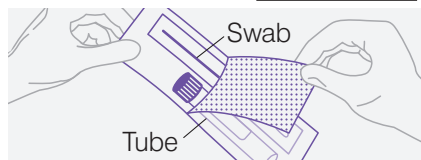


Recommended Health Care Provider Collection Instructions

DUAL NOSTRIL ANTERIOR NASAL SPECIMEN

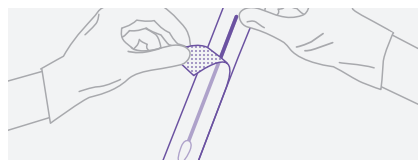
Note: Please swab both nostrils with the same swab.



Step 1 Open the Kit

Wash your hands. Put on a new pair of gloves.

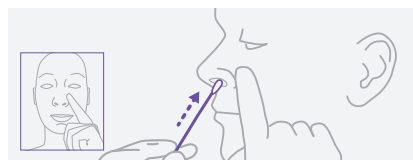
Open the specimen collection kit. Set aside the tube.



Step 2 Unwrap the Swab

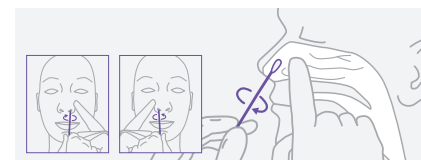
Hold the swab handle in your hand, by placing it between your thumb and your index finger.

⚠ Do not touch the soft tip of the swab with your finger or on any surfaces. If you do, start again with a new kit.



Step 3 Insert the Swab

Place your index finger directly above the rim of the patient's nostril. Gently insert the swab into the nose until the swab touches the inner walls of the nose.

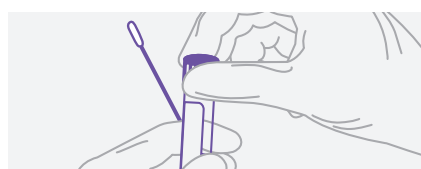


Step 4 Collect a Sample

Move the tip of the swab through a large circular path inside the nose. At least four sweeping circles should be performed. This should take approximately 10-15 seconds per nostril. Withdraw the swab slowly.

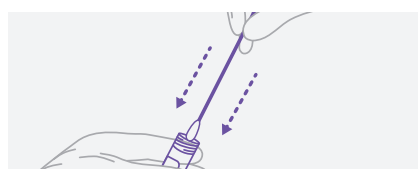
Using the same end of the swab, repeat steps 3-4 with the other nostril.

⚠ Ensure the soft tip does not touch anything after removing it from the nostril.



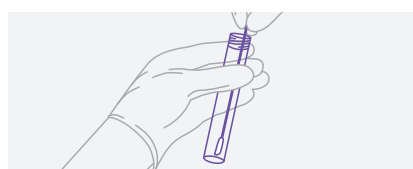
Step 5 Open the Tube

Carefully unscrew the cap ensuring the soft tip of the swab doesn't touch anything. Set the cap down.



Step 6 Insert the Swab

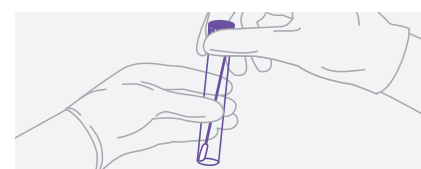
Hold the tube opening away from you and carefully insert the soft tip of the swab into the tube.



Step 7 Store the Swab

Once the tip is near the bottom, break the swab handle at the swab breakpoint by bending back and forth or cut it with sterile scissors. The swab should sit in the tube comfortably so that the cap can be screwed on.

Discard the swab handle immediately.



Step 8 Secure the Tube

Screw the cap back on tightly to prevent contamination.

IMPORTANT INFORMATION

⚠ Users should read the complete collection procedure before performing specimen collection. Do not over-insert the swab.

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COVID-19

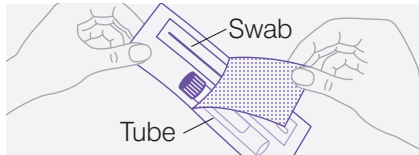
Point of Care

Recommended Self-Collection Instructions in Health Care Settings

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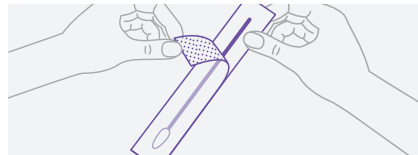
DUAL NOSTRIL ANTERIOR
NASAL SPECIMEN

Note: Please swab both your nostrils with the same swab.



