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Picture COVID-19 Kit Instructions Trifold (1/2)

To ensure the accuracy of your results, kit activation, sample collection, and return shipping should all occur within the same day. Our lab may be unable to accept late samples.

Keep in mind Do NOT activate, collect, or ship your sample on a Saturday or Sunday. Find your nearest FedEx dropbox by visiting fedex.com/dropbox to check that you're able to ship your sample before the last Express pickup of the day. If you have any questions, we're here to help! Email us at hello@picturegenetics.com For use under Emergency Use Authorization R_X Only VDCOVID-19 Test Instructions Thank you for taking your This is your activation code first step in being safe with us!

For individuals 18+

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Picture COVID-19 Kit Instructions Trifold (2/2)

Step 1 Activate your kit

YOU MUST ACTIVATE YOUR KIT ONLINE BEFORE SUBMITTING YOUR SAMPLE

Your activation time will be used as an indicator of your sample collection time.



1. When ready to start, activate your kit online at picturegenetics.com/activate



2. Enter the code that is located on the front cover of your instructions trifold.



3. Wash your hands before collecting your sample.

Step 2 Collect your sample



1. Open the stabilizing solution tube and place it within the opening on your kit's insert card. This will ensure it's ready to go for when you need to use it.



2. Gently insert swab into nostril until swab contacts what feels like the top of your nasal cavity. This should NOT lead to discomfort - do not push the swab further than one inch into nostril. Rotate swab against your nasal wall a few times using firm but gentle pressure. Repeat in other nostril.



3. Place the tip of the swab (the side that you used) into the stabilizing solution tube, so that the swab is immersed in the liquid. Do not drink or touch solution; wash hands if solution comes in contact with skin.



4. Seal the plastic tube using the same cap, ensuring that the swab is upright within the tube and that there is no leakage. Don't over-tighten the cap, as this may cause damage or cracking.

DO NOT

Rinse your nasal cavity before collecting your sample.

PLEASE

- Collect your sample after activating your kit
- Wash your hands before and after collecting your sample

Need a video tutorial?

Please visit

picturegenetics.com/nasalswab for more information.

Questions?

Please contact Picture with any issues: hello@picturegenetics.com

Step 3 Pack up your sample



1. Thoroughly wash and dry hands after completing sample collection.



2. Put the sealed tube into the orange-and-clear specimen bag containing the absorbent sheet and seal the bag.



Put bagged sample back inside the box and seal with sticker provided.



4. Place your box into the provided FedEx envelope with pre-affixed shipping label, and seal the envelope.



5. Promptly ship your sample back via FedEx. See reverse side for important information on shipping. Do not ship from 3rd party locations (e.g., CVS, Walgreens, etc)

Please hold on to this trifold for safekeeping

For questions regarding your order, email hello@picturegenetics.com with your name, order ID, and kit activation code.