 observational studies that examined the association
8 of neuropsychiatric adverse events with smoking
9 cessation drugs.

10 In April 2014, Pfizer submitted a labeling
11 supplement seeking to remove the boxed warning from
12 Chantix labeling. They asserted that more reliable
13 data on neuropsychiatric safety of Chantix had
14 become available, and these data did not support an
15 association between treatment with Chantix and
16 serious neuropsychiatric adverse events.

17 FDA sought the input of the
18 Psychopharmacologic Drugs Advisory Committee and
19 the Drug Safety and Risk Management Advisory
20 Committee in considering this data. Some of you
21 around the table today participated in that
22 meeting.

1 Shortly before the October 2014 Chantix
2 advisory committee meeting, a group of five
3 consumer organizations submitted a citizen petition
4 asking that FDA strengthen the Chantix boxed
5 warning about neuropsychiatric adverse events. The
6 consumer organizations included Consumer Reports;
7 Institute for Safe Medication Practices; National
8 Center for Health Research; National Physicians
9 Alliance; and Public Citizen.

10 At the advisory committee, a majority of the
11 committee agreed that more data were needed and
12 recommended to retain the current boxed warning and
13 reassess once the ongoing postmarketing safety
14 outcome trial designed to capture serious
15 neuropsychiatric adverse events was completed.
16 Similarly, FDA decided to wait to respond to the
17 citizen petition until we were able to review the
18 results of the safety outcome trial.

19 Now, I'll move on to describe the current
20 extent of utilization of smoking cessation
21 products.

22 This graph shows the nationally estimated

1 number of bottles or packages of prescription and
2 over-the-counter, or OTC, smoking cessation
3 products sold from manufacturers to all channels of
4 distribution in the U.S.

5 From 2011 through 2015, sales distribution
6 data from manufacturers of prescription smoking
7 cessation products, which is the line with the
8 green triangles, remained relatively stable, and
9 sales of OTC smoking cessation products, the line
10 with the red squares, appeared to increase by about
11 24 percent from approximately 3.8 million packages
12 or bottles in 2011 to 4.7 million in 2015.

13 However, the data source used to provide the
14 over-the-counter sales data estimates a capture of
15 approximately 50 percent of the entire OTC product
16 market. Therefore, the OTC sales data shown are
17 likely an underestimation of total OTC sales.

18 Therefore, the market share and trends with OTC
19 products should be interpreted with caution.

20 In terms of patient utilization data of
21 prescription products, this graph shows the
22 nationally estimated number of unique patients who

1 received a dispensed prescription for Chantix,
2 Zyban, Nicotrol Inhaler, and Nicotrol Nasal Spray,
3 through U.S. outpatient retail pharmacies from
4 2006 to 2015.

5 For Chantix, patients increased from 573,000
6 patients in 2006 to a peak of 3.9 million patients
7 in 2007, before declining to 1.2 million patients
8 in 2012 and remaining relatively steady thereafter.
9 The decline in use beginning in 2007 coincides with
10 the period that FDA started its evaluation of
11 neuropsychiatric adverse events.

12 Utilization of the other products examined
13 was low during this period, however, the graph
14 underestimates the number of patients taking
15 bupropion for smoking cessation. Although other
16 bupropion products, such as Wellbutrin and generic
17 equivalents, are not approved for smoking
18 cessation, data that's not shown on this graph are
19 suggested that bupropion products other than Zyban
20 are also widely used for smoking cessation in the
21 U.S.

22 Because we're going to ask you to consider

1 some product labeling issues today, I'd like to
2 review the criteria for our warnings and
3 precautions statement and the criteria for our
4 boxed warning, FDA's strongest labeling warning.

5 Generally, a warnings and precautions
6 statement is added to describe a serious or
7 clinically significant adverse reaction that
8 occurred with the drug or risks that are expected
9 to occur. A warnings and precautions section
10 should include a succinct discussion of the
11 description of a topic and should include the
12 following information if known: risk factors for
13 the adverse reaction; the outcomes of the adverse
14 reaction; and numerical estimate of risks or the
15 adverse reaction rate; and steps that could be
16 taken to prevent, monitor, and manage an adverse
17 reaction.

18 A boxed warning is ordinarily used in the
19 following situations. It may describe an adverse
20 reaction that is so serious in proportion to
21 potential benefit that it is essential it be
22 considered in assessing the risks and benefits of a

1 drug; or there is a serious adverse reaction that
2 can be prevented or reduced in severity or
3 frequency by appropriate use of the drug; or a drug
4 is approved with restrictions to assure safe use
5 because the drug can only safely be used if
6 distribution or use is restricted.

7 A boxed warning may also be used in other
8 situations; for example, to highlight a warning
9 that is especially important to a prescriber or for
10 a drug that possesses risk-benefit considerations
11 that are unique among drugs in a drug class.

12 Now moving on to what we'd like to
13 accomplish today. Following the submission of the
14 final report of the safety outcome trial, the
15 sponsors, Pfizer and GlaxoSmithKline, submitted
16 supplements with specific proposals.

17 The Pfizer supplement proposed that the
18 boxed warning for neuropsychiatric adverse events
19 be removed from Chantix labeling. Their labeling
20 proposal retains the warning in Section 5.1 about
21 neuropsychiatric adverse events with some changes
22 to reflect the PMR trial safety outcome trial

1 results. GlaxoSmithKline supplement proposes that
2 Zyban be released from the REMS requirement, but
3 they will still maintain the Medication Guide.

4 Today, Pfizer will make the industry
5 presentation. GlaxoSmithKline, though a recipient
6 of the PMR and a co-sponsor of the trial, declined
7 to participate in this advisory committee meeting.
8 FDA will present our evaluation of the PMR safety
9 outcome trial, including a presentation of the
10 clinical review by Dr. Winchell, and a presentation
11 of the statistical review by Dr. Andraca-Carrera.

12 FDA will also present our review of the
13 published observational studies relating to smoking
14 cessation products and neuropsychiatric adverse
15 events. Dr. Pratt from the Division of
16 Epidemiology will be making that presentation.

17 Following the industry and FDA presentations
18 this morning and the open public hearing early this
19 afternoon, we'll be asking you to opine on what
20 you've heard today. Specifically, we'll ask you to
21 consider the trial design and conduct and how they
22 impact the trial results. We'll ask you to discuss

1 psychiatric history as a risk modifier for
2 neuropsychiatric adverse events with smoking
3 cessation drugs. And finally, we'll ask you to
4 discuss the impact of the trial results and
5 sensitivity analyses on smoking cessation product
6 labeling.

7 Again, thank you for being here today to
8 help FDA consider this important issue.

9 DR. PARKER: Thank you, Dr. Racoosin.

10 Both the Food and Drug Administration and
11 the public believe in a transparent process for
12 information-gathering and decision-making. To
13 ensure such transparency at the advisory committee
14 meeting, FDA believes that it is important to
15 understand the context of an individual's
16 presentation.

17 For this reason, FDA encourages all
18 participants, including the sponsor's non-employee
19 presenters, to advise the committee of any
20 financial relationships that they may have with the
21 firm at issue such as consulting fees, travel
22 expenses, honoraria, and interest in the sponsor,

1 including equity interests and those based upon the
2 outcome of the meeting.

3 Likewise, FDA encourages you at the
4 beginning of your presentation to advise the
5 committee if you do not have any such financial
6 relationships. If you choose not to address this
7 issue of financial relationships at the beginning
8 of your presentation, it will not preclude you from
9 speaking.

10 We will now proceed with Pfizer's
11 presentations.

12 **Applicant Presentation - James Rusnak**

13 DR. RUSNAK: Good morning, Dr. Parker, panel
14 members, members of the FDA, and the public. I'm
15 Jim Rusnak, the chief development officer for
16 cardiovascular and metabolic diseases at Pfizer,
17 and we are pleased to be here today at this joint
18 advisory committee meeting to share new and
19 important data on varenicline.

20 EAGLES stands for evaluating adverse events
21 in a global smoking cessation study. The EAGLES
22 study was conducted to satisfy FDA postmarketing

1 requirements, issued for Pfizer and
2 GlaxoSmithKline, related to varenicline and
3 bupropion, respectively. The study was conducted
4 by Pfizer in collaboration with GSK, and this
5 presentation is provided on behalf of Pfizer, and
6 reflects the views and opinions of Pfizer.

7 Smoking is the leading preventable cause of
8 death and disease in the United States. Smoking
9 causes nearly half a million deaths in the United
10 States each year. The health benefits of smoking
11 are immediate and substantial. Some people are
12 able to quit on their own. Some are able to quit
13 with behavioral counseling. The odds of quitting,
14 however, are significantly improved with
15 pharmacological smoking cessation therapy.

16 The accumulated body of evidence supporting
17 this statement also supports guidelines, including
18 those from the U.S. Public Health Service that
19 indicates clinicians should encourage all
20 individuals making a quit attempt to use both
21 counseling and medication.

22 In the more than 50 years since the surgeon

1 general issued the first warnings on the hazards of
2 smoking, there are only three FDA-approved
3 pharmacological smoking aids available:
4 varenicline, bupropion, and various forms of
5 nicotine replacement therapy. Meta-analyses have
6 shown that varenicline is substantially more
7 efficacious than either bupropion or nicotine
8 replacement therapy, an observation that is
9 confirmed in the data that we will discuss today.

10 The good news is that the rates of tobacco
11 use are declining amongst many segments of the
12 population. There is however a disturbing outlier,
13 smoking prevalence for people with mental illness.
14 It is a crisis within a crisis for this patient
15 population, and it is exactly these patients that
16 need smoking cessation treatments the most.

17 As medicines advance through their
18 development and life cycle, we continually learn
19 more about their benefits and potential risks.
20 These data emerge from randomized controlled
21 trials, abbreviated as RCT here, postmarketing
22 reports, and observational studies. As these data

1 emerge, we evolve our medical practices based upon
2 the totality of evidence.

3 Each data source has its strengths and
4 limitations. The collective body of these data
5 from complimentary sources, none of which stands
6 alone, allows for an overall assessment of
7 benefit-risk. Large randomized blinded controlled
8 studies are considered to be the highest level of
9 evidence that can be obtained.

10 Looking at the original phase 3 clinical
11 data that led to the approval of varenicline in
12 2006, no serious neuropsychiatric adverse events
13 were identified. It is important to note that
14 based on varenicline's mechanism of action, as well
15 as its non-clinical in vitro and in vivo profile,
16 neuropsychiatric adverse events would not be
17 anticipated. Yet, after varenicline was approved,
18 neuropsychiatric safety emerged as a question.

19 This signal was identified in 2007 through
20 postmarketing reports of serious neuropsychiatric,
21 or NPS, adverse events. These postmarketing
22 reports led to new warnings in Chantix's labeling

1 in 2008 and a boxed warning in 2009. Along with
2 these labeling updates, a postmarketing requirement
3 for a large prospective trial to evaluate
4 neuropsychiatric safety of varenicline was issued.
5 This postmarketing requirement is the EAGLES study.

6 While the EAGLES study was ongoing, FDA
7 convened a joint advisory committee meeting in
8 2014. This meeting evaluated new evidence from
9 large observational studies and meta-analyses of
10 randomized controlled trials to determine if these
11 data were sufficient to remove the boxed warning.

12 The data discussed at that meeting
13 identified no increased risk of serious
14 neuropsychiatric events with varenicline compared
15 to placebo. The largest of the meta-analyses
16 discussed was a pooled analysis of 18 double-blind
17 randomized placebo-controlled studies. This pooled
18 analysis included over 8,000 patients, some of
19 which had psychiatric conditions at baseline.

20 The results showed a similar incidence in
21 common psychiatric events in patients treated with
22 varenicline compared to patients treated with

1 placebo. Of these 18 studies, 5 of them assessed
2 suicidal ideation and behavior with the
3 Columbia-Suicide Severity Rating Scale, or C-SSRS,
4 and a meta-analyses of these five studies,
5 including nearly 2,000 patients, was conducted.
6 The results showed no increase in the incidence of
7 suicidal ideation and/or behavior in patients
8 treated with varenicline compared to patients
9 treated with placebo, with a risk ratio of 0.79.

10 These meta-analyses were added to Chantix's
11 labeling in 2014. After discussing these data, the
12 committee voted to reassess the need for the boxed
13 warning after the completion of EAGLES, and this
14 brings us to the purpose of today's meeting.

15 The EAGLES trial has completed. The EAGLES
16 trial is the largest prospective randomized
17 controlled trial of smoking cessation medications
18 ever conducted. The EAGLES results did not show a
19 significant increase in serious NPS events amongst
20 varenicline treated patients when compared to
21 either placebo or over-the-counter nicotine patch
22 treated patients. With respect to efficacy,

1 varenicline was also more effective than placebo,
2 nicotine patch, and bupropion in helping smokers
3 achieve abstinence.

4 These data have substantially advanced our
5 understanding of the benefit-risk profile for
6 varenicline both for patients with and without
7 mental illness. An update to Chantix labeling is
8 warranted to accurately reflect product safety and
9 efficacy profiles to allow patients and prescribers
10 to make informed choices. Today, we will discuss
11 the novel design of EAGLES, its rigorous conduct,
12 data analyses, and outcomes from this important
13 study.

14 The key findings of EAGLES are shown on this
15 slide. First, serious NPS adverse events occur in
16 patients attempting to quit smoking regardless of
17 treatment allocation. Second, serious NPS events
18 are more common in patients with a psychiatric
19 history than without regardless of treatment
20 allocation.

21 As you have read in the briefing materials,
22 EAGLES has two main study cohorts, those with and

1 without a history of psychiatric disease. In the
2 non-psychiatric cohort, the incidence of serious
3 NPS adverse events was low overall, and there was a
4 small numerical decrease for varenicline compared
5 to placebo.

6 In the psychiatric cohort, EAGLES has
7 defined an upper bound for the risk of serious NPS
8 adverse events as well as characterized the nature
9 of those adverse events. The incidence of NPS
10 events showed a small numerical increase in
11 varenicline versus placebo that was not
12 statistically significant.

13 This numerical increase in NPS events was
14 not driven by events that were serious adverse
15 events. It was not driven by events that were
16 adverse events of severe intensity. It was not
17 driven by events that led to treatment
18 discontinuation. And it was not driven by events
19 that led to harm to self or to others.

20 The results of EAGLES corroborates and adds
21 to the totality of evidence from this signal
22 investigation that does not support an increased

1 risk of serious NPS adverse events with Chantix
2 treatment compared to treatment with placebo or
3 over-the-counter NRT patch.

4 With the EAGLES data, an update to Chantix
5 labeling is warranted to accurately reflect the
6 benefit and risk profile of this important
7 treatment. Product labeling should accurately
8 reflect product safety and efficacy to allow
9 patients and prescribers to make appropriately
10 informed choices about treatment. Current Chantix
11 labeling contains both a boxed warning and a
12 warning regarding serious NPS events reported in
13 people treated with Chantix in the postmarketing
14 experience.

15 As we will discuss today, the totality of
16 scientific evidence from this signal investigation,
17 including meta-analyses of randomized controlled
18 trials, large observational studies, and the
19 outcomes of EAGLES does not support an increased
20 risk of serious NPS adverse events with Chantix
21 treatment compared to treatment with placebo or
22 over-the-counter NRT patch.

1 Varenicline is the most efficacious smoking
2 cessational treatment option available. It is an
3 important tool combating the public health crisis
4 caused by cigarette smoking. The boxed warning in
5 Chantix labeling does not accurately reflect the
6 NPS safety profile of Chantix. Furthermore, the
7 boxed warning has the potential to deter the
8 appropriate use of Chantix. As such, Pfizer
9 believes that the boxed warning should be removed.

10 Pfizer proposes to retain the warning
11 regarding serious NPS events occurring in patients
12 attempting to quit smoking in the warnings and
13 precautions section of Chantix labeling, and to
14 update this warning based upon EAGLES. Pfizer
15 believes that such a warning would sufficiently
16 alert prescribers to the possibility of these types
17 of events may occur in smokers attempting to quit.

18 Smoking is the leading preventable cause of
19 death and disease. Beyond the numbers, though, I
20 would imagine that each one of us in this room
21 would not have to look too far to a close relative,
22 to a friend, perhaps even ourselves, someone who

1 has suffered the ill effects of smoking or has the
2 ill effects of smoking looming on the horizon.

3 Chantix is the most efficacious
4 pharmacological aid for smoking cessation. Today
5 you will consider how to best reflect these data in
6 Chantix labeling so patients can make appropriately
7 informed choices. This slide shows the agenda for
8 our presentation, and it is now my pleasure to
9 invite Dr. Prochaska to the podium.

10 **Applicant Presentation - Judith Prochaska**

11 DR. PROCHASKA: Thank you, Dr. Rusnak.

12 Good morning, everyone. I am Judith
13 Prochaska. I'm an associate professor of medicine
14 at Stanford University. I am funded by the
15 National Institutes of Health as a principal
16 investigator on multiple tobacco treatment clinical
17 trials, including treatment studies with smokers
18 with mental illness.

19 I also have published on large population
20 surveys, examining tobacco use in smokers with
21 co-occurring disorders. I provide consultation to
22 Pfizer, the National Institutes of Health, and to

1 work groups of the FDA. I have no financial
2 interest in the outcome of this meeting.

3 Thank you for allowing me the opportunity to
4 present the independent observational study data.
5 As some of you were here at the last FDA advisory
6 committee, you saw the presentation of the
7 observational studies. Observational studies
8 provide great information and have great strengths,
9 but they also come with some particular
10 limitations.

11 The committee wanted the limitations
12 mitigated by the EAGLES trial, which you will see
13 presented today. Additionally, since the 2014
14 meeting, there are three new observational studies
15 that are available. I will present on all six
16 observational studies here with regard to strengths
17 and limitations.

18 Typically of large size, controlled
19 observational or population-based studies can
20 provide reliable estimates. Observational studies
21 provide real-world data on use of a drug by actual
22 patients and can be designed to test hypotheses

1 about specific safety signal.

2 Many of the observational studies of
3 varenicline included smokers with and without
4 mental illness. Hence, the estimates are likely to
5 be more generalizable than randomized controlled
6 trials. The studies examined varenicline in
7 relation to a variety of comparators, including
8 nicotine replacement therapy, bupropion, and a
9 no-treatment period. Limitations of the
10 observational studies include reliance on existing
11 data sources that may not report on all safety
12 outcomes of interest.

13 Observational studies also lack a randomized
14 design. In clinical practice, assignment to
15 treatment is not by chance. Hence, it is possible
16 that patients prescribed varenicline have a lower
17 preexisting risk of neuropsychiatric adverse
18 events. This could happen if, for example,
19 clinicians were reluctant to prescribe varenicline
20 to smokers who had a history of psychiatric
21 disease. Therefore, the studies assessed the
22 extent of such possible bias and adjusted for it

1 statistically.

2 To address these limitations, the studies
3 here used propensity score analysis to equate the
4 groups on measured known confounders or have
5 utilized the self-control design to control for
6 confounders. For unknown confounders, sensitivity
7 analyses can determine how large the differences
8 would need to be to alter the study conclusions.

9 Another concern is that differential
10 reporting may occur due to a lack of a blinded
11 placebo-controlled design; that is primed by a
12 boxed warning, patients prescribed varenicline or
13 bupropion may be more likely than patients
14 prescribed NRT to report neuropsychiatric adverse
15 events, or patients may be observed more closely by
16 their clinicians for changes in thoughts or
17 behaviors.

18 Acknowledging these limitations, controlled
19 observational studies are of stronger
20 methodological rigor than case or postmarketing
21 reports. This is because the denominator is known,
22 and data collection methods are more systematic;

1 that is, adverse events are assessed consistently
2 across exposure groups.

3 So now let's review the six observational
4 studies that altogether provide information in over
5 300,000 smokers. The studies ranged in size of
6 approximately 10,000 to nearly 70,000 patients
7 treated with varenicline. The studies included
8 patients with and without a history of psychiatric
9 disease treated in routine clinical practice.

10 These studies were conducted in a broad
11 selection of populations from primary care patients
12 in the United Kingdom, the entire populations of
13 Denmark and Sweden, the U.S. Military Health
14 System, which includes active duty and retired
15 military and their dependents, and the U.S.
16 Veterans Administration, which includes U.S.
17 veterans and eligible family members and survivors.

18 The design of the studies is broadly
19 similar. They estimated the rate of occurrence of
20 designated neuropsychiatric events in patients who
21 have received a prescription of varenicline versus
22 a comparator such as nicotine replacement therapy

1 or bupropion.

2 The first four studies shown here compared
3 varenicline to NRT. These are the adjusted effects
4 from analyses design to equate the patient groups
5 unknown and in some cases unknown confounders. The
6 95 percent confidence intervals that do not include
7 1, indicate a significant group difference.

8 Here, Meyer reported a reduced risk of
9 outpatient visits for neuropsychiatric events for
10 varenicline relative to NRT. Thomas reported a
11 reduced risk of antidepressant treatment for
12 varenicline relative to NRT. Kotz reported a
13 reduced risk for depression in fatal/non-fatal
14 self-harm. The Cunningham study found no
15 difference in rates of hospitalization or
16 outpatient visits for 6 of 7 psychiatric diagnoses.
17 However, a greater likelihood of outpatients'
18 visits was found among those with schizophrenia.

19 The reasons for the visits are unknown and
20 may be that smokers with schizophrenia treated with
21 varenicline were monitored more frequently in
22 outpatient visits relative to those treated with

1 NRT. The magnitude of the difference indicated 5
2 more visits per 100 years of treatment.

3 The study by Molero was unique in using a
4 self-controlled analysis where each subject served
5 as his or her own control in a longitudinal
6 analysis, the comparison being treatment with
7 varenicline versus a non-treatment period. The
8 strength is a subject-matched design controlling
9 for factors that do not change over time. The
10 weakness is that the design cannot control for
11 time-varying compounds, namely the experience of
12 quitting smoking and nicotine withdrawal.

13 While most outcomes evaluated in the Molero
14 study did not indicate a significant difference for
15 the varenicline versus non-treatment period
16 comparison, one difference was found specific to
17 smokers with a history of psychiatric illness
18 indicating treatment for mood or anxiety symptoms.
19 Notably, depression and anxiety are characteristic
20 of nicotine withdrawal. Nicotine withdrawal has
21 been found to be more severe amongst smokers with a
22 history of mental illness.

1 A sixth study by Pasternak found no
2 difference in neuropsychiatric risks between
3 varenicline and bupropion. Four of the
4 observational studies reported on fatal and
5 non-fatal self-harm. Here, the most serious events
6 were studies, and they were extremely rare, even
7 with these large sample sizes.

8 Kotz, one of the studies from the UK
9 National Health Service, had the largest sample,
10 nearly 160,000 smokers. As such, the study had the
11 largest number of observed fatal and non-fatal
12 self-harm events. The summary estimate indicated
13 reduced risk of harm for varenicline compared to
14 NRT. The Molero study also identified a sizable
15 number of serious adverse events among the nearly
16 70,000 smokers observed.

17 Notably, the timing of event was unrelated
18 to treatment with varenicline. The hazard ratio
19 estimates were 1 or lower. The estimate for Kotz
20 was statistically significant and indicated a
21 reduced risk of fatal or non-fatal self-harm for
22 varenicline relative to NRT.

1 Altogether, the six studies looked at a
2 variety of outcomes and comparators in real-world
3 settings. Multiple outcomes were assessed, and
4 most were not significant. In most cases, the
5 findings indicated no increased risk for
6 varenicline relative to NRT, bupropion, or no
7 treatment. Further, the most severe events of
8 self-harm were extremely rare.

9 So how do we weigh this evidence? The
10 observational studies offer important
11 methodological advantages over postmarketing
12 reports, the largest being you have a comparator
13 group and a known denominator within a defined
14 patient population. This allows you to understand
15 whether the rates being observed are different from
16 what would be expected among the populations of
17 smokers attempting to quit.

18 This is crucial because smokers as a group
19 are at greater risk for mental illness and suicidal
20 behavior, and through the act of quitting smoking
21 are likely to experience agitation, aggression,
22 anxiety, and mood disorders due to nicotine

1 withdrawal.

2 In science, we distinguish between levels of
3 evidence. The postmarketing reports are useful in
4 providing an indicator of potential signal. But
5 going a step further in scientific vigor and
6 evidence, we now have six published, independently
7 conducted observational studies of varenicline,
8 neuropsychiatric with over 300,000 smokers. These
9 studies were in the U.S., in the UK, in Denmark,
10 and in Sweden.

11 The next more rigorous step, an empirical
12 investigation with increased controls for bias, is
13 a randomized, blinded, placebo-controlled trial.
14 EAGLES was designed to estimate the potential
15 safety risk of interest, and it sampled over 8,000
16 smokers, half with current or a history of mental
17 illness. Notably, as delineated in the briefing
18 document, the EAGLES findings are highly consistent
19 with the observational study data, providing
20 increased certainty of the neuropsychiatric safety
21 of varenicline among diverse groups of smokers.

22 I will now turn over the podium to

1 Dr. Robert Anthenelli, who will provide the details
2 of the EAGLES study data.

3 **Applicant Presentation - Robert Anthenelli**

4 DR. ANTHENELLI: Thank you, Dr. Prochaska,
5 and good morning, everyone. I'm Robert Anthenelli.
6 I am professor and executive vice chair of the
7 Department of Psychiatry at the University of
8 California, San Diego. I chaired the EAGLES
9 steering committee and was the principal
10 investigator on this study. In the spirit of
11 disclosure, I provide consulting services to
12 Pfizer, and my university has received funding for
13 research studies from the sponsor. However, I have
14 no financial interest in the outcome of this
15 meeting.

16 As previously mentioned, postmarketing
17 reports of serious neuropsychiatric adverse events
18 in subjects treated with varenicline led to
19 labeling revisions in a postmarketing requirement.
20 EAGLES was designed to satisfy this postmarketing
21 requirement.

22 The primary objectives of the study were to,

1 one, assess if there were differences in the risk
2 of clinically significant neuropsychiatric adverse
3 events in subjects treated with varenicline,
4 bupropion, nicotine replacement therapy, or
5 placebo, and two, determine whether individuals
6 with prior history of psychiatric disorders are at
7 greater risk for serious neuropsychiatric adverse
8 events compared with individuals without such a
9 history.

10 This study also had a main efficacy
11 objective to compare smoking abstinence rates among
12 the four treatment groups. In this presentation, I
13 will describe the EAGLES study design and will
14 share how my involvement with the EAGLES trials has
15 helped my thinking evolve on smoking cessation
16 treatment.

17 EAGLES was a randomized, double-blind,
18 24-week study that included four treatments:
19 varenicline, bupropion, nicotine patch, and
20 placebo. Subjects were treated for 12 weeks.
21 Nicotine patch, an over-the-counter product, which
22 does not carry warnings regarding serious

1 neuropsychiatric adverse events, was used as an
2 active control. The target sample size was 8,000
3 subjects with 2,000 per treatment group balanced by
4 a history of psychiatric disorder diagnosis. The
5 primary comparisons were varenicline versus placebo
6 and bupropion versus placebo.

7 Since the details of the study design were
8 included in the sponsor's briefing document, I will
9 highlight just a couple of points on the design.
10 Treatment began on day zero, and subjects were
11 encouraged to quit on day 8.

12 Subjects assigned to the nicotine patch
13 group received placebo/varenicline and
14 placebo/bupropion during their first week. Active
15 nicotine replacement was started at the week 1
16 visit when subjects were asked to quit smoking in
17 keeping with the manufacturer's recommendation.

18 The primary safety endpoint, which will be
19 described shortly, was a composite of
20 neuropsychiatric adverse events that occurred
21 during the treatment period plus 30 days. The
22 study included adult smokers. Subjects with

1 imminent suicidal risk or displaying self-injurious
2 behaviors were excluded from the study.

3 All subjects were screened for axis 1 and 2
4 diagnoses using the DSM-IV-TR criteria based on the
5 structured clinical interview for DSM-IV disorders,
6 also known as the SCID. The SCID diagnosis was
7 confirmed by a psychiatrist or a clinical
8 psychologist.

9 Based on the SCID, subjects who had no
10 current or past psychiatric diagnosis were included
11 in the non-psychiatric cohort. Subjects who met
12 criteria of either a current or lifetime diagnosis
13 for one or more of the DSM-IV diagnoses and were
14 clinically stable were included in the psychiatric
15 cohort. Subjects in the psychiatric cohort were
16 further stratified based on which of four
17 categories their primary diagnosis fell: mood
18 disorders, anxiety disorders, psychotic disorders,
19 and personality disorders.

20 Now, prior to EAGLES, there was no precise
21 definition or precedent for what constituted a
22 clinically significant neuropsychiatric adverse

1 event. Therefore, Pfizer developed, with input
2 from the FDA, a composite primary safety endpoint
3 for the study. The composite endpoint included a
4 broad range of serious neuropsychiatric adverse
5 events, which were chosen because they reflected
6 the type of events reported in the postmarketing
7 experience and listed in the Chantix label.

8 Inclusion of only neuropsychiatric events of
9 moderate to severe intensity was chosen to increase
10 the specificity of the endpoint by excluding
11 neuropsychiatric adverse events that were less
12 clinically significant as well as events that were
13 typically associated with the nicotine withdrawal
14 syndrome.

15 The 16 components, which make up the
16 composite primary endpoint, are shown on this next
17 slide. The primary safety outcome measure was the
18 percentage of subjects reporting at least one of
19 the following neuropsychiatric adverse events
20 during treatment and up to 30 days after the last
21 dose.

22 To be included in the composite endpoint, 4

1 of the components, those more frequently reported
2 with withdrawal symptoms anxiety, depression,
3 feeling abnormal, and hostility, were rated as
4 severe in intensity by the investigator. The 12
5 other components, listed on the right, were rated
6 as either moderate or severe in intensity. The 16
7 components, which were agreed with the FDA, include
8 261 MedDRA preferred terms, examples of which are
9 shown on this slide for just 6 of the 16
10 components.

11 EAGLES was sized to attain an adequate level
12 of precision in the estimation of the risk
13 difference in the NPS composite endpoint. Based on
14 the assumption of a 3.5 percent neuropsychiatric
15 adverse event rate and the placebo-treated
16 non-psychiatric cohort, and the 7 percent
17 neuropsychiatric event rate and the placebo-treated
18 psychiatric cohort, a study of 8,000 subjects would
19 provide an expected margin of error of plus or
20 minus 1.9 percent for the non-psychiatric cohort,
21 plus or minus 2.6 percent for the psychiatric
22 cohort, and plus or minus 1.6 percent for the

1 overall study.

2 An independent data monitoring committee
3 reviewed unblinded safety data every 4 months, and
4 as per agreement with the FDA, interim analyses
5 were conducted at 50 percent and 75 percent of
6 available data to ensure that the target sample
7 size was correct. At each of the two interim
8 analyses, the data monitoring committee recommended
9 to continue the study as planned, and therefore the
10 sample size remained as originally estimated.

11 Key secondary safety endpoints included an
12 analysis of the percentage of subjects with
13 severe-only neuropsychiatric adverse events within
14 the primary endpoint and an analysis of the
15 individual components that make up the primary
16 endpoint. In addition, three psychiatric rating
17 scales were used.

18 The Columbia-Suicide Severity Rating Scale
19 recommended by various agencies, including the FDA,
20 was used to assess suicidal ideation and behaviors
21 at every clinic visit. The Hospital Anxiety and
22 Depression Scale, a validated self-rating

1 inventory, was used to measure anxiety and
2 depression. And the Clinical Global Impression of
3 Improvement Scale tool was used to rate the
4 severity of psychiatric illness and change over
5 time.

6 This slide shows the subject disposition by
7 treatment group and by cohort. Approximately 1,000
8 subjects were entered into each treatment group and
9 each cohort. Approximately 80 percent of the
10 subjects in each cohort completed the study, which
11 is a relatively high percentage for this type of
12 trial.

13 The sites were trained to make every effort
14 to retain subjects in the study. If a subject did
15 not return for a scheduled visit, the site made
16 phone calls to reach the subject, and if
17 unsuccessful, sent a certified letter. If a
18 subject discontinued treatment but was not lost to
19 follow-up, the subject was encouraged to remain in
20 the study off treatment.

21 The baseline characteristics of the subject
22 population are shown in this slide by cohort.

1 Subject in both cohorts were moderately nicotine
2 dependent based on the Fagerstrom score with the
3 psychiatric cohort slightly more nicotine dependent
4 than the non-psychiatric cohort.

5 Not unexpectedly, about one-third of
6 subjects in the psychiatric cohort have a lifetime
7 history of suicidal ideation, and 12 percent had
8 previous suicidal behavior. This contrasts with
9 only 5 percent of the non-psychiatric cohort who
10 had suicidal ideation and less than 1 percent
11 having suicidal behavior prior to entering the
12 study.

13 The baseline characteristics of the
14 psychiatric cohort review of the highest percentage
15 had mood disorders as their primary diagnosis, and
16 less than 1 percent had borderline personality
17 disorder. About half of the subjects in this
18 cohort were taking a concomitant psychiatric
19 medication at baseline, and those are the study
20 characteristics, sample characteristics.

21 Let me digress for a moment and share, my
22 experience helping to design and conduct and

1 interpret the study's findings have influenced my
2 thinking on treating smokers with and without
3 psychiatric disorders.

4 I think EAGLES has turned out to be a
5 landmark study that will help clinicians and
6 smokers better evaluate the benefit-risk ratio of
7 using smoking cessation medications. We now have
8 important new information to help us sort through
9 what's always been a challenge clinically, and that
10 is how to disentangle medication side effects from
11 other potential causes of smoking cessation related
12 mental changes.

13 This diagnostic dilemma becomes more complex
14 in smokers with psychiatric disorders. Working on
15 EAGLES has also made me consider the potential
16 consequences of the boxed warning in the labeling.
17 I believe it affects how patients might accept an
18 initial trial of the medication and their tolerance
19 of possible side effects.

20 In my opinion, the attention to the safety
21 risks associated with varenicline has led many
22 smokers who might benefit from the medication to

1 stay clear of it or to quickly assume that any
2 change in mental state that they experienced during
3 the quit attempt is directly attributable to the
4 medication versus other potential causes. This
5 potential misattribution and rush to judgment about
6 possible side effects ultimately affects adherence
7 to drug and cessation outcomes.

8 Regarding the diagnostic dilemma, let me
9 share two actual cases from the EAGLES trial.
10 Shown here are vignettes of two patients with
11 bipolar disorder, case A, a 57-year-old man, and
12 case B, a 40-year-old woman. Both knew they needed
13 to quit smoking because it was affecting their
14 health. However, both had concerns about using the
15 non-nicotine smoking cessation aids due to
16 publicity about their potential side effects.

17 Early on in the trial, both subjects
18 reported adverse events. Case A began experiencing
19 changes in his sleep and mood, which he immediately
20 felt must signal that he was taking varenicline.
21 Case B experienced worsening depression and
22 anxiety, but considered that the study medication

1 may not be the culprit.

2 Although I wasn't sure if their mood changes
3 were due to study medication, tobacco withdrawal,
4 an exacerbation of their illness, or other
5 psychotropic medications they were taking, Case A
6 stopped taking study medication on his own,
7 continued in this trial until its end, but he never
8 quit smoking. Case B agreed to a dosage reduction,
9 quit smoking, and their psychiatrist added another
10 atypical antipsychotic to her regimen, which
11 improved her mood.

12 About a month ago, when I unblinded myself
13 to the study results at our site, I learned the
14 subjects' assignment. Case A was taking placebo
15 and Case B was taking varenicline. Thank you this
16 morning for your attention. With this background
17 in mind, I'd like to now reintroduce Dr. Rusnak who
18 will review the study's conduct.

19 **Applicant Presentation - James Rusnak**

20 DR. RUSNAK: Thank you, Dr. Anthenelli.

21 One of the questions, question 2, that is
22 being posed to the committee today relates to

1 EAGLES data collection, adverse event coding, and
2 application of the case definition on the
3 ascertainment of the primary endpoint. It is in
4 this context that I will now present some key
5 aspects regarding the execution of EAGLES. In
6 addition, you will also hear today some analyses
7 and comments regarding the conduct and analysis of
8 EAGLES, and we are prepared to answer the
9 committee's questions regarding these matters.

10 EAGLES was designed to capture a unique,
11 complex, and subjective endpoint. EAGLES was
12 executed as designed and captured this endpoint.
13 Additional measures were taken in the study to
14 ensure data quality, which I will briefly describe.
15 The study protocol included tools aimed at the
16 standardization of the collection of NPS events.
17 As a result, there was a wealth of information
18 regarding NPS safety collected in this study on
19 which to base conclusions.

20 Mental health professionals were required to
21 be affiliated with each site to confirm the SCID
22 diagnoses and evaluate adverse events of interest

1 associated with the primary endpoint. External
2 medical professionals were used to help ensure
3 psychiatric patients were properly diagnosed prior
4 to randomization. They were also used to provide
5 training on the SCID and the neuropsychiatric
6 adverse event interview.

7 NPS adverse events required additional
8 attention, and a multi-pronged approach to the
9 ascertainment of these events was incorporated in
10 the protocol. NPS adverse events were captured by
11 any of the following means: volunteered adverse
12 event reporting, which is the routine method for
13 the collection of adverse events. In addition,
14 EAGLES augmented adverse collection by actively
15 soliciting events using the NAEI; collecting proxy
16 reports, and through the C-SSRS.

17 Only events that were deemed to be adverse
18 events by the investigator were reported as such.
19 The NAEI and proxy reporting are special attributes
20 of EAGLES that will be further described in the
21 next two slides.

22 The Neuropsychiatric Adverse Event Interview

1 was developed by Pfizer in partnership with
2 academic collaborators and was originally used in a
3 study using varenicline in a patient population
4 with depression. Prior to use in EAGLES, an
5 additional clinical study further refined this
6 interview in a patient population that fit the
7 inclusion criteria of EAGLES.

8 Per study protocol, if a subject has a
9 positive response to any item in this interview, a
10 determination was made by the investigator as to
11 whether it met the criteria for an adverse event.
12 The interview was intended to enhance the primary
13 endpoint collection, not replace volunteered
14 reporting of adverse events. The same can also be
15 said related to proxy reporting for the collection
16 of NPS adverse events.

17 The contact card the study participants
18 received is shown here. Patients were encouraged
19 to share their participation in EAGLES with their
20 professional and personal acquaintances and ask
21 them to call their study doctor on their behalf
22 should they potentially display any of the listed

1 neuropsychiatric events. Given that the primary
2 endpoint rests on the collection of adverse events,
3 it is necessary to understand this process in
4 detail.

5 This slide depicts the investigator's key
6 role in adverse event reporting and the strengths
7 of ascertainment of the primary endpoint.

8 Investigator verbatim terms are the foundation of
9 adverse event reporting in EAGLES. One hundred
10 percent of all adverse events collected had an
11 investigator verbatim term.

12 Severity is also assessed by the
13 investigator using their clinical judgment.

14 Adverse event reporting begins with the
15 identification of a medical event. The medical
16 event could come from a variety of sources, such as
17 the patient, a proxy reporter, laboratory results,
18 response to questionnaires, or investigator
19 observations.

20 Once a medical event is identified, the
21 investigator then determines if that event meets
22 criteria for AE reporting. The investigator

1 describes the event in concise medical terminology.
2 That investigator terminology is then coded in
3 MedDRA, and two things happen.

4 First, the MedDRA preferred term is reported
5 in the general adverse event reporting, and
6 secondly, that investigator terminology coded is
7 queried to determine, one, if it meets any one of
8 the 261 preferred terms in the primary NPS
9 composite endpoint; and if so, if it met severity
10 criteria. If the answers to those questions are
11 yes, then that MedDRA coded preferred term is a
12 primary NPS composite endpoint.

13 Importantly, it is these investigator
14 verbatim terms, not subject verbatim terms, that
15 ultimately code through MedDRA the primary
16 composite NPS endpoint. Subject verbatim terms,
17 meaning what the patient voiced as a symptom to the
18 investigator, were naturally used by the
19 investigator in their medical assessment of the
20 potential adverse event. The subject verbatim
21 terms were collected, which is atypical and
22 required site education, but these subject verbatim

1 terms were not further utilized in aggregate data
2 analysis.

3 Overall, the acquisition of subject verbatim
4 terms for adverse event reporting was very high,
5 and in the over 24,000 adverse events reported, the
6 subject verbatim term was available in
7 98.9 percent.

8 The benefits of using investigator preferred
9 terms however are twofold. First, it utilizes the
10 patient's reported symptoms, meaning the subject
11 verbatim term with the addition of real-time
12 clinical observation for any physical or behavioral
13 science exhibited by the patient, and the benefits
14 of medical assessment by a trained professional of
15 the patient verbatim description in its full
16 context.

17 This process is in contrast to coding the
18 subject verbatim term that would simply rely on the
19 judgment of a code or using the subject's verbatim
20 term who has no contact with the patient.

21 Secondly, it facilitates accurate coding by
22 encouraging the use of appropriate and unambiguous

1 medical terminology and also affords the
2 opportunity to provide medical diagnoses of
3 symptoms expressed by the subject.

4 For example, the ambiguous subject verbatim
5 of, quote, "I've not been feeling myself for a few
6 days," end quote, could be taken many ways. In
7 postmarketing reports, this subject verbatim may
8 likely code to feeling abnormal. However, in the
9 context of a clinical study with the oversight of
10 an investigator, additional clinical insights and
11 solicitation of information can be undertaken.

12 In this case, the investigator reported
13 nausea and dyspnea as the adverse event terms that
14 best characterized why the patient had not been
15 feeling themselves for the past few days. As in
16 clinical practice, this process was based upon the
17 investigator's clinical judgment.

18 Naturally, there will be investigator-to-
19 investigator variability in their clinical
20 judgment. This variability however is spread
21 across all treatment groups evenly due to the
22 randomized, blinded treatment allocation.

1 Conclusions can be effectively drawn on the
2 observed relative rates of events. Moreover,
3 sensitivity analyses can and have been performed to
4 assess the robustness of the primary NPS composite
5 endpoint. These sensitivity analyses tested a
6 variety of potential confounding factors, and each
7 of these sensitivity analyses has supported the
8 primary analyses.

9 One final point on the study execution
10 merits clarification. The primary endpoint of
11 EAGLES is defined based on all treatment-emergent
12 adverse events irrespective of relatedness or
13 causality assessment.

14 We have already heard from Dr. Anthenelli
15 today two clinical vignettes that underscore the
16 difficulties in ascribing relatedness versus the
17 many factors that come from attempts to quit
18 smoking, versus the patient's underlying medical
19 condition or concomitant medications. This
20 difficulty in ascribing causality is perhaps best
21 exemplified amongst placebo-treated patients in
22 EAGLES.

1 As you will see in our blinded study, NPS
2 adverse events are also associated with placebo
3 treatment at comparable levels to active treatment
4 both in frequency and relatedness. This difficulty
5 is in part why we're here today. We are here
6 because postmarketing reports identified a safety
7 signal, but there is no control group, and
8 reporting is subject to bias.

