

UNITED STATES FOOD AND DRUG ADMINISTRATION  
NATIONAL INSTITUTE OF ALLERGY AND INFECTIOUS  
DISEASES

SCIENCE AND REGULATION OF LIVE MICROBIOME-BASED  
PRODUCTS USED TO PREVENT, TREAT, AND CURE DISEASES  
IN HUMANS

Rockville, Maryland

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1 PARTICIPANTS:

2 Welcome:

3 CAROLYN D. DEAL, Ph.D.  
4 Branch Chief, Sexually Transmitted Diseases  
5 Branch  
6 Division of Microbiology and Infectious Diseases  
7 National Institute of Allergy and Infectious  
8 Diseases

9 Introductory Remarks:

10 PETER MARKS, MD  
11 Center Director, Center for Biologics Evaluation  
12 and Research  
13 Food and Drug Administration

14 Keynote Address:

15 Introduction:

16 PAUL CARLSON, Ph.D.  
17 Principal Investigator  
18 Laboratory of Mucosal Pathogens and Cellular  
19 Immunology  
20 Center for Biologics Evaluation and Research  
21 Food and Drug Administration

22 The Microbiome in Human Health and Disease: A  
Clinician-Scientist's Perspective:

VINCE YOUNG, MD, Ph.D.  
Professor, Department of Internal  
Medicine/Infectious Diseases Division  
Department of Microbiology and Immunology  
University of Michigan Medical School

SESSION 1: Regulatory Framework for "Probiotics"  
and Live Microbiome-Based Products:

Moderator:

22

1 PARTICIPANTS (CONT'D):

2 THERESA FINN, Ph.D.  
3 Associate Director for Regulatory Policy  
4 Office of Vaccines Research and Review  
5 Center for Biologics Evaluation and Research  
6 Food and Drug Administration

7 Dietary Supplements Containing Probiotics:

8 ROBERT "BOB" DURKIN  
9 Deputy Director, Office of Dietary Supplement  
10 Programs  
11 Center for Food Safety and Applied Nutrition  
12 Food and Drug Administration

13 Live Microbiome-Based Products Used to Prevent,  
14 Treat, or Cure Diseases in Humans:

15 SHEILA DREHER-LESNICK, Ph.D.  
16 Biologist, Division of Bacterial, Parasitic and  
17 Allergenic Products  
18 Office of Vaccines Research and Review  
19 Center for Biologics Evaluation and Research  
20 Food and Drug Administration

21 SESSION 2: Safety and Effectiveness of Live  
22 Microbiome-Based Products Used to Prevent, Treat,  
or Cure Diseases in Humans:

Part 1:

Moderator:

23 SUSAN MCCUNE, MD  
24 Director, Office of Pediatric Therapeutics  
25 Office of the Commissioner  
26 Food and Drug Administration

27 Prevention of Necrotizing Enterocolitis  
28 Use of Commercially Available Products to Prevent  
29 NBC:

30

1 PARTICIPANTS (CONT'D):

2 JOSEF NEU, MD  
3 Professor of Pediatrics  
4 Director of Neonatology Fellowship Training  
5 Program  
6 University of Florida

7 Prevention of Diarrhea

8 The Evidence is in for Probiotics to Prevent AAD:  
9 What is Holding Up Evidence-Based Use in the USA?:

10 DANIEL "DAN" MERENSTEIN, MD  
11 Director of Research Family Medicine  
12 Professor of Family Medicine  
13 Georgetown University

14 Use of Probiotics in Acute Pediatric  
15 Gastroenteritis - Two Large North American  
16 Clinical Trails:

17 STEPHEN FREEDMAN, MDCM, MSc  
18 Associate Professor, Department of Paediatrics  
19 University of Calgary

20 Safety and Effectiveness of Live Microbiome-Based  
21 Products Used to Prevent, Treat, or Cure Diseases  
22 in Humans:

Part 2:

Moderator:

18 PAUL CARLSON, Ph.D.  
19 Principal Investigator  
20 Laboratory of Mucosal Pathogens and Cellular  
21 Immunology  
22 Center for Biologics Evaluation and Research  
Food and Drug Administration

1 PARTICIPANTS (CONT'D):

2 Prevention of C. difficile Infection

3 Use of Commercially Available Products to Prevent  
4 C. difficile:

5 A. KRISHNA RAO, MD, MS  
6 Assistant Professor  
7 University of Michigan

8 Overview of Controlled Studies Using FMT for  
9 Prevention of C. difficile infection:

10 COLLEEN R. KELLY, MD  
11 Associate Professor of Medicine  
12 Alpert Medical School of Brown University

13 CMC Considerations for Live Microbiome-Based  
14 Product Development:

15 JOHN G. AUNINS  
16 Executive Vice President and Chief Technology  
17 Officer  
18 Seres Therapeutics

19 SESSION 3: Strain Selection for Live  
20 Microbiome-Based Products to Prevent, Treat, or  
21 Cure Diseases in Humans:

22 Moderator:

RYAN RANALLO, Ph.D.  
Program Officer, Enteric & Hepatic Diseases  
Branch  
National Institute of Allergy and Infectious  
Diseases  
National Institutes of Health

Drugs Based on Rationally Defined Bacterial  
Consortia:

1 PARTICIPANTS (CONT'D):

2 BERNAT OLLE, Ph.D.  
3 Chief Executive Officer  
4 Vedanta Biosciences

5 Development of Defined Consortia for Recurrent C.  
6 difficile Infection:

7 ELAINE O. PETROF, MD, MSc, FRCPC, AGAF  
8 Department of Medicine/Division of Infectious  
9 Diseases  
10 Gastrointestinal Diseases Research Unit  
11 Queen's University  
12 Canada

13 Finding the Needle in the Haystack: Moving From  
14 Consortia to Single Strains:

15 NEERAJ "NEIL" SURANA  
16 Assistant Professor  
17 Departments of Pediatrics, Molecular Genetics &  
18 Microbiology  
19 Duke University

20 Bacteroides fragilis Used in a Mouse Model of  
21 Autism:

22 GREG BATES, DVM  
23 Senior Vice President  
24 Regulatory Affairs  
25 Axial Biotherapeutics

26 L. plantarum to Prevent Sepsis: Timing and  
27 Strains Matter:

28 PINAKI PANIGRAHI, MD, Ph.D., FIDSA  
29 Professor of Epidemiology, Pediatrics, and  
30 Environmental, Agricultural and Occupational  
31 Health  
32 University of Nebraska Medical Center

33

1 PARTICIPANTS (CONT'D):

2 Wrap Up:

3 CAROLYN D. DEAL, Ph.D.  
4 Branch Chief, Sexually Transmitted Diseases  
5 Branch  
6 Division of Microbiology and Infectious Diseases  
7 National Institute of Allergy and Infectious  
8 Diseases

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## 1 P R O C E E D I N G S

2 MS. DEAL: My name is Carolyn Deal. And  
3 on behalf of the National Institute of Allergy and  
4 Infectious Diseases, I want to welcome you and  
5 thank you all for coming today to this workshop  
6 that we're holding jointly with the Food and Drug  
7 Administration, the Center for Biologics, on live  
8 biotherapeutic products. I think all of us, and  
9 certainly by the amount of interest there was in  
10 this workshop, we realize that this is a rapidly  
11 moving, evolving, and important area. NIAID has  
12 supported research in this area for quite a while,  
13 mainly in the basic area. And it's exciting to  
14 see it evolve from the basic research area into  
15 translational work leading to product development.  
16 However, we all know this does pose new  
17 challenges, questions, but I would say also  
18 opportunities. And we hope that these  
19 opportunities can lead to new products that will  
20 improve public health. For those reasons, NIAID  
21 wanted to partner with the FDA to start a  
22 discussion with the scientific community and our

1 manufacturing partners as to how best to approach  
2 the need for rigorous clinical studies to evaluate  
3 these products. For this, we know there are two  
4 requirements. One is well-characterized products,  
5 and the other is well-designed clinical studies  
6 with defined end- points. These are some of the  
7 topics that we hope that we can discuss today, and  
8 get your input and thoughts, and see how we can  
9 all collectively move forward. We really look  
10 forward to this discussion and hope that everyone  
11 at the end of the day will come away with some new  
12 ideas. And now, it's my great pleasure to  
13 introduce Dr. Peter Marx, who's the Director of  
14 CBER, who will go into more detail about today's  
15 program. Thank you, Peter, for coming.

16 DR. MARX: And so, good morning. I want  
17 to welcome all of you in the room and on the  
18 webinar to this workshop on the Science and  
19 Regulation of Live Microbiome-Based Products used  
20 to prevent, treat, or cure disease in humans.  
21 Before I go further, I want to thank colleagues at  
22 the National Institute of Allergy and Infectious

1 Diseases, and of the Food and Drug Administration  
2 for putting together such a stimulating program.  
3 We really have a group of presenters assembled  
4 today that's highly qualified to discuss the  
5 relevant issues. And I hope you'll find all the  
6 presentations, panels, and interactive dialogue  
7 informative and engaging. Just to orient you to  
8 the day, we'll start off with the key-note address  
9 by Dr. Vince Young of the University of Michigan.  
10 And this will be followed by two presentations on  
11 the regulatory framework for probiotics and live  
12 microbiome-based products. After the morning  
13 break, we'll first hear part of presentations on  
14 the safety and effectiveness of live  
15 microbiome-based products used to treat, prevent,  
16 or cure disease in humans. And these  
17 presentations and the discussions will continue  
18 after lunch. And then following the afternoon  
19 break, we'll hear presentations and a discussion  
20 of strain selection for live microbiome-based  
21 products to prevent, treat, or cure disease in  
22 humans. Now it's certainly true that over the

1 past two decades the relevance of the human  
2 microbiome to maintain health and to prevent the  
3 occurrence of disease has never been more greatly  
4 appreciated. And I think, the following, which is  
5 quoted from the science journalist, Michael  
6 Specter, summarizes this all quite nicely. I  
7 think his words are much better than mine could  
8 be. "We inherit everyone of our genes, but we  
9 leave the womb without a single microbe. As we  
10 pass through our mother's birth canal, we begin to  
11 attract entire colonies of bacteria. By the time  
12 a child can crawl she or he has blanketed by an  
13 enormous unseen cloud of microorganisms -- a  
14 hundred trillion or more. They're bacteria  
15 mostly, but also viruses and fungi, including a  
16 variety of yeast. And they come to us from all  
17 directions. Other people, food, furniture,  
18 clothing, cars, buildings, trees, pets, and even  
19 the air we breathe. They congregate in our  
20 digestive systems and our mouths, fill the space  
21 between our teeth, cover our skin, and line our  
22 throats. We're inhabited by as many as 10,000

1       bacterial species, and those cells outnumber those  
2       which we consider our own by 10-to-1 and weigh --  
3       all told -- about three pounds, the same as our  
4       brain. Together they're referred to as a  
5       microbiome and they play such a critical role in  
6       our lives that scientist's have begun to  
7       reconsider what it means to be human." So it's my  
8       sincere hope today that you'll find the  
9       presentations stimulating and the dialogue will  
10      provoke questions that will help define where  
11      additional work is needed, to fully realize the  
12      potential of microbiome-based products to prevent,  
13      treat, or cure disease in humans. And with that,  
14      I wish you all a wonderful day engaging on this  
15      topic, and I think we're actually about on time.  
16      So thanks very much.

17               SPEAKER: Thanks, Peter. So with that  
18      I'll introduce our first speaker. Our keynote  
19      address today is by Dr. Vince Young. Vince got  
20      his bachelor's degree from MIT. And then went on  
21      to Stanford for his M.D. and Ph.D. before starting  
22      his first faculty position at Michigan State

1 University. In 2007 Vince moved to the University  
2 of Michigan which is where I met him, and we've  
3 interacted quite a bit since then. He is  
4 currently the William Henry Fitzbultter Professor  
5 in the Department of Internal Medicine and  
6 Infectious Diseases. He has a joint appointment  
7 in the Department of Microbiology and Immunology.  
8 And I think most of you probably know Vince.  
9 Vince has been on the cutting edge of the  
10 microbiome field and also C. difficile -- both in  
11 the context of the microbiome and beyond. So with  
12 that, I will turn it over to Vince who's going to  
13 give us an overview of the microbiome from his  
14 perspective as a commissioned scientist.

15 DR. YOUNG: Thanks to Paul, thanks to  
16 the FDA, and NIAID for giving me the opportunity  
17 to speak today. I want to tell you a bit about  
18 the microbiome. And I know people have varying  
19 expertise and everything, so I apologize for those  
20 people who've heard me talk before, and I'm going  
21 over things again. But I wanted to kind of set  
22 the stage for the day. We're going to have a lot

1 of discussions about the microbiome. And I think  
2 it might be useful -- since I am a clinician, and  
3 I've had the opportunity to kind of think about  
4 how we might use this in clinical medicine -- to  
5 kind of set a framework for this. And first of  
6 all, my disclosures, yeah, I've done some  
7 consultantships, but I won't be talking about any  
8 of that work and I won't have any discussions of  
9 off-label use or any FDA-approved therapies, and  
10 I've retired from football (laughter).  
11 Microbiome, right. We all hear about it. This  
12 was from Saturday on the airplane, back from San  
13 Diego, like what's the latest count when you put  
14 microbiome into compartments -- they're up to  
15 45,937 papers as of Saturday. And finally, we  
16 actually have more primary literature than  
17 reviews. There was a time where we kind of were  
18 the other way around. There was like three times  
19 as many reviews on the word microbiome than there  
20 was data. And you can kind of see some of the  
21 ones that come up with best matches there. It's  
22 kind of interesting. So I published this a year

1       ago in BMJ, because I think clinicians are very  
2       interested in the microbiome. And I was actually  
3       at the American College of Physicians in May at  
4       their national meeting. And I was speaking to a  
5       group -- there were probably about a 1000  
6       practicing internal medicine physicians at the  
7       ACP. And I asked them, "Who's heard of the  
8       microbiome?" Everyone laughs, every hand went up.  
9       And I said, "Who has had patients that have asked  
10      them questions about the microbiome?" And about  
11      70 percent of the hands in the room went up. And  
12      then I asked, "Who has had patients bring in  
13      microbiome service that they've gotten through  
14      various commercial," -- I won't name any of those  
15      entities right now -- but places that you can get  
16      a microbiome survey done. About 30 percent of the  
17      practicing internal medicine clinicians in the  
18      room raised their hand. And then the final  
19      question was, "Okay, who knew what to do with  
20      these?" And there were no hands up. And I said,  
21      "Yeah, you notice my hand isn't up either.  
22      Because I'm not sure what to do either." Because,

1     you know, this is something that we encounter all  
2     the time. On Saturday, I'll also end up doing the  
3     Google News search, you know, look at what we're  
4     talking about with the microbiome. It's the usual  
5     thing. Is your microbiome making you sick? This  
6     one, with regards to today, they took a couple of  
7     the papers that were published from the group out  
8     of Israel a couple of weeks ago -- and kind of  
9     saying that, oh yeah, the probiotics don't do  
10    anything. I don't, you know, I made sure to read  
11    those self-papers. They didn't come out and say  
12    that, but that's how it was interpreted in the  
13    news. So it's out there. There are a lot of  
14    people interested in the microbiome. So for the  
15    purposes of my talk -- and I know other people use  
16    different definitions -- but when I refer to the  
17    microbiome, I am talking about the microbes, but  
18    I'm also talking about the environment they  
19    inhabit. In other words, the soil of the human  
20    body. And this is important for me. Because when  
21    I refer to the gut microbiome, this is the  
22    organisms, these are the compounds that are being

1 produced in there. And what's very important with  
2 regards to the later, that is actually due to the  
3 metabolism of the host and the microbe. So it's  
4 actually the biome. That's the root of the word.  
5 That it's this environment there. And then when I  
6 use the word microbiota, I'm going to just be  
7 referring to the microbes. So, you know, we've  
8 all seen various pictures like this. This idea  
9 that it's a forgotten organ. We have a lot of  
10 different species in there. As we go through the  
11 GI tract, as you go through the lungs, as we go  
12 through the skin, as we go to the GU tract --  
13 there are microbes in and on us. Okay? And they  
14 can be very important in terms of what we're  
15 doing. And they can be important for two ways.  
16 They can be important both in terms of anatomy --  
17 when we're talking about the microbiota, we can  
18 just be wanting to know who's there? What's the  
19 anatomy? Taking census. Doing 16S surveys to say  
20 what are the microbes that are there? Doing  
21 fungal surveys. Doing sequencing so that we can  
22 look at the viruses that are there, you know. But

1 the physiology -- as a physician -- it's important  
2 not to know just the anatomy, but we also want to  
3 know what they're doing. In other words, what can  
4 they do, but actually what are they doing at any  
5 given time? And this is just kind of modified  
6 from a review, where we kind of looked at the kind  
7 of plethora of different techniques that people  
8 use to study indigenous microbiota and the  
9 microbiome itself -- as we look at proteomics,  
10 metabolomics, you know. Cultivation is still  
11 important. We do a lot of 16S surveys. And if  
12 we're going to try to come up with a  
13 biotherapeutic, I can't imagine that we're going  
14 to ever treat someone with a 200-base para-snippet  
15 of their 16S gene, but we might treat them with an  
16 organism that contains that 16S gene. So what do  
17 mean by anatomy? Well if we look at the human  
18 anatomy, we do note that there are different  
19 organisms that are on different parts of the body.  
20 And they're fairly characteristic, but there's a  
21 lot of individual variation. We knew this from  
22 the human-microbiome project -- that everyone's

1 sort of individual. And so the anatomy can vary.  
2 But what we are finding a little bit more is that  
3 the physiology -- the functions of these  
4 communities seem to be relatively stable in  
5 individuals that we would consider "healthy". And  
6 they carry out a lot of different conversions.  
7 They can break down compounds. We hear a lot of  
8 about how fermentation of resistant starch can  
9 give rise to short-chain fatty acids. Which may  
10 influence how obese we are or how much  
11 inflammation we have in our gut. We can actually  
12 take xenobiotics -- drugs and toxins. We can  
13 convert them in multiple, multiple ways. I'll  
14 discuss that a little bit later with some  
15 examples. The microbes themselves can just  
16 synthesize things that are useful to us. And  
17 there is a lot of signaling back and forth between  
18 the host and the microbes through the epithelium,  
19 through the immune system. And so this microbiome  
20 here, as you can see it, this is all related to  
21 the host and the microbes. And it has a pretty  
22 dramatic and very complicated physiology -- and

1     what can we learn about it? Well I'm going to  
2     pick a couple of examples. I'm going to start out  
3     with a little bit pharmacology, you know, the FDA  
4     is sponsoring, so I will talk about drugs and  
5     microbes. But I am an infectious-disease  
6     physician, and we are here at NIAID, so we'll end  
7     up on that. And I know that there are a number of  
8     people who are giving talks on C. diff, and they  
9     have shorter talks. So feel free to just kind of  
10    skip over some of your intro slides as you need  
11    to. As I'm going to kind of cover C. difficile in  
12    some detail here. But drug metabolism, I was  
13    saying that the microbes can do all sorts of  
14    things. And they can metabolize, you know,  
15    biotics which includes drugs. And Digoxin's a  
16    classic example. In medical school I was taught,  
17    oh, Digoxin's a great cardiac, I mean in  
18    glycoside, it's good for arrhythmias, et cetera.  
19    Except for the fact that it has this narrow  
20    therapeutic index. The amount of Digoxin that you  
21    give to a person between helping them and becoming  
22    toxic is very, very narrow. And even more tricky

1 is the fact that some patients you can give the  
2 tiniest whiff of Digoxin and they go to toxic  
3 levels. Other patients you can keep on can keep  
4 on upping and upping the dose before you get  
5 therapy. And they don't seem to have toxicity.  
6 Well a while ago, it was reported that this  
7 particular bacteria -- *Eggerthella lenta* -- could  
8 map metabolized Digoxin. And that kind of just  
9 stayed there for about 20 years, until Peter  
10 Turnbaugh decided to revisit it and actually  
11 figure out exactly how did *E. lenta* inactivate  
12 cardiac glycosides. And could that could that  
13 actually be used to predict the ability of a  
14 person to actually get toxic or actually have a  
15 good therapeutic effect. And what he found out --  
16 as a good microbiologist -- he kind of got  
17 different strains of *E. lenta*. and found that not  
18 all of them had the ability to reduce the drug.  
19 So it actually varied. And that's one thing, you  
20 know, that's very important. That's actually why  
21 it's important not to just grab a snippet of 16S  
22 and say, oh, you have *E. lenta* there. Depending

1     on which strain you have, it might be able to  
2     reduce cardiac glycosides like Digoxin, but  
3     there's others that don't. And then he looked  
4     very carefully to see what was happening. He took  
5     patients that were these reducers versus not. And  
6     he showed, yeah, okay fine, they could reduce --  
7     the microbiota itself can convert. And *E. lenta*  
8     itself could convert Digoxin. But there seemed to  
9     be some sort of interactions between this organism  
10    -- *E. lenta* that has this particular gene cluster  
11    that he found out that was very important for this  
12    bioconversion -- and there was interaction with  
13    the microbiota. Okay, so here are the two strains  
14    of *E. Lenta* -- this one is very good at reducing  
15    Digoxin, this one that can't. And he took a  
16    patient who did not have the ability in their  
17    microbiota to reduce Digoxin, and when he added  
18    the type strain, sure, he actually got good  
19    reduction. And in fact, even more reduction based  
20    on the number of organisms than *E. lenta* alone.  
21    Where the gut microbiota did not enhance the  
22    ability of the organism that didn't have this

1     ability. So there's not just the bug, it's the  
2     bug and all the other microbes that are there.  
3     And so sometimes we try to reduce things too much.  
4     Oh, does the person have this organism? Or does  
5     this person have a microbiota? But it's more  
6     complicated than that. When you actually put  
7     human genetics on here, now you're really building  
8     up this idea that this is a very complex system.  
9     How about outcome a little bit more modern in  
10    terms of therapy? Cancer immunotherapy. It's  
11    being advertised on TV now, right? You know, this  
12    so and so's place that does all of this anti-tumor  
13    therapy based on the host immune system. There  
14    are a number of drugs that have come out. And  
15    about three-years ago, I was being invited by some  
16    of my old residency and med-school classmates --  
17    who are all in (inaudible). I said, "You guys  
18    like these papers that came out in science, didn't  
19    you? You want someone to start?" Finally, after  
20    wondering like, what are you doing studying this  
21    microbiome thing? They said they all wanted me to  
22    come and talk, because there were two papers that

1       came out on animal studies where they showed the  
2       efficacy of cancer immunotherapy was modified by  
3       the microbiota. I'm going to go over these two  
4       papers briefly -- not so much that I want you to  
5       have the details -- but I want you to understand  
6       how we can actually look pre-clinically to study  
7       the effects of the microbiota. So in this first  
8       paper, where they were looking at ipilimumab --  
9       and they showed that the microbiota was necessary  
10      for anti-CTLA4 therapy. And what they did is,  
11      okay, so here's the therapy. You know, they put  
12      tumors in some mice and if they used basically an  
13      isotype-control antibody, these tumors get bigger  
14      and bigger and bigger. But if they give one  
15      that's related to ipilimumab, anti-CTLA4, the  
16      tumors shrink. Okay? Or don't grow as fast --  
17      they don't necessary shrink -- but they grow as  
18      fast when they're transplanted into these mice.  
19      Now they did something interesting, you can raise  
20      mice without any microbes. And if you take these  
21      germ-free mice and inject the tumor -- and it  
22      doesn't matter now if you give the anti-CTLA4

1     antibody, the tumors grow just the same as if they  
2     got isotype-control antibody. And they could also  
3     kind of replicate this by taking animals that do  
4     have an intact microbiota, but kind of suppressing  
5     it somewhat by giving an antibiotic cocktail. And  
6     once again, instead of seeing the anti-tumor  
7     effect, they've eliminated the anti-tumor effect  
8     by changing the microbiota. And they did some  
9     other studies we won't go into here. It's not all  
10    antibiotics -- it depends what the spectrum of  
11    activity is. So there's certain elements of the  
12    microbiota that are responsible for mediating this  
13    anti-CTLA4 response. So they did the same thing  
14    with anti-PD- L1 therapy. And they did a  
15    different kind of study. Again, don't worry about  
16    the details or what the message is -- but here's  
17    another way to study it -- okay, once again they  
18    were taking mice. And people used to say, oh  
19    yeah, get a black-six mouse. Wild-type mouse.  
20    Doesn't matter where you get it from as long as  
21    they're genetically identical, you should have the  
22    same results. Not true. If you buy your mice

1 from Taconic or Jackson Labs -- two of the major  
2 vendors -- you had different responses in  
3 genetically-identical mice. So again, you didn't  
4 have as good of response to the anti-PD-L1  
5 antibodies if you buy your mice from Taconic as  
6 opposed to if you buy your mice from Jackson. So  
7 the differences that people might see in their  
8 studies depends where they buy their "genetically-  
9 identical mice". Okay? We did some immunology  
10 here, we'll kind of skip that a little bit. What  
11 they did show though, if you house the mice  
12 together, before you start treating them -- and  
13 mice are very convenient, they like to give each  
14 other fecal transplants. They'll pick up their  
15 neighbor's feces and they'll eat it. And so you  
16 kind of "normalize" or at least, I don't know,  
17 neutralize the affects you have of the different  
18 microbiota. At that point, if you house Jackson  
19 and Taconic mice, now you have the same response  
20 in both. Okay? And they kind of worked a little  
21 bit further on this to kind of figure out that,  
22 yeah, there's certain elements of the microbiota

1       that might be important. Well, that was all kind  
2       of fun. It was in mice. That was 2015. This is  
3       an example of how fast things can move -- just in  
4       January of this year three papers came out in  
5       science. And these are studies now in humans that  
6       are showing that the microbiota actually has some  
7       sort of influence on anti-PD-L1 therapy. Again,  
8       for epithelial terms, melanoma. Now the  
9       interesting thing about these papers is that they  
10      got the same results as far as, you know, the  
11      microbiota being able to help or influence a  
12      response. But there were some differences as to  
13      what they found as the microbes that are  
14      "important". Or at least associated with these  
15      kinds of affects. Showing again, not everything's  
16      the same. It's not just an individual organism  
17      that you need to find -- okay, let's find this  
18      organism, if you have it or you don't. It's a  
19      little bit more complicated than that. And I  
20      think that's why there's some frustration in the  
21      field. And we'll be hearing some talks about  
22      people who are using similar-strain probiotics,

1 looking for communities, looking for combinations,  
2 and perhaps trying to tailor the therapy based on  
3 the patient. And let's move to my favorite topic  
4 -- infectious diseases, okay? So for 100 years  
5 we've been associating microbes with disease --  
6 using things like Koch's postulates. Or finding  
7 an organism and giving it to a medical student or  
8 a mouse, re-creating the disease, pulling it out  
9 again and, you know, saying, well, okay. This is  
10 how we can get pathogens. But there's a classic  
11 case that we would find. So this was the case  
12 that was first presented to me about 30- years ago  
13 when I was a med student. So you have a patient  
14 that has chronic-lung problems. He comes in, he  
15 has an exacerbation of his chronic bronchitis.  
16 He's given "broad- spectrum antibiotics". This is  
17 more of a modern kind of therapy as opposed to  
18 what we might have given when I was a med student.  
19 And he gets better from the pulmonary standpoint.  
20 But three days into hospitalization, he develops  
21 abdominal pain, diarrhea, hypertension, actually  
22 has to get transferred to the intensive-care unit.

1     You know, what happened? You were trying to treat  
2     a person with pulmonary infection with antibiotics  
3     -- and now he gets GI distress? Maybe he didn't  
4     -- hopefully our foods clean. He didn't develop  
5     the gastroenteritis in the hospital. What's going  
6     on? Well, this is *C. difficile*. A lot of people  
7     know about *C. Difficile*. And it was sort of even  
8     said at that time by one of my Ph.D. advisors,  
9     (Stan Faul). He said, "Well, we disrupted the  
10    normal," he referred to it as flora at the time.  
11    You know, the normal gut flora was disrupted by  
12    the antibiotics and somehow this allowed *C.*  
13    *difficile* to come in. And so the paradigm is that  
14    people have a normal microbiota, it has this  
15    magical property of colonization resistance. Able  
16    to keep away certain pathogens from growing in.  
17    But when you alter the community with antibiotics  
18    you create a more susceptible microbiota --  
19    whatever that means. And *C. Difficile* is a spore  
20    flora. And interestingly enough, the spores are  
21    unfortunately, all over the hospital. And you see  
22    the alcohol dispensers in the hospital. They

1     don't get rid of the spores, they just help you  
2     spread them around, perhaps, a little bit more.  
3     But when the spores encounter the right  
4     environment -- we'll talk about that a little bit  
5     -- of this susceptible microbiota -- the spores  
6     germinate, you have the vegetative form that  
7     produces a very potent toxin that causes all the  
8     damage in the intestinal tract. That's when you  
9     get disease. And depending on who you are, what  
10    the strain is, perhaps what the microbiota are,  
11    you might have mild disease. Even asymptomatic  
12    colonization -- or you might actually have a more  
13    severe fulminant disease. And we don't know all  
14    of the aspects of the microbiota -- the pathogen  
15    and the host -- that determine all that. But  
16    there are a number of us who are studying that  
17    quite intently. But as an infectious disease doc,  
18    even if you got in trouble with antibiotics,  
19    hopefully monitored or recorded antibiotics will  
20    get you out of trouble. So you treat the C.  
21    difficile. Hopefully when you stop all the  
22    antibiotics, the microbiota goes back to normal.

1     Everything's back to normal and you don't have  
2     disease. But a lot of patients, unfortunately,  
3     when you stop the antibiotics -- about 20 percent  
4     depending on the series after the initial  
5     treatment -- will develop recurrent disease. You  
6     stop antibiotics, even though they got better when  
7     you were treating their C. difficile -- they have  
8     disease, they're toxin positive again, and you  
9     have C. difficile infection going around. And you  
10    can treat them with more antibiotic's, and you can  
11    go through this recurrent cycle. And we're going  
12    to hear about some of the approaches that people  
13    have for breaking this. But one of them that has  
14    a lot of interest is this idea of fecal  
15    transplant. My younger son is a freshman at the  
16    University of Michigan. He's taking freshman  
17    biology. And in the second lecture they were  
18    talking about fecal transplants from C. difficile.  
19    He actually texted me with the slide of the  
20    professor -- and kind of giving me the thumbs up.  
21    And interesting enough, he happened to be sitting  
22    next to a friend of his from high school -- who's

1     the son of a friend of mine who's the  
2     gastroenterologist who started the fecal  
3     transplant program at Michigan. So I actually  
4     kind of wrote a quick e-mail to the professor. He  
5     had at least two people who were pretty amused by  
6     that, so. It goes back a long ways. You know,  
7     they're talking about Pliny the Elder, and we can  
8     go to ancient Greece about him using fermented  
9     milk products and perhaps fecal transplants. And  
10    in China there is this talk of having yellow soup  
11    -- which is basically, you take feces, you mix it  
12    up, you let the thick part settle, you take the  
13    kind of liquor from the top, and that can be used  
14    to treat a variety of illnesses. I mean, that's  
15    kind of fun, you know. I don't know. If you ever  
16    see yellow soup on the menu, I don't know  
17    (laughter). You can decide what you want to do  
18    with that. Really, the modern age of FMT came  
19    from our surgical colleagues in 1958. So it was  
20    after people started using antibiotics, they  
21    noticed that there was this pseudomembranous  
22    enterocolitis that could arise. And actually,

1     it's interesting to read this article, because a  
2     lot of the stuff that's said here -- you know,  
3     we're 60 years on -- we're still sort of saying  
4     the same thing. We assume that it has something  
5     to do with antibiotics -- adjusting the  
6     microbiome. And you know, they had a case series  
7     of giving basically fecal enemas to rescue these  
8     patients that would normally have had to have  
9     their colon taken out. And of course, a lot of  
10    people are very familiar -- when this paper came  
11    out, we're going to hear updates to this. Our  
12    colleagues are going to talk about, you know,  
13    really much more. And this is based on a total of  
14    16 patients that everyone, you know, if you just  
15    take this paper at its face value, that's the  
16    reason to use fecal transplants. But we have a  
17    lot of other data that we'll hear about using  
18    feces to treat recurrent *C. difficile*. But how  
19    does this work? What's going on? So I'm going to  
20    take a somewhat older paper from my lab. This is  
21    on a C. Cath, and as of January, so he'll be an  
22    assistant professor at Clemson, continuing to work

1       on the role of the microbiota and C. Difficile  
2       infection. But when she started as a post-op --  
3       we actually had some fecal specimens that we had  
4       gotten from a number of investigators in Minnesota  
5       -- who actually had been treating patients with  
6       fecal transplantation for a number of years for  
7       recurrent C. difficile. But they saw me at a  
8       meeting, and they wanted to say, well, what does  
9       this do to the microbiota? And so you have  
10      Bakken, the former president of the Infectious  
11      Disease Society in America, Charles Gesser --  
12      who's now retired, but has done a lot of fecal  
13      transplantation -- asked us, what do you need? I  
14      said, well, I want the fecal specimens before you  
15      transplant the patients and after you transplant.  
16      And I also wanted the donors. And these were  
17      patients who had a lot of C. diffs. This is the  
18      time that they got their fecal transplantation and  
19      the circles were the positive -- these are times  
20      they had positive tests for C. difficile, and then  
21      the colors of the various treatments that they had  
22      had -- with regards to antibiotics to try to treat

1 C. difficile. These patients had a lot of  
2 recurrence up to the time they had their fecal  
3 transplantation. And interestingly enough, they  
4 did what we're not supposed to do -- they tested for  
5 cures. So some people were still positive, but of  
6 these patients, all but two responded to the  
7 initial FMT -- some of them an additional FMT and  
8 they subsequently responded there. But I'm not  
9 telling you this because FMT works for C.  
10 difficile -- but this is what we did. This is  
11 kind of to show a little bit of the example of one  
12 of the many, many techniques to look at the  
13 microbiota. And this is sequencing amplicons of  
14 the 16S gene that encodes for the small subunit of  
15 the ribosome RNA. Because it's conserved in life,  
16 you can have kind of near universal or basically  
17 group-specific broad-range PCR. And because of  
18 these stem-loop structures, there's variability.  
19 We use these sort of, you know, people refer to  
20 them as bar codes for specific bacteria. This is  
21 how we can kind of get an idea of who might be  
22 present. Not what they're doing, not what their

1 functional capacity, but what organisms might be  
2 there. And you read microbiome papers and you see  
3 all of these different kinds of analyses that  
4 people are doing either for this or metagenomic  
5 sequencing -- you hear about all these diversity  
6 indices, and your eyes kind of glaze over and  
7 you're, what do you do with all these data? You  
8 know. But I want to take you through some of  
9 these, just to show that it's not rocket science.  
10 One of the simple things you can do is you can try  
11 to classify what organisms might be present. And  
12 so all the patients here are organized in that you  
13 have their pre-FMT sample, the post-FMT sample,  
14 and when we got it -- a couple of them we missed  
15 it -- what does the donor look like? Okay. And  
16 who cares what the organisms are being classified.  
17 Because sometimes you can actually get fooled.  
18 For example, *C. difficile* gets classified as  
19 *Clostridium* Group XI. You know, and if you're not  
20 familiar that it might be in there -- who cares?  
21 But then your kind of, oh wait, that's *C.*  
22 *Difficile* itself. But if you just look at the

1 communities -- let's look at patient number one.  
2 You see the pre and post -- doesn't matter what  
3 they are -- the compositions quite different. And  
4 interestingly enough, the post looks more like the  
5 donor. And this is two weeks after  
6 transplantation. You can see this over and over  
7 again around here. So this is one way to look at  
8 things. This is kind of simple. You only have a  
9 handful patients -- this is okay. But what if you  
10 have a study with a 1,000 patient's seeing all  
11 these stack-bar charts might -- you know, it's  
12 hard to make sense of it, what are you going to do  
13 with it? Well one of the things you can do is,  
14 you can let the data speak for themselves. Now  
15 these are all the different types of bacteria --  
16 based on the 16S -- arranged here. They're kind  
17 of clustered taxonomically. But now we're looking  
18 at the communities, and we're using one of these  
19 various clustering techniques to see -- okay all  
20 of the samples, how do they cluster? Which  
21 samples are more similar to the other? And what  
22 you see, there's two main groups here. And even

1     if you just look from afar, and you can notice  
2     that, hey there seems to be fewer bacteria in this  
3     left-hand cluster than there is in the right-hand  
4     cluster. Okay? This is more diverse -- this is  
5     less diverse. And you can even look, that this  
6     has a lot of things related to E. coli over here  
7     -- not C. difficile -- related to E. coli. That's  
8     something we see over and over again. And then if  
9     you look to see what the samples were -- you find  
10    out that the pre-FMT samples are in this  
11    low-diversity group. And then all the donors and  
12    most, but not all, of the post -- in green FMT  
13    samples -- they're also over here in this  
14    diversity group. I told you that two patients  
15    didn't respond. When I saw this, I said, "Oh, oh,  
16    Anna, please tell me that these two samples were  
17    from the two patients who didn't respond." She  
18    goes, "No, that's not true." (Laughter). So you  
19    can't use -- as much as you can get broad  
20    generalities from looking at groups of patients,  
21    perhaps we don't have enough resolution in ideas  
22    for this technique to be able to look at an

1 individual-fecal specimen from an individual  
2 patient and make any sort of predictions at this  
3 time, okay? That's the lesson there. One last  
4 thing is, we kind of showed that this idea of  
5 lower diversity -- this is actually the first  
6 paper I published on C. diff back in 2008. And  
7 again, we were just kind of looking. I was just  
8 learning how to use these techniques. And yeah,  
9 patients with recurrent disease had lower  
10 diversity than patients had an initial episode  
11 that responded or healthy controls. Okay? And  
12 that can be seen again when you treat these  
13 patients -- you go from pre-FMT -- and it doesn't  
14 matter what kind of diversity in the mix -- you  
15 don't have to worry about the details here. But  
16 the pre and the post -- you basically increase it.  
17 You don't get quite to where the donors are -- but  
18 in general, you increase the diversity. So  
19 diversity in and of itself doesn't predicts things  
20 -- but it's sort of associated with a more healthy  
21 microbiota. But I think we have to go down to the  
22 details of, really, who's there and what are they

1     doing. But how do we study what's going on?  
2     Okay, so you're making these observations. How do  
3     we get at mechanism? Because if we're going to  
4     come up with drugs, we need to know the mechanism.  
5     So we do have model systems -- the hamster's one  
6     model system, mice are the other. And the mouse  
7     work -- actually, around the time -- whoops,  
8     sorry, this is blurry, don't worry about it. In  
9     2008 Karin Kelly and his group in Boston,  
10    revisited the mouse model and showed -- and that's  
11    actually nice that it's blurry -- it doesn't  
12    matter what antibiotics you're giving. You can  
13    give a whole set of antibiotics here, and then if  
14    you infect with *C. difficile*, you can take a mouse  
15    that has a normal colon and you can create *C.*  
16    *difficile*. You get a lot of edema, a lot of  
17    destruction of the epithelium. And we've played  
18    with this for about the past ten years in a lot of  
19    different ways. We can model recurrence, we can  
20    model varying severity -- depending on the  
21    microbiota varying severity -- based on host  
22    factors varying severity -- based on the *C.*

1       difficile strain. And we actually have a systems  
2       biology grant where we're trying to look at all  
3       these. So look at -- can we get an idea of what  
4       the host and the microbiota are doing specifically  
5       to try to interfere with *C. difficile*? And there  
6       are a lot of potential mechanisms here. And let's  
7       go over one of them -- and this came from Casey  
8       Theriot from when she was a post-op in my lab.  
9       She's now an assistant professor at NC State.  
10      She's now in Atlanta hiding the storm. She was  
11      actually wanting to look at -- how do we look at  
12      functions? Well let's looking at the metabolites.  
13      I mentioned the microbiome. Let's look at the  
14      metabolites. What could be going on in *C.*  
15      difficile infection? And she used one of the  
16      models where you can take mice with a normal  
17      microbiota -- she used a single drug at this time,  
18      cefoperazone -- the animals become susceptible to  
19      *C. difficile*, they develop very bad disease. And  
20      from another post-op showed that after giving this  
21      antibiotic, if you take them off the antibiotics  
22      -- keep them on sterile food and water -- six

1 weeks later they're microbiota goes back to a  
2 different state -- not the original state, but  
3 Casey showed that this secondary state is still  
4 resistant to *C. difficile* infection. So what  
5 Casey did is, first she looked at who's there?  
6 And she showed that when you become susceptible --  
7 again these are the microbes along here clustering  
8 -- based on the types of organisms that present in  
9 the community -- the susceptible state is quite  
10 different than the animals here and here, that  
11 never saw antibiotics -- either at right away or  
12 eight weeks later. Their microbiota is pretty  
13 stable. But this altered community had different  
14 community structure -- the population of  
15 organisms. The community was different. Even  
16 though it had the same function -- that is  
17 resistance to *C. difficile*. And when she looked,  
18 she looked at a lot of metabolites, she looked at  
19 thousands of metabolites. She kind of focused on  
20 bile acids. And she saw that regardless of what  
21 the community looked like, the panel of bile acids  
22 seemed to be very similar in all the animals --

1 resistant versus those that were susceptible. And  
2 what might this have to do? I told you that C.  
3 difficile comes in as spores. Certain of the bile  
4 acids -- in particular the conjugated-bile acids  
5 -- the ones that are secreted in our liver -- are  
6 very good at triggering sporulation of C.  
7 difficile. Where other forms of bile acids --  
8 such as deoxycholate -- were actually very toxic  
9 to vegetative C. difficile. And what's important  
10 here -- this is the idea of co-metabolism -- sure  
11 our liver has these glycine and  
12 taurine-conjugated-bile acids. But there are  
13 microbes that will take off -- through bile salt  
14 hydrolysis take off those amino acids. And  
15 there's still other microbes that will do these  
16 conversions. Like 7-dehydroxylation that can  
17 produce these toxic -- at least toxic to C.  
18 difficile -- toxic bile acid specimens. So that  
19 you assume that if you disrupt the  
20 microbiota-mediated metabolism of bile acids, you  
21 might change your susceptible to C. difficile.  
22 And Joe Sorg actually posited this about eight

1     years ago when he was looking at this particular  
2     organism -- *C. scindens* -- that was able to take  
3     bile acids and convert it to deoxycholate. And  
4     actually Eric Pamer through a separate set of  
5     experiments came across the same thing a number of  
6     years later and showed that this particular  
7     organism -- *Clostridium scindens* -- because of its  
8     7-dehydroxylate assay in an experimental model  
9     could restore bile acid mediated-resistance to *C.*  
10    difficile in a mouse model. So again, this idea  
11    that it's the host and the microbes working  
12    together. Final story I want to tell you is --  
13    it's not all about bile acids. So my friend and  
14    colleague at Michigan, Pat Schloss -- two of our  
15    grad students were working together, Matthew  
16    Jenior in Pat's lab and John C. Lesley in my lab  
17    -- we were trying to look a little bit more at how  
18    altering the structure and metabolism function of  
19    the microbiome could actually promote sustained  
20    colonization by *C. Diff* or actually just make *C.*  
21    difficile change its physiology. Well what do we  
22    mean by that? Well what Matt did is, he took

1     three different antibiotic regimens. He used  
2     cefoperazone, which he used before, streptomycin  
3     and clindamycin. He took genetically identical --  
4     and this case mice would be exact same microbiota.  
5     I actually have a breeding colony of wild- type  
6     mice. And people ask me, why do I have that? You  
7     can always buy them. I said, but you can't always  
8     buy the same microbiota. Which is why I've been  
9     breeding these animals for almost 20 years now.  
10    What he did is he created three different  
11    environments for *C. difficile* by giving three  
12    different antibiotic treatments to these mice.  
13    And then to look to see what *C. difficile* was  
14    doing -- they did RNAC, basically purified *C.*  
15    difficile right from the community and basically  
16    looked at the transcription response to the  
17    pathogen. To see, how is it behaving in mice  
18    treated with cefoperazone versus mice treated with  
19    streptomycin versus clindamycin. Then he also  
20    constructed some metabolic networks  
21    computationally based on the genome of the  
22    infected strain and the response that he saw. And

1       so here's the transcriptional response. So  
2       basically, what he did is he looked at all of the  
3       different things that *C. difficile* was doing -- in  
4       terms of transcription -- under the various  
5       conditions: Clindamycin treatment, cefoperazone  
6       treatment, streptomycin treatment. And he found  
7       that *C. difficile* actually had a different  
8       transcriptional response depending on which kind  
9       of environment it was. It wasn't behaving the  
10      same. Certain genes were turned up in  
11      cefoperazone-treated mice, versus  
12      clindamycin-treated mice, versus streptomycin.  
13      And he focused on the fact that a lot of them had  
14      to do with core metabolism of the pathogen -- the  
15      sugars they were using, monosaccharides,  
16      disaccharides, proteins that they do, transporters  
17      for nutrients. So when he did this, he was able  
18      to kind of predict modeling the metabolic network.  
19      What kinds of sugars would *C. difficile* utilize  
20      under the different conditions? Or if he used the  
21      shared under all conditions. But then he looked  
22      specifically for strep, cefoperazone, or clinda.

