



# **Arthritis Advisory Committee and Drug Safety and Risk Management Advisory Committee Joint Meeting**

sNDA 21856: Febuxostat for the chronic management of hyperuricemia  
in patients with gout

## ***FDA Opening Remarks***

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U.S. Food and Drug Administration  
January 11, 2019

# Febuxostat

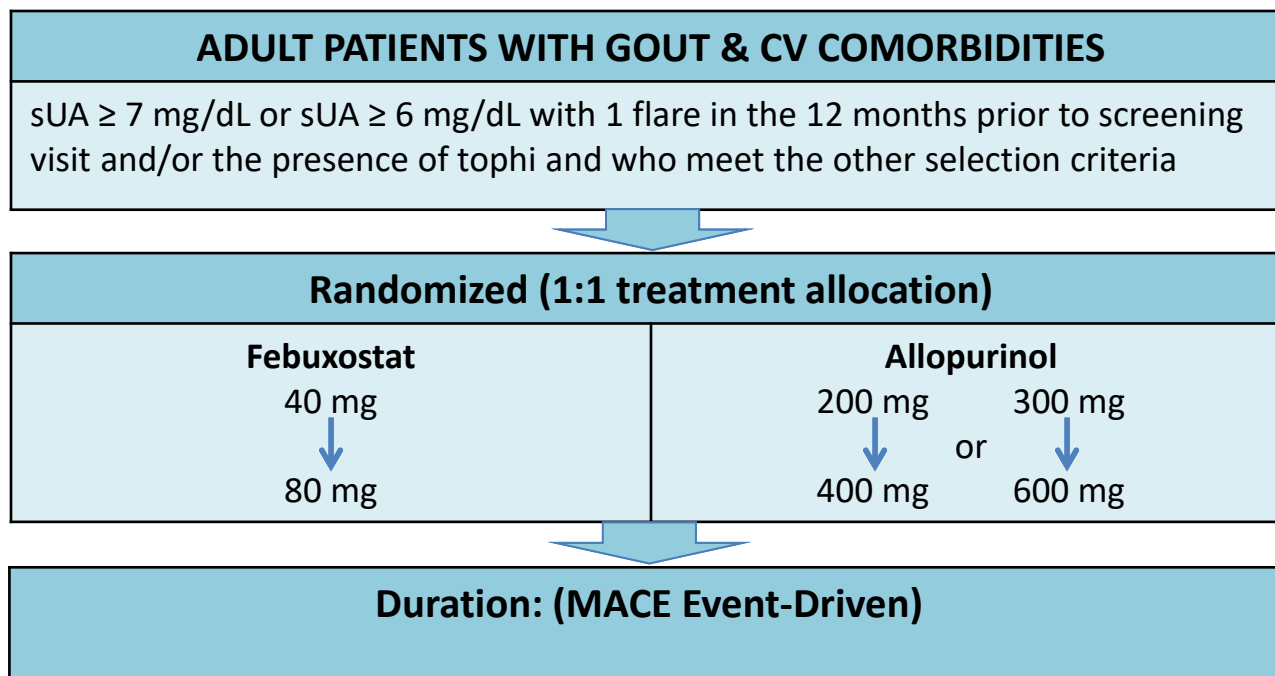


- Mechanism of Action
  - Xanthine oxidase inhibitor (XOI)
- Approved Indication and Dosages (2009)
  - For the chronic management of hyperuricemia in patients with gout
  - 40-80 mg once daily
    - Outside U.S. approved at doses up to 120 mg once daily
- Current Labeled Warnings and Precautions
  - Increase in gout flares with initiation of therapy
  - Cardiovascular Events
  - Hepatic toxicity (including failure)
  - Serious Skin Reactions (Stevens-Johnson Syndrome [SJS], drug reaction with eosinophilia and systemic symptoms [DRESS], and Toxic Epidermal Necrolysis [TEN])



# CARES Trial Design

Multi-national, Randomized, Double-blind, Active Controlled  
Cardiovascular Outcomes Trial





## Primary Analysis of MACE

|   | <b>Febuxostat</b><br>N=3098<br>PY=8799.5 | <b>Allopurinol</b><br>N=3092<br>PY=8675.7 | <b>Hazard Ratio*</b><br><b>(95% CI)</b> |
|---|--|---|---|
| <b>MACE</b>   | <b>335 [3.8]</b>                         | <b>321 [3.7]</b>                          | <b>1.03 (0.89, 1.21)</b>                |
| CV Death  | 134                                      | 100                                       | 1.34 (1.03, 1.73)                       |
| Non-fatal MI  | 111                                      | 118                                       | 0.93 (0.72, 1.21)                       |
| Non-fatal Stroke  | 71                                       | 70  | 1.01 (0.73, 1.41)                       |
| Unstable Angina with Urgent<br>Coronary Revascularization | 49                                       | 56  | 0.86 (0.59, 1.26)                       |

PY=person-year

[ ]: incidence rate per 100 person-year

\*HR for Febuxostat vs. Allopurinol

[www.fda.gov](http://www.fda.gov)

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## Secondary Analysis: MACE Components



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# Benefit-Risk Assessment Considerations



- Factors for consideration when discussing potential regulatory actions for febuxostat
  - Febuxostat is effective urate lowering therapy (ULT)
  - Six ULTs are currently marketed
    - Each with their own various associated safety risks
  - Febuxostat is the only alternative XOI to allopurinol
    - XOIs are recommended first-line therapy for gout
  - Unmet medical need
  - Growing gout epidemic

# Regulatory Actions for AC Discussion



- Strengthening current CV warning
- Add boxed warning for CV death
- Change indication to second line therapy
- Citizens Petition request to withdraw febuxostat from the market





## Discussion Points

1. **DISCUSSION:** Discuss the results of the “Cardiovascular Safety of Febuxostat and Allopurinol in Patients with Gout and Cardiovascular Morbidities (CARES)” study, particularly major adverse cardiovascular events (MACE) and cardiovascular (CV) mortality. Please consider the following in your discussion:
  - a. Biological plausibility of CV mortality
  - b. Strength of the findings for CV mortality, considering the totality of available data.



## Discussion Points

2. **DISCUSSION:** Discuss the benefits of febuxostat for the treatment of hyperuricemia in patients with gout.
3. **DISCUSSION:** Given the results of the CARES study, discuss whether the benefit-risk profile of febuxostat for the treatment of hyperuricemia in patients with gout has changed. Address the following in your discussion:
  - a. Discuss any patient populations in which the benefits outweigh the risks of the use of febuxostat
  - b. Discuss any patient populations in which the benefits do not outweigh the risks of the use of febuxostat.

## Discussion Points



4. **DISCUSSION:** Discuss the following potential regulatory activities in response to the results of the CARES study and the potential clinical impact of these options.
- a. Update existing warning regarding Cardiovascular Events in the febuxostat product label
  - b. Addition of a boxed warning to the febuxostat product label
  - c. Modify labeling to limit use of febuxostat to second line therapy (e.g. 2<sup>nd</sup> line therapy in patients who have failed allopurinol)
  - d. Withdrawal of febuxostat from the market.

## Voting Question



5. **VOTING:** Based upon the available data, is there a patient population in which the benefit-risk profile for febuxostat is favorable for the treatment of hyperuricemia in patients with gout? (Yes/No)
- If you voted “Yes”, describe the patient population with a favorable benefit-risk profile for use of febuxostat. Also, describe any other recommendations (e.g. labeling changes) you may have for use of febuxostat in this population
  - If you voted “No”, discuss your rationale, the impact of this recommendation, and any other recommendations you may have.





# **Arthritis Advisory Committee and Drug Safety and Risk Management Advisory Committee Joint Meeting**

sNDA 21856: Febuxostat for the chronic management of hyperuricemia  
in patients with gout

## ***FDA Introduction and Regulatory History***

Rosemarie Neuner, MD, MPH  
Medical Officer  
Division of Pulmonary, Allergy, and Rheumatology Products  
U.S. Food and Drug Administration  
January 11, 2019

# Overview



- Current Gout Therapeutics
- Regulatory History for Febuxostat
- CARES Study
  - Study Design
  - Regulatory History
- Cardiovascular Safety Findings for CARES Study
- Drug Usage and Utilization
- Clinical Considerations and Benefit-Risk Assessment



# Therapeutic Armamentarium in Gout

| Product  | Approved Dosing  | Efficacy and Safety   |
|--|--|---|
| <b>First Line Therapy: Xanthine Oxidase Inhibitors (XOI)</b>     |  |   |
| <b>Allopurinol</b><br>LASSO Study<br>Febuxostat NDA at Drugs@FDA | 100-800 mg/d;<br>Doses >300 mg/d divide into<br>twice daily (BID) administration | <ul style="list-style-type: none"><li>300 mg dose ~ 2 to 3.5 mg/dL* mean ↓sUA</li><li>Hypersensitivity reactions, cutaneous reactions, gastrointestinal intolerance</li></ul> |
| <b>Febuxostat</b><br>Febuxostat NDA at Drugs@FDA                 | 40-80 mg daily (QD)  | <ul style="list-style-type: none"><li>80 mg dose ~ 4.5 mg/dL* mean ↓sUA</li><li>CV risk, hepatotoxicity, cutaneous reactions</li></ul>  |
| <b>Second Line Therapy: Uricosuric Agents</b>                    |  |   |
| <b>Probenecid</b><br>Pui et al, J Rheum 2013                     | 500-1000 mg BID<br>(T <sub>1/2</sub> 3-8 hrs)                                    | <ul style="list-style-type: none"><li>Mean 1.3 g/d dose ~ 2.9 mg/dL* mean ↓sUA</li><li>Nephrolithiasis</li></ul>  |
| <b>Lesinurad</b><br>Zurampic NDA at Drugs@FDA                    | 200 mg QD with concomitant XOI   | <ul style="list-style-type: none"><li>200 mg dose ↓sUA on background XOI ~ 1 mg/dL mean</li><li>Renal events including failure, CV risk</li></ul>                             |
| <b>Lesinurad/Allopurinol FDC</b><br>Duzallo NDA at Drugs@FDS     | LES200mg/ALLO200 mg QD or<br>LES200mg/ALLO300 mg QD                              | <ul style="list-style-type: none"><li>Same safety issues as with lesinurad and allopurinol</li></ul>  |
| <b>Third Line Therapy: Uricase</b>                               |  |   |
| <b>Pegloticase</b><br>Krystexxa NDA at Drugs@FDA                 | 8 mg every 2 weeks intravenously<br>(IV)   | <ul style="list-style-type: none"><li>Mean ↓sUA ~6.6 to 6.8* mg/dL</li><li>Anaphylaxis, infusion reactions, ↑CHF</li></ul>  |





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# Febuxostat (Uloric<sup>®</sup>)



- **Mechanism of Action**
  - Selective xanthine oxidase inhibitor
- **Approved Indication and Dosage**
  - For the chronic management of hyperuricemia in gout
  - 40-80mg once daily
    - Outside U.S. approved at doses up to 120 mg once daily
- **Current Labeled Warnings and Precautions**
  - Increase in gout flares with initiation of therapy
  - Cardiovascular Events
  - Hepatic toxicity (including failure)
  - Serious Skin Reactions (Stevens-Johnson Syndrome [SJS], drug reaction with eosinophilia and systemic symptoms [DRESS], and Toxic Epidermal Necrolysis [TEN])