9 Interpretation of that signal required the
10 conduct of a randomized, blinded trial to provide
11 the level of evidence to support or refute the
12 signal. Through the strengths of the blind to
13 remove bias and through the interpretation of the
14 relative frequency of all-cause, treatment-emergent
15 NPS adverse events, we can understand whether this
16 safety signal from postmarketing reports has been
17 supported or has been refuted with this rigorously
18 conducted trial just described.

19 I would now like to invite Dr. Russ to
20 present the EAGLES data.

21 **Applicant Review - Cristina Russ**

22 DR. RUSS: Good morning. My name is

1 Cristina Russ. I am a medical director in the
2 varenicline team with Pfizer.

3 This is the order in which the study results
4 will be presented. We will start with a key
5 outcome of the EAGLES study, the primary
6 neuropsychiatric adverse event composite endpoint.
7 The observed incidence of the endpoint for the
8 overall study population is shown on the left, the
9 non-psychiatric cohort is shown in the middle, and
10 the psychiatric cohort on the right.

11 The vertical axis shows percent of subjects
12 with at least one event meeting the prespecified
13 criteria for the primary endpoint. The incidence
14 is based on adverse events reported by the
15 investigators regardless if considered treatment
16 related or not. The incidence is similar across
17 treatment arms in the overall study population,
18 around 4 percent. The incidence in the
19 non-psychiatric cohort ranges from 1.3 percent for
20 varenicline, the blue bar, to 2.5 percent for NRT,
21 the purple bar. In the psychiatric cohort, it
22 ranges from 4.9 percent for placebo, orange, to

1 6.7 percent for bupropion, green.

2 This data confirmed that subjects
3 experienced serious neuropsychiatric adverse events
4 when attempting to quit smoking regardless of
5 treatment, including in the placebo arm. The data
6 also reflect a higher incidence in the psychiatric
7 cohort across all treatment arms. The data suggest
8 that the results may defer by cohort when comparing
9 varenicline and placebo.

10 The statistical analysis is shown on the
11 next slide. The risk differences at 95 percent
12 confidence intervals for each active treatment
13 versus placebo for the overall study population are
14 shown on this plot. The vertical line through zero
15 indicates no difference. The point estimate for
16 the risk difference for varenicline versus placebo
17 is very close to zero.

18 Risk differences for each cohort separately
19 will be shown next, the non-psychiatric cohort on
20 the top and the psychiatric cohort on the bottom.
21 In the non-psychiatric cohort, the risk differences
22 for active versus placebo are close to or lower

1 than zero, showing a small numerical decrease.
2 Associated 95 percent confidence intervals are
3 below or include zero. In the psychiatric cohort,
4 the risk differences are higher than zero, showing
5 a small numerical increase. The differences are
6 not statistically significant, and 95 percent
7 confidence intervals include zero.

8 The small numerical decrease in the
9 non-psychiatric cohort and the small numerical
10 increase in the psychiatric cohort seen for
11 varenicline versus placebo have the same magnitude,
12 between 1 and 2 percent. More precisely, the risk
13 differences are minus 1.28 and plus 1.59,
14 respectively.

15 The primary endpoint was the result of a
16 careful balance between specificity and
17 sensitivity, and was based on the define selection
18 of terms and severity ratings, however, we did
19 conduct further analysis to better understand the
20 endpoint. We will start with a sensitivity
21 analysis that expands the neuropsychiatric endpoint
22 with the intent to minimize the impact of potential

1 variability in classification of events by
2 investigators. It was conducted after the briefing
3 document was submitted. The results were
4 consistent with a prespecified primary analysis and
5 with a sensitivity analysis, included by the FDA in
6 their briefing document.

7 The expanded neuropsychiatric endpoint
8 includes all subjects meeting the prespecified
9 primary endpoint. It also includes additional
10 subjects identified by a blinded clinical review of
11 cases of neuropsychiatric worsening captured by the
12 psychiatric scales or by the mental health
13 evaluation.

14 The intent is to capture any relevant event
15 potentially missed. Also, it includes all subjects
16 with moderate events included in the components:
17 depression, anxiety, hostility, and feeling
18 abnormal. These components were included in the
19 primary prespecified endpoint but only if they were
20 rated severe by the investigators.

21 The reason behind the prespecified criteria
22 was to minimize noise based on nicotine withdrawal.

1 This addition to the expanded endpoint equalizes
2 the threshold of severity required across all
3 components in order to be counted for the
4 endpoints, so minimizes the impact of the
5 variability in the classification of events by
6 investigators.

7 Last, the expanded endpoint also includes
8 all subjects with a moderate or severe adverse
9 event of irritability. Irritability was not part
10 of the primary endpoint, but was now added because
11 some events of anger could be judged to be
12 irritability.

13 The incidence of the expanded
14 neuropsychiatric endpoint is shown in contrast with
15 a primary prespecified endpoint. It is
16 highlighted. It is approximately 5 percent in the
17 non-psychiatric cohort and approximately 12 to 13
18 percent in the psychiatric cohort. The expansion
19 appears proportional across treatment arms.

20 If we look at the data broken down by
21 category, we can see that the main contributor is
22 the addition of moderate events of the prespecified

1 components, particularly depression and anxiety.
2 The cases identified by the clinical review added
3 fewer than 5 subjects per treatment arm in each
4 cohort. Irritability added fewer than 8 subjects.

5 The difference between varenicline and
6 placebo in the sensitivity analysis is consistent
7 with a prespecified analysis, and the statistical
8 analysis confirms this conclusion. The stable list
9 of risk differences and 95 percent confidence
10 intervals were all comparisons between active and
11 placebo, for the sensitivity analysis and for the
12 prespecified analysis. The risk differences for
13 varenicline versus placebo are highlighted. They
14 are very consistent between the two analyses.

15 We will now review an analysis that narrows
16 the endpoint to the most severe events, or serious
17 adverse events, or events leading to treatment
18 discontinuation. While the total number of
19 subjects reporting any neuropsychiatric event in
20 the non-psychiatric cohort in the primary
21 prespecified endpoint are shown on the left, the
22 subset of subjects with at least one event rated as

1 severe in intensity by the investigator is shown on
2 the right.

3 This subset was a prespecified secondary
4 analysis. Please note that we switched from
5 percent to number of subjects on the vertical axis,
6 and the data is shown descriptively.

7 As seen in the first set of bars, a total of
8 13 subjects met the primary endpoint for
9 varenicline, 22 for bupropion, 25 for NRT, and 24
10 for placebo. On the right, we see one varenicline
11 subject with an event rated as severe by the
12 investigator and 5 such subjects for placebo. We
13 can also add serious adverse events, such as
14 life-threatening or leading to hospitalizations, in
15 events that led to treatment discontinuation to
16 this analysis.

17 We see the combined data for all the steps
18 of events in the endpoint now on the right. The
19 results show a lower number of subjects treated
20 with varenicline with events that were rated
21 severe, or were SAEs, or events that led to
22 treatment discontinuation when compared to placebo.

1 The same analysis is presented for the
2 psychiatric cohort; on the left, totals; on the
3 right, subjects with events rates severe, 14 for
4 varenicline and 13 for placebo. Again, we added
5 SAEs and events leading to treatment
6 discontinuation.

7 The combined data is now shown on the right.
8 We see 26 subjects for varenicline and 23 subjects
9 for placebo. The denominator is around 1,000
10 subjects per treatment arm. So therefore, the
11 small numerical difference observed between
12 varenicline and placebo for the entire primary
13 endpoint in the psychiatric cohort was not driven
14 by events rated by investigators as severe, or
15 serious adverse events, or events that led to
16 treatment discontinuation, but rather by moderate
17 events.

18 We will now review the components of the
19 prespecified endpoint with a more in-depth review
20 of events that have the potential to or resulted in
21 harm to others, or to self. The 16 components of
22 the primary end point for the non-psychiatric

1 cohort are now presented. The graph shows the
2 number of subjects with events by component.
3 Subjects could be counted in one or multiple
4 components, depending on the terms reported by the
5 investigators.

6 Some of the components are a part of the
7 same syndrome, such as anxiety and panic, or
8 hostility and aggression, and could potentially be
9 seen more as a continuum than as highly distinct
10 categories. The most frequent type of event is
11 agitation. It includes moderate and severe events.
12 Agitation is the only component for which the
13 statistical analysis could be conducted, and it
14 showed the results that are similar for varenicline
15 and placebo. For all the other components, there
16 are fewer than 5 subjects per treatment arm.

17 The 16 components are shown for the
18 psychiatric cohort now in the decreasing order of
19 frequency for varenicline. Agitation is the most
20 frequent component also in this cohort. The
21 statistical analysis does not show significant
22 differences between varenicline and placebo.

1 There were no ones for hostility, homicidal
2 ideation, or suicide as can be seen on the right.
3 The rest of the components showed differences
4 between varenicline and placebo of 3 subjects or
5 fewer, except for aggression, the second component
6 shown on the graph. As mentioned, we conducted a
7 more in-depth review of aggression and suicide
8 related events, as they could result in harm to
9 self or other, and we still start with aggression.

10 The table shows the number of subjects who
11 met the primary endpoint due to events mapped to
12 this component to aggression in each cohort. There
13 were 3 subjects for both varenicline and placebo in
14 the non-psychiatric cohort and 14 versus 8,
15 respectively, in the psychiatric cohort. The
16 tables also show the number of subjects with events
17 in this component that were rated as severe, that
18 were SAEs, or led to permanent treatment
19 discontinuation, and this number was of 2 subjects
20 or fewer per treatment arm and similar for
21 varenicline and placebo.

22 We also did a qualitative review of these

1 cases. We reviewed the data for the component
2 aggression subject by subject. The majority of
3 cases were verbal aggressions or feeling of anger.
4 All the events in this component resulted in a
5 physical act of aggression -- so other than verbal
6 against people or objects are summarized in the
7 table by using verbatims from subjects. The
8 varenicline cases did not involve other people but
9 throwing objects. The most severe case resulting
10 in significant harm to another person was in the
11 placebo arm.

12 The three components in the primary
13 endpoint, including suicidal ideation, suicidal
14 behavior, and completed suicide are shown for the
15 non-psychiatric cohort now. There were no cases
16 mapping to these components in the varenicline arm.
17 You can see the number of subjects in the other
18 treatment arms, which were mapped to these
19 components, and the short description of the
20 suicide behaviors. This included an NRT subject
21 who cut wrist and the completed suicide in a
22 placebo subject who jumped from a monument.

1 In the psychiatric cohort, for suicidal
2 ideation, there were 5 subjects for varenicline, 2
3 for bupropion, 4 for NRT, and 2 for placebo with
4 events in this component. The highlighted row now
5 shows number of subjects with suicidal behavior:
6 varenicline, one subject who cut wrist 20 days
7 after last dose of medication, case considered by
8 the investigator non-suicidal, but this case is
9 included in the primary endpoint; bupropion, one
10 subject inhaled gas from a cigarette lighter;
11 placebo, one subject took an overdose of
12 psychotropic medication on day 9. There were no
13 completed suicides in the psychiatric cohort.

14 So hence, the review of suicide behavior did
15 not reveal more severe cases for varenicline.

16 While the neuropsychiatric endpoint in the
17 study is novel, the psychiatric scales that will be
18 reviewed now are broadly used in clinical trials.
19 Their outcome did not show an increased
20 neuropsychiatric risk for varenicline, important
21 for the triangulation of evidence. We will
22 continue the review of the suicide related events

1 and their enhanced collection through the Columbia
2 scale.

3 The table shows positive answers on the
4 Columbia-Suicide Severity Rating Scale during
5 treatment plus 30 days. As expected based on
6 lifetime history, there are fewer reports in the
7 non-psychiatric cohort on the left than in the
8 psychiatric cohort on the right.

9 The highlighted row shows the cases of
10 suicide behavior. There is one varenicline subject
11 in this row in the psychiatric cohort. The subject
12 heard voices to jump in front of a bus and was
13 included in the primary endpoint for
14 hallucinations.

15 All the other suicide behaviors captured by
16 Columbia scale and now shown in the highlighted row
17 are included in a primary endpoint in the component
18 suicide behavior and were described earlier, with
19 the exception of a placebo subject who took 4
20 bottles of study medication. This was considered
21 by the investigator non-suicidal and reported as an
22 overdose. The subject was though included in the

1 expanded sensitivity analysis in the placebo arm.

2 The row highlighted now shows subject with
3 yes answers for suicidal ideation. Positive
4 answers are presented regardless of the
5 investigator's interpretation of the answers and
6 the adverse event reporting. We see similar
7 numbers for varenicline and placebo:
8 non-psychiatric cohort 9 and 7 subjects;
9 psychiatric cohort, 29 and 26.

10 The most concerning ideations that have the
11 highest predictive value for suicide behavior are
12 the ideations with some intent and/or specific
13 plans, a 4 or 5 on the scale. There were no such
14 ideations reported as the most severe type of event
15 on the Columbia scale for varenicline. For
16 placebo, there were 2, and for NRT, 1 in the
17 psychiatric cohort.

18 In summary, the total number of subjects
19 with positive answers for any ideation, passive or
20 active, and/or behavior was similar for varenicline
21 and placebo in the non-psychiatric cohort, 9 and 8
22 subjects; and psychiatric cohort, 30 versus 28.

1 We will now review the last two scales, the
2 Hospital Anxiety and Depression Scale and the
3 Clinical Global Impression of Improvement. The
4 analysis presented in the briefing document for
5 these two scales show very similar data for the
6 average weekly scores for all treatment arms.
7 Additional analysis will now be presented that
8 assess the worsening of severity and also shows
9 similar outcomes for varenicline and placebo.

10 This graph is for the HADS Anxiety subscale.
11 It shows percent of subjects with an increase in
12 category of severity at any time during treatment,
13 plus 30 days versus baseline, non-psychiatric
14 cohort on the top, psychiatric on the bottom. The
15 bars on the left show any worsening of category,
16 while the bars on the right are the subset for an
17 increase from a score below 11 to 11 or higher, so
18 a shift in the most severe category.

19 We see a high percentage in the psychiatric
20 cohort versus non-psychiatric cohort across all
21 treatment arms, as for other outcomes. Most
22 importantly, we see similar or lower percentages

1 for varenicline versus placebo. The other HADS
2 subscale for depression follows a similar pattern;
3 again, similar results, differences of less than
4 1 percent for varenicline versus placebo or versus
5 NRT.

6 The last scale, the Clinical Global
7 Impression of Improvement, again, non-psychiatric
8 on the top, psychiatric on the bottom, the graph
9 shows percent of subjects with a worsening of their
10 status as reflected by this scale versus baseline
11 at any time during treatment plus 30 days. The
12 categories are minimally worse, much worse, or very
13 much worse, and results look very similar within
14 0.5 percent difference for varenicline versus
15 placebo in both cohorts.

16 We will now briefly review the efficacy
17 outcomes. Varenicline did prove to be the most
18 effective therapy tested, confirming previous
19 studies and meta-analysis. The results shown are
20 for the main efficacy endpoint for the
21 non-psychiatric cohort. The graph on the left
22 indicates the percent of subjects reaching

1 continuance abstinence during the last 4 weeks of
2 treatment, weeks 9 through 12. Odds rate [ph]
3 shows 95 percent confidence intervals shown on the
4 right.

5 Varenicline achieved the highest abstinence
6 of 38 percent. Odds rat shows varenicline versus
7 placebo are 4, and versus bupropion and versus NRT,
8 1.7; 95 percent confidence intervals are narrow
9 showing robust effects.

10 To account for relapse expected to occur
11 during the non-treatment follow-up, a long-term
12 abstinence rate was also prespecified, and this
13 continues abstinence rates for weeks 9 to 24 now
14 shown in the second bar chart. The differences
15 between varenicline and NRT or varenicline and
16 bupropion continued to be statistically and
17 clinically significant.

18 The results in the psychiatric cohort showed
19 the same ranking of effectiveness. The abstinence
20 rates are lower than for the non-psychiatric cohort
21 in all treatment arms. The continued abstinence
22 rate for varenicline for weeks 9 to 12 is

1 29 percent, odds ratio for varenicline versus
2 placebo greater than 3.

3 There was no interaction between treatment
4 and cohort, meaning that the effect of the
5 treatment was not dependent on psychiatric history,
6 and both cohorts do benefit from active treatment.
7 So varenicline shows significantly higher
8 effectiveness than NRT and bupropion in both
9 cohorts at the end of the treatment, and the
10 difference remains statistically significant
11 through the non-treatment phase.

12 EAGLES provided the first head-to-head
13 comparison between the three approved smoking
14 cessation pharmacotherapies in the large
15 placebo-controlled trial. The results did not show
16 an increased risk of neuropsychiatric adverse
17 events in the composite primary endpoint in the
18 overall study population for varenicline versus
19 placebo or versus NRT.

20 In all treatment arms, including placebo,
21 the incidence of the primary endpoint was higher in
22 the psychiatric cohort than in the non-psychiatric

1 cohort. When looking at the risk difference for
2 varenicline versus placebo, we do see in the non-
3 psychiatric cohort a small numerical decrease for
4 varenicline, in the psychiatric cohort, a small
5 numerical increase. However, the difference did
6 not reach statistical significance and was not
7 driven by events that were rated as severe, or were
8 serious adverse events, or events that led to
9 treatment discontinuation, or resulted in harm to
10 self or other. A sensitivity analysis that
11 expanded the endpoint was consistent with a primary
12 analysis.

13 The outcomes of the psychiatric scales did
14 not show an increased neuropsychiatric risk for
15 varenicline versus placebo or versus NRT.
16 Varenicline was shown to be the most efficacious
17 treatment in both cohorts.

18 Thank you. I would like now to introduce
19 Dr. Eden Evins to share her views on the clinical
20 implications of these results.

21 **Applicant Presentation - Eden Evins**

22 DR. EVINS: Thank you, Dr. Russ.

1 Good morning. My name is Eden Evins. I'm
2 pleased to provide a clinical perspective on EAGLES
3 outcomes. I'm a psychiatrist. I serve as director
4 for the Center for Addiction Medicine at the
5 Massachusetts General Hospital and as the Cox
6 family associate professor of psychiatry in the
7 field of addiction medicine at Harvard Medical
8 School. I treat smokers with and without serious
9 mental illness, and I teach medical students,
10 residents, and practicing clinicians about tobacco
11 addiction and smoking cessation treatment.

12 I was an investigator in the EAGLES trial,
13 and I've conducted as principal investigator nine
14 additional randomized controlled trials of smoking
15 cessation treatment, and those were schizophrenia,
16 schizoaffective disorder, bipolar disorder, and
17 major depressive disorder, as well as those without
18 a mental illness.

19 By way of disclosure, I provide consulting
20 services to Pfizer, to NIDA, and to various
21 universities and institutes for grant review, and
22 I've been compensated through my university for my

1 work as an investigator for the EAGLES trial, but I
2 have no financial interest in the outcome of this
3 meeting.

4 I started this line of work during my
5 fellowship when, in the same week in the
6 schizophrenia program at the Mass General Hospital,
7 one of my patients who smoked 3 packs a day died
8 from sudden cardiac death at age 40. And in the
9 same week, another patient of mine, also a heavy
10 smoker in his 40's, began to attend the clinic with
11 portal oxygen that he needed just to walk around
12 because of his severe emphysema. I'd like to share
13 with you why as a clinician, teacher, and
14 researcher I think that the EAGLES trial results
15 are extremely important.

16 First of all, why do we find ourselves in
17 the nearly impossible position of trying to prove
18 the absence of an association between a medication
19 and an important category of adverse events? One
20 reason is that the initial trials of varenicline
21 excluded smokers with psychiatric disorders. And
22 by excluding smokers with psychiatric illnesses,

1 these trials had no opportunity to evaluate with
2 the aid of a control group the psychiatric adverse
3 event with varenicline in smokers with a comorbid
4 psychiatric illness.

5 When varenicline came into general use and
6 worrisome events such as aggression, suicidal
7 behavior, or violent behavior were reported, the
8 medication was blamed; action by regulatory
9 agencies was taken; restriction of varenicline by
10 many formularies was made; and there was reluctance
11 on the part of many physicians to prescribe
12 varenicline.

13 The EAGLES trial now provides the data that
14 we needed then. The EAGLES trial is rightly viewed
15 as a landmark study by clinicians and researchers
16 because of its many firsts. It's the first trial
17 to compare safety and efficacy of all FDA-approved
18 smoking cessation medications in large samples of
19 smokers with and without psychiatric illness. In
20 fact, it's the first smoking cessation trial at all
21 to include a large number of patients with
22 psychiatric illness, and this group consumes the

1 majority of cigarettes purchased in the United
2 States.

3 EAGLES in fact enrolled more smokers with
4 major depressive disorder, more smokers with
5 bipolar disorder, more with anxiety disorder and
6 with schizophrenia spectrum disorders than any
7 prior smoking cessation study. So it's thus the
8 first study to allow comparison of both safety and
9 efficacy of all FDA-approved smoking cessation
10 treatments between smokers with these psychiatric
11 disorders.

12 Because of the broad enrollment criteria,
13 EAGLES results are relevant in a range of clinical
14 settings from primary and specialty medical care to
15 community mental health centers. Those in both
16 cohorts had on average a moderate level of nicotine
17 dependence based on the Fagerstrom score and were
18 thus at risk for nicotine withdrawal symptoms.

19 Those in the psychiatric cohort had stable
20 psychiatric illness. Half were on psychotropic
21 medication in order to be stable, but many were
22 quite symptomatic at baseline with symptoms such as

1 delusions, hallucinations, and ongoing depressive
2 symptoms despite best treatment.

3 The distinction between stable and
4 symptomatic is important. Excluding patients with
5 unstable psychiatric illness is medically prudent
6 for patient safety and scientifically sound to
7 reduce noise in the primary outcome. But including
8 those who are symptomatic despite best treatment
9 makes the sample relevant and useful to clinicians
10 treating a wide range of smokers.

11 In the EAGLES cohort, half of those with
12 major depressive disorder had a more severe form of
13 the illness with repeated episode called recurrent
14 major depressive episodes. These folks are shown
15 to have an increased risk of neuropsychiatric
16 adverse events during a smoking cessation attempt.
17 One-third of the psychiatric sample had a comorbid
18 psychiatric illness. A fourth had a comorbid
19 substance use disorder that was in remission at the
20 baseline visit, and one-eighth had made a prior
21 suicide attempt in their lifetime. So overall,
22 these are the types of patients that we see in

1 clinical practice.

2 Another reason EAGLES is so impactful is
3 that the efficacy conclusions are clear and
4 unambiguous. Varenicline is more effective than
5 bupropion and nicotine replacement therapy, which
6 are each more effective than placebo. This was the
7 case in smokers with and without psychiatric
8 illness, and this is great news. The fact that the
9 EAGLES efficacy findings are consistent with prior
10 findings also raises confidence in the findings.

11 In addition to confirming our prior
12 understanding of relative efficacy, the EAGLES
13 trial extends what we know about safety by
14 quantifying the rate at which neuropsychiatric
15 adverse events can be expected when smokers attempt
16 to quit smoking on each of the three FDA-approved
17 smoking cessation treatments and placebo, and doing
18 so in the largest sample ever studied.

19 So the EAGLES results tell us that we can
20 expect about 2 percent of smokers without a mental
21 illness who try to quit to have some kind of
22 neuropsychiatric adverse event during their

1 cessation attempt regardless of treatment. And
2 they tell us that smokers with a mental illness who
3 try to quit, we can expect 5 to 7 percent to have
4 some kind of neuropsychiatric adverse event, again
5 independent of treatment.

6 So the results from EAGLES to my eyes show
7 no pattern in the most worrisome of
8 neuropsychiatric adverse events, including
9 hostility, aggression, severe depression, or
10 suicidal ideation or behavior. And as I will show,
11 no psychiatric subgroup appears to be at a
12 particularly increased risk from varenicline
13 compared to placebo.

14 One of my central concerns as a clinician,
15 teacher, and now as a researcher is that smoking
16 cessation treatments are underutilized by
17 clinicians, underlying our slow progress in
18 reducing smoking rates in the general population,
19 and are virtually no progress in reducing smoking
20 rates among those with psychiatric illness.

21 Now, clinicians are seeing in a very large
22 randomized controlled trial, in a sample patient

1 population relative to their practice, that the AE
2 rate is essentially the same with placebo as with
3 active treatments, as shown here for the
4 non-psychiatric cohort, and may make a difference
5 in what they recommend to their patients who smoke.

6 It may shift their risk-to-benefit
7 assessment and recommendations away from thinking
8 that inaction or delay in prescribing a smoking
9 cessation aid is the safest course of action toward
10 implementing clinical best practices for smoking
11 cessation, an action that dramatically increases
12 the odds of smoking cessation, which is lifesaving.

13 In this slide, in subjects with psychiatric
14 illness, we see similar findings regarding
15 neuropsychiatric safety and efficacy. These
16 figures from subgroup analyses within the
17 psychiatric cohort show the neuropsychiatric
18 adverse event rates on the top and the
19 end-of-treatment abstinence rates on the bottom,
20 broken out by both treatment assignment and
21 psychiatric diagnosis.

22 With varenicline, the likelihood of success

1 with abstinence for smokers with a mental illness
2 is increased by a factor of 2 in those with mood
3 disorders and by over 5 in those with psychotic
4 disorders with no significant increase in
5 neuropsychiatric adverse events rates versus
6 placebo.

7 You can see here that the neuropsychiatric
8 adverse event rate, on the top row, is actually the
9 same with varenicline as with placebo in the
10 psychotic disorder group and the anxiety disorder
11 group, and not significantly increased in the mood
12 disorder group. This is a very important finding.

13 Moreover, while varenicline more than
14 triples the odds of abstinence compared to placebo
15 for the whole psychiatric cohort, the odds of
16 abstinence with varenicline versus placebo in those
17 with schizophrenia is over fivefold, and this is
18 because the placebo quit rate of 4 percent is so
19 low.

20 This 4 percent placebo quit rate is
21 consistent with prior studies. It's what is shown
22 in the Cochrane review of smokers with

1 schizophrenia. Yet, as is precisely in this
2 subgroup, smokers with psychosis, that varenicline
3 is the most underprescribed and for whom the
4 mortality disparity due to smoking related illness
5 is the greatest. It's now estimated at 28 years
6 compared to the general population.

7 The efficacy and safety findings from EAGLES
8 are consistent with my experience as a clinician
9 and as a PI of many smoking cessation trials.
10 However, despite the very consistent high quality
11 evidence regarding neuropsychiatric safety of
12 smoking cessation medications, clinicians often
13 attribute any neuropsychiatric adverse events
14 during a cessation attempt to the medication,
15 particularly when using varenicline.

16 By way of example, in a trial of maintenance
17 varenicline versus placebo, that I was the PI of,
18 published in JAMA for prevention of relapse to
19 smoking, my wonderful mentor, Don Goff, a superb
20 clinician who some of you know, attributed to
21 varenicline a psychotic decompensation in a person
22 with stable, treated, symptomatic schizophrenia.

1 At his request, we stopped study medication for
2 this person, and some of her symptoms resolved over
3 the coming weeks. However, when we broke the
4 blind, we later found she had been on placebo.

5 We've had similar situations in prior
6 trials. A woman in a trial of bupropion plus NRT
7 versus placebo plus NRT became manic and psychotic.
8 She broke into the BU law library one night and was
9 found by campus police the next morning and brought
10 to our clinic. She had been reading legal text all
11 night, though she had no connection with the law
12 school, and her clinician attributed the mania to
13 bupropion she could have been on in the study, and
14 asked that she discontinue study medication. We
15 did, and later learned she had been on placebo plus
16 nicotine patch.

17 I emphasize with prescribers and with
18 patients, who are often wary about using
19 varenicline due to the boxed warning and the
20 negative press about psychiatric risks of the drug,
21 that there are neuropsychiatric adverse events
22 observed in trials as they are observed in

1 practice. But in trials, we can see that they're
2 not different by treatment. And now with the
3 EAGLES data, we can quantify that risk. With
4 controlled trials and large operational studies, we
5 see that significant neuropsychiatric adverse
6 events have been reported by smokers trying to
7 quit, but the events are independent of treatment.

8 What do we know about why significant
9 neuropsychiatric adverse events occur in smokers
10 trying to quit? Smoking is an addiction. Thus, it
11 is a psychiatric illness in and of itself with
12 associated increased neuropsychiatric adverse
13 events, notably suicide, even in those not trying
14 to quit.

15 The neuropsychiatric adverse events seen
16 during smoking cessation attempts, independent of
17 treatment, is consistent with our understanding of
18 the brain changes that occur with chronic nicotine
19 exposure. The act of trying to quit smoking in and
20 of itself is stressful, and it is associated with
21 some psychiatric symptom instability independent of
22 both treatment and abstinence.

1 The good news is that now in a large
2 meta-analysis recently published, long-term smoking
3 cessation is associated with improved depression,
4 anxiety, stress, and other symptoms as well as
5 self-reported quality of life in addition to living
6 longer.

7 In my opinion, it's critically important to
8 increase the use of effective smoking cessation
9 treatment in all smokers, particularly those with
10 mental illness. Smokers with serious mental
11 illness are more likely to smoke, more likely to
12 smoke heavily, and to be physiologically dependent
13 on nicotine. They are less likely to be able to
14 quit smoking without a medication cessation aid,
15 and are more likely to relapse after
16 discontinuation of medication cessation aids.

17 Smokers with mental illness are less likely
18 to receive a pharmacotherapeutic cessation aid from
19 a medical provider. This is universally
20 recommended treatment, a standard of care combined
21 with behavioral treatment, something we aim to
22 improve.

1 This contributes to the shocking mortality
2 gap, now up to 25 years in those with serious
3 mental illness compared to the general population,
4 largely due to diseases judged by the CDC to be
5 causally related to tobacco smoking. EAGLES
6 demonstrates that the most effective pharmacologic
7 treatment is varenicline by a significant margin in
8 all groups, and the difference is not small.

9 My group is now involved in three large
10 studies. Two are ones funded by NIMH and one by
11 PCORI, that aim to increase utilization of
12 effective smoking cessation treatments for smokers
13 with mental illness. In these studies, I meet with
14 primary care doctors and psychiatric providers and
15 discuss their attitudes and knowledge about the
16 risks and benefits of smoking cessation treatments
17 and how this impacts their prescribing behavior.

18 In these interactions I find overwhelmingly
19 that providers overestimate the risk of tobacco
20 dependents' treatment, especially varenicline.
21 Prescriber cite the boxed warning as evidence that
22 varenicline has been proved to cause major

1 disturbance and psychiatric illness, which we see
2 is not true. And this leads doctors to question
3 whether prescribing varenicline for their patients
4 is safe.

5 Further, doctors underestimate the benefit
6 of varenicline for quitting. Many express the
7 common societal misconception that if smokers were
8 really motivated, they would quit on their own. In
9 reality, medication significantly increased the
10 odds of quitting. The evidence is consistent in
11 multiple observational and randomized controlled
12 trials. Varenicline is the most effective
13 FDA-approved smoking cessation medications.

14 These doctors tell us that based on their
15 risk-to-benefit calculation, they often consider
16 not prescribing or delaying prescribing smoking
17 cessation aids to be the more conservative action
18 for many smokers, particularly those with mental
19 illness.

20 We now have the opportunity to add EAGLES
21 trial results to the labeling for varenicline, and
22 this represents an opportunity to better

1 communicate the current understanding of the actual
2 risks and benefits of varenicline in light of the
3 large body of high quality new data.

4 With EAGLES trial corroborating these other
5 studies, it's time to unring the alarm bell on
6 varenicline. It's time to make greater use of the
7 most effective smoking cessation, varenicline, for
8 our patients who try time and again to quit smoking
9 but fail without the optimal treatment that they
10 deserve.

11 I appreciate your time in considering this
12 important issue, and I'd like to now give the
13 podium to Dr. Jim Rusnak.

14 **Applicant Presentation - James Rusnak**

15 DR. RUSNAK: Thank you very much for your
16 valuable insights, Dr. Evins.

17 I would now like to present our closing
18 slides, and then we will be pleased to take your
19 questions. The overall summary of efficacy and
20 safety of varenicline from EAGLES is shown on this
21 slide. Efficacy is displayed on the left, NPS
22 safety on the right. The upper panel show results

1 from the non-psychiatric cohort with the lower
2 panels showing results from the psychiatric cohort.

3 With respect to efficacy, varenicline has
4 been confirmed to be superior not only to placebo
5 but also to bupropion and nicotine replacement
6 therapy. The superiority of varenicline over other
7 available treatment options is clear in both the
8 non-psychiatric and psychiatric cohorts, and its
9 benefits for smoking cessation are undisputable.

10 With respect to safety, EAGLES was
11 specifically designed and conducted using a
12 composite NPS adverse event endpoint to evaluate
13 the concerns raised by postmarketing reports
14 regarding the neuropsychiatric safety of
15 varenicline. With respect to safety findings from
16 this study, we have shown the general observations
17 that, first, serious NPS adverse events occur in
18 patients attempting to quit smoking regardless of
19 treatment allocation.

20 Secondly, serious NPS adverse events that
21 were reported for patients taking placebo in both
22 cohorts were generally consistent with those

1 reported for varenicline in both this study and in
2 the postmarketing experience. Furthermore, as
3 shown on the right-hand panel of this slide, the
4 incidence of NPS events in the non-psychiatric
5 cohort of the composite endpoint was low overall,
6 and there was a small numerical decrease for
7 varenicline compared to placebo.

8 In the psychiatric cohort, EAGLES has
9 defined an upper bound for the risk of NPS events,
10 as well as characterized the nature of these
11 adverse events. There was no statistically
12 significant increase in the incidence of serious
13 NPS events in the psychiatric cohort for
14 varenicline versus placebo.

15 The numerical increase in NPS events
16 observed in this cohort was not driven by events
17 that were serious adverse events, events that were
18 severe intensity, or events that led to treatment
19 discontinuation, or events that led to harm to self
20 or others. The confidence interval for NPS events
21 observed in varenicline treated patients broadly,
22 but not completely, overlapped the confidence

1 interval of over-the-counter nicotine replacement
2 treatment.

3 Collectively, the EAGLES safety outcomes
4 showed no increased risk of serious NPS events with
5 varenicline compared to placebo or compared with
6 NRT, regardless of the patient's psychiatric
7 history. These safety data from EAGLES, combined
8 with the efficacy outcomes, significantly increased
9 the understanding of the benefit-risk profile for
10 varenicline.

11 With the EAGLES data, an update to Chantix
12 labeling is warranted to accurately reflect the
13 benefit and risk profile of this important
14 treatment. Product labeling should accurately
15 reflect the product safety and efficacy profile to
16 allow patients and prescribers to make
17 appropriately informed choices about treatment.

18 As we have shown today, the totality of
19 scientific evidence from this signal investigation,
20 including meta-analyses of randomized controlled
21 trials, large observational studies, and the
22 outcomes of EAGLES, does not support an increased

1 risk of serious NPS adverse events with Chantix
2 treatment compared to treatment with placebo or
3 over-the-counter NRT. Of note, serious NPS events
4 occur with NRT, and NRT labeling does not currently
5 include any NPS warnings.

6 Varenicline is the most efficacious smoking
7 cessation treatment option available. It is an
8 important tool in combating the public health
9 crisis caused by cigarette smoking. The boxed
10 warning in Chantix labeling does not accurately
11 reflect the NPS safety profile of Chantix.

12 Furthermore, the boxed warning has the potential to
13 deter the appropriate use of Chantix.

14 As such, Pfizer believes the boxed warning
15 should be removed. Pfizer proposed to retain the
16 warning regarding serious NPS events occurring in
17 patients attempting to quit smoking in the warnings
18 and precautions section of Chantix labeling, and to
19 update this warning based on EAGLES. Pfizer
20 believes that such a warning would sufficiently
21 alert prescribers to the possibility that these
22 types of events may occur in smokers attempting to

1 quit.

2 Smoking is the leading preventable cause of
3 death and disease in the United States.

4 Varenicline is the most efficacious smoking
5 cessation treatment option available. People need
6 help achieving their goal to quit smoking and to
7 derive the benefits of smoking cessation.

8 Today is an important day. Today, you will
9 make recommendations on Chantix labeling revisions
10 so that patients and physicians can make
11 appropriately informed choices. I would like to
12 thank the study participants of EAGLES, our study
13 investigators, and we are pleased to receive
14 questions from the advisory panel. Thank you.

15 **Clarifying Questions to Applicant**

16 DR. PARKER: Thank you. We'll now turn to
17 any clarifying questions to the sponsor, to Pfizer.
18 And I'll ask that you place your cards up like this
19 so we'll get you on the list. And Kalyani will
20 make a list here, and we'll call on folks.

21 Let me remind you that we are 19, and we are
22 going to take a break at 10:15, so if you will

1 kindly keep your questions specific and to the
2 point. I'd also suggest when possible that you
3 address them to a specific speaker. That's
4 helpful. Please state your name for the record
5 before you speak, and the list has started.

6 Dr. Narendran, please?

7 DR. NARENDRAN: Raj Narendran. I had one
8 question. I noticed that a prior treatment of
9 varenicline wasn't an exclusion to get into the
10 study. What was the rationale for that?

11 DR. RUSNAK: I'd like to ask Dr. Anthenelli
12 to speak to this question, please.

13 DR. ANTHENELLI: Robert Anthenelli,
14 University of California, San Diego. That was part
15 of an effort to improve the generalizability of the
16 sample. Most smokers in the United States have
17 tried to quit many times, and many of them have
18 tried all varieties of medications. So we did that
19 for that reason.

20 DR. PARKER: Dr. Higgins?

21 DR. HIGGINS: Thank you. I have a couple of
22 subgroup analyses questions, which I think would be

1 illustrative, particularly as I think about the
2 psychiatric population. And I don't know to whom
3 my question should be addressed, so I just state
4 the questions, and perhaps you can field them,
5 Pfizer.

6 A question about the use of any behavioral
7 interventions in the EAGLES study, I know that
8 bupropion has been shown to be effective in
9 patients with schizophrenia when coupled with CBT,
10 for example. Another question relates to the
11 assessment of the use of any tobacco on medication
12 blood levels. And the third question regarding the
13 comparison between atypical antipsychotic
14 medications and typical antipsychotics because
15 patients on atypicals generally have an easier time
16 quitting.

17 Were any of these explored?

18 DR. RUSNAK: I'll ask Dr. Anthenelli to
19 address the first comment regarding behavioral
20 interventions.

21 DR. ANTHENELLI: Robert Anthenelli again. A
22 three-part question, and I'll do my best.

1 Part one, which was related to the behavior, you're
2 right. There have been studies done in special
3 populations of individual psych who have
4 schizophrenia or recurrent depression, which have
5 found that more intensive psychotherapies aid
6 smoking cessation better than standard.

7 In this case, however, we used a standard
8 smoking cessation treatment. It was delivered
9 10 minutes per session at every clinic visit, and
10 it was based on clearing the air, the standard
11 booklet used by the National Cancer Institute, the
12 agency for health quality research kind of
13 guidelines.

14 The second part of your question again, if
15 you don't mind?

16 DR. HIGGINS: Use of tobacco on blood levels
17 for medication.

18 DR. ANTENELLI: Correct. Smoking
19 cessation, which cigarette smoke induces the liver
20 to break down certain psychotropic medications,
21 that can actually influence potential side effects
22 during a smoking cessation effort. However, blood

1 levels of those psychotropic medications were not
2 measured during the EAGLES trial.

3 Your last one was around the --

4 DR. HIGGINS: Antipsychotic versus atypical
5 sources, typical antipsychotics.

6 DR. ANTIVENELLI: We carefully recorded, of
7 course, all of the medications that patients were
8 taking in the trial. We did not see an overall
9 effect of medications on treatment. There was
10 actually one analysis that did show that the people
11 taking more medications were likely to have
12 slightly higher more adverse events. We've not
13 done any particular subanalyses to look at
14 atypicals versus first-generation antipsychotics,
15 however.

16 DR. PARKER: Dr. Roumie?

17 DR. ROUMIE: Dr. Antvenelli, don't sit down.

18 Christianne Roumie. Two questions. The
19 first is that there appeared to be the
20 neuropsychiatric inventory was collected multiple
21 times throughout the 12 weeks, and I didn't really
22 see mentioned how you dealt with the multiple

1 measures in ascertaining the outcome. For example,
2 if someone didn't say a symptom on week 2, but then
3 endorsed weeks 3, 4, and then 5 it went away
4 because of a dose reduction, how is that patient
5 handled?

6 Then, the second question relates to the
7 blinding procedures. Sometimes clinical trials
8 will ask site investigators at the end what group
9 they thought each patient was assigned to as a way
10 of assessing the effectiveness of the blinding
11 strategies. And I think I just would like to know
12 if you did something like that.

13 DR. ANTIVENELLI: Sure. The first part of
14 your question was related to the ascertainment of
15 neuropsychiatric adverse events. Given that that
16 was the focus, the primary aim of the study, much
17 emphasis is placed on that being standardized. So
18 participants were first asked about a general, non-
19 specific question, "How have you been feeling over
20 the last week?" Any volunteered adverse events
21 would of course had been recorded and embellished
22 as far as their presence or absence.

1 Then any of those adverse events were of
2 course followed up. So if there was an adverse
3 event that was shown, at each subsequent visit, the
4 rater would actually go back and ask about the
5 event, if it was still active or not. And then in
6 adverse event reporting, we track an adverse event
7 until the adverse event is resolved or not. In
8 some instances, if the adverse event is going, you
9 track it all the way through the trial, and that
10 was of course done.

11 The same thing done with the NAEI. The
12 NAEI, the Neuropsychiatric Adverse Event Interview,
13 which has 25 items on it, that was asked at all of
14 the clinic visits. At the time the NAEI was
15 done -- in fact, why don't we go ahead, if we could
16 please, and project the neuropsychiatric adverse
17 event interview on the screen so that everybody has
18 a sense of it.

19 This 25-item questionnaire was asked of the
20 participants at every clinic visit. Regardless of
21 had they reported a spontaneous -- and if an
22 adverse event had been observed -- and this was I

1 think one of the major innervations of the EAGLES
2 trial, its effort at sensitively assessing
3 neuropsychiatric adverse events.

4 The trainers, the raters of course have been
5 trained on the instrument. They trained at the
6 investigator meetings. They continued to have
7 buffer training done every six months via webinar
8 training. There were videos used and actor
9 portrayals used to actually rate participants with
10 a variety of psychiatric complaints in the use of
11 the instrument, and this was the instrument that
12 was used throughout the study.

13 Now, all of this information in addition to
14 the results of, say, the HADS, which is a
15 self-report, Hostile Anxiety Depression Scale, and
16 of course any findings that were obtained in the
17 Columbia-Suicide Severity Rating Scale, that
18 ultimately all funneled down into how the adverse
19 events were determined by the investigator.

20 Determination of the adverse events first
21 looked at the frequency and duration of the
22 complaints, and then of course there was the

1 assessment of their severity using a standardized
2 scale that, again, was detailed, and great emphasis
3 in the protocol and in all the training that went
4 along with the study conduct.

5 Did that answer your question?

6 (Dr. Roumie nods in the affirmative.)

7 DR. ANTIVENELLI: So if a person answered on
8 the NAEI that they complained of a mood complaint,
9 that would then be written down, and then an effort
10 would be made to determine what was going on.