1     And he saw that different sugars were  
2     preferentially going to be used by the pathogen  
3     under these settings. He tested to make sure that  
4     in vitro -- that C. diff could utilize all these  
5     -- it's the so called pregnant-source -- and he  
6     did and that was true. But then he also used  
7     untargeted metabolomics. And he showed that,  
8     yeah, under the different situations, different of  
9     the sugars were being not only generated on  
10    infected animals -- when he infected with C.  
11    Difficile, those sugars were dropped. Suggesting  
12    -- not directly testing -- but in indirectly  
13    suggesting that the C. Difficile was utilizing  
14    those sugars. So this is how we can get an idea  
15    at how changing the metabolic landscape present in  
16    the gut can influence not only the host, not only  
17    the indigenous microbes, but a potential pathogen.  
18    Where do we go? You know, there's a lot of things  
19    here. There's a lot of things that are going on.  
20    We have to consider -- not just host, not just  
21    pathogen -- but now we have to really consider  
22    these hundreds of thousands of different species

1 of micromes present in the gut -- in all sorts of  
2 setting of health and disease. So, you know, I  
3 hope that some of the work that I'm showing you --  
4 we're just trying to go away from the association.  
5 Oh, this microbiota is different in patients with  
6 disease versus patients without. And we begin to  
7 get a causation. And we begin to understand how  
8 this altered -- and people sometimes use the word  
9 dysbiotic microbiota -- what's different in terms  
10 of the function of that community? And therefore,  
11 could we then try to intentionally manipulate the  
12 microbiota to "improve health, prevent disease,  
13 treat disease" -- what's the FDA statement? Yeah,  
14 we all know it. Actually all the things I saw  
15 this morning when I had CNN on -- the FDA has not  
16 evaluated these statements. These are not  
17 intended to do all these things (laughter). It is  
18 kind of funny. So what could the future look  
19 like? You know, this is something that I would  
20 like, perhaps. You know, we talk about precision  
21 medicine. There is this "all of us" that NIH has  
22 started. That they're going to try to get --

1     what? I think it's a million. I think it's a  
2     million individuals. They're going to look at  
3     their genomes to try to predict from their  
4     genomes: How is the host going to respond to  
5     drugs, how susceptible are they to developing  
6     certain types of diseases, what happens if they're  
7     in different environments? You know, can we  
8     predict adverse reactions to drugs? Like I was  
9     saying with digoxin. But I would like to say that  
10    maybe there should also be a microbe-sensored  
11    microbiota, you know, focused-precision medicine.  
12    Interestingly enough, I hope no one's here from  
13    the NIH -- who's responsible for this -- they're  
14    probably listening. Microbes are not a part of  
15    this. And I think that was a conscious decision  
16    for whatever reason. And that's fine. But I  
17    would like to think that perhaps we also need to  
18    consider what the microbiota would do. Because if  
19    we assess the microbiota, there might be  
20    deleterious organisms and there might be  
21    beneficial organisms. The things that we predict  
22    from the host genome, might be influenced by the

1 microbes that are there. We already saw that with  
2 a couple of examples I gave -- with immunotherapy,  
3 with response to relatively simple small-molecule  
4 drugs. And perhaps if we can do all of this data  
5 analysis of both the microbe and the host -- then  
6 we can come up with customized therapy that's  
7 based on genetics and predisposition. So I hope I  
8 gave you the proper overview of this idea that  
9 this indigenous microbiota is part of a balanced  
10 eco-system. But health reflects the balance  
11 between us and the microbes that live in and on  
12 us. And we have evidence from the past almost 20  
13 years now that disturbances in this balance can  
14 lead to the pathogenesis of multiple conditions.  
15 We haven't talked about autism, we haven't talked  
16 about inflammatory bowel disease, we haven't  
17 talked about depression, we haven't talked about  
18 alopecia areata. There's a number of things where  
19 there are associations between the microbiota.  
20 But I would really like to stress that it's going  
21 to take teams of people working together to  
22 understand the dynamics of the system, what is the

1       function of the system, and more importantly --  
2       for the clinicians in the room -- how are we going  
3       to be able to manipulate this complex system to  
4       prevent or treat diseases. So let's stay on time,  
5       Paul. Okay. I'd like to thank a lot of my  
6       collaborators. Again this is team science. This  
7       is just a small handful of the people I've worked  
8       with at a number of institutions. And we come  
9       from all sorts of backgrounds. Bacteria,  
10      Pathogenesis, Immunology, Clinical Microbiology,  
11      Machine Learning, Computer Engineering, et cetera.  
12      Microfluidics, of course all the people in the lab  
13      who actually do work. And I'd like to thank  
14      NAIAID, also NIDDK from previous awards to study  
15      the microbiome and health and disease. I'd be  
16      happy to take any questions at this point, thanks  
17      (applause).

18               SPEAKER: We have plenty of time for  
19      questions. I just want to ask that if you have a  
20      question you come to the microphone and give your  
21      name and affiliation prior to your question.

22               DR. YOUNG: Have time. And I know a lot

1 of the questions will -- yeah, if you can come to  
2 the microphone. I know a lot of these questions  
3 might be best addressed by some of the subsequent  
4 speakers. So if a question comes up and one of  
5 the speakers says, I'll get to that, the speaker  
6 could raise their hand and say, I'll get to that,  
7 and I won't try to flail around and answer  
8 (laughter). Go ahead.

9 MR. LILLIS: Hi. I'm Christian Lillis  
10 from the Peggy Lillis Foundation. In addition to  
11 antibiotics that we put into our systems, have you  
12 guys looked at anything in terms of how the  
13 environment itself might be impacting us? Like  
14 the overuse of antimicrobial soaps and different  
15 things that we're kind of putting in and on our  
16 bodies?

17 DR. YOUNG: Yes.

18 MR. LOWES: Because I've always wondered  
19 about that.

20 DR. YOUNG: Yes. So the question is  
21 about, you know, how does the environment --  
22 outside of drugs that we use -- in particular

1       antibiotics. Antibiotic residues in food. There  
2       have been a number of papers that have tried to  
3       associate that. Triclosan, that's a lot of  
4       studies on Triclosan and what that may do to the  
5       microbiota. And you also raised the idea of --  
6       there is a whole field of so- called, the  
7       microbiome of the built environment. There are  
8       people who are looking at how microbiodes that we  
9       could get exposed to in our cars, in our houses,  
10      and restaurants, in the health care systems can  
11      influence as well. And trying to assess that out.  
12      So the long and short is, almost any time you do  
13      kind of a study to compare two groups, you will  
14      find that there are differences in the microbiota.  
15      But a lot of times we don't know if there's a  
16      significance there. Because many times we're not  
17      necessarily looking at function, and we're not  
18      looking at how it impacts health directly, so.

19                MS. EUNIS: Thank you very much, for  
20      your talk, Dr. Young.

21                DR. YOUNG: Thank you.

22                MS. EUNIS: I'm Jessica Eunis with the

1       IPA.

2                   DR. YOUNG: Thank you.

3                   MS. EUNIS: (Radicus incision). My  
4       question is about sex dimorphism. I really  
5       appreciate the work you guys are doing with the  
6       mouse models, but can you maybe make a comment on  
7       that? Especially in light of the topic of  
8       abortion?

9                   DR. YOUNG: Right. So sexual dimorphism  
10      in microbiota responses is something that should  
11      be looked at. I know my program officers here, we  
12      write a section on that right now. And we make  
13      sure that we always look. And in our studies, we  
14      do stratify by sex. And in our studies -- and  
15      probably because we're giving antibiotics, which  
16      really overwhelm the microbiota -- we haven't seen  
17      any sex differences in responses. But I know  
18      there are papers -- when they're using more subtle  
19      perturbations in the microbiota -- where there are  
20      distinct -- in terms of the response of the  
21      microbiota and also the response of the whole  
22      system -- in other words whatever the health

1 outcomes are based on sex. And so that's some we  
2 have to keep in mind. But in the human microbiome  
3 project, we did not see -- other than the  
4 obvious -- that the vaginal microbiota is only  
5 seen in women. For example, we didn't see  
6 anything say with skin and gut and other things  
7 with sexual differences. Again, looking at a very  
8 crude high-level bi-16s in metagenomics -- we  
9 haven't seen that. But it something that needs to  
10 be kept in mind. Yes, thanks.

11 MR. RAY: You talk about --

12 DR. YOUNG: Could you give your name  
13 quickly and your association?

14 MR. RAY: Emmond Ray. You talk about  
15 cardiac glycoside, digoxin, metabolism in the --

16 DR. YOUNG: Uh-huh.

17 MR. RAY: -- microbiome. The metabolite  
18 is still effective? This would be more broad than  
19 the actual (inaudible)?

20 DR. YOUNG: I'll have to remember the  
21 '83 paper. I believe that actually some of the  
22 metabolites were no longer active but were still

1 toxic in some ways. They had less antiarrhythmic.  
2 And I can't remember which ones were inactivating  
3 versus the primary response or not. But that's  
4 something that's seen over and over. In some  
5 cases you create new compounds that have differing  
6 activities. In some cases you create compounds  
7 that are just different structurally but maintain  
8 the parent activity. And that's something that  
9 we've seen -- like for example with the bile  
10 acids. You can shift function with some of these.  
11 But specifically with the digoxin, I'd have to go  
12 back to that paper to figure out which of the  
13 metabolites still had toxicity versus therapeutic  
14 affect on that. But it was looked at in both of  
15 those studies, so it's in there. Other questions?  
16 Comments? Have we solved it all? Are we ready to  
17 (laughter) -- are we ready to go out and treat  
18 patients? Send their fecal specimens or whatever  
19 specimens to whatever diagnostic lab? I think  
20 there's something very important. I mentioned the  
21 two papers in my introduction that came out from  
22 Erin Ellanoff's group. They looked at some things

1       that were very important. Things that we had  
2       looked at -- but finally they published. We use  
3       feces a lot to kind of serve the microbiota. They  
4       also do colonoscopy -- both prepped and unprepped.  
5       And there are differences between the microbiota  
6       in the mucosal surface, the microbiota in the  
7       lumen, and those were quite different from feces.  
8       So we have to also figure out how are we going to  
9       most properly assess a patient's microbiota. I  
10      think some of the things in feces -- like most of  
11      the things in the GI tract eventually end up in  
12      feces, but the relative abundance that you find is  
13      going to be altered in feces as opposed to what it  
14      might be more proximal in the GI tract. And I had  
15      gotten into a number of, shall we say heated  
16      comments, about people talked about the relative  
17      efficacy of stool. Because I said, yes, it may or  
18      may not. But I think now that these have been  
19      published, I think people will be a little bit  
20      circumspect that stool is not the only analyte  
21      that you can look at. Or if we look at it,  
22      there's certain caveats that we have to have when

1       we look at feces as a marker for what's going on  
2       as far as the microbiota. Yes.

3               SPEAKER: I'm Euan First, Alan Capital.  
4       I wonder what thoughts you've given and what  
5       research you might be aware of -- just generally  
6       speaking -- going on identifying the impact from  
7       maybe changes in soil. Given that that affects  
8       our food supplies. And one would expect that, you  
9       know, maybe there's some changes going on there.

10              DR. YOUNG: Yes, so it's interesting. I  
11       think his name was on there -- Tom Schmidt. He's  
12       the person who taught me how to do microbiota when  
13       I was up at MSU. And his research at the time was  
14       looking at different agricultural practices  
15       --till, no till, amended, again whether or not  
16       they had fertilizer in the soil -- on the effect  
17       of the microbiota of the soil itself. And how  
18       actually that could change the flux of greenhouse  
19       gases to those soils. And this was done at the  
20       Kellogg Biological Station up in Michigan. Where  
21       they had different plots all in the same area  
22       where they had these different treatments. And he

1 saw that it was quite dramatic effects on the  
2 microbes that are present in the soil and their  
3 ability to take and fix nitrogen. And basically  
4 to take CO<sub>2</sub> from the atmosphere and fix it back  
5 into plant material. And so that's where I  
6 actually got interested in it -- and I said, hey,  
7 would you want to look at another community? I  
8 actually have a different community of microbes.  
9 I'm very interested in their function. And that's  
10 how we started looking into that. So no one's  
11 tied together those changes that you see clearly  
12 in the soil with happens to people who eat crops  
13 grown under those different measures. That  
14 actually hasn't been done. I don't know how much  
15 I would expect that to change. But really, this  
16 idea of an integrated-earth microbiome -- that  
17 it's not just the ones in us, you know. For  
18 example, the microbiota in cows and how much  
19 methane they can produce. You can actually have  
20 cows that produce more or less nothing -- speaking  
21 of greenhouse gases. So everything is  
22 interrelated in this world. And the microbes may

1       be actually the link between a lot of them. So  
2       these people have been looking at soil microbes  
3       for like 30 years. And there was an article  
4       published in the New York Times about five years  
5       ago that I showed to Tom. It was talking about  
6       people who were looking at crop microbiome. And  
7       it says, "Taking clues from people who are looking  
8       at the human microbiome, soil scientists are now,"  
9       -- and I said, "Hey, here's a little bit of  
10      revisionist history." (Laughter) I said, "I  
11      learned from you. But supposedly you're learning  
12      from me now." So, you know, you have to kind of  
13      take that broad view. I think I only bring up  
14      that anecdote -- it's important -- and that's how  
15      I was trained -- doing reductionist,  
16      mechanistic-based science. But some of these  
17      questions are so complex that you sometimes have  
18      to back out a little bit and try to look at the  
19      big picture. Move back down, and zoom in on  
20      mechanism, so. That's the approach. Yeah.

21                   MR. FORRY: Sam Forry, NIST. I wanted  
22      to ask about sampling recommendations on test of

1 human samples. I know with mouse models -- where  
2 they produce fecal material more often -- we can  
3 track and see dyno cycles. In humans -- where  
4 people often have a single bowel movement a day --  
5 it's much harder to pull that out. And I'm  
6 wondering what you do in the context of -- as a  
7 clinician in your research -- how you go about  
8 acquiring fecal samples and what the best  
9 practices are to try to amass that or control  
10 point.

11 DR. YOUNG: Yes. That's actually a very  
12 important question when you're (inaudible). And I  
13 already brought up that stool only gives you one  
14 kind of view. So invasive sampling gives you a  
15 different view. We've actually sampled the upper  
16 GI tract using an FDA-approved device. That  
17 actually has four lumens -- 2 meters long, goes  
18 down -- and we're looking at drug dissolution  
19 studies. And we've looked at the microbiota  
20 through there. And over time in these individuals  
21 who are fast and fed -- you see all of these  
22 changes. We didn't monitor them long enough to

1 look at dyno variation in a fasting subject -- but  
2 these are all these things that you have to take  
3 in account. You want to sample as much as  
4 possible. For example, one of the areas that a  
5 number of investigations -- you'll hear more about  
6 necrotizing enterocolitis. As you collect all the  
7 feces that comes out an infant -- if you can and  
8 see how that changes. But know that it dwells  
9 there for a while. You're right. Some people  
10 only have one bowel movement a day. I mentioned  
11 Stanley Falco. He had this saying that, "One  
12 man's constipation is another man's diarrhea."  
13 Right? You know, is one sample a day enough on a  
14 person who has four bowel movements a day, or only  
15 has a bowel movement every three days, you know.  
16 These are the considerations that we have. And we  
17 don't have best practices. And I know other  
18 people from NIST have been at some of these  
19 conversations. And it's kind of daunting to  
20 figure out, how do you standardize this? I think  
21 a couple more questions?

22 MS. DEONYAD: Carla Deonyad. So Vince,

1 I was struck by the fact you were saying the "low  
2 diversity was more susceptible and the higher  
3 diversity was more resistant".

4 DR. YOUNG: Mm-hmm.

5 MS. DEONYAD: But for other body sites,  
6 say for example in Human Microbiome UC Project,  
7 you saw the opposite. Like in the vagina, less  
8 diversity tends to be more resistant and more  
9 diversity seems to be more susceptible to  
10 bacterial vaginosis. I was wondering what you  
11 think different body site.

12 DR. YOUNG: Right. And that's why --  
13 even though I've been guilty of putting the word  
14 diversity in my early papers there -- I realize  
15 that diversity is just a marker for how many  
16 different kind of organisms that you might have  
17 there. And if you have the wrong organism there,  
18 or you're missing the right organism, it doesn't  
19 matter how diverse you are or not. And it does  
20 vary from site to site. As you said, in bacterial  
21 vaginosis you actually have much higher diversity.  
22 In the healthy vaginal tract which is generally

1 dominated with lactobacillus -- but not in normal,  
2 healthy individuals -- they tend to have that.  
3 And that's lower diversity. I published a paper  
4 with John LiPuma on the cystic fibrosis lung. And  
5 actually, increased diversity was "protective"  
6 early on. And when you've just had nothing but  
7 pseudomonas, or burkholderia, or staph later on --  
8 and maybe that's because you've had a lot of  
9 antibiotics and people say that was bad. Again,  
10 we had to be careful what we said, because we're  
11 not going to stop treating our cystic fibrosis  
12 patients with antibiotics, because that's what's  
13 extended their life span by decades. But maybe we  
14 do have unintended consequences that over time --  
15 maybe I need to stop here, yeah. We have about  
16 till 10:00, right? We have time for one more  
17 question?

18 MR. VOREADES: Noah Voreades from  
19 GenBiome Consulting. Going back to the question  
20 about stool collection. I think there's still a  
21 lot of open questions in regards to what is the  
22 appropriate way to collect the stool. Meaning is

1 a swab from a tissue paper sufficient? Can you  
2 take an aliquot with a scoop? Or do you need to  
3 essentially take the whole stool, homogenize, and  
4 then sample from there? I wasn't sure if you had  
5 any best practices or, you know, within the  
6 community that you're in if you can provide any  
7 insights.

8 DR. YOUNG: Sure. As far as sampling,  
9 you know, those are important studies to do. And  
10 boring papers to convince your graduate student to  
11 write. But, for example, we looked at that. And  
12 we did a study where we compared feces to swab in  
13 a number of patients. And we showed that the  
14 rectal swab taken matched the fecal specimen  
15 pretty closely for all intents and purpose with  
16 what we're doing. And I think what happens is  
17 then you say, oh, what's the best storage  
18 technique? What's the best extraction technique?  
19 What's the best way to do your amplification?  
20 Which is the right taq polymerase? Which is the  
21 -- you know. And I think what we have to come up  
22 with is that we're always going to have biases.

1     And what we need to do -- and I kind of tell my  
2     students -- in spite of all the biases we have  
3     technically, appreciate that they might be there  
4     -- do things the same way and design your  
5     experiments very carefully so that you can get an  
6     answer despite what the biases might be. And then  
7     try to test it in another way. In other words, go  
8     to a germ-free mouse. After you've sampled. Go  
9     and try to actually do interventional studies, go  
10    into bioreactors, go into organoids, to try to  
11    figure out that the answer isn't just from  
12    sequencing. I hope no one's from N.H. Gary. But  
13    the answers not just from sequencing. All right,  
14    thank you very much folks (applause).

15               MS. DEAL: And the next two speakers are  
16    from FDA. And the first speaker I'd like to  
17    introduce is Bob Durkin. And Bob is the Deputy  
18    Director, Office of Dietary Supplement Programs at  
19    FDA Center for Food Safety and Applied Nutritional  
20    Systems. And his office is the agency lead for  
21    the regulation of dietary supplements. Today Bob  
22    will speak about how the agency approaches the

1 regulation of products labeled with (inaudible).

2 MR. DURKIN: Good morning. I very much  
3 appreciate being asked to speak here today. As I  
4 was introduced, I am the Deputy Director of the  
5 Office of Dietary Supplement Programs at FDA  
6 Center for Food Safety and Applied Nutrition. I  
7 think an obvious question at the forefront is if  
8 we're here at a workshop to talk about the use of  
9 microbiome products as drugs. Why do they invite  
10 a person from foods to speak? But I think that's  
11 a good question and I think it should be addressed  
12 at the front of my presentation. Probiotics like  
13 live microbials -- you know what I'm trying to say  
14 -- are a very quickly growing segment of the  
15 products labeled as dietary supplements. They are  
16 coming into our market place very rapidly.  
17 They're taking a lot of market share. And they  
18 have the FDAs attention when they are regulated as  
19 a dietary supplement. Products that are rated as  
20 dietary supplements or dietary ingredients are  
21 really regulated like nothing else at the Food and  
22 Drug Administration. There are a lot of

1 similarities, a lot of cross overs, but even when  
2 you think you hear something that sounds the same,  
3 I can almost assure you -- I don't want to speak  
4 in absolutes -- but it's very likely that there's  
5 some nuance or tweak -- a difference between  
6 things that sound the same, the way they're  
7 handled in a drug or a biological or a  
8 conventional food compared to a dietary  
9 supplement. That said, I thought the best thing  
10 for me -- nope, I didn't do that right. How do I  
11 get to the next slide? Okay, there we go. I did  
12 it (laughter). So that said, I thought I would  
13 start off -- I considered the folks that would be  
14 in the room today, the folks that would be  
15 interested in this. And on one hand, I think  
16 there's some people that are very well versed in  
17 the regulation of dietary supplements. I see some  
18 familiar faces in the room. On the other hand, I  
19 thought there were some folks that might be in the  
20 room that are a little uneducated or uninformed  
21 about how dietary supplements are regulated. And  
22 a basic 101 about that might be a good place for

1 us to start our conversation. This slide here  
2 shows some very different ways that dietary  
3 supplements can be presented on the market. We'll  
4 get into some of that a little bit later. I'm  
5 supposed to find something in particular. So  
6 we'll start with the definition of a dietary  
7 supplement as found in the The Dietary Supplement  
8 Health Education Act. The shade states that a  
9 dietary supplement is a product that is simply  
10 intended to supplement the diet. That can be  
11 translated to mean that it cannot be a  
12 conventional food or intended to be the entire  
13 substance of an entire meal. A dietary supplement  
14 must be intended for ingestion. It cannot be  
15 sublingual, topical, injected. Those products  
16 fall out of the definition of a dietary  
17 supplement. A dietary supplement must also  
18 contain a dietary ingredient. There's a list on  
19 the 201fff1 of ingredients that can qualify as  
20 dietary ingredients -- vitamin, mineral, herb,  
21 other botanical, amino acid, dietary substance for  
22 use by man to supplement the diet by increasing

1 the total dietary intake, for concentrate  
2 metabolite constituent extract or combination of  
3 any of the above. Oh, you're going to have to  
4 come here and show me. I'm so happy he was  
5 unsuccessful (laughter). You have no idea what a  
6 relief that was. One more. Thank you very much.  
7 Again, this is the exclusion from the definition  
8 of a dietary supplement. It's found in 201ff3d.  
9 Essentially it says that an article that was the  
10 subject of an approved IND or an ANDA -- for which  
11 there were significant clinical investigations  
12 that were made public -- is excluded from the  
13 definition of a dietary supplement. Basically,  
14 you can not do research on an ingredient, and then  
15 someone in the dietary supplement industry come in  
16 and take it out from underneath you. This was  
17 meant to preserve the incentive for development  
18 under the Rupert and drugs. Old versus new  
19 dietary ingredients. The new dietary ingredient  
20 or NDI notification requirement is for those  
21 products that contain a new dietary ingredient. A  
22 new dietary ingredient is an ingredient that was

1 not marketed prior to October 5, 1994. This NDIN  
2 process is basically the only premarket  
3 opportunity that FDA has to look at a dietary  
4 ingredient before it comes on the market. Again,  
5 it's a notification process, not an approval  
6 process. The manufacturer or distributor of the  
7 dietary ingredients to be contained in the product  
8 labels of dietary supplement has to notify FDA of  
9 their intent to go to market 75 days prior to  
10 going to market. During the 75-day period, FDA  
11 will evaluate the firm's basis for thinking that  
12 their ingredient is reasonably expected to be safe  
13 to go to market under the labeled conditions of  
14 use. FDAs response to a new dietary ingredient  
15 notification was essentially two types of  
16 responses. A response without objections and a  
17 response with objections. A response without  
18 objections is known as a good day letter. It  
19 means go to market; we don't have a problem with  
20 your product. A response with objections can come  
21 in a few different flavors. We can disagree with  
22 your basis for thinking your product is reasonably

1 expected to be safe. We can disagree with how you  
2 identified your product -- you didn't tell us what  
3 it was. We can find some shortcomings in your  
4 manufacturing process -- maybe you didn't show us  
5 that it was going to not be contaminated or have  
6 some other follow-on constituents or components  
7 that would be dangerous. We can also send you a  
8 letter saying that your ingredient is not a  
9 dietary ingredient. Or that you didn't even  
10 follow the directions for filing a complete  
11 notification. New dietary ingredient proper  
12 notifications must include the name and address of  
13 the manufacturer or distributor that is  
14 introducing the NDI into commerce, identity  
15 information on the ingredient -- so we know what  
16 we're talking about -- information on the dietary  
17 supplement that contains the ingredient,  
18 conditions of use, and safety information. The  
19 safety information can be based on a history of  
20 use or other studies that demonstrate the  
21 ingredient will reasonably be expected to be safe,  
22 or a combination. In other words, you can show

1     historically where your ingredient's been on the  
2     market and it's been used safely, or you can show  
3     us scientific literature -- preclinical, clinical  
4     studies -- or you can show us the combination of  
5     all the above. New dietary ingredient  
6     notifications. While the requirement's been in  
7     place for about 20 years, we've received less than  
8     1100 independent NDI notifications representing  
9     about 720, 750 individual ingredients. This shows  
10    anecdotally maybe that there's an under reporting  
11    going on in the industry. And that that might be  
12    something you want to address before -- or you can  
13    get a visit from FDA. Current good manufacturing  
14    process. This is important. I thought it was  
15    something that should be mentioned here today in  
16    regards to dietary supplements. A large part of  
17    FDA's post-market regulation of dietary supplements  
18    is based on the good manufacturing process  
19    regulations. FDA published the final rule for  
20    good manufacturing in June of 2007. This rule is  
21    found in 21 CFR Part 111. It's different than  
22    drugs. Drugs are found in 211. That's one of our

1 differences there. Not just where they're at, but  
2 also the substance of what the GMPs represent.  
3 GMP regulations are an important tool to ensure  
4 that dietary supplements are produced consistently  
5 in a high quality. Maybe not as high of a quality  
6 as someone who's familiar with drug GMPs would  
7 think. They're certainly more than conventional  
8 foods. Sort of in between. The regulation has an  
9 emphasis on production and process controls.  
10 Building quality into the product, as well as  
11 requirements for the testing of the raw material  
12 and finished product stage. This is an extensive  
13 regulation -- and may be relative to conventional  
14 food, but not so much to drugs or biologics -- an  
15 extensive regulation that covers all aspects of  
16 manufacturing. From setting up a facility and  
17 establishing personnel through product design --  
18 production and testing -- to records and record  
19 keeping. A little more on GMPs. They're  
20 applicable to all firms to various degrees who are  
21 involved in the manufacturing, packaging,  
22 labeling, or holding of dietary supplements --

1     both domestic and foreign.  FDA investigators  
2     confirm GMP compliance through a series of  
3     investigations.  We conduct 100s per year --  
4     somewhere between 5 and 700 -- split between  
5     domestic and international.  Non-compliance with  
6     regulations can result in FDA action.  Another  
7     interesting aspect of products label as dietary  
8     supplements are, they're labeling requirements.  
9     In addition to the previously mentioned  
10    manufacturing requirements, dietary supplements  
11    also have labeling requirements.  These dietary  
12    supplements are a category of food.  They must  
13    follow the food regulations found in 21 CFR 101.  
14    A few requirements that are specific to products  
15    labeled as dietary supplements relative to other  
16    foods would be that they must be labeled as  
17    dietary supplements.  They must actually use a  
18    statement that describes them as a dietary  
19    supplement.  It might say dietary supplement.  It  
20    might say probiotic supplement.  It might say  
21    calcium supplement.  But it has to have something  
22    on it to describe it as a supplement -- to show

1     the intent of the person putting it in commerce.  
2     As with foods, dietary supplements must list all  
3     ingredients. But the ingredients must be  
4     formatted -- instead of a nutrient facts label --  
5     they must be in a supplement facts label.  
6     Additional, dietary supplement labels must contain  
7     the name and location of the manufacturer or  
8     distributor and have contact information -- use  
9     phone number or address -- to which consumers or  
10    health- care providers can notify the firm of  
11    adverse events. A little bit more about  
12    supplement labeling. In addition to the required  
13    aspects of the label, dietary supplements are  
14    afforded three types of claims they can make  
15    regarding their products. The first of these  
16    claims would be nutrient content claims. An  
17    example of this would be a product that is high in  
18    calcium or low in sodium. Dietary supplements can  
19    make structure function claims regarding the  
20    effect of the product on the structure or function  
21    of a body. An example might be calcium helps  
22    build strong bones. I'll talk more about these in

1 a minute. Finally, a dietary supplement can make  
2 some authorized health claims or qualified health  
3 claims. These are actually spelled out in  
4 regulations. They can be found on our website.  
5 An example might be regarding calcium or vitamin D  
6 reducing the risk of something like osteoporosis.  
7 A little more on instruction function claims. A  
8 structure function claim is intended to describe  
9 the role of a nutrient or dietary ingredient on  
10 the structure or function of the human body.  
11 DSHEA created an exception to the drug definition  
12 that authorized dietary supplements to bear these  
13 structure function claims without being regulated  
14 as a drug. Dietary supplements -- with maybe just  
15 one or two other exceptions -- are the only type  
16 of food that can make a structure function claim.  
17 Any other food that makes a structure function  
18 claim has now put itself in the unapproved new  
19 drug box. This is a unique exception for dietary  
20 supplements that is separate from most foods,  
21 cosmetics and such. The exception from the drug  
22 definition applies only if the claims were made in

1     accordance with the information found at Section  
2     403R6 of the Act. Firms tend to get in trouble  
3     when they make a claim that is intended to be a  
4     disease claim. A slight error about disease  
5     claims. Disease claims are hard. They can be in  
6     a gray area. Context is critical. You have to  
7     take the label and the labeling -- the totality of  
8     the circumstances. A good example might be an EKG  
9     symbol on a label may in itself not be a drug  
10    claim. But if they then make a statement about  
11    cardiac health -- the two together may be  
12    considered a drug claim. Again, some guidance for  
13    industry can be found online -- structure function  
14    claims fall into the compliance guide. No claim  
15    is ever likely to be absolutely violative or  
16    absolutely okay. Again, it's all a matter of the  
17    circumstances and in evaluation. A little bit  
18    about adverse event reporting. FDA post-markets  
19    for balance of diet products labeled as dietary  
20    supplements includes adverse event reporting.  
21    This is a result of the Serious Adverse Event Law  
22    which took place in 2006. Dietary supplements

1 must submit serious adverse events to FDA for  
2 review. The reporting system works through FDAs  
3 MedWatch Program. And submissions can be through  
4 an electronic portal, e-mail, phone call, letters.  
5 While manufacturers are required to submit these  
6 reports -- consumers and health-care providers can  
7 do it on a voluntary basis. If the manufacturer  
8 receives an adverse event and determines it can be  
9 serious, they have to report it to the FDA in 15  
10 days and follow up on that specific event for a  
11 year. A little more on adverse events. Once the  
12 reports are entered in the MedWatch, the dietary  
13 supplement-specific adverse event reports are  
14 entered into our care system. Which stands for  
15 the Signal Adverse Event Reporting System. ODSP  
16 has medical doctors that review every single  
17 adverse event to make a determination if there's  
18 association or causation. They'll look at the  
19 trees, they'll look at the forest from all  
20 different perspectives to see if we have a problem  
21 with a product or maybe even an ingredient. If  
22 there's signal of a risk to the public health, we

1 do what's appropriate. We do other  
2 investigations. We'll call up the person that  
3 provided us with the adverse event. We'll  
4 investigate and if required we'll do what we need  
5 to do to protect the public health from  
6 enforcement actions. Just a little bit here about  
7 what we deal with when we talk about the dietary  
8 supplement market. When DSHEA was enacted on  
9 October 15, 1994, there were about 600  
10 manufacturers, 4000 products, worth approximately  
11 4 billion dollars. Today there are over 7000  
12 registered facilities, there are over 75,000  
13 independent SKUs for products labeled as dietary  
14 supplements. And external sources estimate that  
15 the industry is worth upwards of 40 billion  
16 dollars. How does FDA approach this large,  
17 diverse, fractured industry? We try to regulate  
18 it. This is a basic pictogram or organizational  
19 chart for the FDA -- as a larger entity. You can  
20 see the Office of the Commissioner up top. Down  
21 bottom you see what we call product centers. And  
22 you can see the Center for Food Safety and Applied

1       Nutrition is the second from your left. We see  
2       the Center for Biologic Evaluations and Research  
3       as the fourth one in. We don't work with the folks  
4       directly that work for CBER. We're in different  
5       product centers. We know each other, we have  
6       relations, we have good communications. But we  
7       don't actually work together in the same building  
8       or even the same office structure. There are some  
9       other offices on here that impact the regulation  
10      of dietary supplements. You have the Office of  
11      Operations. That would basically be ORA --the  
12      inspectors, the boots on the ground. CBER -- we  
13      work with CBER. We work with CDER. We work with  
14      the Office of Chief Counsel. This is the  
15      organization at CFSAN. As I mentioned, CFSAN is  
16      one of the product centers. You can see there are  
17      then offices within CFSAN. The Offices of Dietary  
18      Supplement Programs is highlighted. We're one of  
19      about 12 product offices within the product  
20      center. So you say, what does FDA have to  
21      regulate this industry that's worth 40 billion  
22      dollars? We have 26 people. Yeah. Now that's

1 directly in ODSP. That's not including folks that  
2 we try to leverage in other offices such as ORA  
3 and OCC. ODSP wasn't always an office. We were  
4 once a division, part of ONLDS -- Office of  
5 Nutrition Labeling and Dietary Supplements. Back  
6 in December of '15 -- I think it was -- or '16, we  
7 became an office. That elevation brought us up to  
8 the table. We are now a product office within a  
9 product center. It was meant to give us a higher  
10 profile and put us in a better position to ask for  
11 resources and to work with regulated industry.  
12 ODSP program priorities are first and foremost to  
13 protect consumers, ensure product integrity, and  
14 help to promote informed-decision making  
15 (applause).

16 MS. DEAL: Now we've heard from the  
17 Center for Food Safety and Applied Nutrition. And  
18 now it's time to hear from the Center for  
19 Biologics Evaluation and Research. And our next  
20 speaker is Sheila Dreher-Lesnick. And Sheila is a  
21 regulatory coordinator in the Division of  
22 Bacterial, Parasitic, and Allergenic Products or

1 DBPAP -- as they say -- in the Office of Vaccines,  
2 Research and Review in the Center for Biologics  
3 Evaluation and Research Center. And DBPAP is the  
4 product review division which is responsible for  
5 reviewing product information for regulatory  
6 submission for a wide range of products including  
7 bacterial and parasitic vaccines, allergenic  
8 products, live biotherapeutic product -- the  
9 LBPs -- FMT or Fecal Microbiota for  
10 Transplantation, and also the PHAGE therapy  
11 products. And she has a presentation today. Will  
12 discuss the regulatory oversight and  
13 considerations for live microbiome products when  
14 they're used as drugs. A little different from  
15 the previous talk.

16 MS. LESNICK: Thank you for that  
17 introduction. Let's see if I can maybe just -- so  
18 today, the first part of my talk will broadly  
19 cover the regulatory oversight for development of  
20 live microbiome-based biological products. And  
21 I'll be just briefly touching on the IND  
22 regulations and definitions, and broadly cover the

1 stages of review. And in the second part of my  
2 talk, what I hope to do is point out some  
3 additional considerations for clinical studies  
4 using live microbiome-based products. And I'll  
5 point out a few chemistry-manufactured and  
6 control-information points, some CMC points for  
7 live biotherapeutic products. And a few points to  
8 consider for fecal microbiota for transplantation  
9 -- live microbiome-based products. And I'll point  
10 out a few chemistry-manufactured and  
11 control-information points, some CMC points for  
12 live biotherapeutic products. And a few points to  
13 consider for fecal microbiota for transplantation.  
14 So what is an IND? An IND is an investigational  
15 new drug application -- that when in effect  
16 examines an investigational new drug from  
17 pre-marketing approval requirements. It also  
18 allows an investigational new drug to be lawfully  
19 shipped across state lines for the purpose of  
20 conducting a clinical study of that  
21 investigational new drug. The IND regulations  
22 require that human research studies be conducted

1 under IND if the following conditions exist. The  
2 research involves a drug as defined in Section 201  
3 of the Federal Food Drug and Cosmetic Act. The  
4 research is a clinical investigation as defined in  
5 the IND regulations. And the clinical  
6 investigation is not otherwise examined from the  
7 IND requirements. And pertinent to our discussion  
8 today, I just want to point out that a biological  
9 product subject to licensure under Section 351 of  
10 the Public Health Service Act fits within the drug  
11 definition under the FD&C Act. And a few  
12 clarifying points about exemptions. What this  
13 means is that clinical investigations of drugs  
14 lawfully marketed in the United States are exempt  
15 from the IND requirement if certain criteria are  
16 met as listed in 21 CFR 312.2(b)(i). And drugs  
17 are lawfully marketed if they have been approved  
18 under the following pathways. The new drug  
19 application, a biologics license application, an  
20 abbreviated new drug application, or an  
21 over-the-counter monograph. And just to point out  
22 here, that conventional foods and dietary

1 supplements are not lawfully-marketed drugs. And  
2 therefore do not qualify for an exemption of the  
3 requirement of an IND -- as described above --  
4 when they're studied for a drug use. So if not  
5 exempt, when is an IND needed? In general, the  
6 FDA regulations require the evaluation of a drug  
7 or biologic product in humans be conducted under  
8 IND. And a drug is defined in part as articles  
9 intended for use in the diagnosis, cure,  
10 mitigation, treatment, or prevention of disease --  
11 and articles other than food intended to affect  
12 the structure or function of the body. So the  
13 intended use then determines whether a product is  
14 a drug. And the question becomes, is the product  
15 in the study being investigated for a  
16 drug-intended use? If the answer is no, then no  
17 IND is required. And if the answer is yes, then  
18 an IND is required. And this is true whether it's  
19 for commercial development or for research-only  
20 studies. For additional details, I'll refer to  
21 our guidance from 2013 determining whether  
22 human-research studies can be conducted without an

1 IND. Who sponsors INDs? Big companies do, small  
2 companies, individual-bench researchers,  
3 individual- clinical investigators, and other  
4 government agencies. And FDAs primary objectives  
5 in reviewing an IND, is to, one, assure the safety  
6 and rights of subjects in all phases of  
7 investigation. And in phases two and three, to  
8 help assure that the quality of the scientific  
9 evaluation of drugs is adequate to permit an  
10 evaluation of the drug's effectiveness and safety.  
11 And this slide is just to remind you, really, of  
12 the typical phases of development for biological  
13 product under IND. They typically start as small  
14 phase one study, and then progress to larger phase  
15 two studies. Data generated from these phase two  
16 studies are then used to inform the design of the  
17 larger phase three efficacy studies. And then  
18 data from the phase three efficacy studies are  
19 then used to help support a biologics license  
20 application. And to obtain licensure, the  
21 applicant must demonstrate the following. That a  
22 particular product is safe, pure, and potent. And

1     that the facility in which the biological product  
2     is manufactured, processed, packed, or held meets  
3     standard designs to assure that the biological  
4     product continues to be safe, pure, and potent.  
5     And a point I'd like to make here is that potency  
6     has long been interpreted to include  
7     effectiveness. And only those biologics that have  
8     demonstrated to be safe, pure, and potent -- and  
9     that can be manufactured in a consistent manner --  
10    will be licensed by FDA. And to date, the FDA has  
11    not approved the live microbiome-based product to  
12    prevent, treat, or cure disease or condition of  
13    disease. So that covers the first part of my  
14    talk. And now I'd like to get into some  
15    additional considerations for clinical studies  
16    using live microbiome- based biological products.  
17    And I'll start with live biotherapeutics. In 2012  
18    FDA published a guidance document discussing  
19    chemistry, manufacturing, and control  
20    information -- or CMC information -- to include in  
21    an IND application for early clinical trials with  
22    live biotherapeutic products. And an LBP is

1 defined as a biological product that contains live  
2 organisms and is applicable to the prevention,  
3 treatment, or cure of a disease or condition of  
4 human beings. And a commercially-available  
5 probiotic may fit the definition of an LDP,  
6 depending on the intended use. And while  
7 commercially- available probiotics are generally  
8 considered safe in healthy adults, safety issues  
9 may be critical and clinical-trial populations  
10 compromised by specific health concerns or  
11 conditions. And recognizing the difficulty that  
12 sponsors had providing the CMC information  
13 required under 21 CFR 312.23, FDA revised the LBP  
14 guidance in 2016 for proposed trials in generally  
15 healthy subjects. And the updated guidance  
16 describes how for IND studies using  
17 commercially-available LDPs such probiotics -- a  
18 waiver of the requirement for CMC may be granted  
19 if all of the four following conditions are met.  
20 One, the LBP proposed for investigational use is  
21 lawfully marketed as a conventional food or  
22 dietary supplement. Two, the investigation does

1 not involve a route of administration dose,  
2 patient population, or other factor that  
3 significantly increases a risk or decreases the  
4 acceptability of risk associated with the use of  
5 the food or dietary supplement. Three, the  
6 investigation is not intended to support a  
7 marketing application of the LBP as a drug for  
8 human use or a biological product for human use.  
9 And four, the investigation is otherwise conducted  
10 in compliance with the requirements for INDs. If  
11 the investigation meets all these conditions, we  
12 ask the sponsor to submit a waiver by documenting  
13 the above, a copy of the label and a commitment to  
14 record the lot numbers and date of expiry. So  
15 therefore, IND is using commercially available  
16 LBPs. If the request for a waiver of the  
17 requirement for CMC is granted, then the label on  
18 the commercially available LBP will generally be  
19 sufficient to satisfy the CMC requirements for the  
20 IND application. If the waiver is not applicable  
21 or granted, then the sponsor needs to submit CMC  
22 information in their IND application. And we do

1 recognize that specifically for commercially  
2 available LBPs, that the IND sponsor may not be  
3 the manufacturer. And in this case, the  
4 manufacturer and the IND sponsor can use the  
5 master-file mechanism to provide confidential  
6 manufacturing information directly to FDA. And  
7 what we're looking for when reviewing CMC for INDs  
8 with live biotherapeutic products, is sufficient  
9 information to assure the proper identification,  
10 quality, purity and strength of the  
11 investigational new drug. And as product  
12 development proceeds, we ask that the sponsors  
13 submit amendments to the IND to supplement this  
14 initial CNC information. What does the CMC  
15 information look like? So the guidance then goes  
16 on to describe what to include. And that would  
17 be, strain information as available -- such as the  
18 name, the source, the strain and passage history,  
19 relevant genotype and phenotype or full genomic  
20 sequence. We also ask to include an  
21 antibiotic-resistance profile for clinically  
22 relevant antibiotics. Information on cell-banking

1 system, a description of drug substance and drug  
2 product manufacturing process, and stability data.  
3 And specifically, to demonstrate that the product  
4 is stable for the duration of the treatment phase  
5 of the study. CMC information should also include  
6 information about manufacturing controls and the  
7 least testing -- including potency testing. Which  
8 is typically a measure of viable cells expressed  
9 in CFU. And for multi-strained products we ask  
10 that as product development proceeds -- the  
11 sponsor work on enumerating all strains in the  
12 final product. Potency testing can also include  
13 additional biochemical or physical chemical  
14 measurements thought to predict potency.  
15 Manufacturer controls or release testing should  
16 also include bioburden testing. And there, we  
17 want to see that the sponsor can demonstrate the  
18 absence of extraneous undesirable bacteria. And  
19 we've typically asked sponsors to perform  
20 bioburden testing per USP <61> and <62>. But I do  
21 want to point out here that additional testing may  
22 be required depending on the intended population

1     and other organisms manipulated in the same  
2     facility. And just a slide here on CGMP again.  
3     Current good manufacturing practices for drugs and  
4     biologics followed 21 CFR 210 and 211. And  
5     basically, what it states here is that it is sure  
6     that a drug is safe and has the identity and  
7     strength and meets the quality and purity  
8     characteristics that it reports or is represented  
9     to possess. And as described in our guidance  
10    here, for CGMP for phase one investigational  
11    drugs, FDA recognizes that the extent of  
12    manufacturing control differs not only between  
13    investigational and commercial manufacturer, but  
14    also among the various phases of clinical trial.  
15    And now on to a few points about fecal microbiota  
16    for transplantation. This slide is a summary of  
17    the history of FMT guidance from the FDA. And it  
18    starts in May 2013, where FDA and NIH held a  
19    joint-public workshop. This was attended by  
20    clinicians, bench researchers, members of the  
21    public, and government employees. And at that  
22    workshop, FDA noted that the use of FMT in

1 clinical studies to evaluate its safety and  
2 effectiveness, are subject to regulation by FDA.  
3 Recognizing concerns from health-care providers at  
4 the time -- that applying IND requirements would  
5 make FMT unavailable for individuals with C. diff  
6 infections unresponsive to standard therapies --  
7 FDA published a guidance document for immediate  
8 implementation in July 2013. And this guidance  
9 explains that FDA intends to exercise enforcement  
10 discretion regarding the IND requirements for use  
11 of FMT to treat C. difficile infection not  
12 responding to standard therapies. The enforcement  
13 discretion does not extend to other uses of FMT.  
14 Since then, FDA has published two draft- guidance  
15 documents. One in March 2014. Where FDA  
16 clarified that they expect to exercise enforcement  
17 discretion only if the donor is known to the  
18 doctor or the patient. We received many comments  
19 and they were all considered. And in response, we  
20 then published a revised draft-guidance in 2016.  
21 And in this draft-guidance, FDA clarified that  
22 they intend to exercise enforcement discretion

1       only if stool for FMT is not obtained from stool  
2       banks. And I know some here in the audience are  
3       really hoping for an update to this guidance. But  
4       I don't have new information to share with you  
5       today. But what I can say is that we are  
6       considering all the comments that we've received  
7       to date. And as we move forward, I'd like to  
8       point out a few safety considerations for FMT. We  
9       can address safety by adequate-donor screening and  
10      establishing appropriate donor-screening protocols  
11      for the intended population. We can also test  
12      stool. But we have continued questions about the  
13      sensitivity of available stool tests. And they're  
14      ability to detect pathogens present in low  
15      numbers. Questions also arise in terms of  
16      longer-term safety. What are the potential  
17      longer-term effects of the transferred microbiota  
18      on the recipient? With regards to purity and  
19      potency, questions remain about appropriate  
20      measures of potency for FMT. And our current  
21      understanding about whether there are specific  
22      organisms or a consortium of organisms that

1       mediate effectiveness. So as we move towards  
2       licensure of live microbiome-based biological  
3       products, I just want to reiterate here that only  
4       those biologics that are demonstrated to be safe,  
5       pure, and potent, and that can be manufactured in  
6       a consistent manner will be licensed by the FDA.  
7       And what this means is that we need clinical data  
8       to demonstrate safety and efficacy -- but we need  
9       to remember that this is linked to product quality  
10      and consistency in manufacture. And all three are  
11      needed for licensure. And I want to end with some  
12      final thoughts here. Interest in live  
13      microbiome-based biological products has increased  
14      greatly in recent years. And CBERs regulatory  
15      approach is science-based. And this does allow  
16      for the novel approaches to be safely tested in  
17      the clinic. And also, we are committed to working  
18      with our sponsors to find the path forward. Thank  
19      you for your attention (applause).