# Relevant Regulatory History



- Febuxostat was approved in 2009 following 3 review cycles including an Arthritis Advisory Committee meeting focused on the drug's cardiovascular (CV) safety
  - Pivotal trials were active and placebo controlled studies of 6 -12 months duration
  - Active comparator was allopurinol at 100-300 mg once daily
  - Pivotal studies utilized a surrogate primary endpoint based on number of patients achieving a sUA  $\leq$  6mg/dL
  - Incidence of gout attacks and reduction in tophi were evaluated as secondary endpoints
  - Complete response action for 2 cycles based upon CV safety concerns

## Relevant Regulatory History (cont'd)



- First Review Cycle – Complete Response
  - Cardiovascular signal
- Febuxostat-treated subjects as compared to allopurinol or placebo patients had
  - Higher rate of overall mortality
  - Higher rate of mortality due to CV causes
  - Higher rate of cardiovascular thromboembolic events

## Relevant Regulatory History (cont'd)



- Second Review Cycle – Complete Response
- Persistent concerns related to CV safety and mortality
- Re-analysis and post hoc adjudication
  - APTC criteria of all serious CV events from original safety database and new safety data from 2 ongoing, long-term extensions (LTEs)
  - Persistent imbalance in all-cause mortality and investigator reported primary APTC not in favor of febuxostat
- Concerns regarding
  - Insufficient data for post hoc application of APTC criteria or to confirm events
  - Lack of dose response for CV events
  - Limited exposure to allopurinol due to unequal randomization in controlled portions of studies followed by most patients receiving open-label febuxostat in LTE

## Second Review Cycle: All-Cause Mortality in Febuxostat Safety Database by Patient-Years of Exposure



| Treatment  | P-Y Exposure | Number of Deaths | Rates/100 P-Y | 95% CI    |
|--|--------------|------------------|---------------|-----------|
| <b>Phase 3 Randomized Controlled Studies</b>                         |              |                  |               |           |
| Febuxostat Total   | 671          | 4                | 0.60          | 0.16-1.53 |
| Allopurinol 300/100 mg QD  | 334          | 0                | 0.0           | 0.00-1.11 |
| <b>Long-Term Extension Studies</b>                                   |              |                  |               |           |
| Febuxostat Total   | 2121         | 8                | 0.38          | 0.16-0.74 |
| Allopurinol 300/100 mg QD  | 145          | 0                | 0.0           | 0.00-2.54 |
| <b>Phase 3 Randomized Controlled and Long-Term Extension Studies</b> |              |                  |               |           |
| Febuxostat Total   | 2792         | 12               | 0.43          | 0.22-0.75 |
| Allopurinol 300/100 mg QD  | 479          | 0                | 0.0           | 0.00-0.77 |

Note: No deaths in phase 1 or during treatment in phase 2 controlled studies; Confidence intervals (CI) calculated via Poisson distribution (Data Cut-Off February 2006)

- Nine of the 12 deaths were cardiovascular
- Imbalances in all-cause mortality could not be explained by differences in duration between treatment groups

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## Relevant Regulatory History (cont'd)



- Sponsor next conducted a new safety and efficacy study
  - Phase 3, non-inferiority, randomized, double-blind, active controlled trial
  - Larger (N=2269) than previous two phase 3 studies combined (N=1832)
  - 3 x more subjects randomized to active control arm (allopurinol; n=765) than combined phase 3 studies (combined allopurinol; n=521)
  - Included approximately 1300 subjects at risk for CV disease
  - Had pre-specified CV endpoints and CV adjudication committee
- Numerically more deaths in allopurinol vs. febuxostat group (3 vs. 2)
  - Results suggested risk of CV events with febuxostat were the same or lower than with allopurinol

# Relevant Regulatory History (cont'd)



- Arthritis Advisory Committee Meeting (11/2008)
  - Voted to recommend approval of febuxostat (12 to 0 with 1 abstention)
  - Recommended a postmarketing (PMR) study to further assess the CV risk associated with drug
- Approval letter required Applicant (2/2009)
  - To conduct a “randomized, controlled trial of adequate size and duration to determine whether the use of [febuxostat] is associated with moderate increase the risk for serious adverse cardiovascular outcomes as compared to allopurinol”
  - Include following warning in drug’s label

***“Cardiovascular Events: In the randomized controlled studies, there was a higher rate of cardiovascular thromboembolic events (cardiovascular deaths, non-fatal myocardial infarctions and non-fatal strokes) in patients treated with ULORIC (0.74 per 100 P-Y [95% Confidence Interval (CI) 0.36-1.37]) than allopurinol (0.60 per 100 P-Y[95% CI 0.16-1.53]). A causal relationship with ULORIC has not been established. Monitor of signs and symptoms of MI and stroke.”***

# Relevant Regulatory History: CARES Study



- Multicenter, randomized, double blind, CV outcome study conducted in US, Canada and Mexico in hyperuricemic subjects with gout and major CV disease
- Primary endpoint: composite of major adverse CV events (MACE)
- Secondary endpoints: individual components of MACE and death from any cause
- Non-inferiority trial design
  - To accrue 624 MACE events with 90% power to reject a hazard ratio risk margin for MACE (febuxostat vs allopurinol) greater than 1.3 at one-sided 2.5% alpha level assuming a true hazard ratio of 1.0

CARES: Cardiovascular Safety of Febuxostat and Allopurinol in Patients with Gout and Cardiovascular Morbidity

# Relevant Regulatory History: CARES Study



- Doses of both ULTs were ↑ to maximum doses of 80 mg QD febuxostat and 600 mg QD allopurinol based on achieving sUA level <6 mg/dL and renal function
- Subjects received prophylactic gout therapy during the first 6 months
  - Either colchicine, naproxen or another NSAID, or prednisone
- Timeline extension given due to study enrollment difficulties
  - Added sites in Mexico and Canada
- Study was completed in May 2017

NSAID: Non-steroidal anti-inflammatory drug

## Relevant Regulatory History (cont'd)



- Drug Safety Communication (DSC) issued November 2017 when initial results of CARES were available
- Final study report submitted January 2018
  - Applicant has proposed an updated CV warning in product's labeling
  - Study published in NEJM March 2018
  - Data also presented at
    - American Academy of Cardiology Annual Meeting (March 2018)
    - American College of Rheumatology Annual Meeting (October 2018)
- Citizen's Petition submitted by Public Citizen to withdraw febuxostat from market based on CARES data (June 2018)
- Updated DSC issued August 2018 regarding ongoing agency review of CARES study and plans to hold AC meeting in early 2019 to discuss results of CARES



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***Statistical Assessment of Cardiovascular Safety of CARES***

Ya-Hui Hsueh, PhD  
Statistical Reviewer  
Division of Biometrics VII/Office of Biostatistics  
U.S. Food and Drug Administration  
January 11, 2019





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***Characteristics of Febuxostat and Allopurinol Users in  
Real World Settings and Utilization Patterns***

Marie Bradley, PhD, MScPH, MPharm  
Epidemiology Reviewer  
Division of Epidemiology II/Office of Surveillance and Epidemiology  
U.S. Food and Drug Administration  
January 11, 2019



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## ***Clinical Considerations and Benefit-Risk Assessment***

Rosemarie Neuner, MD, MPH  
Medical Officer  
Division of Pulmonary, Allergy, and Rheumatology Products  
U.S. Food and Drug Administration  
January 11, 2019

# CARES Study: Clinical Considerations



- CARES results
  - Excluded pre-specified non-inferiority margin for MACE
  - Shows significant increase in CV death
    - Majority of CV deaths occurred following discontinuation of study treatment
    - No clear cause of increase in CV death
- Mechanism of action for increased risk in CV death not clear
- CARES enrolled high risk patient population
  - Generalizability to gout patients in real world settings is unclear
- Allopurinol is the most commonly dispensed Xanthine Oxidase Inhibitor (XOI)

# Other Gout CV Outcome Studies



- FAST: Febuxostat versus Allopurinol Streamlined Trial
  - Cardiovascular Outcome Trial (CVOT) required by EMA
  - Phase 4, randomized, open-label, blinded endpoint study conducted primarily in the United Kingdom and Denmark in hyperuricemic patients with at least one other CV risk factor
  - “Treat to target” dosing (sUA<6md/dL)
    - Optimization of allopurinol (based on renal function)
    - Febuxostat dosed at 80 or 120 mg/day
  - Primary endpoint: composite of major adverse CV events (MACE) (Adjudicated)
  - Completed enrollment (N=6,142); key results available May 2020
- VA is conducting a comparative effectiveness gout study with febuxostat versus allopurinol
  - Collected safety data may contain additional data regarding CV risk associated with febuxostat

# Benefit-Risk Assessment Considerations



# Benefit Assessment Considerations



- Febuxostat is an efficacious urate lowering therapy
  - Can be used as an effective agent in “treat-to-target” dosing management of hyperuricemic gout patients recommended by current treatment guidelines
  - No dose adjustment necessary in patients with
    - Mild to moderate hepatic impairment
    - Mild to moderate renal impairment
      - Dose limited to 40 mg once daily in patients with severe renal impairment
  - An alternative for patients unable to tolerate allopurinol
  - Different drug-drug interaction (DDI) considerations than allopurinol
  - XOI class of ULT are potent and administration is less problematic than other ULT

# Risk Assessment Considerations



- Febuxostat's safety profile includes
  - Serious skin reactions
    - Stevens-Johnson Syndrome [SJS], drug reaction with eosinophilia and systemic symptoms [DRESS], and Toxic Epidermal Necrolysis [TEN])
  - Hepatic events including hepatic failure
  - Cardiovascular events, including CV death



# Context of Use Considerations

| Product  | Approved Dosing  | Efficacy and Safety   |
|--|--|---|
| <b>First Line Therapy: Xanthine Oxidase Inhibitors (XOI)</b>     |  |   |
| <b>Allopurinol</b><br>LASSO Study<br>Febuxostat NDA at Drugs@FDA | 100-800 mg/d;<br>Doses >300 mg/d divide into<br>twice daily (BID) administration | <ul style="list-style-type: none"><li>• 300 mg dose ~ 2 to 3.5 mg/dL* mean ↓sUA</li><li>• Hypersensitivity reactions, cutaneous reactions, gastrointestinal intolerance</li></ul> |
| <b>Febuxostat</b><br>Febuxostat NDA at Drugs@FDA                 | 40-80 mg daily (QD)  | <ul style="list-style-type: none"><li>• 80 mg dose ~ 4.5 mg/dL* mean ↓sUA</li><li>• CV risk, hepatotoxicity, cutaneous reactions</li></ul>  |
| <b>Second Line Therapy: Uricosuric Agents</b>                    |  |   |
| <b>Probenecid</b><br>Pui et al, J Rheum 2013                     | 500-1000 mg BID<br>(T <sub>1/2</sub> 3-8 hrs)                                    | <ul style="list-style-type: none"><li>• Mean 1.3 g/d dose ~ 2.9 mg/dL* mean ↓sUA</li><li>• Nephrolithiasis</li></ul>  |
| <b>Lesinurad</b><br>Zurampic NDA at Drugs@FDA                    | 200 mg QD with concomitant XOI   | <ul style="list-style-type: none"><li>• 200 mg dose ↓sUA on background XOI ~ 1 mg/dL mean</li><li>• Renal events including failure, CV risk</li></ul>                             |
| <b>Lesinurad/Allopurinol FDC</b><br>Duzallo NDA at Drugs@FDS     | LES200mg/ALLO200 mg QD or<br>LES200mg/ALLO300 mg QD                              | <ul style="list-style-type: none"><li>• Same safety issues as with lesinurad and allopurinol</li></ul>  |
| <b>Third Line Therapy: Uricase</b>                               |  |   |
| <b>Pegloticase</b><br>Krystexxa NDA at Drugs@FDA                 | 8 mg every 2 weeks intravenously<br>(IV)   | <ul style="list-style-type: none"><li>• Mean ↓sUA ~6.6 to 6.8* mg/dL</li><li>• Anaphylaxis, infusion reactions, ↑CHF</li></ul>  |