Step 1 Open the Kit

Wash your hands.
Open the specimen collection kit. Set aside the tube.



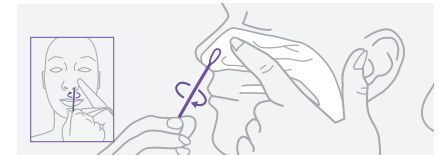
Step 2 Unwrap the Swab

Hold the swab handle in your hand, by placing it between your thumb and your index finger.
⚠️ Do not touch the soft tip of the swab with your finger or on any surfaces. If you do, start again with a new kit.



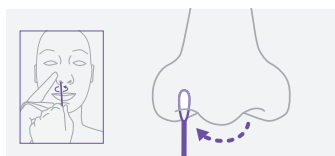
Step 3 Insert the Swab

Place your index finger above the rim of your nostril and gently insert the soft tip of the swab into one nostril just until the soft tip is no longer visible ($\frac{1}{2}$ to $\frac{3}{4}$ inch or 1 to 1.5 cm).
⚠️ If you experience pain, stop immediately.



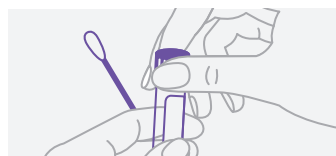
Step 4 Collect a Sample from First Nostril

Rotate the swab slowly making at least four sweeping circles around the inside wall of your nostril. This should take approximately 10-15 seconds per nostril. Withdraw the swab slowly.
⚠️ Ensure the soft tip does not touch anything after removing it from the nostril.



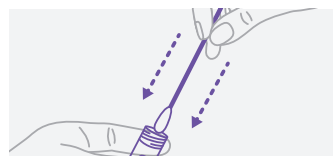
Step 5 Collect a Sample from Other Nostril

Use the same swab and repeat Steps 3 & 4.
⚠️ Keep the swab in your hand during Step 5 and make sure the soft tip does not touch anything after removing the swab from your nostril.



Step 6 Open the Tube

Carefully unscrew the cap ensuring the soft tip of the swab doesn't touch anything. Set the cap down.



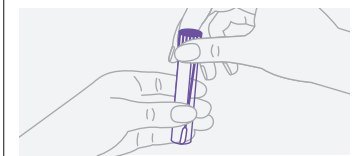
Step 7 Insert the Swab

Hold the tube opening away from you and carefully insert the soft tip of the swab into the tube.



Step 8 Store the Swab

Once the tip is near the bottom, break the swab breakpoint by bending back and forth. The swab should sit in the tube comfortably so that the cap can be screwed on.
Discard the swab handle immediately.



Step 9 Return Tube

Screw the cap back on tightly to prevent contamination.
Wash your hands with soap and water.

IMPORTANT INFORMATION

⚠️ Users should read the complete collection procedure before performing specimen self-collection. Do not over-insert the swab.

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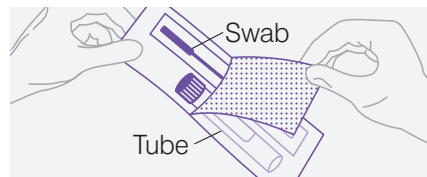
PS-001313 Rev A 02/21

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Recommended Health Care Provider Collection Instructions

MID-TURBINATE DUAL NOSTRIL SPECIMEN

Note: Please swab both nostrils with the same swab.



Step 1 Open the Kit

Wash your hands. Put on a new pair of gloves.

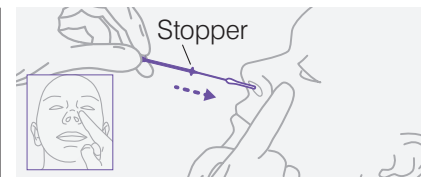
Open the specimen collection kit. Set aside the tube.



Step 2 Unwrap the Swab

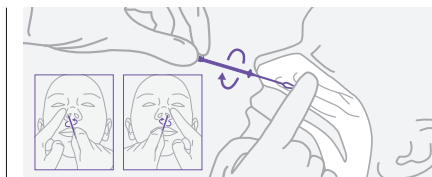
Hold the swab handle in your hand, by placing it between your thumb and your index finger.

⚠ Do not touch the soft tip of the swab with your finger or on any surfaces. If you do, start again with a new kit.



