

How to perform your nasal swab

What's inside your kit: 1X swab, 1X plastic tube, 1X biohazard bag, 1X instructions (keep this sheet), 2X name label stickers (keep one), 1X FedEx Pak, 1X fact sheet

Read through the entire instructions sheet before collection
Failure to follow these instructions may lead to inaccurate test results

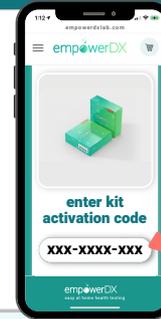
COVID-19 Home Collection Kit DTC | Must be 3+ to use this kit for individuals 18+ years and older (self-collect), 13+ years and older (self-collect under adult supervision), 3+ years or older (collected with adult assistance)

This product has not been FDA cleared or approved, but has been authorized for emergency use by FDA under an EUA. This product has been authorized only for the home collection and maintenance of nasal swab specimens as an aid in detection of nucleic acid from SARS-CoV-2, not for any other viruses or pathogens. The emergency use of this product only authorized for the duration of the declaration that circumstances exist justifying the authorization of emergency use of medical devices under Section 564(b)(1) of the Federal Food, Drug and Cosmetic Act, 21 U.S.C. § 360bbb-3(b)(1), unless the declaration is terminated or authorization is revoked sooner.

1

ACTIVATE

- Go to my.empowerdxc.com
- If you're a new user "Sign Up"
- "Sign in" to your account if you're a returning user
- To activate your kit, enter the 10 digit kit activation code under your name label barcode, loose in your empowerDX kit "XXX-XXXX-XXX"
- You MUST collect & ship your sample the day you activate your kit to get results**



2

PREP

- Wash and dry your hands
- Place all the contents on a clean, dry surface
- Failure to follow these instructions may lead to inaccurate test results – please keep this sheet to reference your kit activation code
- For adolescent individuals (13-17 years) self-collect under adult supervision. For pediatric individuals (3-12 years) collect with adult assistance.



3

LABEL

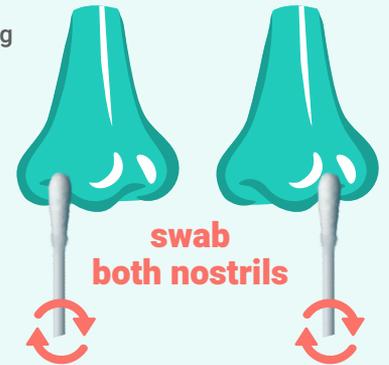
- On a name label sticker that is loose in your kit, clearly write your name, date of birth and date of collection with a ball point pen or permanent marker
- Place the name label lengthwise on the plastic tube
- The written name must match the name on your account – if the name doesn't match, you will NOT get results**



4

SWAB TWICE

- Adults, please assist adolescent and pediatric individuals with their nasal swab & shipping
- Place the collection tube on a flat surface and screw off the top
- Do not spill or drink the liquid – the swab must be returned with liquid
- Take the cotton swab out of its package without touching the tip
- Hold swab in one hand & collection tube in the other
- Insert the tip of the cotton swab into one nostril until the cotton tip of the swab is no longer visible
- Rotate the swab in a circle around the entire inside edge of your nostril at least 3 times
- Take the cotton swab out of your nostril
- Using the same end of the cotton swab, rotate the swab 3 times in your other nostril



5

SCREW

- Remove the cotton swab from your second nostril
- Place the used end into the collection tube first so it is fully covered with liquid
- Tightly screw on the top of the collection tube so it doesn't spill



6

INSERT

- Wash and dry your hands thoroughly again
- Insert collection tube into the biohazard bag, leave the white absorbent pad in the bag and close the zip lock seal
- Place the biohazard bag into the kit box