# Benefit-Risk Assessment



- Factors for consideration when discussing potential regulatory actions for febuxostat
  - 6 urate lowering therapies (ULTs) are currently marketed
    - Two will no longer be available as of 2/1/19 (<https://www.zurampic.com>)
    - Each with their own various associated safety risks
  - Febuxostat is the only alternative XOI to allopurinol
    - XOIs are recommended first-line therapy for gout
  - Unmet medical need
  - Growing gout epidemic

## Regulatory Actions for AC Discussion



- Strengthening current CV warning
- Add boxed warning for CV death
- Change indication to second line therapy
- Citizens Petition request to withdraw from market



# Acknowledgements

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Judith Zander  
Gerald Dal Pan

- ***OSI***

Min Lu





**Arthritis Advisory Committee and  
Drug Safety and Risk Management Advisory Committee  
Joint Meeting**

sNDA 21856: Febuxostat for the chronic management of hyperuricemia  
in patients with gout

***Statistical Assessment of Cardiovascular Safety of CARES***

Ya-Hui Hsueh, PhD  
Statistical Reviewer  
Division of Biometrics VII/Office of Biostatistics  
U.S. Food and Drug Administration  
January 11, 2019



# Outline

---

- **Trial Objective and Design**
- **Statistical Methods**
- **Results**
- **Summary**



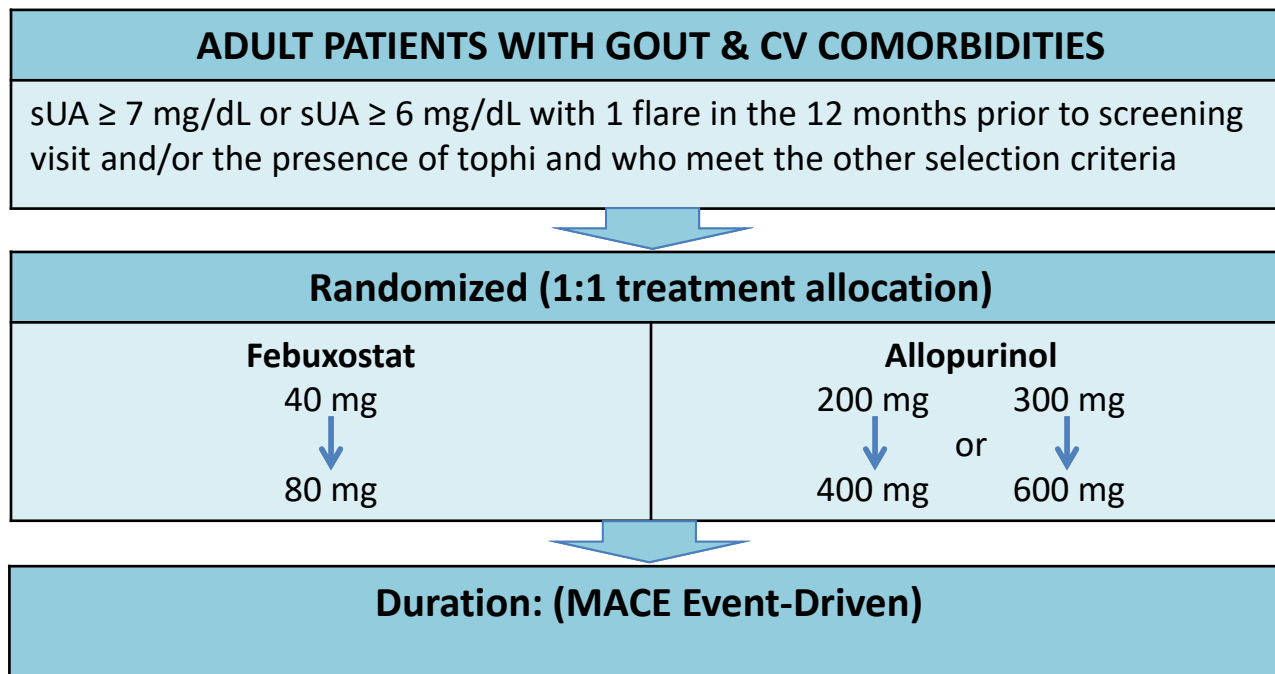
# Primary Objective

---

- ☐ To rule out a hazard ratio of MACE greater than 1.3 associated with febuxostat relative to allopurinol
- ☐ Three interim analyses and a final analysis
- ☐ Results of the final analysis are presented. All confidence intervals are at the nominal 95% level
- ☐ Primary Major Adverse Cardiovascular Event (MACE) composite
  - Cardiovascular (CV) death
  - Non-fatal myocardial infarction (MI)
  - Non-fatal stroke
  - Unstable angina with urgent coronary revascularization

# CARES Trial Design

MULTI-NATIONAL, RANDOMIZED, DOUBLE-BLIND, ACTIVE-CONTROLLED CARDIOVASCULAR OUTCOME TRIAL







# Trial Disposition and Treatment Exposure

|                            | Febuxostat<br>N=3098 | Allopurinol<br>N=3092 |
|----------------------------|----------------------|-----------------------|
| <b>Trial Completion</b>    |                      |                       |
| Completed                  | 1704 (55.0%)         | 1706 (55.2%)          |
| Lost to Follow-up          | 226 (7.3%)           | 223 (7.2%)            |
| Withdrawal                 | 595 (19.2%)          | 587 (19.0%)           |
| Other                      | 573 (18.5%)          | 576 (18.6%)           |
| <b>On-Study Follow-up</b>  |                      |                       |
| Median (years)             | 2.7                  | 2.6                   |
| Maximum (years)            | 6.9                  | 7.0                   |
| ≥ 2 yrs (%)                | 60.9%                | 59.8%                 |
| <b>Treatment Exposure*</b> |                      |                       |
| Median (years)             | 2.0                  | 2.0                   |

\*All randomized subjects exposed to at least one dose of randomized treatment

[www.fda.gov](http://www.fda.gov)



# Trial Subjects Vital Status

|                            | Febuxostat<br>N=3098 | Allopurinol<br>N=3092 |
|----------------------------|----------------------|-----------------------|
| <b>Completed Trial</b>     | 1704                 | 1706                  |
| Alive                      | 1461 (86%)           | 1507 (88%)            |
| Dead                       | 243 (14%)            | 199 (12%)             |
| <b>Discontinued Trial*</b> | 1394                 | 1386                  |
| Alive                      | 878 (63%)            | 882 (64%)             |
| Dead                       | 89 (6%)              | 110 (8%)              |
| Unknown                    | 427 (31%)            | 394 (28%)             |

\*The applicant updated subjects' vital status based on public records

[www.fda.gov](http://www.fda.gov)



# Baseline Characteristics

|                                       | Febuxostat<br>N=3098 | Allopurinol<br>N=3092 |
|---------------------------------------|----------------------|-----------------------|
| Age, Mean $\pm$ SD, yrs               | 64.6 $\pm$ 8.6       | 65.0 $\pm$ 8.5        |
| Male                                  | 84%                  | 84%                   |
| White                                 | 70%                  | 69%                   |
| Randomized in US                      | 86%                  | 86%                   |
| History of Diabetes                   | 55%                  | 55%                   |
| History of CHF                        | 20%                  | 20%                   |
| Hypertension                          | 92%                  | 92%                   |
| Hyperlipidemia                        | 86%                  | 87%                   |
| Year of Gout Diagnosis <sup>a</sup>   |                      |                       |
| < 5                                   | 37%                  | 35%                   |
| 5-10                                  | 19%                  | 20%                   |
| > 10                                  | 44%                  | 45%                   |
| Renal Function Status <sup>a</sup>    |                      |                       |
| Normal                                | 8%                   | 7%                    |
| Mild Impairment                       | 39%                  | 40%                   |
| Moderate Impairment                   | 53%                  | 53%                   |
| BMI, Mean $\pm$ SD, kg/m <sup>2</sup> | 33.6 $\pm$ 7.0       | 33.4 $\pm$ 6.9        |

[www.fda.gov](http://www.fda.gov) SD = standard deviation; CHF= congestive heart failure; BMI = body mass index

<sup>a</sup> The calculation ignored missing values

# Outline

---



- Trial Objective and Design
- **Statistical Methods**
- Results
- Summary



# Statistical Analysis Method (1)

---

## Endpoints

- **Primary:** MACE composite (CV Death, non-fatal MI, non-fatal stroke, unstable angina with urgent coronary revascularization)
- **Secondary:**
  - Individual components of the primary MACE
  - Antiplatelet Trialists' Collaborative (APTC): composite of CV Death, non-fatal MI, and non-fatal stroke
  - All-Cause death
  - All-Cause death (on-treatment + 30 days)



## Statistical Analysis Method (2)

---

### ☐ **Analysis Population**

All randomized subjects exposed to at least one dose of randomized treatment, followed from the time of randomization to the last recorded study visit (on-study)

### ☐ **Censoring**

On-study analysis included all events in the trial (on- and off-treatment periods)

### ☐ **Type I error rate: $\alpha = 0.05$ (two-sided)**

Confidence intervals for all endpoints are presented at 95% confidence level

### ☐ **Time to Event Analysis**

Cox proportional hazards model, with treatment as covariate, stratified by baseline renal function status



# Outline

---

- Trial Objective and Design
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# Primary Analysis of MACE

|   | <b>Febuxostat</b><br>N=3098<br>PY=8799.5 | <b>Allopurinol</b><br>N=3092<br>PY=8675.7 | <b>Hazard Ratio*</b><br><b>(95% CI)</b> |
|---|--|---|---|
| <b>MACE</b>   | <b>335 [3.8]</b>                         | <b>321 [3.7]</b>                          | <b>1.03 (0.89, 1.21)</b>                |
| CV Death  | 134                                      | 100                                       | 1.34 (1.03, 1.73)                       |
| Non-fatal MI  | 111                                      | 118                                       | 0.93 (0.72, 1.21)                       |
| Non-fatal Stroke  | 71                                       | 70  | 1.01 (0.73, 1.41)                       |
| Unstable Angina with Urgent<br>Coronary Revascularization | 49                                       | 56  | 0.86 (0.59, 1.26)                       |