11 Let's say that the person had
12 temporary -- was late to the appointment because
13 their bus was late, there was an effort of trying
14 to tease out what was going on in that complaint.
15 And then all of those reports were funneled into
16 the decision by the investigator, what was going on
17 and what type of adverse event that might
18 represent.

19 DR. PARKER: Dr. Morrato?

20 DR. MORRATO: Thank you. Elaine Morrato.
21 This question is for Dr. Rusnak. So I agree with
22 Pfizer's statement that investigator verbatim

1 reporting is really the cornerstone of the
2 ascertainment.

3 In the FDA's briefing document, they note
4 numerous concerns about trial conduct related to
5 that, citing things around capture of the adverse
6 events, inadequate training of some of the
7 investigators, coding of events, et cetera. In the
8 briefing document, the FDA's Office of Scientific
9 Investigation noted that they were wanting to do
10 site visits to several sites, and at the time of
11 the briefing document, reports hadn't been related.

12 Obviously, this affects concern under
13 ascertainment of adverse events. So I wanted to
14 better understand Pfizer's position on what was
15 reported in FDA's briefing document, and whether or
16 not you have any sensitivity analyses related to
17 some of these concerns that can help the
18 committee's deliberation.

19 DR. RUSNAK: Overall, Pfizer took
20 extraordinary measures to collect data in EAGLES.
21 Over 8 and a half million data points were
22 collected, and Pfizer stands behind the data and

1 the results of EAGLES.

2 I think there's actually two fundamental
3 core issues that were raised in the briefing
4 document for FDA. I think that one of them is
5 perhaps best illustrated by example. In the FDA
6 briefing document, it was stated that in many
7 cases, no verbatim term for the adverse event was
8 recorded at all, so it is not possible to determine
9 how coding was assigned or how severity was
10 assessed.

11 I think that there is a fundamental
12 disconnect here because we have 100 percent of all
13 investigator verbatim terms, and that's in fact how
14 all of the adverse events were coded in the trial,
15 the general adverse events, as well as the adverse
16 events that rolled up into the primary NPS
17 composite endpoint.

18 I have mentioned earlier in today's
19 presentation, we took additional measures to
20 ensure that we collected all of the NPS adverse
21 events that were possible. In the primary
22 endpoint, we had 323 NPS adverse events. About

1 half of them came from voluntary reporting of
2 adverse events. The other half of them came from
3 the direct solicitation of adverse events through
4 the NAEI usage.

5 With respect to the sensitivity analyses,
6 one way to interrogate the integrity of the data
7 for the primary endpoint is to conduct a multitude
8 of different sensitivity analyses, looking at
9 confounding factors. Pfizer has conducted these
10 sensitivity analyses, and some of the sensitivity
11 analyses have also been shown in the FDA's briefing
12 document. And both the Pfizer and the analyses
13 that were shown in the FDA's briefing document are
14 very supportive of the primary NPS composite
15 endpoint.

16 DR. MORRATO: Can you share any of that
17 data, not just your conclusion? So you reference
18 in your briefing document two particular sites that
19 your own audit found were troublesome, and then you
20 excluded them in the analysis.

21 Did you do any other site interaction
22 testing? This is a global trial. There's also

1 investigators that were noted in the FDA's document
2 that were receiving Pfizer payments. Those
3 affected certain countries more than others. I'm
4 not saying all investigators are doing that. This
5 is good quality, but what is the analysis where you
6 look at dropping those out?

7 So if you look at some of them -- I'll just
8 stop with that. Not just your statement; I'd like
9 to see data.

10 DR. RUSNAK: I'll invite Dr. Gaffney to
11 share that data. Before Dr. Gaffney shares that
12 data, I will note that those two sites that you
13 mentioned were detected by a proactive effort of
14 Pfizer's quality management system. And Pfizer
15 audited those sites and provided full details of
16 that in a prospective fashion. The results were
17 disclosed within the clinical study report. And
18 before the study was unblinded, the statistical
19 analysis plan was updated to include the
20 sensitivity analyses that Dr. Gaffney will
21 describe.

22 DR. GAFFNEY: Good morning. Mike Gaffney,

1 statistician at Pfizer. Your question addresses I
2 believe a very important issue that's raised in the
3 FDA briefing document and is part of the EAGLES
4 study. And it has to do both with the variance of
5 the primary composite end point rate among all the
6 sites within the study, which is what you're
7 addressing, and the proper method to analyze that.

8 FDA in their briefing document has
9 identified unexpected variability in the primary
10 event rate. However, you have to keep in mind that
11 that unexpected variability is being conducted
12 under the assumption that there's a common rate
13 among all of these sites that is operating.

14 That assumption is not realistic, nor is it
15 necessary for a proper analysis. It's not
16 realistic for two reasons. One, as Dr. Rusnak
17 indicated, we have investigator judgment going on
18 over 140 sites. And the investigator judgment is
19 the primary strength and underpinning of EAGLES, so
20 that's expected to vary over the sites. The second
21 is that the characteristics of the patients can
22 vary over the sites when we're conducting a study

1 within the U.S. as well as outside the U.S.

2 We've done analysis that have identified
3 important patient characteristics, which affects
4 the primary endpoint in the study. We'll certainly
5 be happy to share that with you if the committee
6 desires.

7 But the second point I want to make, though,
8 is that with respect to the methods,
9 Dr. Andraca-Carrera has done an analysis within the
10 briefing document motivated by this excess
11 variability, but remember that excess variability
12 is under the assumption of a common rate.

13 What I would like to say about that is that
14 that analysis is on the relative scale. As Dr.
15 Anthenelli indicated in designing this study, very
16 little was known about what actually these absolute
17 rates were within these treatment groups, within
18 the populations, so our primary analysis stayed on
19 the absolute scale and the risk difference scale.

20 In doing that, you have to also recognize
21 that there are 323 events collected in the entire
22 trial. There are 140 sites. So the idea of trying

1 to look at what's going on differentially among the
2 treatment groups between the sites is futile. What
3 we did was to sum up all of the sites that were in
4 the U.S., and sum up all the sites that were in the
5 non-U.S. regions, and use region as a factor in our
6 analysis. It gave me very interesting
7 results -- which we can also share with you if the
8 committee so desires later -- that is very
9 indicative of more events being reported in the
10 U.S. than outside the U.S.

11 So I want to leave you with the idea that
12 these analyses that FDA did, that
13 Dr. Andraca-Carrera did, and that we did as the
14 primary analysis are not at odds. They're
15 complementary analysis getting at the same
16 question.

17 I would invite the committee to look at the
18 forest plot of our analysis, which was presented by
19 Dr. Russ, and compare it directly with the analysis
20 that Dr. Andraca-Carrera did for the FDA. You will
21 see not only the same overall conclusions, but you
22 will see pretty much the same lift of the

1 confidence intervals on all of the comparisons,
2 albeit, ours is on the risk difference scales; FDA
3 is on the relative scale.

4 DR. PARKER: So we have 7 more in the queue,
5 and we'll take one brief pointed question before
6 the break and see how time goes. I know it's
7 important to get questions clarified, but
8 unfortunately we have a very long agenda for the
9 day.

10 So Dr. Marder, if you will pose your last
11 question here before we take a break. Thank you.

12 DR. MARDER: Yes. I think this should be
13 for Dr. Russ. I noted that the proportion of
14 people with psychotic illnesses was relatively
15 small. I think it was something like 9.5 percent.
16 I'm wondering if you could comment on that.

17 Does that indicate that the place where
18 recruiting was done, that there weren't more
19 severely ill patients? And can this trial tell us
20 anything about the risk of these adverse events in
21 people who are psychotic, or is the sample size
22 just too small?

1 DR. RUSNAK: I'd like to invite Dr. Evins to
2 speak to that point, please.

3 DR. EVINS: Thank you, Steve. It's a great
4 question and sort of near and dear to my heart.
5 The sample size was 9.5 percent for psychotic
6 disorders, but it amounted to about 390 patients.
7 So it actually is the largest trial ever done in
8 people with schizophrenia. It's the first
9 randomized controlled trial data for the efficacy
10 of NRT in people with schizophrenia, and the sample
11 with schizophrenia was I think representative.
12 About 95 percent of people with schizophrenia in
13 the trial were on antipsychotic medication. Many
14 were on two. We enrolled 67 at our site.

15 So I do think that we can draw conclusions.
16 I would have liked for the sample size to have been
17 larger, but it is the largest ever done in the
18 world.

19 DR. PARKER: So we'll now take a 15-minute
20 break. Panel members, please remember that there
21 should be no discussion of the meeting topic during
22 the break among ourselves or with any member of the

1 audience, and we will resume at 10:30. Thank you.

2 (Whereupon, at 10:19 a.m., a recess was
3 taken.)

4 DR. PARKER: Thank you, everyone. Since we
5 left seven questions on the table, I'm going to
6 move us right along. We'll go through the FDA
7 presentations, and we will then get directly to
8 questions to the FDA about their presentations,
9 with the hope that then we can return to some of
10 the ones that were left on the table for Pfizer.
11 So that's the order as we move forward.

12 Thank you for a quick break, and let's
13 proceed now with the FDA presentations.

14 **FDA Presentation - Celia Winchell**

15 DR. WINCHELL: Good morning. I'm Celia
16 Winchell, the team leader for addiction products in
17 the Division of Anesthesia, Analgesia, and
18 Addiction Products. My task is to present the
19 FDA's clinical review of the PMR trial. In my
20 presentation this morning, I hope to provide some
21 insight into the thinking that went into FDA's
22 recommendations for the development of the protocol

1 for the postmarketing safety outcome trial, and
2 then some observations based on our review of the
3 data from the completed trial.

4 I'll be enumerating a number of issues
5 identified in our review of the data, but I want to
6 emphasize that this is part of the FDA review
7 process, to explore the data for problems that
8 might limit our ability to rely on the trial to
9 support conclusions. However, as you will see, we
10 were able to conduct a number of sensitivity
11 analyses, and we will present conclusions that we
12 believe the trial can support.

13 As Dr. Racoosin reminded us, the initial
14 concern about neuropsychiatric adverse events
15 associated with smoking cessation products,
16 varenicline and bupropion, was prompted by
17 spontaneous postmarketing reports involving
18 Chantix. These cases were often quite detailed and
19 specific, and included features strongly pointing
20 to their being drug related, such as temporal
21 relationship to initiating, titrating, or
22 discontinuing the drug; dechallenge and rechallenge

1 findings; and patients clearly reporting that they
2 had never had an experience like it associated with
3 a quit attempt.

4 Our review of our own postmarketing adverse
5 event database identified similar cases involving
6 Zyban, but not involving nicotine replacement
7 products. And among the first questions we had
8 internally was how often is this happening? Some
9 of the cases were very serious and concerning,
10 involving suicide, aggressive behavior, or
11 debilitating symptoms. However, given the
12 importance of both drugs, which are both effective
13 at helping people quit smoking, we wanted to be
14 able to compare the risks to the benefits. Without
15 knowing how often these severe and serious events
16 occurred, it was hard to know how to do this.

17 Additionally, one important unanswered
18 question was whether patients with preexisting
19 psychiatric conditions were at greater risk for
20 adverse events, and additionally whether they had a
21 similar prospect of benefit. Neither drug had been
22 studied for smoking cessation in patients with

1 preexisting mental health conditions, and it's
2 generally understood that this is a population with
3 a high rate of smoking and a great difficulty in
4 quitting.

5 Therefore, it seemed important to get at
6 these questions. How often do events of a serious
7 or severe nature occur when people are taking
8 smoking cessation drugs? Is one drug more or less
9 of a concern than another, and do patients with
10 psychiatric conditions have a different likelihood
11 of either harm or benefit?

12 Because of the seriousness of some of the
13 cases and the potential that harm could be
14 minimized if problems were quickly identified and
15 the drug discontinued, we require that both Chantix
16 and Zyban be labeled to alert patients and
17 prescribers that cases of serious neuropsychiatric
18 events had been reported and to advise that the
19 drugs be discontinued if these events occurred.
20 Meanwhile, we began to work with the sponsors to
21 answer the questions that would allow us to
22 quantitate the risk in a defined population and

1 compare it to the benefit for patients both with
2 and without preexisting psychiatric conditions.

3 Next, our deliberations turned to how to
4 answer these questions. This turned out to be very
5 challenging. We knew the study needed to include
6 four arms because we wanted to quantitate the risk
7 of neuropsychiatric events for both Chantix and
8 Zyban, but also to make sure we understood the risk
9 associated with nicotine replacement, and because
10 our adverse event reporting system tends not to
11 capture information for over-the-counter drugs, as
12 well as for prescription drugs. And we wanted to
13 facilitate a benefit versus risk comparison, so a
14 placebo group would allow us to establish an
15 efficacy rate in the trial. And we knew we needed
16 two cohorts, one with a history of psychiatric
17 diagnoses and one without.

18 Some initial discussions focused on
19 establishing the incidence of some narrowly defined
20 outcome, such as completed suicide, or psychiatric
21 hospitalization. However, trials employing these
22 endpoints would have needed to be even larger than

1 this one turned out to be, and would have not
2 captured the full picture of the types of events
3 that were reported in postmarketing spontaneous
4 reports.

5 The adverse events are coded using MedDRA,
6 which has over 20,000 preferred terms and over
7 70,000 lower-level terms. And even for events that
8 are described in similar language by the patient,
9 it was common to see different MedDRA terms applied
10 in coding, or to see non-specific terms, such as
11 feeling abnormal, applied to situations that
12 involved experiences that had important impacts on
13 patients' functioning.

14 To identify adverse events with similar
15 concepts, the MSSO, the MedDRA folks, have
16 developed a number of standardized queries, the
17 standardized MedDRA queries, SMQs, that pull
18 together terms associated with a particular
19 syndrome, or a problem, from whichever body system
20 they might be assigned to in MedDRA. Examples
21 include SMQs for neuroleptic malignant syndrome or
22 anaphylaxis.

1 So there are existing SMQs for depressed
2 mood and suicidality, and for hostility and
3 aggression, but there is no SMQ for a syndrome that
4 encompasses experiences of disturbances in
5 thinking, feeling, and functioning like we were
6 seeing in postmarketing Chantix and Zyban cases,
7 and that led to our novel approach.

8 To try to define the endpoint of interest,
9 we marshaled observations about the types of
10 experiences that were reported in the postmarketing
11 cases, identified concepts we wanted to capture,
12 and asked the sponsors to develop a tool to
13 prospectively ask patients about their experiences
14 and document them; and to develop a list of MedDRA
15 terms that covered the scope of these experiences,
16 and combine them into a composite. It's
17 essentially the same as a standardized MedDRA
18 query.

19 We wanted to find a way to capture events
20 involving mood disturbances such as depression or
21 suicidality or mania; events involving hostility
22 and aggression and homicidal ideation; or the

1 emotional experience that's sometimes described as
2 agitation; events involving perceptual
3 abnormalities or psychotic experiences like
4 delusions and hallucinations, paranoia, psychosis;
5 events of anxiety or panic; and events that defined
6 other descriptions and are characterized as feeling
7 abnormal.

8 The intent here was to avoid noise by
9 excluding mild events because some emotional and
10 cognitive symptoms, like irritability and impaired
11 concentration, are well recognized symptoms of
12 nicotine withdrawal encountered during smoking
13 cessation, and some symptoms may be expected in
14 patients quitting smoking without pharmacotherapy.
15 The composite outcome focused on adverse events of
16 severe intensity, in some cases moderate intensity,
17 as reflected by the degree of functional impairment
18 experienced by the patient.

19 So the items that I just listed are five
20 broad concepts broken into 16 narrower terms.
21 These were agreed upon in the protocol, but the
22 choice of the specific MedDRA terms matching to

1 each of the concepts left to the sponsors to
2 determine was not reported until the statistical
3 analysis plan was described in the interim
4 analysis. And in the end, as you heard this
5 morning, there are 262 different MedDRA terms in
6 this composite.

7 This is a reminder of the events that were
8 included in the composite endpoint, where you heard
9 that very clearly presented this morning. And we
10 also heard about the instrument that was developed
11 to ensure the events of interest were identified,
12 the neuropsychiatric adverse event interview.

13 This was intended to be administered by
14 trained interviewers as a semi-structured
15 interview, and any positive responses would be
16 followed up in order to get a full picture of the
17 context of the symptom, co-occurring symptoms, and
18 a rich narrative of the event. There were supposed
19 to be follow-up questions for clarification,
20 frequency, duration, severity, and degree of
21 functional impairment related to the symptom.

22 Sample follow-up questions were provided in

1 the training materials, and the interviewer was
2 instructed to probe as needed to assess the
3 subject's experiences and to make an appropriate
4 assessment. And narratives were supposed to be
5 constructed for NPS cases to pull together all the
6 relevant information from reports who include the
7 patient, significant others, healthcare providers,
8 and other sources.

9 We heard already this morning that
10 information was collected in a variety of ways:
11 routine queries about adverse events, clinical
12 rating scales for Anxiety Depression and Global
13 Functioning, the Columbia-Suicide Severity Rating
14 Scale; and along with the neuropsychiatric adverse
15 event interview, these sources were used to
16 identify symptoms of interest.

17 Enough detail was supposed to be obtained to
18 understand the impact on the patient. Symptoms not
19 interfering with the subject's usual function were
20 not to be included as cases for the endpoint, and
21 some symptoms were only to be included if a problem
22 interfered significantly with a patient's usual

1 function.

2 I should note that the FDA staff and
3 sponsors went into this process realizing that this
4 trial presented a number of challenges. We
5 discussed the need to ensure consistency across
6 raters and across the many different sites, and the
7 sponsors did provide repeated training sessions for
8 the investigators in an attempt to ensure a
9 consistent approach.

10 The protocol called for full verbatim
11 narratives to be recorded so that enough
12 information would be available to do some
13 adjudication of cases after the fact. Coding was
14 centralized. The interviews were conducted in a
15 local language at each site. However, with sites
16 in 16 different countries, there are inevitably
17 some cross-cultural differences and language
18 differences, as well as differences in how sites
19 familiar with psychiatric patients assess
20 psychiatric symptoms as compared with sites that
21 are not as familiar.

22 Of course, it was understood that this was a

1 novel primary endpoint. Ideally, additional work
2 to validate it would have preceded this study, but
3 in the interest of shedding light on this important
4 question, we move forward knowing that there might
5 be some bumps in the road.

6 So with this understanding of what FDA
7 expected from the trial, I'll move on to what we
8 observed in our review of the data. This is a
9 quick reminder of the basic design of the trial,
10 which was already presented quite clearly to you by
11 Pfizer this morning.

12 Everyone began on active or placebo tablets
13 during week 1, and then began applying either
14 active or placebo patches during week 2. Visits
15 were initially weekly and then bi-weekly during
16 treatment, and then we had monthly follow-up visits
17 to week 24.

18 Moving on to study results, as you heard
19 over 8,000 patients were randomized into this study
20 at 140 different centers. The cohorts of patients
21 with psychiatric history -- I might call it the PHx
22 cohort, and patients without psychiatric history, I

1 might call that the non-PHx cohort -- were roughly
2 equal in size and randomization. Across the
3 treatment arms was 1 to 1 to 1 to 1.

4 Primary diagnoses of patients in the
5 psychiatric cohort were primarily effective
6 disorders, about 70 percent, followed by anxiety
7 disorders and psychotic disorders. And as you've
8 already seen, specific diagnoses that were eligible
9 for inclusion are listed here.

10 We've seen this already, the trial
11 disposition. I'll explain that patients stay in
12 the study if they discontinued medication. They
13 could also complete the course of medication but
14 not come to all the follow-up visits. So it was
15 possible to complete the study but not treatment,
16 or to complete treatment but not the study. These
17 are listed separately.

18 The number of subjects who completed the
19 study, meaning they were followed for the full
20 24 weeks, was similar in both cohorts and between
21 treatments. The number of subjects discontinuing
22 treatment prematurely were slightly higher in the

1 psychiatric cohort, and the lowest proportion of
2 treatment completion was 71.4 percent in the
3 subjects randomized to placebo in the psychiatric
4 cohort.

5 Most frequent reasons for treatment
6 discontinuation were no longer willing and
7 treatment related adverse event. Subjects on
8 placebo were more likely to say they were no longer
9 willing, and review of what they meant by that is
10 displayed by lack of efficacy; they didn't think it
11 was helping. Subjects randomized to placebo were
12 less likely to discontinue for adverse events,
13 especially in the non-psychiatric cohort.

14 Moving on to efficacy results, which we
15 wanted to see in order to weigh the benefits versus
16 risks, the study demonstrated that all three
17 treatments are effective in patients with and
18 without psychiatric diagnoses. We also explored
19 whether this conclusion held true if patients who
20 had previously had an unsuccessful experience with
21 one of the treatment drugs were excluded, and it
22 did. So I'll repeat, all three treatments are

1 effective in patients with and without psychiatric
2 history.

3 The main results of the trial showed that
4 serious and severe clinically significant
5 neuropsychiatric events did happen in this
6 population of 8,000 smokers trying to quit smoking.
7 They occur more frequently in patients with
8 psychiatric conditions than in patients without
9 prior psychiatric diagnoses.

10 Serious events of a neuropsychiatric nature
11 were reported, about 6 per 1,000, in patients with
12 psychiatric history. Events severe enough to
13 affect functioning but not meeting the regulatory
14 definition of seriousness were reported in about 9
15 to 12 percent of patients with psychiatric history
16 and about 3 to 4 percent of patients without
17 psychiatric history, including patients on placebo.

18 These numbers that I'm citing are from an
19 analysis conducted by Dr. Andraca-Carrera that's a
20 bit different from Pfizer's based on sensitivity
21 analyses he conducted to address some concerns that
22 I identified in the review of the safety outcome

1 trial, and you'll hear about them in a moment.

2 Before I turn the presentation over to him,
3 let me present to you some of the issues we
4 identified in the review of the data. I'll remind
5 you this is what we do. We dive into the raw data,
6 and we see whether there are problems that prevent
7 us from relying on it to support conclusions.

8 As you will hear, there are some issues, but in
9 the end, we believed after conducting a variety of
10 sensitivity analyses that we could support certain
11 conclusions based on this trial.

12 My review observations fall into a few
13 different broad categories. I'll describe some
14 issues that relate to data collection, resulting at
15 times in incomplete or inadequate understanding of
16 events. I'll describe issues related to data
17 coding that created some obstacles to review and
18 limited the extent to which we could place
19 confidence in certain analyses, like the analyses
20 of the subcomponents.

21 I'll discuss the ways in which the data were
22 reported that didn't meet our expectations. I'll

1 mention some findings that raised concerns about
2 data reliability and some issues about specific
3 terms that somehow ended up wrongly assigned in the
4 analysis.

5 The first issue is that, at many sites, it
6 looks from the data as if the NAEI was not used as
7 it was intended. There are items recorded in the
8 adverse event database that just say, "patient
9 answered yes," to a question on the inventory.
10 Some sites simply didn't write down the patient
11 verbatims at all, and the field for that
12 information says, "not captured," or "not
13 recorded," or "N/A," or "missing," similar words.
14 There are a few that's labeled, "event described by
15 reporter."

16 Sometimes an investigator term would say
17 "anxiety." This actually happened a lot,
18 investigator terms says "anxiety," and the event
19 described by reporter, in that column it says, "as
20 anxiety." In other words, the event was described
21 as anxiety. So there's not anything more than that
22 in that column.

1 We understand that the sponsor did make an
2 attempt to educate the sites about the importance
3 of capturing the patient verbatim information, but
4 with 139 sites and some of them having upwards of
5 40 investigative staff at a single site, there
6 seems to have been a problem implementing this.

7 Another issue with how the data were
8 collected is that sometimes key information seemed
9 not to have been obtained. For example -- I've put
10 one here -- "patient died in a head-on collision,"
11 and the report doesn't say who was the driver of
12 the car.

13 So when an adverse event involves an
14 accident, we're often interested in learning
15 whether the accident could be related to an effect
16 of the drug. In this case, we know that the
17 effects of these study drugs on patients' cognition
18 and perception have been a concern. So a patient
19 being killed in a motor vehicle accident could
20 potentially be a very concerning drug related event
21 if he were at the wheel, but unlikely to be drug
22 related if we were a passenger.

1 In this case, the information on who was
2 operating the car was not provided, may not have
3 been obtained. As it happens, this patient was on
4 placebo, but it is an illustration of the way key
5 pieces of information were not collected or
6 provided for review.

7 As I mentioned, in a well-intentioned effort
8 to reduce the noise in the data and to focus only
9 on the types of events that had a significant
10 impact on patients, the types of events that we had
11 seen in postmarketing adverse event reporting,
12 investigator assessments of severity were
13 incorporated into the primary endpoint, and only
14 events with an impact on a patient's functioning
15 were included.

16 However, in the implementation, a great deal
17 of inconsistency in assessment of severity was
18 obvious. Where patients' verbatims were available,
19 we could see that two patients describing events of
20 similar impact could be coded differently with
21 respect to severity. It seemed as if some
22 investigators found the idea of missing a day of

1 work significant, while others did not. In another
2 example, a patient with depression required
3 hospitalization, and this event was assessed as
4 mild by the investigator.

5 So to address this, Dr. Andraca-Carrera
6 performed some additional analyses that
7 incorporated events that were not part of the
8 protocol specified endpoint definition, and you'll
9 see results of his analyses in a moment.

10 There also seemed to have been some issues
11 with coding of the data. So cases in which the
12 patient verbatim, where available, were identical
13 could have been coded to different MedDRA terms.
14 And in some cases, the patient verbatim said one
15 thing, and the investigator preferred term was
16 something different. This could be significant if
17 the patient in his own words endorsed a symptom
18 that was part of the NPS endpoint, such as anger,
19 but the investigator coded this to a term that is
20 not part of the endpoint, such as irritability, and
21 that did happen.

22 There also seems to have been considerable

1 variation in interpretation of the word
2 "agitation." In the NPS endpoint, it's meant to
3 capture a sense of emotional upset, but it appears
4 it was inconsistently applied, and often it's a
5 code for events of motoric restlessness or
6 akithesia.

7 Patients who reported a variety of symptoms
8 sometimes recorded one term rather than identifying
9 all the symptoms, or just one of their many
10 symptoms, would be considered as significant enough
11 to qualify for the primary endpoint, even though
12 they had a constellation of symptoms. And for that
13 reason, we concluded that any type of analysis of
14 the very subcomponents of the primary endpoint was
15 unlikely to be informative.

16 In other issues, there were patients for
17 whom an adverse event was recorded where the term
18 selected is a psychiatric diagnosis, not a symptom.
19 The documentation doesn't allow us to determine
20 whether this is a coding error, should the term
21 "depression" have been selected instead of the term
22 "major depression," or genuinely a new diagnosis.

1 So there are patients in the non-psychiatric
2 cohort who are coded to a psychiatric diagnosis.
3 That would be very significant if it were a new
4 diagnosis, but these were not necessarily flagged
5 as NPS events.

6 Finally, there were some coding errors that
7 were evident from the review of the way the patient
8 verbatim was translated to investigator's select,
9 and then to a MedDRA term -- I've got some examples
10 up here -- that raised some concern that there
11 might have been some unfamiliarity with psychiatric
12 terminology, or language barriers, or other reasons
13 that might have led to inaccurate coding. There
14 are always errors in coding. These are just some
15 things that caught our attention.

16 The next issue pertains to how the data was
17 collated and presented to give a full and clear
18 picture of each of the NPS cases. We had stressed
19 from a protocol stage their full narrative,
20 incorporating all sources of data needed to be
21 constructed for each NPS case. And in the end,
22 this was not done as we expected.

1 Instead, the narratives provided very little
2 other than the MedDRA terms, with start and stop
3 dates for the events, sometimes start and stop
4 dates for concomitant medications, scores on the
5 instruments, but not integrated, that gave the
6 impression of being automatically generated from
7 the case report forms. They provided no context,
8 background, or coherent story, and the patient
9 verbatim, even when collected, were not
10 incorporated into the narratives.

11 As a result, we were left with narratives
12 that raised more questions than they answered. For
13 example, the narrative of a patient who experienced
14 a skull fracture did not report how the skull
15 fracture occurred. Now, as it turns out, it
16 occurred in the context of an altercation with her
17 boyfriend, which is a very type of event that we're
18 interested in hearing about and understanding how
19 it happened.

20 This is only one example of many, and we had
21 to ask the sponsor to generate new narratives for
22 the cases that they'd identified as NPS cases, and

1 even these didn't necessarily present a coherent
2 picture, and they didn't incorporate findings from
3 all the data streams like all the anxiety and
4 depression scales.

5 Now, earlier today, Pfizer presented an
6 additional analysis of an expanded NPS endpoint
7 that actually did attempt to incorporate findings
8 from all the psychiatric rating scales and adverse
9 event information, everything altogether. And
10 that's very helpful, but that was not included in
11 the study report. In fact, we just got it last
12 week. But this was not a feature of the study
13 report.

14 Some other issues were identified in our
15 review of the tabulations of protocol violations
16 and the required financial disclosure information
17 and the sponsor's reports of their audits. Some of
18 these issues could impact data reliability, and we
19 did perform sensitivity analyses with and without
20 these sites.

21 Finally, there are a few issues with the
22 specific terms in the endpoint. For example, for

1 some reason the term "dysphoria," according to the
2 protocol, was quoted as "aggression." That just
3 seems like an error.

4 As I mentioned, after identifying these
5 concerns, we then attempted to determine whether
6 any of these issues would preclude our ability to
7 rely on the main conclusions of the study. Based
8 on our concerns about the coding, we concluded that
9 the analyses of the various subcomponents of the
10 primary endpoint were unlikely to be reliable and
11 probably were uninformative, so our analyses
12 focused on the overall incidence of NPS events.

13 To explore the impact of the concerns
14 identified, Dr. Andraca-Carrera conducted several
15 sensitivity analyses. These included evaluating
16 the impact of the heterogeneous finding across
17 sites, and he'll go into that in some detail.

18 We also looked, as we always do, at the
19 impact of including or excluding sites for issues
20 of data reliability where identified, and sites
21 where investigators had disclosable financial
22 interest according to our regulations. We also

1 extended this to sites where personnel were
2 involved in an ongoing way with speakers bureaus
3 for the sponsors. These analyses showed no impact
4 on the overall conclusions, and we won't be
5 presenting those.

6 Additionally, to address concerns about
7 investigators applying a lower level of severity
8 rating to some events than would seem warranted, or
9 assigning MedDRA terms that took the event out of
10 the NPS endpoint, Dr. Andraca-Carrera evaluated
11 whether widening our net to include some additional
12 adverse events would change the conclusions, and
13 he'll present the findings of those analyses.

14 I'll come back to my conclusions after we
15 hear from Dr. Andraca-Carrera.

16 **FDA Presentation - Eugenio Andraca-Carrera**

17 DR. ANDRACA-CARRERA: Good morning,
18 everyone. My name is Eugenio Andraca-Carrera, and
19 I'm a reviewer in the Office of Biostatistics at
20 CDER. Today, I will talk about our statistical
21 review of the PMR trial for smoking cessation
22 products.

1 Dr. Winchell has described the trial design
2 and the primary neuropsychiatric endpoint, so I
3 will start my presentation with a discussion of the
4 statistical methodology of the PMR trial, followed
5 by a discussion of its primary results, as well as
6 sensitivity analyses, and analyses of additional
7 endpoints that we conducted.

8 As a reminder, the primary objective of this
9 trial was to estimate the risk of neuropsychiatric
10 adverse events associated with bupropion, nicotine
11 replacement therapy, and varenicline in each of the
12 two trial cohorts, patients without a history of
13 psychiatric illness and patients with a history of
14 psychiatric illness.

15 The statistical analysis plan did not
16 prespecify the statistical hypothesis to be tested,
17 and the trial was not intended to rule out a risk
18 margin of neuropsychiatric events. For this
19 reason, all 95 percent confidence intervals in this
20 presentation are to be considered descriptive and
21 will be presented at their nominal level without
22 multiplicity corrections.

1 All analyses in this presentation are based
2 on the population of all treated subjects evaluated
3 from the time that they received their first dose
4 of randomized treatment in the trial to the time
5 that they received their last dose, plus a window
6 of 30 days.

7 Throughout this presentation, I will refer
8 to the primary neuropsychiatric composite endpoint
9 as the NPS endpoint. As you heard earlier, the
10 primary statistical model estimated the risk
11 difference of NPS events for every pairwise
12 treatment comparison in each of the two cohorts in
13 the trial.

14 Now I will discuss the trial results. I
15 will first present plots of the cumulative event
16 rates of NPS events through time for each of the
17 two cohorts separately. The first plot shows the
18 cumulative NPS event rate for subjects without a
19 history of psychiatric illness at baseline. The 4
20 colored lines represent each of the 4 treatments.

21 In this cohort, within the first 7 days
22 after randomization, there was no evidence of a

1 difference in risk associated with any treatment.
2 There were 3 subjects with an event observed on
3 placebo, 5 each on varenicline and bupropion, and 6
4 on nicotine replacement therapy within the first
5 week.

6 Now, let's move to the end of the
7 ascertainment window, which was defined as the end
8 of treatment plus 30 days. Varenicline, which is
9 represented by the purple dashed line, had the
10 fewest observed subjects with an NPS event, with 13
11 corresponding to a cumulative event rate of
12 1.3 percent. The other treatment arms, bupropion,
13 NRT, and placebo, were similar to each other in
14 this cohort, with between 22 and 25 subjects with
15 an NPS event each corresponding to cumulative event
16 rates between 2.2 percent and 2.5 percent.

17 Now, here's a plot for the cumulative NPS
18 event rate in the cohort with a history of
19 psychiatric illness at baseline. The cumulative
20 event rate of events in this cohort was about twice
21 as high as in the cohort without psychiatric
22 history. Within the first 7 days after

1 randomization, we observed some numerical
2 differences in subjects with a neuropsychiatric
3 event between treatments. In particular, there
4 were 21 subjects randomized to bupropion who
5 experienced an event within the first week after
6 randomization followed by 12 for varenicline and 4
7 subjects each on NRT and placebo.

8 At the end of the ascertainment window, we
9 can see that varenicline and bupropion were similar
10 to each other and had cumulative event rates of
11 6.5 percent on varenicline and 6.7 percent on
12 bupropion. And we can also see that NRT and
13 placebo were similar to each other with numerically
14 lower observed rates of NPS events of 5.2 percent
15 and 4.9 percent, respectively.

16 This plot shows the estimated risk
17 difference and the corresponding nominal 95 percent
18 confidence interval for each pairwise treatment
19 comparison in each of the two cohorts. The upper
20 panel corresponds to the cohort without psychiatric
21 history at baseline, and the lower panel
22 corresponds to the cohort with psychiatric history

1 at baseline.

2 For each pairwise comparison, the treatment
3 arms are labeled by the first letter of their
4 names. V stands for varenicline, B for bupropion,
5 P for placebo, and N for nicotine replacement
6 therapy. And here I have highlighted several
7 pairwise comparisons that I will focus on
8 throughout my presentation.

9 You can see on the top panel that
10 varenicline had fewer observed events than the
11 other two treatment arms in this cohort, which is
12 the cohort without psychiatric history, therefore,
13 the estimated risk difference in this cohort favors
14 varenicline. In the bottom panel, you can see that
15 varenicline and bupropion were similar to each
16 other and that both of them had more observed
17 events than placebo in the cohort with psychiatric
18 history. So in this cohort, the estimated risk
19 difference between varenicline and placebo and
20 bupropion and placebo show a positive estimated
21 risk difference associated with these two
22 treatments, with confidence intervals that include

1 zero.

2 Next, I want to spend some time discussing
3 sensitivity analysis of the neuropsychiatric
4 composite endpoint. As you just heard from
5 Dr. Winchell's presentation, the trial had some
6 issues regarding data collection, data coding, and
7 reliability. During the rest of my presentation, I
8 will discuss sensitivity analysis and secondary
9 analysis, which we conducted to try to look more
10 closely and address these issues.

11 Also, during our statistical review, we
12 identified one additional issue, which is a
13 possible statistical violation of the assumptions
14 of the primary model regarding site heterogeneity,
15 which I will discuss in the next few slides.

16 The trial randomized and treated subjects in
17 139 sites in 16 countries. As a standard part of
18 our statistical review, we conducted a descriptive
19 analysis to better understand the behavior of the
20 primary neuropsychiatric endpoint across different
21 sites. For this purpose, in the next couple
22 slides, I will show you plots of the number of

1 events plotted against the number of subjects per
2 each site in each of the two cohorts.

3 This first plot summarizes sites in the
4 cohort without a history of psychiatric illness.
5 Let me try to explain this plot briefly. Each dot
6 in this plot represents one site. There was a
7 total of 117 sites in this cohort. The horizontal
8 axis represents the number of subjects in each site
9 pooled across all treatment arms. The vertical
10 axis represents the number of subjects within each
11 site who experienced a primary neuropsychiatric
12 event.

13 The pooled event rate in this cohort across
14 all sites was 2.1 percent. So if all sites had the
15 same true risk of events, we would expect for the
16 dots to fall, on average, along the line with an
17 event rate of 2.1 percent with some random
18 variation. The blue shaded area represents -- I
19 think it shows as blue. The blue shaded area
20 represents where 95 percent of the sites are
21 expected to be observed under the assumption of a
22 common true risk of events of 2.1 percent, and the

1 additional now shaded area corresponds to the
2 99 percent prediction event.

3 Given a total of 117 sites in this cohort,
4 we would expect approximately one or two outlier
5 sites to fall outside of the shaded areas, only in
6 this cohort, we observed 4 such sites. We observed
7 slightly more outliers than we would expect,
8 although the assumption of a common true risk of
9 events across sites.

10 In the cohort with a history of psychiatric
11 illness, we found stronger evidence of site
12 heterogeneity. There was a total of 127 sites in
13 this cohort, and the pooled event of
14 neuropsychiatric events was 5.8 percent, so here,
15 the shaded prediction bands have been adjusted
16 accordingly.

17 Again, only the assumption of a common true
18 risk of events of 5.8 percent across sites, we
19 would again expect to see one or two outlier sites.
20 But in this cohort, we observed 11, which are
21 represented by the red dots. Also, we would expect
22 to see approximately 45 sites without a single

1 event, but we observed 60. So there were more
2 sites without a neuropsychiatric event than would
3 be expected by chance under the assumption of
4 common true risk of event. In particular, there
5 were three large sites that did not record any NPS
6 event.

7 We looked to see if the site heterogeneity
8 could be explained by some covariates that were
9 captured in the trial. For example, could there be
10 a difference between sites in the United States
11 against foreign countries? But what we found was
12 that this site heterogeneity couldn't be explained
13 by country of randomization, some cohorts of
14 patients with psychiatric history, or by other
15 covariates, including randomized treatment.

16 We also found high heterogeneity across
17 sites in other known adverse events, such as
18 irritability and abnormal dreams. So it remains
19 unclear whether this site heterogeneity could have
20 been caused by differences in patient populations,
21 which is a possibility, or perhaps in differences
22 in how data was collected and recorded in different

1 sites.

2 To address the issue of site heterogeneity,
3 we conducted a sensitivity analysis of the
4 neuropsychiatric event using a negative binomial
5 model for the number of subjects who experienced an
6 event within each site. This model was found to
7 fit the data significantly better, and the results
8 are shown here.

9 The pairwise treatment comparisons in this
10 model are interpreted as rate ratios. They're no
11 longer risk differences. This plot shows rate
12 ratios and corresponding 95 percent confidence
13 intervals for the risk of the neuropsychiatric
14 endpoint. And here, I have highlighted the same
15 pairwise treatment comparisons that I highlighted
16 earlier in this presentation, and what we find is
17 that the results are generally consistent with the
18 primary analysis.

19 So accounting for additional site
20 heterogeneity, we saw some wider confidence
21 intervals. In the top panel, varenicline had fewer
22 observed events than the other two treatment arms

1 in the cohort without psychiatric history.

2 Therefore, the estimated rate ratios associated
3 with varenicline in this cohort was less than 1.

4 In the bottom panel, varenicline and bupropion were
5 similar to each other with estimated rate ratios
6 greater than 1 relative to placebo.

7 Now, I would like to discuss additional
8 analysis of safety endpoints from this trial. In
9 every safety trial, death is always an endpoint of
10 interest. In this trial, there were 9 total deaths
11 across all treatment arms, and we found no evidence
12 of increased risk associated with any treatment.
13 The treatment arm with the highest observed number
14 of deaths was placebo, with 4 total deaths, which
15 included the only completed suicide recorded in
16 this trial, as you heard earlier.

17 The trial collected planned neuropsychiatric
18 instruments at each in-person visit, and in this
19 presentation, I will briefly discuss the results of
20 the Columbia-Suicide Severity Rating Scale or
21 C-SSRS. This instrument is of a special interest
22 because it tries to measure a very serious event,

1 but also because the C-SSRS was discussed during
2 the 2014 advisory committee meeting for
3 varenicline.

4 This table summarizes three components of
5 the C-SSRS by cohort and treatment arm. The three
6 components are suicidal behavior, suicidal
7 ideation, and self-injurious behavior. In the top
8 table, we see that there were fewer instances of
9 suicidal behavior and self-injurious behavior in
10 the cohort without psychiatric history. Suicidal
11 ideation was recorded in fewer than 1 percent of
12 the patients in this cohort, and the risk was
13 comparable across treatment arms.

14 The bottom table shows that there were also
15 fewer instances of suicidal behavior and
16 self-injurious behavior in the cohort with
17 psychiatric history. Suicidal ideation was
18 recorded in 2.1 percent of the total patients in
19 the cohort with psychiatric history. Varenicline
20 observed 27 subjects, followed by placebo with 25,
21 NRT with 20, and bupropion with 15. So based on
22 these tables alone, we found no evidence of a

1 difference in the risk of suicidal behavior and
2 ideation associated with any of these treatments.

3 We also conducted exploratory analysis of
4 other neuropsychiatric endpoints to evaluate
5 whether they were consistent with the primary NPS
6 endpoint discussed earlier, and I will briefly
7 discuss three such endpoints.

8 The first one will be NPS events that were
9 characterized as severe only. The second will be
10 an NPS-plus composite, which we define as the
11 primary NPS endpoint plus moderate or severe
12 irritability, plus moderate or severe depressed
13 mood disorders. Third will be our corrected NPS
14 event that fixes a mistake, that Dr. Winchell
15 mentioned, where dysphoria was categorized as
16 aggression instead of depression.

17 Here's a summary of severe-only NPS events
18 by cohort and treatment arm. As a reminder, severe
19 events here are defined as adverse events that
20 interfere significantly with the subject's usual
21 function. Severe NPS events were observed in fewer
22 than 0.5 percent of the patients in the cohort

1 without psychiatric history, and in 1.4 percent of
2 the patients in the cohort with psychiatric
3 history. Based on this table, there was no
4 observed difference in the risk of severe NPS
5 events between treatment arms in either cohort.