Step 3 Insert the Swab

Tilt patient's head back 70 degrees. Use a flocked tapered swab. Some swabs come with a stopper, which indicates proper nasal insertion depth. While gently rotating the swab, insert the soft tip of the swab less than one inch (about 2 cm) into the nostril parallel to the palate until resistance is met at turbinates.

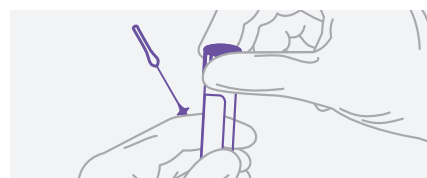


Step 4 Collect a Sample

Rotate the swab several times against the nasal wall. Withdraw the swab slowly.

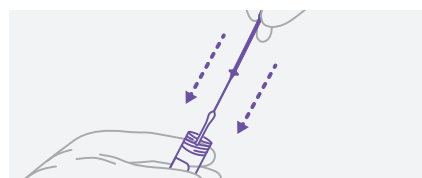
Using the same end of the swab, repeat steps 3-4 with the other nostril.

⚠ Ensure the soft tip does not touch anything after removing it from the nostril.



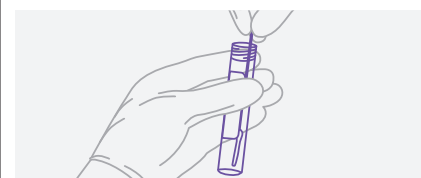
Step 5 Open the Tube

Carefully unscrew the cap ensuring the soft tip of the swab doesn't touch anything. Set the cap down.



Step 6 Insert the Swab

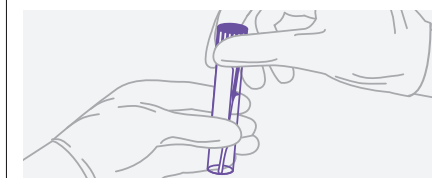
Carefully place swab, tip first, into the tube provided.



Step 7 Store the Swab

Once the tip is near the bottom, break the swab handle at the swab breakpoint by bending back and forth or cut it with sterile scissors. The swab should sit in the tube comfortably so that the cap can be screwed on.

Discard the swab handle immediately.



Step 8 Secure the Tube

Screw the cap back on tightly to prevent contamination.

IMPORTANT INFORMATION

⚠ Users should read the complete collection procedure before performing specimen collection. Do not over-insert the swab.

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COVID-19

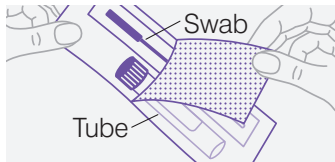
Point of Care

Recommended Self-Collection Instructions in Health Care Settings

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MID-TURBINATE DUAL
NOSTRIL SPECIMEN

Note: Please swab both your nostrils with the same swab.



Step 1 Open the Kit

Wash your hands.
Open the specimen collection kit. Set aside the tube.



Step 2 Unwrap the Swab

Hold the swab handle in your hand, by placing it between your thumb and your index finger.

⚠ Do not touch the soft tip of the swab with your finger or on any surfaces. If you do, start again with a new kit.



Step 3 Insert the Swab

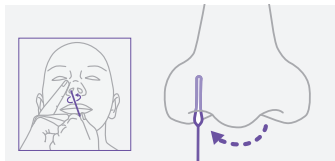
Your sample collection swab includes a stopper which indicates when to stop inserting the swab. Tilt your head back, look up towards the ceiling, and place your index finger directly above the rim of your nostril. While gently rotating the swab, insert the soft tip of the swab parallel to the roof of your mouth until the stopper touches the edge of your nostril and you feel resistance.

⚠ If you experience pain, stop immediately.



Step 4 Collect a Sample from First Nostril

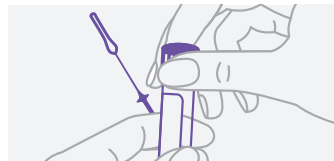
Rotate the swab several times against the nasal wall. Withdraw the swab slowly.



Step 5 Collect a Sample from Other Nostril

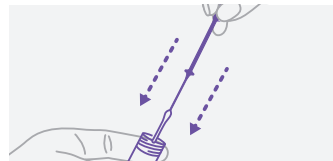
Use the same swab and repeat Steps 3 & 4.

⚠ Keep the swab in your hand during Step 5 and make sure the soft tip does not touch anything after removing it from your nostril.



Step 6 Open the Tube

Carefully unscrew the cap ensuring the soft tip of the swab doesn't touch anything. Set the cap down.