20               MS. DEAL: Well I think we have time for  
21      a few questions. Bob? Did you want to come up at  
22      this time?

1 MS. SANDERS: My name is Mary Ellen  
2 Sanders and I'm with ISAP. And I had a question  
3 regarding the intent of research end points --  
4 considering the fact that there's an overlap  
5 between the definition of drugs and the definition  
6 of foods. And both drugs and foods can affect the  
7 structure and function of the human body. And  
8 both can reduce the risk of disease as well as  
9 provide nutritional support for other disease  
10 conditions. And the situation exists in the  
11 United States today where human research on  
12 probiotics is viewed -- even when there's no  
13 intent to develop a drug -- it's being viewed as  
14 research that needs to be conducted under an IND.  
15 And my question is is there a role that CFSAN can  
16 play -- where by oversight of human research on  
17 probiotics that fits under legitimate legal  
18 intentions of use of foods and dietary supplements  
19 to affect the structure and function of the human  
20 body or reduce the risk of disease -- can be  
21 overseen by CFSAN rather than CBER? Because CBER  
22 does a great job overseeing drug research. They

1       don't really oversee food research yet. These are  
2       legal uses of foods.

3               DR. YOUNG: Thank you very much. So the  
4       way I understand your question is, if someone is  
5       using a product -- say licensed as a dietary  
6       supplement -- and if they use that product  
7       licensed as a dietary supplement for an  
8       investigation for a structure-function outcome --  
9       that would not be diseased and that would not, I  
10      believe, require an IND. But if you were to use  
11      that product labels of dietary supplement or a  
12      disease outcome -- something more than a  
13      structure-function claim -- now you're in essence  
14      using it as a drug, and it would require an IND.

15             MS. SANDERS: Okay, but just to clarify  
16      my point is -- impact to the structure-function of  
17      the human body legally is both foods and drugs.

18             DR. YOUNG: Your right.

19             MS. SANDERS: And so CBER very much  
20      could look a structure-function end-point at a  
21      study and say, "This is a drug end-point. And  
22      they'd be correct if the intent was to market a

1 drug. If the intent is not to develop a drug or  
2 -- and in addition to the structure-function you  
3 also have reduction and risk of disease -- which  
4 are appropriate for foods and supplements -- if  
5 you have research end-points that are focused on  
6 that --

7 DR. YOUNG: Right.

8 MS. SANDERS: -- is there a way for  
9 CFSAN to oversee that research rather than CBER?

10 DR. YOUNG: We wouldn't oversee the  
11 research, but we could certainly partner with our  
12 product centers or our product offices within the  
13 agency to make sure we're all working off the same  
14 definition of what a proper structure- function  
15 claim is for product labels of dietary supplement.  
16 And I think we do do that, actually. We do  
17 communicate. When IND requests come in and  
18 someone's making a claim -- and it's sort of that  
19 gray area that I discussed -- between a disease  
20 claim or structure-function claim -- we do  
21 actually communicate and try to flesh out which  
22 side of the line it comes down on. And if it

1 comes down on the structure-function side, and  
2 your label is a dietary-supplement product, I  
3 don't believe you would require an IND. I mean,  
4 the devil's always in the details, but based on  
5 the high-level description --

6 MS. SANDERS: This could also be  
7 investigational, so it might not even be marketed  
8 as a product as yet. It's a question of  
9 developing the research on that product.

10 DR. YOUNG: Yes, it would have to be a  
11 dietary ingredient that's legal in the market, I  
12 believe.

13 MS. SANDERS: The things that default  
14 those, is to choose on the side of considering  
15 that to be drug research not food research.

16 MS. DEAL: I actually have to say that  
17 this is a complicated area and as Bob has just  
18 alluded to -- sometimes what on a high level might  
19 appear to be a dietary supplement drug -- it  
20 actually sometimes isn't when you get into the  
21 protocols. And I'd also like to say, we do have  
22 that guidance. And as you probably know, the

1 dietary-supplement in that guidance, some of the  
2 requirements for an IND have actually been stayed  
3 for certain studies of dietary supplements.

4 DR. YOUNG: I think it can be summed up  
5 with a statement -- there are no CFSAN regulated  
6 INDs.

7 SPEAKER: A question for Sheila. Is  
8 there definition for the term, "live  
9 microbiome-based product"?

10 MS. LESNICK: No.

11 SPEAKER: Is it different from LBP?

12 MS. LESNICK: No, no. And what we meant  
13 to do with that is just broaden the scope a little  
14 bit. The definition for live biotherapeutic  
15 products, really, back in 2012 didn't take into  
16 consideration that FMTs would be available. And  
17 so I think what we had hoped to do with this is to  
18 really show that this workshop encompasses more  
19 than just live biotherapeutic products and  
20 medicines.

21 SPEAKER: It makes a lot a sense that  
22 FMTs are now an LBP.

1                   MS. LESNICK: Yes. So you could say  
2                   that FMT does fit the definition of live  
3                   biotherapeutic product. And that is actually  
4                   discussed a lot internally. We did not have that  
5                   in mind when we wrote the guidance. It's time to  
6                   reconsider. We do recognize that there are  
7                   aspects of that guidance that may be not be  
8                   effective at this time, so. Such as the  
9                   requirements to sell banks and things like that.  
10                  But we're not unreasonable and we do recognize  
11                  this.

12                 MS. DUFF: I am Catherine Duff. Just  
13                 would like to say, when you had the slide up about  
14                 the original workshop in 2013.

15                 MS. LESNICK: Mm-hmm.

16                 MS. DUFF: That should not have read,  
17                 "members of the public". It was just one of us,  
18                 and it was me. And (laughter) everywhere I go,  
19                 I'm the only member of the public talking about  
20                 fecal transplant. And as the touchstone for  
21                 literally hundreds of thousands of patients around  
22                 the world that contact us every day, I think I

1       have 27,000 unread e- mails right now. Our  
2       concern has always been that as engineered  
3       microbiome-based products come through the  
4       pipeline, that that condition of live  
5       microbiome-based products -- put the phrase about  
6       being able to prove the potency, purity  
7       standardization of manufacturing -- will be used  
8       to exclude natural fecal transplant. Which I have  
9       to say as the voice of the public -- would be a  
10      huge wrong-doing and disservice to millions of  
11      people. And there would be a public outcry like  
12      you cannot imagine. So we hope that that is not  
13      the intent. And that that will not be the  
14      outcome. And of course, whenever these draft  
15      guidance's are published, we rally the troops and  
16      we comment vociferously. And I know that those  
17      comments are seen and heard, and I appreciate  
18      that. But we are watching closely, and we are  
19      very concerned.

20                   MS. LESNICK: Yes. And thank you for  
21      that. And we're working hard. And really, it's a  
22      complicated and difficult place. I think where we

1       are now is, we're really trying to think of the  
2       best way forward here. And we do listen, and we  
3       are taking everything into consideration.

4               MS. DUFF: As the only member of the  
5       public in the NIH-funded microbiome  
6       transplantation working group, you know, we noted  
7       that there is also no way to ensure the  
8       consistency of other products -- biologics. Which  
9       is blood or bone grafts or tissue. And we all  
10      felt that natural stool-based microbiota  
11      transplantation falls more into that category than  
12      a traditional drug. So we just hope that you will  
13      keep the findings of that working group in mind.  
14      Thank you.

15             MS. LESNICK: We have a question from  
16      our overflow room. LB20, you can ask your  
17      question.

18             MS. DENUÉ: Yes, this is Deborah Denué  
19      from Bayer. I have a clarifying question,  
20      actually. The FDA has gone on record that the  
21      prevention of antibiotic-associated diarrhea is a  
22      disease claim. And there's several

1 dietary-supplement products on the market with  
2 substantiating evidence that make the claim to  
3 help prevent antibiotic-associated diarrhea. Can  
4 you help clarify whether or not FDA still  
5 considers that a disease claim or has something  
6 changed. Thank you.

7 DR. YOUNG: In the abstract -- I mean, I  
8 can't see the claim in front of me. As I  
9 mentioned, it's the totality of the circumstances,  
10 the label, and the labeling. It's never just one  
11 statement. Although a statement, you know, treats  
12 or prevents that antibiotic-associated diarrhea --  
13 that would be a disease claim. There are folks in  
14 this room that have had this discussion with us.  
15 And I'm looking right at Amy right now, because  
16 she comes in a lot. We're open to conversation on  
17 this. Right now it is a disease claim. And based  
18 on our resources and priorities, we may enforce it  
19 as a disease claim. We could send you a letter or  
20 we could seize your property if it was drastic  
21 enough. I don't know that this rises to that  
22 level, because as you said, you've seen those

1 products on the market. It is a disease claim.  
2 It is a violation. Whether they have  
3 substantiation or proof for it or not, is right  
4 now relevant. But for the here and now, something  
5 that direct would be a disease claim.

6 MR. TERI: Barkoukis Teri, University of  
7 Nebraska Medical Center. When I listened  
8 individually to you, it was very clear, and I  
9 understand 100 percent. But when I put them  
10 together, I am totally confused (laughter). And  
11 my concern is why can't CFSAN have an IND. And  
12 the reason I'm asking this question is, we need  
13 more research and more studies, and more work done  
14 in this field -- not to regulate and not to reduce  
15 it. And you also mentioned that if somebody does  
16 something as -- they left it as a drug -- others  
17 cannot come back and sell it as a supplement. But  
18 how you can you stop them? They will say it may  
19 help. Or they will cite something. Or even the  
20 physicians can use it off-label, I mean all  
21 different things. You don't have to have  
22 regulated products to be prescribed different.

1 And how do you answer the question to CBER is,  
2 okay, I understand, I am fully with you. I want  
3 to develop probiotics as drugs. At the same time  
4 you cannot be always developed as drugs. Because  
5 if you do that, and even after it is approved, if  
6 you believe anything that Vince Young said, that's  
7 not the particular organism which is doing the  
8 final change in the physiology -- there are other  
9 things happening. How can you say that, okay,  
10 that's the one which did it? And that's why it's  
11 a drug.

12 DR. YOUNG: Well I appreciate your  
13 question because it gives me a chance to tighten  
14 up my language and provide some context. When I  
15 said there is no such things as a CFSAN regulated  
16 IND that's not to say that a product marketed as a  
17 dietary supplement couldn't also be studied as a  
18 drug. It could be used with the same exact  
19 ingredients and the same exact product, but it's  
20 looking for a disease end-point or surrogate  
21 end-point -- could be the subject of an IND and be  
22 studied as a drug. So I didn't mean to say that

1       you couldn't take a dietary supplement and never  
2       study it. For those purposes you can. It's just  
3       then you would be regulated through the IND  
4       mechanism. As far as the 201ff3b violation, where  
5       someone tries to market an ingredient -- that's a  
6       dietary ingredient or dietary supplement -- while  
7       there's an IND or NDA with significant clinical  
8       studies to support it -- that's something that we  
9       do take seriously. We do enforce. But because  
10      we're stuck with a largely post-marketing paradigm  
11      for enforcement of dietary supplements, we don't  
12      get the opportunity to enforce them until we find  
13      out for some reason. And that maybe somebody who  
14      has a proprietary interest in that ingredient  
15      letting us know, we might get involved because  
16      there's a signal that it's hurting someone. We  
17      don't actively look for those types of violations.  
18      But when we become aware of it, we do enforce  
19      those.

20                   MS. SIROVSKI: Thank you. Boriana  
21      Sirovsky, Johnson and Johnson. What is FDAs  
22      stance on prebiotics? And what would be the best

1 reference where we could find this?

2 DR. YOUNG: Okay. I'm glad I came  
3 (laughter). So prebiotics -- as far as I know --  
4 now, we don't really have a hard and fast  
5 definition even for probiotic. But a prebiotic --  
6 not that we have a hard and fast definition for  
7 that -- but I believe it's something that supports  
8 probiotics. Supports the environment to allow  
9 probiotics to develop. If they're a dietary  
10 ingredient -- if they're an old dietary ingredient  
11 or new dietary ingredient for which a notification  
12 is required, and one is made -- they could legally  
13 be on the market. It would just have to follow  
14 the paradigm -- is it a dietary ingredient? Is it  
15 not meant to supplement a meal? Is it not derived  
16 from tobacco? Is there not a 201ff3b exclusion  
17 from the definition of a dietary supplement? It  
18 could legally be on the market as a dietary  
19 supplement if it did the right things.

20 MS. SIROVSKI: Yeah, just simply being  
21 incorporated in a product as an ingredient and  
22 part of it has a different purpose -- then what

1 would you expect?

2 DR. YOUNG: Well it would have to be a  
3 legal ingredient. It would have to be an  
4 ingredient that's on the market legally as either  
5 a conventional food, a food additive, or a dietary  
6 ingredient, or a dietary supplement. If it's in a  
7 dietary supplement, it would have to be on the  
8 proper part of the label. If it's not there for a  
9 technical effect it would have to be listed as an  
10 ingredient. If it's listed as an ingredient it  
11 would have to be a legal ingredient -- which means  
12 it would have to fit the definition of 201ff. I  
13 don't know if that made any sense. I'm a little  
14 sorry (laughter).

15 MS. SIROVSKI: Where can we find this on  
16 the FDA website?

17 DR. YOUNG: How about if we chat?

18 MS. SIROVSKI: Is anything -- in public  
19 -- okay.

20 DR. YOUNG: Okay.

21 MS. SIROVSKI: Thank you.

22 MS. DEAL: Looking at the guidance --

1       actually Mary Ellen and -- if a clinical  
2       investigation of a dietary supplement is intended  
3       only to evaluate the dietary supplement  
4       construction and function, an IND is not required.  
5       And there is a stay on the studies to support a  
6       health claim. And with that, I think we should  
7       break for a quick break. And be back by 11:00.

8                       (Recess)

9               DR. MCCUNE: Hello. If everyone would  
10       mind sitting down, and we're a little behind. I  
11       think it's just --

12              SPEAKER: Forward?

13              DR. MCCUNE: Forward, yup.

14              SPEAKER: Mm-hmm.

15              DR. MCCUNE: All right. Thank you very  
16       much. I appreciate everybody coming back in, a  
17       little bit of a brief break, and I'm not going to  
18       hold us up. Just so you all know who I am, I'm  
19       Suzy McCune. I'm the Director of the Office of  
20       Pediatric Therapeutics, in the Office of the  
21       Commissioner at the FTA, and the folks kindly  
22       invited me to be part of this conversation today

1       because I'm a pediatrician and a neonatologist,  
2       and particularly interested in this area.

3               So, just to give you an overview of what  
4       we're going to do now, now, we have session two,  
5       part one and part two. So, the -- session two is  
6       entitled "Safety and Effectiveness of Live  
7       Microbiome-Based Products Used to Prevent, Treat,  
8       or Cure Diseases in Humans". Part one, which is  
9       what I am moderating, will be before lunch; part  
10      two, which Paul Carlson will be moderating this  
11      afternoon, and then we'll have all of our speakers  
12      come together, for both part one and part two, to  
13      have a panel discussion, and I will say that,  
14      after all of our three speakers this morning,  
15      we'll hold questions and then the three speakers  
16      will be able to answer questions, clarifying  
17      questions, before lunch.

18             So, with that, I'd like to introduce our  
19      first speaker, who is Dr. Josef Neu, who is  
20      Professor of Pediatrics and Director of the  
21      Neonatology Fellowship Training Program in the  
22      Department of Pediatrics at the University of

1 Florida College of Medicine. Dr. Neu's going to  
2 talk to us, today, about the use of commercially  
3 available products to prevent Necro.

4 DR. NEU: Thank you, and good morning.  
5 Here's my disclosure slide, and, over the next 15  
6 minutes, I'm going to quickly cover historical  
7 perspectives and difficulty defining Necrotizing  
8 Enterocolitis. This is a big conundrum that, I  
9 think, we're just beginning to recognize, more and  
10 more, that we do not even have a good definition  
11 for this particular disease. Then, I'll talk a  
12 little bit about the path physiology of the most  
13 classic form of Necrotizing Enterocolitis, and  
14 then get into probiotics in Necrotizing  
15 Enterocolitis.

16 Well, let's begin. This is a typical  
17 neonatal patient, cared for in the neonatal  
18 intensive care unit, and these babies, now, over  
19 the last 50 or so years, we've caring for more and  
20 more of these babies. At one point in time, when  
21 I first started my residency program, we would  
22 take babies who were 26-27 weeks gestation, and

1 put them at the side of the neonatal intensive  
2 care unit and allow them to die.

3 Now, we are taking 22-23 weekers and  
4 being very aggressive in trying to save these  
5 babies, and, along with this, we're starting to  
6 see, more and more, this particular disease  
7 process that we call Necrotizing Enterocolitis,  
8 and here's a picture of a baby with this problem.  
9 This is not a typical inflammatory bowel disease.  
10 This is very different than what we see,  
11 typically. This is a disease that, once it  
12 affects the baby, within 24 hours, that baby can  
13 be dead, and, so, this is a problem that is very  
14 difficult to treat, and I think we need to aim at  
15 prevention of this particular disease.

16 So, over the last 50 or so years, since  
17 we've been starting to really work on these,  
18 saving these very small preterm babies, we really  
19 haven't made very much progress in this disease,  
20 and there's several reasons for this. One is that  
21 we've been lumping several disease processes into  
22 or underneath the umbrella of quote "Necrotizing

1     Enterocolitis", and I'll talk about this very  
2     briefly.

3             We have some animal models. For  
4     example, there's this rodent model that you  
5     asphyxiate and, as babies, and you put them into a  
6     refrigerator, and you treat them with antibiotics,  
7     and they develop some necrosis of the bowel, and  
8     that is called Necrotizing Enterocolitis. That is  
9     not the same disease that we see in preterm  
10    babies. There are over 100 published papers using  
11    that particular model, and then there's been a  
12    narrow focus on individual inflammatory pathways,  
13    or oxidative pathways, rather than whole systems  
14    approaches for this disease, and, so, I think we  
15    need to consider looking at whole systems, rather  
16    than just individual pathway components.

17            In the late 1970s, a surgeon by the name  
18    of Martin Bell developed these criteria called the  
19    Staging Criteria for Necrotizing Enterocolitis,  
20    Stages One, Two, and Three. We are beginning to  
21    recognize that, Stage One, if you take some of the  
22    babies that we care for, today, that are born less

1       than 750 grams, about 70-80 percent of those  
2       babies would -- could be diagnosed as having Stage  
3       One Necrotizing Enterocolitis.

4               Stage Two relies on radiographic  
5       criteria, and sometimes we make mistakes with  
6       those radiographic criteria. Stool, in the bowel,  
7       actually can look like Pneumatosis Intestinalis,  
8       which is one of the major criteria that we use for  
9       diagnosing that disease.

10              Stage Three relies on free air in the  
11       peritoneal cavity. Well, we have another disease  
12       entity called Spontaneous Intestinal Perforation,  
13       which occurs fairly early in very preterm babies,  
14       and some of our surgeons don't operate on those  
15       babies, and this is not Necrotizing Enterocolitis,  
16       but these babies get recorded as having  
17       Necrotizing Enterocolitis. So, the criteria that  
18       we are using for this disease are not very good.  
19       We don't have a very good definition.

20              So, we have, in the middle, here, this  
21       circle, intestinal injury that we are calling  
22       Necrotizing Enterocolitis, but we can have some

1 babies who have cardiac problems; for example,  
2 Hypoplastic Left Ventricle, or Interrupted Aortic  
3 Arch. Those babies don't get enough blood to  
4 their gastrointestinal tract, and they develop  
5 Necrosis of the Intestine. They get charted as  
6 having Necrotizing Enterocolitis, but that's a  
7 misnomer. They have Ischemic Bowel Disease, but  
8 not true Necrotizing Enterocolitis. Then, we have  
9 these spontaneous intestinal perforations. Then,  
10 we also have some diseases that are associated,  
11 more, with what we are feeding the babies.

12           So, really, this is more than one  
13 disease, and we are struggling with really trying  
14 to define a classic form of this disease process.  
15 Now, we do think that microbes are associated with  
16 this disease, and our group, at the University of  
17 Florida, was among the first to see differences in  
18 the microbiota in stool samples of preterm babies,  
19 prior to the development of the disease, and what  
20 we were able to do, working with Dr. Mohan Pammi  
21 at Baylor University, we were able to take  
22 sequences from several different neonatal

1 intensive care units that did the same types of  
2 studies.

3           So, we had stool samples from several  
4 different neonatal intensive care units that  
5 looked at Necrotizing Enterocolitis, versus  
6 control babies, and we were able to find, as we  
7 see on this particular slide, here, differences in  
8 the microbiota, prior to the development of the  
9 disease. So, here, we have control babies. Each  
10 one of these colors represents a different phylum  
11 of bacteria, and, in the controls, you don't see a  
12 lot of differences, but, in the babies who  
13 subsequently develop Necrotizing Enterocolitis,  
14 over time, we see an increase in these light blue,  
15 which are the proteobacteria, and a decrease in  
16 the firmicutes, okay, also a major phylum of  
17 bacteria. We also saw that there were very few  
18 Bacteroidetes in the Necrotizing Enterocolitis  
19 babies, but, again, these are phyla. These are  
20 studies that were done at the phylum level, but  
21 they do suggest a difference, prior to the  
22 development of the disease in the microbiota.

1           I don't have much time to talk about any  
2       of the other agents, but I do want to talk about  
3       probiotics, okay, and the question, here, is are  
4       we there yet, and I think there's a lot of debate,  
5       right now, a very heated debate, about the use of  
6       probiotics in preterm babies, and, in fact, I've  
7       seen several review articles that say, "The only  
8       disease entity where we have definitely proven  
9       that we can prevent a disease is in Necrotizing  
10      Enterocolitis, using probiotics." Okay? This is  
11      in review articles, and, so, there's this belief  
12      out there that we're there, with the use of  
13      probiotics. Let's talk about this a little bit,  
14      and where this story came from.

15           In 2010, a meta-analysis came out, in  
16      Pediatrics, looking at 11 different centers where  
17      they used 10 different probiotic preparations,  
18      and, here, we see that, in terms of prevention of  
19      Necrotizing Enterocolitis, favored treatment. In  
20      fact, death was lower in those babies who received  
21      the probiotics. Okay, that's probiotics. So, in  
22      this meta- analysis, 11 studies were evaluated.

1       Ten different probiotic preparations were used.  
2       Ten different preparations were used. That's like  
3       saying, "I'm going to prevent ear infections using  
4       Chloramphenicol, Amoxicillin, you know,  
5       Clindamycin. Which one?" That's a service  
6       similar analogy, okay?

7               They found that risk for Nec and death  
8       was significantly lower in the probiotic group.  
9       Sepsis did not differ, and, in quote, in that  
10      paper, "The overall instant evidence indicate that  
11      additional placebo control trials are unnecessary  
12      if a suitable probiotic product is available." If  
13      so, you don't see this very often after a  
14      meta-analysis. You usually see, "More studies are  
15      needed." Okay? Here, done. Okay, it's all over  
16      with, and there was a commentary along with this.  
17      Think, "Is it ethical to not use probiotics in  
18      preterm infants?"

19             So, the Journal of Pediatrics, the  
20      editors asked me to look at this very closely,  
21      and, so, I came out with this commentary in the  
22      Journal of Pediatrics, "Routine Probiotics for

1     Preterm Infants: Let's Be Careful." and I outlined  
2     some of the reasons why we do need to be careful  
3     and move slowly in this area, and I'm going to go  
4     through some of these rationales as we go on.

5             First of all, I want to start with  
6     systematic reviews and these meta-analyses. If  
7     you put garbage in, you'll get garbage out. Okay,  
8     this is one of the problems in many meta-analyses,  
9     after a few years. About 50 percent are proven to  
10    be not very good, untrue, and big mistakes is  
11    pooling data across trials as if they belong to a  
12    single large trial, okay, and, over the years,  
13    just about every single year since 2010, there's  
14    been another meta-analysis, or at least one  
15    meta-analysis, including a Cochrane Review. This  
16    is the Bible for Neonatologists, that, you know,  
17    the Cochrane Review says that we should be using a  
18    certain agent, that we should go ahead and use it.  
19    Well, the Cochrane Review recommended that we are  
20    -- should be using probiotics, but which one? I  
21    mean, there's hundreds of them out there.

22             So, here's a study that came from

1 Europe, and they looked at one particular  
2 probiotic, and they did this with a couple of  
3 other probiotic preparations, and they found no  
4 real difference if they just looked at one  
5 probiotic preparation by itself, rather than  
6 putting them all together. One of the biggest  
7 studies, in that first meta-analysis that I showed  
8 you, came out of Taiwan, and one point that was  
9 not very well discussed in that paper is seen  
10 here. See the red arrow pointing to Sepsis? The  
11 study patients were those that received the  
12 probiotic. The control patients were those that  
13 were in the control group, not receiving  
14 probiotics. So, we had 12 babies in that study  
15 who developed Sepsis, and one baby, in the control  
16 group, that did not develop Sepsis. Okay, so,  
17 large association with the development of Sepsis  
18 in these really small babies, and if you look  
19 closely at the meta-analyses, babies less than  
20 1,000 grams were not benefited by the use of  
21 probiotics. They were all babies that were  
22 greater than 1,000 grams. So, more than two

1       pounds, it seemed to have to have some benefit.  
2       Less than 1,000, less than two pounds, no real  
3       benefit.

4               There was another fairly big study, in  
5       Australia, which was not powered to look at  
6       Necrotizing Enterocolitis. It was powered to look  
7       at Sepsis, and they've had 1,099 very low birth  
8       weight infants, and they've found no difference in  
9       Sepsis, if -- or all caused mortality, but on  
10      secondary analysis, looking back, they saw that  
11      there was a difference in Necrotizing  
12      Enterocolitis. Okay, Nec went from 4.4 to 2.0  
13      percent on this secondary analysis, with a P-value  
14      of .03. The number it needed to treat was 43, with  
15      a 95 percent (inaudible) 23 to 233. There was no  
16      effect on -- in babies less than 1,000 grams birth  
17      weight.

18             Another study, and this is the largest  
19      study and the only study done, thus far, that I'm  
20      aware of, this was done in U.K. by Dr. Costello  
21      and colleagues. It was a double blinded,  
22      randomized, prospectus study, adequately powered

1 to look at Necrotizing Enterocolitis, using a  
2 (inaudible) probiotic, and it studied babies at 23  
3 to 31 weeks, gestational age, and they found no  
4 difference in Nec. They had onset Sepsis, or  
5 death.

6 So, the question that was raised this  
7 morning, "Is this a food supplement or drug?" It  
8 depends. Well, maybe it doesn't depend, after we  
9 -- what we heard this morning, if we have a  
10 medical claim, prevention of Necrotizing  
11 Enterocolitis, usually, should be considered a  
12 drug. Drugs that are sold by prescription are  
13 subjected to rigorous testing. Foods can be sold  
14 by anyone, and not subjected to rigorous  
15 standards, for the most -- here is one study, and  
16 this is one of several, in a case report that  
17 shows certain bacterial species that caused some  
18 Bacteremia in babies receiving this particular  
19 probiotic. We see several of these in the  
20 literature.

21 A few years ago, at Yale University, a  
22 preterm baby died. It was taken to the autopsy

1 suite, found to have Mucormycosis. The  
2 Mucormycosis was traced back to the product. This  
3 was -- was this a product that was tainted? Is  
4 this a product that did not -- was not well  
5 controlled, in terms of its development? This is  
6 what we are trying to avoid, and this is why I'm  
7 saying we need to be careful.

8 In the United States, about 15 percent  
9 of neonatal intensive care units are already using  
10 probiotics, but the types of probiotics that are  
11 being used tend to be those happen to be available  
12 in the hospital. The most commonly used is  
13 Lactobacillus Rhamnosus. Lactobacillus Rhamnosus,  
14 the studies that have been done have not shown --  
15 been shown to decrease Necrotizing Enterocolitis,  
16 but, here, we see the states, and we have no real  
17 evidence for safety or efficacy in some of the  
18 probiotic preparations that are being used, right  
19 now, in the United States.

20 There's also no current standards for  
21 quality control of this reconstituted product, and  
22 good manufacturing processes or practices for the

1 use of probiotics, as drugs are not available.  
2 The quality of some of the products are  
3 questionable. People have looked at the  
4 probiotics that are actually out there, and some  
5 of them are not really what is being sold, in  
6 terms of the -- that the product that they say  
7 that -- that this particular strain, this  
8 particular genus and species, is in a sample.  
9 They are finding different genus's and species,  
10 using PCR technologies.

11 We have to be careful. This is a study  
12 that was done by a group at Emory. Ravi Patel is  
13 also here, and this is an interesting study.  
14 Neonatologists are sick of Necrotizing  
15 Enterocolitis. We hate this disease, okay? This  
16 is a disease that kills babies very quickly. Five  
17 to seven percent of these babies are -- babies  
18 from 500 to 1,500 grams are affected by this  
19 disease, and, when these babies develop the  
20 disease, it's very hard to treat, as I mentioned  
21 before. If it goes onto surgery, 20 to 30 percent  
22 of those babies die of Necrotizing Enterocolitis.

1       If they survive, five years of age, and if they  
2       have a short gut, it takes what -- it costs five  
3       million dollars to care for that baby with that  
4       short gut. This is not a trivial disease, and  
5       these babies who have Necrotizing Enterocolitis  
6       also have neurodevelopmental delays. So, this is  
7       a terrible disease, and we are looking for  
8       something that will prevent this disease, but the  
9       problem is that we are, sometimes, maybe a little  
10      bit, too aggressive in moving forward.

11               This is a interesting study that, if you  
12      look at the Necrotizing Enterocolitis, prior to  
13      implementation of probiotic, there would be  
14      Necrotizing Enterocolitis, and, after  
15      implementation, we see an increase in Necrotizing  
16      Enterocolitis. A study in Europe, and I'm just  
17      going to show you the title, here. This just came  
18      out very recently. Increased incidence of  
19      Necrotizing Enterocolitis associated with routine  
20      administration (inaudible) probiotic in extremely  
21      preterm infants. Again, this was not a  
22      prospective, randomized trial. This was a

1 retrospective, observational type of a study, as  
2 was the study at Emory, which is limiting, but  
3 this is something that should be (inaudible)

4           So, in summary, Nec pathogenesis is  
5 multifactorial. Even if we invoke a classic form  
6 of Necrotizing Enterocolitis, we need to have  
7 better definitions, going forward, in our future  
8 studies. Treatment of Nec, once it's developed,  
9 is extremely difficult. We need to prevent.  
10 Intestinal microbial environment, along with  
11 developmental aspects of the GI tract, are key in  
12 understanding the pathogenesis of Nec. We need  
13 more studies. We need to have better systems,  
14 enteroids, animal models, to evaluate mechanisms  
15 that fulfill criteria for causality, derived from  
16 strong associations found in humans, and, lastly,  
17 once we have a clear understanding of the causes  
18 of the different forms of Nec, we will be best  
19 able to target preventative strategies. Reminded  
20 again, let's be careful.

21           DR. MCCUNE: Thank you so much, Dr. Neu.  
22 Our next speaker is Dr. Daniel Merenstein, who is

1 a Professor of Family Medicine at Georgetown  
2 University, where he also directs the Family  
3 Medicine Research. He also is Secondary  
4 Appointment in the Undergraduate Department of  
5 Human Science in the School of Nursing and Health  
6 Studies, and, today, he's going to talk to us  
7 about the evidences in -- for probiotics to  
8 prevent antibiotic associated diarrhea, what is  
9 holding up evidence- based use in the United  
10 States, and I just will say that we're shifting to  
11 the diarrhea topic for the next two talks. Dr.  
12 Merenstein?

13 DR. MERENSTEIN: Thank you very much. I  
14 really appreciate this opportunity. I'm excited  
15 that so many people are interested in this. I'm  
16 going to be speaking on -- about what I study,  
17 antibiotic associated diarrhea, or, as I refer to  
18 it as, AAD, but I was also asked to speak about  
19 why it hasn't taken off in evidence (inaudible) in  
20 the United States, and I'm going to give some  
21 opinions about that. In my conflicts, I won't be  
22 speaking about any of these today.

1           I put this up: "In God We Trust, and All  
2       Others Must Bring Data." because I am going to  
3       give some opinions today, and you might not agree  
4       with my opinion, and that's fine. That's  
5       reasonable, and we should discuss it later, at the  
6       panel, or at lunch, or whenever, but I am going to  
7       present the data, and, just because you disagree  
8       with my opinions, I hope you don't ignore the data  
9       because the data are really robust, and really  
10      tell a story.

11           So, if you remember Dr. Young's graph,  
12      it just kept going up, the microbiome research,  
13      but this is probiotic research. It has been going  
14      down, down, down. I assume this will go up a  
15      little bit because the year is not over, but it's  
16      not going to get to up, up anywhere near there.  
17      I'm going to talk about why I think that's  
18      happening, and why it's, obviously, a serious  
19      problem.

20           So, I'm going to discuss the evidence  
21      behind AAD for probiotic use, and, just to make it  
22      a little more robust, I'm going to show you what

1     other people say about it, so you don't think it's  
2     just my opinion, and then I'm going to give you  
3     some opinions of why I think we're having a hard  
4     time implementing this in the United States.

5                 So, this is the Cochrane Pediatric AAD,  
6     and I agree with Dr. Neu that evidence in is only  
7     as -- evidence out's only as good the evidence in,  
8     but, really, in medicine, this is considered the  
9     highest level of evidence. There's over 23  
10    studies, almost 4,000 patients, 11 of which use a  
11    single strain. In AAD group -- in the probiotic  
12    group -- excuse me -- it was eight percent AAD,  
13    versus 19 percent in the control group. If you  
14    work your way down, the relative risk reduction's  
15    58 percent. I don't have time, today, to talk  
16    about other interventions, but, next time you read  
17    an article, think about 58 percent, and where that  
18    falls in. The absolute risk reduction's 11  
19    percent. The number needed to treat is nine, and,  
20    again, when you read articles, and you see number  
21    needed to treat, think about when you see such a  
22    low number needed to treat.

1                   So, the initial thing, and this is what  
2       Dr. Neu already said, is, okay, what product do I  
3       use? Well, there's multiple products to use, but  
4       let's just take one product. This is a  
5       meta-analysis of one single strain: 12 RCT, almost  
6       1,500 participants, almost the same exact data, 22  
7       percent versus 12 percent, relative risk, 49,  
8       number needed to treat, nine. Adverse events, as  
9       we've seen in many people, also have seen and  
10      shown, and the RAND studies show this, too, are  
11      nearly the same in experimental, in the control  
12      groups. In fact, a lot of RCTs show they're lower  
13      in the experimental group than the control group.

14                  I know we're going to talk about C.diff  
15      a little later, but I think there's no way to talk  
16      about AAD without talking about C.diff because  
17      C.diff is, really, what we're mainly worried about  
18      when we're talking about AAD. This is another  
19      Cochrane Review: 8,600 participants, 8,672, 27  
20      studies, and I also want to go back. Not all  
21      these studies are perfect. I don't mean to say  
22      every study was low risk or biased.

1           They have some problems with some of the  
2       studies. Incidence in probiotic group was 1.5,  
3       control group was 4 percent, relative risk, 62  
4       percent, absolute, 2.5, number needed to treat,  
5       40. Interestingly, when they looked at this, it  
6       really, mainly, is a benefit when your infection  
7       rate is greater than five percent. So, if you  
8       know your hospital rate's greater than five  
9       percent, the data is even -- is much more  
10      impressive.

11           Physicians used a medical letter.  
12      Pharmacists used a pharmacist's letter. This is  
13      well-respected, evidence-based review. They  
14      conclude treating 12 patients with the probiotic  
15      prevents one case of AAD. Treating 29 prevents  
16      C.diff. They go on to say probiotics reduce the  
17      duration of acute diarrhea in infants and children  
18      by about one day, and for those who might say,  
19      "It's just one day." that's the exact amount of --  
20      that's the exact treatment we get when we give  
21      influenza drugs, when we give antibiotics for  
22      Strep, we give antibiotics for Otitis Media. We'd

1       be happy with one day. Usually, it's actually  
2       less than one day.

3               Two years ago, JAMA had three articles  
4       about probiotics. The first one was just a  
5       survey. It showed 156 increase. People have  
6       already talked about that. I think this  
7       editorial, though, was even more powerful. They  
8       said, "Not all supplements, of course, lack  
9       evidence of efficacy. Many supplements, including  
10      vitamins, minerals, and probiotics, are important  
11      components of modern healthcare." I don't think  
12      we would have seen that 10-15 years ago, but it's  
13      well-accepted in the mainstream medical journals,  
14      the evidence of probiotic, and they concluded with  
15      a third article on that, where they talked, again,  
16      about the evidence of the AAD, which I've already  
17      shown you, three articles, in JAMA, talking about  
18      probiotic usage.

19              So, how are people using probiotics?  
20      This is one survey. It found 87 percent of  
21      academic hospital formularies carry a probiotic.  
22      If you're in this area now, there's three major

1 hospital systems. Hopkins, I'm going to talk  
2 about Hopkins in a few slides. There's MedStar  
3 and Inova. MedStar and Inova -- so, there's 10  
4 million people in this area. Not one, if they're  
5 hospitalized, has a chance to have a probiotic  
6 that has efficacy. There's -- I'm not going to  
7 call out products, but there's products on these,  
8 and just like Dr. Neu just showed, that don't have  
9 efficacy, that hospitals used, mainly, for cost  
10 reasons, and it's embarrassing, and if you get  
11 hospitalized now, even though I've shown you the  
12 data for AAD, in prevention C.diff, you can -- in  
13 the local area, you will not get a probiotic,  
14 unless you bring it to yourself, that will prevent  
15 AAD, and there's a good chance they're going to  
16 put you on antibiotic, if you're hospitalized.

17 The CDC did a review in 145 hospitals,  
18 with about two million discharges. They found 96  
19 percent of hospital used a probiotic. You are  
20 nine times more likely to get antimicrobial, and  
21 20 times more likely to be diagnosed with C.diff  
22 if you are on a probiotic. They concluded, in a

1 sample of U.S. hospitals, a sizeable and growing  
2 number of inpatients received probiotics as part  
3 of their care, despite inadequate evidence to  
4 support their use in this population. I would  
5 just add an editorial. Just because you don't  
6 know the evidence, you shouldn't conclude with  
7 inadequate evidence. The evidence was there  
8 already. The evidence was clear, from Cochrane  
9 Reviews, the highest level evidence we have, that  
10 the number needed to treat is nine or 40, for AAD,  
11 a nine, and for C.diff, 40.

12 I'm going to talk a little bit about FMT  
13 data. I am a big proponent of FMT. I have a son  
14 with Ulcerative Colitis. I think the FMT data is  
15 very promising. I think it not just teaches us  
16 how we can do it with FMT, but we can do it with  
17 drugs, but I'm going to present the data. So,  
18 before you attack me with FMT, look at the data.

19 In 2016, there was a review, about 7,500  
20 original articles, not studies, articles, and  
21 mainly reviews. This is well-accepted. This  
22 review found about 28 percent. You'll see about

1       30 percent AEs, mostly mild, but some serious  
2       infections, and, again, as someone already pointed  
3       out, we have no idea about the long-term  
4       implications. These are all I could find, and I  
5       wrote every author and asked them if there's other  
6       studies. There's probably ones in other  
7       languages, but there are five RCTs. This is what  
8       the FDA changed their discretion, IND, about, five  
9       RCTs, with FMT. Two are done with enema, two with  
10      colonoscopy, one with nasal duodenal tube, 187  
11      patients. Of these five, two were blinded, two  
12      blinded studies, but one, the best highest level,  
13      that was placebo controlled blinded, found  
14      efficacy of 61 percent, versus placebo of 45  
15      percent. So, that's the data. Look at the data.

16               Now, IND is saying, which we can't even  
17      say it is, if it's evidence-based review or not,  
18      looked at this data, just this year. Nace  
19      concluded there's insufficient data, at this time,  
20      to recommend administration of probiotics for  
21      primary prevention of CDI; 27 clinical trials,  
22      8,600 participants. They said, for Fecal

1 Microbiota Transplant, it is recommended for  
2 patients with multiple recurrence of CDI, who have  
3 failed appropriate antibiotic treatments, and,  
4 again, one is prevention, one is treatment, but  
5 just think about it, if we flip those numbers. If  
6 we flip those numbers, I would never have gotten a  
7 grant for AAD. I would never have even thought of  
8 applying. If you told me you have a product, St.  
9 John's wort, that has five clinical trials, two of  
10 which are blinded, and I wanted to apply for a  
11 grant, my Chair would be like, "Can you find a  
12 better product to apply for a grant because you're  
13 not going to get funded."

14           So, part of the reason I think it hasn't  
15 taken off is lack of understanding evidence, maybe  
16 bias, but there's no question, and it's  
17 unfortunate. I appreciate Seiber inviting me, and  
18 they asked me to speak about this, that Seiber has  
19 part of the blame. That was a horrible death that  
20 Dr. Neu talked about, horrible death, and this is  
21 what Seiber did with it after that. They said,  
22 "The FDA encourages healthcare providers who use

1 dietary supplements containing live bacteria's  
2 yeast, probiotics, to submit an IND for FDA's  
3 review.