6 This plot shows the frequency of the
7 estimated NPS endpoint represented by blue circles,
8 compared to the frequency of the NPS-plus endpoint
9 represented by the gray triangles. As a reminder,
10 the NPS-plus endpoint was defined as NPS endpoint
11 plus moderate or severe irritability, plus moderate
12 or severe depressed mood disorders. And what this
13 plot shows is that the NPS-plus endpoint was
14 approximately twice as frequent as the primary NPS
15 endpoint.

16 Here are the corresponding pairwise risk
17 differences estimated for the NPS-plus endpoint.
18 Again, I have highlighted the same pairwise
19 treatment comparisons that I highlighted earlier,
20 and the results are generally consistent with the
21 previous analysis. In the cohort without a history
22 of psychiatric illness, there were fewer NPS-plus

1 endpoints observed on varenicline than on the other
2 treatment arms. In the cohort with a history of
3 psychiatric illness, there were more NPS-plus
4 events observed on varenicline than on placebo.

5 As I mentioned earlier, we also conducted
6 analysis of a corrected NPS event that fixed the
7 misclassification of dysphoria, but what we found
8 is that there were relatively few events of
9 dysphoria in the trial, and therefore the analyses
10 of this event were consistent with the primary
11 analysis, so I will not discuss them further.

12 Finally, I will conclude this presentation
13 with some overall statistical comments and a brief
14 summary. The review team identified some
15 limitations in the trial, which are listed here.
16 The clinical team identified inconsistencies
17 regarding how the NPS endpoint was reported,
18 collected, and coded. And in this presentation, we
19 showed that the study sites exhibited large
20 heterogeneity in the rate of NPS events under the
21 assumption of a common rate of events.

22 Our analysis found that the large site

1 heterogeneity could not be fully explained by
2 covariates captured in the trial. However,
3 sensitivity analysis that allowed for additional
4 site heterogeneity were found to be generally
5 consistent with the primary analysis. We also
6 found that the analysis of different definitions
7 and additional safety endpoints were generally
8 consistent with the primary analysis.

9 In summary, we found that in the cohort
10 without a history of psychiatric illness at
11 baseline, the trial observed a lower incidence of
12 NPS events among patients on varenicline. In this
13 cohort, the trial observed a low and balanced
14 incidence of severe NPS events and also suicidal
15 ideation and behavior captured in the C-SSRS. In
16 the cohort with a history of psychiatric illness,
17 the trial observed a numerically higher incidence
18 of NPS events on varenicline and bupropion than on
19 placebo, and the incidence of severe NPS events and
20 C-SSRS events was similar in all treatment arms.

21 Thank you for your attention. That is the
22 end of my presentation, and I will -- Dr. Winchell.

FDA Presentation - Celia Winchell

DR. WINCHELL: Thanks.

So to continue from Dr. Andraca-Carrera's conclusions, across sensitivity analyses, the conclusions about the finding in the study are consistent. In the non-psychiatric cohort, serious or clinically significant neuropsychiatric events, meaning events that had impact on patient functioning, occurred in all treatment groups, but the incidence was similar across treatment arms. In the psychiatric cohort, serious or clinically significant neuropsychiatric adverse events occurred in all treatment groups and were consistently somewhat more frequent in the varenicline and bupropion treatment arms.

The vast majority of events, although having impact on patient functioning, were not of a serious nature, and were usually transient. Serious adverse events in a psychiatric cohort primarily involved psychiatric decompensation, which is an established risk associated with antidepressants such as bupropion in patients with

1 bipolar disorder.

2 All three treatment drugs were effective
3 aids to smoking cessation, and the prospective
4 health benefit from abstinence from smoking is
5 substantial. The balance of benefit and risk of
6 smoking cessation products appears to differ based
7 on history of psychiatric illness, but is favorable
8 for both populations.

9 Next, we'll hear the review of the
10 observational studies.

11 **FDA Presentation - Chih-Ying Pratt**

12 DR. PRATT: Good morning. I'm Natasha
13 Pratt. I'm an acting team leader at the Division
14 of Epidemiology under CDER. About two years ago, I
15 presented a review of observational studies on
16 varenicline's neuropsychiatric risk at our last
17 meeting to discuss Pfizer's request of removing the
18 boxed warning on varenicline. At that time, DEPI's
19 conclusion was all of the available observational
20 studies had limitations that preclude a conclusion
21 of no association of varenicline with
22 neuropsychiatric risk.

1 We also determined it would be challenging
2 to evaluate such risks using observational data due
3 to the difficulty in capturing all relevant
4 outcomes and correctly classifying varenicline
5 related neuropsychiatric adverse events and the
6 difficulty in avoiding the selection of healthier
7 varenicline users than their comparator. We
8 suggested that the ongoing trial likely offers
9 better insights into this issue. The committee
10 agreed with us and recommended to reassess this
11 issue after trial data was available.

12 Because our previous review was two years
13 old, and the scope of today's discussion expands to
14 all smoking cessation products, not just
15 varenicline, DEPI updated our literature review
16 from the last AC. I'll first describe how we
17 identified the studies included in our current
18 review.

19 We conducted a search of the PubMed database
20 and identified 412 English language articles
21 mentioning neuropsychiatric adverse outcomes and
22 the three FDA-approved prescription smoking

1 cessation products: varenicline, bupropion, and
2 NRT.

3 Studies were selected for in-depth review if
4 they reported a relative risk of neuropsychiatric
5 events, used adequate design to differentiate a
6 temporary relationship between drug exposure and
7 outcomes, and attempted to account for baseline
8 group differences due to the observational design.

9 Among a total of eight articles that were
10 eligible for in-depth review, we further excluded
11 two studies because they either used the exact same
12 data or similar data sources as another better
13 designed studies that are also included in the
14 in-depth review. Therefore, the focus of my
15 presentation today is on six observational studies.

16 I'd like to point out that, first, two of
17 the review articles described studies with FDA
18 involvement, and two members of the DEPI review
19 team are listed as authors on Meyer publication.
20 Because of FDA's participation, DEPI was able to
21 review the protocol and final reports of those
22 studies, which contain more information than the

1 publication.

2 Secondly, as shown on this slide, my
3 presentation covered the same studies that were
4 addressed in Dr. Prochaska's presentation earlier
5 today. I want to clarify, only two of the six
6 studies were new studies that were not discussed in
7 the last AC because the Cunningham publication,
8 although it's published after the last AC, it
9 describes the VA study that was already covered in
10 my last presentation.

11 Next, I will provide an overview of the
12 reviewed observational studies and their findings.
13 The six studies included five retrospective cohort
14 studies and one self-controlled study. We like it
15 because they use real-world data, and they include
16 patients with psych history, which enhanced the
17 generalizability of their findings beyond most
18 clinical trials.

19 The reviewed studies focused mainly on two
20 types of outcomes. First, neuropsychiatric medical
21 encounters, including hospitalizations, emergency
22 department visits, and outpatient visits; second,

1 suicide related outcomes such as fatal or non-fatal
2 self-harm identified by mortality data or medical
3 encounter data.

4 The following slide summarized the main
5 finding of the review studies. It's difficult to
6 see the detail, but our intention is to show the
7 overall trend. I'll start from the orientation of
8 the plot. The findings of the five studies that
9 examine neuropsychiatric medical encounters are
10 presented at the top of the plot against the white
11 background. The dashed lines separate the risk
12 estimates observed from each study. The finding of
13 the three studies that examines suicide related
14 outcomes are at the bottom of the plot against the
15 gray background.

16 Note that fewer studies estimated
17 bupropion's risk than varenicline's risk. To be
18 specific, only three reported bupropion's risk, and
19 the risk estimates are represented as an open
20 diamond in the plot. Also, most of the studies
21 used NRT as a reference group, except that one
22 study compared varenicline to bupropion, and the

1 other compared the varenicline exposed period to
2 the unexposed period.

3 As illustrated in the slides, the reported
4 findings varied considerably. Some reported a
5 positive association between varenicline use and
6 neuropsychiatric adverse events. Others suggested
7 varenicline and bupropion are associated with a
8 lower risk than NRT. But most of the findings did
9 not show a difference in the outcome risk between
10 varenicline versus NRT, varenicline versus
11 bupropion, varenicline exposed versus unexposed
12 time, and bupropion versus NRT.

13 The hazard ratio is bouncing around 1, and
14 the confidence intervals cross 1. As we heard
15 earlier, the sponsor's interpretation was that the
16 observational studies did not show varenicline has
17 an increased risk. We don't really agree or share
18 the same view because of several study design
19 issues, and I will address them in detail in the
20 following sections.

21 Our first concern, all studies relied on
22 diagnostic codes to identify neuropsychiatric

1 events or suicide attempts from medical encountered
2 data, but no chart review was done to confirm those
3 events indeed happened. We have concerns that
4 diagnostic codes might not have well captured the
5 full range of neuropsychiatric events that patients
6 experienced while taking varenicline or bupropion.
7 We also are concerned that medical records may not
8 be the only data source to look for such events
9 because patients experiencing those events might be
10 referred to the legal system rather than the
11 medical system.

12 We concluded outcome measures likely
13 under-ascertained, and we are uncertain about how
14 many events were missed. We also determined the
15 outcome measures likely misclassified outcomes, and
16 we are not sure if the event observed in those
17 studies fully represents the range of adverse
18 events experienced by the patient while taking
19 smoking cessation products.

20 The second limitation that we identified,
21 some review studies included data from the time
22 frame after the publicity of varenicline's

1 neuropsychiatric risk. Because bupropion has also
2 been associated with neuropsychiatric adverse
3 events, we are concerned about differential
4 prescribing or use of smoking cessation products
5 based on a physician or patient's perceived
6 underlying risk of neuropsychiatric outcomes.
7 Specifically, we worried such differential
8 prescribing or use would result in patients with a
9 higher risk of adverse neuropsychiatric outcome
10 being less likely to receive varenicline or
11 bupropion.

12 Among the review study, we are most
13 concerned about the study by Thomas and Kotz, both
14 of which use UK general practice data, and included
15 data after the UK regulatory agency issued a safety
16 update on varenicline's suicide potential risk. In
17 both studies, the varenicline user and bupropion
18 user were very similar and appeared to have lower
19 baseline neuropsychiatric risk than the comparator
20 NRT user, in that they were less likely to have a
21 history of psychiatric illness and had a lower
22 frequency of previous psychotropic medication use.

1 Although both studies have tried to account
2 for the baseline differences, we concluded that the
3 trend of a lower neuropsychiatric risk associated
4 with varenicline or bupropion, that were observed
5 in both studies, still carried the bias due to the
6 fact that the varenicline and bupropion user had a
7 lower outcome risk to start from.

8 In the Molero study we are concerned about
9 the confounding due to nicotine withdrawal symptoms
10 because the study compared outcome risk between
11 varenicline exposed time to unexposed time. The
12 nicotine withdrawal symptom would occur at the same
13 time when patient is exposed to varenicline, but it
14 would not occur if the patient did not try to quit
15 smoking during the unexposed period.

16 In that case, nicotine withdrawal symptoms
17 would make varenicline exposed time appear to
18 elevate neuropsychiatric risk even if varenicline
19 is in fact risk neutral. It is unclear to us
20 whether the increased neuropsychiatric risk that
21 was observed in the study was due to varenicline
22 use, the choice of comparator, or both.

1 In a study by Pasternak that compared
2 outcome risk between varenicline users and
3 bupropion users, as I mentioned before, because
4 bupropion has also been associated with
5 neuropsychiatric adverse events, we concluded it
6 would be problematic to interpret the study
7 results. The study found non-significant lower
8 risk associated with varenicline use. However,
9 this finding did not provide reassurance of
10 varenicline's neuropsychiatric safety because the
11 comparator, bupropion, also has been associated
12 with neuropsychiatric adverse events.

13 Lastly, all the review studies included
14 patients with psychiatric history, but the more
15 relevant question was whether the risk would be
16 different between users with and without
17 psychiatric history. Among the review studies, the
18 impact of psych history was either not examined, as
19 in the Thomas and Kotz study, or cannot be
20 appropriately assessed.

21 This slide shows the subgroup finding of the
22 Molero study that compared the outcome risk between

1 varenicline exposed time to unexposed time, similar
2 to our concern on the overall population finding,
3 the main analysis finding. It is unclear whether
4 the observed increased risk was due to varenicline
5 use or the confounding by nicotine withdrawal
6 symptoms.

7 In the other three studies that conducted a
8 stratified analysis by psychiatric history, they
9 were not able to provide a conclusive finding due
10 to a small sample size or few observed events in
11 the subgroups. But I'd like to point out that
12 consistent with the trend in the PMR trial
13 findings, results of the three studies all indicate
14 that varenicline users with psychiatric history
15 might have a higher neuropsychiatric risk than
16 those without because, first, the majority of the
17 neuropsychiatric events were observed among
18 patients with psychiatric history.

19 Also, the hazard ratio of neuropsychiatric
20 outcomes were numerically higher among patients
21 with psych history than the overall cohort or
22 patients without psychiatric history. But as

1 depicted in this slide, those studies were
2 underpowered to confirm the effect modification by
3 psych history.

4 To sum up our assessment, all studies had a
5 number of study design issues, including outcome
6 misclassification and under-ascertainment,
7 differential prescribing or use due to the
8 perceived baseline psychiatric risk, and
9 confounding by nicotine withdrawal symptoms.

10 When the potential bias is considered in
11 combination, they restrict our ability to predict
12 the direction of the risk associated with any of
13 the smoking cessation products, besides one study's
14 use of bupropion as reference group to examine
15 varenicline's neuropsychiatric risk was problematic
16 because finding no increased risk did not reassure
17 varenicline's safety given that both products were
18 labeled for neuropsychiatric adverse events.

19 Finally, the inability to assess the risk among
20 those with psychiatric history further restrict the
21 generalizability of the observational study
22 findings.

1 Because of the limitation, the evidence from
2 the existing observational studies alone is of
3 insufficient quality to confirm or refute an
4 increased neuropsychiatric risk associated with
5 either varenicline or bupropion use. The
6 neuropsychiatric safety of smoking cessation
7 products should be assessed based on the totality
8 of evidence, including to provide a determination
9 of whether or not patients with psychiatric history
10 are at an increased risk for neuropsychiatric
11 adverse events.

12 This concludes my presentation. Thank you
13 for your attention.

14 **Clarifying Questions to FDA**

15 DR. PARKER: Thank you. So let's turn now
16 first to clarifying questions for the FDA. If you
17 will place your card up again, we'll get your name
18 on the list here. I'll ask that you state your
19 name for the record before you speak, and that you
20 keep the questions brief and specific to the FDA
21 initially. Hopefully, pending time, we will then
22 go back and pick up -- I know we still have seven

1 people from before that had some questions
2 specifically for the sponsor.

3 So let's start our list with those who have
4 questions for the FDA. Dr. Narendran?

5 DR. NARENDRAN: I just have a quick question
6 for the FDA statistical reviewer. It seems like
7 there are 10 to 20 percent of the patients who had
8 already had been on varenicline or bupropion who
9 are entered into the study. You would think that
10 the people who already are willing to go into a
11 study did not have adverse events before. If you
12 exclude them from your analysis, does that change
13 the risk profile or the NPS endpoint?

14 DR. ANDRACA-CARRERA: This is Eugenio
15 Andraca. Related for efficacy, I don't believe
16 that we have that analysis for safety. I do not
17 know if the sponsor has that. Maybe they can speak
18 to it.

19 DR. PARKER: Dr. Fiedorowicz?

20 DR. FIEDOROWICZ: Thanks. My name's Jess
21 Fiedorowicz from the University of Iowa. My
22 question's for Dr. Andraca-Carrera. Slide 29,

1 which presents a summary of the findings, states
2 that there was, quote, "a higher incidence of NPS
3 events observed on varenicline and bupropion than
4 on placebo." You qualified that statement with a
5 phrase, quote, "numerically," unquote, and I was
6 just wondering how confident are you that these
7 findings are not due to chance.

8 DR. ANDRACA-CARRERA: This is Eugenio
9 Andraca. The study was not designed to rule out a
10 specific margin. It was designed to be
11 descriptive. We have the estimated parameters with
12 confidence intervals. I think it's up to you and
13 the clinical team to interpret those confidence
14 intervals.

15 DR. PARKER: Dr. Winterstein?

16 DR. WINTERSTEIN: This is a question I think
17 for Dr. Winchell, but I imagine that several
18 colleagues from the FDA could chime in, as well as
19 the sponsor. I'm struggling with the endpoint
20 massively. I appreciate the effort that was put
21 into trying to create an endpoint that would be
22 more suitable to capture what had been observed in

1 the spontaneous reports.

2 Those of us who are trained to conduct
3 safety studies or review safety studies are alarmed
4 when they see composite endpoints because the big
5 concern then is does that endpoint capture noise.
6 And if we have noise in a safety study, we lose the
7 ability to identify differences.

8 I'm trying to look at all of these events,
9 those 280 or so various MedDRA terms that were
10 included in this endpoint, and I'm trying to find
11 out what's the noise here and what, and was this
12 study massively underpowered to do anything. There
13 are MedDRA terms that were quoted here that say
14 things like "elevated mood," which I'm not sure
15 that would be a safety endpoint that I would be
16 particularly interested in, even if it were rated
17 as severe, recognizing the fact that it has already
18 been alluded to that the severity rating hadn't
19 been standardized or validated previously, and
20 seemed to be fairly implicit in the judgment as it
21 had been applied throughout the study.

22 So we have an unvalidated, not particularly

1 reliable ascertainment system, a variety of events
2 that I don't know what actually captured the drug
3 effect that we are looking at. And I would like to
4 get some input, number one, what was the thinking,
5 and what drug effect would really be important.

6 Was there an idea to try to remove drug
7 efficacy effects? Because I could see an elevated
8 mood from the efficacy of not having to smoke any
9 longer, which we clearly wouldn't want to have in a
10 safety endpoint. And given that we have 8,000
11 patients exposed to a trial, what was the power
12 analysis on all of this? I mean, I would imagine
13 that there was some kind of underlying power
14 calculation done that was focusing on some simple
15 size estimate to rule out some increase in safety
16 events, and what were they?

17 If I could get help with that part. I
18 realize that advisory committee members tend to
19 complain about the results after the fact, and I'm
20 complaining about the results after the fact. I
21 realize that. But I have trouble getting the
22 essence out of this trial that would allow me to

1 say, yes, there's really no safety problem.

2 DR. PARKER: Does the agency want to
3 respond? I know the sponsor does.

4 DR. ANDRACA-CARRERA: This is Eugenio
5 Andraca. I believe that the sponsor presented some
6 slides about power calculations, so maybe they
7 would be the best to address that particular issue.
8 And then if you would like to, we could come back
9 to that, to discussing the endpoint from our
10 perspective.

11 DR. RUSNAK: Thank you. I'd like to invite
12 Dr. Gaffney to present that information.

13 DR. GAFFNEY: Thank you. Mike Gaffney,
14 statistics, Pfizer. As Dr. Anthenelli pointed out,
15 this study was not formally designed to address a
16 specific hypothesis. There wasn't sufficient
17 information to estimate a treatment effect or to
18 estimate a non-inferiority margin in this trial.
19 The real focus was on estimating what the rates are
20 and confidence intervals around that rate.
21 However, to address the question, we can in a
22 post hoc way give what the power was in EAGLES

1 given the observed placebo event rate in a study of
2 8,000 patients.

3 Could you put up slide ST-179, please?

4 Thank you. What you see here in the left-hand
5 column are the actual observed placebo non-
6 psychiatric primary endpoint rates. In the
7 non-psychiatric cohort, it was 2.4 percent, in the
8 psychiatric cohort, 4.9 percent, and overall about
9 3.7 percent.

10 The next columns give both the risk
11 difference and the relative risk that a study of
12 8,000 patients, where there would be 1,000 patients
13 per each treatment comparison in the
14 non-psychiatric cohort, 1,000 per treatment group
15 in the psychiatric cohort, and 2,000 patients
16 overall.

17 So these numbers show that on the risk
18 difference scale, with 80 percent, it would have
19 picked up a difference of 2.32 percent in a
20 non-psychiatric cohort, 3.1 percent in a
21 psychiatric cohort, and overall about 1.9 percent.
22 If you prefer those numbers on the relative scale,

1 it's just under 2 on the non-psychiatric cohort, a
2 relative risk of 1.6 in the psychiatric cohort, and
3 overall about a relative risk of 1.5.

4 DR. WINTERSTEIN: So the 8,000 patients was
5 more or less a convenient number? I'm
6 thinking -- there were 8,000 patients who were
7 exposed to this trial to identify -- without an
8 idea of what the incidence of those events would
9 have looked like. Correct?

10 DR. GAFFNEY: Well, the incidences right
11 here are what was observed, and we presented what
12 was observed. These are what the risk
13 differences -- if there is a true effect on any one
14 of these active treatments versus placebo, of the
15 order that you see here with respect to risk
16 difference or relative risk, this study was sized
17 with enough power, 80 percent power, to detect
18 that.

19 DR. WINTERSTEIN: Yes, to detect the risk
20 differences that we see here, assuming that all the
21 adverse events that were collected in that
22 composite outcome would actually be relevant. I'm

1 just surprised that there were no a priori ideas
2 about how many patients were needed to rule out
3 something.

4 DR. RUSNAK: I think to answer the question,
5 a priori, some estimates were made of what the
6 incidence of the NPS AE events would occur in the
7 non-psychiatric cohort as well as the psychiatric
8 cohort. But the certainty around that wasn't
9 entirely precise. So what the trial did was
10 monitor the overall NPS event rate, and then they
11 had the power to increase the sample size to ensure
12 that we had the appropriate sample size for the
13 study during the course of the trial. And this was
14 done at 50 percent and 75 percent of enrollment.

15 DR. WINTERSTEIN: Fifty percent difference?

16 DR. RUSNAK: No. Whenever 50 percent of the
17 subjects were --

18 DR. WINTERSTEIN: Oh, the interim analysis.

19 DR. RUSNAK: Interim analysis.

20 DR. WINTERSTEIN: So what was that a priori
21 idea of a difference that you were trying to shoot
22 for?

1 DR. RUSNAK: I'll ask Dr. Gaffney to provide
2 the exact details of that.

3 DR. GAFFNEY: As been stated, there really
4 was very little prior information which to make any
5 estimates, or clinical trials had excluded patients
6 with psychiatric diagnosis. So all we were left to
7 do was to try and recreate what turned out to be
8 the neuropsychiatric adverse event in this trial.

9 We looked at that over all of our clinical
10 trials, maybe 18 or so. The estimate we got was
11 about 1.75 percent. It was low. We doubled that
12 in the expectation that in getting solicited events
13 rather than just volunteered events, which came
14 normally in clinical trials, that we would have
15 this rate of about 3.5 percent. We doubled that
16 again to estimate that possibly we'd see 7 percent
17 in the psychiatric cohort, which had not been
18 studied.

19 As you see from the observed events, we got
20 about a 2.6 percent rate within the non-psych
21 cohort, and we had something above 4 percent,
22 5 percent in the psych cohort. So a little bit

1 less than what we expected by our assumption of
2 doubling, but certainly more than what we had seen
3 originally in our database.

4 DR. PARKER: Dr. Hertz, did you have a
5 comment? Oh, sorry.

6 DR. WINCHELL: I was going to respond to
7 your concern about the incorporation of all of the
8 vendor terms. The broad net for the MedDRA terms
9 was intended to capture events that are sometimes
10 described in terms that are difficult to code. And
11 the intention was that by constructing narratives
12 that told the whole story, what the patient had
13 experienced in their own words and other people's
14 words, and everything together, we'd be able to
15 adjudicate those. And if there was a circumstance
16 where someone had an experience that you wouldn't
17 have considered a concerning clinically significant
18 adverse event, we could exclude those based on
19 review of narratives.

20 So I understand that not every single term
21 in the list of MedDRA terms is necessarily that
22 specific item would be something you'd be concerned

1 about, but we also didn't want to lose something by
2 virtue of it having been, for whatever reason,
3 assigned to a term that wasn't on a short list.

4 DR. PARKER: Dr. Emerson?

5 DR. EMERSON: Just one real quick follow-up
6 on Dr. Gaffney's presentation. Given that this is
7 really a safety trial and that we're sort of more
8 interested in what we rule out, what was the 97 and
9 a half percent power point for this study? Because
10 that's what would correspond to the 95 percent
11 confidence intervals that are being presented.

12 DR. RUSNAK: I'd like to ask Dr. Gaffney to
13 respond to this question.

14 DR. GAFFNEY: If you could call up slide
15 ST-180, please. I'm not sure if this addresses
16 your question directly, Dr. Emerson, but what we
17 also did was to use the observed rates that we saw
18 to look at this study from the perspective of the
19 non-inferiority margin. And I think that's getting
20 at your 97.5 percent confidence interval.

21 Again, on this slide, you see the placebo
22 rates that were observed in each of the cohorts and

1 overall, repeated again for EAGLES. And
2 calculating the non-inferiority margin for the
3 non-psychiatric was 2.4, the psychiatric cohort
4 about 1.9, and overall for this study was about
5 1.6. So the study would have 80 percent power to
6 rule out the 97.5 confidence interval, exceeding
7 those values, which is the definition of the
8 non-inferiority margin.

9 DR. PARKER: Dr. Conley?

10 DR. CONLEY: This is primarily to
11 Dr. Winchell, but others can answer with you.
12 Thanks for the presentation. The concern that I
13 have from an industry-wide perspective is though I
14 respect your need to dive into the data and figure
15 out what's going on, sometimes a presentation
16 really seems to lack context. You had mentioned
17 early in your talk that you expect large,
18 multicenter, international studies to have bumps in
19 the road.

20 Now, at the end of the day, it seems that
21 you're primarily agreeing with what the sponsor has
22 said about both safety and efficacy; at least

1 that's what I got from the presentation. So if I
2 missed that, please say so. But what I don't know
3 is that we still have raised up -- and that's going
4 to be a discussion issue later on -- quote/unquote,
5 "Should we believe this study?" Are there enough
6 problems here to do it.

7 I do worry that you all have a bias of never
8 kind of being satisfied when you dig into case
9 reports, and that's because you're looking at
10 safety; I understand that. But there are always
11 going to be some cases you can't ascertain. And
12 what I can't understand, and what I can't put into
13 context, was this some sort of an outlier that
14 there are a lot of problems or not a lot of
15 problems. I think that might be helpful given the
16 questions you're asking.

17 DR. WINCHELL: I can say that I have
18 reviewed a lot of different NDAs, and this
19 particular one had more barriers to review than
20 typical. The quality of the narratives that were
21 submitted were unusually uninformative. And yes, I
22 found that this was more difficult than typical, if

1 that answers your question.

2 DR. PARKER: Dr. Hernandez-Diaz?

3 DR. HERNANDEZ-DIAZ: Thank you. And
4 actually, you can cross my name from the question
5 to the sponsor because I'm going to ask the same
6 question. What I was going to ask was if we could
7 see the survivor curves, the Kaplan-Meiers that
8 Dr. Andraca-Carrera showed in slide number 8 of his
9 presentation.

10 If you can put it up; but meanwhile, I agree
11 with the review of the observational studies. I
12 think that some of the limitations that were
13 listed, I would not consider them limitations in
14 itself. I'm referring to the comparison with
15 bupropion. So a comparison with an active
16 treatment, I don't think that's a limitation. We
17 use that in clinical trials all the time. It's
18 just that it's answering a different question.

19 The reason for that limitation is that we
20 could not assess whether the difference in the risk
21 is to the indication or to the active treatment
22 itself. And I think that in this clinical trial,

1 because everybody was quitting smoking or trying
2 to, we are now I think left to analyze, if all of
3 the studies are increasing the risk similarly,
4 actually what would have happened to those subjects
5 had there not been exposed to a smoking cessation
6 intervention.

7 So I was trying to get from this data a
8 sense of what could have been the risk in this
9 population if we didn't try to have them quit
10 smoking. You presented the cumulative risk in your
11 summary, but looking at the graph, it seems to me
12 that there is around 4 percent and 2.5 percent of
13 cases in the first 30 days. Then in the next
14 30 days after the start to follow-up, there is
15 around -- I was estimating the difference around
16 2 percent in the bupropion group and 1 percent in
17 the placebo group. Then in the next 30 days, there
18 is around 0.5 percent and 0.5 percent.

19 So the rate is decreasing over time. I'm
20 wondering if with that data and with perhaps
21 baseline data in similar populations, if we can
22 have an idea of what is the risk of quitting

1 smoking. Are we talking about 5-, 10-fold
2 increased risk of these events when you start study
3 to quit smoking?

4 I think this is not going to help further
5 respond to the question about whether one treatment
6 is safer than another, but to inform patients that
7 if you are really trying to quit smoking with a
8 strategy that actually seems to work, this is the
9 risk you are going to have during the first 30
10 days. And I think that's important for patients
11 and for healthcare providers to keep in mind, to be
12 watching for those initial increases in the risks
13 for all the treatment actually.

14 I would expect that the better the treatment
15 is -- this is really due to the fact they've
16 withdrawn from smoking. The better the treatment,
17 the more events I would be expecting. So I was
18 wondering if you would agree with that
19 interpretation, that there is an increase during
20 the first 30, 60 days after starting a study.

21 DR. WINCHELL: I think we're not clear of
22 what specific question you'd like us to address. I

1 will remind you that quit day was at day 7. So
2 anything before quit day should not necessarily be
3 associated with quitting smoking. So if your
4 question was about the risk of quitting smoking,
5 maybe that will help you.

6 DR. HERNANDEZ-DIAZ: Well, I was approaching
7 as an intention to treat kind of approach. Like if
8 you start at 7 days, you started the trial, and you
9 see -- my point is that the rates -- you presented
10 cumulative risk after the whole period, after end
11 of treatment and plus 30 days, but the rate, the
12 hazard, is not constant over time; split at the
13 beginning, and then they are pretty flat. And if
14 you look in the non-psychiatric cohort, there is
15 apparently very few cases after 60 days.

16 So I'm just saying that the interpretation
17 and the study of these groups might help with the
18 recommendations at the end.

19 DR. ANDRACA-CARRERA: This is Eugenio
20 Andraca. Unfortunately, we didn't compute
21 confidence intervals for the curves, which is
22 possible that it might show some overlap. And

1 also, the prespecified comparison was only
2 prespecified at the end of treatment plus 30 days.

3 So I would say that this curve should be
4 informative to give you an idea of what the actual
5 observed pattern of time for these events were.
6 But we didn't prespecify any comparisons at 30 or
7 so days. So that could be sort of a post hoc
8 comparison, and could lead to the wrong
9 conclusions.

10 DR. PARKER: Dr. Budnitz?

11 CAPT BUDNITZ: Yes. Maybe we could put up
12 slide 20 from the statistical presentation, if
13 that's okay, because I'm struggling with how the
14 identification of the primary NPS adverse event
15 endpoint actually happened in the EAGLES study.
16 Here we, I guess, have suicide, behavior ideation,
17 and self-injurious behavior events. It's not clear
18 if these were from self-reports or from these
19 instruments, and then a follow-up.

20 So that's my first question either to FDA or
21 sponsor. How do we distinguish where these events
22 came from?

1 The first thing I'd like to address is in
2 the briefing booklet, on page 48 -- and I think it
3 was referred to in the presentation -- there are
4 two patients who deliberately took an overdose of
5 the medication. They were not coded as making
6 suicide attempts. These cases were not even
7 selected for preparation of narratives as being a
8 potential interest.

9 So I'm trying to reconcile these two
10 patients that took intentional overdoses of
11 medication, do they appear in this suicide slide?
12 And if not, then are there other types of adverse
13 events? Or if not that, how do we even have that
14 information?

15 DR. WINCHELL: It's my
16 understanding -- unless sponsor can confirm -- that
17 when the C-SSRS was administered, patients who
18 endorsed suicidal ideation or reported behavior
19 were then assessed for whether or not that
20 endorsement represented an adverse event. And if
21 the investigator felt that the suicidal ideation
22 reported was not an adverse event, that that was

1 not included in the adverse event data set, and
2 only adverse events were included in the NPS
3 endpoint.

4 So I can tell you that the one patient who
5 took an intentional overdose was not coded as a
6 suicide attempt, and we were told that the C-SSRS,
7 he never endorsed suicidality, although we don't
8 really have an explanation of why he took the
9 overdose.

10 CAPT BUDNITZ: So I'm trying to clarify. So
11 that information about one or two patients that
12 took intentional overdoses of drugs and were not
13 reported as suicides, and were not reported as
14 adverse events, then where did that information
15 come from? I'm still confused.

16 DR. WINCHELL: So they could be reported as
17 an adverse event. The overdose was reported as an
18 adverse event. The overdose was reported as an
19 adverse event but not a suicidal adverse event, in
20 both cases. One was coded to the term "overdose"
21 but not a suicidal overdose. And one was coded to
22 the term "accidental overdose," although the

1 verbatim said that the patient took a handful
2 of -- took all of her pills at once. So that
3 didn't sound like an accident. As to how those
4 were or were not handled, I can't say.

5 DR. PARKER: So maybe direct this directly
6 to the sponsor. If you could answer about those
7 two patients specifically.

8 DR. RUSNAK: Yes. I'll invite Dr. Cristina
9 Russ.

10 DR. PARKER: Just those two to start with.

11 DR. RUSS: Cristina Russ, Pfizer. The
12 accidental overdose with the patient that took 4
13 bottles of study pills, it was included. It's
14 captured in the Columbia scale, as I mentioned
15 during the presentation, and it was included in the
16 sensitivity analysis as a result of the clinical
17 review. Another overdose with psychotropic
18 medication was coded -- was mapped directly. It's
19 captured by the scale, and it's also included in
20 the primary endpoint of placebo subject.

21 So those two are -- that's the situation of
22 those two cases.

1 CAPT BUDNITZ: We'll go into this later, but
2 I guess I'm confused about this is a study trying
3 to identify if an event is associated with an
4 exposure, but the investigator has this -- based on
5 their prior experience can determine if an event,
6 like a clear overdose, is or is not related to the
7 study drug.

8 It seems like it it's inherently -- it
9 doesn't make sense in the point to have an
10 epidemiologic association because you are using
11 your predetermined assumption about what is a study
12 related event to then be the outcome of whether or
13 not there's epidemiologic association between study
14 related event.

15 DR. RUSNAK: I'd like to invite
16 Dr. Anthenelli to address that question.

17 DR. ANTENELLI: Robert Anthenelli,
18 University of California, San Diego. So
19 investigators were experienced and trained on
20 reporting of adverse events. I'll give you an
21 example, though, of how a positive response and the
22 C-SSRS might not lead to an adverse event report.

1 And I can give it -- it's actually from case B of
2 the clinical vignette. I know you don't remember
3 my slide show, but that happened to be a
4 40-year-old woman with bipolar disorder.

5 This particular patient had chronic suicidal
6 ideation, and in between her manic episode she was
7 low-grade chronically depressed. And as a symptom
8 of that, she was also chronically low-grade
9 suicidal.

10 We recorded that on, of course, the baseline
11 C-SSRS. So when she came in at week 1 for the
12 evaluation, and she still was reporting that,
13 because that was no exacerbation or change in her
14 preexisting state, that did not get reported as an
15 adverse event at week 1. However, when she came
16 back two weeks late and she had this more major
17 mood change, then that change in the severity or
18 the intensity of the C-SSRS, which was captured in
19 that time, and of course on that neuropsychiatric
20 adverse event, and of course on the HADS, was all
21 captured into that adverse event report.

22 So there can be some discrepancy in the

1 C-SSRS finding and an adverse event report.

2 DR. PARKER: Dr. Rimal?

3 DR. RIMAL: Rajiv Rimal from George
4 Washington. I have a question for the FDA with
5 regard to something in the briefing document. It
6 mentions wide variations across sites on a variety
7 of measures, including in financial disclosures.
8 And I'm wondering how that variation across sites
9 was taken into account, either in the subanalyses
10 or in the primary analyses.

11 DR. ANDRACA-CARRERA: This is Eugenio
12 Andraca. The variation across sites in the primary
13 analysis, what we did is we looked for different
14 statistical models that fit the data better. The
15 negative binomial model that I presented was found
16 to fit the data significantly better than the
17 primary model. So we fit that model to account for
18 the additional [indiscernible] heterogeneity, and
19 we presented the results.

20 In terms of sites that had -- for example,
21 the two sites that were identified previously by
22 the sponsor, we excluded sites that had other

1 potential problems that were identified either
2 prior to the submission or during the conduct of
3 the study. If we didn't find that the results were
4 significantly different, we did not discuss them.
5 We included some in the background package. We
6 didn't find any major discrepancies in the results.

7 DR. RIMAL: I guess my follow-up question to
8 that is that my experience is that if there is a
9 problem in the site on one event, it's quite likely
10 there's a whole series of problems in that site.
11 So it may be more cumulative than you're making it
12 out to appear.

13 DR. ANDRACA-CARRERA: I can only talk in
14 terms of the events that were captured. There is a
15 correlation between the sites that had few events
16 for the primary event, also had few captured
17 abnormal dreams. They had few captured -- it was
18 on irritability I believe. So it's not a perfect
19 match, but there is a correlation that sites that
20 captured few primary events captured few other
21 behavior or psychiatric events.

22 DR. PARKER: I had a follow-up to that just

1 regarding the FDA's look at this. I understand
2 that there were about 150 sites -- 139 I think, 16
3 countries. I wanted to know how many languages the
4 instruments were presented to enrollees in. I know
5 that there were a total of 8,000, but it looks like
6 in the U.S., there are about 4200, 4260 that you
7 presented in your background documents. And I saw
8 that there were over 800 from Bulgaria, the Russian
9 Federation, Slovakia.

10 Can you give us some idea about what we know
11 about the instruments that were used to garner the
12 data from the neuropsychiatric events, to surveys
13 throughout -- were these instruments that were
14 known to be validated and have good testing
15 characteristics in other languages, or was this the
16 first time they'd been used to capture information
17 on enrollees, almost half the study, or over a
18 third of the study that weren't primary English
19 speakers?

20 DR. ANDRACA-CARRERA: This is Eugenio
21 Andraca. I can list the countries under the number
22 of events. Perhaps the sponsor might have a better

1 response about the instruments and how the
2 instrument was collected in different countries.

3 DR. PARKER: Are you aware of how many
4 languages total?

5 DR. ANDRACA-CARRERA: If we look on my
6 slide, backup slide 19, statistics backup slide 19,
7 these are all the countries in the trial.

8 DR. PARKER: No information on the number of
9 languages, how language was --

10 DR. ANDRACA-CARRERA: I do not. I do not
11 know if some countries had multiple languages or
12 not.

13 DR. PARKER: Does the sponsor have the
14 answer to that, how many different languages the
15 instruments were available in and used in?

16 DR. RUSNAK: The instrument was used in two
17 studies prior to EAGLES. One was a major
18 depression study, and the other was a study that
19 was specifically conducted amongst the patient
20 population -- that matched the patient population
21 in EAGLES. We don't have the specific language
22 information now, but we could try to get that

1 information to you over the break.

2 DR. PARKER: So that would be the total
3 number of different languages and any testing
4 characteristics about the instruments and data
5 capture using those instruments in other languages.

6 Dr. Hennesey?

7 DR. HENNESEY: Thank you. I think I'm
8 addressing this question to either Dr. Winchell or
9 anybody else at FDA who'd like to address it. So
10 my understanding from the statistical review is
11 that serious neuropsychiatric events occurred
12 equally across groups, both in those with baseline
13 psychiatric mental health conditions, and those
14 without.

15 Dr. Winchell's slide 29 concludes that the
16 use of varenicline is favorable both in patients
17 with and without mental health conditions. If it's
18 true that a boxed warning dissuades people from
19 using a drug -- and we heard at least anecdotal
20 evidence of that today -- if all those things are
21 true, then isn't there a negative -- so isn't the
22 benefit-harm balance of a boxed warning negative in

1 this context?

2 DR. HERTZ: Hi. This is Dr. Hertz. That's
3 not a clarifying question. That's a really good
4 discussion question. So I'd like to refer that to
5 a little bit later so we can just keep going with
6 the clarifications.

7 DR. HENNESEY: Fair enough.

8 DR. PARKER: That would be called hold that
9 thought.

10 Dr. Pickar?

11 DR. PICKAR: Dave Pickar here. I wanted to
12 ask Dr. Eden, just in general, as a psychiatrist
13 who treats seriously mentally ill patients, that
14 group of people are a terrible risk for the hazards
15 of smoking; there's no question. And you
16 started -- and we talked about it that way. We
17 don't have a large number of schizophrenic patients
18 in this package, but we have some. There's no
19 question that adverse events are enhanced in people
20 with a psychiatric illness.

21 How many people are hospitalized? How many
22 schizophrenics who you gave this drug -- you're

1 giving a drug that affects the brain to help with
2 withdrawal and to encourage abstinence from
3 smoking. How many were hospitalized? Of course,
4 you have to remove Bulgaria. I'm not familiar with
5 the hospitalization, but I am familiar in the
6 United States.

7 How many people -- patients, depressed
8 patients, schizophrenic patients,
9 non-history -- how many were in a hospital? The
10 silliness of these reports and the discussion of
11 them is just a little bit much. And you're talking
12 about people dying from cigarettes and so forth.
13 So I'm not pushing it for industry, but I think we
14 got lost somewhere here.

15 (Applause.)

16 DR. PICKAR: I mean, really, this has
17 gotten -- but I'd like an answer to a very specific
18 question. Okay? And it's important to me, because
19 when patients with schizophrenia get in trouble,
20 they end up at a hospital. If a depressed patient
21 has a serious relapse, they end up in a hospital or
22 serious care. You're talking black box warning.

1 We're not talking how was your day today, ma'am?

2 So what's the answer to that? Can you help
3 me with that? Just in the United States, how many
4 people ended up in a hospital in association with
5 this trial?

6 DR. EVINS: Can you show MD-76?

7 Dr. Pickar, I don't believe we know how many
8 in the United States, but we can try to get that
9 for you over the break because that's an excellent
10 question. We do have the number in the psychiatric
11 cohort who have had serious -- severe events. So
12 the number is very low, so 14, 14, 14 and 13.
13 That's in the entire psychiatric cohort, so amongst
14 4,000, roughly, patients in the study.

15 If you show the slide from my deck,
16 MD-106 -- and again, we can try to get specific
17 hospitalization numbers for you. You were
18 interested in the -- you mentioned psychiatric
19 disorders. So this was not in the Lancet paper.
20 This is a subanalysis that we looked forward to
21 doing that breaks out by diagnosis those with the
22 most serious illness, psychotic disorders. The

1 rate of the primary endpoint is quite low.

2 I don't believe we have the -- okay. So it
3 looks like we have slide S-443, please. So this is
4 hospitalization in the entire psychiatric cohort,
5 so it's not by psychotic disorders, but in the
6 entire psychiatric cohort, we've got 4 people on
7 varenicline, 4 on bupropion, 4 on NRT, and 1 on
8 placebo who were hospitalized. And you can see the
9 neuropsychiatric adverse event that's listed for
10 those, and I'd be happy to try to break those out
11 by subcohort for after the break and discuss it
12 further.

13 DR. PICKAR: Okay. I certainly appreciate
14 that, and that gives me some picture. There's not
15 particularly a difference among treatment per se.