Step 7 Insert the Swab

Carefully place swab, tip first, into the tube provided.



Step 8 Store the Swab

Once the tip is near the bottom, break the swab handle at the swab breakpoint by bending back and forth. The swab should sit in the tube comfortably so that the cap can be screwed on.

Discard the swab handle immediately.



Step 9 Return Tube

Screw the cap back on tightly to prevent contamination.
Wash your hands with soap and water.

IMPORTANT INFORMATION

⚠ Users should read the complete collection procedure before performing specimen self-collection. Do not over-insert the swab.

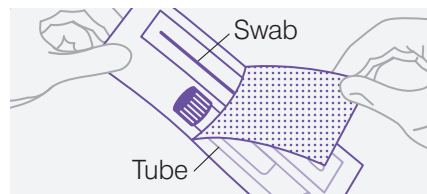
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PS-001431 Rev C 02/21

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Recommended Health Care Provider Collection Instructions

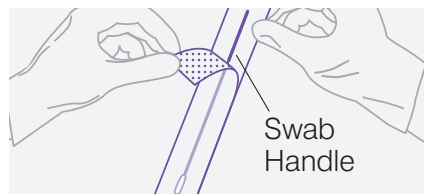
NASOPHARYNGEAL SPECIMEN



Step 1 Open the Kit

Wash your hands. Put on a new pair of gloves.

Open the specimen collection kit. Set aside the tube.



Step 2 Unwrap the Swab

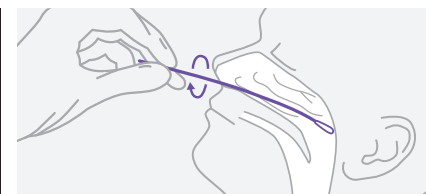
Hold the swab handle in your hand, by placing it between your thumb and your index finger.

⚠ Do not touch the soft tip of the swab with your finger or on any surfaces. If you do, start again with a new kit.



Step 3 Insert the Swab

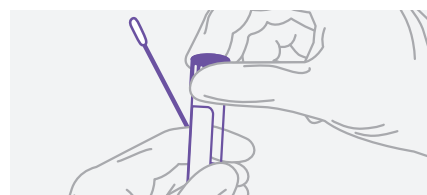
Tilt patient's head back 70 degrees. Gently and slowly insert a minitip swab with a flexible shaft through the nostril parallel to the palate until resistance is encountered. The distance is equivalent to that from the nostril to the ear of the patient, indicating contact with the nasopharynx.



Step 4 Collect a Sample

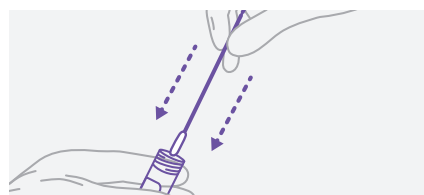
Gently rub and roll the swab, leaving it in place for several seconds to absorb secretions.

If a deviated septum or blockage creates difficulty in obtaining the specimen from one nostril, use the same swab to obtain the specimen from the other nostril. Slowly remove swab while rotating it. Specimens can be collected from both nostrils, but it is not necessary if the swab is saturated with fluid from the first nostril.



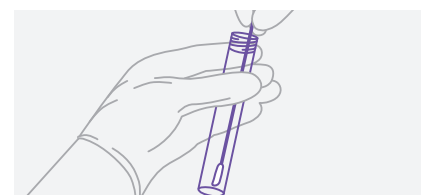
Step 5 Open the Tube

Carefully unscrew the cap ensuring the soft tip of the swab doesn't touch anything. Set the cap down.



Step 6 Insert the Swab

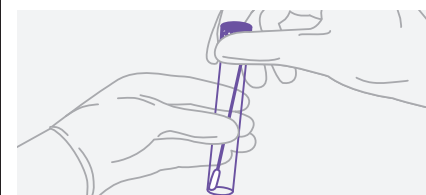
Carefully place swab, tip first, into the tube provided.



Step 7 Store the Swab

Once the tip is near the bottom, break the swab handle at the swab breakpoint by bending back and forth or cut it with sterile scissors. The swab should sit in the tube comfortably so that the cap can be screwed on.

Discard the swab handle immediately.



Step 8 Secure the Tube

Screw the cap back on tightly to prevent contamination.

Recommended Health Care Provider Collection Instructions

NASOPHARYNGEAL SPECIMEN

IMPORTANT INFORMATION

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