PY=person-year

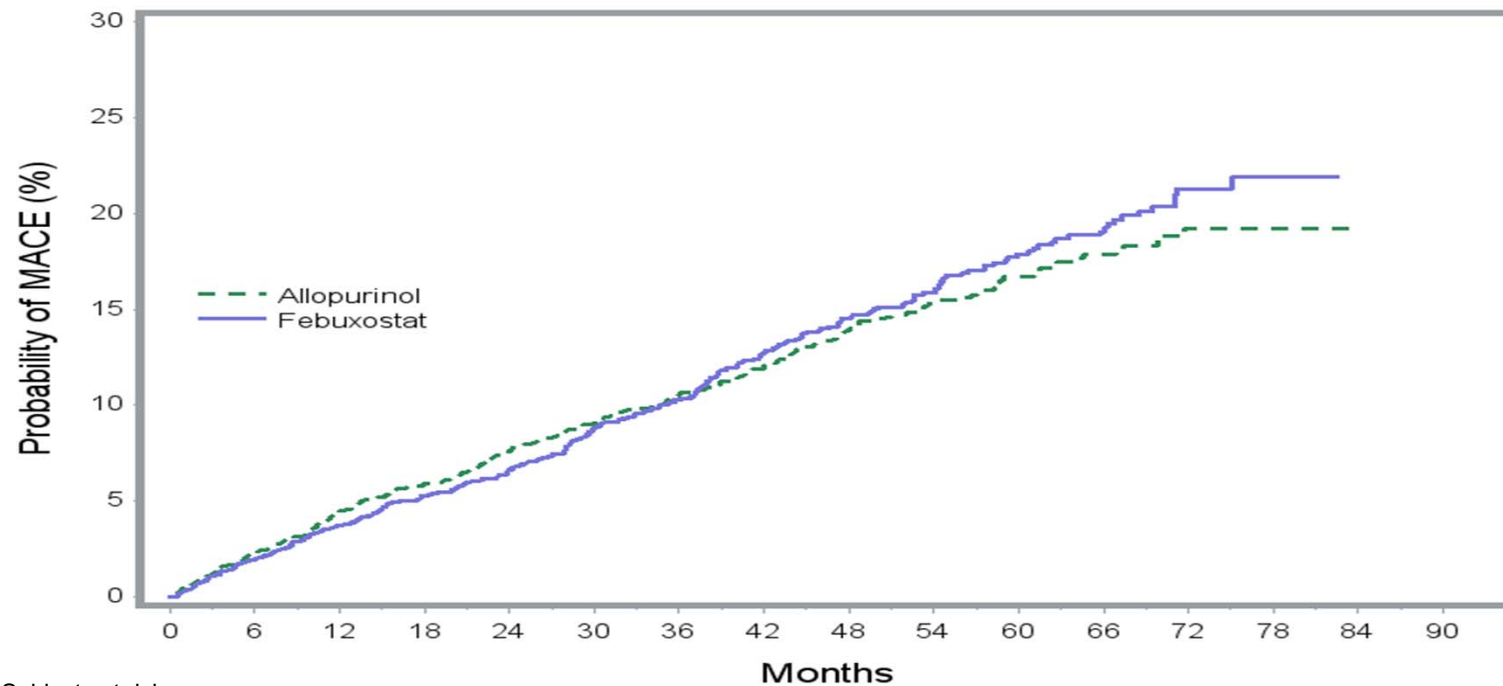
[ ]: incidence rate per 100 person-year

\*HR for Febuxostat vs. Allopurinol

[www.fda.gov](http://www.fda.gov)



# Kaplan-Meier Plot of MACE



Subjects at risk

|             |      |      |      |      |      |      |      |      |     |     |     |     |     |    |   |
|-------------|------|------|------|------|------|------|------|------|-----|-----|-----|-----|-----|----|---|
| Febuxostat  | 3098 | 2776 | 2478 | 2081 | 1817 | 1552 | 1339 | 1120 | 919 | 739 | 541 | 404 | 207 | 48 | 0 |
| Allopurinol | 3092 | 2761 | 2444 | 2048 | 1766 | 1516 | 1324 | 1093 | 887 | 725 | 554 | 390 | 211 | 48 | 0 |

[www.fda.gov](http://www.fda.gov)



## MACE On-Treatment vs. After-Treatment

|                                 | Febuxostat |               |            | Allopurinol |               |            |
|---------------------------------|------------|---------------|------------|-------------|---------------|------------|
|                                 | Events     | PY*           | IR**       | Events      | PY*           | IR**       |
| <b>On-Study</b>                 | <b>335</b> | <b>8799.5</b> | <b>3.8</b> | <b>321</b>  | <b>8675.7</b> | <b>3.7</b> |
| On-Treatment                    | 191        | 7299.3        | 2.6        | 199         | 7143.7        | 2.8        |
| After-Treatment Discontinuation | 144        | 1500.2        | 9.6        | 122         | 1532.0        | 8.0        |

\*PY=person-year; \*\*IR= incidence rate per 100 person-year  
[www.fda.gov](http://www.fda.gov)

# Secondary Analysis: Individual Components of MACE



|   | Febuxostat<br>N=3098<br>PY=8799.5 | Allopurinol<br>N=3092<br>PY=8675.7 | Hazard Ratio*<br>(95% CI) |
|---|-----------------------------------|------------------------------------|---------------------------|
| <b>MACE</b>   | 335 [3.8]                         | 321 [3.7]                          | 1.03 (0.89, 1.21)         |
| <b>CV Death</b>   | <b>134</b>                        | <b>100</b>                         | <b>1.34 (1.03, 1.73)</b>  |
| Non-fatal MI  | 111                               | 118                                | 0.93 (0.72, 1.21)         |
| Non-fatal Stroke  | 71                                | 70                                 | 1.01 (0.73, 1.41)         |
| Unstable Angina with Urgent<br>Coronary Revascularization | 49                                | 56                                 | 0.86 (0.59, 1.26)         |

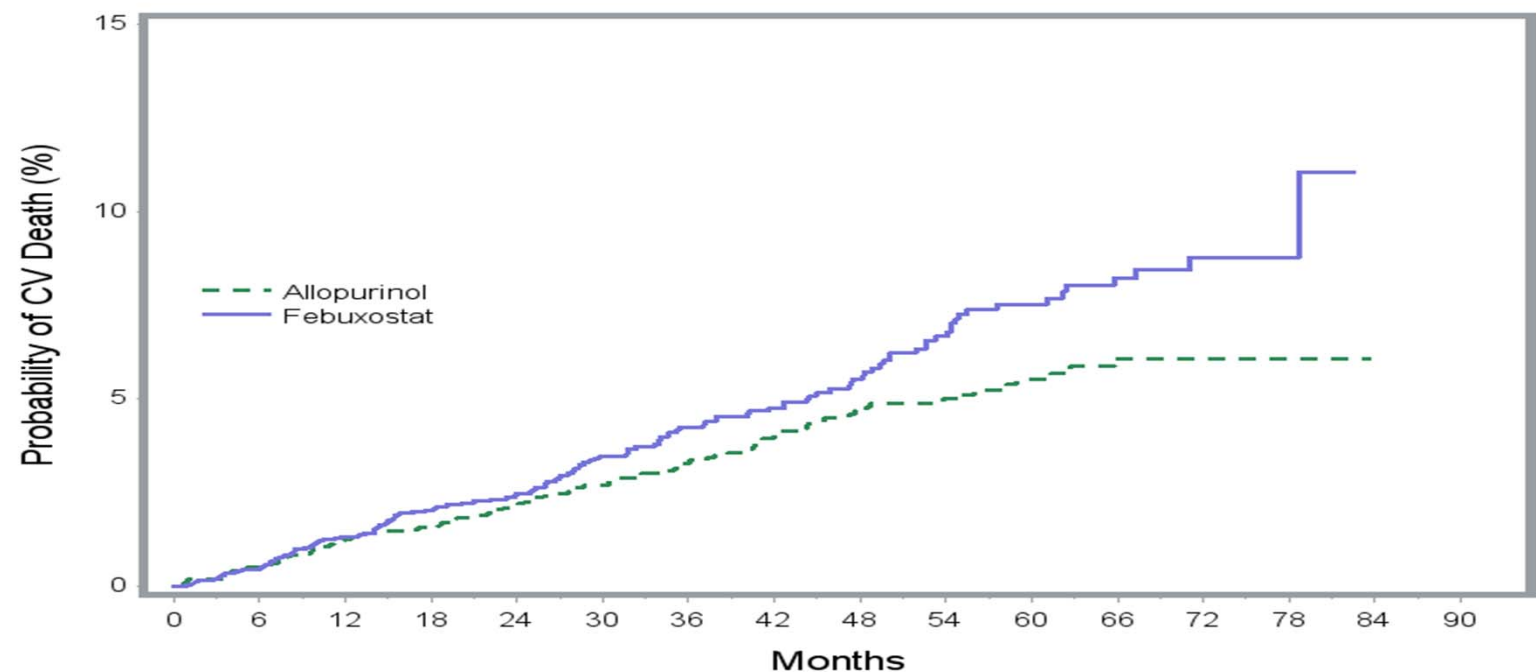
PY=person-year; [ ]: incidence rate per 100 person-year

\*HR for Febuxostat vs. Allopurinol

[www.fda.gov](http://www.fda.gov)



# Kaplan-Meier Plot of CV Death



Subjects at risk

|             |      |      |      |      |      |      |      |      |     |     |     |     |     |    |   |
|-------------|------|------|------|------|------|------|------|------|-----|-----|-----|-----|-----|----|---|
| Febuxostat  | 3098 | 2815 | 2535 | 2146 | 1888 | 1626 | 1410 | 1199 | 992 | 794 | 593 | 440 | 230 | 51 | 0 |
| Allopurinol | 3092 | 2804 | 2510 | 2119 | 1848 | 1589 | 1397 | 1165 | 962 | 797 | 609 | 434 | 235 | 57 | 0 |

[www.fda.gov](http://www.fda.gov)

## Secondary CV Analyses

|   | Febuxostat<br>N=3098 | Allopurinol<br>N=3092 | Hazard Ratio*<br>(95% CI) |
|---|----------------------|-----------------------|---------------------------|
| <b>APTC</b>   | 296                  | 271                   | 1.09 (0.92, 1.28)         |
| <b>All-Cause Death (On-Study)</b>                   | 243                  | 199                   | 1.22 (1.01, 1.47)         |
| CV Death  | 134                  | 100                   | 1.34 (1.03, 1.73)         |
| Non-CV Death  | 109                  | 99                    | 1.10 (0.84, 1.45)         |
| <b>All-Cause Death<br/>(On-Treatment + 30 days)</b> | 92                   | 72                    | 1.26 (0.93, 1.72)         |
| CV Death  | 62                   | 41                    | 1.49 (1.01, 2.22)         |
| Non-CV Death  | 30                   | 31                    | 0.96 (0.58, 1.58)         |

\*HR for Febuxostat vs. Allopurinol

[www.fda.gov](http://www.fda.gov)