4 FDA's primary goal, in reviewing IND,  
5 are to ensure the safety and rights of subjects,  
6 and help ensure the quality of the scientific  
7 study of drugs is adequate to permit an evaluation  
8 of the drug's effectiveness and safety. This is  
9 what they sent out. This is what happened. A  
10 couple -- there's headlines that you can -- tons  
11 of headlines, but one on Forbes, "Infant Death  
12 Triggers FDA Health Providers Warning of Probiotic  
13 Risks," but this is what happened at Hopkins, one  
14 of our top institutions in the country. They  
15 outlawed all probiotics. This is what they wrote,  
16 "Due to the documented risk associated probiotic  
17 use in the hospital, probiotics are not available  
18 for use at any Johns Hopkins Health Service  
19 Hospital, not purchased, stored, administered, or  
20 dispensed." I'm going to read that again, "Not  
21 purchased, stored, administered, or dispensed.  
22 The use-ation of patients' own supply of

1     probiotics, while in the hospital, could put  
2     patients and healthcare workers at risk for  
3     possible infection, and is, therefore,  
4     prohibited."

5                 I did my fellowship at Hopkins. They  
6     let me give Benadryl. No study was ever shown at  
7     our -- it was one study ever, in 1976, to infants,  
8     six months, or six months to nine months, to see  
9     if it helped them sleep through the night,  
10    Benadryl. We know, as physicians, there is major  
11    side effects of Benadryl. That was fine. The IRB  
12    approved it. This is what they wrote about  
13    probiotics, "You are not allowed to bring in your  
14    own probiotic, into Johns Hopkins Hospital,  
15    because of the danger of other people."

16                So, clearly, we know, because there's  
17    bright people at Hopkins, this was written by the  
18    lawyers, and the lawyers looked, and they said  
19    what FDA wrote in the letter, "FDA encourages  
20    healthcare providers use dietary supplements to  
21    submit an IND." It's pretty clear, actually. You  
22    can't blame them. If you're going to use a

1     probiotic, you need to submit IND, but doctors  
2     can't do that. They're not going to do that for  
3     Nec. They're not going to do that for AAD.  
4     They're not going to do that for (inaudible)  
5     They're not going to submit an IND every time they  
6     use a probiotic.

7             Just a few months ago, we had a horrible  
8     transfusion problem, with platelets causing  
9     infections with ACB. This is what happened: the  
10    Centers for Disease Control mentioned working with  
11    two states, investigated the potential ACB complex  
12    transmission, through platelets transfusion, has  
13    issued a nationwide call for cases. Please report  
14    any patients who develop or developed Sepsis, due  
15    to ACB Complex within 24 hours of receiving  
16    platelets. Imagine if the Seiber did that. This  
17    was a horrible death, and it was an infection with  
18    a contaminated product that should have been  
19    called (inaudible) it was, but instead of saying,  
20    "We should figure out the products are safe, or if  
21    you see anything in your hospital -" They sent a  
22    letter. It says, "You need to give INDs when you

1       give probiotics." That's greatly impacted  
2       probiotic research in the U.S.

3               The second, and the final, thing that's  
4       greatly impacted is the definition, and you heard  
5       it today, and I think you heard it really clearly,  
6       with the two speakers going back and forth in the  
7       confusion. So, I study the yogurt. It is a  
8       yogurt, and I brought enough for everyone to  
9       taste, to prove it's a yogurt. In fact, this -- I  
10      study the same exact strain that's in every one of  
11      these products, including infant formula; same  
12      exact strain, at the same exact dose, or they have  
13      a higher dose than I have. So, I have a lower  
14      dose of the same strain. I'm on my fourth IND.  
15      The first two, you could argue, were reasonable  
16      because it's antibiotic associated diarrhea, and,  
17      we already heard today, that's considered disease  
18      by the FDA.

19             Now, I already had 15,000 days because I  
20      had done a prevention of preschool absences study  
21      with the same yogurt, here, on -- so, they could  
22      have said, "You can go to a phase three trial."

1     because that's what NIH funded me to do, but they  
2     didn't. They said, "You do a phase one." So, I  
3     did a phase one safety, in adults, then in kids.  
4     Now, I'm doing a phase two, but even more  
5     surprising is, about five months ago, I got funded  
6     to do a mechanism study of AAD. My outcome is  
7     short chain fatty acid changes. That's it, short  
8     chain fatty acid changes. My secondary outcome is  
9     microbiome changes. There's no question, and it  
10    was already explained this morning, that's a  
11    structure functioning claim. There's no debate.  
12    There's no clinical outcomes. Healthy people --  
13    not hiding anything. I'll send you the protocol.  
14    Healthy people, 60 people, the FDA required an IND  
15    for that, and this is slowing down research in the  
16    United States, and I'll show you that, and, just  
17    quickly, I think I have time. This doesn't have  
18    to be. You can -- well, there's lawyers, here,  
19    who can tell you -- explain it, too, but I also  
20    applied to do a chamomile tea study, to see if  
21    it'd help kids sleep through the night. I do lots  
22    of crazy studies like that.

1                   So, I wrote to Seiber because my IRB  
2                   said, "You know, it's never been studied. You  
3                   know, you need to ask them if you need an IND."  
4                   and they said, "What we need is your CV, to make  
5                   sure you're a legit person, and your protocol."  
6                   Two days later, they sent back, and they said,  
7                   "You can go ahead with your procedure." That's  
8                   what they could do. It took the -- for the  
9                   structure function claim, it took the FDA about  
10                  three to four months to -- for me to go ahead with  
11                  my study, and, because of that, I have to wait  
12                  till the next budget season because we missed the  
13                  budget season this year. So, those are all the  
14                  products that have the same exact -- as the one  
15                  you can taste, if you want.

16                  Okay, FMT versus probiotics. Most  
17                  hospitals, not all, because of Hopkins, and I'm  
18                  afraid some are going to follow because they're  
19                  going to follow a place like Hopkins, are using  
20                  it, but let's talk about it, what we always say  
21                  about why you don't use data. I'm thinking Dr.  
22                  Neu, actually, said a lot of this. Why don't we

1       use it? We don't know the strain data yet. We do  
2       know the strain data.

3               There's multiple products that are  
4       well-proven for AAD. I showed you one. There's  
5       other ones. We don't know how to give. FMT, in  
6       the five studies we had, was given three different  
7       ways. What's the dose? Well, that -- you know,  
8       tell me the dose of FMT. We know the dose of  
9       that, probiotics. What are the adverse events?  
10      The adverse events are minimal. There are  
11      horrible cases of contamination, and there are  
12      some evidence of some Sepsis, very infrequently,  
13      but it's unbelievably low, unbelievably low; and  
14      what's the long- term data? Well, we don't have  
15      long-term data, really, for most of the drugs I  
16      use in clinical practice. It's not an excuse, but  
17      we just don't, and we, clearly, don't have it for  
18      FMT. We have, again, better for probiotics than  
19      we do for FMT, but Seiber, rather quickly -- I was  
20      impressed. I didn't realize it was as quick as  
21      Sheila showed; within two months, changed their  
22      role, and let people go ahead with that. Why did

1       they let this happen in two months? It's an  
2       interesting question.

3               These are all studies, throughout the  
4       world. So, if you see, in the U.S., and this is  
5       what happens in the U.S., about 40 percent of  
6       clinical trials are done in the U.S. We can argue  
7       about what I used. Again, I thought these were  
8       reasonable comparisons. Omega-3 is about 37  
9       percent, vitamin D, about the same. Probiotic  
10      trials are about 17. From my anecdotal evidence  
11      of people calling me and asking me how to do  
12      trials, I think that's on its way down. So, the  
13      U.S. is falling behind in probiotic trials. In  
14      the age of the microbiome, the U.S. is not doing  
15      probiotic trials.

16             So, we need more AAD studies. I'm a  
17      little biased. That's what I do for a living, but  
18      I think we do need more studies, okay? We need to  
19      know the time, the dose, how long, when you take  
20      -- we need to do that, but physicians and patients  
21      are using these, I would argue, often,  
22      incorrectly. FDA and, specifically, Seiber's

1       action, via the letter, and lack of waiving INDs  
2       has slowed research down.

3               I think, to conclude, Seiber needs to  
4       remember their mission. It's responsible for  
5       advancing the public health, by helping to speed  
6       innovations, and I think they've done the opposite  
7       of probiotics. Thank you for your time.

8               DR. MCCUNE: Thank you, Dr. Merenstein.  
9       We'll do questions for the group after Dr.  
10       Freedman's talk. So, Dr. Stephen Freedman is a  
11       member of the Sections of Pediatric Emergency  
12       Medicine and Gastroenterology at the Alberta  
13       Children's Hospital, in Calgary, Alberta. In  
14       2016, he assumed the role of Chair of Pediatric  
15       Emergency Research Canada and was appointed the  
16       Alberta Children's Hospital Foundation Professor  
17       in Child Health and Wellness. Today, Dr. Freedman  
18       is going to talk to us about use of probiotics in  
19       Acute Pediatric Gastroenteritis, two large North  
20       American clinical trials. Dr. Freedman?

21               DR. FREEDMAN: Thank you very much, and  
22       it's a pleasure to be here, today, and I think

1       this is a nice segue from the two earlier  
2       discussions, and I do have several disclosures.

3               So, I do actually hold an IND, or,  
4       actually, I'm not the holder. It's actually --  
5       David Schnadower is the holder of an IND, related  
6       to funding from NICHD for the conduct of one of  
7       the trials that was conducted in the U.S., and  
8       also, similarly, helped Canada. Approval was  
9       obtained by NHPD for the CI Chart funded trial, in  
10      Canada. The study -- drug and placebo were  
11      provided by the manufacturers of the LGG, as well  
12      as Lallemand Solutions for bay -- lactobacillus  
13      rhamnosus helveticus.

14             So, I'm going to segue from antibiotic  
15      associated diarrhea to acute infectious  
16      gastroenteritis, which is one of the most common  
17      diseases of childhood. It is the second most  
18      common cause of death, globally, in children under  
19      five years of age. It is a -- different than Nec,  
20      where children in the U.S. don't usually die from  
21      this, but it's the global burden of it, in kids,  
22      and on the economy, and on healthcare providers,

1       and on schools; 1.7 million ED visits per year, in  
2       the United States, nearly 100,000  
3       hospitalizations, and there are few options to  
4       modify the disease course. So, probiotics are  
5       being touted and advertised. That's just actually  
6       changing the disease course in kids. We do,  
7       currently, have other options for symptomatic  
8       short-term relief and treatment of dehydration,  
9       should it occur.

10               So, I'm going to -- we've been hearing  
11       about Cochrane Reviews and the pros and cons. So,  
12       the biggest Cochrane Review of this topic was  
13       done, and the latest was in 2010 by Allen et al,  
14       and, as you can see, there was a decreased  
15       duration of diarrhea. They concluded about 25  
16       hours till the timing to the last diarrheal stool.  
17       Several challenges, though, that can be -- come up  
18       from this.

19               Number one, it's mostly inpatients,  
20       primarily in an era of rotavirus, which has been  
21       dramatically reduced, due to the introduction  
22       rotavirus vaccine in North America. Most of these

1 studies were single center, very small sample  
2 sizes, generally. Although, there were many  
3 studies, as you can see, but, unfortunately, this  
4 led to significant heterogeneity. So, there's 97  
5 percent heterogeneity between studies in this  
6 Cochrane Review. They employed variant probiotics  
7 in varying doses.

8           Nonetheless, based on this data, several  
9 organizations issued strong recommendations, but  
10 they then go on to say, based on low quality  
11 evidence, that support the use of probiotics, and  
12 the most notable being ESPGHAN, which is a large  
13 European group. There was no position statement,  
14 really, on this. The last one, from the CBC, was  
15 in 2003, and didn't really address this issue very  
16 much.

17           So, this raised one question that two  
18 networks decided to try to answer. So, I'm the  
19 Chair of Pediatric Emergency Research Canada, on  
20 the right, and then we work closely with our  
21 sister network, PECARN, Pediatric Emergency Care  
22 Applied Research Network, in the U.S, to conduct

1     one question, across two networks, using two  
2     different probiotics. They shared a common  
3     hypothesis, however, that probiotic administration  
4     would result in a significantly lower  
5     proportionate of children with moderate to severe  
6     disease, within the subsequent 14 days, compared  
7     with placebo, and we didn't just look at -- and  
8     I'll come back to one isolated symptom.

9             We looked at the global burden of  
10    disease as our outcome. They were conducted as  
11    randomized, double blind, placebo-controlled  
12    trials. Eligible children were age three months  
13    to 48 months. They both, in both studies, had  
14    clinically died -- had been clinically diagnosed  
15    with an acute intestinal infectious process,  
16    defined as greater than equal to three episodes of  
17    diarrhea in a 24-hour period, which is the working  
18    definition for gastroenteritis, accepted by all  
19    organizations. We used a web-based random number  
20    generating software, randomize.net, employed  
21    random block sizes. We stratified by sites, and  
22    we used a one to one treatment allocation ratio.

1               Several differences between the studies,  
2       which I'll try to highlight as I go through, I  
3       decided to present them, kind of, in parallel  
4       because they are so similar, as opposed to going  
5       back and forth between the two. The U.S. study  
6       included 10 emergency departments, all pediatric  
7       centers. Kids were able to have symptoms up to  
8       seven days, so up to a full seven days of  
9       symptoms, and this was based on the only one real  
10      prior study in the U.S., which was conducted by  
11      Nixon, in -- out of Albert Einstein, which found,  
12      actually, that they did not see a difference in  
13      the group administered probiotics, but they did,  
14      maybe, see a trend amongst those who had a longer  
15      duration of symptoms of baseline. So, they  
16      focused on that group of kids. They studied LGG,  
17      a dose of one times 10 to the 10th CFU BID for  
18      five days, compared with a placebo, and then  
19      randomization was also stratified by the duration  
20      of diarrhea, given the importance of that, as a --  
21      in a priority hypothesis.

22             In the Canadian study, we included six

1        emergency departments, focused on children with  
2        shorter duration of diarrhea because most of the  
3        other studies in the literature had shown greater  
4        benefit in shorter duration events, up to 72  
5        hours, and we studied Lacidofil, which the  
6        combination of a lactobacillus rhamnosus and  
7        helveticus product, in four times 10 to the ninth  
8        CFU, twice daily, for five days. Both of these  
9        dosage ranges were what was supported by the  
10       existing literature. In Canada, they actually  
11       held an indication for that dose in the use of the  
12       product, and, in the U.S., it's a commonly  
13       recommended dose of LGG.

14                So, we excluded children who were at  
15       risk for invasive disease and infection. I didn't  
16       go into it, but there are -- actually are numerous  
17       case reports in the literature of individuals with  
18       central lines who developed Bacteremia, with the  
19       probiotic strain, particularly in ICU settings.  
20       So, we excluded all children indwelling vascular  
21       access lines, congenital heart disease, because of  
22       the risk of reports of Endocarditis,

1 immunodeficiency, immunosuppression, on a GI  
2 problem, such as IBD (recording cuts out)  
3 particular pancreatitis because of a large  
4 European study that showed increased mortality in  
5 that group, and then kids who may not have  
6 Gastroenteritis, so, Bilious Emesis, or  
7 Hematochezia, bloody diarrhea, so, not tradition,  
8 at least North American Viral Gastroenteritis.

9           The studies also had some specific  
10 peculiarities, kind of, at the pushing of some of  
11 the local Federal agencies. So, premature infants  
12 and those less than six months corrected age were  
13 excluded, those on supplemental probiotics, or an  
14 allergy to LGG, or the antibiotics that would be  
15 used to treat a Bacteremic episode. In Canada, we  
16 excluded those who had had recent or  
17 gastrointestinal surgery, preceding probiotics in  
18 the two weeks prior to enrollment, and then soy  
19 allergy because the soy-based culture medium was  
20 used to grow the probiotic.

21           We conducted follow-up surveys every 24  
22 hours until symptoms had resolved for at least 24

1 hours, as well as day five and 14, post  
2 randomization, and then, actually, in the U.S.,  
3 the FDA's urging we conduct a follow-up, for  
4 safety, at one, three, six, nine, and 12 months,  
5 following conclusion of this very short study.  
6 Stool specimens were also collected, and,  
7 actually, we used rectal swabs, and we can discuss  
8 that if people are interested, and we, actually,  
9 collected specimens on all individuals who were --  
10 participated. We analyzed them for infectious  
11 agents, including 15 pathogens, in both sites,  
12 using a multianalyte pathogen panel, and then we  
13 used an in-house viral panel for five viruses in  
14 Canada, along with bacterial culture, and then we  
15 also did independent testing of the batches of the  
16 probiotics, in both studies, to ensure that they  
17 were delivering the CFU counts that we had  
18 intended to deliver.

19 A primary outcome was moderate to severe  
20 disease, defined by a modified Vesikari scale  
21 score greater than equal to nine, and I'll discuss  
22 that on the next slide, which ranges in score

1 severity from zero to 20. We secondarily looked  
2 at duration of diarrhea, duration of vomiting,  
3 future healthcare provider visits, as well as  
4 adverse events.

5           So, this measure is a composite score,  
6 and we chose to use a composite score, as opposed  
7 to individual measures, because what if you reduce  
8 the duration of diarrhea, but they actually have  
9 more diarrhea for two days, but they have it for  
10 two days instead of three. What's better? I  
11 don't actually know. I don't think caregivers  
12 really have an answer to that or is an easy one.  
13 So, this is a score that's actually emerged from  
14 the rotavirus vaccine files and been adapted for  
15 use in the outpatient setting. So, it actually  
16 looks at duration of diarrhea, duration of  
17 vomiting, maximal frequencies of diarrhea, maximal  
18 frequency of vomiting, fever, which is very  
19 concerning to caregivers when their child is ill,  
20 and then we also looked at interventions, so,  
21 healthcare provider interventions, either as an  
22 outpatient or in the emergency department, and

1       need for IV fluids or hospitalization.

2               Our sample sizes had 90 percent power to  
3       evaluate a 25 percent rate in the placebo group,  
4       aiming for a number needed to treat of 10, as you  
5       were hearing, but number needed us to treat, which  
6       would be based on a minimally clinically important  
7       difference of 10 percent. We conducted two-sided  
8       analyses with five percent significance, and  
9       adjusted for follow-up, for drop-ins and  
10      drop-outs, and many people who take probiotics  
11      over the counter, even though they're not  
12      randomized to it, and then we did interim  
13      analyses. So, we adjusted for that as well.

14             In the U.S., the calculated sample size  
15      had to be increased because, on one of our  
16      analyses of the probiotic product, it was found to  
17      have too low of a CFU content, lower than what we  
18      had intended to deliver. So, we worked with our  
19      DSM-V to increase our sample size, appropriately,  
20      to 971 participants in the end. The Canadian  
21      trial, there were no concerns in that regard, and  
22      ended up enrolling 886 participants.

1           Our analyses were in by intention to  
2    treat principles, multiple mutation, and we  
3    employed with logistical reaction stratified by  
4    sight, the secondary analyses looking at other  
5    covariates, and then we conducted subgroup  
6    analyses, looking for interaction.

7           I'm going to present the Canadian data  
8    first, after this slide, which essentially shows  
9    that the groups were similar in both studies,  
10   around -- just over about 16-17 months of age, the  
11   only difference being the duration of diarrhea,  
12   slightly higher in the U.S. cohorts. As you can  
13   see, over here, 57 hours, based on the eligibility  
14   criteria, and, hence, their baseline modified  
15   Vesikari scale score was slightly higher, 12,  
16   compared to 10 in the Canadian cohort.

17           So, in the Canadian study, as you can  
18    see here, if we look at all participants, the  
19    proportion who actually had the outcome of  
20    interest, the primary outcome in the probiotic  
21    group was 26.1 percent, but at the 24.7 percent in  
22    the placebo group, and we look at some of our A

1 priority identified subgroups, kids less than one  
2 year of age, exclusively breastfed, antibiotic  
3 usage in the preceding 14 days, or greater than 70  
4 percent compliance. As you can see, there was no  
5 difference between groups.

6 Look at some of these secondary  
7 endpoints. These were particularly important  
8 because of the meta-analyses that had shown  
9 reduced duration of diarrhea. When we look at  
10 that, there's no difference in diarrhea duration,  
11 no difference in vomiting duration, no difference  
12 in follow-up healthcare visits. Traditionally,  
13 were no differences in adverse events between  
14 groups.

15 When we looked and dove a little bit  
16 deeper into this issue of duration of diarrhea,  
17 because that's been the greatest claim for our  
18 usage in acute infectious gastro, we looked at  
19 daily episodes of diarrhea, from our diaries, and,  
20 as you can see, they're actually essentially  
21 identical between groups. An incident rate ratio  
22 of 0.98. The only difference we did find was in

1       vomiting. The incident rate ratio was slightly  
2       higher, and that's -- was primarily due to a  
3       difference on the first day of treatment.  
4       However, the magnitude is actually relatively  
5       small, and probably the clinical significance of  
6       this is minimal, at 0.83, versus 0.55 episodes, on  
7       the first day, after randomization.

8               Now, we're going to move onto the U.S.  
9       side of the PECARN study, and the results are  
10      actually remarkably similar. The proportion,  
11      having a modified Vesikari score greater than  
12      equal to nine, which was our primary outcome of  
13      moderate to severe disease, 55 percent -- sorry --  
14      11.8 percent in the LGG group, compared to 12.6  
15      percent in the placebo group. No -- the P value  
16      was 0.83. When they looked at mean episodes of  
17      diarrhea, per 24-hour period, or the mean episodes  
18      of vomiting, per 24-hour period, a very similar  
19      graph is displayed. There were no significant  
20      differences on any of the days or either -- on  
21      either of these parameters.

22             This is a busy figure. I'm want -- I'm

1     just going to try to highlight -- is what we  
2     looked at, here, to show you how we tried to  
3     stratify and look at different things. So, on the  
4     top five, the five column headers, are the  
5     different A priority stratifications, so age, less  
6     than one year, greater than one year, duration,  
7     less than 48 hours, greater than 48 hours,  
8     antibiotics versus no antibiotics in the preceding  
9     14 days, and then some of the early analyses that  
10    we've done related to the etiologic agent. We  
11    looked at no pathogen identified, a bacteria  
12    pathogen identified, or a virus identified. It  
13    gets more complicated than that, and I'm not going  
14    to go into it too much right now, and then, on the  
15    left, here, are the seven different outcomes of  
16    interest, so moderate severe disease, repeat  
17    healthcare visits, health, cold, members becoming  
18    sick, time to last watery stool, time to last  
19    vomit episode, hours of working, this applies to  
20    parents because, actually, that's a huge impact on  
21    your GDP, and a big reason, and the economic  
22    reason for giving probiotics is lost work and

1 wages, and days of missed daycare. On all of  
2 these seven outcomes, across the four different  
3 subgroups defined in the columns, there were no  
4 significant differences between groups.

5           So, both of these studies are subject to  
6 several limitations. One is based on recall bias.  
7 So, there's no hardcore evidence. We don't have  
8 biologics that we've analyzed yet. We do have  
9 data, that we will be going into later on, but,  
10 basically, it's based on symptomatic recall of  
11 parents. We did contact them ever 24 hours, and,  
12 very robustly, I think, did the best we could to  
13 accurately report that.

14           We used composite outcome measures as  
15 our primary, which can be criticized because our  
16 composite -- however, I would argue that they're  
17 much more meaningful than individual outcome  
18 measures, but, when we broke it down by looking at  
19 all the individual symptoms in these outcome  
20 measure scores, none of them were significant, and  
21 we ultimately only studied two products, one dose  
22 of each, and that's all that we studied, and

1       that's really where I restrict my conclusions to,  
2       at this point in time, but, based on the data that  
3       we have presented and analyzed so far, in children  
4       presenting for -- to an emergency department with  
5       acute gastroenteritis, probiotic administration  
6       does not prevent development of moderate to severe  
7       disease within 14 days, and a huge thank you to  
8       David, Dr. David Schnadower, who really led the  
9       PECARN study, and then to all of our coordinators,  
10      site managers, program managers, our laboratory  
11      partners, and our funding agencies, so CHR, as  
12      well as the NIH, NICHD. Thank you.

13               DR. MCCUNE: Okay, we're standing  
14      between you and lunch, and we're going to go a  
15      couple of minutes over, into the lunchbreak, for  
16      questions, but I want to ask our three speakers to  
17      come up, and I'm going to open up the session for  
18      clarifying questions, recognizing that we are  
19      going to have a panel opportunity, this afternoon,  
20      to hear from all of them again. So, I -- if you  
21      want to -- are the microphones working at the  
22      table? Just push. They just -- you just need to

1 push down when you're talking, so.

2 DR. SANDERS: Mary Ellen Sanders, from  
3 ISAPP. Josef, thank you. That was a, I think,  
4 very nice talk, and I wanted just some  
5 clarification. You mentioned some case studies  
6 about Bacteremia and adverse effects from  
7 probiotic administration to premature infants.  
8 What is the overall number needed to harm, for  
9 probiotic administration?

10 DR. NEU: I could not tell you the  
11 answer to that. I don't know.

12 DR. SANDERS: Is it fair to say that,  
13 when you're considering an intervention, that  
14 number needed to treat, compared to the number  
15 needed to harm, is a relevant comparison, versus  
16 just, well, here's flaws in the particular data,  
17 and, therefore, because there's flaws, it's not  
18 perfect data. We're not going to act --

19 DR. NEU: Don't --

20 DR. SANDERS: -- without considering the  
21 number needed to harm.

22 DR. NEU: Yeah. I think that the --

1       that these harms are very likely, and this is,  
2       again, opinion, are probably highly, highly  
3       underrepresented because so many of these babies  
4       do have problems. They have -- they develop  
5       Sepsis. Much of the Sepsis that we see in our  
6       preterm babies is gut-related translocation of  
7       bacteria. So, I think that a lot of the problems  
8       that we see are actually underrepresented with the  
9       use of probiotics. Again, that's my opinion.

10               MR. LILLIS: So, Christian Lillis, from  
11       the Peggy Lillis Foundation. My mother died of a  
12       community acquired C.diff infection in April of  
13       2010, and, so, listening to Dr. Merenstein, in  
14       particular, talk about this mishigas with the FDA  
15       and letters and such, I find that really  
16       troubling, and I would like to know what patients  
17       and caregivers can do, in this space, because I  
18       often feel like I -- Catherine Duff, my partner in  
19       crime, earlier, said that she was the only person  
20       at the last one of these, and I'm, I think, the  
21       other person who represents the public and  
22       patients, and, so, these events happen. They

1       happen in the Beltway. It's really -- I didn't  
2       even learn about this until, like, two weeks ago,  
3       so. How can we become more involved because I  
4       think that's the missing ingredient?

5                You have patients fighting over Cancer  
6       treatments. You have patients fighting for heart  
7       disease. When it comes to infectious disease,  
8       there's just no patients in these rooms, ever, and  
9       I don't buy the whole "I'm also a patient."  
10      Nonsense. So, leave that at the door, if you  
11      represent it, and just, you know, that's just  
12      crap. So, I would like to know more about the  
13      probiotic stuff. I mean, if we can prevent these  
14      diseases, I think it's very important, and it's  
15      something that I, personally, find very  
16      frustrating because we get asked about it all the  
17      time, and we know that there's evidence, but we  
18      don't know exactly where to direct somebody. So,  
19      if you have any ideas, I welcome them.

20               DR. FREEDMAN: (recording breaking up)  
21      the exact question, but, I mean, I'm a -- you  
22      know, as you can see, you had some high quality,

1        hopefully, evidence presented, and emerging, and I  
2        think the patients and the advocates need to  
3        advocate for independently funded studies, Federal  
4        funding to look at it. I mean, I think Dan was  
5        highlighting the lack of, you know, investigation  
6        into barriers to conducting probiotic research,  
7        and, so, if it's left in the ER, I, truthfully,  
8        think it shouldn't be, being led by industry, and  
9        setting their own outcomes, the own measures, et  
10       cetera. I think these need to be Federally funded  
11       studies, big, large, answering questions important  
12       to patients, caregivers, healthcare providers. To  
13       me, that's really where it needs to move. The  
14       problem in the -- I can comment more on the acute  
15       gastro world, is almost all the studies were  
16       funded by industry.

17                    We know there's a lot of negative  
18       studies that never got published, and, so, I'm  
19       going to get all the industry people very upset  
20       with me right now, but that's okay. I'm running  
21       for lunch somewhere, but, I mean, I think,  
22       truthfully, we need large studies, several

1       thousand people, to answer some of these  
2       questions, rare outcomes, such as C.diff, and bad  
3       outcomes. We need very large studies to answer  
4       them. Numbers of 33 patients aren't going to tell  
5       you whether everybody with C.diff should get  
6       treated. Obviously, very sorry to hear about your  
7       loss, but, to me, I think that is where the  
8       advocacy needs come in.

9                   DR. MERENSTEIN: I guess I would add --  
10       I also -- sorry for your loss, and I, you know,  
11       this is -- in family medicine, there are often  
12       talks about how can we get people interested in  
13       these non -- we call them sexy diseases, and it's  
14       difficult, and I have a question, from your  
15       question to Dr. Neu. So, if I have a preemie, is  
16       it ethical not to mention that there's these  
17       things called probiotics, to them? You know, you  
18       talked about these, all these issues, and you  
19       talked -- you showed all the harms of the studies,  
20       but the Cochrane Review, and, if I'm not mistaken,  
21       I think it was started by neonatologists, is  
22       pretty high standard, and if you have a preemie,

1       and you don't offer probiotics, if you're a  
2       Hopkins or something, is it ethical not to even  
3       mention it to the family?

4               DR. NEU:   So, tell me what probiotic am  
5       I going to mention to the family?

6               DR. MERENSTEIN:   I'm not a  
7       neonatologist, but -- yeah.

8               DR. NEU:   Which one probiotic has proven  
9       -- have we had that has been proven to be safe and  
10       effective against Necrotizing Enterocolitis?

11              DR. MERENSTEIN:   So, your answer is it's  
12       not -- it's ethical not to mention that, what your  
13       answer is?

14              DR. NEU:   Yes.

15              DR. MERENSTEIN:   Okay.

16              DR. MCCUNE:   So, I think we'll get into  
17       a little more discussion of some of these issues  
18       this afternoon. I did want to thank -- now, I'm  
19       missing where you went, but thank you so much for  
20       your comment, and I'm sorry for your loss, and I  
21       really do want to say that, from an FDA  
22       perspective, we are very interested in the patient

1 perspective. I would say that there are a couple  
2 of venues to be able to be involved in these  
3 issues.

4 One of them, I think, we heard this  
5 morning, about providing feedback to the guidance  
6 documents, I think is always welcome. I think  
7 there's another outlet, right now, are the  
8 patient-focused drug development meetings that are  
9 being arranged through the agency, and, certainly,  
10 something that can be talked about, especially  
11 externally-derived meetings, where FDA members  
12 come to listen about these issues from a  
13 patient-focused drug development perspective, and  
14 then the third one, that I know folks in the  
15 neonatology space are aware of, but consortia  
16 efforts, like the International Neonatal  
17 Consortium, where stakeholders from all of the  
18 various groups, including industry, academia,  
19 patient advocacy groups, as well as regulators,  
20 all come together to talk about these issues and  
21 how to do the best studies, moving forward in a  
22 pre-competitive space.

1                   So, I think that there are opportunities  
2           out there. We really want to hear the patient  
3           voice. I wasn't supposed to inject myself here,  
4           but, sorry, I did.

5                   DR. PANIGRAHI: Pinaki Panigrahi, and  
6           from University of Nebraska Medical Center. I  
7           just have a comment. I had asked -- I asked this  
8           question in the previous session. I think I had  
9           answered after I am hearing to -- three of you.  
10          My concern, now, is how much -- again, it is  
11          directed to Dr. Neu. Like, if we want to ask  
12          number needed to harm, we don't know that. Yes,  
13          we don't -- again, I agree, fully, with you that  
14          -- do I have a probiotical use for Nec? Maybe, we  
15          don't know because all of them are using different  
16          ones. So, how do we get to that -- get to a point  
17          where we can really answer these questions, and,  
18          probably 20 years ago, there was a meeting,  
19          similar meeting, in college park, and it was told  
20          that companies are self-regulating themselves.  
21          They want to put out good products. If the one  
22          that, you cited one case, that was an accident. I

1 mean, that was a bad stuff, bad -- it was  
2 manufactured in a sloppy way, so. I mean, that  
3 can happen anywhere, anytime, but to take that as  
4 a reason not to do probiotic research will not be  
5 fair, and only as long we do more and more  
6 research, we will find out more and more adverse  
7 events, and if they're out there, and if we don't  
8 do it, then we'll never learn about it.

9 DR. NEU: So, I can't agree with you  
10 more, that we have to do the right kind of  
11 research, and we have to have, you know, safety.  
12 The problem is with these probiotic agents that,  
13 if we treat all preterm babies, and this is what  
14 we are talking about, all preterm babies with --  
15 between 500 to 1,500 grams, with a certain agent,  
16 and it is a tainted agent, we're going to have a  
17 major problem on our hands, not just one baby.  
18 We're going to have hundreds of babies that die at  
19 one time, and, so, I think we need to be very  
20 careful about the product that is available.

21 DR. FREEDMAN: Pinaki, who just asked a  
22 question, is being very modest. He, I think, he

1       had a study, published last year, with 3,000  
2       infants. The number needed to treat, prevent  
3       death -- death, that's the best outcome you can  
4       get. I think it was 27. So, I think he has a  
5       product that he has used.

6               DR. PANIGRAHI: Well, I didn't want to  
7       elaborate on that. I mean, that was a huge, a  
8       very large study done overseas, all NIH funded.  
9       Enterprise studies are also NIH funded. If NIH  
10      had asked me to do it under IND, which is the case  
11      now, if I go to them and say that I want to study  
12      Sepsis or Nec, they will ask for an IND, NIH will,  
13      but, at that time, they didn't, and without -- had  
14      it been the case, then I wouldn't have done a  
15      study in 4,600 babies, which not only shows  
16      efficacy, it also shows, at the least, that side  
17      effects are none, literally, that it's a extremely  
18      safe probiotic to use. So, that could have never  
19      been done.

20             DR. NEU: So, I think that we need to  
21      compare apples to apples, and oranges to oranges,  
22      here, and you were evaluating babies, infants. We

1       are talking about preterm babies, and a preterm  
2       baby that is less than 1,000 grams is different,  
3       is a different human, than a baby that is 1,000 to  
4       2,000 grams, and, so, we are talking about a very  
5       different individual than those babies, or those  
6       infants, you studied.

7               DR. PANIGRAHI: I fully agree with that.  
8       I mean, we take it with a vulnerable population,  
9       with the kind of disease, of course, yes, but with  
10      the same token, if there is a blanket regulation  
11      made by the FDA that any time you do, in a  
12      probiotic study, in infants, in sort of a preemie,  
13      just a one-year-old infant, or in adults, or in  
14      AAD, or in any other disease for that matter, if  
15      it requires an IND, it's going to stop. I am a  
16      proponent of IND because I won't restrict one  
17      disease, one bacteria, but a precise outcome, yes,  
18      I will go for an IND, myself, but if it is, at  
19      some point, but to take that as a standard and  
20      demand that every study needs an IND, I think I  
21      differ in that.

22              DR. MCCUNE: So, I think, maybe, we'll

1       talk about, a little bit, some of these issues  
2       this afternoon. We're in the lunch session. So,  
3       I'm going to say the last two questions, and if  
4       you might be able to make them brief, in the  
5       responses, brief. Otherwise, I'll be in trouble  
6       for not letting you go to lunch.

7               MS. TOPHAM: Good morning and thank you  
8       for your presentations. My name is Debra Topham,  
9       with Knowledge Bank. I'm a Regulatory Consultant,  
10      and I also educate graduate students in food  
11      science and nutrition, and my question, comment,  
12      clarifying point is how come the studies are  
13      poorly designed, as far as how they characterize  
14      the background dietary intakes and the placebos  
15      because, in any good drug study, you have, of  
16      course, the phases of work, but, in a phase one,  
17      you're, maybe, even controlling the diet, the  
18      environment, and you start throwing all of these  
19      kinds of organisms at the public, at large, you  
20      bring in other intermediary effects, and I often  
21      find that, even in the case of the Canadian study  
22      and the U.S. study, that was not necessarily a

1 fair comparison between two treatment groups, let  
2 alone the ignorance of using any kind of  
3 background characterization of the delivery  
4 system, with or without milk, with or without  
5 oligosaccharides, so. Comment, question,  
6 clarifying point, if you will?

7 DR. FREEDMAN: I can try to tackle a  
8 little bit of that, so, several things. So, in  
9 terms of, you know, breastfeeding, we actually did  
10 look at exclusive breastfeeding. We actually had  
11 specific predefined mechanisms of delivery, that  
12 were the ones recommended by the manufacturers of  
13 each of them. So, they were in solutions that  
14 were deemed to be most compatible for viability of  
15 the organisms. I didn't go into all of that.

16 The other element, for those who --  
17 people who do clinical trials, such as myself, I'm  
18 trying to get in touch with caregivers on a daily  
19 basis, nearly impossible. I'm trying to get them  
20 to even tell you what they've done for the last  
21 day, or how many stools, very hard, trying to get  
22 them to tell you what they fed their 18-month-old,

1 impossible. They're at daycare. So, getting that  
2 data is nearly impossible. The other is,  
3 actually, and, I would argue, on the other hand,  
4 these are -- and, actually, I think where research  
5 needs to move, pragmatic clinical trials,  
6 real-world. So, in the real world, people are  
7 eating whatever they're going to eat. They're  
8 going to feed their kids. We can try to tell  
9 them, if there was a specific thing, but you  
10 actually need to look at effects of interventions  
11 in the real world, on real patients, and what's  
12 going on, and, so, that's really why, you know,  
13 yes, it could have been interesting, were there  
14 subsets, but, truthfully, trying to get that data  
15 is nearly impossible in these types of trials,  
16 and, so, it was not the focus of our effort, post  
17 randomization. Getting antibiotics was a big one,  
18 obviously, getting breastfeeding status, daycare  
19 status. We focus on a bunch of those, but dietary  
20 history intakes? Good luck.

21 DR. MCCUNE: All right. Last question,  
22 please.

1                   MS. TEROVSKI: Brianna Terovski, with  
2                   Johnson & Johnson. You actually answered mine,  
3                   so, kind of, along the lines of my question, and  
4                   you mostly answered it, 90 percent of it. I was  
5                   just -- just a little piece, I'm missing. How did  
6                   you go about selecting the probiotics that you  
7                   would study, for the indication that you were  
8                   studying in the organisms? I think you said a  
9                   lactobacillus. What was your -- the process, if  
10                  you could share (overtalking)

11                 DR. FREEDMAN: How long do I have?

12                 DR. MCCUNE: I'm holding everyone up  
13                 (inaudible)

14                 DR. FREEDMAN: So, really? If you go  
15                 for -- no. So, in short, actually, it was a  
16                 several step pragmatic process. So, the --  
17                 initially started working in the Canadian side,  
18                 with a product made by Lallemand Heath Solutions,  
19                 or Lallemand Health Inc., which is a Canadian  
20                 company, also subsidiary through France, where one  
21                 of my long time collaborators who'd been working  
22                 and studying this product in vitro, and working

1       in, then, in animal models, and demonstrating  
2       efficacy in immunomodulatory properties and  
3       cytokine mediation, and improved benefits in the  
4       animal models. They had some human data, as well,  
5       showing evidence of benefit, and, so, we went to  
6       that.

7               We, then, did a dose finding study that  
8       we've published in Clinical Pediatric several  
9       years back, where we actually looked at the higher  
10      dose. So, they had their recommended dose. We,  
11      then, said, because I didn't want to have too  
12      small a dose, we, then, doubled the dose, and  
13      actually did a study looking at safety of that,  
14      and we found that the higher dose was safe, no  
15      adverse events. So, we used the higher dose  
16      because I didn't want to be criticized as having  
17      too high a dose in that study, and, so, that's how  
18      we moved forward on the Canadian side.

19             We, then, went to the, and, if you ever  
20      want to get into INDs, we, then, submitted a  
21      study, in the U.S., funded by NICHD. We,  
22      unfortunately, could not get an IND for the

1 product I studied in Canada, from the U.S. We  
2 couldn't get the purity piece. "Oh, well, I don't  
3 make it," the manufacturer. They had too much  
4 contamination, couldn't get an IND. We, then,  
5 decided, okay, can we just tweak this and look at  
6 who else, and we looked at the number one player  
7 in the market, most commonly used, and, with a  
8 fair amount of evidence of benefit, which was LGG,  
9 and then they also held an IND on their master  
10 file, and we were able to use their master file to  
11 obtain an IND to do the study that we, then,  
12 conducted, and, so, that's how we ended up using  
13 LGG. You know what? Truthfully, we didn't start  
14 out that way. I wanted to study the other  
15 product, both countries. Actually, it's probably  
16 to a certain degree, I'm actually happier, at the  
17 end, that we studied two different products, two  
18 different countries, and, so, I actually think it  
19 was a good resolution of the problem, but there  
20 are issues of -- you know, we couldn't get the IND  
21 to study it.

22 DR. MCCUNE: So, I want to thank all

1 three of our speakers from this morning. It's 12  
2 minutes after. We would love to have you back by  
3 1:00, please, so that we stay on time.

4 (Recess)

5 MR. CARLSON: As Susy pointed out  
6 earlier, this is the second half of our -- of this  
7 this session, looking at live microbiome-based  
8 products, for disease indications. This part of  
9 the session is really going to focus on C.diff,  
10 both from useful commercial products to  
11 discussions of FMT, and then CMC considerations  
12 for this type of product, in the context of  
13 C.diff. So, we'll go ahead and get started. I'll  
14 introduce the first speaker as Krishna Rao, from  
15 the University of Michigan, who's going to talk to  
16 us about commercially available products for  
17 prevention of C.diff.

18 MR. RAO: Thanks, Paul. I get to be the  
19 guy to talk about diarrhea, right after lunch, but  
20 I'll do my best to keep this civil. So, I only  
21 have one disclosure. I'm a COI, on a grant from  
22 Merck, not related to this particular topic.

1                   So, I want to talk a little bit,  
2       briefly, about C.difficile infection. Vince Young  
3       gave a nice overview, this morning. So, I won't  
4       touch on that too much. I do want to talk about  
5       some of the basic science and mechanisms of the  
6       Hind Probiotic Development for C.difficile,  
7       specifically, and I think it will be clearer, by  
8       the end of the talk, why I wanted to spend some  
9       time on that, and then we'll delve into the  
10      clinical literature and talk about future  
11      directions that, I think, may be helpful.

12                  So, briefly, on C.difficile Infection,  
13      so, as we know, it a gram-positive spore-forming  
14      bacillus. I won't go through all these numbers,  
15      but I will point out that it's striking. These  
16      numbers, here, that you see, are very high, and  
17      they're for the United states alone. So, clearly,  
18      this is a major problem, if we're having nearly  
19      half a million people a year, getting this every  
20      single year.

21                  What can we do to actually prevent this,  
22      and, again, Vince showed a similar slide to this.

1 I won't go into too much detail. I will point out  
2 the important part that we need for our  
3 discussion, which is that, you know, C.difficile  
4 is a spore-forming organism, and, so, you do need  
5 germination of the spores, to a vegetated state,  
6 and then production of toxin from those vegetative  
7 cells, in order to actually indicate disease.  
8 Notably though, this person who is currently  
9 symptomatic and red, doesn't go to green once they  
10 get treated immediately. It takes some time for  
11 that microbiome to recover, and if they get  
12 re-exposed, or they have another hit or an insult  
13 during the susceptible period, they could end up  
14 in this cycle, that sometimes only people  
15 transplant, or other measures can fix, and we'll  
16 hear more about that in the next talk.

17           So, how do these even work, and I think,  
18 I get this question all the time, from my  
19 patients. So, it's only fair that we ask  
20 ourselves this question, too, which is: is it even  
21 feasible to think that these drugs might work? A  
22 lot of them will say, "Doc, you know, I'm taking

1       antibiotics, right now, at the same time you're  
2       giving me this probiotic. Isn't it just going to  
3       kill the probiotic you're giving me?" and it does  
4       reassure them a little bit, that we've thought  
5       about this, and we thought through this, and that,  
6       you know, many probiotics can easily make it to  
7       the lower gut, lactobacillus, famously, is a lover  
8       of acid, tolerates low pH just fine, lactobacillus  
9       and bifidobacteria.