16 Question on the schizophrenic persons. Did
17 people have to change medication? You have no data
18 on medication and what somebody was treated with
19 considering they're depressed patients or whatever.
20 I mean, if you're going to do this and understand
21 it -- these are tough questions. This was a
22 colossal, well-done trial. I mean, what a tough

1 trial. But if you really want to tease it apart,
2 how did it interact with specific medications? Is
3 there any data on that?

4 DR. EVINS: So I can speak to the fact that
5 investigators were allowed to adjust medications
6 for patient stability. They were treated with the
7 clinical best treatment that had to be stable at
8 the beginning of the trial.

9 DR. PICKAR: So if someone was experiencing
10 a symptom, their physician, their treating
11 physician could change the medication to attack
12 that.

13 DR. EVINS: That's right. And if you show
14 MC-29, we can give Dr. Pickar some numbers for
15 that. Those are the numbers of patients in the
16 psychiatric cohort on the bottom -- again, the
17 entire psychiatric cohort -- who required a
18 medication change due to a neuropsychiatric adverse
19 event. And you can see it's about 30 people per
20 arm, anywhere from 25 to 36, who needed a change in
21 medication following a neuropsychiatric adverse
22 event. So again, on the base of a thousand

1 patients, this is quite low.

2 DR. PICKAR: I don't mean to be too picky on
3 it, but we're going to have to decide whether it's
4 a black box or not -- that really is the
5 conversation today -- and what constitutes that.
6 So I just had to get a clear picture of that, and
7 we'll discuss it more. But thank you.

8 DR. EVINS: To me, this is the kind of rate
9 you would see as a base rate --

10 DR. PICKAR: Yes.

11 DR. EVINS: -- over the course of 12 to 16
12 weeks.

13 DR. PICKAR: If you're treating a
14 significant number of seriously mentally ill
15 patients, you're going to see versions of this all
16 the time. And stable is one thing, but stable
17 doesn't mean the exact same dose every day or every
18 week.

19 DR. EVINS: Right. And this was oversampled
20 for the more seriously ill patients because while
21 half of the neuropsychiatric cohort were on a
22 psychiatric medication, 95 percent of those with

1 schizophrenia spectrum disorder were on a
2 medication; 75 percent of those with bipolar
3 disorder were on a medication. So this would
4 oversample for those with more serious illness.

5 DR. PICKAR: Thank you very much.

6 DR. PARKER: Dr. Roumie?

7 DR. ROUMIE: Thanks. Christianne Roumie.

8 So I think one of the comments that have been
9 brought up a number of times is the question of
10 underreporting of events, and Dr. Andraca-Carrera
11 brought out by site the number of sites that was
12 higher than expected that reported zero events.
13 And I was wondering if you have done any
14 sensitivity analysis.

15 In the psychiatric cohort, it looked like
16 you didn't need but a few more events to tip your
17 confidence interval into exclusion of zero -- I'm
18 sorry, exclusion of 1. So whether or not you did
19 some bootstrapping samples and looked to see
20 whether or not that underreporting -- how many more
21 events would have been needed to tip the findings
22 to positive.

1 DR. ANDRACA-CARRERA: This is Eugenio
2 Andraca. We did not conduct that analysis.

3 DR. PARKER: Dr. Morrato?

4 DR. MORRATO: I had the exact same question
5 as Dr. Roumie. So another way of saying it is how
6 bad would the underreporting had to have been in
7 order for it not to become significant? And that's
8 commonly done in these kinds of studies.

9 What is the p-value in that? I think it was
10 slide 10, just so that we have an anchoring of the
11 p-values for the V versus P and the B versus P in
12 the psychiatric cohorts.

13 DR. ANDRACA-CARRERA: This is Eugenio
14 Andraca. We purposely didn't percent p-values
15 because p-values are usually associated with a
16 prespecified hypothesis.

17 DR. MORRATO: Okay.

18 DR. ANDRACA-CARRERA: So we think that the
19 trial was designed to be descriptive, and perhaps
20 that's the best way to interpret it, based on the
21 point estimates and confidence intervals.

22 DR. MORRATO: Then along that line, I know

1 you used the other negative binomial modeling. So
2 as we consider the data and what might get reported
3 in labeling -- I assume that's going to be one of
4 the questions -- do you feel confident that the
5 primary analysis that's presented is the one that
6 we should be considering?

7 DR. ANDRACA-CARRERA: This is Eugenio
8 Andraca. We haven't discussed which analysis would
9 be more informative. I can say that from a
10 statistical perspective, the negative binomial
11 model fit the data better, significantly better,
12 than the binomial model.

13 DR. MORRATO: Okay. Thank you.

14 DR. PARKER: Dr. Pickar, I think you had
15 a --

16 DR. PICKAR: There certainly is a
17 hypothesis. Excuse me.

18 DR. ANDRACA-CARRERA: I'm sorry?

19 DR. PICKAR: There's a hypothesis here. Am
20 I lost here? The hypothesis of this drug, or this
21 group of drugs or this drug in particular, causes
22 significant adverse events that cause a black box.

1 I mean, if there's all patients -- some of us who
2 were here on the previous board meeting, who passed
3 it on now, wanted to see this overall data, and
4 there's no question there was a hypothesis.

5 If I was back functioning as a scientist,
6 the hypothesis -- there have been plenty of studies
7 that were giving the hypothesis that it's going to
8 worsen somebody. And here you have reason to
9 believe it. That is a hypothesis, and I would like
10 to see the p-values.

11 DR. PARKER: I'm going to take that as a
12 comment.

13 (Laughter.)

14 DR. PARKER: Dr. Morgan?

15 DR. MORGAN: Anybody that wishes can respond
16 to this, but I think it might be in the bailiwick
17 of Dr. Evins or Dr. Prochaska. We heard about some
18 of the limitations from FDA, limitations of the
19 observational studies in that we're not seeing the
20 true frequency of neuropsychiatric events because
21 the medications aren't being described because of
22 the black box warning. And also, I think it's

1 clear that this is a real health disparity if we
2 have folks with psychiatric disease that aren't
3 getting treatment that can help them quit smoking
4 and save their lives.

5 Do we have the data from surveys or other
6 studies, or is there speculation, regarding the
7 reluctance to prescribe, or patterns of
8 prescription that have been changed by the black
9 box warning amongst psychiatrists or primary care
10 physicians who treat a lot of people with affect
11 disorders and psychiatric abuse, psychiatric
12 disorders? Thanks.

13 DR. HERTZ: Just for clarification -- this
14 is Dr. Hertz -- are you asking if there's
15 information about the impact of boxed warnings on
16 medication use in general or specifically here?

17 DR. MORGAN: Here.

18 DR. PROCHASKA: I was hearing that as a
19 two-part question, so I'll answer the first with
20 observational, and then --

21 DR. PARKER: We're going to do this really
22 quickly and very pointedly. Okay?

1 DR. PROCHASKA: So with the observational
2 data, a couple of those studies were population
3 level, was the entire country of Sweden, the entire
4 country of Denmark. So they do have individuals
5 with mental health concerns. And then the VA data
6 as well had individuals with mental health
7 concerns.

8 There were differentials, as you saw, at
9 baseline, and that's why they did the propensity
10 score analysis to map -- to measure compounds to
11 have them be equal so that you can get a picture of
12 what's going on in smokers with mental illness.
13 Certainly, there are limitations in the different
14 observational studies, and that's why it's so
15 important to look at the map of them. So they're
16 not just looking at one individually, but each is
17 answering different questions in different ways,
18 and all of them are an enhancement over the
19 case-reporting data that we have.

20 DR. PARKER: Let's go back. We had several
21 people earlier that had questions --

22 DR. MORGAN: If Dr. Evins wants to respond

1 to the second part of the question.

2 DR. PARKER: Okay.

3 DR. EVINS: I'll be very quick. Eden Evins
4 from Mass General Hospital. There are reports that
5 people with psychotic disorders particularly are
6 underprescribed varenicline, which is published in
7 the literature. There are surveys that underpin to
8 ROIs to NIMH, and a large pragmatic trial to PCORI,
9 indicating convinced reviewers that psychiatrists
10 underprescribe both bupropion and varenicline to
11 people with serious mental illness, and that this
12 underlies the largest mortality disparity in this
13 country.

14 DR. PARKER: Okay. Let's go back quickly if
15 we can and try to pick up a few of the folks who
16 had specific questions for clarification to the
17 sponsor. We had a long list before we took the
18 break. So I'll call on these folks, and if you've
19 already had your question answered, that's fine.
20 Otherwise, let's see if we can get these in.

21 Dr. Winterstein, you had a question.

22 DR. WINTERSTEIN: That actually got

1 answered, but I will take the slot real quick. The
2 hospitalization data that was shown, it looked like
3 from the table that this was within the patients
4 who had a neuropsychiatric event reported. It is
5 not hospitalization rate across everyone, correct?

6 DR. RUSNAK: That's correct.

7 DR. EVINS: I showed the hospitalization
8 with psychiatric cohort [inaudible - off mic].

9 DR. PARKER: Sorry. If you don't speak in a
10 microphone, we don't get it. I think the question
11 is if you could maybe get that data for us of all
12 hospitalizations and specified by which cohort.
13 That would be helpful, and maybe you can share that
14 with us when we come back.

15 Does that answer that? Great.

16 Dr. Budnitz?

17 CAPT BUDNITZ: Yes. This is in reference to
18 slide MD-56. This is, again, just trying to get a
19 handle on the NPS adverse event ascertainment. I
20 think it was mentioned that about half of the
21 events were volunteered adverse event reports. I
22 think that was mentioned.

1 Could you give us, for the second half, just
2 how many were from each of these different methods?
3 I think that will be helpful to see if this
4 solicited reporting, what kind of events those --

5 DR. PARKER: So for each of these four, to
6 list the end for each of the four that are on the
7 slide.

8 DR. RUSNAK: Right now, to be specific, the
9 volunteered actually accounted for 46 percent; the
10 solicited, which was the NAEI, was 54 percent. And
11 then amongst the volunteered was also some of the
12 proxy reporting. While this was a novel aspect of
13 EAGLES, it actually represented less than
14 10 percent of the overall AE reports that came.

15 CAPT BUDNITZ: And just to follow up,
16 according to this slide, it doesn't say there's
17 any, quote, "deeming" by the investigator for
18 volunteered adverse event reports. Is that
19 correct? And there was this deeming to the adverse
20 events from the other --

21 DR. RUSNAK: So the investigator was the
22 final arbiter of what gets reported as an adverse

1 event report. Dr. Anthenelli had already described
2 to you an earlier case by which the patient had
3 some baseline in levels of depression. And it's
4 really an increase of frequency that triggers the
5 difference, not the presence of the symptom itself.

6 CAPT BUDNITZ: Okay. So just to correct the
7 slide, both the volunteered adverse event reports
8 are deemed to be adverse events by the
9 investigator.

10 DR. RUSNAK: Correct.

11 DR. PARKER: And again, the total number of
12 investigators who had the deeming power?

13 DR. RUSNAK: There's 140 sites in the trial.

14 DR. PARKER: And do you know the total
15 number of investigators at those sites?

16 DR. RUSNAK: We could get that information
17 for you at the break.

18 DR. PARKER: Okay. Thanks.

19 Dr. Conley? Dr. Hernandez-Diaz?

20 DR. HERNANDEZ-DIAZ: Yes. I would like the
21 opportunity to -- I'll try a question with
22 Dr. Evins. That was my initial question actually.

1 If I understand correctly, when we say serious NPS
2 adverse events occur in patients attempting to quit
3 smoking regardless of treatment allocation, do we
4 mean with this that they occur more often in
5 patients attempting to quit smoking than in the
6 baseline population?

7 For example, in your psychiatric population,
8 do you think that the patients with psychiatric
9 conditions, when they attempt to quit smoking, no
10 matter how, do they have some period of increased
11 risk of these events?

12 DR. RUSNAK: Dr. Evins?

13 DR. EVINS: Eden Evins, Mass General
14 Hospital. It's an excellent question. Yes, I
15 think there is a period of perturbation and
16 psychiatric symptoms during a smoking cessation
17 attempt regardless of treatment given. It's
18 generally mild, it's generally transient, and it's
19 generally manageable.

20 So clinically, when possible -- and it's on
21 a patient-by-patient basis -- I will keep people on
22 their psychiatric medications unless they're having

1 vomiting with varenicline or they cannot sleep and
2 they're on bupropion, because generally it's
3 manageable, and generally it's due to either the
4 stress of quitting smoking, abstinence, associated
5 withdrawal symptoms, which begin to occur even with
6 smoking reduction, not just abstinence. So, yes.

7 DR. HERNANDEZ-DIAZ: Thank you.

8 DR. RUSNAK: May I also invite Dr. Gaffney
9 to address this question?

10 DR. GAFFNEY: Mike Gaffney, Pfizer
11 statistics. Could we put up slide SAH-1, please?
12 Thank you. In general, we tried to look at patient
13 characteristics in the psychiatric cohort, which
14 were associated with elevated risk of the primary
15 composite endpoint, and we saw quite a few that
16 increased the risk. I want to remind the committee
17 first that we're looking at a cohort that has
18 elevated risk in and of itself. It's higher than
19 those who present in the non-psychiatric cohort.

20 Within the psychiatric cohort itself, for
21 example, those that have had a history of suicide
22 ideation or behavior are at a 5.8 percent increase

1 for a positive response. Similarly, alcohol and
2 substance abuse, there's a 3.7 percent increase.
3 Comorbid diagnosis along with their primary
4 psychiatric diagnosis was 3.2 percent.

5 I won't read through all of them, but you
6 can see that all of them are positive risk
7 features, except for age, which there is a
8 1 percent decrease per 8.7 years of age. So
9 younger people in the psychiatric group are more
10 susceptible to the NPS AE, and I believe that's
11 correlated with the years smoked because it's
12 saying also that there's a 1 percent decrease per
13 9.6 years smoked.

14 Could we go on to slide ST-191? Could you
15 bring that up, please? Thank you. The features,
16 the characteristics that I just showed all could be
17 interrelated themselves. We looked at a
18 multivariate regression to see which of those
19 characteristics present independent addition to the
20 risk of an NPS AE.

21 We see here the ones that all behave
22 independently, and from these characteristics, you

1 can almost write who is the subject attempting to
2 quit smoking, who is at most risk. It's actually a
3 young female with a history of alcohol/substance
4 abuse and a history of suicide ideation or
5 behavior, and to increase that a little bit more if
6 their HADS is elevated.

7 This I think is important from two
8 perspectives. One is the public health finding,
9 which I think is similar to the question you were
10 asking. And secondly, I think it's kind of a
11 validation of the NPS AE endpoint. This endpoint
12 was powerful enough to be able to distinguish these
13 features as being associated with the primary
14 endpoint and increased risk.

15 It is very important to state that these are
16 true within all of the treatment groups. It's true
17 within placebo, as well as the three active
18 treatment groups. As well as we can tested,
19 there's no significant difference in this
20 association.

21 So these are the features that EAGLES tells
22 you, along with having a psychiatric diagnosis

1 which causes these neuropsychiatric events, not
2 treatment -- the NPS AE was not able to pick up a
3 significant treatment effect. It does not mean
4 that it wasn't a powerful tool because we see from
5 these characteristics that it can very well predict
6 who is at risk.

7 DR. PARKER: Dr. Gerhard?

8 DR. GERHARD: This question is
9 for -- probably Dr. Evins might be the best person.
10 Just a question that would lead up to the
11 discussion that we're likely to be having on
12 Dr. Hennesey's comment about the risk-benefit.

13 For somebody like myself who isn't too
14 familiar with the details of smoking cessation and
15 its benefits, could you give an estimate to
16 quantify the benefits or translate the benefit of
17 the difference we see here in successful quit
18 attempts into kind of hard outcomes, cardiovascular
19 events, cancer incidents, mortality rates, just
20 something to kind of give a ballpark of what are
21 these differences that we see between groups mean
22 translated into kind of hard outcomes down the

1 road.

2 DR. RUSNAK: I can provide that data to the
3 committee. If you could please show slide PH-58.
4 This slide shows the benefit versus risk treatment
5 with varenicline versus placebo, and benefit was
6 calculated in two ways; first, the benefit to gain
7 one quitter at 12 or 24 weeks, but also the benefit
8 was modeled for the treatment with 12 weeks of
9 varenicline with a sustained smoking cessation at
10 52 weeks, implying that 52 weeks with a BENESCO
11 model that looks at coronary heart disease, stroke,
12 COPD, and lung cancer -- smoking of course causes a
13 myriad of other illnesses, and this model is
14 limited to only those four benefits.

15 With respect to smoking cessation in the
16 non-psychiatric and the psychiatric cohort, you
17 would need to treat 4 and 6 patients respectively
18 to gain one quitter at 12 weeks. You would need to
19 treat 7 and 13 patients respectively to gain a
20 quitter at 13 weeks. To prevent one smoking
21 related morbidity over a lifetime, you would have
22 to treat 58 patients, and to prevent one smoking

1 related death over a lifetime, you would have to
2 treat 93 patients.

3 With respect to the NPS risk, if you look at
4 the severe intensity only, we were not able to
5 calculate that for the non-psychiatric cohort
6 because the point estimate and the upper bottom of
7 the confidence interval, always below 1, but in the
8 psychiatric cohort, you would have to treat
9 approximately 1,200 subjects to have on severe
10 intensity NPS adverse event.

11 The overall benefit of the 58 and the 93 is
12 roughly in the ballpark of what people see with
13 statins. This has been calculated with statins.
14 You need to treat for five years with the number
15 needed to treat of 40 to 70 to reduce stroke, MI,
16 or death in that patient population. A similar
17 endpoint for antihypertensive medications, the
18 numbers needed to treat is between 80 and 160, and
19 for aspirin, it's greater than 300.

20 DR. GERHARD: Thanks, sir. That's very
21 helpful.

22 DR. PARKER: Last question. Dr. Hennesey?

1 DR. HENNESEY: Mine got answered. Thank
2 you.

3 DR. PARKER: Okay. Last question.

4 DR. EMERSON: This is a question for
5 Dr. Andraca-Carrera. As you've searched through
6 the different models, not like in their primary
7 model, there are several things to change. You
8 change the contrast across groups, the weightings
9 across groups, how you handle that. Which of those
10 things were you most afraid of in that primary
11 analysis?

12 DR. ANDRACA-CARRERA: We tried to use the
13 same covariates in the model. We looked at Poisson
14 model, zero inflated negative binomial, and
15 binomial. We looked at those models, their AAC and
16 their BAC, and compared them to each other.

17 DR. EMERSON: But which aspects of the
18 heterogeneity was most fearsome that would cause
19 you to change the endpoints, to change the summary
20 measures?

21 DR. ANDRACA-CARRERA: We looked at the
22 overall endpoint. So what we did is we first

1 assumed that the number of events within each side
2 was binomial, which is basically consistent with
3 the primary model, and then we assumed that
4 conditional for all of the other variables, the
5 number of subjects with an event, within a site,
6 follow these distributions. And that's how we
7 calculated the model fit for each of these models.
8 We looked for the primary endpoint, the NPS.

9 DR. HERTZ: Your question, from a
10 non-statistical perspective, is we don't just look
11 at what we think might cause fear. We look at
12 different sources of unexpected findings or
13 variability, and explore the effects of that on the
14 outcome. So there is no one thing that drives us
15 to do sensitivity analyses.

16 DR. EMERSON: I understand that. But in
17 switching these models, you're switching from a
18 relative risk -- or you're switching to a relative
19 risk from a risk difference. And how those
20 analyses weight individuals, weight the clinics.
21 And there's really no statistical problem with the
22 primary analysis they did unless you were imagining

1 that you were fixing perhaps affect modification,
2 unless you thought you were fixing
3 heteroscedasticity. So there are aspects, that
4 sometimes people shift to those models that really
5 didn't matter.

6 DR. ANDRACA-CARRERA: So we were only part
7 of the interpretation of the risk difference. If
8 the underlying risk is different across all the
9 sites, then you perhaps have a more difficult time
10 interpreting an absolute risk. If the relative
11 risk could be consistent still across sites, it's
12 your interpretation of the parameter.

13 DR. EMERSON: Oh, it wasn't the underlying
14 risk. You're afraid the risk difference wasn't the
15 same across the sites.

16 DR. ANDRACA-CARRERA: That's one potential
17 problem, yes.

18 DR. PARKER: Okay. Let's break now for
19 lunch. We'll reconvene in this room at 1:20,
20 45 minutes from now. Please take any personal
21 belongings you may want with you at this time.
22 Panel members, please remember that there should be

1 no discussion of the meeting topic during lunch
2 among ourselves or with any members of the
3 audience. Thank you.

4 (Whereupon, at 12:38 p.m., a lunch recess
5 was taken.)
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A F T E R N O O N S E S S I O N

(1:21 p.m.)

Open Public Hearing

DR. PARKER: Good afternoon, everyone.

Thank you.

Both the Food and Drug Administration and the public believe in a transparent process for information-gathering and decision-making. To ensure such transparency at the open public hearing session of the advisory committee meeting, FDA believes that it is important to understand the context of an individual's presentation.

For this reason, FDA encourages you, the open public hearing speaker, at the beginning of your written or oral statement, to advise the committee of any financial relationship that you may have with the sponsor, its product, and, if known, its direct competitors.

For example, this financial information may include the sponsor's payment of your travel, lodging, or other expenses in connection with your attendance at the meeting. Likewise, FDA

1 encourages you, at the beginning of your statement,
2 to advise the committee if you do not have such
3 financial relationships.

4 If you choose not to address this issue of
5 financial relationships at the beginning of your
6 statement, it will not preclude you from speaking.

7 The FDA and this committee place great
8 importance in the open public hearing process. The
9 insights and comments provided can help the agency
10 and this committee in their consideration of the
11 issues before them.

12 That said, in many instances and for many
13 topics, there will be a variety of opinions. One
14 of our goals today is for this open public hearing
15 to be conducted in a fair and open way, where every
16 participant is listened to carefully, treated with
17 dignity, courtesy, and respect. Therefore, please
18 speak only when recognized by the chairperson.

19 Thank you in advance for your cooperation.

20 Will speaker number 1 -- you are now at the
21 podium, I see. Will you introduce yourself? State
22 your name and any organization you are representing

1 for the record.

2 DR. NIAURA: Good afternoon. My name is
3 Ray Niaura. I'm representing the Society for
4 Research on Nicotine, Tobacco, and I have no
5 financial conflicts of interest to declare.

6 Thank you for your attention today. I'm
7 here to present a statement from an unconflicted
8 panel of scientists who are members of the Society
9 for Research on Nicotine and Tobacco, known as
10 SRNT. And the panel reviewed the findings from the
11 EAGLES study and the broader evidence base on the
12 efficacy and neuropsychiatric safety of
13 varenicline.

14 The members were Dr. Steve Bernstein from
15 Yale University; Dr. Matthew Carpenter from the
16 Medical University of South Carolina; Dr. Nancy
17 Rigotti from Harvard University and Mass General
18 Hospital; and, myself, Dr. Ray Niaura from the
19 Truth Initiative and Johns Hopkins University.

20 The statement was reviewed and approved by
21 the SRNT board.

22 The main point I'd like to make today has to

1 do with scientific methods for clinical medical
2 studies and appropriate procedures for assessing
3 the strength of evidence from different kinds of
4 investigations, and this is referred to as the
5 hierarchy of evidence.

6 Level 1 starts after medication has been
7 approved for marketing, and postmarket data are
8 gathered through a variety of means, and this
9 information may provide a signal regarding possible
10 adverse events. But it is not gathered
11 systematically and via common protocol, so it is
12 prone to error and can be unreliable. However, it
13 must be followed up.

14 Level 2 data are gathered through
15 observational studies with large and ideally
16 represented population samples over a long period
17 of time. There have so far been several such
18 studies, including analyses of prescription
19 databases in several countries. These studies have
20 demonstrated very low event rates for
21 neuropsychiatric events and no increases with
22 varenicline.

1 Level 3 and 4 evidence consists of
2 randomized clinical trials and meta-analysis. No
3 conclusive link between varenicline and serious
4 neuropsychiatric events has been found so far.

5 In an abundance of caution and at the behest
6 of FDA, Pfizer conducted the EAGLES efficacy and
7 safety study with over 8,000 smokers. And this is
8 the top of the evidence hierarchy, because it was
9 specifically designed to look at safety issues.

10 There were very few significant adverse
11 events overall, which confirmed findings from prior
12 observational studies and clinical trials. Serious
13 event rates were no higher for varenicline compared
14 to another drug, bupropion, the nicotine patch, or
15 even placebo.

16 In conclusion, appropriate scientific
17 procedures were followed to verify possible
18 evidence for serious neuropsychiatric adverse
19 events that might be caused by varenicline. The
20 highest quality scientific studies did not confirm
21 that there was evidence for serious
22 neuropsychiatric events.

1 Now, why is all this important? Unless
2 smokers quit, smoking will kill half of them, and
3 smoking is undermanaged and undertreated in medical
4 practice. Varenicline is the most effective
5 medication for smoking cessation, but some doctors
6 and patients are afraid to use it, and this can
7 deprive many smokers of their best chance to quit.

8 The totality of evidence suggests that
9 varenicline no longer warrants an FDA black box
10 warning, and it should be removed. This, once
11 again, to remind folks, is coming from an
12 unconflicted panel of scientists from SRNT. Thank
13 you very much.

14 DR. PARKER: Will speaker number 2 step up
15 to the podium and introduce yourself? State your
16 name and any organization that you're representing
17 for the record, please.

18 DR. ZUCKERMAN: Yes, hi. I'm Dr. Diana
19 Zuckerman. I'm president of the National Center
20 for Health Research. Our center does not take
21 money from pharmaceutical companies. I have no
22 conflicts of interest, except to say we are a

1 member of the Campaign for Tobacco-Free Kids. I
2 don't know if they have a financial tie to the
3 companies or not.

4 My training is in psychiatric epidemiology
5 at Yale Medical School, and I'm going to bring that
6 perspective today, but I'll try not to talk about
7 too many numbers.

8 I wanted to start out by saying there are
9 more than 17,000 serious psychiatric adverse events
10 that have been reported to the FDA pertaining to
11 Chantix, and that's a huge number, 17,000 serious
12 ones.

13 Just to look at homicidal ideation reports,
14 you can see it's an extremely high number compared
15 to any other psychotropic drugs. These are the
16 ones in second, third, fourth, et cetera, place.

17 As you have heard, the NAEI is not a
18 validated scale to be used as a checklist, and yet
19 that is how it was used, and there are serious
20 problems of encoding, and that's what I really want
21 to focus on. I want to focus on how hard it is to
22 figure out whether some event is severe or moderate

1 or mild, and what it really means, and why there is
2 so much difficulty in looking at the differences
3 between agitation and labile mood and anger and
4 depression, and so on.

5 Here, you have something that's really
6 typical of the patients I have talked to who have
7 had problems with Chantix; just this feeling of
8 being overwhelmed and feeling great fear, but not
9 really knowing why. What do you call that?

10 This slide is typical of some of the people
11 who have been interviewed, one that I talked to
12 personally, who went to work every day. So he
13 wasn't listed as having been seriously harmed. But
14 he had his own office, he sat on the floor in the
15 corner every day at work, unable to work, feeling
16 like something terrible was going to happen to him,
17 but he just didn't know what it was.

18 But, fortunately, after a few days of this,
19 he found out that there was a possible link to
20 Chantix, and when he stopped taking it, the
21 symptoms went away.

22 This is how I feel about my phone half the

1 time. But not counting that, how do you code this?
2 Apparently, in Bulgaria, this is a normal behavior,
3 but for one of the patients that I talked to, a
4 woman who was a tenured professor at an important
5 college and had a wonderful career, wonderful home
6 life, but when she started taking Chantix, she
7 suddenly just felt really out of control at work,
8 started getting so angry and inappropriate to
9 everyone, dumped her long-time boyfriend, and when
10 he asked her why, she had no idea, and ended up in
11 a psychiatric hospital, without any relationships.
12 And her problem was that this was just before the
13 black box warning went on, so when she went to
14 doctors, nobody knew it might be related.

15 So there are all these feelings that can be
16 measured in many different ways. Car crashes can
17 be suicide attempts. They can be people out of
18 control. They can be many different things. The
19 key question is, are you sure that a psychiatric
20 event is accurately coded and analyzed.

21 In conclusion, my concerns are that the
22 issue has to be not benefits versus risks of this

1 product. Nobody is saying let's take it off the
2 market. What we're saying is that patients and
3 doctors need to have warnings so that when they
4 have bad side effects, they have some idea that it
5 might be related to the drug, so that they can stop
6 taking it and see if that makes a big difference.

7 It's informed consent, and that is what I
8 think is really essential for all patients. Thank
9 you very much.

10 DR. PARKER: Thank you. Will speaker
11 number 3 step up to the podium, please? Introduce
12 yourself, state your name, and any organization
13 you're representing for the record. Thank you.

14 MR. BARS: Good afternoon. My name is
15 Matthew Bars. I'm president of the Association for
16 the Treatment of Tobacco Use and Dependence. I'd
17 like to disclose that I am on the speakers faculty
18 and have consulted with Pfizer. I have no
19 financial interest in the outcome of this meeting.

20 In addition to ATTUD, which is a global
21 organization of 500 tobacco treatment providers
22 worldwide, I'm also the director of tobacco

1 treatment for the New York City Fire Department and
2 the Robert Wood Johnson-Barnabas Health-New Jersey
3 City Medical Center I Quit Smoking program. You
4 should try getting that on a business card.

5 Collectively, as individual clinicians and
6 as the organizations we serve, we have treated
7 hundreds of thousands of tobacco-dependent
8 patients. We believe the EAGLES data strongly
9 supports the removal of the boxed warnings for
10 varenicline and bupropion and respectfully urge
11 this committee's members to so vote.

12 Whereas others have presented the clinical
13 evidence, my goal here is to share the experience
14 of clinicians who work with tobacco users to become
15 free of this addiction. Our written statement
16 emphasizing the pertinent literature was submitted
17 by ATTUD to this committee under separate cover.

18 Day in and day out, ATTUD, as clinicians and
19 others, do the very hard work of treating the
20 tobacco dependent. I have worked in the field for
21 over 30 years myself and have personally treated
22 tens of thousands of tobacco-dependent patients.

1 A case in point I'd like to share today, my
2 patient, Roberta, which is not her real name, is a
3 lovely, 57-year-old African-American woman
4 challenged with schizoaffective disorder. She
5 cannot tell you who the vice president of the
6 United States is, but is aware, in the nonclinical
7 sense, of the boxed warnings of varenicline's
8 neuropsychiatric adverse events.

9 For example, during intake, while discussing
10 medication options, Roberta commented, quote, "I
11 heard Chantix can make your head explode," end
12 quote. While this statement may seem a bit
13 extreme, many individuals have a faulty or
14 exaggerated perception of the dangers associated
15 with these medications. As committee members may
16 be aware, 44 percent of all cigarettes sold in the
17 United States are purchased by persons with mental
18 illness.

19 As tobacco treatment providers, we often
20 find ourselves in clinical situations where are
21 patients are more fearful of using FDA-approved
22 medications than they are of continued smoking.

1 This is not helpful for the patient or clinicians
2 or public health. At present, a very small
3 percentage of tobacco-dependent patients are
4 prescribed and receive these FDA-approved
5 medications.

6 We believe that neither clinicians treating
7 tobacco dependence nor tobacco users seeking
8 treatment should be discouraged from prescribing or
9 using these medications. The boxed warnings we are
10 discussing currently have just that impact,
11 reducing our capacity to effectively treat the most
12 preventable cause of death and disability.

13 The EAGLES study's findings should reassure
14 a wary population of smokers and health care
15 providers about the efficacy and safety of
16 bupropion and varenicline. Removal of these
17 warnings will help assure America's 43 million
18 smokers have one less reason to avoid tobacco
19 treatment.

20 A little talk has been given this morning
21 regarding what should be the true comparator, and
22 that is continued smoking and eventual death.

1 My colleagues and I are really good at
2 treating the adverse events that are associated
3 with these medications and tobacco withdrawal
4 symptoms. Treating death is way over my pay grade.
5 Thank you.

6 DR. PARKER: Will speaker number 4 step up
7 to the podium? Introduce yourself, state your name
8 and any organization you're representing for the
9 record, please.

10 DR. FOX-RAWLINGS: Thank you for the
11 opportunity to speak today. My name is
12 Dr. Stephanie Fox-Rawlings, and I am speaking on
13 behalf of the many members of the Patient,
14 Consumer, and Public Health Coalition.

15 The coalition includes nonprofit
16 organizations representing millions of patients,
17 consumers, researchers, and doctors united to
18 ensure that medical treatments are safe and
19 effective. The coalition does not have paid staff
20 and does not accept funding from any outside
21 sources, so I have no conflicts of interest.

22 Pfizer is once again asking the FDA to

1 remove the black box warning that Chantix is
2 associated with serious adverse events, such as
3 depression, hostility, agitation, suicidal
4 thoughts, attempts, and completion. They want to
5 replace it with a statement that these are
6 associated with quitting smoking. They also want
7 to remove the warning that there may be an
8 increased risk for patients with a psychiatric
9 illness. GlaxoSmithKline wants to remove the REMS
10 requirement for Zyban.

11 They base these changes on one large, poorly
12 executed clinical study. It is important to point
13 out that these black box warnings were initiated
14 because of the enormous number of extreme, serious
15 psychiatric adverse events, including suicide,
16 aggressive behavior associated with smoking
17 cessation products.

18 Research has also confirmed that some
19 patients have extreme psychiatric responses that
20 can be deadly to themselves and others.

21 The purpose of these warnings is to let
22 patients know that if they seem to be having

1 uncontrollable feelings when on these drugs, that
2 there's a good chance that getting off of the drug
3 will help solve the problem almost immediately.

4 Pfizer's study concludes that Chantix does
5 not have these risks, but the FDA reviewers have
6 clearly shown that are extensive problems with how
7 the data was collected and analyzed.

8 First, the study measured psychiatric
9 problems with the NAEI. This is not a validated
10 test, so it is only supposed to be used to start
11 the conversation about psychiatric symptoms.
12 Instead, it was used as an unvalidated checklist,
13 which contributed to inaccurate data. For example,
14 it did not identify cases of suicidal behaviors
15 that were identified by validated scales.

16 Second, when patients reported psychiatric
17 problems, those problems were not coded
18 consistently. The FDA pointed out that the staff
19 doing the interviews and coding were not always
20 trained mental health professionals, and they
21 didn't seem to understand some of the categories
22 they were coding.

1 Even worse, their very subjective measures
2 of the severity were sometimes completely
3 incorrect, such as a patient who became severely
4 depressed being coded as having a mild problem from
5 taking Chantix.

6 Third, since 70 percent had tried to quit
7 smoking previously using one of these drugs, the
8 study was biased toward people that previously
9 tolerated the drug. This would drastically
10 underestimate the percentage having serious adverse
11 reactions.

12 In addition, anyone with suicidal thoughts
13 or behaviors in the past year or anyone with self-
14 injurious behaviors were excluded. While these
15 patients should not be treated with a drug that
16 would make these worse, this could also bias the
17 results to make the drugs seem safer than they
18 really were.

19 In summary, patients deserve access to
20 smoking cessation treatments, but they also deserve
21 warnings about the risks. There remains
22 considerable credible evidence that some patients

1 are severely harmed by Chantix and Zyban, and those
2 patients' lives depend on warnings about these
3 risks so they will recognize the sudden suicidal,
4 paranoid, or violent thoughts as side effects of
5 the drugs.

6 Thank you for your time and consideration of
7 our views.

8 DR. PARKER: Will speaker number 5 step up
9 to the podium? Please introduce yourself, state
10 your name, and any organization you're representing
11 for the record, please.

12 MR. MOORE: My name is Thomas Moore. I'm
13 senior scientist for the nonprofit Institute for
14 Safe Medication Practices, and I have no financial
15 interests to declare and was not supported by
16 anyone in making this presentation.

17 I think we have a barius [indiscernible]
18 proceeding, not intentionally, but to assess a drug
19 adverse event really requires us to think about
20 five lines of scientific evidence. And today we
21 spend about 80 percent of the time on one line of
22 scientific evidence, about 20 percent on the second

1 one, which was inconclusive.

2 So I would like to use the time that I have
3 to look at the evidence you are not seeing and
4 summarizes it very briefly.

5 These are the three lines of scientific
6 evidence for which we have multiple publications
7 and multiple people, different countries, and we've
8 all reached very similar conclusions. The most
9 important one we really haven't heard about is are
10 serious psychiatric adverse events and particular
11 bizarre or aberrant behaviors, are they plausible
12 given how this drug works. And the answer to that
13 is clearly it falls somewhere between plausible and
14 probable.

15 This is an alpha-4 beta-2 nicotinic acid
16 receptor, partial agonist-antagonist, which causes
17 the release of dopamine. We know quite a lot about
18 dopamine, and we know that this drug is active in
19 dopamine pathways, because we see nausea and we see
20 abnormal sleep patterns, which clearly are mediated
21 in this pathway.

22 Let's move on to the second part, which is

1 case reports, including the narratives, many of
2 which were flawed in this study, really form the
3 core of how we decide whether a drug was really
4 causing the effective.

5 We have elaborate protocols, which are
6 widely used, and so we have many, many convincing
7 case reports in patients who had no previous
8 history, who had symptoms before the smoking date
9 cessation, whose problems resolved when they
10 stopped the drug, and we have a smaller number of
11 re-challenge cases where they clearly reappeared
12 when the drug was restarted.

13 The other part about these case reports to
14 remember is this was not just done by ISMP. There
15 are three FDA pharmacovigilance reports with
16 striking case studies that struck them as credible
17 and important, as well as a peer-reviewed ISMP
18 paper in medical literature.

19 This is just to give you the flavor of what
20 one looks like and how complex they might be to
21 code. "I was completely out of control. I woke my
22 boyfriend up in the middle of the night and started

1 physically beating him."

2 The problem with case reports and the
3 limitation is they tell you if some cases are
4 happening, but they really tell you very little
5 about how many. We have statistical studies that
6 were completed by the FDA, by ISMP, and by the
7 French, and all of us found many more than expected
8 cases.

9 Here is just one little example. What do we
10 see here when we're looking at suicidal and
11 homicidal thoughts? What we see is Chantix was
12 three times more than any other drug.

13 Now, I'd like to ask another question. How
14 many of these drugs on that list you see right
15 there have greater person-years of exposure? And
16 the answer is all of them. How many of them had
17 suicide behavioral warnings? The answer is also
18 all of them.

19 I have run out of time, so I will have to
20 leave that slide for you to consider. But this
21 trial, as we have heard, has many, many defects.
22 Thank you for your consideration.

1 DR. PARKER: Will speaker number 6 step to
2 the podium? Please introduce yourself, state your
3 name, and any organization you're representing for
4 the record.

5 DR. ALMASHAT: My name is Sammy Almashat.
6 I'm a physician and researcher with Public Citizen.
7 I have no financial conflicts of interest, but
8 Public Citizen was a cosignatory to a petition to
9 the FDA in 2014 for a stronger boxed warning on
10 Chantix.

11 First of all, I want to reiterate that
12 Public Citizen is in favor of keeping Chantix on
13 the market. We think it is a good drug. We think
14 it should be used in patients. We are simply in
15 favor of retaining a warning to those patients in
16 case they do experience an adverse event that,
17 which I will go into in my talk, was not adequately
18 assessed in this randomized trial.

19 It's important to remember that the boxed
20 warning was placed on Chantix in 2009 due to a
21 deluge of postmarketing adverse event reports of
22 suicidality and neuropsychiatric events. Up to

1 15,000 serious psychiatric events have been
2 reported so far.

3 Now, the EAGLES trial was powered to detect
4 an absolute difference in event rates between
5 Chantix and placebo between 26 and 52 events per
6 1,000 patients. Now, these seem to be very high
7 estimates of the absolute risk difference between
8 Chantix and placebo.

9 A back-of-the-envelope calculation shows
10 that if we assumed a 10 percent reporting rate of
11 voluntary adverse event reports to the AERS
12 database over the last 10 years, that would
13 represent approximately 10 per 1,000
14 neuropsychiatric events that have been reported to
15 the agency over the past 10 years.

16 This is roughly the same order of magnitude
17 of excess risk on which the FDA based its
18 suicidality warning on antiepileptic drugs, which
19 was approximately 20 per 1,000; so, far off from
20 the up to 50 per 1,000 in psychiatric subjects that
21 this trial was powered to detect.

22 The other problem with the trial was the

1 issue of the inconsistency of data reporting. I
2 won't go into the details, but pages 46 to 49 of
3 the briefing packet detail the FDA's serious
4 concern with how the adverse events were collected
5 and classified.

6 These inconsistencies led the FDA reviewers
7 to conclude that, quote, "the exact incidence of
8 neuropsychiatric adverse events of significance and
9 perhaps their scope was not accurately captured by
10 the study."

11 In a trial that found a numerically and
12 almost statistically significantly increased risk
13 of neuropsychiatric events in psychiatric patients
14 between varenicline and placebo patients, even a
15 few events either way that were not adequately
16 captured or were missed during the data collection
17 process could have tilted this toward a significant
18 finding. And it is important to ask ourselves what
19 then would our conclusion be about removing a boxed
20 warning in the face of a significant finding of
21 increased risk with Chantix relative to placebo.

22 It is also important to remember that this

1 trial would be the sole basis by which you would be
2 voting to remove a boxed warning on a drug. Two
3 years ago, you voted 17-1 to retain the boxed
4 warning in the face of all of the evidence,
5 including the adverse event reports, including the
6 observational studies that were conducted up to
7 that time. And as the FDA noted, there is very
8 limited precedent for removing a boxed warning, so
9 we argue that the threshold for evidence to do so
10 should be very high.

11 Again, we think that Chantix is an important
12 drug, we do, and we just think that even if it is a
13 rare adverse event, it is a life-threatening
14 adverse event that was not adequately assessed in
15 the study, and that patients should be warned about
16 the event, should they experience it, so that
17 appropriate action can be taken.

18 DR. PARKER: Speaker number 7, if you'll
19 step up to the podium and introduce yourself.
20 State your name and any organization you're
21 representing for the record. Thank you.

22 MS. SOUTHARD: Good afternoon. My name is

1 Carol Southard. I am based at Northwestern
2 Medicine in Chicago. I am a tobacco treatment
3 specialist. I have been in the field for over
4 30 years. I feel very old when I say that. I have
5 seen over 3,000 clients.

6 I am speaking to you not as a researcher,
7 but as a clinician who has been in the field, who
8 reads the literature religiously. And I am here to
9 advocate changing the label, because what I think
10 is getting missed in this discussion is the fact
11 that tobacco users are not being treated in terms
12 of what is recommended by our clinical practice
13 guideline, which was last updated in 2008.

14 But back then, which was based on over 7,000
15 clinical trials and surveys, as you well know, it
16 was stated that all tobacco users should be offered
17 some form of cessation pharmacotherapy. That has
18 not happened. There has been data showing that
19 less than 8 percent of tobacco users are given any
20 kind of pharmacotherapy. And there was a study
21 that just came out that said in some states, only 1
22 percent of Medicare and Medicaid patients were

1 being offered a cessation pharmacotherapy.