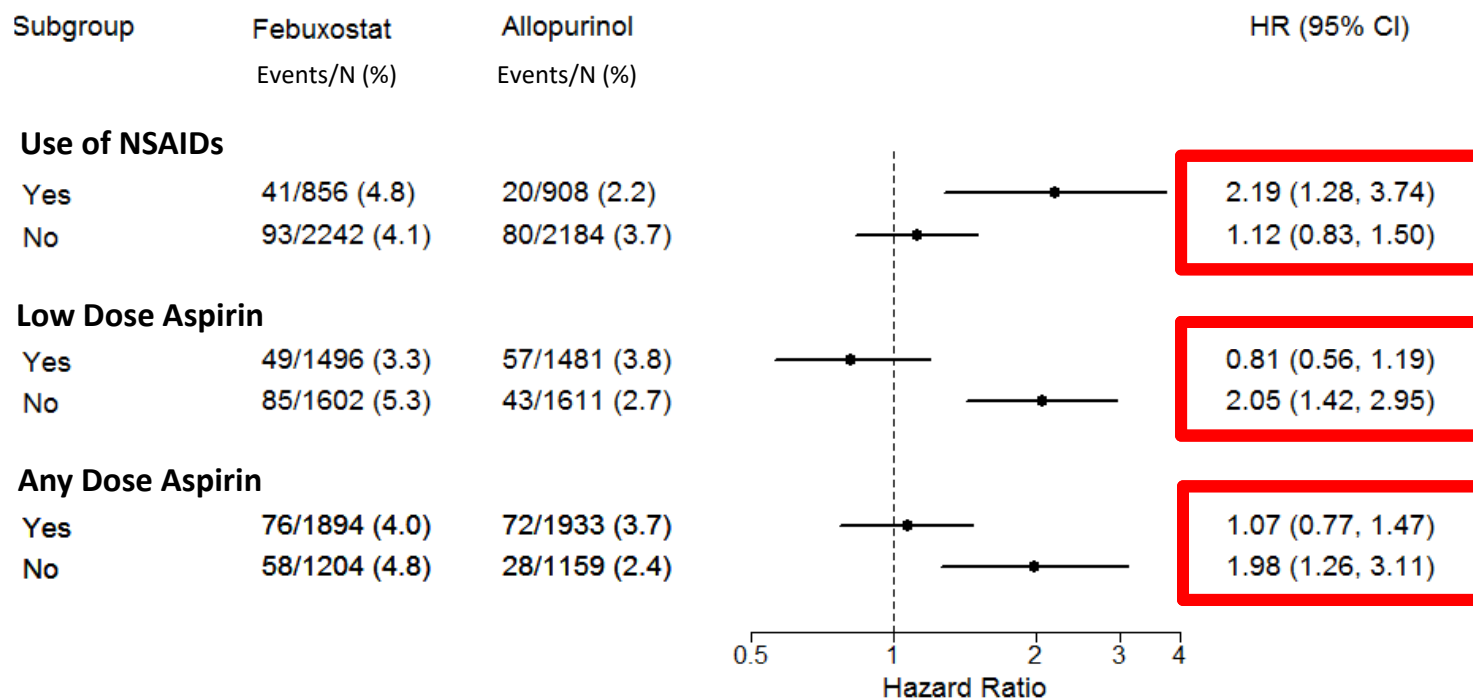


# CV Death after Treatment Discontinuation

---

|                        | CV Death   |             |
|------------------------|------------|-------------|
|                        | Febuxostat | Allopurinol |
| On-Study               | 134        | 100         |
| On-Treatment           | 23         | 14          |
| After Treatment (days) |            |             |
| 1-30                   | 39         | 27          |
| 31-60                  | 14         | 12          |
| 61-90                  | 8          | 11          |
| 91-180                 | 23         | 21          |
| 181-360                | 4          | 5           |
| 361-720                | 11         | 4           |
| 721+                   | 12         | 6           |

# Subgroup Analysis of CV Death



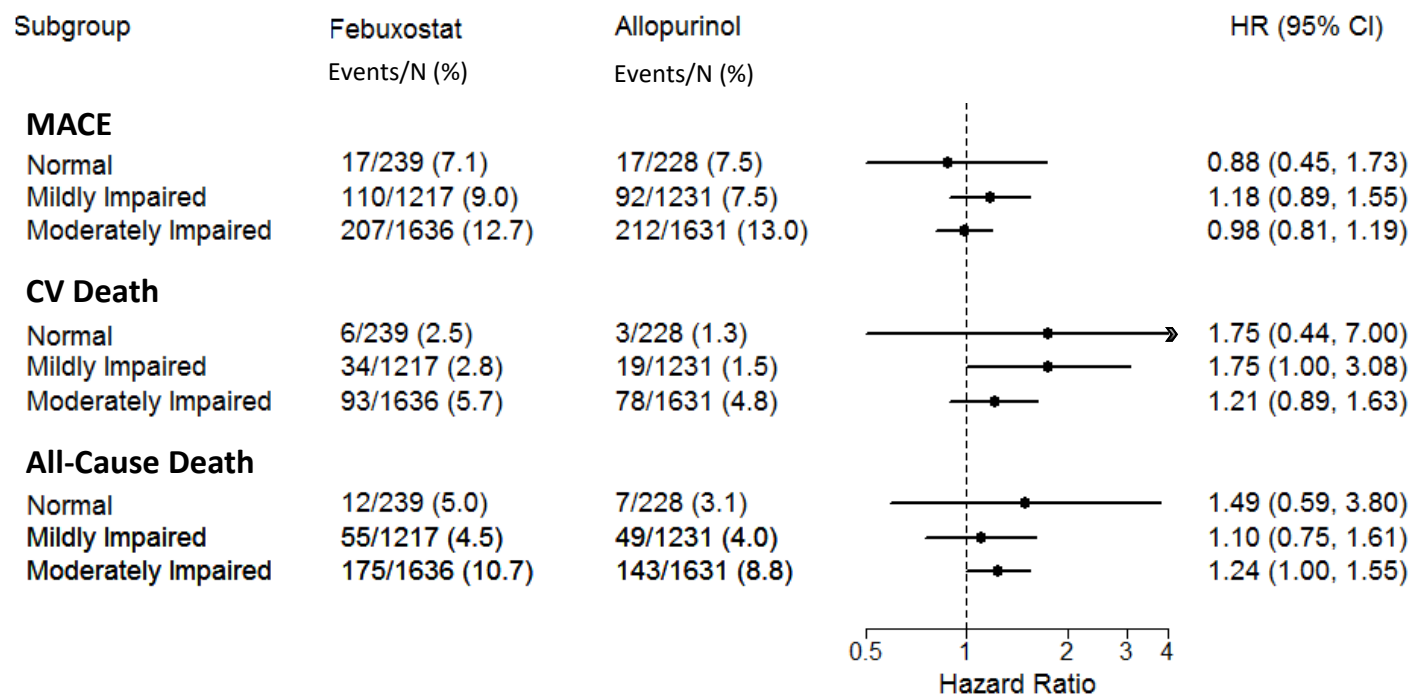
Events/N (%) = event rate (%)

Allopurinol Worse

Febuxostat Worse



# Subgroup Analysis – Baseline Renal Status



Events/N (%) = event rate (%)

Allopurinol Worse

Febuxostat Worse





# Outline

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- Trial Objective and Design
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## Summary

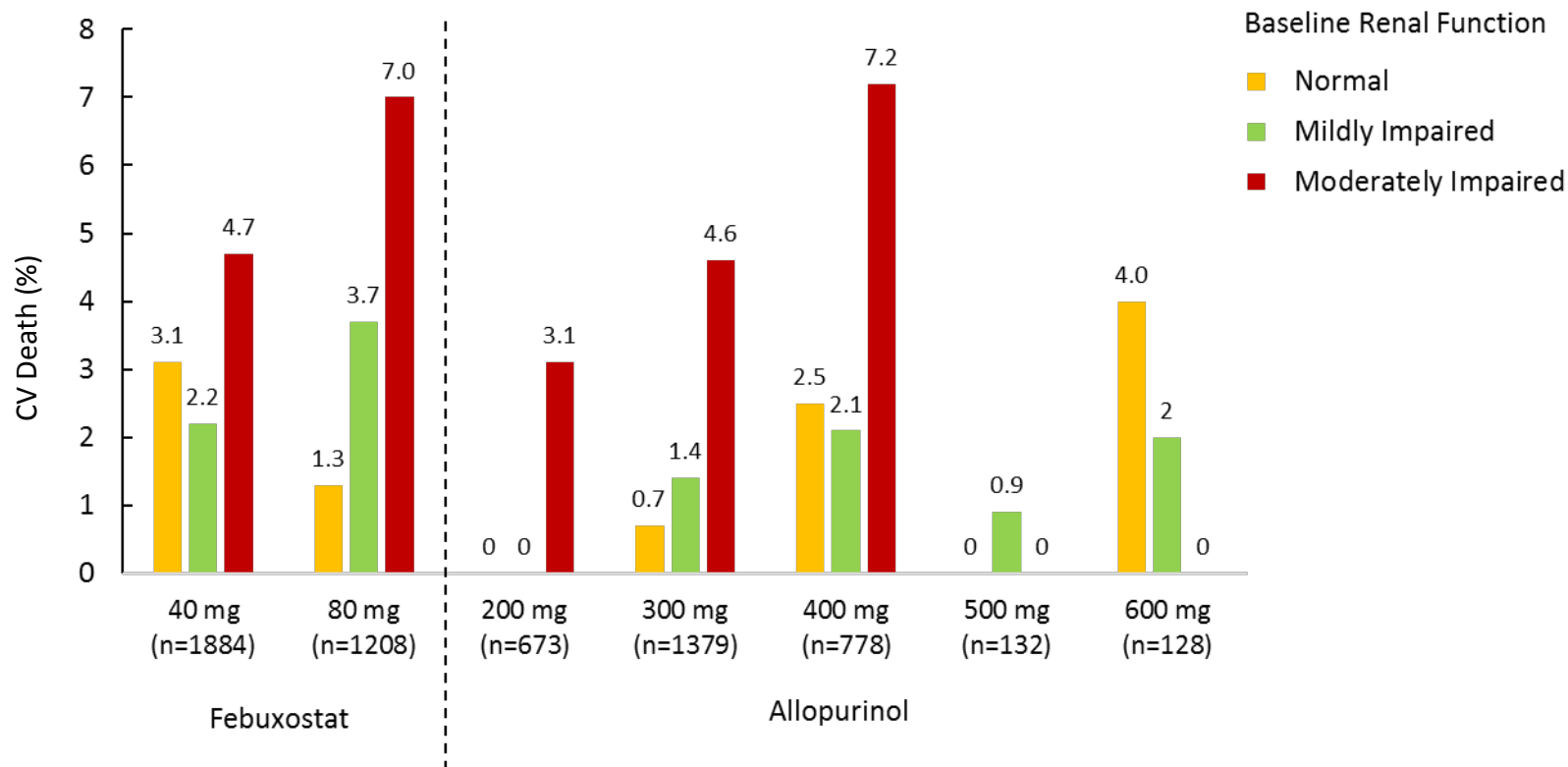
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- ❑ CARES was designed to rule out a hazard ratio margin of  $\text{MACE} > 1.3$
- ❑ The Cox proportional hazards model estimated a hazard ratio of MACE associated with febuxostat of 1.03 with a 95% confidence interval of (0.89, 1.21)
- ❑ The upper bound of the 95% CI ruled out the risk margin of 1.3
- ❑ Observed increased risk of CV death associated with febuxostat