10               I mean, the setting of C.difficile  
11       literature can colonize the gut, and we see it  
12       persisting, even after it's been -- it's  
13       administration has been withdrawn. These are  
14       actually, occasionally, a little bit too invasive,  
15       and we sometimes see them in extra intestinal  
16       sites, and they're often selected to be resistant  
17       to certain antibiotics. We give back to  
18       lactobacillus, for example, with vancomycin  
19       because it's resistant to that, even though it's  
20       low-grade antibiotic, and what's important is,  
21       also, that these are very strain and person  
22       dependent, and half of patients don't colonize at

1 all. Like Vince, I actually read this study in  
2 Cell that just came out, unlike the press reports,  
3 apparently, and they don't say that probiotics are  
4 useless, but they do make some interesting claims  
5 that there are very strain and person dependent  
6 findings that need to be accounted for.

7           Again, this is just kind of a general  
8 overview we can look at and think about, these  
9 mechanisms, from the more widespread ones, such  
10 as, colonization resistance, and production of  
11 short-chain fatty acids and secondary bile acid  
12 metabolism, and a more rare and very strain  
13 specific ones of specific immunologic claims or  
14 neurologic claims, but for C.difficile infection,  
15 broadly speaking, we have a few areas that we can  
16 target.

17           So, one is this bile acid hypothesis  
18 that we've talked a little bit about. Clostridium  
19 scindens is one that we'll hear a little bit  
20 about, that can target the pathway, by inhibiting  
21 -- by promoting the conjugation of primary to  
22 secondary bile acid, which are inhibitory to

1 vegetative C.difficile and sporulation. You can  
2 actually have these probiotics producing  
3 anti-bacterial compounds, that actually can be  
4 sidle or static.

5 In this case, this is an example of  
6 lactobacillus reuteri, which is able to do this,  
7 or they can make compounds that inhibit the toxin  
8 activity, in particular, protea, so, such as  
9 saccharomyces or akhaten, and they can have very  
10 non- specific general effects, too. So, some of  
11 these will increase mucin production. They'll  
12 alter local pH, inflammation, increase production  
13 of IGA, and just to pick out a couple of  
14 mechanisms to spotlight, so, one is bile acids.  
15 There's a lot of data suggesting that bile acids  
16 are important in C.difficile infection  
17 pathogenesis, been showed one study earlier today.

18 Here's another one, where we looked at,  
19 specifically, fecal transplant patients, who are  
20 successfully treated, had their -- a cure of their  
21 C.difficile infection, and whether you look at  
22 short chain fatty acid or secondary bile acids,

1     you seen increase in these patient populations.  
2     Sometimes, that's a transient bump. In many  
3     cases, it's more a persistent bump, but the  
4     question remains, you know, what is the direction  
5     of causality here?

6             There are some nice mechanistic studies,  
7     looking at probiotics and C.difficile, that are  
8     coming out, and have come out, actually, in just  
9     the last few years. I'll draw your attention  
10    this, to the date, because this is, again, another  
11    theme that's important. This is in 2015, just  
12    three years ago. Eric Pamer studied inst --  
13    alluded to this briefly, but they looked at mice  
14    who were treated with antibiotics, and those who  
15    weren't, assessed the microbiome, found that there  
16    were a couple ataxa that were highly  
17    differentiating, those two populations of mice,  
18    and, in particular, clostridium scindens and three  
19    other ataxa, seem to confer resistance to  
20    C.difficile, in either alone, or if you gave the  
21    secundines with other bacteria as well, that they  
22    identified.

1                   Looking at both the colonization levels  
2           of *C.difficile*, as well as the survival of the  
3           mice, they saw a significant effect, and, in fact,  
4           the consortia actually completely abrogated the  
5           effect of *C.difficile* in these mice.

6                   Going on another spotlighted pathway,  
7           let's look at bacteriocin, so *L.reuteri* makes  
8           reuterin, and that's one pathway that has also,  
9           very recently, again, look at this date, 2017,  
10          been shown to be efficacious in *C.difficile* mouse  
11          models. Here, they administered a *L.reuteri*,  
12          along with its substrate glycerin in a bioreactor  
13          model, and they found that that actually inhibited  
14          *C.difficile*, almost several logs, and that the  
15          populations differed when you assess their  
16          microbiome, and again, this is only in the  
17          presence of the substrate that *lactobacillus*  
18          *reuteri* actually needs to make reuterin.

19                  Now, what about the clinical literature,  
20          and I would say that, broadly speaking, you can  
21          look at individual studies, or you can look at  
22          meta-analyses, and when you look at individual

1 studies, you see a lot of really very poor quality  
2 of evidence to a large degree. So, many of these  
3 are uncontrolled studies. There's not one large  
4 definitive RCT, yet, that's been done for this  
5 topic, and there's a lot of heterogeneity.  
6 There's heterogeneity at the strain level, at the  
7 doses level, at the regimens, and also in the  
8 patients, because not all patients come into to  
9 C.difficile with the same level of risk, and it's  
10 important to define that population, specifically  
11 and strategically, when you're designing your  
12 studies.

13 So, what do the individual data show,  
14 and, so, there's one study that has been  
15 mentioned, this PLACIDE Trial. That was a couple  
16 of years back, in 2013, and that was a large  
17 negative study for the use of probiotics in  
18 C.difficile. Now, it was negative, but it's  
19 important to mention that this was a study of  
20 antibiotic associated diarrhea, not C.difficile,  
21 so C.diff wasn't their primary outcome. Secondly,  
22 only a percent of patients, in that study,

1       actually had this outcome of C.difficile  
2       infection. So, even if they had an effect size of  
3       50 percent, it would be really hard to power a  
4       study to detect something like that. So, again,  
5       and it wasn't focused on a high-risk population,  
6       and many of these studies were not. Many of these  
7       studies have very ill-defined inclusion, exclusion  
8       criteria, in fact many of them allow people to eat  
9       yogurt, at the same time that they're on their  
10      quote - unquote assigned study probiotic.

11               There's other confounders. There's one  
12      study that actually noticed a pretty decent effect  
13      size for C.difficile, but then you read the study,  
14      they literally moved to a new hospital, during  
15      this study, and, so, of course, their rates went  
16      down. So, the preponderance of this evidence, I  
17      think, I agree with one of our earlier speakers,  
18      that it has cooled the interest in probiotics,  
19      specific for this indication. In particular, this  
20      Allen Study really did cool the interest in  
21      studying this, probiotics for C.difficile, and the  
22      current guidelines don't recommend them, as has

1       been pointed out.

2                   Now, what about meta-analyses, and there  
3       have been several conducted over the years, and  
4       this is by far not an exhaustive list. I don't  
5       think I even include the Cochrane Study on here,  
6       the recent one from last year, but these are some  
7       of the three that are commonly recommended, and  
8       looked at the dates for these, 2012, 2015, 2016.  
9       That's actually flipped from the way you would  
10      normally think about it. A lot of the mechanistic  
11      studies, that I highlighted, were more recent  
12      ones, and these studies looking at efficacy in the  
13      clinical literature are older ones, and this has  
14      been pointed out, about meta-analyses before. So,  
15      maybe, I'll point it out a different way, and use  
16      a different analogy.

17                   My meta-analysis instructor, in school,  
18      liked to use a different analogy to say that a lot  
19      of time when you combine meta-analyses, we think,  
20      that we're mixing a whole bunch of turds, and out  
21      comes a pot of gold, but, really, what sometimes  
22      happens is you mix a bunch of turds, and you get

1     turd soup, and I fully acknowledge that. However,  
2     I think there is a signal, here, that we should  
3     not ignore, and that needs some elucidating.

4             So, one of the problems with a lot of  
5     these prior meta-analyses is that, again, these  
6     individual studies, there's a lot of them, many  
7     that are poor quality evidence. So, which ones  
8     you include matters. How you include them, and  
9     how you extract the data matters a lot, and a lot  
10    of these didn't actually follow PRISMA best  
11    practice guidelines, which is why there is  
12    heterogeneity, even in the meta-analyses  
13    themselves. Sometimes, I study different  
14    populations. So, broadly speaking, what I've seen  
15    is that, if you have meta- analyses that have  
16    these broad criteria, that take a lot of studies,  
17    they have weaker effect sizes. They don't tend to  
18    demonstrate statistical significance.

19            There's more heterogeneity in those  
20    studies, and when you have narrow criteria, not  
21    surprisingly, you actually get better results, and  
22    when you focus on a high risk population, and only

1 include, for example, RCTs, but placebo  
2 controlled, you actually get a little bit if a  
3 signal that you're able to tease apart. This, I  
4 think, not to pick out just one meta-analysis, but  
5 I think this is one that's really clarified what's  
6 going here, for me, a little bit, at least.

7           This was done last year, in the  
8 gastroenterology, and they point out that there is  
9 a lot of heterogeneous data in the past. Here,  
10 they focused on RCTs, so controlled studies, in  
11 hospitalized patients on antibiotics, so among the  
12 highest risk population that we have. They  
13 rigorously adhered to the PRISMA guidelines. In  
14 fact, they even went so far as -- a lot of these  
15 studies have attrition bias. Some of the prior  
16 meta-analyses didn't assess for attrition bias.  
17 This one did. They went so far, in their  
18 sensitivity analysis, however, to actually assume  
19 that, in the patients that were lost to follow-up  
20 in these studies, the rate of C.diff was five  
21 times higher than in the other population, and  
22 even when they made those very conservative

22 We routinely prophylaxis against Venous

1     Thromboembolic Disease among in-patients who were  
2     admitted, who meet certain risk criteria, and the  
3     number needed to treat there is in the 250s, and  
4     the number needed to harm is quite a bit more than  
5     with probiotics, but we're not using probiotics,  
6     and the question is why? Before we get to that,  
7     real quickly, the other place you can look at  
8     probiotics for C.difficile is not in preventing  
9     the primary C.diff, but in preventing a secondary  
10    C.diff episode, or that recurrent cycle that we  
11    talked about, and the punchline is, here, is --  
12    actually this is much less robust, in terms of  
13    literature, and I'm not, it's not clear that there  
14    is much of a signal here, at least with single  
15    agent probiotic. We'll hear about FMT shortly.

16                 So, why aren't we using probiotic for  
17    C.diff? I just told you that there does to seem  
18    to be a little bit of a signal, even in a really  
19    well conducted meta-analysis, with very rigorous  
20    adherence to the best practice guidelines. So,  
21    maybe they aren't safe. Maybe that's one concern.  
22    They're officially, generally regarded as safe.

1     There are some symptoms people report, IBS-like  
2     systems that can occur, that are actually fairly  
3     common, and this recent paper, in Cell, that we  
4     had talked about, did highlight some of those.

5             However, there are some major concerning  
6     things that we have to be aware of. So, there are  
7     patients who are treated with saccharomyces  
8     formulations, the lactobacillus formulations, that  
9     have had Bacteremia and Endocarditis respectively  
10    reported with those formulations, and they -- yes,  
11    they went back to actually verify that the strain  
12    in the probiotic was the one that isolated  
13    clinically. There's this other famous study, on  
14    in-patients in the ICU, that were given probiotics  
15    for their Pancreatitis, where there was actually  
16    increased mortality in the probiotic. I'm not  
17    sure what that's about, but that definitely has  
18    cooled a little bit of the interest in this, and  
19    also notable is that many of these trials that I  
20    just talked about, in these meta-analyses, they  
21    excluded immunocompromised patients, IBD patients,  
22    ICU patients.

1           Those patients who are among the most  
2   highest risk for getting C.diff in the first  
3   place, and, so, it's hard to generalize, to some  
4   of these other populations, where we would  
5   actually want to use these agents. Maybe we're  
6   not using them because there's lost of major  
7   evidence gaps that need to be filled, and I think  
8   that's part of it, and there's some examples here,  
9   things like what are the interactions between  
10  specific class of antibiotics and probiotics on  
11  C.diff risk? To what degree do dietary probiotic  
12  use impact the results of prior RCTEs, and ways  
13  that we can, maybe, navigate some of those  
14  discrepancies and gaps.

15           Maybe there's too much heterogeneity,  
16  and we've talked a little bit about this, but, in  
17  the past, it seems like we've almost been moving  
18  bedside to bench, and, only now, in the last few  
19  years, that we've finally kind of -- developing, I  
20  think, the rigorous pre-clinical research, to say,  
21  "Hey, these are the strains that are actually  
22  showing effect efficacy in these really nice

1 models." Now, the challenge, of course, of that  
2 is translating these models to actual humans, and  
3 that can be challenging. Bioreactors are a little  
4 bit easier to do, than with mice, because you,  
5 actually, can actually use a human microbiome in a  
6 bioreactor, but, and there are humanized mouse  
7 models, but there's all kinds of issues with that,  
8 but those are challenges that I will acknowledge.

9           However, what's really encouraging is  
10 that the strains that we're seeing, in these newer  
11 pre-clinical studies, are largely a lot of the  
12 same strains that we've seen in these trials  
13 before. So, I think it's encouraging that there's  
14 a signal here, and that we may be able to kind of  
15 make some progress. However, that's going to be  
16 challenging for this other reason, another recent  
17 study, looking and really showing that there's  
18 only strain specificity, but disease specificity.  
19 So, whether you're talking about a specific  
20 strain, and you look at different disease  
21 processes, they're all over the place, in terms of  
22 the efficiency, or if you look at a specific

1 disease process, C.difficile, as we've seen,  
2 you're all over the place, in terms of what strain  
3 is actually going to make a difference here.

4               So, what are the future directions?  
5 Where do we go from here? What advice could I  
6 have, and one thing that I think is happening, and  
7 that needs to happen more, is we really need to go  
8 back to the bench, and make -- I'm making an  
9 argument here, that we need to have a rational  
10 mechanistic approach to how we actually design  
11 these probiotics, and these are examples of all  
12 the mechanisms that are currently being studied  
13 and have been studied in the last couple years,  
14 and are -- have yet to make it into the clinic  
15 literature, and I also think that, on the clinical  
16 literature side, we need to have very strict,  
17 well-defined inclusion, exclusion criteria. Don't  
18 let your subjects eat yogurt. I think that clouds  
19 the picture. Actually, have good randomized  
20 placebo control trials. We need to power it  
21 appropriately for C.diff, and, you know, one of  
22 the other recent developments, not to plug my own

1 research too much, is -- we're actually starting  
2 to have electronic health records being able to be  
3 used in machine learning algorithms to re-stratify  
4 people.

5           So, this is a study we published last  
6 year, where we can actually re-stratify people,  
7 and actually predict a episode of C.diff, four to  
8 five days before it happens, in the admission  
9 setting. Using a risk model like that, and  
10 randomizing those patients to an intervention, may  
11 be a lot more fruitful than prior approaches.

12           So, conclusions, I think, no argument  
13 here, that C.diff prevention remains a major need.  
14 The rest of this is opinion, but I think, the  
15 current clinical evidence does support that there  
16 is some role for benefits of probiotics in  
17 C.difficile. So, the reason I can't recommend  
18 this, though, is it's one thing to say that there  
19 might be a benefit here, that it looks like there  
20 is a benefit. It's another thing to make a very  
21 specific falsifiable scientific hypothesis,  
22 another thing to make a very specific claim of

1       about. Here's the strain and dose that a patient  
2       should take for benefit, and we aren't at that  
3       point yet. With the interest of time, let's end  
4       there.

5               MR. CARLSON: Thank you, Krishna. We're  
6       going to -- like we did for the last panel, we're  
7       going to do questions for all the speakers, after.  
8       Our next speaker is Colleen Kelly, from Brown  
9       University, who's going to talk to us about  
10      clinical evidence on FMT for C.diff.

11             MS. KELLY: Thank you very much. Thank  
12      you for the invitation to speak today. So, I was  
13      asked to summarize the evidence that we have from  
14      randomized controlled trials for C.diff infection.  
15      I want to just, sort of, start off with my early  
16      experience with what we called fecal  
17      bacteriotherapy, at the time, and in my first  
18      year, I treated two patients just like this, a  
19      61-year-old woman, who had had six intensive care  
20      unit admissions, over a twelve-month period,  
21      during some of those, almost like lost her colon,  
22      almost went to surgery, almost died. Each one was

1       very dramatic.

2               The second was a young girl who was 19,  
3       who got a dose of clindamycin, getting -- for some  
4       dental work, and this was during her first year of  
5       college. She, then, developed recurrent  
6       C.difficile episodes. She had to quit the soccer  
7       team at her college, and take a semester off of  
8       school, and both of these patients were treated  
9       with repeated courses of Vancomycin,  
10      Metronidazole, (inaudible) and probiotics, and  
11      with -- to no avail, and both resolved their  
12      C.diff infection with a single FMT, and, in fact,  
13      in the first two years of fecal bacteriotherapy,  
14      at our practice, 24 of the 26 initial patients I  
15      treated did not develop a further C.diff  
16      occurrence after that first FMT, and, by 2011, we  
17      weren't calling it fecal bacteriotherapy anymore,  
18      this terminology FMT, and, as Vince Young spoke  
19      this morning, we're transferring these entire  
20      communities of micro-organisms from one person to  
21      another, to increase the diversity, and repopulate  
22      some of those beneficial anaerobes, and, at that

1       time, when I was kind of having my early  
2       experience with FMT, others, also, were seeing  
3       that this was working, and this is the results of  
4       a paper published by Zayn Kassam, around that  
5       time, that just demonstrated that we were seeing  
6       really high cure rates in open label clinical  
7       trials and case reports, close to 90 percent  
8       overall, with some evidence that it may be more  
9       efficacious when given from below, than from  
10      above, but the real game changer was in 2013, when  
11      this Dutch group published the first randomized  
12      controlled trial in the New England Journal of  
13      Medicine.

14                It was relatively small trial, 42  
15      patients, who had a least one C.difficile  
16      recurrence, and they were randomized one of three  
17      arms, either a short course of Vancomycin,  
18      followed by a bowel lavage, like a bowel prep, and  
19      infusion of 500 CCs of donor stool, by a  
20      nasoduodenal tube. The other two groups either got  
21      a standard course of Vancomycin, 14 days, with or  
22      with out that bowel lavage, and that study was

1       actually terminated at the interim analysis  
2       because FMT was so effective. Eighty-one percent  
3       resolved their c.diff after a single FMT, and then  
4       the couple that needed to get retreated, it was up  
5       to 90, close to 94 percent, compared to 20 to 30  
6       percent in the Vancomycin groups, and others have  
7       also looked, in a randomized way, at FMT versus  
8       this standard of care, which is Vancomycin taper.  
9       Camrhoda and colleagues, in 2105, reported on a  
10      similarly sized patient population, with recurrent  
11      C.diff.

12                Their intervention was, again, a short  
13      course of Vancomycin, followed by FMT delivered by  
14      colonoscopy. If they saw pseudo membranes, which  
15      are indicative of more severe disease, then they  
16      would repeat and do, potentially, more than one  
17      FMT, but most patients, in the trial, only got a  
18      single FMT. This was compared to a group that  
19      just got a standard course of ten days of  
20      Vancomycin, and then a pulse taper dosing over the  
21      subsequent three weeks.

22                That study was actually also stopped

1       early, for superior efficacy of FMT. You can see  
2       the numbers there. Conversely, Susy Hota and  
3       colleagues, in Canada, more recently, published a  
4       study of patients with recurrent C.diff, who were  
5       treated with either the standard course of  
6       Vancomycin, followed by a taper, or, instead of  
7       tapering the Vancomycin, they were given a single  
8       FMT by enema, and, in that study, that was also  
9       stopped early, but for futility, in that that  
10      single enema did not appear effective at resolving  
11      the recurrent C.diff cycle in those patients.

12                So, I was the PI for this clinical  
13      trial, which was published in 2016, and we did our  
14      best to find a placebo, which in this case was  
15      autologous FMT. So, patients would submit their  
16      own stools to us, and then they -- I would --  
17      picked a card, and they either got a fresh donor  
18      FMT by colonoscopy or they were reinfused with  
19      their own stool.

20                It's important to know that they were  
21      all treated with, at least, a standard course of  
22      Vancomycin, 10 to 14 days, and symptoms had

1 resolved prior to getting that FMT. Vancomycin  
2 was stopped three days prior to the procedure, and  
3 they were infused with either their own or a donor  
4 stool. Overall, 91 percent of patients resolved  
5 with FMT, versus 63 percent who got the placebo,  
6 and at -- you can tell that there were some  
7 differences between sites, and, if you'd just let  
8 me, I'm gonna leave that till later. I promise  
9 you I will address it, but I do want to say there  
10 were no SAEs, in the FMT related group, you know,  
11 no related SAEs related to FMT, and I do want to  
12 point out that we were limited by the IND. This  
13 trial did not include patients over age 75, or  
14 patients who were immunocompromised.

15 Others have compared FMT to FMT,  
16 comparing different delivery modalities, so,  
17 Youngster and Libbey Hoang, in -- published in  
18 Clinical Infectious Disease, in 2014, looking at  
19 recurrent C.diff patients. They were treated with  
20 41 grams of stool that was frozen, and thawed, and  
21 administered, either by nasogastric tube or by  
22 colonoscopy, and there really weren't differences

1       between those groups in efficacy, and, more  
2       recently, Dina Pao, in Canada, randomized patients  
3       who had had at least three episodes of recurrent  
4       C.diff, to frozen capsules, which were then thawed  
5       and administered, or at the same amount of stool,  
6       100 grams administered by colonoscopy, and they  
7       actually found them to be equally effective, 96  
8       percent for the first dose, either by capsule or  
9       colonoscopy, though the capsules were rated as  
10      cheaper, and preferable to patients overall.

11               Other groups have compared dosage  
12      formulations. Fresh FMT was compared to frozen,  
13      in a large trial, by Christine Lee, also conducted  
14      in Canada. This was published in JAMA, a couple  
15      of years ago, that over 200 patients who had at  
16      least one recurrence -- so, I do want to point out  
17      that this study, patients were get -- kind of  
18      interrupted on much earlier in the C.diff cycle.  
19      It was after a single recurrence, versus three or  
20      more, and many in this study, it only had a single  
21      recurrence, in fact, 92 percent of those patients.

22               Their overall efficacy with a single

1       enema was 62 percent, and didn't appear to differ  
2       whether they got stool that had been frozen, or  
3       that that was fresh and administered, that way,  
4       but you can see to get up to those 90 some percent  
5       numbers, you needed three to five enema FMTs.  
6       Another group, Baylor, published just this past  
7       year, looking at fresh versus frozen, versus  
8       lyophilized formulations of FMT. This was about  
9       50 grams of stool. So, it's the similar, similar  
10      dose, but the preparation method differed, and  
11      really fresh, a 100 percent resolved, 83 percent  
12      after getting previously frozen stool, and 78  
13      percent after lyophilized, and the differences  
14      were not significant because most of these studies  
15      are small and really underpowered to detect  
16      meaningful differences there.

17                So, this, as, you know, we've heard a  
18      little bit of versus a not necessarily trust  
19      systematic reviews in meta- analyses, but Paul  
20      Moayyedi did a good job with this one, published  
21      last year, looking at summarizing the five big  
22      randomized control trials for FMT, and those

1 included 284 patients, and I want to point out the  
2 number needed to treat was three. That's huge.  
3 There were significant heterogeneity across these  
4 studies because of different modes of delivery,  
5 and doses, but despite that, and looking  
6 through all these with grade type criteria, it was  
7 determined with moderate quality of evidence, you  
8 know, to be effective, and importantly, in all  
9 those patients, there were no FMT related severe  
10 adverse events, and this is something that I've  
11 also seen in my own practice.

12 I'm up to nearly 300 FMT's at this  
13 point, 10 years in, and I have, to date, not seen  
14 a definite FMT-related complication. So, they are  
15 certainly, I'm sure they occur, but they are rare,  
16 and, since 2013, American Gastro Society  
17 Guidelines, and European Guidelines, have promoted  
18 Vancomycin, I mean, excuse me, FMT after patients  
19 have failed standard treatments with pulse in  
20 tapered Vancomycin, and, more recently, the IDSA  
21 guidelines, which were published last year, also  
22 support using FMT for patients with multiply

1 recurrent C.diff, used with strong recommendation,  
2 despite the moderate quality of evidence.

3           So, here's something that works. We  
4 know it works. Handing the ball to industry,  
5 we're all, as clinicians, looking for something  
6 easier than putting fresh stool in people, but the  
7 results, so far, from the industry funded trials,  
8 in this population, have been disappointing.  
9 Seres Health, in 2016, reported in their capsule  
10 study, and I do want to -- there's a little caveat  
11 that Seres' product was not FMT, per se. It was  
12 derived from human stool, though it was ethanol  
13 treated to kill off vegetative forms, and it was  
14 basically clostridial spores, but there was no  
15 significant differences in those who received the  
16 placebo and those received the Seres capsules.

17           Rebiotix helped -- or presented an  
18 abstract form, and also, more recently, published  
19 results of their phase two trial, comparing  
20 placebo to a single FMT, or two FMTs, and,  
21 interestingly, two doses of FMT was not more  
22 effective than placebo, though a single dose of

1 FMT was. However, their -- a (inaudible) endpoint  
2 was resolution with two FMT enemas, and,  
3 therefore, their study was also not significant.  
4 So, lessons learned from all of this, delivery  
5 method certainly matters. Single dose enemas are  
6 less effective, and we see this from a couple RCTs  
7 now Lee study, Suzie Hota, in Canada, and then the  
8 Rebiotix results, very similar in efficacy to that  
9 single dose FMT.

10           Fortunately, freezing doesn't impact  
11 efficacy. So, we don't have to worry about  
12 keeping fresh stool around, and also, fortunately,  
13 capsules and colonoscopic FMT appear equally  
14 effective. So, we don't necessarily have to  
15 instrument these patients and put them through the  
16 procedural risks, and why are we having, you know,  
17 why are we having these difficulties, and I think,  
18 one of the things that the diagnostic challenge is  
19 around C.diff. Though, about ten years ago,  
20 everyone went to the PCR because it's more  
21 sensitive, and we weren't going to miss any cases.  
22 The problem is is we pick up a lot of colonized

1 people, and colonization rates are high, up to 15  
2 percent of healthy adults. I think that's a  
3 little high. I think it is closer to like three  
4 percent, but this was just from some Seres  
5 Hospital in-patients, up to 29 percent, and  
6 residents of long term care facilities, up to 50  
7 percent of these people are gonna test positive  
8 for C.diff, the organism, without actually having  
9 C.difficile infection, being said.

10 The other thing that we see, after  
11 C.diff, is post- infectious IBS, that occurs in  
12 close to 25 percent of people, where they may go  
13 on for a period of time, to have loose stools and  
14 diarrhea on and off, and some bloating, and  
15 discomfort, and that may, in the setting of  
16 colonization, be mistaken for a recurrence, and,  
17 you know, called that in a clinical trial, and  
18 treated as such. So, don't rely on PCR for  
19 diagnosis in these studies, and enroll from highly  
20 experienced FMT Centers because we're seeing this  
21 all the time.

22 In our center, we published 25 percent

1 of patients referred to me. It was a --  
2 subsequently, like 100 people, consecutively  
3 referred, and a quarter of them actually did not  
4 have recurring CDI. I didn't need to give them  
5 another treatment for the C.diff, and I found all  
6 kinds of things, and that's just the, you know,  
7 the list of things that I found. I found  
8 undiagnosed Crohn's disease, Celiac disease,  
9 lactose intolerance, three cases of fictitious  
10 diarrhea, people who just like to come to the  
11 hospital and get attention, and one of things that  
12 we found, interestingly, that there was an inverse  
13 relationship between age and these alternative  
14 diagnoses. The younger people in these trials are  
15 less likely to actually have real true C.diff,  
16 compared to older patients, and I think John's  
17 going to talk more next, a little bit about the  
18 Seres data, and, I think, that they did see more  
19 efficacy in the older groups in their paper, but,  
20 importantly, I think people were cured, and I  
21 think that that's kind of what, I think, happened  
22 with a lot of the patients, at the New York site,

1       in our study.

2               Some of them had been on continuous  
3       courses of Vancomycin for a very long time,  
4       waiting to see Dr. Brandt. He did not,  
5       necessarily, stop that Vancomycin, he said, "Okay,  
6       I'll enroll you in this study, and then we'll stop  
7       the Vanco three days before, and give you and  
8       FMT." but I think that a lot of them were probably  
9       already cured. One had been on a continuous  
10      course of Vancomycin for 148 weeks. That was an  
11      outlier, though, so. So, I think, keeping these  
12      things in mind with your study design, and how  
13      long patients should be treated with Vancomycin,  
14      prior to being enrolled in an FMT trial, is  
15      important.

16             So, to summarize, here, I think FMT  
17      works for C.diff. We just don't know exactly how  
18      well yet, but I'm certain that it works. It also  
19      appears to be very, very safe, and we need to  
20      really take into consideration these things when  
21      we're designing clinical trials. Who are the most  
22      appropriate patients to enroll? At what point in

1 the cycle of recurrence should it be, after the  
2 first recurrence, or a second, or a third? Should  
3 we be looking at FMT for a patients with severe,  
4 or severe complicated C.diff, or essentially lose  
5 their colon, or die, or even as a treatment for  
6 primary C.diff, and there's been a couple of  
7 papers, recently, suggesting that, maybe, instead  
8 of an initial course of Vancomycin, or Flagel,  
9 giving a dose of FMT, and then what should be the  
10 best end points, and for how long after, you know?  
11 Are we looking at eight weeks, 12 weeks, diarrhea  
12 free, of course, like the PCR, versus the enzyme  
13 iminoacetate? So, all of these things, really,  
14 should be important to those of you who are in the  
15 audience, who are looking to design a pill for us  
16 to use. So, thank you, very much.

17 MR. CARLSON: Thanks, Elaine. So, we'll  
18 move on to our final speaker in this session now.  
19 John Aunins is going to come talk to us. John's  
20 from Seres Therapeutics. He's going to talk about  
21 CMC considerations for microbiome-based products.  
22 John?

1                   MR. AUNINS: Thanks, very much, Paul.  
2           So, now for something completely different, as  
3           they say. So, the benefit of going late in the  
4           afternoon is that a lot of your intro slides have  
5           already been covered by people in various forms,  
6           and, so, you can kind of go through them. So,  
7           microbiome, as an interesting subject for a  
8           pharmaceutical development, is a fairly recent  
9           sort of evolution. It's paralleling in my mind.  
10          A lot of what went on were for stem cells, about  
11          20-25 years ago, where people first view them as  
12          tools to understand disease, next as targets to  
13          manipulate, and then only later to become  
14          therapies, and you can see that, in, sort of, the  
15          applications that people have started to develop.  
16          So, microbes as tools, obviously, as Vince Young,  
17          pointed out, people want to understand how their  
18          drugs are metabolized, but then also try to maybe  
19          sus out exactly which compounds bacteria is  
20          treating, to create new drugs.

21                   This is an approach that's kind of  
22          favored by the larger, more conservative players

1       in the industry. Microbes, as targets, I think,  
2       everybody would like to have surgical strike kind  
3       of antibiotics that only get the pathogen of  
4       interest, and don't have the collateral damage of  
5       the broad spectrum antibiotics that we currently  
6       have, and then there is a fair amount of research  
7       in prebiotics. If you look for interventional  
8       studies and [clinicaltrials.gov](http://clinicaltrials.gov), you'll find almost  
9       300 studies, on prebiotics, attempting to  
10      manipulate levels of microbiome components.

11               It's not obvious to me, I think, that  
12      there is a miracle food that you can eat that's  
13      going to cure you of disease, but, you know, there  
14      may be certainly concepts, like Xenobiotics, that  
15      we talked about in just second ago, that could be  
16      valid. What we're here to talk about, of course,  
17      microbes as therapies, where we're trying to, not  
18      so much, do antibiotic-like maneuvers of loss of  
19      function, but really have gained a function, or in  
20      some cases modulation of function, for example,  
21      for immune system, by replacing or altering the  
22      microbiome.

1                   I don't know that I need to really  
2   belabor the different types of microbial  
3   therapies. Clearly, we've got two different sets  
4   of equal here, the traditional probiotics, and  
5   then the newer area of gut commensals. I think  
6   the traditional probiotics -- these are,  
7   basically, dietarily acquired organisms. You get  
8   them with dairy products, fermented foods, and  
9   such, by and large, or the strains.

10                  I'll disagree with Dan Merenstein, in  
11   that, every time I talk, I'll update the  
12   clinicaltrials.gov search for interventional  
13   studies, and it keeps growing, and growing, and  
14   growing. It's over 11,000, 1,100 studies, over a  
15   110 in the past year, that I found. So, I think  
16   there's a robust amount research on it, but I  
17   think the results, by and large, have been -- seem  
18   to be modest, for various reasons, that we've  
19   heard this morning and this afternoon.

20                  I find it interesting, Bob Durkin didn't  
21   have a kind of an equivalent sort of metric, but  
22   since the -- they're a European equivalent, the

1 European Food Safety Authority, put in place a  
2 rule, that said, basically, "You can't make health  
3 claims, unless you submit a scientific dossier,  
4 and you proved your claim." It reviewed over 300  
5 of these things, and they've only approved one,  
6 and that was for a fairly obviously secretion of  
7 cobalamin, which is known to occur by bacteria.  
8 So, there's not a heck of a lot of evidence.

9 I also don't need to probably talk about  
10 safety so much as to -- because we've talked about  
11 that a bit. I don't know how many of you caught  
12 Bob's subliminal drawing of the lion, though,  
13 where he said there was something like 500  
14 inspections, and 7,000 production facilities.  
15 Work that out. It's about one inspection about  
16 every 14 years. Would it surprise you if things  
17 get a little sloppy in the interim? I think not.

18 Gut organisms, as we've heard, have  
19 gotten a lot of interest since the Human  
20 Microbiome Project came along, and the confluence  
21 of the C.difficile epidemic, and the advent of FMT  
22 as a potential curative for that. Clearly, FMT is

1       -- it's a good initial staff. It's doing great  
2       things for a lot of people. I think the efficacy  
3       in safety, as Colleen just described, is still a  
4       bit ambiguous, and could be further refined, and,  
5       of course, for any of these products that are made  
6       on gut commensals, I think, it says, yet, TBD,  
7       that they actually, you know, they put the proof  
8       in the pudding, too, for safety in efficacy, but I  
9       think it goes without saying, that where we would  
10      all like to go, is to get to designed microbiome  
11      therapeutics, which would be either single strains  
12      or a consortia of strains of purified organisms  
13      for the GI track. In some instances, such as our  
14      colleagues here from Senlogic, they might be  
15      genetic engineered for heterologous gene  
16      expression.

17               I don't think I need to go to this slide  
18      very much, either, because Vince Young described  
19      how, basically, the microbiome works as an  
20      ecology, how it has steady states, unless they're  
21      disrupted by certain events, such as pathogen  
22      infections, or broad-spectrum antibiotic use. I

1 think the interesting thing that came out of the  
2 Human Microbiome Project, is that, whereas, if you  
3 look at the strains of microbiological diversity,  
4 you see that everybody in this room would have a  
5 vastly different microbiome, but if you look at  
6 the gene content, as a functional diversity, it's  
7 fairly consistent, and so, I gave companies, like  
8 Seres, hope that you could actually, potentially,  
9 develop drugs that don't have to be, say, tailored  
10 to individual microbiomes, that you can simply try  
11 to design things that have the proper function,  
12 and replace that function.

13           As I mentioned in the last slide, so,  
14 whereas traditional probiotics tend to have very  
15 short half-lives, they wash out pretty much as  
16 soon as you stop dosing them. On the other hand,  
17 the gut commensals tend to stay persistent, and  
18 that's been seen in the trials of fecal  
19 transplantation, and other trials as well, and,  
20 here, basically, the idea is you take a disrupted  
21 disease ecology, and you're going to replace it  
22 and stabilize to some normal ecology. Per this

1       cartoon here, where you'll have microbes from your  
2       product that will engraft, and then they'll be  
3       augmented by other microbes that come along, and  
4       you get rid of your disease microbe, such as  
5       C.difficile.

6               This upper right panel, here, is data of  
7       engraftment, from the trial that Seres did, in  
8       ulcerative colitis, with a product called  
9       SERE-287, which is a spore composition, and,  
10      basically, what you can see is that, over the  
11      dosing period, depending on the regime that we  
12      gave, whether it was a weekly or daily dose, you  
13      get engraftment that starts to plateau out about  
14      day ten, and through the end of dosing, and so you  
15      can create a persistent change.

16             The interesting thing is that, after you  
17      stop dosing, a month later you still have the  
18      persistence of the microbes. So, they seem to  
19      have engrafted longer term, and that engraftment  
20      appears to change the structure of the microbiome.  
21      This is a principle components analysis plot that  
22      simply shows subjects who went into remission for

1     Ulcerative Colitis, versus those who didn't. You  
2     can see that you got a distinct difference in the  
3     structure of the microbiome. So, these are the  
4     kinds of things we're trying to do at Seres, is to  
5     develop drugs, in that vein, that are going to be  
6     commensal microbes, consortia of them, to alter  
7     disease, and our paradigm really is to use proof  
8     of concept, consortia, probe consortia, like FMT  
9     or other natural consortia.

10           Basically, take the results from studies  
11     of those interventions, which are really the gold  
12     standard, rather than using observational studies.  
13     Try to find organisms that seem to have impact,  
14     that are present in your drug, and are associated  
15     with success of your trial. Identify the  
16     metabolites that are associated with those  
17     organisms or those changes, and then try to map  
18     those pathways that are expressed by the  
19     organisms, and then devise novel consortia that  
20     you can use to develop into drugs, right? That's  
21     probably the novel part. More conventional is  
22     doing the screening for your drug candidates, in

1        vitro and in vivo, and really pulling from large  
2        stream libraries to construct those candidates,  
3        and then the next novel bit is the manufacturing,  
4        which what I'll talk about from here on.

5                So, there's several unique features to  
6        manufacturing consortia of gut commensal microbes,  
7        right? These are not your grandfathers'  
8        industrial microorganisms. They're not Chinese  
9        hamster ovary cells. They're not E.coli  
10        recombinants. They're not saccharomyces. Most of  
11        these have never been in any kind of an GNP  
12        production. They're generally strict anaerobes,  
13        quite often not aerotolerant. So, you have to  
14        keep them isolated from oxygen, and many of them  
15        are spore formers, which is a unique feature.

16                So, when we're making consortia bugs, we  
17        have to deal with a multiplicity of organisms in  
18        the product, making all of them, as you heard from  
19        Sheila, you need to, basically, be able to count  
20        them all. You need to make sure that you've got  
21        their culture behaviors down. You need to  
22        preserve them all. Make sure that they all

1 survive your formulation, and they get to the side  
2 of the gut, where you want to deliver them, and  
3 then you have to be able to count them, and then,  
4 last but not least, you need too be able to  
5 manufacture them in a GNP fashion. So, just going  
6 through those, the first bid is to actually be  
7 able to grow microbes, and just like the, you  
8 know, slides that you'll see with throwaways of  
9 ten times as many microbes, as human cells and so  
10 forth. You'll also hear throw away statements  
11 like, "99 percent of the human gut microbes are  
12 uncultivable or haven't been cultivated."

13 Well, it's -- there it is, for lack of  
14 trying, basically. Coming out of the Human  
15 Microbiome Project, there was a list of most  
16 wanted organisms. Seres has about 75 percent of  
17 those most wanted organisms in our strain  
18 libraries. The problem, from the CMC production  
19 perspective, is that, quite often, they are  
20 isolated in things that you wouldn't normally take  
21 into production, things like brain heart infusion  
22 augers, rumen fluid media, blood augers, and so

1       forth. So, the trick for the CNC guys and gals is  
2       to, really, to take that strain of interest, and  
3       be able to grow it in GNP acceptable media and do  
4       that in an efficient fashion.

5               So, we have a multi-stage screen that we  
6       use to, basically, get away from complex, and  
7       ill-defined and, perhaps, undesirable components,  
8       and get to something that's much better defined in  
9       an optimized process, and the trick is, there, is  
10      to have set up screening paradigms that make use  
11      of high throughput robotics, that make use of  
12      bioinformatics and Omex Technologies, in order to  
13      be able to do this with no -- a modicum of  
14      manpower applications, so you don't burn yourself  
15      out to death. I'll also note that, you know, you  
16      not only need to be able to adapt things and grow  
17      them in culture, but you also probably need to be  
18      able to optimize phenotypes. So, in Seres' case,  
19      we're interested in a lot of firmicutes, to date,  
20      and, so, we're interested, specifically, in  
21      sporulation, and optimizing that sporulation,  
22      especially in the GMP media, can be a complex

1       endeavor, and nevertheless, you know, we've  
2       managed to have pretty good success at doing this,  
3       and getting to productivities in our fermentations  
4       that are acceptable for future use.

5               The next thing I mentioned is  
6       formulation and delivery; similar problems, here,  
7       as you've got for the fermentation. You need to  
8       be able to preserve a range of phenotypes, right,  
9       and, here, you know, basically, your formulations,  
10      and chemistry, and processing has to be acceptable  
11      for grand negatives, for grand positives, a range  
12      of different types of organisms, cocci, and  
13      bacillus, and so forth, and, so, you need similar  
14      sorts of platforms, screening methodologies, which  
15      I'm not going to go through here, but sufficed to  
16      say, we can take some very sensitive clostridial  
17      strains, and do a lot better than what you can  
18      find for, say, commercial buffers.

19             So, this upper right panel simply shows  
20      losses are tighter through freezing, drying, one  
21      week and four weeks, at accelerated temperatures.  
22      We can substantially knock that down with pretty

1       straight forward optimization, and then lastly,  
2       well, before that, I'll just note that, I think,  
3       it's axiomatic that, once you get away from spore  
4       phenotype organisms, you're going to have to go to  
5       dried state.

6               It will, you know, other than perhaps  
7       some products that could be frozen as liquids,  
8       such as FMT, your ideal product is going to be an  
9       oral capsule. You want to be able to put that on  
10      a shelf, right, and so, you're going to be dealing  
11      with dried powders, and those can be challenging  
12      to handle because now you have to prevent,  
13      basically, aerosolization of the powders. You  
14      want to prevent exposure of powders to moisture, to  
15      oxygen, and so forth. So, that can be tricky to  
16      handle, and I'll just opine that it'll be a  
17      miracle if people get actually room temperature  
18      stable microbiome therapeutics, in general.

19             My guess is that most of them will be  
20      refrigerated, cold chain products, accepting the  
21      spore products. Lastly, delivery, of course, I  
22      think it would not be lost on anybody, here, that,

1       yes, as Colleen mentioned, people do prefer to  
2       take capsules, rather than have enemas, well,  
3       maybe rare exceptions, but you have to address  
4       bioavailability, and get your bugs past gastric  
5       acid, and bile acids, and, again, you know,  
6       basically there are multiple technologies, capsule  
7       types and coatings for capsules, or tablets that  
8       allow you to preserve the bacteria in the face of  
9       acid exposure, to the extremes. So, it can be  
10      done.

11                 Perhaps one of the more interesting  
12      aspects of CMC, or microbial therapies, is the  
13      quality control aspects, and, here, the challenge  
14      is to devise, basically, all of the elements of  
15      SesPQ to, really, thoroughly control your product.  
16      For safety, you can read in the live biologic's  
17      products guidance, you know, there's some  
18      motherhood in apple pie, there. Yes, you should  
19      know your bug sequence. You should have it  
20      characterized for antibiotics resistance, and so  
21      forth. You want to understand whether it's got  
22      prophage. An interesting feature is toxins. For

1 a lot of these gut microbes, you may not have a  
2 reference genome, or you may have a poorly matched  
3 toxin gene, and so, really, you may need to screen  
4 functionally phenotypically, rather than by  
5 genetics, to understand toxin expression.

6 Identity, that's pretty straightforward.  
7 Strength, initially, of course, you can use colony  
8 forming unit assays for species detection.  
9 Potency for activity, though, is an interesting  
10 concept, right? Even if you have a single microbe  
11 drug, it doesn't take very much thought to realize  
12 that, basically, even a single microbe has a  
13 secretum of hundreds, if not thousands, of  
14 compounds, right? So, unlike a, perhaps, more  
15 precise single molecule type biologic, where  
16 you're trying to hit one pathway and activate it,  
17 you're going to be doing polypharmacy, and, in  
18 some diseases, you may actually need polypharmacy  
19 to have an effect, and, so, devising these potency  
20 assays will be interesting.

21 The other thing that's really unique is,  
22 for gut commensals, is that USP6162 are not

1       generally useful. You will get product  
2       breakthrough on these, and, so, you have to devise  
3       ways of suppressing that product breakthrough, or  
4       enumerating it as being product among product.

5               Lastly, I'll just finish up by saying  
6       GMP Manufacturer of commensal organisms is also a  
7       specialized endeavor and complex. I particularly  
8       like this phrase that's taken from the FDA's 2006  
9       Guidance on Manufacturing of Spore Formers, is it  
10      -- basically, manufacturers are encouraged to  
11      identify alternatives if they can, right? If I'm  
12      not putting spores in my plant, I've got a  
13      problem, unfortunately. So, I have to deal with  
14      that, as would probably most people who are going  
15      to make products from gut commensals, and, so, you  
16      really have to make sure that you've got unique  
17      facility designs that have appropriate  
18      classifications, that have appropriate pressure  
19      gradients, so that you can both keep bugs you  
20      don't want out, keep your bugs in.