2 My concern is because of these alarming
3 labels that are on these products, that they are
4 not being offered by providers, and many, many
5 tobacco users, as you have heard, are afraid to use
6 them. And I think it is because of false
7 information that is out there.

8 There are still, as has been said, over
9 40 million Americans who are still using tobacco.
10 It is not that we don't know how to help smokers
11 quit, it's that it is not being done, and that's
12 the disconnect that troubles me the most.

13 More than 95 percent of smokers try to quit
14 without any kind of treatment, even though all the
15 evidence says, even brief counseling, plus use of
16 cessation medication significantly increases
17 success rates.

18 I have the luxury of over an hour with my
19 clients. I am very assertive about use of
20 cessation medication. In fact, I have greater than
21 56 percent success rate a year, which is
22 phenomenal. I should be rich and famous.

1 But what's really important is the majority
2 of my clients try a cessation medication. Most of
3 them are not comfortable with cessation
4 medications, because, I think, of the false
5 information that's out there, that's been made
6 front page news, and that's not in the evidence.

7 I'm not cavalier about medications. I don't
8 want any of you to think that. But I'm a huge
9 advocate of use of because I've seen firsthand
10 what's in the literature. Using medication
11 increases success rates. And even if there was a
12 risk with these medications, every medication has a
13 risk, I understand that, the benefits of quitting
14 far outweigh any risk that could occur.

15 I have had over 900 clients on Chantix. One
16 report of a man who did have a history of
17 psychiatric comorbidities reported increased
18 incidence of -- he was hearing voices, mild
19 schizophrenia. I had one very young man who felt
20 that he was feeling suicidal. Of course, I took
21 them off Chantix immediately.

22 But what I want you to hear is the majority

1 of my clients have no untoward effects from
2 Chantix, and that is, frankly, true with the
3 majority of my clients who use medications, which,
4 as I said, is most of them.

5 I'm not going to go over the EAGLES trial,
6 because that has certainly been done, but I do want
7 to reiterate that these medications are safe, they
8 are effective. I have had firsthand experience
9 with them. And despite the knowledge of the
10 tobacco risks, we haven't achieved the goal of
11 making tobacco use a rare occurrence in this
12 country.

13 I hope that this committee will decide to
14 change the labeling, take the black box label off
15 so that providers will be much more comfortable in
16 use of, and the tobacco users will be much more
17 comfortable in using them, as well. Thank you for
18 your attention.

19 DR. PARKER: Speaker 8, if you'll introduce
20 yourself. State your name and any organization
21 you're representing for the record, please.

22 DR. BERGER: My name is Dr. Tom Berger. I'm

1 executive director of the Veterans' Health Council
2 for Vietnam Veterans of America. I have no
3 financial interests in the outcome of this meeting.

4 One of the major issues we have learned in
5 the years following the war in Vietnam is that
6 combat exposure to veterans gives the high risks
7 that can affect their health throughout the rest of
8 their lives.

9 In our war, for example -- I'm speaking
10 about Vietnam, but it's the rest of your war, too,
11 who were around at the time -- PTSD is a condition
12 which, for many of us, has impacted our lives long
13 past the end of our military service.

14 Then there's smoking. It's well documented
15 that individuals coping with mental health issues
16 are two to three times more likely to smoke.
17 Similarly, some groups of veterans have higher
18 rates of tobacco use, including those with
19 psychiatric disorders, such as depression or PTSD.

20 As a matter of fact, among veterans, mental
21 illness and smoking are tightly linked, with PTSD
22 being a known risk factor that increases the

1 likelihood of smoking. And in case you didn't
2 know, currently, 60 percent of Vietnam veterans
3 with PTSD smoke.

4 In addition, the CDC reports the following
5 data from the years 2007 to 2010, that male
6 veterans aged 25 to 64 years old were more likely
7 to be current smokers than non-veterans.

8 The fact of the matter is that in order to
9 effectively treat the total health of veterans with
10 mental illness and reduce smoking rates in all our
11 veterans populations, treatment plans must combine
12 specific smoking cessation initiatives, including
13 pharmacotherapies and mental health programs.

14 The integration of smoking cessation
15 activities, programs, into mental health programs
16 is critical to addressing the compounded mental and
17 physical health issues of Vietnam veterans, in
18 particular, especially those suffering from mental
19 health illnesses. The unique needs of veteran
20 smokers living with mental illness must be met to
21 help them quit smoking and share in the positive
22 results of decreased tobacco usage.

1 Now, while the VA currently has programs in
2 place that try to lessen the toll of tobacco
3 related consequences on veterans, especially
4 veterans with mental illness, we need renewed
5 emphasis and commitment to this issue.

6 There are things, activities, in which all
7 of us must focus on access to treatment and
8 resources by the VA, by yourselves, that is,
9 members of the FDA, and the CDC to ensure that vets
10 receive quality health care, quality regarding
11 access to smoking cessation treatments to make
12 certain no veteran is left behind. Thank you very
13 much.

14 DR. PARKER: Will speaker number 9 introduce
15 yourself?

16 (No response.)

17 DR. PARKER: We'll move to speaker
18 number 10. If you will, step up and introduce
19 yourself. State your name and any organization
20 you're representing for the record. Thank you.

21 MR. COUNTS: My name is Nathaniel Counts,
22 director of policy at Mental Health America. And

1 our disclosure, I think about five years ago, we
2 had funding from Pfizer, and we might take it again
3 in the future, but presently have no financial
4 interests, especially in the outcome of this day.

5 Mental Health America was founded in 1907 by
6 an individual with lived experience, and since
7 then, we have grown to over 200 affiliates
8 nationwide and a growing number of associate
9 members. So we have a lot of interest and
10 experience in making sure that people with mental
11 health conditions have the best chance of a happy
12 life in the community.

13 We're really here today to thank you for
14 careful consideration of this issue, the
15 considering of revising the black box in light of
16 the published study in the Lancet, and mostly just
17 highlight the opportunity presented by all of this.

18 Our stance is we need all the tools and
19 options that can be safely made available to
20 individuals with mental health conditions.

21 Without going through the study, mostly just
22 to talk about the surgeon general finding in 2014

1 that 5.6 million people between the ages of zero to
2 17 -- and since that was 2014, now it would be 2 to
3 19 -- will die prematurely because of smoking
4 related causes. And if people with mental health
5 conditions, according to SAMHSA, smoke 40 percent
6 of the cigarettes, that means a disproportionate
7 share of those individuals will be people with
8 mental health conditions.

9 Just highlighting, given the fact that
10 people who have the option to quit before the age
11 of 40 have a 90 percent reduced likelihood of
12 mortality from smoking related causes, there is a
13 chance to, if additional options are made
14 available, prevent at least some of those
15 5.6 million deaths.

16 We thank you for your time and very careful
17 consideration of the issue.

18 DR. PARKER: Thank you. Speaker number 11,
19 if you will introduce yourself, state your name and
20 any organization you're representing for the
21 record.

22 DR. SACHS: Good afternoon. I'm Dr. David

1 Peter Sachs, a pulmonary medicine and clinical care
2 medicine physician and specialist for over 35 years
3 in this field. And because of the toll I saw early
4 on in my pulmonary medicine training at Stanford, I
5 decided I needed to become more actively involved
6 in development of the treatments to help people
7 stop smoking, because we can't treat lung cancer
8 very well even today, let alone back in the '70s
9 when I was a pulmonary fellow. We cannot treat
10 COPD very well today, let alone back 30, 40 years
11 ago.

12 I also am the chair of the American College
13 of Chest Physicians' tobacco dependence treatment
14 committee, and we produced the 2010 tobacco
15 dependence treatment toolkit approved by the board
16 of regents, with external review.

17 I am also a member of the American Thoracic
18 Society, the largest pulmonary medical organization
19 in the world; and I serve on the tobacco action
20 committee.

21 Our committee, independent of me, prepared
22 this letter for you, and I hope you've had a chance

1 to review it and read it because this is official
2 American Thoracic Society policy, and that is that
3 the black box warning should be removed, because it
4 deters both physicians and patients from using
5 effective medications, specifically, both
6 varenicline and bupropion.

7 I have no conflicts of interest to declare.
8 I have flown here from California on my own dime.
9 Since 1985, I have conducted over 30 tobacco
10 dependence treatment trials, and I have also
11 personally, in my pulmonary medical practice, as
12 part of my routine pulmonary medical care, treated
13 over 7500 tobacco-dependent patients one-on-one.

14 Now, I mention this because I have spent my
15 life, my career, over the last 35-40 years,
16 treating the downstream consequences of tobacco
17 dependence. When I sit down, three minutes from
18 when I began, three Americans will have died from
19 tobacco dependence and the myriad diseases that it
20 causes.

21 By the end of this meeting today, from the
22 time it began, 500 Americans will have died from

1 tobacco dependence and the diseases it causes.
2 Twenty-four hours from the time this meeting began,
3 over 1,200 Americans will have died from the
4 multitude of tobacco dependence diseases.

5 These causes of death include, but are not
6 limited to, lung cancer, heart attack, and stroke.
7 Tobacco dependence causes 18 percent of all deaths
8 in the United States and 10 percent of all hospital
9 costs in the United States. This need not be.

10 Tobacco dependence is treatable, like any
11 other serious chronic medical disease, which
12 tobacco dependence is. It is not a habit. It is a
13 CNS-based disease.

14 I have a handout for the FDA committee,
15 which is outside. I was going to present to you a
16 short case summary of an attorney I treated with
17 varenicline, but there's no time.

18 He needed actually 18 months of varenicline
19 treatment, and in the first 6 weeks, he needed a
20 dose as high as 5 milligrams per day in order to
21 suppress all nicotine withdrawal symptoms. When he
22 tried to taper too soon, he relapsed.

1 I would urge you, please, remove the black
2 box warning, because, remember, cigarette smoking
3 kills. Varenicline, bupropion, and nicotine patch
4 don't. Thank you for your attention.

5 DR. PARKER: Speaker number 12, if you'll
6 introduce yourself. State your name and any
7 organization you're representing for the record,
8 please.

9 DR. KERKVLiet: Hi. Thank you for the
10 opportunity to speak today. My name is Gary
11 Kerkvliet, and I am here on behalf of myself,
12 although I have spoken on behalf of Chantix as a
13 useful drug by Pfizer.

14 I'm here because I'm in the trenches, and
15 I'd reiterate what other speakers have said about
16 the difficulty of treating the tobacco user. I
17 come from a slightly interesting point of view,
18 because although I have never smoked, I'm a
19 physician who can prescribe the medication, and I
20 have also suffered from major depressive disorder.
21 And I realize that in this population, you have to
22 be very careful about any medications that you use.

1 We know that there's, as many speakers have
2 mentioned, a prevalence of smoking in people with
3 psychiatric disorders, major depressive disorders,
4 and I'd like to reiterate that I think the black
5 box warning is important in pointing out those
6 things that one should consider, although the
7 article in discussion today certainly shows that
8 maybe it's not as bad as we think it is.

9 My concern is that as before the black box
10 warning and certainly after the black box warning,
11 I was reticent to use the medication because
12 actually I have heard from -- the patients have
13 already heard. They don't want to take Chantix
14 possibly because they've heard things about it.
15 We've seen a number of studies that show that
16 there's not a major difference. And I think we
17 need to remember, too, that nicotine withdrawal is
18 going to be giving some of the symptoms; obviously,
19 not all.

20 I previously had been of the mind-set that
21 if a patient had major depressive disorder, perhaps
22 it was okay to let them keep smoking until we got

1 them through the difficult part of their
2 depression. But, in fact, varenicline can be used
3 very safely. I have seen that a number of times.

4 Again, I would just like to say that if the
5 black box warning is removed, I think we will see
6 the use of it increase. As with any patient,
7 you're going to discuss side effects, possible side
8 effects with them, and I think as long as that's
9 monitored well by the physician, that it's a safe
10 medication to use. Thank you very much.

11 DR. PARKER: Speaker number 13, if you'll
12 step up and introduce yourself. State your name
13 and the organization you're representing for the
14 record, please.

15 MS. FODERINGHAM: Good afternoon. My name
16 is Shelina Foderingham. I'm with the National
17 Council for Behavioral Health, and I have no
18 financial conflict of interest to declare.

19 The National Council for Behavioral Health
20 appreciates the opportunity to provide commentary
21 on the labeling of prescription drugs that treat
22 tobacco addiction. As an association representing

1 more than 3,000 community-based behavioral health
2 organizations who serve 10 million patients
3 annually, the National Council strongly supports
4 evidence-based approaches to eliminating tobacco
5 consumption by people living with mental health and
6 substance use disorders.

7 We agree with the growing body of research,
8 which includes that pharmacological interventions
9 paired with behavioral health services are
10 efficacious and improve the likelihood of long-term
11 tobacco abstinence.

12 The National Council has long advocated for
13 policies that maximize access to effective
14 behavioral health, pharmacological and medication-
15 assisted treatment interventions. The National
16 Council is also doing work to support tobacco
17 cessation in states, tribes, and provider
18 organizations across the country.

19 To this end, we support the removal of the
20 FDA's black box warning label on varenicline, as it
21 serves as an unwarranted barrier to treatment. The
22 National Council's position on this topic is

1 informed by robust evidence indicating
2 varenicline's effectiveness and the fact that
3 people living with mental health and substance use
4 disorders are more likely to consume tobacco.

5 I'd like you to consider the following:
6 people living with mental health and substance use
7 disorders often experience shorter than average
8 life spans. These disparate outcomes in mortality
9 are exacerbated by tobacco consumption. People
10 living with mental health and substance use
11 disorders are also more likely to consume tobacco,
12 as you heard from previous presenters.

13 While people living with mental health
14 conditions represent nearly a quarter of the
15 overall adult population, they consume nearly
16 40 percent of all cigarettes.

17 Adverse neuropsychiatric effects from the
18 use of varenicline are very rare. Peer-reviewed
19 analyses indicate that when a mental health
20 disorder is already present, varenicline has not
21 been shown to exacerbate neuropsychiatric symptoms.

22 Also, when varenicline is used as

1 prescribed, there is no evidence or little evidence
2 of increased risk of suicide, attempted suicide,
3 suicidal ideation, depression, or death. In fact,
4 studies show that pairing varenicline with
5 behavioral health and/or other pharmacological
6 interventions can reduce the likelihood of already
7 rare adverse neuropsychiatric reactions among
8 people that have a history of attempted suicide,
9 suicidal ideation, or depression.

10 Clinicians, as you heard, are using
11 varenicline with great success and few to no
12 adverse reactions. As just one example, as you
13 heard earlier, a tobacco cessation specialist
14 within Northwestern Medicine in Chicago saw an
15 87 percent success rate 12 months post-treatment in
16 those clients who utilized pharmacotherapy for at
17 least three months compared to 56 percent among
18 patients overall, with very few complaints of
19 adverse reactions.

20 This example echoes many we have received
21 from our members from across the country. More of
22 these examples can be found in the addendum to our

1 written testimony.

2 Eliminating tobacco consumption among
3 behavioral health clients, staff, and practice
4 settings requires the sensible deployment of all
5 effective tools. Accordingly, the National Council
6 urges the removal of the FDA's black box warning
7 for varenicline. I appreciate your time and
8 consideration. Thank you.

9 DR. PARKER: Thank you. Speaker number 14,
10 if you'll step forward and introduce yourself,
11 state your name and the organization you're
12 representing. Thank you.

13 MR. MYERS: Thank you. My name is Matthew
14 Myers. I'm the president of the Campaign for
15 Tobacco-Free Kids, both this nation's and the
16 globe's largest advocacy organization devoted
17 exclusively to reducing tobacco use.

18 I was about to say that I have no conflicts,
19 but I realized as I was coming, both
20 GlaxoSmithKline and Pfizer have made contributions
21 to our annual fundraising gala. It amounts to less
22 than one-quarter of 1 percent of our annual

1 funding, and they had nothing to do with our
2 presence here today.

3 I would like to explicitly talk about what
4 has implicitly been discussed, and that is the
5 challenging job that FDA has to put in context the
6 review of tobacco cessation products. And I think
7 that is what -- and our organization believes
8 that's what truly been missing from the review of
9 tobacco cessation products over the years.

10 You've heard many spokesmen already talk
11 about the health effects of tobacco. Despite all
12 of the progress we have already made in the United
13 States, current estimates are that we still have
14 close to 480,000 Americans dying from tobacco use.

15 Tobacco use isn't a behavior. It is an
16 illness, tobacco addiction. If I replace the term
17 "tobacco addiction" with "lung cancer" and told you
18 that one out of two long-term users would die, that
19 close to half a million Americans every year would
20 die, that today over 1,000 Americans would die, and
21 that in the last 30 years, we have exactly three
22 new drugs that have been approved, that virtually

1 no true innovation, while each of these drugs has
2 been shown to improve the likelihood that an
3 individual would smoke. But we still have success
4 rates far below what are necessary to treat
5 literally what is an epidemic.

6 So in many critical respects, you are here
7 today to take a very narrow, very focused look at a
8 specific study that looked at risks, not benefits,
9 of a particular set of drugs, when the real
10 question, I believe, needs to be from FDA, which is
11 how do you use your authority to ensure that you're
12 fostering a discussion about how do we produce the
13 most effective drugs, deliver them to the widest
14 population with the least harm, but the greatest
15 public health.

16 The real measure ought to be, how do we use
17 the power of the Food and Drug Administration to
18 reduce the number of Americans every year who die
19 from tobacco use?

20 This has become even more important, for two
21 reasons. In 2009, Congress gave the Food and Drug
22 Administration authority over all tobacco products.

1 And in 2010, the courts defined nicotine derived
2 from tobacco as a tobacco product.

3 What that means is that while, before 2009,
4 the FDA was able to carefully control the delivery
5 of nicotine, since 2010, we have had a situation
6 where nicotine is being delivered widely to
7 consumers of all ages in completely uncontrolled
8 doses, often discouraging Americans from using the
9 most effective products, often resulting in
10 Americans who want to quit to use products that are
11 not effective.

12 What I would urge your advisory committees
13 to do is begin the real conversation that I think
14 is necessary, and that is how do both CDER and the
15 Center for Tobacco Products combine their authority
16 to maximize the discussion about how we promote the
17 creation, development, and marketing of the most
18 effective products designed to reduce the number of
19 Americans who die from tobacco use to the greatest
20 degree possible. Thank you.

21 DR. PARKER: Speaker number 15, if you'll
22 step up and introduce yourself, state your name and

1 any organization you're representing for the
2 record, please.

3 DR. SPERLING: Good afternoon. My name is
4 Andrew Sperling. I'm with the National Alliance on
5 Mental Illness. I'm here in place of our medical
6 director, Dr. Ken Duckworth, who could not be here
7 today. NAMI has no financial stake in the outcome
8 of this meeting, and NAMI paid for me to be here.
9 Noone paid for me to be here or cover my expenses.

10 NAMI is the nation's largest organization
11 representing people living with serious mental
12 illness and their families. We have over 1,000
13 organizations all across the country and advocate
14 for people living with disorders such as
15 schizophrenia, bipolar disorder, and major
16 depression.

17 You've heard some numbers here today at this
18 hearing about early mortality and mental illness,
19 and they are fairly shocking statistics. You hear
20 different numbers largely because that denominator
21 is sometimes different, the comparator group and
22 the general population we're comparing it to.

1 You've heard numbers about 18 years of lower life
2 expectancy, 20 years, 24 years of lower life
3 expectancy.

4 The easy takeaway, the easy measures, just
5 to remember, that if you're an adult living with
6 schizophrenia or bipolar disorder in America, your
7 life expectancy hovers just below an adult in
8 Bangladesh.

9 This early mortality is largely not due to
10 the underlying psychiatric illness. It's due to
11 lots of comorbid chronic medical conditions, most
12 of which are linked to high rates of tobacco
13 consumption.

14 People with mental illness not only smoke in
15 higher volumes, they smoke differently. We don't
16 actually know and have the cause of this yet, but
17 we believe that nicotine can actually, very
18 temporarily and on a short-term basis, relieve the
19 symptoms of paranoid delusions or auditory
20 hallucinations. So they smoke more and they smoke
21 differently.

22 When they're smoking, they draw more

1 heavily, and they smoke much, much higher volumes
2 than the general smoking population does. And this
3 is a major contributor to comorbid chronic
4 illnesses and early mortality. It is a public
5 health crisis that we're just now coming to grips
6 with, and it is a major public health crisis that
7 NAMI is very, very concerned about.

8 People with mental illness face bigger
9 challenges in quitting smoking than the general
10 smoking population does, and their relapse rates,
11 even when they've been able to quit on a temporary
12 basis, are much, much higher than any other
13 measured population.

14 So the single biggest thing we can do to
15 improve the public health of people living with
16 mental illness in this country is to address
17 tobacco consumption and tobacco related illnesses.

18 That is why NAMI believes that the FDA needs
19 to ensure broad access to the full range of smoking
20 cessation therapies to help people with mental
21 illness quit, including addressing and removing
22 this current black box warning that is keeping

1 tobacco cessation from getting to people who need
2 it most. Thank you very much.

3 DR. PARKER: Speaker 16, if you'll step up
4 and introduce yourself. State your name and any
5 organization you're representing for the record.
6 Thank you.

7 MS. WITCZAK: Good afternoon. My name is
8 Kim Witczak, and I came here on my own. Thank you
9 for the opportunity to address this committee.

10 As you heard earlier this morning, I was
11 recused from serving on today's advisory committee
12 as consumer rep because of a lawsuit against Pfizer
13 for an unrelated drug that was resolved almost
14 10 years ago.

15 Since I had spent the time preparing and
16 studying the briefing documents, I felt it was
17 important that I was here and represented the
18 consumer perspective.

19 There is no doubt that cigarette smoking is
20 a huge contributing factor to premature deaths in
21 this country and, in fact, around the world. And I
22 fully support the need for having treatment

1 options, including the drugs that we are discussing
2 today, available for smokers to help them quit.

3 With this being said, there are a couple of
4 things that caught my eye about this large safety
5 study that we should consider before we remove the
6 black box warning.

7 As we heard earlier, the FDA found problems
8 with the study accurately identifying the
9 psychiatric events. For example, I'm personally
10 concerned that agitation and anger cases were coded
11 as irritability, which could be seen as a result of
12 just quitting smoking.

13 I also, like you, wanted to know more about
14 the two intentional overdose cases that were not
15 coded as suicide attempts. These are just a few
16 examples with coding after reviewing the specific
17 patient individual cases. But I also wonder how
18 the payments that the investigators and sites
19 received from Pfizer, that may or may not have
20 influenced any of the results.

21 The bottom line is that I think there's too
22 much room for subjectivity or incomplete

1 information around the narrative and coding of the
2 events.

3 I know there was more information in our FDA
4 briefing packets about the adverse events that were
5 reported through MedWatch, and we heard a little
6 bit about earlier, but I also would love to have
7 heard about the 2700 victims from the lawsuits that
8 weren't able to present.

9 Here is the current medication guide that
10 we're looking at today, and I actually think this
11 is a really strong medication guide. It lets
12 people know that some people have had serious side
13 effects while using Chantix to help them quit
14 smoking. Some people had these symptoms when they
15 began taking Chantix, and others developed them at
16 several weeks of treatment or after stopping.

17 Stop taking Chantix and call your doctor
18 right away if you or your family or caregiver
19 notice agitation, hostility, depression, or changes
20 in your behavior, or thinking that's not typical,
21 things like thoughts of suicide, depression,
22 anxiety, panic attack, agitation, restlessness,

1 aggressive behavior. You can read the warnings up
2 there.

3 This is really meant to be a conversation
4 with our doctor, and we're potentially taking that
5 away.

6 Now, let's look at the proposal that's on
7 the table. But at the end of the day, the real
8 question, in my mind, given all the earlier
9 comments from the FDA and all the anecdotal reports
10 that the FDA has received over the years, is can
11 we, in good conscience, sleep comfortably tonight
12 knowing that it's truly safe enough to eliminate
13 and delete an important patient protection.

14 There are real-world consequences to this
15 decision, and I'd like to thank you for being
16 willing to listen, and I look forward to the
17 discussion.

18 DR. PARKER: The open public hearing portion
19 of this meeting has now concluded, and we will no
20 longer take comments from the audience. The
21 committee will now turn its attention to address
22 the task at hand, the careful consideration of the

1 data before the committee, as well as the public
2 comments.

3 We'll turn now and ask Dr. Racoosin to
4 provide us with the charge to the committee. Thank
5 you.

6 **Charge to the Committee - Judith Racoosin**

7 DR. RACOOSIN: Good afternoon. Today you
8 have heard presentations from industry and the FDA
9 about the safety outcomes trial that FDA required
10 after the emergence of the concerns about the risk
11 of neuropsychiatric adverse events with smoking
12 cessation drugs Chantix and Zyban, as well as
13 discussions of the observational studies that have
14 been published on this topic. You have also heard
15 from members of the public who have traveled here
16 to share their thoughts about this topic.

17 Now, we turn to all of you for an in-depth
18 discussion of the questions that we'd like you to
19 consider. I'm going to run through the questions
20 as a group, and then you'll consider them one by
21 one.

22 First, discuss the strengths and weaknesses

1 of the completed randomized controlled trial with
2 regard to the study design, including the novel
3 primary endpoint.

4 Two, discuss the potential impact of the
5 variability in data collection, adverse event
6 coding, and case definition on the primary
7 endpoint. Because of this variability, discuss
8 which analysis and results -- and by this, I mean
9 the sensitivity analyses -- and results that most
10 appropriately describe the effect of the smoking
11 cessation therapies on neuropsychiatric events.

12 Three, discuss how you weigh the evidence
13 contributed by the observational studies when
14 evaluating the risk of serious neuropsychiatric
15 adverse events in patients taking smoking cessation
16 therapies.

17 Four, based on the results of the clinical
18 trial and observational studies, discuss the impact
19 of psychiatric history on the occurrence of
20 neuropsychiatric adverse events during smoking
21 cessation therapy.

22 Five, and this is a voting question, based

1 on the data presented on the risk of serious
2 neuropsychiatric adverse events with smoking
3 cessation products, what would you recommend: A,
4 remove the boxed warning statements regarding the
5 risk of serious neuropsychiatric adverse events; B,
6 modify the language in the boxed warning; or, C,
7 keep the current boxed warning?

8 Six is related to question 5, which is
9 explain the rationale for your answer to
10 question 5, and discuss any additional labeling
11 actions you think the agency should take regarding
12 the risk of serious neuropsychiatric adverse events
13 with smoking cessation products.

14 With regard to this last question, I want to
15 comment that some of the discussion today has had a
16 certain flavor of being an all or nothing component
17 about how FDA might handle labeling of this safety
18 issue, and I think it is important for you to
19 discuss any level of or part of labeling that you
20 think would be applicable, including this morning I
21 talked about the boxed warning, the warnings and
22 precautions section. The medication guide is

1 another important part of labeling that relates to
2 this issue. Really, whatever section that you
3 think might be in play, we would be interested in
4 hearing your thoughts. Thank you.

5 **Questions to the Committee and Discussion**

6 DR. PARKER: Thank you.

7 We're 19, aren't we? I'd like to defer to
8 as many people as would want to comment on each of
9 these to be allowed to. So what I thought we would
10 do is I really would like for each member to have
11 an opportunity to comment on all these topics.

12 In order to maximize that opportunity for
13 input, I thought what we could do is we'll take
14 each question in order, and we'll start with any
15 clarifications that anyone has regarding the
16 content of that discussion point, so that we're on
17 point with our comments about each one.

18 So if you have clarifying questions related
19 to the topic, we'll start with that, so that we're
20 clear what we're discussing. Then we'll go around,
21 and I'll ask that everyone have an opportunity to
22 make a succinct comment, and if you have no

1 specific comment or its repetitive of what has
2 already been said, you can simply say "no comment"
3 or "I agree with" whatever has been said.

4 At the end of each discussion point, I will
5 summarize for the record what I've heard, and then
6 we'll move on to the next one. Game plan.

7 Let's put up the topic number 1 for
8 discussion, discuss the strengths and weaknesses of
9 the completed randomized controlled trial with
10 regard to the study design, including the novel
11 primary endpoint.

12 Let me ask if there is anyone who has any
13 specific clarification that they would like about
14 that topic, that they would like to pose to the
15 agency in order to make sure we're clear what we're
16 actually discussing and what content will be most
17 useful. I see Dr. Roumie has her hand up.

18 DR. ROUMIE: I'm just wondering whether or
19 not the sponsor got any information on the total
20 number of hospitalizations in each of the four
21 arms, which are typical SAEs in clinical trials,
22 hospitalization, any cause.

1 DR. RUSNAK: Yes, we do. We do have some
2 follow-up information on that, as well as the other
3 items that we were looking for during the break.

4 If I could have the slides for the
5 hospitalizations projected, please. Maybe while
6 that's coming up, I'll tackle one of the other
7 components. For the NAEI, it was used in 15
8 languages, and it was linguistically validated.

9 Moving over to the hospitalizations, the
10 subjects with NPS AEs leading to hospitalizations
11 in the United States by treatment group and the
12 overall study population are on this slide for the
13 psychiatric cohort.

14 As you can see, the events were relatively
15 infrequent, 4, 3 and 3 amongst the active treatment
16 groups and one for placebo, and then they are
17 further subdivided by mood disorders, anxiety
18 disorders, and psychotic disorders.

19 DR. PARKER: Dr. Morgan, I believe.

20 DR. MORGAN: [Inaudible]. This has to do
21 with me forgetting to put the mic on -- the
22 conclusion set, in one of the FDA talks, I think a

1 summary of the study. And I may be
2 mischaracterizing this, but I think I have it
3 right.

4 It was stated that serious or significant
5 neuropsychiatric AEs occurred in all treatment
6 groups, both within the non-psychiatric history and
7 the psychiatric history cohort. Treatment groups
8 were used.

9 Were you including the placebo group in that
10 characterization, no difference between placebo
11 group, as well as the three treatment conditions?

12 DR. WINCHELL: Yes. The treatment groups
13 include the placebo groups.

14 DR. RUSNAK: No difference in adverse events
15 between the medication groups and placebo.

16 DR. WINCHELL: I'm not sure exactly which
17 slide you're quoting, but, yes, our conclusion was
18 that in patients without psychiatric history,
19 serious and clinically significant, which is not
20 always serious, regulatorily speaking, events
21 occurred at similar rates across all treatment
22 groups.

1 DR. RUSNAK: That was my interpretation. I
2 wanted to make sure. Thank you.

3 DR. PARKER: Dr. Morrato?

4 DR. MORRATO: According to the study design,
5 certain specialties or trainings were the ones that
6 were collecting the adverse events, and there was
7 mention that every six months, I believe, they
8 would get retrained.

9 Do we have any data on the adherence with
10 that, either qualification of being able to get the
11 events and then the training throughout the study?

12 DR. RUSNAK: If I could have Dr. McRae
13 address that question, please.

14 DR. McRAE: Good afternoon. Tom McRae,
15 clinical sciences, Pfizer. The question was
16 specifically in regard to the NAEI; is that
17 correct? Individuals who conducted the NAEI were
18 qualified by virtue of training to do so, and then
19 they were required to have refresher training every
20 six months during the course of the study.

21 In most cases, these were sub-investigators
22 at the study sites. So they had professional

1 qualifications of some sort, but they did not have
2 to be trained mental health professionals.

3 DR. PARKER: If I could just redirect this
4 slightly. What I would like for us to do is focus
5 on any clarification to the agency regarding the
6 topics of discussion.

7 They have presented us with five different
8 discussion topics, and I'm going to go around and
9 give everyone an opportunity, if they would like,
10 to provide a comment regarding each of these. But
11 before I began that, what I wanted to say, do you
12 have any question about what it is you're
13 responding to as you read the topic right here for
14 discussion under number 1?

15 So as I read this, we're focusing on study
16 design. We're going to go to conduct under
17 number 2. So as we provide our discussion and
18 input for number 1, we're to be giving our input on
19 the study design itself, including specifically the
20 novel primary endpoint.

21 As you think about the study design and
22 specifically about the novel primary endpoint, if

1 you would like to comment, as you seen the design,
2 on strengths and weaknesses to begin the
3 discussion -- I'm sorry. So anything that we need
4 to clarify, what that's about.

5 Dr. Rimal, would you like to be our first
6 commenter?

7 DR. RIMAL: [Inaudible - off mic].

8 DR. PARKER: Okay. I thought what we'd do
9 is we'd just go around the table and offer everyone
10 an opportunity to offer any comments that they
11 have. That way, anyone who has a comment is given
12 an opportunity, and like I said, if someone has
13 already offered one and you're in alignment, you
14 can just say that.

15 Dr. Conley, if you'd like to begin.

16 DR. CONLEY: Sure. Rob Conley. I'd like to
17 comment on the design in that I do understand that
18 it is a challenge in our field to be able to
19 measure literally new things, and yet we don't have
20 an intimate amount of fullness at times.

21 What I see from the design that I think is
22 important to understand is I think the agency and

1 the sponsor did their best to design an outcome
2 study and conducted that study. We'll talk about
3 the method of conducting it later.

4 But at this time, one of the concerns I have
5 for the committee to consider, even in critiquing
6 it, is that the fullness of time isn't there
7 forever. We talk about a not validated outcome
8 measure. I think you also have to think about what
9 is a reasonable outcome measure and is the NAEI a
10 reasonable outcome measures.

11 Validation takes a long time, and in this
12 population, I think that is just not there. So I
13 think the agency and sponsors did the best job they
14 could, from what I can see, to develop the study,
15 which is my comment on the design alone.

16 DR. PARKER: Okay.

17 DR. EMERSON: Scott Emerson. I felt that
18 the design, such as it was, was generally fairly
19 good. In terms of the composite endpoint, and this
20 is probably just a statement in retrospect and as
21 the conversation has proceeded, it seems that the
22 composite endpoint is driven a lot by components

1 that weren't as much of interest from the anecdotal
2 reports in the adverse events.

3 The idea that the suicidal ideation was not
4 a very big part of the composite endpoint at the
5 end, and agitation, I guess, was a fairly common
6 aspect, but not in terms of the severity. That is
7 my only fear in this, I think being driven by
8 retrospect rather than beforehand.

9 DR. MARDER: My concern regarding strengths
10 and weaknesses of the data is that the key question
11 of whether or not people with psychotic illnesses,
12 individuals, where there is a plausible mechanism
13 by which varenicline could make them worse, that
14 they seem to be underrepresented. And it seems to
15 me like it's not that strong a database for looking
16 at these kind of relatively rare events.

17 DR. PARKER: Dr. Morgan, please state your
18 name for the record.

19 DR. MARDER: That was Dr. Marder.

20 DR. MORGAN: And this is Glen Morgan. Given
21 the purposes of the study, I thought the design was
22 reasonably strong.

1 DR. MORRATO: Elaine Morrato. I also agree
2 that the study design was strong. I like the
3 margin of error that was aiming for the 1 to 3
4 percent range.

5 I like the -- it hasn't been
6 mentioned -- the independent data monitoring
7 committee and a real attention to trying to
8 ascertain the adverse events in terms of the
9 solicitation breadth, probing and the training of
10 the investigators collecting.

11 DR. PERKINS: Ken Perkins. I really have
12 very little to add. I also thought it was
13 generally a strong design, and the sample size is
14 pretty substantial given that there has been
15 nothing in the literature to date.

16 Although some of the psychiatric issues or
17 the population included might have been less than
18 desired, I still think that it was substantial to
19 identify whether or not there really was a
20 significant risk, as it was designed.

21 DR. HERNANDEZ-DIAZ: Sonia Hernandez-Dias.
22 I also think that the process worked, that we had

1 some adverse events reporting cases. And we know
2 that they can provide signals, but they have
3 limitations; like, for example, that we cannot know
4 whether it is a medication or the reason why a
5 medication is being used. And we have, also, the
6 original studies that are challenged by confounding
7 and other important biases in this specific case.

8 We needed a randomized clinical trial, and I
9 think it's the best evidence we have, with some
10 limitations. For example, we won't have the power
11 to look at things like suicidal attempts. It is
12 also not a real-world situation. We have more
13 counseling and more probably supervision of the
14 patients.

15 They both had some limitations, as we have
16 been discussing, but both the company and the FDA
17 have done sensitivity analysis and have beat the
18 horse to death, and the results seem to be very
19 robust no matter what you do, and the conclusions
20 and this analysis. I think that is a good thing.

21 I think we can learn some lessons from the
22 whole experience. The design of the study focused

1 on efficacy and collected the adverse events
2 reports rather than, I think, focusing on the
3 safety of the main outcome in the sense that we
4 typically select hard outcomes for efficacy when we
5 want to study it. And I think if we were to go
6 back, probably we would have selected a higher
7 outcome, like hospitalization, as has been
8 proposed. That would, of course, required larger
9 sample sizes and not little sample sizes.

10 Finally, I think the multicenter design of
11 the study is always good, and we look for
12 generalizability, but sometimes it has been
13 generalizable globally and competes with internal
14 validity and the difficulties of maintaining the
15 standards across many centers around the world.
16 But overall, I think it was a very helpful study
17 that we needed to have, and now we have the
18 evidence.

19 MS. HIGGINS: Jennifer Higgins. I concur.
20 I think it was a very strong study design. I had
21 some trouble with the NAEI assessment composite
22 tool. I feel like it could have been tested a

1 little bit more for validity purposes. And I think
2 there are some other methodological flaws or
3 challenges, which I'll get into later.

4 MS. GILLESPIE: Terry Gillespie. No
5 comment.

6 CAPT BUDNITZ: Dan Budnitz. Some of the
7 obvious strengths of the randomized trial are the
8 blinding and randomization to address the bias and
9 channeling of the observational studies.

10 In terms of weakness, as other folks said,
11 this non-validated outcome for NPS adverse events,
12 because it is non-validated and does not seem to be
13 focused on the particularly unusual adverse events
14 that might be of concern, I think it's challenging
15 to use and interpret in a single study.

16 There was potentially an opportunity to
17 compare some of the findings or these events
18 identified by the instrument to events identified
19 other ways. That was not done, and it appears that
20 opportunity may be lost for how data was collected
21 in the design.

22 Then, finally, it does not appear to be

1 powered with the appropriate sample size to detect
2 rare adverse events, like suicide attempts.

3 DR. WINTERSTEIN: Almut Winterstein. I
4 agree with the previous speakers about the strength
5 of the study. It is an important study, there is
6 no doubt. It's large, and the randomization and
7 blinding were certainly good.

8 I think what is important to recognize is
9 that the study was not powered to rule out whether
10 varenicline can increase the risk for suicide,
11 suicidal ideations, psychosis, aggression, what
12 have you.

13 What it can rule out is that there is not
14 more than a 50 percent increase in the risk of
15 those ascertained -- conglomerate of ascertained
16 adverse events. And what exactly that is, is
17 obviously a little bit difficult to interpret given
18 the problems in the ascertainment and the
19 definitions that we have discussed.

20 I'll stop here, because the rest is
21 interpretation.

22 DR. GERHARD: Tobias Gerhard. I agree with

1 many of the comments that have already been made.
2 One point in terms of strength that I want to point
3 out is that this really shows the wisdom of FDA,
4 and I guess also the previous advisory committee,
5 in making sure -- requesting the RCT to be done,
6 and then not making a decision based on
7 observational studies when thinking about looking
8 at trying to rule out a risk of neuropsychiatric
9 and adverse effects with observational studies,
10 which is very problematic, versus a clinical trial.

11 We see exactly what we would have expected,
12 that we have much higher rates of the adverse
13 events, even given all the issues with the outcome
14 measures in the trial that are in the group with
15 psychiatric history , about 5 percent, while there
16 were between 0.5 and 1 percent in the observational
17 study.

18 Again, I think there is a lot to be learned
19 from this; that for some outcomes, some methods
20 were better than others. And particularly, you are
21 showing some of the limitations of observational
22 studies to rule out concerns.

1 I think there is a lot to be learned
2 regarding the outcome measures. If there would be
3 another trial of a different product, trying to
4 evaluate neuropsychiatric adverse effects, this
5 particular instrument would be used probably.

6 One thing to make sure is to get much more
7 detail on the individual reports, individual
8 vignettes, making sure that that is collected. A
9 lot of that came out in the comments of FDA.
10 Again, I want to leave it with that for now.

11 DR. PARKER: Ruth Parker. I would agree
12 with the comments that the design overall was quite
13 good. I see both sides of multicenter. I think
14 multicenter is incredibly important, multinational
15 in so many different places and languages.

16 I'm not sure what it means to be
17 linguistically validated in 15 languages, and how
18 robust that really is in terms of its performance.
19 And I think trying to hold quality control over
20 that many sites and that many investigators is a
21 huge challenge, and the results are only as good as
22 the data.

1 I agree with the comment about the
2 non-validated outcome measure for the
3 neuropsychiatric symptoms, and also about the study
4 being underpowered for less common outcomes related
5 to imported events, like suicide, suicide attempts.

6 DR. NARENDRAN: Raj Narendran. I'm still
7 trying to -- I just could never really get a good
8 answer on -- if your whole idea is to look at the
9 safety of these compounds, you already are
10 enrolling. At least 15 to 20 percent of the people
11 have been exposed already to these drugs. It seems
12 like they should have been excluded, and probably
13 in terms of safety, you'd probably want to remove
14 them and see if there are any differences. That I
15 think is a weakness.

16 I also have concerns about the NAEI and the
17 way it was used. It didn't seem like it was used
18 in the spirit of how it was supposed to be used,
19 and the narratives are missing, which raises some
20 concerns, as well. But overall, I think the study
21 otherwise was well conceptualized, but I do have
22 concerns with how well it was executed.

1 MR. PICKAR: I agree with much of the
2 discussion and Dr. Parker's comments included. I
3 think it was a heck of a study to do. It's far
4 from perfect, but I'm just glad I didn't have to
5 have the charge to have to carry that one out.

6 DR. FIEDOROWICZ: I won't re-echo all the
7 comments, but Robert Conley had mentioned that this
8 is a difficult task to validate an outcome when
9 it's such a complicated outcome to capture and
10 there is limited time to do it.

11 In spite of that, though, there is I think
12 great risk that we all sort of highlighted of
13 under-ascertainment of outcome. Even related to
14 Pfizer's initial estimates, they observed less
15 outcomes than were expected. And I would share the
16 concern that that may bias the results to the null.

17 I am somewhat reassured by the fact that we
18 also have the Columbia and the HADS so that we can
19 measure anxiety and depression and suicide risk by
20 those self-report measures that don't t rely on the
21 investigator to identify events, especially in this
22 case, where we have reason to be concerned whether

1 that was identified.

2 It may have also been nice to perhaps have
3 anger and sleep measures, since that highlighted
4 some of the concerns from before. But I think that
5 the results from both the NAIE and the Columbia and
6 the HADS were fairly consistent with each other.

7 DR. ROUMIE: Christianne Roumie. I really
8 agree with a lot of what's been said. I felt like
9 there were -- that efficacy part of the trial
10 design was very strong and used objective measures
11 of quit rates.