**Back-up Slide Shown**

# CV Death by Baseline Renal Function and Final Dose





**Arthritis Advisory Committee and  
Drug Safety and Risk Management Advisory Committee  
Joint Meeting**

sNDA 21856: Febuxostat for the chronic management of hyperuricemia  
in patients with gout

***Characteristics of Febuxostat and Allopurinol Users in  
Real World Settings and Utilization Patterns***

Marie Bradley, PhD, MScPH, MPharm  
Epidemiology Reviewer  
Division of Epidemiology II/ Office of Surveillance and Epidemiology  
U.S. Food and Drug Administration  
January 11, 2019

# Overview



- Nationally estimated patient-level and prescription-level data
  - High-level urate lowering therapy (ULT) utilization patterns in the US
- Sentinel analyses
  - Characteristics of febuxostat and allopurinol users
  - Utilization
  - Switching



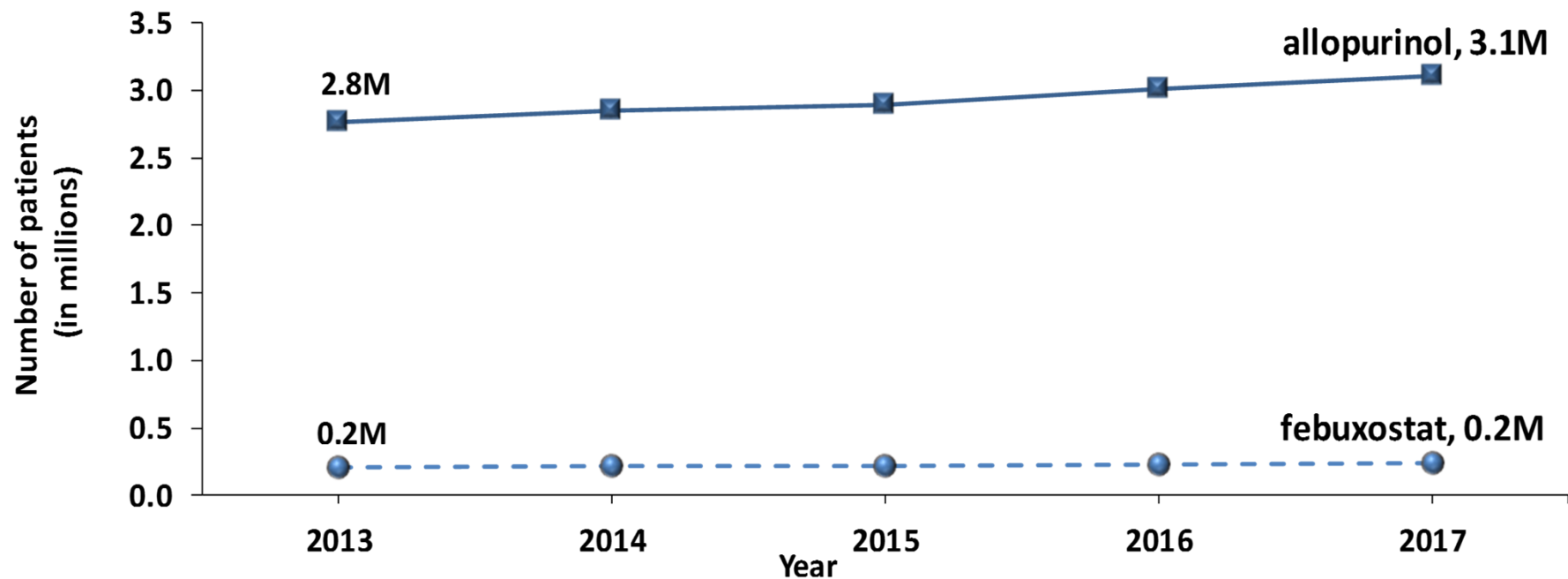
# **Drug Utilization: National Estimates**



# Patient Data: Febuxostat and Allopurinol



Nationally Estimated Number of Patients Dispensed a Prescription for Febuxostat or Allopurinol from U.S. Outpatient Retail Pharmacies



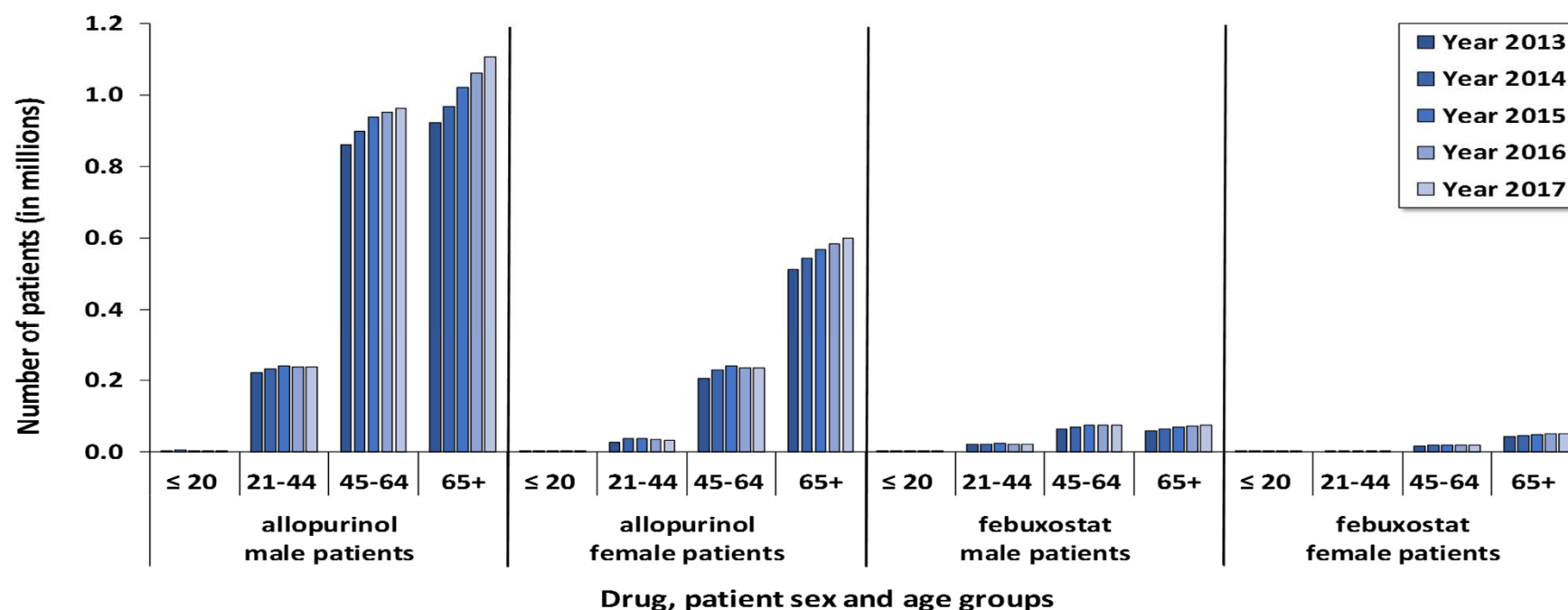
Data Source: IQVIA™ Total Patient Tracker. Years 2013-2017. Extracted October 2018.

- Allopurinol was the most widely used ULT with over 3 million patients in 2017

# Patient Data by Age and Sex



Nationally Estimated Number of Patients Dispensed a Prescription for Febuxostat or Allopurinol by Patient Sex and Age Groups from U.S. Outpatient Retail Pharmacies, 2013-2017



Data Source: IQVIA™ Total Patient Tracker. Years 2013-2017. Extracted October 2018.

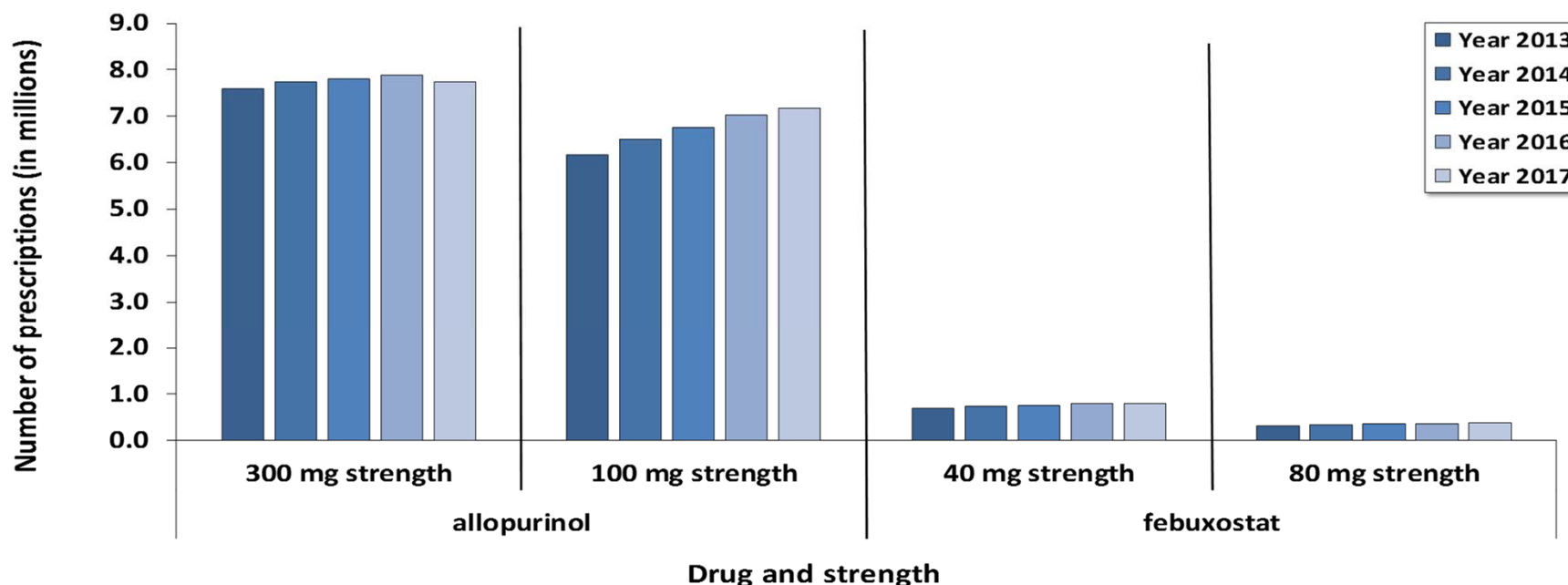
- Males and patients aged 65 years + accounted for largest amount of allopurinol and febuxostat use

[www.fda.gov](http://www.fda.gov)

# Dispensed Prescription Data by Drug Strength



Nationally Estimated Number of Prescriptions Dispensed for Febuxostat or Allopurinol from U.S. Outpatient Retail Pharmacies, by Drug Strength, 2013-2017



Data Source: IQVIA™ National Prescription Audit. Years 2013-2017. Extracted October 2018.