21              You need to supplement that with  
22      contained product operations. Try to minimize the

1 use of reusable equipment, so you have a minimal  
2 chance of cross contamination, and then use  
3 extensive decontamination procedures to make sure  
4 that you have address concerns of cross  
5 contamination, and, then, last, but not least, you  
6 also want to, basically, make sure that your  
7 environmental testing, that is, more or less, you  
8 know, well established for traditional biologics,  
9 will actually address the microbes that you're  
10 producing, so that you can detect if there was  
11 something left from a prior campaign, right, and  
12 then, you know, for consortia, basically, we have  
13 to deal with multi-strain product considerations,  
14 and being able to operate in a rapid fashion,  
15 right?

16           If we had to produce things serially,  
17 making a master bank, a working bank, and drug  
18 substance, and repeat that every time for, say 15,  
19 20 strings, you've got a campaign that's well over  
20 a half a year or more, right? So, giving --  
21 getting your procedural and temporal segregations  
22 down, and having appropriate decontamination, to

1 deal with that, is key to having elegant  
2 manufacturing. So, thank you, for your attention,  
3 and thanks to patients, to collaborators, and to  
4 all the internal team (inaudible).

5 MR. CARLSON: So, now we will have the  
6 three speakers from this session come up. We'll  
7 do about ten minutes of questions for them, and  
8 then, after that, we'll go on to invite the three  
9 speakers from earlier up, and we'll do the panel  
10 discussion. Anyone have any questions? All very  
11 clear?

12 MR. FORRY: Sam Forry, NIST. I wanted  
13 ask a clarifying question for the manufacturing  
14 controls, about what kinds of evidence you were  
15 able to present to the FDA, to regulators, to  
16 demonstrate the validity of your -- the analytical  
17 methods that you used to demonstrate that your  
18 control processes -- you have to provide those  
19 measurements in supporting validation  
20 measurements. What kind of measurements are you  
21 able to show to validate the protocols?

22 MR. RAO: Oh, there we go, yeah. It's

1       -- I don't think it's any different then any other  
2       biologic. There's a, perhaps, a slightly  
3       different spectrum, in the sense of you got a lot  
4       more microbiological assays, obviously, right, and  
5       so, you know, for example, on, say, bioburden  
6       testing, you're going to need to do a lot more  
7       extensive work to show that you're detecting your  
8       product, that you can pick out contaminants,  
9       right?

10               There are a fair number of  
11       sequence-based assays, too, which is probably the  
12       more novel thing, I think, for biologics  
13       production, and, you know, having validated  
14       sequencing, and, for that matter, data bases to go  
15       along with that sequencing. You can produce  
16       sequence, but then how do you interpret it? How  
17       do you know what it is, is a whole another kettle  
18       of fish, right, and how you validate that's a  
19       different story.

20               SPEAKER: John?

21               MR. AUNINS: Sort of a follow up to  
22       that, based on sequencing, so, you have an

1       organism, or a consortium of organisms, and we're  
2       very good at doing genome sequencing, and one of  
3       the things is purity, right? We talk about  
4       purity, and also derivatives, you know, a common  
5       thing in pharmacology is, "Oh, let's just throw a  
6       different methyl group, and we'll change these."  
7       At what point do we decide that, "Oh, how many  
8       single nucleotide variants do we have before we  
9       actually have to revalidate this as a brand new,  
10      or derivative drug?" quote, unquote, and the  
11      reason I'm sort of asking it is, can we really  
12      work this under the existing rules that we have  
13      for drugs, right now, in your opinion?

14               MR. RAO: Well, so, I mean,  
15      historically, or currently, I guess, you know,  
16      when you go to license a biologic same monoclonal  
17      antibody, you're expected to sequence the  
18      cassette, which is, you know, the 3,000 base pairs  
19      or something like that, so that you don't have  
20      mutations, or characterize them, whatever,  
21      understand that, a loci of insertion. That's  
22      pretty tractable and understood. I would agree

1       that it's, you know, once you're dealing with the  
2       five mega-base bacterial genome, how do you look  
3       at snips? How do you look at indels, and so  
4       forth?

5               I think, you know, the key thing, for  
6       all of this, is you need to show stability from  
7       your initial materials, and in your master bank to  
8       your final product, and then clinically  
9       demonstrate that the stuff works, right?

10              MR. FORRY: Yeah, I was just wondering,  
11       just a point of clarification. So, now, in your  
12       practice, are you using standardize preparations,  
13       or are you using related, or household contacts  
14       for donors? I mean, because it's changed a little  
15       bit. So, what's your current practice right now?

16              MS. KELLY: There we go. At this point,  
17       I'm using, almost exclusively, stool from open  
18       biome, and it's just a matter of -- it's the  
19       easiest thing to do --

20              MR. FORRY: Yeah.

21              MS. KELLY: -- and it really -- these  
22       patients are really eager to just get everything

1       done with, but if a patient requests that I use a  
2       related donor, I give them that option, and we go  
3       looking for one, and I do explain it kind of. It  
4       might take a little longer. There's no guarantee  
5       that the donor's insurance is going to pay for all  
6       of that laboratory stuff, and I don't cut any  
7       corners, even if they've been married for 50  
8       years. They go through all of the HIV testing,  
9       and everything else, so. Most of them opt for the  
10      open bile.

11               MS. WALLS: Thank you. My name is  
12      Isabel Walls. I work for USDA. In your talk, you  
13      mentioned, I think it was the lactobacillus  
14      reuteri, and it needs glycerol as a substrate to  
15      making reuterin, and, so, I'm wondering, when you  
16      do the clinical trials on, I guess, anybody, do  
17      you consider the substrate? Do you consider -- is  
18      it what the people are eating, and if so, do you  
19      control what people are eating, assuming they're  
20      in hospital, they're already sick. You should  
21      know what they're eating. Is that the substrate,  
22      and do you control for that when you do clinical

1 trials?

2 MR. AUNINS: Yeah, I think you should  
3 control for that, and so you either do that in a,  
4 you know, as you mentioned, a controlled  
5 population, like an inpatient setting, where you  
6 know exactly what they're eating, or what they're  
7 being given, at least, or you coformulate it, and  
8 the term symbiotic has been used a couple of times  
9 by some other speakers, and questioning, and  
10 audience members, and I think we'll hear a little  
11 bit more about a talk where a symbiotic was very  
12 successful in -- after a coformulation in  
13 preventing neonatal Sepsis, later today, but,  
14 yeah, I think, either -- you either -- it's so  
15 universal that you expect it be in anyone who's  
16 got a normal diet, or you co-formulate it, as it  
17 would be the way to go.

18 MR. RAO: I think we would fall more in  
19 the Stephen Freedman camp, that it's kind of  
20 futile to control what people eat, through the  
21 course of their disease.

22 MS. WALLS: Even when they're in

1 hospital?

2 MR. RAO: That I would have to defer to  
3 my clinical colleague, Shirley Trexess. That's  
4 who I would refer you to, her, over there.

5 MR. AUNINS: Yeah, I would just say, the  
6 clinician in the hospital, you can control what  
7 you order for the patient to eat, but what they  
8 actually eat is completely different, but --

9 MR. CARLSON: If no one else is going to  
10 ask a question, I can ask one. So, we had a talk  
11 on the use of probiotics for prevention of C.diff,  
12 and on use of FMT for C.diff. So, as clinicians,  
13 we have those options, what we do, I think. It  
14 seems like you are almost exclusively using FMT,  
15 or maybe it depends on the state where you're at,  
16 but, in practice, are using probiotics versus FMT?

17 MS. KELLY: So, this actually comes up  
18 quite a bit because all of these patients, once  
19 they've gotten over C.diff, if -- there's kind of  
20 like a PTSD. So, any time they're ever going to  
21 need another antibiotic again, or going to have a  
22 surgery, or anything, they're calling me and

1 asking me what they should do, and I -- actually,  
2 if they're not immunocompromised, I do tell them  
3 to take a probiotic, along with, and then for a  
4 period of time, like about a month afterwards, and  
5 does it work? Maybe. If it's going to really  
6 break the bank, and they can't afford it, I tell  
7 them, you know, there's not great evidence that  
8 it's going to do anything, but I think it really  
9 empowers them. They feel like they are doing  
10 something, and I think that that's meaningful, in  
11 some way. There are people who recommend giving  
12 antibiotics, along with, like, an anti-C.diff  
13 antibiotic, like Vancomycin, or Metronidazole,  
14 along with whatever antibiotic they're taking for  
15 their UTI, or their Pneumonia. I don't do that.  
16 Just knowing what I know about C.diff, it's caused  
17 by Dysbiosis. Just throwing another antibiotic  
18 into the mix never seemed like such a good idea,  
19 but that's, you know, that's definitely  
20 recommended by some other people.

21 MR. AUNINS: Yeah, I would echo those,  
22 those same responses that you -- and just add

1       that, most of the time, I don't have to make a  
2       recommendation about these things. Patients are  
3       telling me what probiotics they're already taking  
4       for their C.diff. Part of this is, you know, my  
5       filter, as an infectious diseases physician, I'm  
6       not seeing these patients, until they're on their  
7       third, fourth, sometimes, fifth episode, or more,  
8       of C.difficile, anyway, and, so, by that time,  
9       they've already gone on the internet.

10               One of the first things they found is  
11       probiotics for C.difficile, and they're just  
12       picking things, and, right now, my practice is I  
13       don't stop them, and I don't say -- and I say,  
14       "You know, I don't have much evidence, either way,  
15       to tell you what to do. I can tell you the  
16       evidence does show that there is some signal, that  
17       there might be some benefit here, but,  
18       specifically, the probiotic that you're choosing  
19       to take, I have nothing, I have no guidance to  
20       give you on that, specifically." I have been  
21       using Kefir a lot more, so, you know, not a  
22       probiotic, according to the strictest definition

1       in undefined consortia. It's just a yogurt drink.  
2       It doesn't taste particularly good, in my opinion,  
3       but my patients like it, and they drink it when  
4       they have C.diff, and we have some uncontrolled  
5       data. Again, the (inaudible) case series,  
6       suggesting that there maybe some efficacy there.  
7       So, I certainly don't stop them, but I take kind  
8       of a more balanced approach of -- I don't even  
9       have to bring it up, and part of this, also, is I  
10      practice at the University of Michigan, in Ann  
11      Arbor. We draw from wide catchment, but a lot of  
12      our patients are, you know, educated.

13               Some of them are coming in with notes  
14      and printouts from web pages that they've  
15      researched. So, it's a different crowd, but,  
16      usually, I don't have to bring it up in clinic.

17               MR. CARLSON: Any other questions? If  
18      not, I'll invite the eight -- you have one more.

19               MR. AUNINS: Well, I will say that there  
20      have been studies looking at fresh and frozen, as  
21      we've heard, and the frozen preparations. There  
22      will still be spores, spore fraction in that

1 stool. So, they're -- it's not killed, per se,  
2 but it's certainly reduced in terms of the  
3 vegetative contact there, but then, also, people  
4 have -- recently, there was a case series. I  
5 don't remember which group it was, but it was  
6 about five patients, I want to say, that were  
7 successfully treated with FMT. These were fecal  
8 filtrates, and they were submicron filters, where  
9 they actually tried to do cultures afterwards.  
10 They weren't able to culture any bacteria. So,  
11 certainly, there could have been viral particles,  
12 and other microbes in there, but not bacteria, and  
13 those patients were all cured. Now, that's just a  
14 case series, again, uncontrolled data, a series of  
15 five, but I don't know that we've established,  
16 completely, that microbes, themselves, are the  
17 necessary component of stool, when it comes  
18 therapeutic effect.

19 MR. RAO: Just to add to that, you know,  
20 and Seres was trying to develop our C.diff drugs.  
21 We wanted to understand whether it was the  
22 bacteria or not, and, so, we did do animal

1 studies, where we took the material, the spore  
2 fraction, 0.2-micron filtrates, 300 kilodalton  
3 ultra filtrates, two kilodalton with revolt rates,  
4 and, basically, you saw elimination of the  
5 activity, once you take the bacteria out.

6 MR. CARLSON: Okay, so, with that, I'll  
7 invite the three speakers from earlier up on to  
8 the stage, too. We only have two. Oh, we had one  
9 that had to leave. Okay, two speakers from  
10 earlier, and my co-moderator, Suzy's going to come  
11 back, and we'll have a discussion of all of these  
12 topics.

13 DR. MCCUNE: I just will say that,  
14 unfortunately, Dr. Neu had to leave us. He had a  
15 plane to catch, and, with all of the plane issues  
16 going on, didn't want him to, potentially, miss  
17 his flight. So, unfortunately, he won't be  
18 joining our panel, but we have five panel members.  
19 Do you want me to start?

20 MR. CARLSON: Yeah, go ahead.

21 DR. MCCUNE: All right, so, we had  
22 talked about having a number of questions, for our

1 panel members, but we would like to encourage  
2 folks from the audience. Earlier, there was a  
3 good discussion that was going on this morning  
4 already. We have three slides worth of questions.  
5 This one is the most packed; first one, talking  
6 pretty much about the microbiome; the second one,  
7 really talking about organisms in general, and  
8 then the third, really, about logistics, which is  
9 kind of the areas where I think we've been headed  
10 this morning.

11           So, while you're coming up with your  
12 questions to ask the group, and, actually, I would  
13 encourage if the group has questions for each  
14 other, to think about that, but what we had  
15 thought up front, in terms of just talking about  
16 the microbiome, under all of the different  
17 circumstances that we've heard this morning, is  
18 how do we characterize the path of physiology of  
19 all these different illnesses, with respect to the  
20 microbiome? Do we need to personalize therapy,  
21 based on an individual's microbiome? How  
22 important is the strain selection, and the

1 treatment of a given indication, and for products  
2 with bacterial consortia? How important is  
3 strained synergy, and we'll get a little bit into  
4 the strains, in the second slide, as well, and  
5 then how do we differentiate treatment from  
6 prevention, and then how can current associative  
7 data be used to support clinical decision, and or  
8 to advance a development of new products? So,  
9 we'll throw all of those out there. You know,  
10 it's kind of -- you can pick a question you would  
11 like to start with. You can ask one of your  
12 co-panelists a question, and I would like to  
13 encourage the audience to come up and have  
14 conversation. We are probably going to stick with  
15 this for about 15 minutes or so, and then kind of  
16 go on to next group, but --

17 PANEL MEMBER: I'm happy to tackle a  
18 little bit. Less on the microbiome, as it relates  
19 to gastroenteritis, but more on the pathogens,  
20 which I think is really important. So, the  
21 advances, now, in diagnostic technology has been  
22 great, and, so, there are multianalyte syndromic

1 panels that are available on the market. They  
2 have their own challenges on the clinical side,  
3 but from a research side, they do enable good  
4 characterization of the infectious agent because  
5 not all diarrhea is the same.

6           You don't always even find the pathogen  
7 in -- I think the comment was a lot of C.difficile  
8 infection referred for fecal transplants aren't  
9 even C.diff, and they've got other diseases. So,  
10 I think that really helps us talk -- know what  
11 we're talking about, and that we are able to  
12 separate apples from oranges, and be able to  
13 figure out probiotic or agent disease, meaning  
14 which pathogen is actually causing the symptoms,  
15 is really, really important, I think, in terms of  
16 where our research should be at, at this point, in  
17 terms of gastroenteritis, and just kind of broad  
18 treating. Broadly treating all of them the same  
19 is probably not the way to go, and some of the  
20 studies that we did, we're actually now looking at  
21 that. We have that data. We're just getting into  
22 deeper analytics on that, and then the other piece

1 is, also, to characterize the disruption in the  
2 microbiome, and then the healing from the acute  
3 episodes, as well.

4 So, we've been collecting stool down,  
5 five days down the road, and 28 days down the  
6 road, in these kids, after the randomization of  
7 probiotics, or not probiotics. So, we can start  
8 looking at the impact on that, as well.

9 PANEL MEMBER: (inaudible) a little bit,  
10 just again, that, to talk a little bit about the  
11 IND issues, and I was really happy to hear the  
12 discussion that was earlier, that talked about  
13 how, with dietary supplements and foods, that we  
14 really don't need to have structure -- INDs for  
15 structured function, endpoints and studies, which  
16 I think is a huge declaration to come out of this,  
17 and I know it's part of the guidance documented.  
18 It was just good to have that reaffirmed, and  
19 that, you know, use of endpoints that are focused  
20 on reduction of risk of disease, also, probably  
21 don't need an IND, necessarily, and that's great.  
22 I guess the one other component that I

1       wanted to talk about, in terms of the insistence  
2       that human studies and probiotics be conducted  
3       under INDs, has to do with is it the guidances and  
4       the FDA stances that have occurred in the past,  
5       that I think are, you know, cast the net quite  
6       broadly, in terms of how they view drug endpoints,  
7       and now I -- granted, there is a definition,  
8       treatment, cure, prevention of disease, but I do  
9       think there have been some judgements that FDA has  
10      made. For example, the example of antibiotic  
11      associated diarrhea was brought up.

12                 So, right now, in FDA's mind, or  
13      interpretation, any substance that's used to  
14      prevent side effects of antibiotics would, in  
15      itself, be considered a drug application, and my  
16      point is, is that, that's actually a judgement  
17      call on FDA's part, and I think to the extent that  
18      studies can be conducted in reasonably healthy  
19      people, that are safe studies, on endpoints that  
20      you may be able to consider structure function,  
21      you may be able consider disease, that, to the  
22      extent that they're safe and it can pave the way

1       for innovation in the food and dietary supplement  
2       category. My appeal is just to see if the FDA  
3       would be willing to just consider those things a  
4       little bit more broadly, so that we don't have  
5       such a narrow view of what a structure function  
6       claim is and what (inaudible), versus a very broad  
7       view of what is encompassed on the (recording  
8       fading out)

9                   PANEL MEMBER: I'm not a clinician  
10       treating patients, but, I guess, you know, I'm a  
11       bit mystified, I have to say, coming from a, you  
12       know, person who's worked in the pharmaceutical  
13       industry for around 28 some years, about the, you  
14       know, the seeming confusion, and, I guess, my  
15       question back to you would be what do you want to  
16       do with the information, and it seems like what  
17       you want to do is you wanted to make a claim about  
18       a treatment or cure of a disease, and if that's  
19       you do, you know, it's the old drag racers' run  
20       what you brung, put up or shut up. You know, do  
21       the rigorous trials, under IND, prove efficacy,  
22       prove safety, and show that your product's under

1 control, and get a license.

2 PANEL MEMBER: No, and I completely  
3 agree with you, that there is -- conducting a  
4 trial, not under the IND rubric, does not  
5 compromise safety or appropriate design of  
6 clinical product or product definition. All of  
7 those things are assumed.

8 PANEL MEMBER: You know, doing studies  
9 in healthy people who are seeking to, you know,  
10 have supported organs or better, this is different  
11 than doing it in somebody who's diseased. I think  
12 that's --

13 PANEL MEMBER: No, and that's a fair  
14 decision in itself.

15 PANEL MEMBER: -- and there you need  
16 that -- you need to take care, and you should have  
17 a lot of -- a lot more controls, that really call  
18 for IND filing.

19 PANEL MEMBER: And I'm not objecting to  
20 that. What I'm -- when you said, what's the goal?  
21 The goal is to provide dietary support for people  
22 who need it, either healthy people who are at risk

1 of developing something, or someone who may be  
2 considered generally healthy, a child going in for  
3 an antibiotic for and ear infection, that may be  
4 able to use dietary support to be able to prevent  
5 the development of some kind of side effect, or  
6 worse, where you might get -- you get, you know,  
7 some kind of pathogen emergence because of the  
8 antibiotic treatment, and if a dietary approach  
9 that doesn't require getting a prescription, and  
10 something that's generally available, as long as  
11 it is safe, and you want to look at it from the  
12 research point view, and you control the study  
13 properly, you make sure the safety is there, and  
14 the manufacturing is appropriate, I don't think  
15 that it serves anybody the course that, into the  
16 drug rubric, when the intent is never to market a  
17 drug. The intent is to market dietary supplement.

18 PANEL MEMBER: But, we can probably  
19 continue this over a lot of beers, but you still  
20 seem to be going back to -- you're talking about  
21 at risk populations, and so --

22 PANEL MEMBER: Well, I mean it's --

1                   PANEL MEMBER:  -- if there's an at risk,  
2           then --

3                   PANEL MEMBER:  -- I'm saying either,  
4           prevention in healthy, or there are at risk, but  
5           we currently allow foods to address at risk  
6           people.  I mean, an at-risk person who -- with  
7           lactose intolerance has to eat the lactose reduced  
8           foods.  They are at risk for developing symptoms  
9           from consuming too much lactose.  A person with  
10          high cholesterol is considered to be at risk, but  
11          that's a general population targeted group, where  
12          you can use foods to address that, and my point  
13          is, is a child taking an antibiotic for an ear  
14          infection, is at risk of developing some kind of  
15          intestinal potential problems, and I'm not saying  
16          there isn't room for drugs.  There obviously are.  
17          I'm just asking for there to be more room for  
18          dietary support for conditions like that, but you  
19          are absolutely right.  You have to have the same,  
20          you know, you have to have good control of the  
21          study.  It has to be properly designed, properly  
22          powered, all of those things.

1                   I'm not talking about study quality  
2           here. I'm talking forcing it under the drug  
3           rubric, where it -- there really isn't intent.

4                   PANEL MEMBER: So, can I just add into  
5           this mix? I would love to hear a further  
6           discussion of -- one of the questions that's up  
7           there is about the strain selection, and what are  
8           you using to be able to do the studies that you  
9           wanted? Now, I --

10                   (inaudible)

11                   PANEL MEMBER: -- no, because that --  
12           you want to do studies, but I'm just curious as to  
13           how you do the strain selection associated with  
14           that?

15                   PANEL MEMBER: There's many different  
16           ways to go about doing strain selection. I think  
17           we heard some preclinical type studies that have  
18           been conducted, already, today. To me, that's the  
19           science behind it. You develop your hypothesis  
20           base whenever -- whatever preclinical data you  
21           have, but, to me, that's not really germane to the  
22           regulatory conversation because you have to

1       determine safety of whatever intervention you're  
2       going to define, or dietary intervention you're  
3       defining, and I'm not sure why it's important to  
4       tease apart the exact rational for a particular  
5       strain to be chosen.

6               PANEL MEMBER:   Safety is part of your  
7       strain.

8               PANEL MEMBER:   Sure.

9               PANEL MEMBER:   Right?

10              PANEL MEMBER:   Oh, no, of course, yeah.  
11       I mean, that's -- I'm sorry if I didn't make that  
12       clear. Obviously, you have to choose strains that  
13       are safe, yes.

14              QUESTION:   May I ask you a question  
15       because I really -- what are you proposing to  
16       develop? Is it a food with probiotics in it, like  
17       accepted probiotics that we know is -- I mean,  
18       lactobacillus GG oswedus, or is going to be a food  
19       with some other strain, but don't have that long  
20       history that we have with probiotics, like  
21       strains, from, like, someone's gut, or something?  
22       That's what -- what are you exactly talking about

1       doing?

2                   PANEL MEMBER: Oh, I think what I was  
3       talking about is more kind of the old school  
4       stuff, in terms of set strains that we know quite  
5       a bit about the safety. We've got good history of  
6       safe use. They're on the European QPS list, okay,  
7       were you know what's going on with them, for the  
8       most part, in terms of a safety assessment, but I  
9       think the broader question could be relevant to  
10      next generation probiotics, where you say, "Well,  
11      then, if we do find some halobacterium, or  
12      something that looks interesting, would that be an  
13      appropriate addition to a food?" but, that, I  
14      don't think is such a difficult question. You  
15      just have to go through the proper safety  
16      evaluations, and you have to submit that (audio  
17      faded) class act, you know, affirmation or a  
18      notice, and get a ruling on it.

19                  PANEL MEMBER: Alright, and you wanted  
20      to address one of the questions.

21                  QUESTION: We have a question from our  
22      overflow room.

1                   PANEL MEMBER: One minute.

2                   PANEL MEMBER: I want to address the  
3 question. Do we need to personalize a therapy  
4 based on individuals' microbiome? I get that  
5 question a lot. It's been in the news a lot after  
6 the two Cell studies, and I think it's a sort of a  
7 red herring question. I think the answer is  
8 clearly, yes, we would love to do that, but to  
9 pretend we're anywhere close to that, in medicine,  
10 is really to -- not to understand what we're doing  
11 in medicine. We do that, and people can just --  
12 treated me for a few Cancers, and that's almost  
13 it.

14                   You know, people have been talking about  
15 it for 20 years. You're going to get a genetic  
16 test, and then I'm going to tell you if you take a  
17 betablocker, or an ace inhibitor, but we're not  
18 close to that yet. So, for a few Cancers, we do  
19 it, maybe sometimes for IBD, and I know we looked,  
20 maybe not, even, but it's very few things we  
21 personalize treatment for, and to pretend that you  
22 need to do that for probiotics, I think, is

1       inaccurate.

2                   Now, I think it would be great, if we  
3       could do it, but, we're, you know, we're probably  
4       50-60 years away from even being close to that.  
5       So, I think, it's a, and again, I think it's more  
6       than addressed because I get that question all the  
7       time, and often as people, like the self-authors,  
8       who are selling sometime in personalized medicine,  
9       and then publish something that says you need  
10      personalized medicine, which is a little  
11      suspicious.

12                   QUESTION:   LD-30, go ahead.

13                   QUESTION:   Hi.   This is Joella Woolston.  
14      I'm from a company called Intralytix, in  
15      Baltimore, Maryland, and I was hoping the panel  
16      could address the question: how do we  
17      differentiate treatment from prevention?  The  
18      question is specific to --

19                   PANEL MEMBER:  I have the same --

20                   QUESTION:   -- okay.

21                   PANEL MEMBER:  -- same question that  
22      Mary Ellen had earlier.  Maybe I'm unable to ask

1       it eloquently. We are not against saying that it  
2       has to be a characterized strain of -- the CMT has  
3       to be wonderful. It should be 100 percent safe,  
4       but, then, if it is, I can give an example of  
5       vitamin D. So, if you give it in really high  
6       dose, of course, it has to be on a prescription,  
7       but you're still selling it over the counter.  
8       People can take it in small amount. Imagine  
9       something like that, that it hasn't reached that  
10      stage of development. Are you going to stop  
11      vitamin D trials and research, and demand that all  
12      vitamin D research should be done under an IND, or  
13      would you still let, and vitamin Bs, all other  
14      vitamins be sold? What do you see, and at the  
15      same time, concurrently, double up high dose  
16      vitamin D as a drug for a particular medical  
17      ailment?

18                   PANEL MEMBER: I think -- very different  
19      situation. I mean, you're using a vitamin as a  
20      comparison, here, and I just want to -- this is  
21      also off topic, but the panel is meant for  
22      discussion with our panelists and our speakers,

1 not for direct questions to the moderators and to  
2 the FDA. So, let's go ahead and address the  
3 questions.

4 QUESTION: I have a question for the  
5 actual panel. Are you guys ready? So, I  
6 represent an organization that works for advocacy  
7 and education for a peaceable -- and caregivers  
8 for people with C.diff. So, I feel like the FDA  
9 has drug its feet on determining what a fecal  
10 transplant is, or what that is, as a product. Is  
11 it like blood? Is its own thing? Is it a drug?  
12 Is it -- and, maybe, it's potentially all of those  
13 things, but what I would be interested to hear,  
14 from each of you, as possible, and I think  
15 probiotics would fall under this, too, is like,  
16 would determining a designation of these things,  
17 what would be the pros and cons of that? Like,  
18 would there be the pro of, like, this is its  
19 category, we understand it, we can move ahead with  
20 it, and would the con be this will limit us in the  
21 way that has kind of been addressed, in talking  
22 about some of the probiotics, with like, "Well,

1       this isn't a drug. It's a probiotic, but if you  
2       want to use it this way, it is drug." Because, as  
3       a lay person, this all sounds really arbitrary.  
4       Like, it doesn't come across as driven so much by  
5       science, as by arbitrary rules that -- we could  
6       get into how those rules get established, but it  
7       doesn't feel very science-y, it feels very  
8       lobbying indeed. So, just curious what you think  
9       the pros and cons are?

10               PANEL MEMBER: I'll just start with  
11       that. When I obtained the IND to do my clinical  
12       trial, and I do it through, at that point still,  
13       the pre-IND process, and I didn't really  
14       understand what I was doing. I was kind of going  
15       for -- I really looked at fecal transplant as a  
16       transfusion, or as a -- almost like you would like  
17       at an organ transplant, and, you know, you would  
18       screen a donor, make sure they don't have any  
19       underlying diseases, or any communicable problems,  
20       but I was told, that, no, it's drug, and it's a  
21       biologic.

22               For this reason, and my understanding

1       was that because it is excreted, and things that  
2       are excreted can't be in the transfusion paradigm,  
3       and, you know, correct me if I'm wrong, but I  
4       think a lot of us have been thinking about this,  
5       and thinking that you're right. We're kind of  
6       trying to kind of jam, sometimes, like a square  
7       peg into a round hole, making some of these whole  
8       stool very complex FMT's, you know, what we're  
9       talking about, like multiple microorganisms, and  
10      how they might be interacting with each other, you  
11      know, coming from these, you know, fresh stool  
12      from donors, and what we can learn from that, and  
13      trying to say that that's a drug because it's very  
14      difficult to have it, the identical batch per  
15      batch, and all the things that you have to do to  
16      have a drug.

17               I know, in the audience, here, and  
18      whether -- you know, I was part of a working group  
19      at University of Maryland, that Diane Hoffman put  
20      together, to kind of talk about going forward, and  
21      had regulatory aspects of gut microbiome  
22      therapeutics, and, really, the outcome of that was

1 published, last year, in Nature. I think it was  
2 very interesting to look at, maybe, whole stool  
3 FMT, done from -- just like a patient of mine, who  
4 wants to use his wife's stool to treat his C.diff.  
5 That's the practice of medicine.

6           The FDA doesn't need to be involved.  
7 It's me. It's my hospital. That gives me  
8 privileges. It's my state medical board that  
9 makes sure that I'm doing things appropriately,  
10 and then as you kind of move up the ladder, and  
11 things become either more characterized, or, you  
12 know, you go to the level of, like, open biome  
13 that has a stool bank. Obviously, they're doing a  
14 great job, but not -- you can't trust that anyone  
15 couldn't open up a stool bank and just start  
16 shipping stool all over the place.

17           There needs to be some oversight, and  
18 that might make more sense in the kind of tissue  
19 transplant, almost transfusion paradigm, and then,  
20 as you get into things that are more and more  
21 characterized, that you're looking to encapsulate,  
22 and sell as a drug, then, maybe, that would make

1 more sense for, like, the IND, and the typical  
2 drug pathway.

3 So, again, so not my idea, it came out  
4 of a huge working group, but that was really, you  
5 know, kind of put together as, maybe, one solution  
6 to all of this.

7 PANEL MEMBER: Hi, sorry, if I can just  
8 also talk about probiotics a little bit, and maybe,  
9 I think, the reason -- even though we're talking  
10 about probiotics, actually, in a way we never talk  
11 about antibiotics. We don't talk about  
12 antibiotics are good for, we talk un-antibiotic, a  
13 dose, a regimen, a duration, and an indication,  
14 and we really talk about it that way, and,  
15 actually, I think -- once again, I'm willing to  
16 get things thrown at me.

17 I think the probiotic industry, the way  
18 it's marketed of, it doesn't make sense to most  
19 clinicians that all 700 probiotics available at  
20 Wholefoods, today, are all good for everything,  
21 and, if we are not -- I mean, I'll say, I think  
22 they should be studied, well, rigorously and

1 regulated, and they should be regulated like a  
2 drug, and then, you might be able to get at some  
3 of Dan's comments of why aren't we using them  
4 because I think the way that the industry has set  
5 itself up, it doesn't conform to the way most  
6 clinicians like to think of. A probiotic is good  
7 for this, in this patient, for this long, at this  
8 dose, and I think, as long as we talk about  
9 probiotics, like, for one thing, I mean, there's  
10 how many, 10 million in our, trillion in our body,  
11 sorry, and number of brands out there. If we talk  
12 about it like that, as -- to clinicians, I think  
13 we glaze over because it just doesn't register  
14 with us, the way talking to me about his drug for  
15 this treatment, in this patient does, and I think  
16 that I actually would encourage regulating it  
17 more.

18 I hate to say this, but the more we  
19 regulate it, the more people will use  
20 evidence-based therapies, and feel comfortable in  
21 them.

22 PANEL MEMBER: So, no, no throwing

1 stones. I was just going to elaborate on one  
2 other reason why. I don't envy the role of  
3 regulators, when it comes to fecal transplant,  
4 because, you know, on the one hand, don't do this,  
5 but if you were to Google fecal transplant, and go  
6 to YouTube videos, you will see that people are  
7 doing this stuff, and sometimes it's very  
8 sophisticated, sometimes turkey basters, and  
9 things are involved, and the other thing that I  
10 didn't mention is, in addition to taking  
11 probiotics, a lot of the patients that I see, have  
12 tried fecal transplant on their own.

13 I don't know if you've encountered this,  
14 but it's not super common, but it's getting more  
15 common now than it used to be. I think, a large  
16 -- to a large degree, because this is kind of a  
17 limbo zone, and it's not clear, and the patients  
18 are desperate. They do get desperate that, you  
19 know, there is enough regulation of this, that  
20 it's not, you know, wide-spreadly, you know, it's  
21 not available at your local community physician  
22 for a lot of patients. So, that's why they're

1 coming to places, like universities, to receive  
2 this treatment.

3 So, on the one hand, you know, there is  
4 unregulated use happening. On the other hand,  
5 although, I think, it is safe in the short run,  
6 is, you know, from the data that Colleen showed  
7 us, that in the long run we don't know, and I tell  
8 my patients this, that I'm treating your  
9 C.difficile, right now, but I don't even know how  
10 to answer their question of whether 10 years down  
11 the line, did I give you Diabetes, did I give you  
12 higher risk of obesity, or cancer, and those are,  
13 I think, that's one of the roles of really trying  
14 to characterize this, and establish, you know,  
15 better precautions, and actually be able to answer  
16 some of these questions that regulation can have.

17 PANEL MEMBER: Two things. One, I agree  
18 with most of that. Although, I'd say that, you  
19 know, we don't know that for lots of things.  
20 We're just learning that statins now, one in a  
21 hundred people get Diabetes from a statin. You  
22 know, we didn't know that for years. We have

1 everyone on a statin, right? So, you need to  
2 follow these long-term, as you called it. I would  
3 say, when you get back to over-regulating  
4 probiotics, that the way it's set up now, and the  
5 way they're defining on an IND, is I can't  
6 actually go to the supermarket -- I can't go to  
7 Wholefoods, and pull a product and try to study  
8 it.

9 I've talked to the FDA about that.  
10 Unless the company wants to work with me, and help  
11 me get the IND, so regulating it more, I think,  
12 would cause more problems, actually.

13 PANEL MEMBER: And I would concur  
14 completely, as I couldn't get an IND for one of  
15 the drugs we wanted to study. So, how you get an  
16 IND, is a different process. Let's not go there,  
17 but, conceptually, I think, doing studies  
18 properly, and doing them, you know, in controlled  
19 manners, and under proper regulations is the way  
20 to go. How that's regulated, I'm not even going  
21 to touch on that, I didn't go there.

22 PANEL MEMBER: And this really gets into

1       some of the questions we have. I've switched to  
2       the second slide, here. On this slide, talking  
3       about how do we ensure that the product is what  
4       the product supposed to be, the high quality and  
5       reliability, in terms of, consistent manufacture  
6       and purity, and then we can get into the some  
7       questions about symptoms verses inpatient, but,  
8       again, I think, regarding, it's best to (recording  
9       fades out) I would like to hear, at some point  
10      from those who are conducting clinical trials for  
11      FMT products, that -- to weigh in on some of these  
12      questions (recording fades out)

13               PANEL MEMBER: So, I think one of things  
14      that I've heard, in all of your talks this  
15      morning, whether it's NEC, C.diff, you know,  
16      antibiotic associated diarrhea, and I think also  
17      the paper that was published at the Watson  
18      Institute, last week, started to, I think, open up  
19      the question, as far as why are we seeing efficacy  
20      in one sub-population, you know, and potentially  
21      damage in another, and I feel like we've amassed a  
22      substantial amount of data, but we keep just

1     trying to do studies to understand efficacy  
2     without looking at some sort of diagnostic tool,  
3     or resp -- like really digging into responder,  
4     non-responder dynamics. So, I guess, my question  
5     is would a tool like this be helpful, and,  
6     obviously, it would have to be condition specific  
7     to some degree, and maybe gender or population  
8     specific, but do we have, I guess, the questions  
9     are: do we have enough information in the field,  
10    right now, to start creating some of these tools,  
11    like they did in the Cell paper, where they  
12    created an algorithm, based off the experiment  
13    they ran, and then, you know, validated the  
14    algorithm. So, can we start moving in that  
15    direction, as a way to, kind of, overcome some of  
16    the challenges that we're seeing from a  
17    personalization perspective, and help prove  
18    efficacy in a better way, maybe help you guys out  
19    a little more?

20               PANEL MEMBER: Well, yeah. I mean, I'm  
21    not the microbial ecologist on the panel, but I,  
22    you know, I will say that, I think, we're not at

1     that stage, yet, and I think we might have the  
2     tools that it takes to get there. I mean, you  
3     know, as has been brought up, there's the whole  
4     idea of anatomy versus physiology. It was on Dr.  
5     Young's slide, and, I think, and, John, you talked  
6     about it, about how the structure of the community  
7     is something -- is one thing, but you can have  
8     lots of different structures that functionally  
9     perform the same functions, and look the same,  
10    and, so, we're very good at -- we've gotten very  
11    good, I think, with next generation sequencing, at  
12    looking at structure, at looking at 16S, but we're  
13    not quite there, yet, when it comes to bridging  
14    those various disporous structures, and figuring  
15    out what the functional phenotype is from a  
16    different set of structures, just yet. Maybe,  
17    once we get there, I think we'll be able to make  
18    better progress at individualizing therapeutics,  
19    but not, not quite yet.

20               PANEL MEMBER: Yeah, I guess I would  
21    just add to that, by, you know, again, going back  
22    to what I was trying to say about the sort of the

1       bedside to bench to bedside paradigm. You need to  
2       do the interventional controlled trials. You need  
3       to be taking specimens, whether it's stool  
4       specimens, tissue specimens, and then you have to  
5       use all of your powers of analytics to try to  
6       figure out what's going on, and why things work,  
7       in order to really build a true understanding, and  
8       yet, every -- you know, that's what we are trying  
9       to do at Seres, and I would assume, a lot of other  
10      people are as well.

11               PANEL MEMBER: As I was mentioning, I  
12      mean, we want to diver deeper into our negative  
13      studies because there may be populations in there,  
14      whether it be pathogen or response, that will  
15      actually tease out. Maybe there are certain  
16      responders in here, and who those are. Then, down  
17      the road, you can decide whether you use that  
18      therapeutically or not, but I think 100 percent.  
19      Actually, negative trials are almost more  
20      important to find out why it didn't work.

21               PANEL MEMBER: All respect to our hosts,  
22      I would like us, for just a moment, not to talk

1       about regulation, and remove that, and have a  
2       philosophical argument because we have this  
3       tension here. I hope it doesn't take 56 years  
4       before we can do precision medicine, okay, but  
5       there's a tension between doing science, someone  
6       already said science, as a bad word, you know, has  
7       become, has this other meaning about being  
8       science-y, et cetera, but how do we balance the  
9       time it takes to do studies, both preclinical and  
10      clinical, and amongst the clinicians, the desire  
11      to do something for our patients, in the here and  
12      now, and what have you guys used to try to kind of  
13      -- there are two opposing things.

14                 One takes longer time. One, you have a  
15      patient sick in front of you. What have you been  
16      doing to try to kind of balance that sort of  
17      tension, outside of regulation? Okay, forget  
18      about whether or not you get in trouble doing it.  
19      How do you balance it?

20                 PANEL MEMBER: So, to me, that gets to  
21      where you do the -- the question was asked, number  
22      needed to treat, versus number needed to harm, and

1 I wish Dr. Neu was here because that's, to me, is  
2 the question when it comes to the -- to Nec issue  
3 because, as long as you can get a safe product,  
4 which I -- there's no one going to disagree with  
5 that. You need a safe product that's not  
6 contaminated, that's been studied. It seems like  
7 that's the kind of thing where you look at it, and  
8 you say, the number needed to treat, versus the  
9 number needed to harm, and you need to try  
10 experimental, before the evidence is there, and I  
11 would agree the evidence is not there for all the  
12 things, but that to me is a clear-cut thing, and,  
13 I think, it's same with FMT, but, you know, and  
14 lots of other indications.

15 PANEL MEMBER: The other thing that  
16 going on a bit more in Europe, than it is in North  
17 America, I think, are registry-based trials. So,  
18 I think, there are certain ways of capturing a lot  
19 of data, and actually I'm starting to plan a  
20 clinical trial of a diagnostic device, but I'm  
21 going to embed it into care.

22 So, it's going to be embedded into care,

1       it's not going to be a therapeutic option, and  
2       then collecting the right data to answer the  
3       questions at large scales. So, I think about --  
4       registry based trials are probably the wave of --  
5       thing to look forward to of being able to capture  
6       all the patients who are getting FMT's or C.diff  
7       at an institution, or health care networks that, I  
8       think, capture a lot more data.

9               PANEL MEMBER: We actually have an FMT  
10       Registry. I'm glad you brought it up. That was a  
11       good plug. No, so there is a National FMT  
12       Registry, that's NIH funded, and that's kind of a  
13       joint collaboration between the GI and ID  
14       Societies, and we're hoping to get --

15              PANEL MEMBER: Brilliant.

16              PANEL MEMBER: -- 4,000 patients. The  
17       problem is, a lot with -- I mean, one of the  
18       difficult things is, you know, it's very expensive  
19       to follow patients for up to 10 years. I'm like,  
20       how are we going to retain them? How logistically  
21       is this going to work, but we're working really  
22       hard on, kind of reaching out to the patients

1 through apps and emails, and things like this, but  
2 our hope is that having, you know, being able to  
3 follow and get that real world efficacy data will  
4 help answer some of these questions, and have a  
5 bio- bank even tied to that, so that if something  
6 does come up, we can, like, reach to that stool,  
7 and say, "Okay, this person developed this unusual  
8 condition. Was it something form the donor?"

9 PANEL MEMBER: And there were some  
10 patient advocacy groups here, and actually they  
11 were asking how you can help. I actually think  
12 getting patients to be willing to participate in  
13 trials, and to actually be willing to have their  
14 data collected, integrated into registries, is  
15 crucial, and that's one of the biggest barriers to  
16 research, period, is declining to participate in  
17 clinical trials, and then even declining to have  
18 data used, in anonymous DI identified registries,  
19 and, so, patients should advocate for this, if  
20 that's what -- I meant -- well, I can't you what  
21 to advocate for. I think it would be an important  
22 thing to consider advocating for.

1                   DR. MCCUNE: So, let me just chime in  
2                   one second. I'm going to move the -- to the last  
3                   slide, for us, just so we -- I have, oops, sorry,  
4                   just so that we have all of the slides up there,  
5                   and this one gets to some of the logistics that  
6                   we've been talking about, in terms of how do we  
7                   address the lack of equipoise from -- by some  
8                   health care providers, and the ability to conduct  
9                   clinical trials, some questions about funding  
10                  needs, and, then, how to take advantage of some of  
11                  the networks, and some of the registries that are  
12                  out there.

13                 So, I just wanted to throw, so that's  
14                 the end of our kind of answered questions, so to  
15                 speak, but we just wanted that to be out there as  
16                 you're continuing the discussion.

17                 QUESTION: Hi. I'm Lee Jones. I'm with  
18                 Rebiotix, and I have been involved in  
19                 conducting clinical trials with human stool  
20                 derived drug products, but I just want to remind  
21                 everybody, kind of, how this got started in the  
22                 drug world. So, early on, we connected with the

1       FDA, and asked about, you know, Colleen was  
2       talking about what, you know, how it was  
3       categorized. The FDA said that because they're  
4       organisms, and they're not human tissue and cells,  
5       that they don't fall under the human tissue and  
6       cell regulations, and, therefore, it was a drug  
7       product in involved in Seiber.