12 I feel like the safety part took
13 some -- there was a lot more looseness to that, and
14 a lot was left to the site investigator rather than
15 a central adjudication process, which could have
16 been used if case reports had been collected and
17 often is used in large clinical trials.

18 DR. RIMAL: I have two thoughts. First, I
19 think there is a mismatch between the objective of
20 the overall effort, on the one hand, with what the
21 objective of the study actually was, on the other
22 hand.

1 I think the overall effort, the question is
2 should the warning be removed. The overall study
3 design asked the question, is one of these drugs
4 better than placebo. Those two things, to me, are
5 not the same thing.

6 Yes, they do work, the three drugs do work
7 in increasing quitting rates, but this very
8 expensive trial, in my opinion, does not address
9 the key question, which is does the presence of the
10 particular warning label reduce the use of the
11 particular pharmacological treatment. That to me
12 is the critical question, and this trial comes
13 nowhere close to answering that question.

14 The second issue I think is very much in
15 line with what Dr. Parker said, which is I wonder
16 what does a warning label like this mean in the
17 U.S. conceptually, and how is that different in a
18 culture where such warning labels perhaps are not
19 as prevalent, like Bulgaria. So the linguistic
20 equivalence, I am very doubtful about that.

21 MR. HENNESSEY: Sean Hennessey. I think the
22 strengths of the study were the randomization of

1 the three treatment groups with blinding, the two
2 equally sized strata, those with and without mental
3 health conditions.

4 I think that the outcome in the NPS
5 represented the best thinking at the time, both on
6 the part of the sponsor and the agency. And
7 basically, the pilot study of the NPS was an
8 8,000-patient multinational randomized trial, and
9 not surprisingly, we've learned a lot about the
10 outcome as a result of that pilot study.

11 DR. PARKER: We forgot Dr. Besco on the
12 phone. Dr. Besco?

13 DR. BESCO: Thank you. I also agree with
14 the comments made about the strength of the study,
15 especially when you compare it to available
16 published articles. And I also agree with some of
17 the earlier comments made about applying some of
18 the learnings just from this experience to study
19 other medications where we have observational
20 reports received by FDA, that have received
21 concerns

22 But like others, I do have some concerns

1 about the powering of the study and the validity of
2 the measurement tool, and the interrater agreement
3 between the investigators.

4 DR. PARKER: The daunting task begins. Let
5 me see if I can summarize what I believe we have
6 said here in response to the discussion, and then
7 the agency can let me know if we have adequately
8 addressed what you'd like for us to have commented
9 on here in this discussion.

10 Regarding the strengths and weaknesses of
11 the design, overall fairly good to quite
12 reasonable, to good and strong, definitely a nod to
13 going beyond case reports and the observational
14 studies and the input that was available under
15 those prior to the postmarketing research having
16 been done; the need and what we learned from doing
17 randomized controlled trials providing us with now
18 what appears to be the best evidence that we have
19 about it; the importance and the robustness of the
20 sensitivity analyses that have been done.

21 The strengths and the concerns related to
22 the multicenter design, that obviously being a

1 strength on many hands, but also raising some
2 concerns, on another hand, about quality control
3 and conduction across multiple sites with many
4 investigators; linguistic issues related to the
5 instruments, et cetera.

6 Randomization and blinding, again, being
7 strengths related to the design; that the efficacy
8 components, in particular, being quite strong.
9 Then regarding the weaknesses, comments about the
10 underrepresentation of the population that has the
11 most severe psychiatric illness; that the notion
12 regarding the influence -- the key question, which
13 relates to the black box warning and its influence
14 and what happens when it is there and when it isn't
15 there being a central, I would say, concern. Do we
16 know the answer to that based on what we have from
17 the study that has been done?

18 Linguistic equivalence across many languages
19 being a potential weakness in design; lack of power
20 to look at suicidal events; that safety indeed
21 probably does deserve a harder outcome than that
22 which was garnered here, requiring a larger sample

1 size. Several comments related to there not being
2 enough power to look at rare events, like suicide,
3 suicide ideation, and that perhaps safety deserves,
4 indeed, more robust outcomes in the study design.

5 Concern that 15 to 20 percent of the
6 enrollees were exposed to the drugs that were
7 actually under investigation for safety in the
8 study; also, a comment about the large reliance on
9 many different site investigators and how hard it
10 is to control that many people that are actually
11 providing data on what you're seeing and finding.

12 Specifically, regarding the question about
13 the novel primary endpoint, there were a couple of
14 comments about validity of measures, specifically,
15 the NAEI, with a desire to have had more validity
16 testing and understanding about the robustness of
17 that as a tool.

18 It was designed to have narrative as a
19 complementary component, and maybe in design it was
20 a good idea. We can talk later about how the
21 conduct reflected the intended design.

22 Non-validated outcome measures for the

1 neuropsychiatric symptoms, that being a concern
2 about that outcome measure. However, it was also
3 noted that the outcome for the neuropsychiatric
4 symptoms reflected the best thinking at the time.
5 And looking back, there's this retrospectively-
6 driven way to look at that endpoint, and that's
7 what we're left with at this point.

8 I'm sure I have missed some things. I hope
9 I didn't add too many things that no one thought of
10 or said.

11 Let me ask the agency before we turn to the
12 next point of discussion, if we have adequately
13 given you the kind of input you wanted regarding
14 that topic.

15 DR. HERTZ: Yes. Thanks. I think that was
16 what we were after.

17 DR. PARKER: Good job, team.

18 Let's turn to topic number 2. Discuss the
19 potential impact of the variability in data
20 collection, adverse event coding, and case
21 definition on the primary endpoint. Because of
22 this variability, discuss which analysis, or

1 analyses, and results most appropriately describe
2 the effect of the smoking cessation therapies on
3 neuropsychiatric events.

4 Let me just ask if there are clarifications
5 for that topic before we, again, go around and
6 offer points for discussion here. What questions
7 dose anyone have about what we're being asked to
8 discuss here?

9 (No response.)

10 DR. PARKER: It must be crystal clear. Why
11 don't we start on this side? Dr. Hennessey?

12 DR. HENNESSEY: So we're going to do that?

13 DR. PARKER: You didn't know how lucky you
14 guys were going to be. Here we go.

15 DR. HENNESEY: Sean Hennessey. I'm going to
16 answer the second part of the question about which
17 analyses we should pay most attention to. I think
18 that some of the expanded outcome definitions that
19 were seen in the sensitivity analyses should be
20 those that we pay attention to. Even in those, I
21 didn't see much in the way of cause for concern for
22 the safety of varenicline with regard to serious

1 adverse events, serious neuropsychiatric adverse
2 events in people with mental health conditions.

3 The impact of variability in data
4 collection, adverse event coding, and case
5 definition, there's a lot that's been said, and I'm
6 not sure all of it has stuck in my brain. I'm
7 going to pass on that.

8 DR. RIMAL: I think my concern is with
9 patients with prior mental health --

10 DR. PARKER: I'm sorry. Your name at the
11 beginning.

12 DR. RIMAL: -- Rajiv Rimal; thank
13 you -- those with prior mental health issues. I
14 think this study was very underpowered to detect
15 differences in that group.

16 DR. ROUMIE: I would agree, and I
17 think -- this is Christianne Roumie. I would add
18 that I think some of the sensitivity analyses that
19 were done, which exclude certain sites, don't
20 actually get at the fundamental underlying issue,
21 which is there may have been a systematic
22 underreporting of events.

1 I never heard an answer to my question about
2 blinding because even though there was
3 randomization and the randomization seemed to work,
4 there did seem to be an underreporting of events
5 that seemed more lopsided in certain exposures.

6 So I'm not 100 percent confident on the
7 accuracy of the blinding and would have liked to
8 see some data that showed that investigators
9 truly -- it was like a coin flip.

10 Ruth, can the sponsor respond to me?

11 DR. PARKER: Yes. I will quit curiously
12 writing. Yes.

13 DR. RUSNAK: The direct answer to your
14 question is, no, we did not ask investigators to
15 guess at the treatment allocation. However, some
16 data that we did collect within the study
17 population, particularly if you just look at the
18 overall population in panel 3, gives some data
19 regarding the blinding.

20 Again, this a triple-dummy, blinded in both
21 oral agents, as well as a patch. And if
22 investigators had any inclination as to what

1 treatment allocation group they would be assigned
2 to, you would likely see some substantial variation
3 in the differences between the all-cause treatment
4 and the treatment related adverse event reporting.
5 And we didn't see that in the overall population or
6 in the psychiatric cohort or the non-psychiatric
7 cohorts. It was pretty flat between each one of
8 these treatment groups, indicating that the blind
9 was strong.

10 The same data also addresses the difficulty
11 of ascribing causality in the postmarket reports.

12 DR. ROUMIE: Okay. I think, again, that
13 while there were a lot of very suitable hard
14 endpoints that were collected in the efficacy
15 realm, there was more variation and variability for
16 the neuropsychiatric outcomes, which is really what
17 we're here to talk about.

18 I think we could have seen some other
19 sensitivity analysis regarding how many more events
20 would need to have occurred to tip results one way
21 or another. But if you're telling me that it would
22 have had to occur in 20 percent more varenicline

1 versus placebo patients to make the results
2 positive, that gives me a little more confidence
3 that there is less events noted in the varenicline
4 group, and that truly this is by chance. There is
5 truly no difference between the two.

6 DR. FIEDOROWICZ: This is Jess Fiedorowicz.
7 As previously mentioned, related to concerns about
8 ascertainment, I would weigh heavily the Columbia
9 and HADS data when I review this data.

10 As far as the primary outcome, which was
11 previously defined, it seems the negative binomial
12 model of Dr. Andraca-Carrera perhaps best captures
13 some of the heterogeneity that may be related to
14 variability in ascertainment. And I share people's
15 concerns about the internal validity of any
16 specific sub-items or specific measures, such as
17 irritability, given issues related to
18 classification.

19 DR. PICKAR: First of all, the impact of
20 variability in data is always to work against the
21 statistical --

22 DR. PARKER: Dr. Pickar, can you please

1 state your name?

2 DR. PICKAR: Dr. Pickar. Dave Pickar. I
3 think that's it. Generally, variability always
4 works against your finding of statistical
5 significance. It's our enemy and noise, as
6 Dr. Winterstein appropriately said.

7 But what do I take away on this? Slide
8 MD-65, can I do that? I'll tell you exactly what
9 it is, for me. Sorry, I'm very personal about
10 this.

11 DR. RUSNAK: Would you please project MD-65?

12 DR. PICKAR: In this, what you're looking at
13 on the left is overall non-psychiatric and
14 psychiatric. In the overall patient group, there
15 is no difference between the incidence of these
16 adverse events, between these different treatments,
17 including placebo. And you don't talk statistics,
18 but, in fact, if you go the risk difference slide,
19 you'll see that there is absolutely no statistical
20 difference.

21 Now, if you go the non-psychiatric patients,
22 the middle group, a fascinating thing here. There

1 is a statistical difference there, whether they
2 talked about it or not. For whatever reason,
3 Chantix was less provocative of adverse events in
4 the non-psychiatric population, and in the
5 psychiatric population, much higher overall.

6 So the take-home message, overall, not much
7 in the non-psychiatric -- your Chantix may be doing
8 something that is beneficial, probably reducing
9 withdrawal in the placebo, compared to the placebo
10 group, and the psychiatric patients are
11 particularly at risk on this.

12 If you go to just the last one, MD-67, when
13 you look at this with just risk analysis --

14 DR. RUSNAK: MD-67, please.

15 DR. PICKAR: There you go. I know we're not
16 talking statistics, but if you did, I
17 believe -- and please, statisticians here, correct
18 me -- the signal on the very top would be
19 statistically significant.

20 On the other one, nothing else is,
21 including, interestingly enough, the Chantix or the
22 Wellbutrin compared to placebo, probably related to

1 the variability issue, that this is noisy data, so
2 it is tough to get a statistical significance.
3 Numerically, it's worse. But the one statistical
4 significance is, for whatever reason, in the non-
5 psychiatric people, the Chantix people experienced
6 less adverse events.

7 To me, that's the take-home message, and the
8 noisy study works against statistical findings, but
9 it was a tough one to do.

10 DR. PARKER: If we can just put the
11 discussion question back up just to keep us
12 reminding ourselves, that we really also want to
13 make sure that we focus and put our opinions around
14 the conduct of the study here.

15 Dr. Besco, we have come to you.

16 DR. BESCO: Actually, my comments have
17 already been expressed, so you can pass on any
18 comments from me.

19 DR. NARENDRAN: Raj Narendran. I do have
20 concerns about the way the data was collected and
21 the variability that comes from it. I think the
22 sensitivity analysis clarified somewhat, but I'm

1 still concerned that if you look at the data that's
2 being reported to the FDA and being collected in
3 your database, the study didn't really capture that
4 very well.

5 So for some reason, I have less faith in the
6 primary endpoint that was derived from this trial
7 based on numerous other problems that were found in
8 the review.

9 DR. PARKER: Ruth Parker. I, too, have some
10 concerns about the data being quite noisy, data
11 collection, some coding variability.

12 Specifically, I didn't hear it come up, and
13 it struck me. I don't really know what it means,
14 but I know in the FDA background, on page 45, there
15 was a comment, "Office of Scientific investigation
16 inspections of several of these sites had been
17 requested, as well as inspection of other sites, in
18 which similar issues were listed among the protocol
19 violations, and the results of these inspections
20 are pending at this time."

21 I don't know if there is a comment from the
22 FDA regarding that. That seemed to be noteworthy,

1 to me. At least it made it into the briefing
2 document. So when I see something like that, I
3 scratch my head kind of hard, something that is
4 getting investigated.

5 DR. HERTZ: We often will do some
6 inspections, so part of that is the regular review
7 in an application. We did a few more in this case
8 to explore further some possible issues. We have
9 some preliminary reports back, but we don't have
10 any of the final reports from the inspectors yet.
11 It's still an ongoing process.

12 We haven't been alerted to anything that we
13 needed to describe at this point, so we are just
14 going to have to wait for that final report to come
15 in. But so far at least, nothing preliminary has
16 identified additional problems.

17 DR. PARKER: I would just underscore the
18 other concerns that have been raised about the
19 sample size and going halfway, and then figuring
20 out how many are we doing and why. I got a little
21 lost in that.

22 There is just something about the idea that

1 this happened in 19 countries, and you're talking
2 about whether or not you feel abnormal, and there
3 are so few people -- I mean, if I ask in this room
4 how many people feel abnormal today, I bet there'd
5 be some people who do.

6 I don't know. There is just something about
7 the validity of the measures and their meaning, and
8 how I interpret that, and whether or not we're
9 capturing all we can. I can't exactly articulate
10 it better than that.

11 DR. GERHARD: Tobias Gerhard, Rutgers.
12 Regarding the first question, the potential impact
13 of the variability and the coding issues, case
14 definition and so on, I don't think that's a major
15 concern. I think that's somewhat supported by the
16 fact that these different sensitivity analyses
17 basically show pretty much the same thing.

18 What could be a potentially big issue, as
19 pointed out by Dr. Roumie, is if there is really
20 substantial underreporting across the board, or
21 even worse, if it's a differential.

22 I would think that although that's a bit of

1 a concern overall, that at least for some of the
2 more severe events, like hospitalizations, that
3 seems unlikely to have occurred, and I think that's
4 somewhat reassuring here.

5 Moving on to the question of which analysis
6 is the most appropriate, again, I would less focus
7 on which of the analyses, because they actually say
8 pretty much similar things, from my perspective,
9 but I think what they all say in the group with
10 psychiatric history is not that there is no risk,
11 from my perspective.

12 I think the question of statistical
13 significance here, in the context of a study that
14 wasn't powered to show this difference, is really
15 about estimation. And the best estimate here of
16 the data is that there is a small difference
17 between both Chantix and bupropion of about
18 1.5 events, plus/minus a little bit, in these
19 events; not, however, in serious events.

20 I think that provides us the information to
21 quantify, with a confidence interval, the potential
22 risk difference, and allows us to put that in light

1 of the benefit and make a decision about
2 risk-benefit, which then we can use to make our
3 decision for the voting question and the
4 consequences for the black box.

5 DR. WINTERSTEIN: My most compelling slide
6 would be MD-79, if you could bring that up, please.

7 DR. RUSNAK: Just to clarify the slide that
8 you are requesting, 7-9?.

9 DR. WINTERSTEIN: 7-9.

10 DR. RUSNAK: MD-79, please.

11 DR. WINTERSTEIN: Just to be a pest and talk
12 about the noise, the FDA opened this meeting
13 quoting two cases. The cases were aggression and
14 suicide. When we are looking at the composite
15 outcome, this is mainly driven by agitation. And I
16 don't know whether this is agitation because of
17 drug exposure or whether this is agitation because
18 of nicotine withdrawal, what that is, and that is
19 my noise.

20 This first agitation bar, if we think about
21 the number of events that we have that are compiled
22 with this in relationship to everything else, this

1 is what drives the analysis, unfortunately, here.

2 If I interpret this correctly, aggression,
3 we see we are comparing 3 cases -- or 2 cases to 2
4 cases to 1 case, and we have already seen the
5 subanalysis for suicidal ideation. To me, that
6 explains the noise in the analysis that makes it
7 too hard to interpret this endpoint.

8 DR. PARKER: Please state your name for the
9 record.

10 DR. WINTERSTEIN: Almut Winterstein.

11 CAPT BUDNITZ: Dan Budnitz. I'm not certain
12 which analysis is most appropriate, because I think
13 the variability for me is what others have
14 expressed concern on, is an underreporting, or
15 potential underreporting, of adverse events brought
16 about by this investigator deeming what is an
17 adverse event.

18 Maybe this is more particular to the outcome
19 of it being a vague neuropsychiatric outcome as
20 opposed to a very hard outcome of a cholesterol
21 level or something, where there is no deeming
22 involved, or an adverse event that is able to be

1 diagnosed by CT scan for stroke or something.

2 But when you don't know what you're missing,
3 like those cases that we heard about, overdoses
4 that are not deemed to be an adverse event, there
5 is no statistical approach that can address that.

6 MS. GILLESPIE: I'm Terry Gillespie. I
7 agree with most of the people here. It seems to
8 me, after listening to everyone, that the coding
9 was based on individual interpretation rather than
10 clinical hard data.

11 MS. HIGGINS: Jennifer Higgins. With
12 respect to the data collection, I just really can't
13 get past the heterogeneity and the coding issues.

14 Regarding safety, I don't think I ever -- I
15 think that David asked for total number of
16 hospitalizations for both populations, both
17 cohorts, and I didn't see that. I don't know if
18 it's possible to ask for that now. We saw the
19 psychiatric cohort only.

20 DR. RUSNAK: I'm sorry. I didn't catch all
21 of that question. Could you just recap it?

22 MS. HIGGINS: I'm just seeking a total

1 number of hospitalizations for both cohorts, not
2 just the psychiatric cohort, which is all we've
3 seen thus far.

4 DR. RUSNAK: Do we have that data? Yes.
5 Would you please project that?

6 The slide shows subjects with any adverse
7 events leading to hospitalization in the U.S.

8 Do we have a total slide?

9 We apparently don't have the non-site data
10 readily available.

11 DR. WINTERSTEIN: Are these the reported
12 adverse events that led to hospitalization, or all
13 these all hospitalizations that were then
14 attributed to an adverse event?

15 Were these all hospitalizations with a
16 principal diagnosis of some type of mental disorder
17 or symptom, related symptom, or are these the
18 reported ones that were collected that actually led
19 to hospitalization?

20 DR. RUSNAK: Could you re-project the slide,
21 please? This is subjects with any adverse event
22 leading to any hospitalization.

1 DR. WINTERSTEIN: My question is where did
2 you get the adverse event from. What came first?
3 Did you collect all hospitalizations, and then look
4 at which ones were attributed to an adverse event,
5 or if there's obviously adverse events that were
6 collected, we already discussed ascertainment
7 method, and then you followed-up to see whether
8 these led to hospitalizations?

9 DR. RUSNAK: I believe that this is the data
10 that comes out of the SAE reporting, and
11 hospitalization is an SAE.

12 DR. WINTERSTEIN: That would mean this is
13 not all hospitalizations.

14 DR. RUSNAK: Actually, I'll ask Dr. Russ to
15 clarify this, please.

16 DR. RUSS: These are the hospitalizations
17 for any type of adverse event. So this would be
18 part of the serious adverse event definition that
19 leads to hospitalization.

20 When such adverse events are reported, the
21 hospitalization is part of what the investigator
22 would indicate. But these are non-psychiatric and

1 psychiatric adverse events. This would be any
2 hospitalization.

3 DR. WINTERSTEIN: That was your AE
4 reporting. That is not the ascertainment. This is
5 just the AE reporting that would be part of any
6 RCT.

7 DR. RUSS: There are very, very strict rules
8 for serious adverse events. When adverse events
9 lead to hospitalizations, they are very carefully
10 monitored, and that's part of that.

11 DR. RUSNAK: We also have a slide similar
12 for ex-U.S. Would the panel like to see that data?

13 DR. PARKER: Let's go ahead.

14 DR. HERNANDEZ-DIAZ: Sonia Hernandez-Diaz.
15 Regarding the case definition, I think that if we
16 wanted to go after hospitalizations or aggression
17 specifically, by putting many things together, then
18 we could be missing the answer, because we will
19 dissolve the case in the broader case definition.

20 However, if we had agreed with the case
21 definition that was used for the data collection,
22 then you got in the coding on the classification.

1 As has been said, we could be missing some, but I
2 would be more worried about the specificity than
3 about the sensitivity in the sense that we'd have
4 more biased results.

5 I think we can assume that the missed
6 classification would be non-differential across
7 treatments in this randomized setting. But in
8 order to increase the specificity, the company and
9 the FDA run several sensitivity analyses to focus
10 on those outcomes, with probably higher positive
11 rate, and by doing that, results did not change.

12 In my conclusion regarding which results
13 most appropriately describe the effect, I would
14 take the primary outcome because that was the
15 primary analysis, and then consider all the
16 subanalyses and sensitivity analyses, and I think
17 all of those thoughtful analyses did not move the
18 conclusions.

19 I would say that I would take the whole
20 analysis overall in order to interpret what are the
21 best results, taking the primary plus, all the
22 sensitivity analyses conducted. And again, the

1 conclusions didn't change after all that.

2 DR. PERKINS: Ken Perkins. I was just going
3 to conclude the same thing in terms of the lack of
4 bias by treatment condition in whatever variability
5 there was. So I didn't have much to add at this
6 point.

7 DR. MORRATO: Elaine Morrato. I'm going to
8 comment on the impact of the variability from a
9 slightly different angle, more on the impact of
10 decision-making.

11 Given I think the precedent-setting nature
12 of this discussion of a study, removing a boxed
13 warning, for me, the impact of the variability
14 effects my confidence in making the decision to
15 remove completely or modify, especially in light of
16 the thousands of case report findings that we've
17 heard and so forth.

18 For me, I'm most concerned, I think, with
19 not the overall group, but those with a psychiatric
20 history, because the point estimates are trending
21 higher and bordering on statistical significance.

22 So I know we got to see some sensitivity

1 analyses, but I would have preferred to have seen
2 perhaps a little bit more systematic or robust. I
3 felt like there is still some analyses in progress.
4 It was mentioned that the sponsor had updated
5 theirs a week ago.

6 We heard several ideas from committee
7 members in terms of analyses of, as Dr. Narendran
8 mentioned, removing those that were on the drug
9 before, not looking at the sensitivity analysis of
10 how much under-ascertainment would need to be
11 occurring in the psychiatric cohort to see
12 significance.

13 In the FDA's document also, they talked
14 about there hadn't seemed to be a full synthesis of
15 the different safety data sources in terms of the
16 endpoints. So it leaves me, at least, a little at
17 pause as to has that all really been completely
18 wrapped together and adjudicated and looked at as
19 robustly as it could be.

20 DR. MORGAN: Glen Morgan. I have nothing
21 further to add.

22 DR. MARDER: This is Steve Marder. My only

1 concern is that I would have hoped that the primary
2 endpoint would have defined the kind of moderate
3 adverse events that one would expect in this
4 population. And what keeps gnawing at me is why is
5 the incidence of these events so low in the placebo
6 group? I thought that people who were withdrawing
7 from cigarettes felt crappy and they would have
8 more -- so I agree with everything else that has
9 been said, but just sort of a gnawing concern that
10 the primary endpoint may not have been very
11 sensitive.

12 DR. EMERSON: Scott Emerson. The potential
13 impact of variability in data collection, adverse
14 event coding, and case definition on the primary
15 endpoint. Potential impact is huge. That's really
16 what it comes down to.

17 Again, as I say, I think as it was designed,
18 I think the plan was good. There are some problems
19 about how it turned out that I have some problems
20 with.

21 First off, I'll mention that I agree with
22 Dr. Parker on this idea of dealing across countries

1 in psychiatric disease, different cultures, is very
2 hard. My whopping eight weeks of psychiatry that
3 I've had in my life, one of my professors remarked
4 on the fact that diagnosing mania; what was mania.

5 He said in his native India, in post-
6 colonial times, mania would be people -- their
7 concept or delusions of grandeur was carrying an
8 umbrella and speaking English. In Seattle, where I
9 have lived now for quite a number of years, believe
10 me, the people carrying umbrellas and speaking
11 English are depressed.

12 I worry about how all of these things
13 translate, and perhaps we're seeing some of that in
14 the variable rates across the centers. Again, I
15 focused, unlike Dr. Marder, on what was the placebo
16 rate, and the sponsor spoke to, in their design,
17 saying, we had no idea, so we made it up. So I'll
18 account for that a little bit.

19 What I was going to say when I first read
20 the things, of saying, well, you were expecting
21 7 percent and you got 5 percent. So is that a
22 problem due to the underreporting? And realize

1 that if you underreport enough, the two groups just
2 look identical at zero and zero.

3 So while I was all in favor of their primary
4 analysis start out, this is what I would do. I
5 would do a risk difference analysis. I'd like to
6 judge the public health impact, but all of those
7 zero-zero centers with a risk difference, we're
8 treating that data as it's very real. And when you
9 switch instead to a risk-ratio analysis, those sort
10 of become non-informative; that is, the zero-zero,
11 and you're not as much pretending that you have a
12 lot of precision with that.

13 So when I was asking the FDA about why you
14 were doing this, one of the reasons I would have
15 gone to an analysis, in my exploratory analysis,
16 for the risk ratio was in fact to say, well, if
17 you've got some centers that are just reporting
18 nothing -- because if their biases are that this is
19 all okay -- in this study, unlike an efficacy
20 study, you can make anything look safe if you say
21 nobody has a problem, then we've got to worry about
22 what happens with that.

1 If it's just individual centers, then you
2 have to say, well, we can contaminate a study with
3 non-response, we can contaminate a study with
4 people where we can't possibly show the difference
5 on either arm, and the risk ratio will stay fairly
6 constant.

7 If the contamination is pure, that you won't
8 have any response on either arm, in which case,
9 that drives me a little bit more towards thinking
10 about the risk ratio rather than the risk
11 difference. As much as the sponsor said that they
12 of course were not going to test any hypotheses, a
13 number of them got up and interpreted lack of
14 statistical significance as absolute equality.

15 So I'll channel Tom Fleming in saying,
16 "Absence of evidence is not evidence of absence,"
17 and we need to be very careful in saying we know
18 that it's equal because it's not statistically
19 significant.

20 We don't know any such thing. And we should
21 really, in a safety endpoint, be focusing a little
22 bit more on the upper bound of the confidence

1 interval and what do we see. And that is somewhere
2 a relative risk, I'm going to claim, of 1.8 to 2,
3 using the negative binomial data that was precise
4 or faking analyses using the risk difference.

5 We are still in that same target, with the
6 point estimate at being somewhere in the 1.35 to
7 1.4 increased risk; not statistically significant,
8 I'll grant you, but it's just saying that's what
9 our estimate is. And if we're worried about
10 safety, we don't live and die by the .025 one-sided
11 significance.

12 So the impact can be large here in terms of
13 what we're looking at. And I'm having a slight
14 bent toward looking at the analysis that they've
15 have done, relying on my belief that I didn't see
16 anything big that made me fear the randomization
17 was not good, that the blinding was not good; the
18 missing data aspect that we're missing data on
19 about 20 percent of the subjects, of which I
20 believe it was around 10 percent of those subjects.
21 It was missing data, that they dropped off the
22 study during the treatment phase, not just the

1 treatment.

2 The bias, the large tails of this, the low
3 numbers of events in a few sites was countered with
4 extremely high events in the other site, and that's
5 also the way the to lie with statistics, is just
6 say everybody has an event. And if everybody has
7 an event, then it also looks equal.

8 Well, it went up to 15 percent rates in some
9 of those sites, and I don't really know what that
10 would do. But recognize that if you want to mess
11 up a relative risk, then throw in bias of noise on
12 that. So it just makes it much more difficult to
13 determine what happened.

14 So as I look at all of these analyses,
15 living with the primary endpoint as it was
16 originally defined, clearly, this study was never
17 designed to really have high power to detect the
18 most severe neuropsychiatric adverse events, but
19 was instead trying to cast a slightly wider net on
20 what some less severe events might have.

21 Using that endpoint, I'm struck by that 1.4
22 relative risk as an estimate that is with a

1 confidence interval that goes on up towards 2, and
2 that is bothersome given the plausibility in that
3 patient population of exacerbating an underlying
4 condition.

5 Then it comes down to what do you believe
6 the baseline rate is, and we'll have to discuss is
7 a black box warning worth a relative risk of 2 not
8 being ruled out.

9 DR. PARKER: And we're coming to that.

10 DR. EMERSON: Exactly. So it's just this
11 concept of how to look at those events. But in the
12 most severe events, we don't have enough power to
13 really assess what those rates would be, and I'll
14 comment more as we come to the observational data
15 with respect to those.

16 DR. PARKER: Dr. Conley?

17 DR. CONLEY: Yes, thanks. I agree with a
18 number of the comments that have happened here
19 today. First was the study, Dr. Rimal, is it
20 really designed to take off that black box warning
21 as opposed to detecting what is a change in
22 agitation.

1 I do think that the concern about can we
2 really get the real number of hospitalizations
3 actually is important. Why that is, is partly
4 addressing this question of the -- in the data
5 variability from the sites, a concern I have is
6 that the FDA's presentation seemed pretty informal.

7 I recognize you felt like you had a lot of
8 problems, but it would have been nice to understand
9 the precision in some ways of those problems. How
10 many cases were you having a hard time
11 ascertaining, not so much are there just examples
12 of there are a few cases where we can't figure out
13 what's going on. I figure that's always true, but
14 it was hard for me to still gauge exactly how bad
15 this is or not or how accurate stuff is.

16 That said, I think what was done
17 statistically made a lot of sense to me, a lot of
18 the sensitivity analyses coming out more or less
19 the same. I did have a bit of concern that it
20 seemed at the end of the day, you said, well,
21 there's a little more of a rate in the psychiatric
22 group, which I think I can understand why, but you

1 underemphasize that you never did lose the lower
2 rate in the non-psychiatric group.

3 So I do wonder why you weighted one more
4 than the other, since they had about the same
5 number in it.

6 It is helpful that the Columbia and the HADS
7 were the same. I think that's important in
8 understanding that probably you're not seeing
9 anything here. But I do hear your last comment,
10 that if you get a bunch of zeroes, it's always a
11 worry.

12 So to me, the things that are hard to not
13 detect, like hospitalizations and things like that,
14 that being flat would be reassuring to me that
15 there isn't a real difference, understanding that
16 there is potentially problems with the sites in the
17 study.

18 DR. PARKER: Dr. Hertz?

19 DR. HERTZ: I can't help myself, but feel
20 compelled to comment on one thing you said. I
21 don't really think that it's completely the
22 responsibility of the agency to detect all of the

1 problems with the company's lack of data capture.

2 The fact that we have identified a problem
3 is, I think, the relevant point here. I know how
4 much work has gone into a literal page-by-page
5 review of -- I'm not looking for a response. This
6 is not a discussion. I'm just addressing the fact
7 that our expectation is that a company will
8 identify problems and bring that forward.

9 We attempt to anticipate problems and
10 specifically request in advance certain things,
11 which we did not get with this. This is not our
12 first time asking this company for informative
13 narratives.

14 This expectation of if two sites are found
15 not to be providing the type of study conduct, that
16 the inspection would go on further to look to see
17 how broad it is, but we do our best to fill in when
18 we have questions like this.

19 So we have done a substantial page-by-page
20 analysis, and that's why these issues have been
21 brought to light here. But it would be nice if not
22 just presenting the best possible analysis, but we

1 could get to some of the weeds from the company
2 itself, who clearly must have access to all of the
3 potential issues not only that we identified, but
4 presumably their own analyses detected at some
5 point.

6 DR. PARKER: Let me offer a summary here, if
7 I can. The variability of data collection -- this
8 relates broadly to the conduct, and the first,
9 design, this being a focus on the conduct.

10 The variability of data collection, the
11 coding of adverse events; impact of variability,
12 and that impact really is the issue becoming that
13 of the black box warning removal, which is what
14 we're moving toward; the potential impact of this
15 variability in data collection; and the coding of
16 adverse events.

17 Its potential impact is huge. There were
18 comments about heterogeneity; comments about
19 language, culture; validity of measures;
20 variability across sites, quality control there;
21 noise in the data, much of that relating to this
22 notion of agitation and whether that's drug

1 exposure or nicotine withdrawal.

2 The noise itself is driving an endpoint and
3 makes it incredibly hard to interpret the endpoint.
4 Precision around outcomes or events like hospital
5 admission, there being a lot of zeroes and hard to
6 know what to do when there are a lot of zeroes; the
7 NAEI; the lack of informative narratives, which
8 were to be a part of an established protocol for
9 the study. It was not to be used as a checklist,
10 but anytime there was affirmative response, it was
11 to be a narrative, and those narratives were not
12 provided, which was a part of the intended study
13 design.

14 Potential for misclassification; bias;
15 again, sample size came out again. Could there be
16 a systematic underreporting across of adverse
17 events? If we don't know what's really missing,
18 you can't really address it statistically, being a
19 comment.

20 How accurate the blinding really was; the
21 primary endpoint; why is the incidence so low in
22 the placebo group, and a question about the face

1 validity of that; there not being more happening in
2 the placebo group, who is going through nicotine
3 withdrawal.

4 Which analyses? In general, the primary
5 outcome first, the sensitivity analyses that were
6 done did appear to line up with the results there
7 and have similar findings.

8 I hope I didn't miss anything major in that.
9 Can we do one more before we move? Is that okay?
10 Everybody on board? Here we go. Let's do
11 number 3. I'm sorry.

12 DR. WINCHELL: If I might, I think we can
13 circle back to this when we talk about people's
14 recommendations for labeling, but if people felt
15 that one or another of the sensitivity analyses is
16 a better representation of the overall findings,
17 for expressing the results of the study, that's
18 something we'd like to hear.

19 DR. PARKER: Let me remind us of that when
20 we get to that, if we've lost that thought chain.

21 Let's move on to topic number 3. Discuss
22 how you weigh the evidence -- but this relates to

1 the observational studies -- when evaluating the
2 risk of serious neuropsychiatric adverse events in
3 patients taking smoking cessation products.

4 This should focus specifically on the
5 observational studies, and how you take in and use
6 that evidence when you are evaluating the serious
7 neuropsychiatric adverse events.

8 Any clarifications needed to that or can we
9 start? All good?

10 (No response.)

11 DR. PARKER: So focused on the observational
12 studies and impact. Remember, focus comments, all
13 19 of us, and if you don't have anything to add,
14 it's fine to just say so. Thank you. We'll start
15 with you, Dr. Conley.

16 DR. CONLEY: Rob Conley. I appreciated the
17 analysis of the observational studies. To me, it
18 does suggest sort of the same problem we were
19 talking about in the trial, is that at one level,
20 it was hard to really have correct ascertainment of
21 the cases because of the level of data you have in
22 observational studies, and that's an obvious thing,

1 important, though.

2 The thing that I was sort of missing in it
3 is whether or not this can be supportive evidence.
4 Here, there were some studies positive, some
5 studies negative, most hovering around the middle.
6 What I didn't come away with a clear understanding
7 of is can I trust that to say I heard that, but at
8 the end of the day, we'd like to have this study
9 get done.

10 Well, it's done. So can we have a help with
11 these observational studies? I still just have a
12 question mark in my mind about that.

13 DR. EMERSON: This is Scott Emerson, and I
14 don't weigh them much at all. The issue is that
15 the biases that have been pointed out, particularly
16 the time frame where there's going to be a
17 channeling bias, the ascertainment bias.

18 The other aspect is just the definition of
19 the endpoints that makes it very hard to compare,
20 and particularly some of the studies that were
21 showing a hazard ratio of .5 with a,
22 roughly -- with a very, very narrow bound, if

1 you're looking at it and saying -- if we had seen
2 that same data on an endpoint that we thought we
3 could compare with the clinical trial, I would be
4 holding this up and saying, yeah, this proves that
5 the observational study is just completely
6 worthless.

7 So I wasn't certain how much I should drop
8 back because of that, where there's too many cases
9 in which the observational studies show results
10 counter to the clinical trials that were later
11 done, and I just think that I trust the clinical
12 trial here far more.

13 DR. MARDER: Steve Marder. I agree with
14 Dr. Emerson. I have nothing to add.

15 DR. MORGAN: Glen Morgan. I'm kind of in
16 the middle. I feel that the trial that was
17 conducted and the clinical trials generally are
18 stronger indications of the signal that we're
19 looking for, but that doesn't mean that an
20 observational study or a case report is without
21 utility. I consider it all data that we should
22 attend to.

1 DR. MORRATO: Elaine Morrato. I
2 participated in the 2014 review in which we looked
3 at the observational data. And at that time, I
4 agreed with the committee members and the FDA's
5 decision that observational studies weren't
6 adequate to address the safety question, and the
7 data was required.

8 Now, I believe some of the observational
9 data was incorporated into labeling, to some
10 degree. As we think about label changes and if we
11 decide to added in the trial data, and if some of
12 the trial data is inconsistent with now a wide
13 variety of observational data, we may need to go
14 back and relook at, well, which observational data
15 do you now include.

16 While it is in sort of the matrix of all
17 available data, I don't think we want labeling that
18 has some data inconsistent with the overall warning
19 message. So we can discuss that when we discuss if
20 the trial data goes in and how and so forth.

21 DR. PERKINS: Ken Perkins. I don't have
22 anything to add.

1 DR. HERNANDEZ-DIAZ: Sonia Hernandez-Diaz.

2 I think that the observational studies are
3 sometimes as good as clinical trials and can help
4 in many occasions. They have larger sample sizes
5 for some events and longer follow-up sometimes, and
6 they represent the real-world evidence.

7 However, in this case, when the outcome that
8 we are going after is some psychological,
9 psychiatric, or even like a feeling kind of
10 outcome, that of course is not going to be
11 capturing claims databases, and that together with
12 the room for confounding of -- if it is smoking
13 cessation itself, what is affecting the outcome,
14 et cetera, and that makes observational studies
15 potentially biased because of this confounding.
16 And actually, only those with active treatment
17 would be close to an answer.

18 When I support observational studies, in
19 this particular case, I think the best evidence is
20 coming from the clinical trial.

21 MS. HIGGINS: Jennifer Higgins. I have
22 nothing further to add.

1 MS. GILLESPIE: Terry Gillespie. I have
2 nothing further to add.

3 CAPT. BUDNITZ: Dan Budnitz. No additional
4 comments.

5 DR. WINTERSTEIN: Almut Winterstein. I
6 agree with what Dr. Hernandez-Diaz just said.

7 DR. GERHARD: Tobias Gerhard. You'd be
8 hard-pressed to find a bigger proponent of
9 observational research, but in this case, I also
10 think it's an application where the observational
11 studies, as demonstrated or as shown in the
12 thoughtful presentation by Dr. Pratt, really has
13 severe limitations and really don't contribute much
14 to what we have from the trial here.

15 DR. PARKER: Nothing to add. Ruth Parker.

16 DR. NARENDRAN: Raj Narendran. Nothing to
17 add.

18 DR. PICKAR: Dave Pickar. Nothing to add.

19 DR. FIEDOROWICZ: Jess Fiedorowicz. Nothing
20 to add.

21 DR. ROUMIE: Christianne Roumie. I have
22 nothing to add.

1 DR. RIMAL: Rajiv Rimal. I also have
2 nothing to add, except to say that I think it's a
3 sequencing, that if that had come -- given that we
4 now have an RCT, I don't think it adds much.

5 DR. HENNESSEY: Sean Hennessey. I'll just
6 note that this is a difficult outcome to study
7 using health care data, and I don't believe that
8 the existing studies add much to our understanding.

9 DR. PARKER: Dr. Besco?

10 DR. BESCO: I agree also with the previous
11 comments.

12 DR. PARKER: Let me give a quick summary
13 here for the observational studies. Good job on
14 that, team, by the way. That was really well done.
15 Well done.

16 Though observational studies can be even as
17 good as clinical trials and do have utility,
18 especially given their size, there was a lot of
19 discussion about the outcome related to psych
20 outcomes not being well captured in claims data;
21 comments about biases specifically related to
22 channeling time frame in the observational studies;

1 definition of endpoints; more trust, therefore, in
2 the clinical trial; the observational studies alone
3 not being enough to adequately address safety; yet,
4 the sequencing of the trials as they happen with
5 the observamentals preceding the clinical trials
6 was not a bad idea.

7 Another comment that relates to how labeling
8 changes, especially as we move toward addressing
9 whether there will be any or need to be any, that
10 they should reflect beyond the observational
11 studies, since current labeling up to this point
12 did not have the availability of the results from
13 the clinical trial that we've discussed today.

14 How about we take a really only 10-minute
15 break, and then we come back, and we're going to
16 power through the rest of this. Thank you.

17 (Whereupon, at 3:44 p.m., a recess was
18 taken.)

19 DR. PARKER: As we're all taking our seats,
20 let me just let everyone know, we've got a couple
21 more points specifically for discussion, and we do
22 have our voting question. We will not be taking

1 time to go back into data and pull slides. We're
2 going to stick very specifically to the task at
3 hand and offer our advice on these discussion
4 points rather than dig back down into the data
5 points.

6 Okay. Topic number 4. Based on the results
7 of the clinical trial and observational studies,
8 discuss the impact of psychiatric history on the
9 occurrence of neuropsychiatric adverse events
10 during smoking cessation therapy. So the focus
11 here is the impact of psychiatric history on the
12 occurrence of the neuropsychiatric adverse events
13 with smoking cessation therapy.

14 So true to our form before, we'll go around,
15 and if you will offer your comments related to
16 that. We'll start with you, Dr. Hennesey. Thank
17 you.

18 DR. HENNESEY: Sean Hennesey. The absolute
19 frequency of neuropsychiatric adverse events is not
20 surprisingly higher in people with mental health
21 conditions than people without mental health
22 conditions. And in addition, the frequency of all

1 neuropsychiatric adverse events appears to be
2 higher in the varenicline group compared with the
3 placebo group. But when you look specifically at
4 serious events, they do not appear to be more
5 common in the varenicline group than the placebo
6 group.