Note: allopurinol 500 mg strength (IV injectable) was not included in the figure above due to the negligible amount of use observed in the outpatient retail setting.

- The most commonly dispensed strengths were allopurinol 300 mg tablets and febuxostat 40 mg tablets



# Sentinel Analyses

# Background



- CARES trial included a select population of gout patients enriched for CVD
- Concerns about generalizability of CARES trial findings to gout patients in real world settings
- We conducted analyses in the Sentinel Distributed Database (SDD) to examine if patients in the CARES trial truly reflect gout patients in real world settings and to examine utilization of ULT



# Sentinel System

- Distributed network of data partners (DPs)
- Primarily commercial insurance claims data
- Each DP contributes medical encounter and pharmacy transaction data, including inpatient and outpatient diagnoses and procedure codes and outpatient drug dispensing data
- Each DP maintains operational control over their data formatted in common data model
- Customized modular programs compatible with the common data model (Active Risk Identification Analysis (ARIA) system) are run on the distributed database



# Methods

- Data from SDD from January 1, 2009 to September 30, 2016
  - 17 health plans, over 122 million enrollees
- 1. Characteristics of the gout population
- 2. Characteristics, duration of use and switching patterns among initiators of febuxostat and allopurinol
- 3. Comparison with CARES population



# Results





# Characteristics of the Gout Population

|  | Patients with at least one gout diagnosis code |                        |
|--|--|------------------------|
|  | N/Mean   | %/Std Dev <sup>2</sup> |
| Number of unique patients                | 5,031,941                                      |                        |
| Demographics                             |  |                        |
| Age (Mean &SD)                           | 67.8   | 12.2                   |
| Age: 21-44                               | 393,716  | 7.8%                   |
| Age: 45-64                               | 1,329,986                                      | 26.4%                  |
| Age: 65+                                 | 3,308,239                                      | 65.7%                  |
| Gender (Female)                          | 1,881,665                                      | 37.4%                  |
| Gender (Male)                            | 3,150,130                                      | 62.6%                  |
| Ever use of ULT following gout diagnosis |  |                        |
| Febuxostat                               | 217,114  | 4.3%                   |
| Allopurinol                              | 2,336,478                                      | 46.4%                  |
| Probenecid                               | 85,732   | 1.7%                   |
| Pegloticase                              | 144  | 0.0%                   |

- Mean age of gout patients was 67 years
- More males than females were diagnosed
- Allopurinol was the most commonly used ULT following a gout diagnosis, febuxostat use appeared rare in comparison

# Characteristics of Febuxostat and Allopurinol Initiators



|                                  | Febuxostat initiators |                        | Allopurinol initiators |                        |
|----------------------------------|-----------------------|------------------------|------------------------|------------------------|
|                                  | N/Mean                | %/Std Dev <sup>2</sup> | N/Mean                 | %/Std Dev <sup>2</sup> |
| <b>Number of unique patients</b> | 80,083                |                        | 1,049,462              |                        |
| <b>Mean Age</b>                  | 68.3                  | 11.9                   | 67.3                   | 12.1                   |
| <b>Age: 21-44</b>                | 6,503                 | 8.1%                   | 88,682                 | 8.5%                   |
| <b>Age: 45-64</b>                | 20,722                | 25.9%                  | 286,874                | 27.3%                  |
| <b>Age: 65+</b>                  | 52,858                | 66.0%                  | 673,906                | 64.2%                  |
| <b>Gender (Female)</b>           | 29,120                | 36.4%                  | 359,524                | 34.3%                  |
| <b>Gender (Male)</b>             | 50,961                | 63.6%                  | 689,900                | 65.7%                  |

- Febuxostat initiators were slightly older than allopurinol initiators and had a higher proportion of females

# Characteristics of Febuxostat and Allopurinol Initiators by Strength



|                           | Patients initiating febuxostat (40mg) |                        | Patients initiating febuxostat (80mg) |                        | Patients initiating allopurinol (100mg) |                        | Patients initiating allopurinol (300mg) |                        |
|---------------------------|---------------------------------------|------------------------|---------------------------------------|------------------------|---|------------------------|---|------------------------|
|                           | N                                     | %/Std Dev <sup>2</sup> | N                                     | %/Std Dev <sup>2</sup> | N                                       | %/Std Dev <sup>2</sup> | N                                       | %/Std Dev <sup>2</sup> |
| <b>Number of patients</b> | 66,682                                |                        | 14,657                                |                        | 681,171                                 |                        | 406,323                                 |                        |
| <b>Mean Age</b>           | 69                                    | 11.8                   | 65                                    | 11.8                   | 68.7                                    | 12.3                   | 64.9                                    | 11.6                   |
| <b>Age: 21-44</b>         | 5,041                                 | 7.6%                   | 1,595                                 | 10.9%                  | 51,313                                  | 7.5%                   | 41,978                                  | 10.3%                  |
| <b>Age: 45-64</b>         | 16,447                                | 24.7%                  | 4,679                                 | 31.9%                  | 169,497                                 | 24.9%                  | 129,899                                 | 32.0%                  |
| <b>Age: 65+</b>           | 45,194                                | 67.8%                  | 8,383                                 | 57.2%                  | 460,361                                 | 67.6%                  | 234,446                                 | 57.7%                  |
| <b>Gender (Female)</b>    | 25,485                                | 38.2%                  | 3,990                                 | 27.2%                  | 260,528                                 | 38.2%                  | 109,323                                 | 26.9%                  |
| <b>Gender (Male)</b>      | 41,195                                | 61.8%                  | 10,667                                | 72.8%                  | 420,621                                 | 61.7%                  | 296,982                                 | 73.1%                  |

- The mean age of new initiators was similar across ULTs ranging from 65-69 years
- A higher proportion of allopurinol 300 mg and febuxostat 80 mg initiators were male compared to febuxostat 40 mg and allopurinol 100 mg

# CVD History, Gout Severity and CKD in Febuxostat and Allopurinol Initiators



|   | Febuxostat initiators |                        | Allopurinol initiators |                        |
|---|-----------------------|------------------------|------------------------|------------------------|
|   | N/Mean                | %/Std Dev <sup>2</sup> | N/Mean                 | %/Std Dev <sup>2</sup> |
| <b>Baseline cardiovascular history</b>      |                       |                        |                        |                        |
| Myocardial infarction                       | 1,204                 | 1.5%                   | 15,897                 | 1.5%                   |
| Unstable angina                             | 1,267                 | 1.6%                   | 16,017                 | 1.5%                   |
| Stroke                                      | 2,197                 | 2.7%                   | 30,870                 | 2.9%                   |
| Transient ischemic attack                   | 570                   | 0.7%                   | 7,984                  | 0.8%                   |
| Peripheral vascular disease                 | 3,288                 | 4.1%                   | 40,445                 | 3.9%                   |
| Diabetic macro- or microvascular disease    | 6,926                 | 8.6%                   | 80,595                 | 7.7%                   |
| <b>Baseline gout severity measures</b>      |                       |                        |                        |                        |
| Tophi                                       | 11,816                | 14.8%                  | 90,446                 | 8.6%                   |
| Gouty arthritis                             | 46,593                | 58.2%                  | 481,661                | 45.9%                  |
| Kidney stones                               | 8,527                 | 10.6%                  | 92,022                 | 8.8%                   |
| Gout flares                                 | 61,655                | 77.0%                  | 719,277                | 68.5%                  |
| Tophi and gouty arthritis                   | 9,226                 | 11.5%                  | 57,979                 | 5.5%                   |
| Tophi and kidney stones                     | 1,462                 | 1.8%                   | 9,414                  | 0.9%                   |
| Gouty arthritis and kidney stones           | 5,149                 | 6.4%                   | 42,766                 | 4.1%                   |
| Tophi and gouty arthritis and kidney stones | 1,169                 | 1.5%                   | 5,982                  | 0.6%                   |
| <b>Chronic kidney disease</b>               | 10,958                | 13.7%                  | 111,424                | 10.6%                  |

- CVD at baseline was similar between febuxostat and allopurinol initiators
- Febuxostat users tended to have more severe gout than allopurinol initiators
- Febuxostat users were more likely to have CKD

# Duration of Use Among Febuxostat and Allopurinol Initiators



|  | <1 month | 1 - <3 months | 3 - <6 months | 6 months - <1 year | 1 - <3 years | 3 - <5 years | 5+ years | Median (IQR) |
|--|----------|---------------|---------------|--------------------|--------------|--------------|----------|--------------|
| Exposures                              | %        | %             | %             | %                  | %            | %            | %        | (days)       |
| Febuxostat 40 mg (n=66,682)            | 3.5      | 34.4          | 15            | 15.2               | 23.2         | 6.8          | 1.9      | 165 (436)    |
| Febuxostat 80 mg (n=14,657)            | 2.9      | 32.8          | 16.2          | 17.3               | 23.8         | 5.7          | 1.3      | 180 (400)    |
| Febuxostat any strength (n=80,083)     | 3.2      | 29.6          | 14.1          | 15.7               | 26.7         | 8.3          | 2.4      | 210 (538)    |
| Allopurinol 100 mg (n=681,171)         | 4.4      | 27.4          | 14.2          | 15.4               | 26.1         | 9.2          | 3.3      | 216 (562)    |
| Allopurinol 300 mg (n=406,322)         | 2.6      | 26            | 13.1          | 15.2               | 28           | 10.8         | 4.3      | 270 (655)    |
| Allopurinol any strength (n=1,049,461) | 2.8      | 21.9          | 12.4          | 15.1               | 30.4         | 12.4         | 5        | 334 (505)    |

- Around 30% of febuxostat and 22% allopurinol initiators continued use for 1-3 months
- Very small proportions of ULT initiators continued use long term beyond 5 years
- Allopurinol initiators had longer median durations of use compared to febuxostat initiators

# Top Ten Switching Patterns



| Switching scenarios  | New Users Switched (%) | Females (%) | Males (%) | 21-44 years | 45-64 years | 65+ years |
|--|------------------------|-------------|-----------|-------------|-------------|-----------|
| <i>Allopurinol (100mg) users that Switch to Allopurinol (300mg)</i>              | 13.4                   | 10.6        | 15.2      | 16.2        | 15.2        | 12.3      |
| <i>Febuxostat users (any strength) that Switch to Allopurinol (any strength)</i> | 9.7                    | 10.1        | 9.5       | 8.0         | 8.8         | 10.2      |
| <i>Febuxostat (40mg) users that Switch to Febuxostat (80mg)</i>                  | 9.1                    | 7.5         | 10.1      | 10.3        | 10.1        | 8.6       |
| <i>Allopurinol (300mg) users that Switch to Allopurinol (100mg)</i>              | 6.8                    | 7.9         | 6.4       | 6.2         | 5.8         | 7.4       |
| <i>Febuxostat (40mg) users that Switch to Allopurinol (100mg)</i>                | 6.3                    | 7.3         | 5.6       | 3.8         | 5.0         | 7.0       |
| <i>Febuxostat (80mg) users that Switch to Febuxostat (40mg)</i>                  | 5.1                    | 6.9         | 4.5       | 2.6         | 4.5         | 5.9       |
| <i>Febuxostat (80mg) users Switch to Allopurinol (300mg)</i>                     | 4.2                    | 3.9         | 4.3       | 4.3         | 4.1         | 4.1       |
| <i>Febuxostat (40mg) users that Switch to Allopurinol (300mg)</i>                | 3.5                    | 2.9         | 3.9       | 4.2         | 3.8         | 3.3       |
| <i>Febuxostat (80mg) users s that Switch to Allopurinol (100mg)</i>              | 3.3                    | 3.9         | 3.1       | 2.0         | 2.8         | 3.9       |
| <i>Allopurinol users (any strength) that Switch to Febuxostat (any strength)</i> | 2.7                    | 3.0         | 2.5       | 1.9         | 2.3         | 2.9       |