8               We've conducted multiple phase two  
9       trials, and I just wanted to remind everybody that  
10      there hasn't been kind of any finalized,  
11      formalized, you know, products that have been  
12      regulatory approved, at this point and time, I  
13      think, anywhere, and, so, we're all in early,  
14      early stages, looking at it, and I want to echo  
15      the fact that we do need these clinical trials,  
16      and I think it's a little bit disingenuous to put  
17      things up there without the context, when you're  
18      trying to compare non-regulated to regulated  
19      studies. I think, we're early, early, early,  
20      early, early, and that's my main message, is that  
21      it's hard to draw conclusions on anything, when  
22      there's -- it's so early in the thing.

1                   So, I just want to remind people that  
2           there is a process. People are going through that  
3           process, and I think, at some point and time, more  
4           data will be available. It's not going to be be  
5           all, end all. I think there's still a lot more to  
6           discover.

7                   PANEL MEMBER: Oh, I just wanted to  
8           comment on a previous comment about -- there has  
9           been a lot of discussion about number needed to  
10          treat, number needed to harm, and the idea of  
11          harm, and I just wanted to remind, or comment  
12          that, I think a portion of harm that's  
13          underappreciated is when patients are doing  
14          something that they think is efficacious, but  
15          isn't actually efficacious because then that  
16          delays treatment of something that actually could  
17          have helped them. So, I think that's important to  
18          keep in mind, and, so, we do want patients to be  
19          using things that we -- when we -- as physicians,  
20          we make recommendations. We want to have some  
21          sense of trust behind those recommendations and  
22          what we say, and I think it erodes trust if we

1       recommend something that isn't necessarily a  
2       specific product, but it's more of a category of  
3       product, with variable efficacy, some of which may  
4       help, and which don't help, and especially if it's  
5       a very serious condition, and the patient is  
6       delaying or avoiding some other potentially  
7       efficacious, no improvement efficacious therapy,  
8       in leu of something else, but that would be my  
9       opinion.

10               PANEL MEMBER: I would agree. Although,  
11       I would say the data, from choosing wisely and  
12       stuff, is that we overtreat people. So, maybe  
13       staying away from the doctor for lots of things is  
14       pretty beneficial.

15               PANEL MEMBER: And then, just about when  
16       patients come to me, and most of them come to me  
17       after they've suffered, you know, two, three, or  
18       more reassurances, and I do have availability and  
19       accessibility to some clinical trials. Some are  
20       open label, the others, the finished study, that's  
21       starting to, you know, looking -- another capsule  
22       study, and I give them the choice.

1                   If they are a candidate for a trial, I  
2           give them the choice to be in it or not. I don't  
3           feel like I should, you know, force someone to  
4           take a placebo for something. In my -- I'm bound  
5           by my relationship with that patient, you know,  
6           and what they want to do and what's best for them,  
7           and not, you know, this greater good, you know, of  
8           helping this company develop their drug, or, and  
9           there are definitely patients who aren't  
10          appropriate for FMT.

11                  I see them. There may be limited life  
12          expectancy, very frail, and I maintain those  
13          patients on just Vancomycin. I said -- maybe, for  
14          the rest of their life. That's, you know, six  
15          months to a year, but I think that the position  
16          I'm in, you know, I conducted that placebo  
17          controlled trial, double blind, as best as I  
18          could, did not just convince, I guess, the world,  
19          didn't convince myself that I wasn't imagining  
20          that this worked as well as it did, and I can say,  
21          there has never been anything that has surprised  
22          me more than FMT, in some cases, where there were,

1     you know, people, severe, complicated, septic, in  
2     the intensive care unit, and, after two or three  
3     doses of stool enemas, were turning things around,  
4     and, you know, I think it's very hard to go  
5     backwards from that, and to say, "Okay, well, now,  
6     we need to kind of pull back. Let's get some  
7     animal data. Let's figure out what strain." and  
8     I'm not saying that's not important, but I don't  
9     think we should lose the momentum that we have in  
10    combating this epidemic.

11                 QUESTION: I have a question in 1DR6.  
12    You can ask your question.

13                 QUESTION: Hi, there. This is Richard  
14    Ethier, from Lallemand Heath Solutions. Just a  
15    general point on the IND restriction for dietary  
16    supplements. Industries sometime --

17                 QUESTION: My name is Jerry (over  
18    talking) Crones and Colitis Foundation. We're a  
19    patient advocacy group, and research funder. So,  
20    I wanted to address the question, how to address  
21    funding needs and also return to the lap --

22                 QUESTION: Yes, well you didn't --

1 (audio is breaking up)

2 QUESTION: -- so all of you are focused  
3 on advancing a certain type of microbiome based  
4 product, through -- and the use of your resources  
5 for that differ in different ways in -- and, so,  
6 we've discussed the need for a variety of things,  
7 like really good CMC, like long, long term  
8 registry studies with really good data collection,  
9 and RCTs, and all these things have a role, and  
10 we've also just learned that there can be a  
11 variety of different regulatory pathways that a  
12 microbiome-based product can take, even, in the  
13 direction (audio fading in and out)

14 PANEL MEMBER: So, given that, we've  
15 seen one beautiful presentation about how a CMC  
16 process can be developed, and then it seems like  
17 something is that's very resource intensive, and  
18 that's presumably incentivized by the way in which  
19 the eventual product would be paid for and  
20 regulated. For those of you that are seeking  
21 resources for products that don't fall into that  
22 drug category, do you -- is there a way to address

1       the funding needs? I mean, it seems woefully  
2       inadequate to address these challenges that you're  
3       talking about with the current mechanisms that we  
4       have for funding. So, I just wanted --

5               PANEL MEMBER: Here, the only thing -- I  
6       mean, I go to -- for Federal funding, generally,  
7       both in Canada and the U.S., and the one thing  
8       that I did notice, and I don't know if anymore  
9       knows more about it, but ENCAM has stopped funding  
10      RCTs of probiotic research, and I don't know how  
11      that's impacted people down here, but that was  
12      quite surprising to me, given that they would seem  
13      to be the natural institute to do it, and I don't  
14      know if that plays into Dan, some of your noticing  
15      a reduction in clinical trials, but they have made  
16      it very clear that there are (inaudible) generally  
17      are no longer eligible for FCTs, or for  
18      probiotics.

19              PANEL MEMBER: Yeah, they did fund my  
20      first two, and now they're funding the mechanism  
21      trial, but they don't fund RCTs for it, but I  
22      think that's for lots of supplements too, not just

1 for, but it could be, yeah.

2 PANEL MEMBER: I'm going to make a  
3 comment about the regularly environment because I  
4 think there's confusion here, at least among some  
5 of us, in the way we talk about this, but we need  
6 regulation, and the more reg -- that's a confusion  
7 because probiotics, food in general. It's not  
8 only drugs that are highly regulated. There are  
9 processes. The difficulty is that we have a  
10 different interpretation of what that process  
11 entails and what the conclusions are, and I think  
12 it's important, especially for FDA Industry  
13 Clinicians, to have, and this is a knife  
14 (inaudible) -- but, frankly, those issues are the  
15 regulatory issues, FMT, dietary supplements, et  
16 cetera, are not going to be addressed in this kind.  
17 I'm suggesting that, maybe, we should get together  
18 in a true working group to talk about how to  
19 interpret structure functions, et cetera.

20 QUESTION: I wanted to deviate from the  
21 questions on the slide. There's already momentum  
22 in that direction, and I hear a couple keywords,

1 momentum. We've talked about confusion,  
2 regulation, industry, and I'm standing here from  
3 the (inaudible) perspective, probiotic companies.  
4 What is the laundry list, from a clinician's  
5 perspective, industry needs to meet because we can  
6 talk about FMT verses probiotics? We can talk  
7 about efficacy safety. We can talk about a whole  
8 bunch of things, but I mean, I'm a scientist who  
9 works for probiotic companies. We have  
10 evidence-based products. We have, at least,  
11 multiple clinical trials behind products. I don't  
12 work for the company anymore, but what is it that  
13 industry needs to do to support the process to  
14 keep the momentum going, to allow you to keep  
15 working with your patients, and, I mean, that can  
16 be anything from safety and better studies, but  
17 can you give some specific things that we can work  
18 on, not just better products, more evidence?

19 PANEL MEMBER: You can say that -- when  
20 I'm recommending, because patients always ask  
21 about probiotics. I see a lot about IBS, and, so,  
22 I try to -- if I do recommend one, I will,

1 usually, for instance, align orbifidobacteria  
2 infantis, but they did, they took some initiative  
3 and conducted a clinical trial, and showed that it  
4 worked. So, I think, if the -- if industry then  
5 sells particularly probiotics, puts a little into  
6 these, you know clinical trials, I think that's  
7 always helpful.

8 DR. FREEDMAN: I mean, I really think,  
9 you know, for some disease process, maybe there  
10 isn't a need for more evidence, you know, and Dan  
11 talked, obviously, about antibiotic associated  
12 diarrhea. I think, for others, you -- we do -- we  
13 are looking at phase three clinical trials  
14 because, generally, they haven't funded very  
15 large. They haven't done them investigator  
16 initiated. So, they've been very directed by  
17 industry conducted in that manner, and, so, I  
18 think, really, allowing for large phase three  
19 trials that will definitively answer questions --  
20 not going into the metanalyses of small little  
21 subcenter, single center studies where they  
22 control the data, but really total independence of

1 data and access and allowing investigators to  
2 choose the outcomes with patients that are  
3 important to them directed and dedicated out of  
4 the disease process. That to me is really -- I  
5 mean, that's what distinguishes -- and then you  
6 can start talking about oh, the really, really  
7 large clinical trial of probiotic X for drug X as  
8 opposed to the generic, you know, hodgepodge of  
9 the metanalysis.

10 SPEAKER: I'm a microbiologist by  
11 training and my basic understanding of the  
12 (inaudible) evidence in medicine (inaudible)  
13 meta-analysis and systematic reviews, but if it's  
14 a strong enough trial as adequately powered do we  
15 need all the Phase 2 trials?

16 DR. FREEMAN: Well, there's pretty good  
17 evidence from most pharmacologic drug studies that  
18 after early days of excitement from early, kind  
19 of, smaller clinical trials that might be the in  
20 Phase 2, Phase 3, when you get into the large  
21 robust Phase 3, 4 trials, the excitement kind of  
22 dwindles and so I think that, you know, in order

1       to be able to even get to the large Phase 3 to  
2       make -- people don't adopt so adoption in medicine  
3       takes 18 to 20 years from the time a clinical  
4       trial is done and sometimes during that 18 year  
5       window there's contradictory evidence that emerges  
6       that diminishes the excitement of the original  
7       ones. And so, there's a lot of smaller earlier  
8       ones that might be powered as a single center even  
9       a multi-center trial that's powered. How good is  
10      your power? Don't get 5 percent of studies will  
11      still be positive, but they're actually truly  
12      false positives. And so, really I think the rigor  
13      of those studies needs to increase to able to  
14      support it and so, yeah, I think kind of some of  
15      the small -- just because a study is positive.

16               Let's put it this way, too. How many  
17      probiotics are competing in the same field? So,  
18      if we do 50 probiotic studies for prevention of  
19      asthma, okay, how many of them would be positive  
20      by chance alone and then does that company then  
21      get to say, "Well our was positive, let's go for  
22      asthma." And then another is done prevention of

1       atopic dermatitis and there's also 50 companies  
2       doing studies of that right now.

3               And the list goes on whether it be  
4       autism or other concerns, IBS, IBD prevention of  
5       and so the number of studies are massive. So, the  
6       number of false positive studies, I haven't done  
7       the math, but we need a statistician who can run  
8       the data of, like, I can't remember how many  
9       studies? There's a thousand some odd --

10              SPEAKER: 1,142.

11              DR. FREEMAN: -- this year so 50 some  
12       odd positive studies alone this year. Should we  
13       adopt them?

14              SPEAKER: Good point.

15              DR. FREEDMAN: So, I think we need to be  
16       careful when we say a positive study was done and  
17       we should adopt IT.

18              MS. MCKEON: Can we go from the premise  
19       that -- I appreciate the word you said robust.  
20       You said if we have a well-designed study with a  
21       sort of consortium of knowledge surrounding it  
22       whether that's pre-clinical, you know, (inaudible)

1 animal in vitro supporting with a couple of good  
2 studies that might not be Phase 3 powered, you  
3 know, in the numbers, but that make a logical  
4 clinical argument and that show efficacy, would  
5 that be enough? Because we also now start to  
6 intersect at the level of efficacy regulations,  
7 the legal aspects, the manufacturing, the  
8 upscaling. There's all sorts of issues that play,  
9 but all of that aside, what is enough? And if  
10 we're talking about a treatment, for example, we  
11 take neck, we take any of the conditions we talked  
12 about today. I mean, these are -- patients are  
13 suffering here and that's --

14 DR. FREEMAN: I guess the question is  
15 what do you mean by enough? Enough for clinicians  
16 to adopt? Actually, generally, clinicians will  
17 adopt. I find when the pharmaceutical reps drop  
18 the samples off at their office, the patients  
19 adopt because they're given free probiotics and  
20 they come into the emergency on probiotics because  
21 their family doctor gave them to them. So, I  
22 don't know what you really mean by adopt. I mean,

1       this is a longer topic of what drives medical  
2       adoption and maybe deeper than we want to go  
3       today. I'm happy to chat about it some more  
4       afterwards from my personal perspective.

5               MS. MCKEON: So, I will say that we are  
6       technically over our time, but there have been two  
7       people patiently waiting in line so if you can ask  
8       quickly that would be lovely.

9               QUESTIONER: (inaudible) Health  
10       Solutions and I wanted to ask Dr. Freedman a  
11       little bit about -- he had mentioned that one  
12       product not allowed to get an IND in the United  
13       States and just maybe talk about what exactly were  
14       the issues there because as far as I know there  
15       weren't any action problems and maybe a little bit  
16       about the differences in Canada and the United  
17       States with natural health products.

18              DR. FREEDMAN: Did Dr. Thompkins suggest  
19       you ask the question? So, there were the issues  
20       where I worked very closely with Lama and Dr.  
21       Thompkins on the submission of the IND and they  
22       were fully supportive of us getting the IND. The

1       issue was we couldn't meet the purity requirements  
2       by the, I believe it was the FDA at the time.  
3       This is going back what six years. And the  
4       (inaudible) file couldn't meet that purity  
5       requirements and we decided based on the decision  
6       made by Lama was the production costs were going  
7       to be exorbitantly high to achieve those  
8       requirements and the decision was made not to  
9       pursue the IND anymore. I don't know if there's  
10      something else you want to add, Richard.

11               SPEAKER: Because it says up there how  
12      to take advantage of the pediatric (inaudible)  
13      that works. With NHP's in Canada, you're allowed  
14      to make, you know, disease claims and run clinical  
15      trials. Probiotics are one of the classes in  
16      NHP's. I think this could be a very positive  
17      network for the FDA to use.

18               DR. FREEDMAN: Well, a good plug for  
19      Canadian research. So, yes, we were able to get  
20      NHPD approval and Health Canada approval for the  
21      conduct used in the product with the purity data  
22      that we had at the time from Health Canada. So,

1 perhaps it is a little more liberal on the  
2 requirements, but I'm not going to go too deep  
3 into the politics. Let's stay out of there for  
4 now.

5 QUESTIONER: Hi, I'm Caroline Edeltine.  
6 I'm Executive Direct of OpenBiome. We're a  
7 non-profit stool bank in Boston. I wanted to  
8 begin by saying that were absolutely echoing the  
9 panel in that, you know, in the long run the right  
10 option for C. difficile patients is to have, you  
11 know, a rigorously tested product that has been  
12 evaluated and approved by FDA and that we share  
13 the aim of seeing enrollment to the trials that  
14 will get us to that point.

15 You know, and on other side, I think  
16 we've -- so in the five years since we've started  
17 the service of providing fecal microbiotic  
18 products under the current policy enforcement  
19 discretion we went sent out about 38,000  
20 treatments to a network of 1,100 sites and that's,  
21 you know, we're very proud of that work. We're  
22 also pretty surprised by it. I think by now we

1 would have expected maybe faster progress in the  
2 field. And so, I think, you know, my question is  
3 really, you know, is there more that we can be  
4 doing? Doctor, I think you were the speaker who  
5 made the point that what's so unusual about FMT is  
6 that patients can do this themselves at home. And  
7 that part of the tension of balancing access to  
8 material and wanting to make sure that there's  
9 access to something that's been rigorously  
10 prepared and is available through the medical  
11 system is running up against this challenge of  
12 enrolling these trials and I think there's  
13 probably more that OpenBiome can be doing.  
14 There's probably more that we can all be doing to  
15 navigate that tension and I would be curious to  
16 hear the panelist's thoughts.

17 SPEAKER: I would just like to say I'm  
18 impressed that you sent out 38,000 and I'm nine  
19 years in and I'm still studying yogurt and I still  
20 need an IND to study yogurt. So, I think that  
21 says a lot about where we stand in the U.S.

22 SPEAKER: So, like, (inaudible) at my

1 side of the University of Michigan we also used  
2 your product for our patients and we provided the  
3 option so, you know, we have the OpenBiome product  
4 available and we have directed donor stool  
5 available as well and basically, shortly after we  
6 introduced your product, essentially nobody wants  
7 to do this through directed donors. And before  
8 that, that was the only option was we had to have  
9 the patients go and find their own donor and find  
10 their own stool and they were forced to ask their  
11 neighbor or their pastor if they didn't have a  
12 spouse that would qualify and things like that.  
13 And so, the patients didn't want this either.  
14 It's not like we were saying, "Oh, we have this  
15 OpenBiome product and this is the only way to go  
16 now." Nobody wants to do this stuff on their own  
17 and nobody wants to go use their spouse's stool or  
18 their relative's stool or their neighbor's stool  
19 and I think physicians appreciate the service  
20 you're providing because it helps our patients a  
21 lot and it also helps us in that, you know, it's  
22 not on us now to ensure the quality of the product

1       and do all the screening. Even when we were doing  
2       directed donor screening, you know, the American  
3       College of Gastroenterology there's has been some  
4       position papers about what do you screen for as  
5       individual clinician and it's an order of  
6       magnitude less than what you guys are able to do  
7       and what you're able to offer as a centralized  
8       repository.

9                So, I think keep doing what you're  
10       doing, look for regulatory guidance, operate  
11       within regulatory guidance, but, ultimately, we  
12       want a good, safe, effective product.

13               SPEAKER: All right. Thanks to all of  
14       the speakers. We're going to have to call it  
15       there. We are behind schedule so let's do a ten  
16       minute break and we'll start back up and 3:05.

17               SPEAKER: Strains based on their under  
18       therapeutic potential. So, the idea behind this  
19       last session was to look at a rationale selection  
20       and have speakers address rationale selection of  
21       strains and we'll hear a number of reasons for  
22       that based on, you know, modulatory properties,

1        resolutions, CDI, resistance of colitis, and even  
2        behavior modification. So, there is going to be  
3        some preclinical work and some early development  
4        work. So, we've organized this and thanks to  
5        Neil, one of our speakers, had a great suggestion.  
6        We've organized it to go from talking about  
7        bacterial consortia to a pivot on how to isolate  
8        individual strains and then some examples and  
9        we've already heard a little preview to our final  
10       speaker on a LBP to prevent sepsis.

11                So, with that, I'm going to introduce my  
12       first speaker. His name is Burnette Oli. He's  
13       from the Dante of Bioscience. He's the Chief  
14       Executive Officer. I met Burnette back in 2013  
15       actually whenever we had a similar meeting and it  
16       was just after the release of the 2012 guidance on  
17       LBP so, with that, I'll introduce Burnette who's  
18       going to talk to us about drugs based on  
19       rationally defined bacterial consortia. Thanks,  
20       Burnette.

21                SPEARKER: Thanks, Ryan. So, the  
22       audience is very sophisticated for the average

1 microbiome discussion. I'll skip all the  
2 background other than to say that when I use the  
3 term defined bacterial consortium to be precise  
4 what I mean is that we make a product based on  
5 multiple bacteria that are made starting from pure  
6 chromosome banks, not from the source material  
7 from the fecal donor. The way our drugs work I  
8 think should also be very easy to understand to  
9 everybody in the audience. We give them in  
10 capsule form as a lyophilized powder. It's been  
11 freeze dried. The capsule releases the bacteria  
12 out through the stomach and the bacteria can  
13 colonize the intestine. In our hands, the  
14 colonization is important and if the bacteria are  
15 dead and if they've given dead, they no longer  
16 work across the range of problems that we study.  
17 And we also see that depending on the bacteria  
18 that we peak, we can see them at least in the  
19 range of immune responses in the mucosal surface  
20 of the intestine including both the  
21 immunoregulatory and immunostimulatory responses.

22 With the cofounders of the company,

1 we've done, over the last few years, a range of  
2 work to try to systematically understand and  
3 explore which groups of bacteria in the intestine  
4 stimulated which types of immune responses. So,  
5 for example, starting on the right of this slide  
6 this is work that we've done with one of our  
7 cofounders, Dr. Kenya Honda, now at the University  
8 of Kenya where we have defined groups of organisms  
9 that are protein inducers of regulatory t-cells  
10 and we are exploring this biology in the context  
11 of IBD in partnership with J&J and also theologies  
12 and all the way to the left of this slide you can  
13 see counter examples where we found bacteria also  
14 from healthy individuals that have opposite  
15 properties. They have the ability to inducing the  
16 Th1, Th17, or cytotoxic cd8 t-cell responses.

17 In the continuum of the approaches that  
18 are being pursued in the field, and that slide is  
19 not meant to be comprehensive, my view is there is  
20 a fundamental tradeoff when ecosystem effects in  
21 specificity. What I think ecosystem approaches,  
22 like, for example, fecal transplantation, bring to

1 the table that's really unique is the ability to  
2 do something that would be very difficult to do  
3 without (inaudible) modalities, which is change  
4 the composition of the (inaudible) microbiota in a  
5 somewhat controllable manner. I'll say  
6 controllable in quotation marks.

7 And, of course, at the other of the  
8 spectrum, if you go full reductionistic, you can  
9 gain in specificity that you don't have with a  
10 fecal approach, but in our hands we've seen that  
11 come at the cost of losing the poly pharmaceutic  
12 effects of microbial communities and also the  
13 ability to robustly change the composition of the  
14 microbiota.

15 You know, we ask is can find some  
16 intermediate stage where we can still retain the  
17 ability of a community of bacteria to change the  
18 composition of the gut, but do it in a  
19 controllable manner with more specificity. And  
20 here's an example of some more work done. For  
21 example, looking at bacteria that can (inaudible)  
22 regulatory responses. In short, finding that you

1     can identify a number of bacteria in the human  
2     flora of subjects across the world that have the  
3     ability to use regulatory t-cells. It's only a  
4     certain assemblies in consortia that can really  
5     saturate the phenotype in animal models.

6             So, I think this brings me to a question  
7     that I think this is a good forum to bring up,  
8     which is how do we think about the contribution of  
9     different components of a drug after the final  
10    activity and a lot of work that we've done in the  
11    field has called my opinion on that and I'll  
12    emphasize its opinion. We've done often top down  
13    work where we start with the full fecal community.  
14    We say that that community has the ability to  
15    change the phenotype. For example, Th1 reduction  
16    or Th17 reduction and then we'll scale back and  
17    find when do we lose that activity. We usually  
18    like, as you can see for example in the middle  
19    panel, we cannot identify fractions that are  
20    equally active or sometimes are more active than a  
21    full fecal transplant exaggerating a given  
22    phenotype.

1                   And then there's a tricky bridge to  
2       cross when you try to really bring down that  
3       activity to the absolute minimum number of  
4       bacteria, but we often found in our hands that  
5       we've seen that when we've looked at different  
6       phenotypes for (inaudible) induction it that we  
7       are really low in membership of diversities of  
8       species in a composition we'll see often the  
9       effects wash away. And so, the thing that  
10      suggests is there an important role for ecological  
11      redundancy within a construction unit to help give  
12      a product or physical composition the best chance  
13      of success.

14                  And the reason I thought I'd bring this  
15      up is, you know, in other contexts of, you know,  
16      we had the discussion of is this a combination  
17      product? Can you draw a parallel with say a  
18      multi-component vaccine and I see a fundamental  
19      difference in that if you pick the example for  
20      example of a multi-component vaccine every  
21      immunogen is there for a reason. You know, they  
22      are targeting a certain pathogen so justification

1 is straight forward.

2 But, when you try to change an  
3 ecological community, the issue of redundancy or  
4 the aspect of redundancy comes and also, the  
5 specific contribution of a strain is actually  
6 going to change from patient-to-patient depending  
7 on the study of microbiome. It is not really an  
8 inherent property of the component of the product.

9 This is in a snapshot the process that  
10 we follow to debate to try to identify new  
11 compositions of bacteria that we define as  
12 consortia. Basically, we try triangulate within  
13 human (inaudible) in vitro data so arrive at  
14 clinical packages that give us confidence that  
15 we're not just chasing a correlation but there's  
16 actually some evidence of causation, but, at the  
17 same time, we're not over relying on anymore  
18 models and chasing a causation pattern that has  
19 not validness to humans. We interrogate human  
20 data sets from studies that we sponsor or  
21 collaborate with clinical academics across the  
22 world where we try to identify if often in the

1 context of using fecal transplantation for a range  
2 of conditions there is a pattern or any pattern of  
3 (inaudible) of strains from a healthy donor and we  
4 correlate with the clinical response and I'll  
5 emphasize correlate because that data by itself  
6 doesn't tell of anything about whether those given  
7 bacteria may be actually causing a phenotype. If  
8 that's the case, then we will often go and find  
9 more models and do the systematic experiments to  
10 remove and reintroduce a full micro biotic  
11 phenotype is obligated and then reconstituted.

12 And, if we then have confidence that  
13 that's the case and that, therefore, we're not  
14 just causing chasing association, then we'll ask,  
15 "Okay. Which are the bacteria that have the  
16 properties that we need to be interested in?"

17 For that, strain number 3 we've created  
18 a very large library of bacteria from humans  
19 across the world somewhere between 60 and 80,000  
20 isolates now sequence the genomes of a few  
21 thousands of them and also, generated hypothesis  
22 to understand and characterize their properties

1       and I'll show a little bit more later how we do  
2       that.

3               That's gives us hits or in other words  
4       bacteria that have specific property that may be  
5       useful. Then we still have to figure out how to  
6       assemble any consortia that are more important  
7       than the individual strain and for that we use a  
8       combination of algorithms that we've publishing  
9       with collaborators at GMS and also go back to the  
10      human data and ask ourselves from all the  
11      potential combinations which ones are actually  
12      occurring as (inaudible) humans that have a  
13      clinical response.

14             We then have in house our own  
15      manufacturing facilities through the GNP  
16      production of bacterial consortia. As we have  
17      noted before, these are complex procedures. They  
18      have multiple ingredients. If you get them to  
19      grow then they need some customization. So, we  
20      found it best to basically do all this trial and  
21      error work inhouse and there's a lot of it.

22             And then we've moved in one of those

1 consortia into human testing now and we're just  
2 about to announce the results. This should give  
3 you a sense of some of the actual activities from  
4 culture collection, strain screening, drug  
5 substance production, and drug product production.  
6 So, starting up on the left, we did a lot of  
7 (inaudible) of picking of colonies from donor  
8 material, which let's us go from fecal material to  
9 actual pure strains from which point on we never  
10 again have to go back to fecal material as our  
11 source.

12           On the upper right, you can see some of  
13 the screening that we do to test multiple  
14 different types of bacteria, all combinations of  
15 bacteria, against activity assays or other forms  
16 of (inaudible) to understand what the bacteria do.

17           On the lower left, it's a (inaudible) in  
18 the drug substance production so that's in the  
19 (inaudible) where we do the (inaudible),  
20 separation, and (inaudible). And then on the  
21 right you can see some of the activities, which we  
22 have in a separate facility with the actual drug

1 manufacturer, which involves (inaudible) and as  
2 John mentioned before there's some challenges  
3 associated with that so we have it in a different  
4 facility and that's where we produce the actual  
5 final product that's going to be bottled and sent  
6 to the clinical sites.

7           We have a range of different projects  
8 from infectious diseases, immune diseases  
9 including C. difficile, IDD, (inaudible), and  
10 immunotherapy at different stages. I'll use the  
11 first as an example to walk you as a case study  
12 through the steps that we've used. The target for  
13 VE303, which is the fine consortia that we are  
14 developing for C. Difficile. This is an LDP that  
15 is administered as an entire capsule. It has  
16 eight pure colonic strains of bacteria as its  
17 components that those regimen is repeated oral  
18 once day following (inaudible) antibiotic and the  
19 number of days we'll treat is one of forms of a  
20 Phase 1 study that we are running now. In terms  
21 of PK, we believe there is going to be better  
22 restricting and absorbed and also, we expect

1 abundant strain colonization lasting for a window  
2 of time longer than the time it takes for most  
3 occurrences in *C. difficile* to occur. We think  
4 that one of the key differentiators from  
5 antibiotic approaches would be of an ideal target  
6 profile the ability to reconstitute (inaudible)  
7 resistance after an antibiotic, but also  
8 potentially to start helping address the transfer  
9 of antibiotic resistance.

10 We started this work to follow as a case  
11 study the framework I laid out before, had an  
12 ongoing collaboration with the University of  
13 Leiden. We followed a group of subjects that are  
14 being treated with FMT for recurrent *C. difficile*  
15 at any number of occurrences and look at pre and  
16 post FMT samples to understand if there is  
17 patterns of denying (inaudible) clinical response  
18 and to make a long story short, we do see that  
19 there is a range -- basically, we are just seeing  
20 this heating up on the (inaudible) sample from  
21 individuals on the right to be subject and the  
22 white as you see the different (inaudible) of

1        bacteria presented. And, again, to make a long  
2        story short, you see the C. difficile subjects  
3        have a group of bacteria up in the top left  
4        largely absent from healthy donors and then  
5        largely gone after a successful response to FMD  
6        and also, that healthy donors have a groups of  
7        bacteria that are relatively abundant and largely  
8        missing from C. difficile active infection  
9        subjects, which you see (inaudible) this chart and  
10       then get (inaudible) after successful clinical  
11       response.

12                    Basically, we've made sure that the  
13       species that we select for VE303 are represented.  
14       There is I think plenty of evidence in the field  
15       some of it actually by Vince Young showing that  
16       using certain antibiotics that are associated with  
17       C. difficile infection can result in very  
18       extensive elimination of (inaudible) which are two  
19       groups of abundant bacteria within the (inaudible)  
20       which we had found to be associated with  
21       (inaudible) clinical responses. Our hypothesis is  
22       that by reintroducing those groups we can restart

1       colonization resistance and then render the  
2       (inaudible) infection. Some of the basic  
3       (inaudible) that we do with the strains starting  
4       with safety layout here, we conducted tests as to  
5       determine the extent of which antibiotic  
6       resistance and (inaudible) is transferable from a  
7       product strength surrounding microbiota and that  
8       included (inaudible) presence of antibiotic  
9       resistance genes, (inaudible)

10               Starting on the right of this slide this  
11       is work that we've done with one of our  
12       co-founders, Dr. Kenya Hundra now at the  
13       University of Kenya where decide groups of  
14       organisms that are put in ducers of regulatory T  
15       cells and we're exploring this biology in the  
16       context of IBD in partnership with J and J and  
17       also food allergies. And all the way to the left  
18       of this slide, you can see counter examples where  
19       we found bacteria also from healthy individuals  
20       that have opposite properties. They have the  
21       ability to introduce TH1, TH17 or cytotoxic CD8  
22       T-cell responses.

1                   In the continuum of approaches that are  
2           being pursued in the field, and that slide is not  
3           meant to be comprehensive, my view is there is a  
4           fundamental tradeoff between ecosystem effects and  
5           specificity. What I think ecosystem approach is  
6           like, for example, fecal transplantation bring to  
7           the table, that's really unique is the ability to  
8           do something that would be very difficult to do  
9           without drug modalities which is change the  
10          composition of the gut microbiota in a somewhat  
11          controlled environment, I'll say "controlled".

12                   And, of course, the other end of the  
13          spectrum if you go full reductionistic, you can  
14          gain in specificity, specificities you don't have  
15          with a fecal approach. But in our hands, we've  
16          seen that come at a cost of losing the  
17          polypharmaceutic effects of microbial communities  
18          and also the ability to robustly change the  
19          composition of the microbiota. And what we asked  
20          is, can we find some intermediate stage where we  
21          can still retain the ability of a community of  
22          bacteria to change the composition of the drug to

1 do it in a controllable manner than with more  
2 specificity.

3 And here's an example of some work we've  
4 done, for example, looking at bacteria that gives  
5 microbiota responses. In short, finding that you  
6 can identify a number of bacteria in the human  
7 flora of subjects across the world that have the  
8 ability to use regulatory T-cells. It's only  
9 certain assemblies in consortia that can really  
10 saturate the phenotype in animal models.

11 So, I think this brings me to a question  
12 that I think this is a good forum to bring up  
13 which is how do we think about the contribution of  
14 different components of a drug to the final  
15 activity. And a lot of the work that we've done  
16 in the field has called my opinion on that and  
17 I'll emphasize it is opinion. We've done often  
18 top down work where we start with the full fecal  
19 community. We see that that community has the  
20 ability to change the phenotype, for example, T  
21 reduction or T17 reduction. And then we'll scale  
22 back and find when do we lose that activity. And

1 usually, like you see for example in the middle  
2 pile, you can identify fractions that are equally  
3 active or sometimes they're more active than a  
4 full fecal transplant at saturating a given  
5 phenotype.

6           And then there's a tricky bridge to  
7 cross when you try to really bring down that  
8 activity to the absolute minimum number of  
9 bacteria. But we often count in our hands that  
10 we've seen that when we've looked at different  
11 phenotypes including T1 induction, T17 induction  
12 and CD8 induction is that as we were really low in  
13 membership where adverse species in a composition  
14 will see often the effects wash away.

15           And so, we think that that suggests that  
16 there's an important role for ecological  
17 redundancy within a consortium unit, to help give  
18 a product or a specific composition the best  
19 chance of success. And the reason I thought I'd  
20 bring this up is, you know, in other contexts,  
21 we've had the discussion of, is this a combination  
22 product. Can you draw a parallel with say a

1 multicomponent vaccine and I see a fundamental  
2 difference in that. If you take the example, for  
3 example, of a multicomponent vaccine, every  
4 immunogen is there for reason. You know, they  
5 start certain pathogens so it's justification is  
6 straightforward.

7 But when you try to change an ecological  
8 community, the issue of redundancy or the aspect  
9 of redundancy comes in. And also, the specific  
10 contribution of a strain is actually going to  
11 change from patient to patient depending the next  
12 time you make microbiome. She's not really an  
13 inherent property of the component of the product.

14 This is in a snapshot, the process that  
15 we follow to debate to try to identify new  
16 compositions of bacteria that we define as  
17 consortia. Basically, we tried triangulate  
18 between human and in vitro data. So, right  
19 clinical packages that give us confidence that  
20 we're not just chasing a correlation but there's  
21 actually some evidence of causation. But at the  
22 same time, we're not over relying on animal models

1     and chasing a causation pattern that has no  
2     relevance to humans. We interrogate human data  
3     sets from studies that we sponsor or collaborate  
4     with with clinical academics across the world. We  
5     try to identify if often in the context of using  
6     fecal transplantation a range of conditions,  
7     there's a pattern or any pattern of engraftment of  
8     strains from a healthy donor and they correlate  
9     with a clinical response. And I'll emphasize  
10    correlate because that data by itself doesn't tell  
11    us anything about whether those given bacteria  
12    maybe actually are causing a phenotype.

13                If that's the case then we'll often go  
14    and find animal models and do systematic  
15    experiments to remove and reintroduce a full  
16    microbiota and see if a phenotype is aggregated  
17    and then reconstituted. And if we then have  
18    confidence that that's the case and that therefore  
19    we're not just causing changing association, then  
20    we'll ask okay, which are the bacteria that have  
21    the properties that we may be interested in.

22                For that stem number three, we've

1       created a very large library of bacteria from  
2       humans across the world, somewhere between 60 and  
3       80,000 isolates now. Secret is the genomes of a  
4       few thousand of them and also generated  
5       (inaudible) to understand and characterize their  
6       properties and I'll share a little bit more later  
7       how we do that. That gives us hits or in other  
8       words, bacteria that have a specific property that  
9       may be useful. And then we still have to figure  
10      out how to assemble them in consortia that are  
11      more potent than the individual strain. And for  
12      that, we use a combination of bioformatic  
13      algorithms that we've been publishing with  
14      collaborators at UMass and also go back to the  
15      human data and ask ourselves, from all the  
16      potential combinations, which ones are actually  
17      occurring as co-networks and premiums that have a  
18      clinical response.

19               We then have in house our own  
20      manufacturing facilities through the GMP  
21      production of bacterial consortia. As our product  
22      from (inaudible) has noted before, these are

1 complex products. They have multiple ingredients,  
2 they're anaerobes. They're difficult to grow,  
3 they may need some (inaudible). So, we found it  
4 best to basically do all this trial and error work  
5 in house and there's a lot of it. And then we  
6 moved one of those consortia into human testing  
7 now and we're just about to announce the results  
8 in the next (inaudible). These are some of the  
9 actual activities from culture collection, strain  
10 screening, drug (inaudible) production and drug  
11 product production. So, starting up on the left,  
12 we do a lot of high (inaudible) colonies from  
13 (inaudible) material which let's us go from fecal  
14 material to actual cured strains from at which  
15 point on never again have to go back to fecal  
16 material as their source. On the upper right, you  
17 can see some of the high (inaudible) screen that  
18 we do the test multiple different types of  
19 bacteria or combinations of bacteria against  
20 activity assays or other forms of characterization  
21 to understand what the bacteria do. On the lower  
22 left, you can see some of the operations in the

1 drug production (inaudible) where we do the  
2 permenatation, separation, (inaudible).

3 And then on the right, you can see some  
4 of the activities which we have in a separate  
5 facility of the actual drug product manufacturer  
6 which involves solid handling. And as John  
7 mentioned before, there are some challenges  
8 associated with that so we have it in a different  
9 facility. And that's where we produce the actual  
10 final product that's going to be bottled and sent  
11 to the clinical sites.

12 We have a range of different projects  
13 from infectious diseases in wound diseases  
14 including C diff, IBD, food allergy and trans  
15 immunotherapy at different stages. I'll use the  
16 first as an example to walk you as a case study  
17 through the steps that we've used in our  
18 population, the target for file VE303. She's a  
19 defined consortium that we're developing for C  
20 diff. This is an LDP that is administered as an  
21 enteric capsule. It has eight pure clone strains  
22 of bacteria as its components. The dosing

1       regiment is repeated oral once daily following  
2       center of care antibiotic. And the number of days  
3       we'll treat for is one of the outcomes of a case  
4       study that we're running now.

5               In terms of PK, we believe there's going  
6       to be better restricted not absorbed and also, we  
7       expect abundant administering colonization lasting  
8       for a window of time longer than the time it takes  
9       for most recurrences in C diff to occur. We think  
10      that one of the key differentiators from an  
11      antibiotics approach is that the antibiotic  
12      approaches would be open ideal target profile the  
13      ability to reconstitute colonization resistance  
14      after an antibiotic. But also, potentially to  
15      start helping address the transfer of antibiotic  
16      resistance.

17             We started this work and studied the  
18      framework I laid out before had an ongoing  
19      collaboration with the University of Leiden where  
20      we followed a group of subjects that are being  
21      treated with FMT for recurrent c difficile at any  
22      number of occurrences. And look at pre and post

1 samples to understand if there are patterns of  
2 (inaudible) with clinical response.

3           And to make a long story short, we do  
4 see that there's a range, basically what you're  
5 see on this heat map is on the X axis samples from  
6 individual either healthy models on the right  
7 (inaudible) and the Y axis you see a different  
8 general bacterium presented. And again, to make a  
9 long story short, you see the C diff subjects have  
10 a group of bacteria up in the top left that are  
11 largely absent from healthy donors and then  
12 largely gone after a successful clinical response  
13 to FMT. And also, the healthy donors have groups  
14 of bacteria that are relatively abundant and  
15 largely missing from C diff active infected  
16 subjects which you see on the bottom of this chart  
17 but then get reingrafted after a successful  
18 clinical response.

19           Basically, we've made sure that the  
20 species that we select with VE303, are  
21 representatives of these (inaudible) associated  
22 with clinical response. There's, I think, plenty

1 of evidence in the field, some of it actually  
2 generated by Vince Young showing that use of  
3 certain antibiotics that are associated with C  
4 diff infection and result in very extensive  
5 elimination of post reading clusters 14 and 14a  
6 which are two groups of abundant material within  
7 the firm (inaudible) which we have found to be  
8 associated with better clinical responses. Our  
9 hypothesis that by reintroducing those groups we  
10 can restart colonization resistance and then  
11 render the host less susceptible to the infection.

12           Some of the basic characterization that  
13 we do with the strains (inaudible) we've laid out  
14 here. We've conducted tests to determine the  
15 extent which antibiotic resistance and viral is  
16 transferrable from a product strain surrounding  
17 microbiota and that included cecical presence of  
18 antibiotic resistant genes, virulence factors and  
19 phages near (inaudible). And we mapped out their  
20 location with respect to predict that (inaudible)  
21 and basically found that there were none of the  
22 strains. ARG's or phages, (inaudible) ARG's near

1       (inaudible) or ARG phages associations. And also,  
2       we've tested the clinical sensitivities of each of  
3       the bacterial strains to antibiotics and found  
4       that each of the strain products, each of the  
5       strain substances are susceptible to multiple  
6       clinically relevant antibiotics.

7               I think a relevant point here is this is  
8       one of the advantages of working with a fine  
9       material. You can design and control and make  
10      sure that your product actually doesn't harbor  
11      patterns of resistance or villains that could be  
12      problematic but there's also a limit to that. In  
13      this case, we've been able to find multiple  
14      clinical relevant antibiotics that can knock out  
15      the whole consortium at once. But just to make an  
16      obvious point, the larger the consortium and the  
17      more diverse genetically, the more difficult it's  
18      going to be to find a group of clinically relevant  
19      antibiotics that work for all the consortia at the  
20      same time as opposed to individual strains  
21      individually. So, that's maybe like a little  
22      detailed but I think it's important from a

1 regulatory standpoint.

2           We've done a range of models both in  
3 vitro and (inaudible) to characterize the potency  
4 of each of the individual strains, can they  
5 directly kill C difficile or not. And also tried  
6 them in animal models, actually the model that's  
7 been developed is the one I'm showing here is  
8 showing that we can match the activity of the  
9 fecal transplant in animals by using the  
10 consortium.

11           And now to wrap it up, we're in the  
12 process of wrapping up phase 1a. We study where  
13 we've studied healthy volunteers that were treated  
14 with Vancomycin in a course that tends to emulate  
15 the typical course of C diff subjects. And looked  
16 at safe TPK and PD in normal healthy volunteers.  
17 And here we lay out the objectives of the studies.  
18 We're looking for safety, tolerability and what we  
19 would like to see is that this consortium of  
20 organisms can rapidly and durably colonize the  
21 intestine. We'd like to see them stay behind  
22 after you've given the last dose. We want to see

1 abundant colonization we also want to see robust  
2 colonization. And by that, we mean that all eight  
3 bacteria colonize all the people, not some  
4 bacteria colonize some people and not others.

5           And this is my last slide. Just to make  
6 a point of some of the techniques that we've  
7 developed to be able to measure pharmacokinetics.  
8 In the clinical studies, we have the benefit in  
9 contrast with the fecal transplantation approach  
10 of actually knowing exactly what strains we're  
11 putting in. We have all mitogenome sequences for  
12 each of them. So, we've been able to create a  
13 panel of markers for each of the genomes. And  
14 then when we look at stool, mitogenome sequences  
15 from fecal samples from the actual study, you can  
16 look for both the depth as well as the proportion  
17 of markers that we detect and basically feed that  
18 to statistical distribution. To have confidence  
19 that what we are detecting is exactly the strain  
20 that we gave, not a close relative that happened  
21 to be in the person before we dosed them or  
22 acquired by the person after we dosed them.

1                   We think that some of these tools are  
2           going to be a basic starting point to start  
3           understanding PK in the field. And to be clear,  
4           when I use the word PK, I'm not talking about  
5           administration distribution, I'm talking about  
6           organization. How quickly, abundantly and durably  
7           are the microbes trying to find this. It has to  
8           start with having a reliable technique to measure  
9           the microbes you gave not something that was  
10          already there to begin with. So, I'll wrap it up  
11          here. Thanks a lot.