7 I hope that answers the question.

8 DR. RIMAL: Rajiv Rimal. We just, for lack
9 of a better term, trashed observational studies. I
10 think that given the study design, we don't have
11 the requisite data to answer that question because,
12 in my mind, to answer that question, we would need
13 to randomly assign people who have history to these
14 different arms and sufficiently powered to detect
15 those two kinds of differences. And I don't know
16 the answer to that question.

17 DR. ROUMIE: Christianne Roumie. I think,
18 based on the data we've seen, there appears to be
19 numerically more events among patients with a past
20 psychiatric history. And I will leave it at that.

21 DR. FIEDOROWICZ: Jess Fiedorowicz. Persons
22 with psychiatric disorders are a potentially

1 vulnerable at-risk population that is known to have
2 a high prevalence of smoking in excess and dramatic
3 burden of related morbidity and mortality, and to
4 be undertreated with smoking cessation therapies.

5 Subsequently, we must be cautious and avoid
6 overinterpreting the numerically higher incidence
7 of neuropsychiatric effects observed on varenicline
8 and bupropion than on placebo. We should require
9 compelling evidence to separate this subgroup from
10 the general population in terms of risk-benefit
11 analyses.

12 With regard to the cohort with the
13 psychiatric history, there was no evidence of a
14 cohort by treatment interaction on outcome. Within
15 the cohort with the psychiatric history, the
16 numerically higher incidence of NPS events in the
17 cohort of persons with psychiatric disorders was
18 not demonstrated to be a non-chance finding. That
19 is all I have to say.

20 DR. PICKAR: Dave Pickar. I think Jess has
21 gotten that right, but I do come away pretty
22 clearly in my mind that psychiatric populations are

1 particularly vulnerable to behavioral side effects
2 as they are with virtually all drugs that interact
3 with the CNS.

4 Fortunately, Chantix is a prescription drug,
5 and doctors administer it and manage patients, and
6 that's what people do when you manage psychiatric
7 patients. So I think that part of the story is the
8 clearest thing.

9 DR. PARKER: Okay. Let's get Dr. Besco.

10 DR. BESCO: Dr. Besco here. I also have
11 some difficulty answering this one to speak on the
12 underrepresentation of the patients with known
13 psychiatric issues and the random controlled trial,
14 and also based on issues with the pairing of the
15 study to detect the rare events.

16 DR. NARENDRAN: Raj Narendran, and I agree
17 with the previous speaker.

18 DR. PARKER: Ruth Parker. I agree as well.

19 DR. GERHARD: Tobias Gerhard. I agree with
20 Dr. Hennesey's comments. I think there is some
21 evidence. The study wasn't formally set up to
22 detect an interaction and test the difference

1 between the groups. But I think the
2 evidence -- also as shown on FDA's slide 29; I
3 think that's the second presentation -- is that
4 there is a higher incidence of events in the
5 varenicline group, in the group with psychiatric
6 history, but not in the group without. I think
7 that difference is meaningful for the label.

8 DR. WINTERSTEIN: Almut Winterstein. Yes,
9 if the confidence intervals of the presumably
10 protective effect in the non-psychiatric group and
11 the non-significant potentially increased risk in
12 the psychiatric group, if those confidence
13 intervals were compared, they probably would just
14 barely touch. So there may actually be some
15 statistical proof at least for an interaction or
16 for a modifying effect.

17 But this said, again, given that the
18 composite endpoint is composed of so many different
19 components, for the non-psychiatric group, the
20 types of outcomes that are reported, just looking
21 at those distributions, are also a little bit
22 different. So in the non-psychiatric group, that

1 is primarily agitation. In the non-psychiatric
2 [unclear] group, agitation is still the leader, but
3 then aggression, panic, mania, depression, anxiety
4 have a much larger contribution as well.

5 So it's hard to compare those results
6 because even though we're thinking we're looking at
7 the same outcome, we actually don't. So I do think
8 it makes sense to at least consider a warning that
9 would say that this might be that the psychiatric
10 population might be a more vulnerable population
11 with respect to side effects.

12 CAPT BUDNITZ: Dan Budnitz, no additional
13 comments.

14 MS. GILLESPE: Terry Gillespe, no additional
15 comments.

16 MS. HIGGINS: Jennifer Higgins. I believe
17 the data really show a propensity for increased
18 neuropsychiatric issues among this population,
19 psychiatric population cohort.

20 DR. HERNANDEZ-DIAZ: I think there were more
21 events -- with psychiatric history.

22 DR. PERKINS: Ken Perkins. It does seem to

1 be a trend, but I was convinced that it was not
2 statistically significant. So that's my comment.

3 DR. MORRATO: Elaine Morrato. I would just
4 add that I found it interesting in the FDA slide 7
5 and 8, I believe, when it was the Kaplan-Meier
6 curve looking at the cumulative incidence of
7 events, that in the psychiatric -- those were the
8 psychiatric history, while it leveled off, was much
9 steeper, continuing out through the whole 120-140
10 days, whereas those without the psychiatric history
11 kind of leveled off much sooner, closer to 40 days.

12 So we didn't really discuss the time
13 clustering of events in the trial and whether or
14 not it was similar or not to case reports, which
15 seemed to be around 14 days, but that may be
16 something worth looking into.

17 DR. MORGAN: Glen Morgan, no further
18 comment.

19 DR. MARDER: Steve Marder. As I look at it,
20 I see a higher risk of these adverse events in the
21 psychiatric group. The thing is, most
22 psychiatrists don't see the world of psychiatric

1 patients as a single group; they see them as people
2 with individual illnesses. And it would be useful
3 in the future to take that data -- you know, that
4 comes more risk related to what illness they have.

5 DR. EMERSON: Scott Emerson. I'll just note
6 that when I am studying drugs that I think might be
7 renotoxic, I naturally separate the population into
8 those who are already renal compromised and those
9 who aren't. So in that same token, I would do this
10 here.

11 I would not personally recommend to anybody
12 that they power a study to detect that interaction,
13 possible interaction, statistically. That takes a
14 sample size 4 times greater than a single study,
15 whereas I can answer in each subgroup separately,
16 maintaining my type 1 error with about 2.3 times as
17 many subjects. So answering it in each subgroup is
18 important. I think it's not significant trends
19 towards acting differently in those subjects with
20 prior history.

21 DR. CONLEY: Rob Conley. I would agree with
22 what I've heard from the group that I did certainly

1 see a higher rate of psychiatric events in those
2 who had prior psychiatric illness, but I really
3 didn't see compelling evidence that there was a
4 difference in the non-psychiatric versus
5 psychiatric ones. I mean, it does look like there
6 might be a trend there -- I'd agree with my earlier
7 commenters -- but I wasn't sure that that was
8 really enough of a separation to know what that
9 meant.

10 DR. PARKER: So a summary here; a trend to
11 an increased risk for adverse events among those
12 with neuropsychiatric diagnoses, that it would also
13 be helpful to have data more specific to which
14 psychiatric diagnosis as we think through this a
15 little more.

16 Also, other comments that we don't actually
17 have enough data to answer this completely, noting
18 that there are more events among patients with a
19 past prior psych history, and also comments that
20 indeed those with a psychiatric history are more
21 likely to be smokers, more likely to have
22 neuropsychiatric symptoms and other comorbidities

1 as well.

2 One other comment related to the
3 underrepresentation of patients with
4 neuropsychiatric symptoms overall, and another
5 comment that I believe probably again relates to
6 the agitation noise -- I will call it -- warning
7 for the psychiatric population, that they may
8 indeed be more vulnerable to side effects, and that
9 being something for consideration as we move toward
10 thinking specifically about the labels and the
11 content that is on the labels.

12 Let me just ask the agency, is this adequate
13 for what you were looking for?

14 (Dr. Hertz nods in the affirmative.)

15 DR. PARKER: Great. Okay.

16 So we will move now to question 5, which is
17 the only voting question that will be before us
18 today. We have question 5, and then in question 6,
19 we'll be looking for the rationale for the answer
20 that is provided in the voting question number 5.
21 And it will be at that time that we'll look at any
22 additional labeling actions that we would advise

1 the agency considers, they think about this
2 broadly. But we'll first go to the voting question
3 here.

4 It looks like we've got some clarification
5 about what all this is about. That doesn't
6 surprise me. So let's start with that before we
7 move to the specifics about the voting.

8 Yes, Tobias?

9 DR. GERHARD: Not so much about what it is
10 about, but more about the process. So if I
11 understand correctly, we'll vote on this, and then
12 justify, go around, which is question 6. So
13 there's just one round. That's what I would
14 propose, otherwise, there will be a lot of
15 duplication.

16 DR. PARKER: That would be fine
17 because -- that's fine. The specifics around the
18 vote relate to the black box. And as you know,
19 labeling is more than just the black box. It was
20 my understanding that the agency was asking us to
21 look at more than just the black box. If all you
22 want us to specify is this about the black box

1 warning, that certainly would relate to the
2 justification for the vote in number 5.

3 DR. GERHARD: So are you planning to do one
4 more round of comments or two rounds?

5 DR. PARKER: Let me ask the agency what
6 they're looking for in their input, but I have a
7 feeling they want to know more than what we're
8 going to get at just with the black box. Let's
9 just ask them, but I hear what you're saying.

10 DR. GERHARD: I agree, but I think it all
11 fits in one justification. Going around once and
12 concluding everything that one has to say about the
13 removal of the black box and suggestions for the
14 label might be most efficient.

15 DR. HERTZ: This is Sharon Hertz. That's
16 certainly an acceptable option, as you go around
17 and have people say their vote for the record and
18 their reason for the vote. If you want to ask for
19 any additional labeling comments in that same
20 round, that certainly is an acceptable option.

21 DR. PARKER: A couple of other
22 clarifications.

1 That's fine. So let's plan that what we'll
2 be doing then is we'll vote, and then we'll go
3 around once, and we will explain why we voted the
4 way we did, the rationale for that; and at that
5 time also address any additional labeling action so
6 that we go around once. I'm all about efficiency.
7 But it looks like there are some questions related
8 to that, so let's make sure everybody's clear
9 because this will be the last time we all go
10 around.

11 Yes, Dr. Winterstein?

12 DR. WINTERSTEIN: I actually have a question
13 to the FDA, and it's a history question. There
14 have certainly been occasions that I remember where
15 spontaneous reports were sufficient evidence to
16 create a black box warning in the past. Usually
17 then, there's also some biological pathway, and the
18 pharmacology makes sense, so there's plausibility
19 in some way or fashion.

20 From what I understand, the decision to put
21 a black box warning in place was based on this
22 spontaneous report, right? There was no other

1 evidence at that point. I'm just curious. If you
2 just could recall the evidence that was available
3 then for us, that actually triggered the black box
4 warning at that point, that would be helpful to me.

5 DR. RACOOSIN: Judy Racoosin. It was the
6 review of spontaneous reports that had been
7 submitted to FDA, to the FDA adverse event
8 reporting system, as well as reports that had been
9 submitted to the sponsors, and that were then
10 submitted to FDA. So yes, based on case reports.

11 DR. PARKER: Dr. Budnitz?

12 CAPT BUDNITZ: This is a question to the
13 agency as well. We saw some of the ordinary
14 situations leading to black box warnings, but we
15 didn't hear any precedents or considerations for
16 removing or changed boxed warnings. Can the agency
17 add any insights in regard to that?

18 DR. RACOOSIN: So there are relatively few
19 examples, and none of them are particularly
20 contributory to where we are, what we're
21 considering today. The one that might be the most
22 relevant but is not terribly relevant is

1 ambrisentan, which is the second in a class of
2 treatments for pulmonary artery hypertension. The
3 first drug that was approved in that group was
4 bosentan, and there is a signal for hepatotoxicity
5 and teratogenicity.

6 Bosentan had a boxed warning for both of
7 those, and then when ambrisentan was approved, it
8 also got a boxed warning for both hepatotoxicity
9 and teratogenicity. The data supporting the
10 hepatotoxicity boxed warning was not terribly
11 robust at the time, but then there was the
12 consideration that, well, maybe this is a class
13 effect, and so it originally got that boxed warning
14 and approval.

15 Subsequently, over time, the sponsor
16 collected information through a variety of data
17 streams that did not bear out the hepatotoxicity
18 risk with ambrisentan, so eventually the boxed
19 warning for hepatotoxicity was removed. So it was
20 not based on -- it was based on a number of streams
21 of postmarketing data that had come through that
22 the sponsor collected.

1 The other examples I don't think are
2 particularly relevant. There was one where inhaled
3 corticosteroids had a boxed warning related to
4 concerns about patients being treated or having to
5 be -- when inhaled corticosteroids were first
6 approved, there was a boxed warning about the risk
7 of adrenal insufficiency. There were concerns
8 about that. Eventually, after 20 years, that box
9 got removed because the practice of medicine,
10 people understood how to use inhaled
11 corticosteroids. I think that's about it.

12 CAPT BUDNITZ: So this could be potentially
13 precedent-setting if this box was removed beyond
14 this particular case.

15 DR. HERTZ: Yes. So I think that if an
16 analogous situation were to occur where case
17 reports and spontaneous reporting supported a box,
18 and a subsequent study suggested the signal might
19 not support it, people would refer to this. But I
20 don't know that -- I mean, it's all going to be the
21 devil in the individual details of the strength of
22 the risk in the studies.

1 DR. PARKER: If I could just also ask the
2 agency to clarify. I know in our comments, as we
3 go around, we'll be mentioning, discussing any
4 additional labeling actions. And you mentioned
5 previously this relates to the box, the warning,
6 precautions, the med guides, potentially REMS,
7 because I assume this is across all of the smoking
8 cessation products. It's not just the black box
9 warning here.

10 So maybe it's important to make sure
11 everybody understands, as we provide comments,
12 we're also providing comments not just about the
13 black box warning for the varenicline, but I assume
14 we would be looking at these other potential
15 components of the warnings, precautions,
16 med guides, REMS, for other products, including the
17 other ones that have been discussed today and
18 whether or not there's input regarding that.

19 DR. HERTZ: Yes, that would be true for the
20 bupropion for the smoking cessation indication.
21 But the over-the-counter products don't carry those
22 types of warnings, so it's a different

1 consideration there. But certainly for varenicline
2 and bupropion, yes, all of the traditional
3 prescription labeling options, the warning, any
4 other labeling within the full prescribing
5 information, the medication guide.

6 DR. PARKER: Was the request also from GSK
7 about the REMS or about any particular components
8 that you want addressed here?

9 DR. HERTZ: Well, the REMS issue in this
10 case, this was just the MedGuide REMS. So I don't
11 know that there's a lot of the REMS discussion per
12 se. I think it might be most helpful if the
13 discussion was more about the medication guide, and
14 then we'll take care of that connection with the
15 existing REMS.

16 DR. PARKER: Let's go to the phone.
17 Dr. Besco?

18 DR. BESCO: I'm so sorry. I forgot to
19 unmute myself. Kelly Besco. Actually, my question
20 was about the precedent of removing a black box
21 warning. So that's already been answered, so I
22 don't need to ask a question.

1 DR. PARKER: Dr. Morgan?

2 DR. MORGAN: It was on an earlier slide.
3 The criteria for having a black box is that there's
4 a high risk of a serious adverse event. Is that
5 correct? Or is it when there is a unknown yet very
6 serious event? I'm trying to get a sense of what
7 are the criteria to decide. It's a little
8 difficult to say black box/no black box, or change
9 the black box.

10 DR. RACOOSIN: Slide 21.

11 DR. MORGAN: They've got it up now. Great.
12 Thank you.

13 DR. PARKER: Dr. Morrato?

14 DR. MORRATO: I thought it would be helpful
15 maybe if you can share with us a little of the
16 thought process that FDA uses. So when it's
17 something that is so serious in proportion, how do
18 you -- and maybe this is what you want us to
19 comment on. But in general, how do you approach
20 that? Can it be so serious in terms of magnitude,
21 severity, life-threatening; so serious in terms of
22 frequency versus rare; so serious relative to the

1 benefit, so we really should be looking at serious
2 in a benefit-risk way?

3 DR. HERTZ: I would say that it's not so
4 much an absolute frequency. It's more the severity
5 aspect of it and the importance of making it
6 prominent in the risk-benefit considerations for
7 the product where the risk might outweigh the
8 benefit, or the risk can be mitigated in a certain
9 way. So that's kind of what this is trying to get
10 at.

11 I do want to remind everyone that the
12 presence of a box or the removal of the box doesn't
13 negate that there are other warnings in labels. So
14 section 5, which is our standard warnings and
15 precautions, would also still have information.
16 Decisions about the box would not change the
17 decision of having a warning necessarily, unless we
18 actually had no reason to consider any longer that
19 signal.

20 DR. MORRATO: So does the box make a
21 difference on the ordering of warning information
22 in a med guide? That's what's being proposed, is

1 that whole section that starts the current patient
2 med guide around psychiatric be deleted.

3 DR. HERTZ: The ordering in section 5 is
4 reflected. So even if there's not a box -- so
5 typically if something rises to a box, it will be
6 higher in section 5, but in the absence of a box,
7 the ordering in section 5 is meant to reflect some
8 degree of concern.

9 DR. PARKER: Okay. We're going to be using
10 an electronic voting system for the meeting. Once
11 we begin the vote, the buttons will start flashing,
12 and will continue to flash even after you've
13 entered your vote. Please press the button firmly
14 that corresponds to your vote. If you're unsure of
15 your vote or you wish to change your vote, you may
16 press --

17 DR. FIEDOROWICZ: I had a question.

18 DR. PARKER: Oh, I'm sorry. I do apologize.
19 I didn't see it. Yes?

20 DR. FIEDOROWICZ: I just wanted to clarify,
21 we mentioned a precedent, but is there any reason
22 that we wouldn't apply the same criteria for the

1 black box, to overturn the black box as to
2 initiating it? This is a question for the FDA.

3 DR. HERTZ: No. We showed the criteria for
4 a box because if you feel that the data support any
5 of those criteria, please feel free to let us know
6 that.

7 DR. PARKER: Let me check. Any other
8 questions here, before we do the vote?

9 (No response.)

10 DR. PARKER: We will be using an electronic
11 voting system, as I said. Once we begin the vote,
12 the buttons will start flashing and will continue
13 to flash even after you've entered your vote.
14 Please press the button firmly that corresponds to
15 your vote. If you are unsure of your vote or you
16 wish to change your vote, you may press the
17 corresponding button until the vote is closed.

18 After everyone has completed their vote, the
19 vote will be locked in. The vote will then be
20 displayed on the screen. The DFO will read the
21 vote from the screen into the record. Next, we
22 will go around the room, and everyone who voted

1 will state their name and their vote. We will also
2 go ahead and offer comments related to number 6 at
3 that time. We'll continue in the same manner until
4 we have completed.

5 Based on the data presented on the risk of
6 serious neuropsychiatric adverse event with smoking
7 cessation products, what would you recommend? A,
8 remove the boxed warning statements regarding risk
9 of serious neuropsychiatric adverse events; B,
10 modify the language in the boxed warning; or C,
11 keep the current boxed warning.

12 If you will enter your vote.

13 (Vote taken.)

14 MS. BHATT: The voting results, A is 10; B
15 is 4; C is 5; and there is zero no voting.

16 DR. PARKER: Great. We're going to go
17 around as suggested, and we'll start on this side
18 with Dr. Emerson and go around if you will. State
19 your name and your vote. And also in addition to
20 your rationale there, discuss any additional
21 labeling actions that you feel the agency should
22 take regarding the risk of serious neuropsychiatric

1 adverse events with smoking cessation products.

2 DR. EMERSON: This is Scott Emerson. I
3 voted to remove the box. It was a hard decision
4 between that and modifying the wording. But I
5 decided the way I'd modify the wording would be
6 watered down enough that you'd wonder why the box
7 was there.

8 I personally believe that the evidence from
9 the clinical trial is certainly suggestive enough,
10 that on a safety endpoint, you would want to have
11 strong warnings that there's a suggestion that
12 patients with prior psychiatric conditions should
13 be watched carefully while they're on the drug and
14 be sure to withdraw it otherwise.

15 But I wasn't convinced that based on the
16 data that we had -- again, relative risk of
17 approximately 1.4 on something that might be up to
18 a 7 percent baseline rate but was only observed at
19 a 5 percent baseline rate, that a lot of that was
20 driven by things that were unpleasant certainly,
21 but not necessarily life-threatening, any aspect of
22 that, that that rose quite to the level of a boxed

1 warning.

2 But I would be very much against anything
3 that watered down that concept that there was a
4 warning, and that the recommendations were in the
5 psychiatric cohort in particular, but with some
6 notice even in the non-psychiatric cohort that
7 these adverse events could occur; and that
8 certainly for the most severe things that led to
9 the anecdotal reports and the postmarketing
10 surveillance, we had nowhere near the sample size
11 that would have picked that up.

12 So we can't really claim that we're doing
13 that. It's just that the underlying risk and
14 casting the slightly wider net didn't raise any
15 strong suspicions to the level of boxed warning.

16 DR. MARDER: Steve Marder. I gave a lot of
17 thought to this, and I wavered. Ideally, most
18 physicians would prescribe varenicline and
19 bupropion, and they would also watch their patients
20 more carefully, but I didn't have that choice.

21 I really thought that increasing the amount
22 of prescribing was important. The fact that over

1 the years, with additional data that's come up,
2 that there hasn't been anything that's come up
3 that's sort of reinforced the initial anecdotal
4 spontaneous report, made me think that the signal
5 is just not strong enough to justify a black box.

6 DR. MORGAN: Glen Morgan. I voted in favor
7 of dropping the black box for three principle
8 reasons: the effectiveness of the medication; the
9 general population, but also specifically for the
10 psychiatric population that are especially
11 vulnerable because of their high rates of smoking
12 and their higher rates of failing to quit smoking
13 when they sought to cease. And the third reason is
14 the outcomes of the study that was presented
15 overall.

16 In terms of where we go from here with
17 guidelines and warnings, I would start with a
18 description of potential adverse events and serious
19 adverse events and say perhaps with an adverse
20 event, contact your practitioner. With a serious
21 adverse event, perhaps stop the medication and
22 contact your practitioner immediately.

1 DR. MORRATO: Elaine Morrato. I voted C,
2 and partly in principle I think in terms of the
3 precedent-setting nature. Not that the trial
4 couldn't change the boxed warning in my mind, but I
5 just felt that some more time is needed to really
6 complete a more robust sensitivity analysis in
7 light of some of the shortcomings that were
8 identified in the data collection and
9 ascertainment.

10 Not that the sensitivity conducted looks
11 promising, but I just had this sense that the
12 sponsor is turning a new analyses a week ago. FDA
13 I would imagine would like to have more time to
14 complete their analyses. In the briefing document,
15 there was mention that hundreds of narratives had
16 to be requested -- FDA could only do a
17 sampling -- to look at the adjudication, et cetera.
18 So I feel that because of the precedent-setting
19 nature of taking a box off, I would feel more
20 comfortable if that had been given the time to be
21 more robust.

22 In my mind, it's very similar to the Avandia

1 situation, where it was around the REMS and
2 loosening the REMS, and the RECORD study initial
3 analysis raised questions around the conduct. In
4 that case, an independent adjudication occurred.
5 And once the committee saw that full report, it was
6 more comfortable in voting in terms of lessening
7 the REMS. Assuming that turns out, and it confirms
8 the initial sensitivity analysis, I would support
9 what others are saying in terms of removing the box
10 and making it a warning.

11 This is the time where I know we're supposed
12 to talk about warning, and I know Dr. Perkins will
13 maybe add, but I was struck by -- I don't think I
14 would take out as much of the warning information
15 as what was proposed in the redacted labeling. I
16 think the sponsor was taking out all mention of
17 alcohol. And we haven't talked that, but I seem to
18 remember data that was suggesting that alcohol use
19 was one of the determinants of likelihood of
20 adverse events. So I think some of those data or
21 information shouldn't be removed completely when
22 this warning is discussed.

1 As I said earlier, I think careful attention
2 if you're going to add in the trial data. If there
3 is sensitivity analyses that might be illuminating,
4 some of that may need to be into the label,
5 depending, but I would recommend I think removing
6 the observational data or putting it into context.

7 The reason why I feel strongly on the
8 robustness of the sensitivity analysis is because I
9 worry; the unintended consequence of the message of
10 we removed a warning, and the message meaning, oh,
11 now it's safe, and then kind of the pendulum swings
12 the other way, and people assume everything is
13 safe. I think in this case, it requires careful
14 messaging that while a box is maybe being removed,
15 it doesn't mean it's being removed at all in total
16 from labeling as a warning.

17 DR. PERKINS: Ken Perkins. I voted to
18 remove the box. Clearly, there's a great
19 deal -- and the reasons are very similar to what
20 Dr. Morgan said, the clear efficacy of the drug for
21 help to quit smoking, especially the
22 neuropsychiatric population is less likely to get

1 it with the warning as it is, the lack of clear
2 evidence of an increased risk overall.

3 In terms of the labeling, there already is
4 quite a bit of information about symptoms to look
5 for and what to do if they occur, including added
6 symptoms. And I'm just going by what was provided
7 here as the suggested changes for, which appear
8 quite substantial in terms of adding the EAGLES
9 trial data as well, that those who prescribe this
10 drug and those who are doing the prescribing will
11 have clear information about what to watch for
12 anyway.

13 So we're not abandoning that possibility, so
14 that I think the information provided will be
15 improved in some respects and more clearly
16 indicating how people should proceed if they have
17 these serious neuropsychiatric symptoms.

18 DR. HERNANDEZ-DIAZ: Sonia Hernandez-Diaz.
19 I voted for removing the box, although I like very
20 much Dr. Morrato's qualifications of saying
21 something like pendulum, the feeling from FDA that
22 they have all the analysis they need to have. But

1 assuming the extra information on the sensitivity
2 analysis support the conclusions, then I will vote
3 to remove the box.

4 It was a hard decision to me because I think
5 it's important to highlight a warning that this is
6 especially important to prescribers. So I hope
7 that still in the label it's very clear that, yes,
8 there is an important increase of very important
9 outcomes right after starting the interventions to
10 quit smoking, however, we'll have to put a box to
11 all the interventions if we want to put a box.

12 So I think that that's important to make it
13 very clear in the label that risk is particularly
14 high in some groups with psychiatric disorders, and
15 probably also had a high risk before the
16 intervention, of course.

17 So I would not remove the wording of the
18 causal effect on the outcome from the interventions
19 since it may be an effect that is mediated through
20 quitting smoking or anything associated with it.
21 But there's still an effect. According to the
22 clinical trial in the first days, months, right

1 after the intervention, there is an increased risk
2 of these events. And I think it's important to
3 highlight for prescribers and patients that they
4 have to be watching out and careful about them
5 during these interventions.

6 MS. HIGGINS: Jennifer Higgins. I voted to
7 modify the language in the boxed warning. And I
8 appreciate the effort that was involved in
9 conducting the EAGLES trial, but I still worry
10 about the psychiatric population in particular,
11 with whom I work daily, and I did mention that in
12 some of my comments earlier. I think we also need
13 additional research to remove the boxed warning.

14 With respect to language changes, I'm
15 looking at the warning right now, and I think
16 something along the lines of, although risks of
17 neuropsychiatric symptoms may be present for all,
18 they're potentially enhanced risks for the
19 psychiatric population.

20 MS. GILLESPE: Hi. Terry Gillespe. I voted
21 to keep the box for the main reason that there are
22 a lot of people out there who don't admit that they

1 have problems. And if it's on there, and they do
2 have problems with this medication, they go to the
3 doctor, and the doctor says, oh, yeah, that's part
4 of the risk because of this reason.

5 I think that this drug should be given out
6 in combination with psychotherapy or some type of
7 psychiatric care because of the reasons that people
8 hide things that may cause effects, different
9 effects, of this medication.

10 CAPT BUDNITZ: Dan Budnitz. I voted B, to
11 modify the language of the boxed warning by adding
12 a description of the EAGLES study, but also
13 including caveats and limitations of the study,
14 many of which we discussed today.

15 I was conflicted in this decision. I work
16 at CDC, but I don't represent the agency here. But
17 I certainly want to promote the availability of
18 smoking cessation therapies because, obviously,
19 decreasing smoking is a national public health
20 priority, and we should try to reduce barriers to
21 treatment options.

22 If removing a box would do this, that's

1 good, but on the other hand, I don't want to
2 necessarily set this precedent because removing a
3 box based on this single study, where it's an
4 unvalidated outcome measure that's really been
5 used, and there's concern about complete
6 ascertainment of this outcome of adverse events, I
7 don't think is a good precedent to set for removing
8 a box.

9 I would add that the rationale for keeping
10 the box that I used was having a box to highlight
11 especially important information for prescribers.
12 And I think that especially important information
13 is these suicide attempts and suicidality, which
14 was an outcome that, I think we agree, the study
15 was not powered to address. So if that's the
16 rationale for the boxed warning, we don't have the
17 data to remove it.

18 So in conclusion, I'd hope that modifying
19 the language would still allow prescribers to have
20 that information, but also improve access for folks
21 as well for treatment.

22 DR. WINTERSTEIN: Almut Winterstein. I

1 voted A, and I could easily have voted B. And I
2 was conflicted in what I was supposed to do, and
3 here is the reasoning for that.

4 I do think that the evidence for the boxed
5 warning has actually not changed much to the time
6 when it was implemented. We do have a clinical
7 trial that was fabulous to put together, and 8,000
8 patients is an amazing accomplishment. And I think
9 we all agree that the claims data doesn't have the
10 ability to really address this problem or measure
11 the outcome effectively or adequately. But this
12 trial unfortunately didn't do this either, so now
13 we are left with a trial that cannot tell us
14 whether there is a causal association between drug
15 exposure and more severe events such as suicidal
16 aggression. I think these are more of the things
17 that we would care about other than besides the
18 agitation noise, as Dr. Parker coined it now.

19 So from that perspective, I don't think that
20 the evidence has changed so much. But then
21 thinking about what evidence was there when the
22 black box warning was put in place, if that was

1 really only based on spontaneous reports, and we're
2 looking at spontaneous reports that capture
3 symptomatology that goes hand in hand with the
4 indication for the treatment, then it becomes very
5 difficult to think about causality and what
6 really -- this is different from hepatotoxicity for
7 an antihypertensive, where clearly the indication
8 has nothing to do with the hepatotoxicity. But
9 here we have all kinds of alternative explanations,
10 so it makes it much harder, which basically means
11 that we really don't have causality here.

12 Then looking at the criteria for a black box
13 warning, the evidence that we have available to
14 support causality didn't really be strong enough,
15 to me, to warrant the black box warning. So it's
16 just kind of a logical step in this decision of
17 whether this warrants a black box warning or not.

18 I am concerned, though, that the decision to
19 remove the black box warning will be misinterpreted
20 by consumers and clinicians as that there is no
21 problem. I think we need to be very cautious about
22 making clear that there is not a clinical trial

1 that is a de-warning [ph]. There is a clinical
2 trial that hasn't raised additional questions or
3 concern, but it also hasn't produced a de-warning
4 of what was the original trigger for the black box
5 warning, which in my understanding was aggression
6 and suicide. So I don't think that this question
7 has been answered.

8 So whatever labeling decision was made of
9 whether this was still included in a black box
10 warning or not, I would advocate for if the
11 clinical trial was presented, that it was made very
12 clear that this composite outcome that we're
13 dealing with needs to be interpreted with all the
14 restrictions and limitations that we have discussed
15 here.

16 DR. GERHARD: Tobias Gerhard, Rutgers. I
17 voted A, to remove the boxed warning. Although I
18 agree with almost everything that Dr. Winterstein
19 just said, I actually think that the trial added
20 additional evidence. And I think what it did is
21 basically to allow us to quantify -- even with all
22 the limitations that were discussed about the

1 endpoints, it allowed us to quantify the risk
2 compared to what was known at the time the box was
3 put in place based on these spontaneous reports.

4 With that quantification of the concern,
5 even with wide confidence intervals, I think it
6 makes it pretty clear that in this specific drug
7 indication, the benefits outweigh the risks pretty
8 clearly. And that I think puts it in -- makes this
9 a warning and not a black box warning. Here, the
10 benefit outweighs the risk and not -- it doesn't
11 raise to that level which would really change that
12 risk-benefit for a lot of patients.

13 So that being said, however, I think the
14 warnings should be in the label. I actually would
15 argue that this trial raised our confidence in that
16 these concerns in the population with a history of
17 psychiatric illness are real. So I don't think
18 that this issue of statistical significance and
19 whether the confidence interval crosses one here as
20 particularly meaningful, this wasn't a trial that
21 was powered that way. The interpretation of the
22 findings that's most compatible with the data is

1 that there is an increased risk in this group, and
2 we know have some point estimate and confidence
3 limits for it, and I think that should be very
4 clearly communicated.

5 Probably we won't be able to avoid that
6 impression that the removal of black box is
7 evidence for safety or and endorsement of the
8 safety of the drug, but I think the agency should
9 do whatever it can to prevent that perception.

10 Two additional comments, briefly. I think
11 there are some real concerns about, in part,
12 somewhat poor conduct of parts of the trial, and
13 that is I think something that the agency needs to
14 be very careful with and the advisory committee
15 needs to be very cognizant of in these trials that
16 try to -- in safety trials where there is a
17 motivation to basically conduct a sloppy trial
18 because it will make it less likely to find
19 results. I don't think that this was the case
20 here, but it's just something to be very cognizant
21 of.

22 The last comment is that I don't think that

1 this should set a precedent in the sense that
2 whenever there's a safety study done for an
3 existing black box, and this safety study doesn't
4 show a statistically significant finding, then that
5 black box should be removed. I think that would be
6 a very incorrect reading of this discussion and
7 what has been shown. I think it's rather an issue
8 of evaluating the risk-benefit ratio in each
9 context. So that is I think an important
10 distinction.

11 DR. PARKER: Ruth Parker. I voted B, which
12 is a different mode than my colleague to my right,
13 but for the same reasons. I had concern about the
14 trial conduct that we discussed at length and its
15 potential huge impact. And that really influenced
16 my vote more than anything; a great concern about
17 life and narratives and just a lot of unknown about
18 the conduct of the trial.

19 I think we all have a very high bar for
20 safety, and I do believe that removing the black
21 box warning will indeed be read as safety. As
22 mentioned, the agency should do what it can to

1 prevent a perception that its removal means it is
2 safe. I don't know how you do that. I don't see
3 that as a doable task, and that's what led me to
4 vote the other way.

5 I think that removing the black box warning,
6 it's going to be interpreted that way. You see it.
7 It's easier to find. The other stuff is harder to
8 read and harder to get to. So I have concern about
9 that. And the reason is really because my read of
10 what we heard today is that I don't know. And if I
11 don't know, then it's harder with safety to make
12 that leap that we just talked about, for me.

13 I do think that it should be changed to
14 reflect the trial findings, the higher frequency of
15 adverse events among those with a prior psychiatric
16 history, which has been mentioned by others. Thank
17 you.

18 DR. NARENDRAN: Raj Narendran. I voted to
19 keep the black box warning. I just didn't think
20 the trial was conducted with the same elegance and
21 cleanliness that typically is done for an NDA for
22 efficacy. I don't really feel fully reassured that

1 this trial -- which was a very complicated thing to
2 do, so I do appreciate them for doing it. But I
3 just don't think it really captured the essence of
4 what is being reported by the general public as
5 adverse events.

6 So I wasn't fully reassured, and I think
7 removing the black box does send a wrong message
8 that, okay, this drug is now safe. Let's just
9 prescribe it. Although you could potentially add
10 it in the warnings and precautions section, let's
11 face it, how many people are really going to read
12 that as, "Oh, no. It's not in the black box; it's
13 all of a sudden in the warnings and precautions."

14 So I think it has a potential to cause more
15 problems, and I think keeping it in there, this
16 information for the prescribers and the public, in
17 my opinion has very little harm contrary to what
18 several people voiced.

19 DR. PARKER: Dr. Besco?

20 DR. BESCO: Kelly Besco. I voted to retain
21 the black box warning. What it came down to for me
22 is the impact of the variability that was found in

1 the control trial, which really influenced my
2 comfort in downgrading a warning for these
3 products, especially when you consider the severity
4 and harm associated with these events.

5 I also agree with much of what others have
6 said about the potential precedent of this
7 decision, especially the need about careful
8 messaging. Again, I am very fearful that the
9 public will assume that, since we've removed -- if
10 the black box is removed, that these products do
11 not present any safety.

12 DR. PICKAR: Dave Pickar. I voted to do
13 away with the black box with no ambivalence
14 whatsoever. The risk-benefit ratio is as clear as
15 anything I've seen. If you work with these
16 patients and you see what their life span is due to
17 smoking, it's extraordinary. I have never, ever,
18 ever seen a schizophrenic patient on this drug. I
19 don't know if I've ever seen a psychiatric patient
20 on the drug.

21 By the standards of what you have to put up
22 with in terms of behavioral problems with these

1 patients, this is mild. You're seeing these as
2 very serious. There's a certain naïveté about
3 serious mental illness and what's involved in
4 managing those folks. So for you, okay, they are
5 adverse events, but not warranting of a black box,
6 particularly when the benefit to these patients
7 could be substantial in the most fundamental thing,
8 which is being alive. So that's why I say with no
9 ambivalence.

10 DR. FIEDOROWICZ: This is Jess Fiedorowicz.
11 I voted A, to drop the black box warning. I felt
12 compelled to update the prescribing information
13 based on the aggregate of current evidence, which
14 included more than just the EAGLES trial, but
15 cumulative studies since the warning was placed.

16 As far as regarded changes in the labeling,
17 I have some concerns about the underreporting of
18 incidents in the trial, and there are a lot of
19 proposed updates that list the frequencies of
20 events. And I think that we need to take that into
21 consideration when we're updating that and whether
22 those are the best and most accurate estimates of

1 risk, because I certainly share the concerns about
2 people underestimating risk, and I think that could
3 promulgate that concern.

4 I am certainly open to suggesting and would
5 indeed recommend close monitoring for those with
6 psychiatric disorders. They are at higher risk of
7 these complications. As Scott Emerson mentioned,
8 the folks with a specific illness are more likely
9 to have problems like that, and we saw in the
10 placebo groups, the placebo group for those with
11 psychiatric disorders, higher rates of these
12 events.

13 I think we should be very cautious, however,
14 about any insinuation that folks with psychiatric
15 disorders are less likely to respond to varenicline
16 or more likely to have adverse effects. While the
17 point estimates were in that direction, I don't
18 think that was convincingly demonstrated, and I
19 think we run the risk of further disenfranchising
20 this potentially vulnerable population, and doing
21 so without evidence.

22 DR. ROUMIE: Christianne Roumie. I voted B,

1 which was to modify the warning, and for many of
2 the reasons brought on by my colleagues who both
3 voted to remove the warning and to keep the
4 warning. So we basically all use the same reason
5 and fall in all three patterns. But my primary
6 reason was listed in the boxed warning as to
7 highlight a warning that is especially important to
8 the prescriber.

9 As a clinician, I always have this
10 discussion with my patients before I prescribe it.
11 And I use it, and it's a great drug, and it's very
12 efficacious. But I do think that there should be a
13 conversation and not this kind of carte blanche,
14 it's fine because there's no black box warning.
15 And I think that it should be a thoughtful
16 conversation between the clinician and the patient,
17 and that should be highlighted, especially in
18 patients where certain side effects may be more
19 likely to occur.

20 DR. RIMAL: Rajiv Rimal. I voted for C, to
21 keep the box. I think the EAGLES study was -- for
22 all the problems we've identified, it's still a

1 very important study that has very important
2 implications. If for nothing else, it certainly
3 demonstrates the efficacy of this approach for both
4 cohorts.

5 So I think in that sense, it's a very
6 important study. I am just not convinced that the
7 study addresses the question that we want to see
8 addressed. In my mind, the big question here was
9 not is this drug efficacious. The big question
10 was, for a certain class of patients, does it
11 introduce harm? And for that question, I'm not
12 convinced that we have, as a result of this study,
13 a definitive answer to that. So in the absence of
14 that kind of evidence, I decided to go with the
15 status quo.

16 There were two other considerations that I
17 think many of my colleagues have talked about. One
18 is the message that it sends when we remove the
19 label, that people are going to construe that as,
20 "Oh, so now the FDA has removed the label -- the
21 warning." Sorry.

22 But there's another nuance to that, which is

1 that because this study was done in multiple
2 countries, in many other countries that don't have
3 the same safeguards as we do in the U.S., the
4 perception is going to be, "Guess what? The U.S.
5 FDA has now removed the warning, and
6 therefore" -- right? I mean, I think that sense of
7 complacency can be further exaggerated in many
8 other settings.

9 Then lastly, as someone who studies
10 doctor-patient communication, I think having the
11 warning has created opportunities and instances for
12 discussions between -- I would guess. I don't know
13 the data on that. But I would guess that just
14 having that warning has provided a venue for
15 discussion between patients and their physicians
16 who are prescribing these drugs. And now removing
17 that is yet another instance where I think, in a
18 round-about way, we're sending the message that
19 perhaps those kind of discussions are not as
20 important, inadvertently, but I think we are
21 sending that message.

22 DR. HENNESEY: Sean Hennesey. I voted for

1 removal of the boxed warnings. I did so without
2 any ambiguity. I think it's the right thing to do
3 from a public health perspective. I think that the
4 trial did show evidence in people with a prior
5 history of mental health conditions that
6 varenicline is associated with an elevated risk of
7 neuropsychiatric events, but not serious
8 neuropsychiatric events.

9 It was underpowered for neuropsychiatric
10 events, but the strongest evidence, the only
11 evidence we have that is associated with serious
12 neuropsychiatric events, are case reports, some of
13 which are very convincing. But there are also very
14 convincing case reports in people with placebo. So
15 I think that reduces the convincingness of the
16 spontaneous reports.

17 If varenicline does cause serious
18 neuropsychiatric, it does so in a relatively small
19 proportion of people. Smoking causes severe
20 adverse events in a very high proportion of people.
21 I think there's very good evidence that varenicline
22 is under-used, and that continuation -- so people

1 are concerned about the message that taking away
2 the boxed warning has. Us revisiting and
3 continuing the boxed warning would also send a
4 message. It would say that there's a continuing
5 serious safety problem with the drug, and it would
6 continue to promote under-use of an effective
7 smoking cessation therapy, particularly in the
8 group that most needs it, those with serious mental
9 health conditions. So that was the reason for my
10 vote.

11 DR. PARKER: So before we adjourn, let me
12 ask if there are any last comments from the FDA?

13 DR. HERTZ: What I'd like to say is, as
14 always, it's really interesting to hear everyone's
15 comments, and it's incredibly helpful to hear how
16 you think about the issues that we bring before you
17 and how you think about the data. And as much as
18 the actual vote is considered, the comments
19 surrounding the questions, the discussion, is
20 something that we will work with quite a bit.

21 So thank you all for your time. We really
22 greatly appreciate it.

Adjournment

DR. PARKER: Okay. We will adjourn the meeting. Panel members, please leave your name badge here on the table so that they may be recycled. Please also take all your personal belongings with you as you leave. The room is cleaned at the end of the meeting day. Meeting materials left on the table will be disposed of, and thank you very much.

(Whereupon, at 4:56 p.m., the meeting was adjourned.)