- The proportion of new users that switched between ULTs during follow-up was low (generally < 10%)
- The largest proportion of new user switches occurred from allopurinol 100 mg to 300 mg and febuxostat 40 mg to febuxostat 80 mg

# Duration of Use Before Switching



|   | <1 month | 1 - <3 months | 3 - <6 months | 6 months - <1 year | 1 - <3 years | 3 - <5 years | 5+ years | Median time to switch (IQR) (days) |
|---|----------|---------------|---------------|--------------------|--------------|--------------|----------|------------------------------------|
| <b>Exposures</b>  | %        | %             | %             | %                  | %            | %            | %        |                                    |
| <b>Febuxostat (any strength), switch to Allopurinol (any strength) (n=19,363)</b> | 11.7     | 37.3          | 15.1          | 14.2               | 17.7         | 3.5          | 0.5      | 95 (278)                           |
| Febuxostat 40 mg, switch to Febuxostat 80 mg (n= 9,598)                           | 9.4      | 36.2          | 20            | 16.1               | 15.4         | 2.5          | 0.3      | 108 (221)                          |
| Febuxostat 40 mg, switch to Allopurinol 100 mg (n=11,354)                         | 12.6     | 41.5          | 15            | 13.1               | 14.8         | 2.6          | 0.4      | 90 (214)                           |
| Febuxostat 80 mg, switch to Febuxostat 40 mg (n=1,994)                            | 6.6      | 29.1          | 18            | 17.5               | 23.5         | 4.5          | 0.9      | 173 (373)                          |
| <b>Allopurinol (any strength), switch to Febuxostat (any strength) (n=56,401)</b> | 9.3      | 31.4          | 17.1          | 16.3               | 20.2         | 4.7          | 1        | 134 (325)                          |
| Allopurinol 100 mg, switch to Allopurinol 300 mg (n=145,823)                      | 15.2     | 32.1          | 18.2          | 15.3               | 15.5         | 3            | 0.5      | 100 (240)                          |
| Allopurinol 100 mg, switch to Febuxostat 40 mg (n= 32,022)                        | 11.8     | 37.4          | 17.4          | 14.9               | 15.1         | 30           | 92       | 93 (240)                           |
| Allopurinol 300 mg, switch to Allopurinol 100 mg (n= 63,279)                      | 12.7     | 25.9          | 14.5          | 15.7               | 23.3         | 31           | 97       | 165 (424)                          |

- Median time to switch was longer among switchers from allopurinol to febuxostat (134 days) than from febuxostat to allopurinol (95 days)
- Approximately 40% of febuxostat users and 30% of allopurinol users switched after 1-3 months



# Discussion



# Comparison with CARES Trial



Comparison of demographics and clinical characteristics among CARES and SDD patients

|                               | CARES      |             | SDD        |             |
|-------------------------------|------------|-------------|------------|-------------|
|                               | Febuxostat | Allopurinol | Febuxostat | Allopurinol |
| Aged 65 years+ (%)            | 48.9       | 51.3        | 66         | 64.2        |
| Male (%)                      | 84.1       | 83.8        | 62.6       | 65.1        |
| History of MI (%)             | 38.6       | 39.8        | 1.5        | 1.5         |
| History of stroke (%)         | 14.8       | 13.3        | 2.7        | 2.9         |
| Median duration of use (days) | 728        | 719         | 210        | 334         |

**ULT users in the CARES trial were:**

1. Younger than in real-world settings
2. More males than in real-world settings
3. Higher prevalence of both CVD and CKD than real-world settings

# Summary-ULT Utilization in Real World Settings



- Allopurinol: most commonly used ULT – 100 mg strength
- Febuxostat use comparatively rare (4.3%)
- Few ULT initiators continued use long term (beyond 5+ years)
- Majority remained ULT for 1-3 months only
- Allopurinol users tended to have better adherence

## Summary-ULT switching in Real World Settings



- Proportion of new ULT users that switched was low
- Largest proportion (13.4%) switches from allopurinol 100 mg to 300 mg
- Most patients switched after 1-3 months

# Conclusions



- Important differences in characteristics of ULT initiators in SDD compared to CARES trial
- In Real World settings ULT initiators were older and less likely to have recent CVD or CKD
- Adherence was poorer in the real-world settings and switching between ULTs was low
- Differences need to be considered in interpreting the results of the CARES study



# **Arthritis Advisory Committee and Drug Safety and Risk Management Advisory Committee Joint Meeting**

sNDA 21856: Febuxostat for the chronic management of hyperuricemia  
in patients with gout

## ***FDA Charge to the Committees***

Nikolay P. Nikolov, M.D.  
Associate Director for Rheumatology  
Division of Pulmonary, Allergy, and Rheumatology Products  
U.S. Food and Drug Administration  
January 11, 2019

# Summary of CARES Trial Results



|   | Febuxostat<br>N=3098<br>PY=8799.5 | Allopurinol<br>N=3092<br>PY=8675.7 | Hazard Ratio*<br>(95% CI) |
|---|-----------------------------------|------------------------------------|---------------------------|
| <b>MACE</b>   | <b>335 [3.8]</b>                  | <b>321 [3.7]</b>                   | <b>1.03 (0.89, 1.21)</b>  |
| CV Death  | 134                               | 100                                | 1.34 (1.03, 1.73)         |
| Non-fatal MI  | 111                               | 118                                | 0.93 (0.72, 1.21)         |
| Non-fatal Stroke  | 71                                | 70                                 | 1.01 (0.73, 1.41)         |
| Unstable Angina with Urgent<br>Coronary Revascularization | 49                                | 56                                 | 0.86 (0.59, 1.26)         |

PY=person-year

[ ]: incidence rate per 100 person-year

\*HR for Febuxostat vs. Allopurinol

[www.fda.gov](http://www.fda.gov)

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# Therapeutic Armamentarium in Gout



| Product  | Approved Dosing  | Efficacy and Safety  |
|--|--|--|
| <b>First Line Therapy: Xanthine Oxidase Inhibitors (XOI)</b>     |  |  |
| <b>Allopurinol</b><br>LASSO Study<br>Febuxostat NDA at Drugs@FDA | 100-800 mg/d;<br>Doses >300 mg/d divide into<br>twice daily (BID) administration | <ul style="list-style-type: none"> <li>300 mg dose ~ 2 to 3.5 mg/dL* mean ↓sUA</li> <li>Hypersensitivity reactions, cutaneous reactions, gastrointestinal intolerance</li> </ul> |
| <b>Febuxostat</b><br>Febuxostat NDA at Drugs@FDA                 | 40-80 mg daily (QD)  | <ul style="list-style-type: none"> <li>80 mg dose ~ 4.5 mg/dL* mean ↓sUA</li> <li>CV risk, hepatotoxicity, cutaneous reactions</li> </ul>  |
| <b>Second Line Therapy: Uricosuric Agents</b>                    |  |  |
| <b>Probenecid</b><br>Pui et al, J Rheum 2013                     | 500-1000 mg BID<br>(T <sub>1/2</sub> 3-8 hrs)                                    | <ul style="list-style-type: none"> <li>Mean 1.3 g/d dose ~ 2.9 mg/dL* mean ↓sUA</li> <li>Nephrolithiasis</li> </ul>  |
| <b>Lesinurad</b><br>Zurampic NDA at Drugs@FDA                    | 200 mg QD with concomitant XOI   | <ul style="list-style-type: none"> <li>200 mg dose ↓sUA on background XOI ~ 1 mg/dL mean</li> <li>Renal events including failure, CV risk</li> </ul>                             |
| <b>Lesinurad/Allopurinol FDC</b><br>Duzallo NDA at Drugs@FDS     | LES200mg/ALLO200 mg QD or<br>LES200mg/ALLO300 mg QD                              | <ul style="list-style-type: none"> <li>Same safety issues as with lesinurad and allopurinol</li> </ul>   |
| <b>Third Line Therapy: Uricase</b>                               |  |  |
| <b>Pegloticase</b><br>Krystexxa NDA at Drugs@FDA                 | 8 mg every 2 weeks intravenously<br>(IV)   | <ul style="list-style-type: none"> <li>Mean ↓sUA ~6.6 to 6.8* mg/dL</li> <li>Anaphylaxis, infusion reactions, ↑CHF</li> </ul>  |



# Regulatory Actions for AC Discussion



- Strengthening current CV warning
- Add boxed warning for CV death
- Change indication to second line therapy
- Citizens Petition request to withdraw febuxostat from the market



# Discussion Points

1. **DISCUSSION:** Discuss the results of the “Cardiovascular Safety of Febuxostat and Allopurinol in Patients with Gout and Cardiovascular Morbidities (CARES)” study, particularly major adverse cardiovascular events (MACE) and cardiovascular (CV) mortality. Please consider the following in your discussion:
  - a. Biological plausibility of CV mortality
  - b. Strength of the findings for CV mortality, considering the totality of available data.



## Discussion Points

2. **DISCUSSION:** Discuss the benefits of febuxostat for the treatment of hyperuricemia in patients with gout.
3. **DISCUSSION:** Given the results of the CARES study, discuss whether the benefit-risk profile of febuxostat for the treatment of hyperuricemia in patients with gout has changed. Address the following in your discussion:
  - a. Discuss any patient populations in which the benefits outweigh the risks of the use of febuxostat
  - b. Discuss any patient populations in which the benefits do not outweigh the risks of the use of febuxostat.

## Discussion Points



4. **DISCUSSION:** Discuss the following potential regulatory activities in response to the results of the CARES study and the potential clinical impact of these options.
- a. Update existing warning regarding Cardiovascular Events in the febuxostat product label
  - b. Addition of a boxed warning to the febuxostat product label
  - c. Modify labeling to limit use of febuxostat to second line therapy (e.g. 2<sup>nd</sup> line therapy in patients who have failed allopurinol)
  - d. Withdrawal of febuxostat from the market.

## Voting Question



5. **VOTING:** Based upon the available data, is there a patient population in which the benefit-risk profile for febuxostat is favorable for the treatment of hyperuricemia in patients with gout? (Yes/No)
- If you voted “Yes”, describe the patient population with a favorable benefit-risk profile for use of febuxostat. Also, describe any other recommendations (e.g. labeling changes) you may have for use of febuxostat in this population
  - If you voted “No”, discuss your rationale, the impact of this recommendation, and any other recommendations you may have.