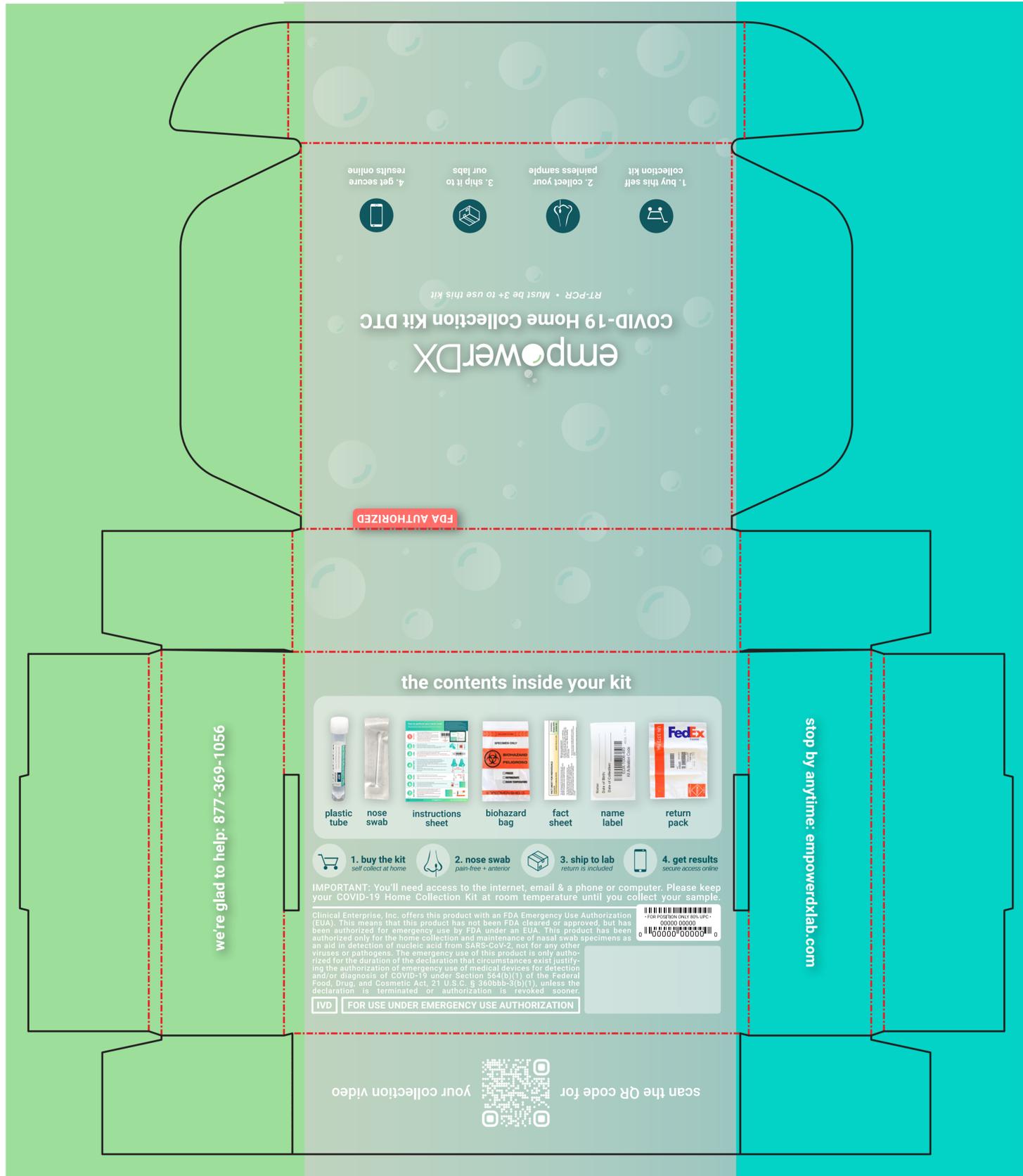
7

SHIP TODAY

- Place the kit box in the pre-labeled FedEx Pak, remove the adhesive cover strip and seal the FedEx Pak closed
- Ship the FedEx Pak by finding the nearest FedEx drop box: bit.ly/fedexdropbox (Monday-Friday only)
- Ship on the day you collect & activate your kit or your sample may not be tested
- Please take note of the return label tracking number on the FedEx Return Pak to know when your kit reaches the lab



v5.2_060821



-  Pantone 2267 C
-  Pantone 3255 C
-  Pantone 3560 C
-  Pantone 2345 C
- 