12                   PANEL MEMBER: Okay, so we're on time.  
13          We're going to roll along. We're going to hold  
14          questions until the end. The next speaker is  
15          Elaine Petrof who is an Associate Professor and  
16          Clinician Scientist ID physician at Queens  
17          University in Canada. And Elaine is going to talk  
18          to us about the development of a defined consortia  
19          for recurrent C difficile.

20                   DR. PETROF: I'd like to thank the  
21          organizers for inviting me here to speak today.  
22          And I'm going to talk to you about the development

1 of defined consortia treatment of recurrent C  
2 Diff. And I'm just going to start with the slide.  
3 So, thanks to Vince I can skip a lot of my early  
4 slides and zoom along to the end. But I just  
5 wanted to throw this up here. I often use this  
6 slide when I give these talks and every time I use  
7 this slide, I have to go in and update it and add  
8 another disease on here. So, pretty soon I'm  
9 going to run out of room at this rate.

10 But having said that, even though  
11 there's been an explosion in this field, I think  
12 everybody would agree that really the strongest  
13 clinical evidence is probably for recurrent C diff  
14 when it comes to microbiome. And what we see with  
15 this is basically ecosystem collapse. And on this  
16 slide, actually is one of Vince's earlier studies  
17 back in 2008 actually I believe it's been ten  
18 years. But basically, he was one of the -- his  
19 group showed that recurrent C diff patients have  
20 lower microbial diversity and, in fact, he showed  
21 the graph from this study compared to controls but  
22 also compared to Rick Spine Hummers who developed

1 C diff and then recover.

2 And so, this really illustrated how this  
3 subpopulation of patients that get C diff is  
4 different. And these are the patients that do not  
5 respond as well to Vancomycin. And there's  
6 several studies now that have corroborated what  
7 was shown in the New England Journal paper when  
8 they showed that about 30 percent of the patients  
9 respond to Vanco and the other two-thirds or 70  
10 percent don't. And that's been since corroborated  
11 with (inaudible) subsequent studies.

12 And so, what do we do with these  
13 patients. This is sort of how the whole  
14 transplant programs took off, at least at our  
15 hospital. And really what we're trying to do here  
16 is ecosystem repair. So, I won't go through this  
17 in a lot of detail, it's already been covered by  
18 several (inaudible).

19 So basically, we're trying to take a  
20 healthy ecosystem and put it in to replace or  
21 replenish what is essentially a sick ecosystem.  
22 And so, by healthy, we mean diversity of species

1       that provide functional redundancy amongst the  
2       organisms. So, there's some overlap and some  
3       function (inaudible) organisms and it provides  
4       resistance to disease. As opposed to a sick  
5       ecosystem where we're dealing with low species  
6       diversity and an imbalance or dysbiosis is the  
7       other term that sometimes we hear which leads to  
8       an impaired function and a susceptibility to  
9       disease. And this is made worse by giving  
10      patients Vancomycin because yes, it does clear out  
11      the C diff that's in there but unfortunately it  
12      also kind of parches the forest, so to speak, and  
13      it kills the innocent bystanders which are kind of  
14      exacerbating the problem when we can't recover  
15      those organisms. And so, what we're left with is  
16      a ravaged ecosystem that really can't get back up  
17      on its feet.

18                So, what are some of the options. We've  
19      kind of gone through all of these today so I will  
20      probably go through some of these more quickly.  
21      But I wanted to sort of briefly touch on all  
22      three. There are options for ecosystem repair

1       being probiotics, FMT or defined consortia which  
2       is the approach that we're taking. And so, the  
3       probiotics, at least for the case of recurrent C  
4       diff treatment, I know we've talked a lot about C  
5       diff (inaudible) antibiotics. But as far as it  
6       goes for treatment, really there is no evidence  
7       that this is going to work.

8               And if you think about it, it kind of  
9       isn't that surprising. Because a single organism  
10      or a few species of lactobacillus indifido are  
11      really not enough to improve (inaudible). And, in  
12      fact, if you put into a system that has very  
13      little an overload of a particular organism, you  
14      can also exacerbate the dysbiosis and cause even  
15      more of an imbalance. And this has been touched  
16      on a little bit with previous speakers. And also,  
17      I did want to point this out I didn't hear anyone  
18      mention this. But this Annals of Internal  
19      Medicine paper, I don't know if anyone saw this.  
20      But it was a paper that looked at prebiotics,  
21      probiotics, symbiotics and adverse event  
22      reporting. And, in fact, they are grossly

1 underreported when you look at all these clinical  
2 trials. And so, this situation of dysbiosis and  
3 imbalance and the adverse events that you get with  
4 probiotics I think probably is happening a lot  
5 more than we realize.

6 And then finally, I was hesitating to  
7 put this trial in but I think I'm going to throw  
8 it in, the elephant in the room. So, there was  
9 this paper that came out which we've all alluded  
10 to that came out in Cell. And basically, what  
11 they showed was that the impact of the microbiome  
12 by probiotics is probably not really what we think  
13 it is and there may be interference as opposed to  
14 enhancement of recovery of the microbiome.

15 And so, I'm just going to very quickly  
16 show you a few figures from this paper. And I  
17 would strongly recommend that some of you pull it  
18 because it is actually a beautiful study. I'm  
19 just going to show you the human data. Actually,  
20 they did this in mice, they did it in two separate  
21 spans of mice and they showed basically the same  
22 thing. That you can see from the design here that

1       they split them into three groups and these are  
2       healthy volunteers and they took them at baseline.

3               So, the gray baseline that's the  
4       microbiome (inaudible) antibiotics. They give  
5       them antibiotics and then they either got fecal  
6       transplant, probiotics or nothing. So, the  
7       nothing group is the spontaneous recovery. Now if  
8       you think about it, that's kind of what we always  
9       do with patients that come in with a UTI. You  
10      give them antibiotics you send them on their way.  
11      That's generally how we've done it in the past.

12             So, they then looked in the follow up  
13      period out here past three weeks and actually they  
14      followed them out to like five months. And what  
15      they found is that the probiotics group actually  
16      had fewer species than the spontaneous recovery  
17      group which is kind of interesting. And the same  
18      was true for the bacterial load and then fecal  
19      transplant is in brown, you can see here.

20             And then if they looked at the  
21      communities, so this is kind of a busy slide. But  
22      if you just focus on the UniFrac distance on way

1       to baseline. So, what that means is the further  
2       away from baseline is basically shows a disruption  
3       of the community. And so, if you look at there  
4       you can see that the probiotic group is further  
5       away from the baseline of the naïve gut microbiota  
6       of these patients then either fecal transplant or  
7       spontaneous recovery. Another way to look at that  
8       is in the PCA plots. You can see that the  
9       probiotics and the antibiotics groups cluster  
10      together. And over here, you have the spontaneous  
11      groups with the fecal transplant and the gray is  
12      the naïve so they cluster together.

13                So, what this indicates and then oh  
14      yeah, this is another really cool thing that they  
15      did. So, they had all these -- this is the  
16      probiotic species that they used in the study and  
17      they took them out of the analysis and this is the  
18      supplemental figure and basically, they saw the  
19      same thing. I suspect a reviewer probably asked  
20      them to remove those just to see if it was an  
21      artifact and see if the data still held true when  
22      they took them out and actually they saw

1 something.

2                   And so, what this indicates is that the  
3 volunteers that got the probiotics did not recover  
4 their microbiota to the same degree as the  
5 patients that got nothing or the ones that got  
6 fecal transplant. Indicating that maybe we're  
7 doing harm without even realizing. And again,  
8 Mary Ellen is going to get mad at me for saying  
9 that but I think it's worth discussing. It just  
10 is a good illustration of how we think that we  
11 understand what's going on but maybe we don't  
12 actually fully understand and recognize what we're  
13 doing to the microbiota.

14                   And so, what I came out of this or  
15 concluded is that microbes work better in teams.  
16 So, if you have a few probiotic species that are  
17 acting alone, they may not be as affective as an  
18 ecosystem which is what FMT is like. It's more  
19 like an ecosystem and so there we've got synergy  
20 and they all work together as a team. And so,  
21 really FMT is sort of the ultimate probiotic  
22 ecosystem. I won't go through this. We all know

1       that it's affective. This is just one of the  
2       studies that we did with Christine Lee back a  
3       couple of years ago.

4               I think FMT is great. We've been doing  
5       them since 2009 at our hospital but they do come  
6       with their own set of challenges. And some of  
7       these may be Canada specific but I'm going to  
8       mention them anyway. So, the first one which has  
9       always made me nervous as an IV doc is the risk of  
10      transmitting something. I know this has not  
11      happened yet, knock on wood, thank goodness, and  
12      I'm not saying on this slide that Zika is being  
13      transmitted by stool. I'm not saying that someone  
14      has gotten it from a stool transplant. The reason  
15      I put this up here is a patient actually asked me  
16      this question and I didn't actually know what to  
17      tell her because she came to me with this. Which  
18      is this Zika don't give blood, you might have Zika  
19      and then she asked about stool. Can I get Zika  
20      from stool, she was pregnant. And I wasn't  
21      comfortable with her getting a stool transplant  
22      once she pointed this out to me.

1                   You know and next week it will be some  
2                   other virus. Like it just seems like there's  
3                   always something that pops up. And so, even  
4                   though nothing has happened, I can't actually  
5                   advise my patients that nothing ever will. This  
6                   is sort of like with HIV situation with blood back  
7                   when HIV was new. So, that is a risk that still  
8                   makes me a little uncomfortable.

9                   The other thing is that our public  
10                  health labs have become increasingly resistant to  
11                  do the screening test which has not been very  
12                  helpful. And part of this, I know, is probably  
13                  because the screening compared to ten years ago  
14                  has actually become a lot more comprehensive. So,  
15                  if you look at the recommendations from the AGA,  
16                  for example, you know, several years ago compared  
17                  to what has come out more recently with the ISA,  
18                  there's a difference there in terms of what  
19                  they're now recommending that we screen for. And  
20                  our labs say that these tests are not validated to  
21                  be run on healthy foreign stool. That's the  
22                  excuse that they give us and they kick them back.

1 But it puts us in an awkward situation because  
2 then we don't know what to do with this donor and  
3 we have to call them back.

4 And then that leads me to my next point  
5 that donors, like maintaining a stable donor  
6 supply has been a major challenge and, in fact, at  
7 our hospital we don't have any donors right now.  
8 I'm having to send people elsewhere because we  
9 can't get enough donors. And this came out, this  
10 is a joke. It's a program in Canada called this  
11 hour has 22 minutes. But it's actually kind of  
12 true. We almost have to do stool donor drives the  
13 same way that we do blood drives to try to get  
14 people to come out and donate. And then quality  
15 control, that's a whole other interesting, like I  
16 don't have any answers for this. And this was  
17 really driven home when we did this study.

18 So, we looked at a stool transplant  
19 donor that we had who has been very good at  
20 donating. And all of his stool that he's donated  
21 have cured the patients that we've treated with  
22 his stool. But we sampled his stool a little over

1     a year apart. I think it was 12 months or maybe  
2     it was even 18 months apart and the composition  
3     you can see even though you don't necessarily see  
4     all the different species and strains and  
5     everything listed on the side there. You can tell  
6     just by looking that this is not the same mixture.  
7     But having said that, it was effective in both of  
8     those. And so, coming up with a generic stool is  
9     not going to be an obvious solution.

10                 So, we came up with this microbial  
11     ecosystem therapeutic psyche which is basically a  
12     cleaned up stool transplant. And so, we're hoping  
13     that it will be more reproducively like more like  
14     an FMT but just more reproducible and better  
15     characterized and we're emphasizing diversity,  
16     ecological resilience which I'll talk a little bit  
17     about in a sec and safety.

18                 And so, we're looking at human gut  
19     thrive commensal so a little different from  
20     probiotics. And this is not really rocket  
21     science. Actually, I just pulled this up off the  
22     British Colombia website. This is some forest

1 ecology thing. The same principles would apply  
2 for a jungle in Costa Rica and essentially, we've  
3 just adapted these same ecological principles to  
4 the work on the ecosystems new gut.

5           And so, this is our approach. We take  
6 fresh fecal samples. We do a detailed anaerobic  
7 culture and then remove pathogens. We  
8 characterize old bacteria in there and then we  
9 take what we have after we've done all of that,  
10 put it back into the bioreactor and test it. And  
11 if the community holds together then we would  
12 administer that to a patient. And the goal is to  
13 come up basically with a cleaned up stool  
14 transplant is what we're trying to do here.

15           And so, what's unique about this is that  
16 it's one ecosystem, one donor. So, we don't mix  
17 and match strains from different people and mush  
18 them up all together and put them in together.  
19 These have all co-evolved in the same person so we  
20 keep that ecological principle intact. And we  
21 take out what we think would be undesirable to  
22 have in there such as viruses and if all of that

1 comes out, the bacteria that we have are  
2 identified. We check them for antibiotic  
3 resistance, those also come out. And then once we  
4 have what's left, that's what we then test and put  
5 it into a bioreactor and see if it holds together.  
6 And this is just an example of one of these  
7 bioreactors. You may have heard the term robo  
8 gut, that's also been used to describe this.

9           So basically, it's an in vitro system  
10 that simulates the environment of the distal human  
11 gut with an artificial pole and that's another way  
12 to look at it. And so, you have food that goes in  
13 and then waste that comes out. There's a stirrer  
14 here to make a parastoltice. You can adjust the  
15 rate that it flows through the same way you can  
16 sort of mimic the GI transit time and it's all  
17 controlled temperature, anerobic conditions and  
18 PH. And this is sort of what it looks like as our  
19 protograph and if we pull away all the wiring, you  
20 can see in the back those large volume vessels  
21 back there.

22           So, we inoculate identically at the same

1       time. And then one serves as a test vessel and  
2       the other serves as a control. And we can run  
3       these for weeks at a time. And the other  
4       advantage that this one has over the smaller  
5       bioreactors is we can control PH and some of these  
6       other parameters that are a little more tricky to  
7       control with the small volume ones.

8               And so, this is just an example of  
9       optimization, something that we would do with  
10      this. So, this is actually a fail. So, this is  
11      showing you that we, as we all know, learn more  
12      from our failures than from our successes. And  
13      so, here I'll just run you through this briefly.  
14      So, here we have fecal transplant material. So,  
15      donor stool that gets inoculated into the  
16      bioreactor and we run that out and then we can hit  
17      it with drugs or we can change nutrients. We can  
18      manipulate the conditions here. You can see that  
19      we've administered Clindamycin. And so, as long  
20      as this percent similarity index is above 90  
21      percent, we consider that the ecosystem is holding  
22      together pretty well.

1                   If, on the other hand, there we have the  
2                   mixture after we've taken things out. And so,  
3                   then we inoculate that into the bioreactor and in  
4                   the case of this particular ecosystem, you can see  
5                   that it collapses. So, after we give Clinda, it  
6                   does not recover. So, this would be an example of  
7                   how we can fine tune these ecosystems and test  
8                   them for resilience and robustness and we can use  
9                   different drugs to do this as well as different  
10                  nutrients.

11                 And then the other thing that we can to  
12                 is compare in vitro and in vivo. So, we did this  
13                 study as well where we took our mixture and then  
14                 on day zero, we inoculated it into a king staph or  
15                 bioreactor and we also inoculated into a patient.  
16                 And you can see here, day 14 sample from the  
17                 patient and day 12, they don't look exactly the  
18                 same but they're starting to look similar to each  
19                 other. So, we think that this bioreactor  
20                 represents a good surrogate for in vitro in vivo  
21                 work. These are some of the animal studies we've  
22                 done. I'm not going to go through those but those

1       are just the references. So, we've done C diff,  
2       salmonella and DSS colitis.

3               So, this is the study that we did with  
4       the humans and you can see here lactobacillus  
5       indifido are in here but they're not the main  
6       ones, they're part of the team. And then this is  
7       just data showing that the at six months period of  
8       time right here and here for these two patients.  
9       We have a composite mixture of the bacterial  
10      composition of the pretreatment, native microbiota  
11      from the patient and the repopulate mixture of  
12      the micro ecosystem therapeutic that we put in  
13      showing that these do colonize.

14             So, next steps we have a new ecosystem,  
15      new donor. We've actually expanded to more  
16      species and this thing is a monster. It's got a  
17      lot of different very interesting bacteria in it  
18      and it's a clinical pilot study that's currently  
19      under way. So, just as a summary, what we're  
20      doing with this stuff that we think makes it a  
21      little bit unique is the ecological principles  
22      that we're using to develop these mixtures. Known

1 composition, diversity, patient safety and this  
2 came up earlier. Outcomes can be tracked and now  
3 we can link them back to a specific bacterial  
4 composition because we know exactly what's in  
5 there unlike what we were talking about with stool  
6 and having the stool registry. My  
7 acknowledgments. Both Canada, U.S., I just wanted  
8 to acknowledge all my collaborators.

9 PANEL MEMBER: Thanks Elaine, I  
10 appreciate it. Okay so moving from defined  
11 consortia to finding a needle in a haystack, our  
12 next speaker is Neil Surana. A freshly minted  
13 Assistant Professor of Pediatrics in Molecular  
14 Genetics and Microbiology at Duke University. He  
15 braved the hurricane to come to us and we were on  
16 call to give it a webinar presentation but we're  
17 really happy to have Neil, thanks.

18 MR. SURANA: Thanks very much, Ryan, for  
19 the invitation to come as well and to get me out  
20 of the rather wet Chapel Hill right now. So,  
21 there's one thing I want to talk about, how do we  
22 move forward in the field. And, I think, as has

1       been mentioned by many so far --

2                   MR. BATES:  There's an issue in the  
3       field of moving from associations and correlations  
4       to causation.  This is a study that Dirk Evers and  
5       Randy Xavier a number of years ago where they  
6       looked at pediatric patients with new onset  
7       Crohn's Disease and identified a large number of  
8       different genera in some bacterial families that  
9       were either more or less abundant in patients  
10      versus (inaudible).  The question with these and  
11      it's always where do you go from here?  And you  
12      see all these associations, but how do you either  
13      define a consortia or how do you define organisms  
14      that actually matter?  So, this question on how do  
15      you go to causation is challenging.

16                   If you think about this in a different  
17      way, you can picture the microbiome as a haystack  
18      where each individual piece of hay is a different  
19      micro that's there and I think all of the work  
20      that's, you know, been described so far today has  
21      highlighted the fact there's something there and  
22      the post trial for this is really FMT particularly

1       for prostate and difficile infections. We know  
2       there is a needle in there and there may be  
3       multiple needles, but how to you actually find  
4       that needle and is there a better way than FMT to  
5       go without it.

6               And so, what many in the field have been  
7       doing are these microbiome wide association  
8       studies to basically subset the haystack and you  
9       go from a large haystack down to a smaller  
10      haystack and we know that there is a needle in  
11      there too, and again, there may be multiple  
12      needles. I should say I wanted to update this  
13      picture of -- as Ryan mentioned, I just moved from  
14      Boston to North Carolina and I want to update this  
15      with pictures of my own haystacks, but the weather  
16      the last few days didn't really allow for that.

17             So, instead of going to these smaller  
18      haystacks essentially, can we just find the needle  
19      itself? And along with this, though, sort of  
20      presupposes the idea that a needle is better than  
21      the haystack. Just to think about this, you know,  
22      if you think about FMT at least for (inaudible)

1 and difficile, is being tested for a large number  
2 of other indications that has biological activity  
3 as many have talked about there's questions about  
4 whether it's reproducible or not and I think a lot  
5 of the conversations in the Q&A sessions have  
6 highlighted some questions where in the regulatory  
7 aspects of it, batch-to-batch variation if you  
8 will. When you think about bacterial cocktails,  
9 many of these issues are resolved and also from a  
10 company standpoint also improves patent position,  
11 but when you think about single isolates, you get  
12 all of that and potentially more and I don't mean  
13 these checkmarks to be completely black or white  
14 as they appear here, but sort of at least one  
15 man's opinion as to which one offers a little bit  
16 more benefit or not.

17           And one of them being that with a single  
18 isolate it may be a little bit easier to define a  
19 mechanism underlying how this organism impacts  
20 disease overall. And if one can identify  
21 mechanism, then that allows you, as people brought  
22 up into concession, to perhaps do precision

1 medicine with microbiome oriented therapeutics.  
2 So, if you know the organism of interest that acts  
3 through a certain mechanism, you can identify  
4 patients that have a defect in that pathway and  
5 then target that patient population specifically.  
6 If there is only organism being given, it in  
7 theory at least has lower potential for side  
8 effects than giving 8 or 10 or 20 different  
9 organisms at a time. And, also, I think it allows  
10 the possibility of defining specific molecules  
11 from that bacterium that can then be used in sort  
12 of a classic drug development process. And so, if  
13 FMT is essentially the iPhone, if you will,  
14 ultimately it will get to the iPhone 10X or 10S  
15 which is the actual molecules themselves.

16 But how do you choose these strains  
17 really is I think the issue that has come up sort  
18 of repeatedly over the sessions so far today in a  
19 work in Dennis Castro's published a year ago, they  
20 approach this question from a fairly reductionist  
21 point of view. So, they each gave a  
22 biogenetically diverse set of organs and it's 53

1 highlighted by the stars around this plotogram and  
2 then generated mice that were mono colonized for  
3 each of these and then really did an absurd number  
4 of immune phenotypes for each of these mono  
5 colonized mice, performed correlations among all  
6 of these different immune phenotypes, and created  
7 a dendogram based off of those correlations.

8 But what you get in the end, though, is  
9 you look at this -- these are color coded now by  
10 fileum in the squares and by genera in the circles  
11 and even if I don't tell you what these genera  
12 because there are too many to really make it a  
13 meaningful key, but what becomes apparent is that  
14 the taxonomy doesn't really correlate with the  
15 immune team either at the biome level or the genus  
16 level and for many of these species, multiple  
17 isolates of the same species were used in these  
18 experiments and they gave different results.

19 And so, I think this highlights that not  
20 only -- one can't just infer because lactobacillus  
21 is a commonly used probiotic that will have the  
22 same activity as a different lactobacillus species

1     and if you say *lactobacillus reuteri*, a different  
2     strain of the same species, we have very different  
3     functionalities as well.

4             So, then it gets back to this question,  
5     how do you choose? How do you find that needle  
6     overall? And I think what we realize is that all  
7     of these microbiome wide association studies share  
8     a lot in common with genome wide association  
9     studies. They have a lot of the same strengths  
10    and some of the same weaknesses, but GWA studies  
11    are really an outgrowth or an adjunct to what  
12    geneticists have been doing for decades, which are  
13    family pedigree analyses and there geneticists  
14    will identify a patient that they think has a  
15    hereditary disease, look through the family  
16    pedigree, identify other family members that has  
17    the same disease, look through their G nodes, and  
18    identify regions that are shared in those disease,  
19    absent in those without, and if you use over  
20    enough family pedigrees, you can really hone on at  
21    the gene level.

22            So, we reason can we do something

1       analogous to this for the microbiome. So, you  
2       know, as proof of concept, we used mice, which as  
3       Vince pointed out, it makes it a little easier.  
4       Now, the colors represent different microbiomes  
5       and we can take mice with different microbiota  
6       does, put them in the same cage, take advantage of  
7       the fact they are (inaudible), they eat each  
8       other's poop, and now we generate mice, they  
9       hybrid microbiota that is reflective of its parent  
10      microbiota. It's much like a child has a G node  
11      reflective of both of its.

12               So, with this, if the microbiome effect  
13      on disease is dominant, we should be able to  
14      triangulate microbes that are associated with the  
15      phenotype (inaudible). So, as proof of concept,  
16      we had multiple genetically identical, or at least  
17      related, strains of mice with different  
18      microbiotas in red, germ free mice, in blue, a  
19      strain of mice that they (inaudible) microbiota  
20      that we've been breeding inside of (inaudible)  
21      isolators for about a decade, ones with a human  
22      microbiota, again, bred in isolators for about a

1 decade, and then just wild type of mice, which was  
2 bought from the vendor. And which you can see  
3 these are experiment done with DSS colitis and  
4 showing basically just survival. You know, in two  
5 cases, they all died and in a couple of cases they  
6 virtually all lived.

7               So, we can take this very stark  
8 phenotypic difference and now do microbiome wide  
9 association studies. And if we focus just on  
10 these parental strains of comparing either the  
11 wild type mice that we buy from vendors versus the  
12 mouse microbiota or the one for the human  
13 microbiota versus mouse microbiota, there's still  
14 100 to 160 different taxa that are differentially  
15 abundant between these groups, which, again,  
16 leaves us with the question what do we next? How  
17 do we choose which organism to focus on?

18               So, we used this idea of microbial  
19 pedigrees. I'm not going to go through all the  
20 data, but we found that if you cohoused these mice  
21 just for a day, that in both sets you get  
22 intermediate phenotypes. The mice that used to

1       die now live a little longer and the mice that  
2       used to survive now die quite a bit more.

3               But, again, this only gets us down to  
4       the 60 to 90 different taxa that are different to  
5       the abundant. We applied an additional criteria  
6       that geneticsists would do with a given pedigree,  
7       which is look for things that are shared among all  
8       four comparisons. And, when we applied that  
9       additional criteria, only one thing came out,  
10      which is the bacterial family lachnospiraceae,  
11      which was associated with survival from DSS  
12      colitis. And, importantly, even though all of  
13      this was done in mice, our results mimicked what  
14      would have been shown in humans. Again, this just  
15      keeps going back to that same study by Dirk Evers  
16      and Art Xavier that found that lachnospiraceae  
17      were decreased in patients with (inaudible). So,  
18      our mouse data at least has some relevance to the  
19      human cohorts as well.

20             We went through and much like using a  
21      scenario similar to what (inaudible) described or  
22      what Kenya Honda had done, several different

1       examples, we defined a bacterial cult community, a  
2       bacterial cocktail, that enriched for  
3       lachnospiraceae, gave it back to our colitis prone  
4       mice, demonstrated that would protect mice from  
5       the disease, but then we went ahead and tried to  
6       pick single colonies and identified one species  
7       that fell within the family of lachnospiraceae.  
8       It happens to be a new bacterial species that  
9       we're calling *clostridium immunis*. As a control,  
10      we chose a different bacteria, *clostridium*  
11      *innocuum*, gave both of them to our widest prone  
12      mice. Those that got the control organism still  
13      all died with the same kinetics. Those that got  
14      the lachnospiraceae isolate are now protected from  
15      disease.

16               I should note that this is done with a  
17      single gavage of these organisms one week prior to  
18      challenge with DSS though I'm not a company. I  
19      have not done all of the dosing regimens that one  
20      might be able to do to sort of see if we can  
21      improve this from 60% survival to 100. But proof  
22      of concept is that we can identify organisms using

1       this approach that down to a single species that  
2       is protected from these (inaudible) in a causally  
3       related manner.

4               And so, what we were able to do is use  
5       this concept microbial pedigrees or micro unified  
6       triangulation to bioemphamatically pinpointing  
7       limited number of taxa that are associated with  
8       our phenotype and by doing this, we increase the  
9       specificity of our results at a cost of  
10       sensitivity. So, we may not be identifying  
11       everything, but the ones that we do identify  
12       through this approach, are more specific to the  
13       phenotype of interest. Using a directed microbial  
14       culture techniques are able to isolate the  
15       organism of interest and in back to our mice to  
16       demonstrate causality.

17              And Vince earlier this morning had  
18       mentioned Koch's postulates and we have now sort  
19       of demonstrated Koch's postulates with a commensal  
20       organism even though the even though the bulk head  
21       intended needs to be where the identification of  
22       pathogens specifically, I think that these really

1       need to be applied to a study of commensal  
2       organisms as well to really add to the scientific  
3       rigor within this field as well.

4               We've used this same approach to  
5       identify other organisms that are able to induce  
6       post expression of antimicrobial peptides, again,  
7       in a causally related manner. So this is a  
8       (inaudible) result of what we have been able to  
9       this least two different phenotypes and now  
10      applying to several others.

11             The big picture though, you know, even  
12      though we did this with mice, the approach itself  
13      can be applied to human cohorts as well so we can  
14      look to our patients, identify pedigrees that  
15      matter, to then identify taxa that are related in  
16      a causal manner to the phenotype of interest, use  
17      concept of microbial pathogenesis that has been  
18      owned over the last century to identify the  
19      bacterial factor from these organisms that mediate  
20      the protection, and then go through a standard  
21      drug development process to develop those  
22      organisms.

1                   I just want to end with the idea that I  
2    think really we've just scratched the surface  
3    overall of the roughly truly (inaudible) bacterial  
4    species that live in the world or that 10,000  
5    neglected human microbiome. There's a very small  
6    (inaudible) about this number, but clearly less  
7    100 or so different immuno modulatory bacterial  
8    species in the consortia have been identified with  
9    only a couple, you know, very limited number of  
10   bacterial moducules have been identified today so  
11   there's clearly work that needs to be done at all  
12   of these levels as well as trying to understand  
13   how to translate this (inaudible). With that, I  
14   will stop.

15                 SPEAKER: Okay. So, we're going to  
16   transition to the next talk and actually hear  
17   about one of those molecules. Greg Bates is a  
18   Senior Vice President of Regulatory Affairs at  
19   Axial Biotherapeutics, officially my favorite  
20   biotech company name, Axial. And the title of his  
21   talk is Bacteroides Fragilis used in a mouse model  
22   of autism.

1 MR. BATES: And thank you for inviting  
2 me. It's been a very interesting day today and  
3 I'm looking forward to more discussions as we move  
4 on. So, I'm going to follow what Neil said by  
5 talking about maybe trying to identify that needle  
6 in the haystack and I think we potentially may  
7 have identified one of the needles, but I think  
8 there's probably multiple haystacks, which with  
9 different needles being important in different  
10 diseases. But Axial Biotherapeutics, the company  
11 that I work for, is a reasonably new company and  
12 we're looking at the gut brain axis. So, we're  
13 trying to determine the connection between  
14 microbiome and neurologic disease. We're  
15 specifically focusing on neurologic diseases have  
16 a gut component to them.

17                   So, that's what that slide says. We're  
18       really trying to focus on that gut brain  
19       connection to figure out how we can manipulate the  
20       microbiome to help treat neurological disorders  
21       that may have a causality.

22 The work that we're doing at Axial is

1       based on some of the groundbreaking work that was  
2       published by Sarkis Mazmanian that helped  
3       (inaudible). He has published quite a bit on the  
4       connection between gut and the brain and the  
5       connection between microbiome and neurologic  
6       disease and understanding what those connections  
7       are. He has published data in ASD, Autism  
8       Spectrum Disorder. We also have a program on  
9       Parkinson's Disease that's also (inaudible). We  
10      have three programs that are expected to be  
11      clinical (inaudible) today. We don't have  
12      clinical so I'm going to be talking to you about  
13      the treatment (inaudible). When we do get to the  
14      clinic, our initial clinical focus would be try to  
15      look at objective biomarkers as well as GI  
16      function because autism (inaudible).

17               SPEAKER: Can you please speak into the  
18      microphone.

19               MR. BATES: I'm sorry. Which is linked  
20      in severity to the neurologic symptoms that you  
21      see as well. So, our target, again, is to look  
22      and its effect on the neurological disease and

1 we're trying to target therapies that are focused  
2 at the gut rather than the traditional way of  
3 treating neurologic disease by getting systemic  
4 therapies for obvious reasons. Hopefully, improve  
5 safety, decrease systemic exposure, getting around  
6 (inaudible) with systemic therapies as well.

7 Our therapies are both live  
8 biotherapeutic products as well as small molecules  
9 that are based on some of the activities that the  
10 microbial organisms that we're targeting may have  
11 (inaudible).

12 Generally, our approach, and this is our  
13 approach for Parkinson's not so much our approach  
14 for autism which we are going to talk about in a  
15 bit, is to transplant a diseased microbiome from a  
16 person with neurologic disease into a germ free  
17 mouse to see if we can create disease. So, for  
18 instance, in Parkinson's Disease, if you take the  
19 feces from a patient with Parkinson's and  
20 transplant it into an (inaudible) expressing mouse  
21 model, you can actually create the symptoms of  
22 Parkinson's in a mouse so that allows us then to

1     have a handle that we grab on to to try to figure  
2     out what is it in that microbiome (inaudible) to  
3     cause these symptoms.

4             With autisms, I'll talk about the work  
5     that Sarkis did and that we've continued  
6     (inaudible) in the autism area. Well, let me  
7     first talk a little bit about autism itself.  
8     Though autism, as many may know, is increasing in  
9     (inaudible) quite a bit. It's currently estimated  
10    that it affects about 1 in 59 children. This has  
11    increased substantially over the last 10 to 15  
12    years. The CDC when they come out with their  
13    reports every couple of years it goes up every  
14    time. And this is more than just an increased  
15    diagnosis. It seems to be increasing in the  
16    population in general. Poor behavioral deficits  
17    really Autism Spectrum Disorder is a spectrum so  
18    it's a heterogenous disease that have these  
19    cognitive deficits in children have certain things  
20    in common and poor behaviors are impaired social  
21    interaction, impaired communication, and they have  
22    repetitive stereotype behaviors.

1           There's a number comorbidities that go  
2   along with that, irritability, anxiety, and GI  
3   symptoms as well. There's currently no currently  
4   drugs for approved for treating the -- no drugs or  
5   biologics approved for treating the core behaviors  
6   of autism. There's only two approved drugs right  
7   now. That's Risperidone and Aripipazole and  
8   they're approved for treating the irritability  
9   associated with ASD. ASD is a wide open field.  
10   People have done studies using all sort of  
11   interventions including FMT's, probiotics, you  
12   name it, with varying degrees of success.  
13   (inaudible) As a matter of fact, there have been  
14   some FMT studies where B. Fragilis, which is the  
15   organism that we're using, has been in the FMT's,  
16   but very inconsistent results.

17           Again, going back to autism, autism is  
18   also a disease that occurs much more prominently  
19   in boys than in girls, about 4 to 4.5 times more  
20   likely to be in a boy than in a girl. There's  
21   certainly a reason to that. There's probably a  
22   genetic component underlying autism. There's

1 environmental factors to kicking off the disease  
2 and there may be in Parkinson's as well.

3           It can be diagnosed as early as age 2  
4 and kids start showing symptoms very, very early  
5 in life. Importantly, there is a subgroup of  
6 subjects with autism who have abnormal GI  
7 function. Some have diarrhea, some have  
8 constipation, bloating, abdominal pain, it varies  
9 from child-to-child, but there is definitely a GI  
10 component to the disease.

11           So, when you look at kids that have ASD  
12 and you try to look at information that correlates  
13 the gut microbiome to ASD. First of all, you see  
14 that, again, there are a number of kids with ASD  
15 that do have GI components of their disease. If  
16 you look at the microbiome of these kids versus a  
17 neurotypical child, there are differences.  
18 There's lots of publications on what the  
19 differences might be and many of them are  
20 different from one another so there is no  
21 fingerprint microbiome of an ASD child. There has  
22 a tendency to be less diversity in kids with ASD

1 particularly in the bacteroides and the (inaudible)  
2 components, but there is no current fingerprint as  
3 to what in microbiome is causing ASD.

4           There are many risk factors that occur  
5 in kids with ASD. Mother's that have infections  
6 when they're pregnant have a higher risk of having  
7 ASD kids. Antibiotic use has been associated with  
8 ASD. Birth by c-section. A lot of the things  
9 that we hear associated with microbiome type  
10 diseases. The kids that do have the GI symptoms  
11 also show alterations in their intestinal  
12 permeability. So, if you do a Lacta test on a kid  
13 with intestinal permeability with intestinal  
14 problems with autism, they frequently will have  
15 impaired intestinal permeability.

16           So, we started trying to think, okay  
17 well, how can these things be connected? What is  
18 the connection between the gut and identify a  
19 specific organism and create a specific microbial  
20 fingerprint that's associated with ASD. What  
21 could it from the gut be affecting the central  
22 nervous system. So, people have looked at the

1 (inaudible) around ASD as well and there have been  
2 a number of papers written about uremic toxins.  
3 Urinary (inaudible) has been published on and was  
4 found to be elevated. And there's also literature  
5 out there on 4-Ethylphenal Sulfate or 4-EPS, which  
6 is a close analog for (inaudible) that is also  
7 increased as well. They are very closely related  
8 molecules and we're measuring both (inaudible) and  
9 4-Ethylphenal Sulfate.

10 So, we looked ourselves at a cohort of  
11 ASD children who were part of the charged database  
12 at UC Davis and looked specifically at the  
13 metabolism of these kids and identified that in a  
14 subset of about 33% about third of the kids had a  
15 significantly increased level of 4-EPS circulating  
16 (inaudible) microbiome sourced uremic toxin. So,  
17 we've looked at a number of different cohorts now  
18 and have been able to reproduce this and replicate  
19 this in other cohorts of kids and it does provide  
20 a potential stratification opportunity in doing  
21 clinical trials to look at high 4-EPS children  
22 versus low 4- EPS children. The issue in autism

1 is that there is a very limited amount of  
2 cross-sectional data in the autism population  
3 identifying how much one autistic child  
4 (inaudible) what sets these subgroups of kids with  
5 gut symptoms apart from (inaudible). So, the  
6 treatment hypothesis that we're looking at Axial  
7 is the effect of the metabolites getting into the  
8 circulation and affecting the neurologic  
9 (inaudible) and the fact that these kids with gut  
10 problems have impaired intestinal permeability and  
11 an increased (inaudible). So, Sarkis, in his lab,  
12 had been doing a lot of work with B. Fragilis  
13 (inaudible) and had shown that actuary Fragilis as  
14 well as a number of other actuaries in this group  
15 (inaudible) had been improving the intestinal  
16 barrier and decreasing intestinal (inaudible).

17 So, we started to investigate B.  
18 Fragilis in mouse models of (inaudible). So, a  
19 little bit about Bacteroides Fragilis. B.  
20 Fragilis, again, is a compound that Sarkis had  
21 worked with before. There are other Bacteroides  
22 that also have an effect on the intestinal

1 barrier. Beta omicron also has an effect. B.  
2 Fragilis was chosen because they had a specific  
3 strain of B. Fragilis they had been working on for  
4 quite a while that was non-toxigenic. Again, B.  
5 Fragilis is not (inaudible). There are  
6 enterotoxic of B. Fragilis that can actually cause  
7 disease. The specific strain that we're on here  
8 is specifically non-toxigenic and not capable of  
9 producing enterotoxin. It's a non-spore forming  
10 brand negative (inaudible). It's very prevalent  
11 in the adult population, 50% or more actually get  
12 it. It's been shown in some studies to be as high  
13 at 90 plus percent in children, which decreases a  
14 bit as kids get older down to the 50 to 70% in  
15 adults and we believe that the organism functions  
16 in part by a direct interaction with (inaudible)  
17 epithelial cells.

18 So, hopefully, this organism will help  
19 to improve the intestinal barrier and decrease the  
20 exposure of the systemic organism from these  
21 toxins that may be (inaudible).

22 So, B. Fragilis, first of all, when you

1 look invitro, it does have the ability to repair  
2 epithelial cell barrier integrity. So, I think  
3 I'm a little bit taller than the microphone. So,  
4 if you take a Caco 2 monolayer and you disrupt it  
5 by exposure to cyanophytes and you increase its  
6 exposure to B. Fragilis, in a dose responsive  
7 manner and you see a repair of the integrity of  
8 that barrier. So, this is an interesting finding  
9 invitro. So, in vivo we see the same thing. So,  
10 the rest of the data I'm going to show is from a  
11 model that's called the MIA model, Maternal Immune  
12 Activation Model and this goes back to the  
13 clinical notice that pregnant women who get  
14 maternal infections have a higher risk of  
15 developing or having ASD children. So, this model  
16 is basically taking a pregnant (inaudible) and  
17 injecting the mouse with Poly IC, which is a viral  
18 mimic, a double stranded ANA but viral mimic and  
19 causes an immune activation in the mother. When  
20 the offspring are born, by three weeks of age you  
21 start seeing leaky gut and you also start seeing  
22 symptoms of autism.

1                   So, when you take these mice and expose  
2           them to B. Fragilis, you see an improvement. So,  
3           this is measured using FITC-Dextran, which is a  
4           radio labeled Dextran which (inaudible) across the  
5           intestinal wall, if you use DSS you see a great  
6           increase in the permeability of the gut barrier.  
7           The S here that is a wild type mouse, the P is the  
8           Poly IC so that's the MIA offspring that have a  
9           naturally leaky gut compared to a non-treated wild  
10          type mouse. If you add B. Fragilis to it, you  
11          see a substantial decrease in the intestinal  
12          permeability that you get with that model.

13                   And (inaudible) these are tight junction  
14          protein staining and you can see again if you add  
15          B. Fragilis, you get a repair of the tight  
16          junctions.

17                   Then when you look at the symptoms of  
18          autism that show up in these mice and you can  
19          really examine in these mice what or correlates to  
20          the core behaviors that you see in children with  
21          ASD. So, again, one is repetitive behaviors. So,  
22          mice bury marbles if you put marbles in their cage

1 and mice that have been offspring in this MIA  
2 model. So, again, if you get here onto the left,  
3 these are the wild type mice. On the right, these  
4 are the mice that are MIA mice. So, if you look  
5 at standard wild type mice, they vary about 30% or  
6 so of the marbles in their cage. You give them  
7 some B. Fragilis it's not really different. The  
8 MIA mice, their marble bearing behavior goes up to  
9 approximately 45% or so of the marbles. They have  
10 an increase in this repetitive behavior. You give  
11 them B. Fragilis, it brings them back down again  
12 to what the normal level was (inaudible).

13 This is a measure of anxiety and  
14 locomotion both so this is an open field  
15 exploration test where you put a mouse in a little  
16 box and you have a camera on him and you measure  
17 what he does. A mouse that has greater anxiety  
18 will hang around the edges of the box whereas a  
19 mouse that has less anxiety will spend more time  
20 in the center or the open area less protected from  
21 the mouse in the cage. So, MIA mice spend much  
22 less time in the center of the cage. So, if you

1 look over here, these are the numbers of times  
2 that the mice enter, the center of the cage, and  
3 the amount of time that they spend in the center  
4 of the cage and you can see, again, in the wild  
5 type mice they are here. The MIA mice have a  
6 significant decrease in the number of entries to  
7 the center and a significant decrease in the  
8 duration of time that they spend in the center and  
9 if you given them B. Fragilis, it puts them back  
10 to where they were before. They get a more normal  
11 phenotype and it's not because of an effect on  
12 locomotion because if you measure the distance  
13 traveled for these mice it's the same for all of  
14 them so this is really mice having less anxiety  
15 and going back into the middle of the cage again.

16 A communicative behavior is another of  
17 the issues that one sees in kids with ASD and  
18 again, this is also replicated in the mouse model.  
19 You get mice when they are together and make  
20 ultrasonic vocalizations towards each other to  
21 communicate. In the MIA model, which is here on  
22 the right, you look at untreated. They have a

1       substantially lower number of ultrasonic calls,  
2       vocalization, and the duration of those  
3       vocalizations goes down substantially. When you  
4       treat them with *Bacillus Fragilis*, their number of  
5       calls goes back up to normal and interestingly,  
6       the duration per call actually goes above the  
7       (inaudible) so there is something that *B. Fragilis*  
8       is doing here to increase and improve the  
9       communication that's emerged through ultrasonic  
10      vocalizations.

11               And, if you look at 4-EPS dated here on  
12      the left is from the MIA, you will see that in  
13      wild type mice they have virtually non-measurable  
14      levels of 4-EPS than the Poly IC treated offspring  
15      you see a substantial increase. It's about a 46  
16      fold increase and this is the most disregulated  
17      metabolic product at the gut that you see in the  
18      animals. When you treat them with *Bacillus*  
19      *Fragilis*, the level of 4-EPS goes back down again.

20               So, the hypothesis was that perhaps  
21      4-EPS could be one of the factors that's traveling  
22      from the gut to the center of the system causing

1       these (inaudible). So, if you actually expose  
2       animals just to 4-EPS, you see impairment in  
3       communication, increased repetitive behaviors, and  
4       increased anxiety as well and this happens whether  
5       you give them 4-EPS orally, gavage them with 4-EPS  
6       (inaudible) and this data here is from decolonized  
7       animals that were decolonized to specifically  
8       produce 4-EP in their gut. So, 4-EP appears to  
9       have an effect. B. Fragilis appears to have an  
10      effect on the intestine and we will test this in  
11      the clinic next. We've had a pre-IND and within  
12      the next hopefully in 12 months we'll be in the  
13      clinic and see if we can test this hypothesis.

14               PANEL MEMBER: I think I need to be  
15      fragile. We're about 20 minutes over here so  
16      we're going to try and get back on time. So, with  
17      that, our next talk is from Pinaki Panigrahi who  
18      is going to talk about -- who is a pediatric  
19      infectious disease physician and professor and  
20      founding director for the Center of Global Health  
21      and Development. And he's going to talk to us  
22      about a very large study done to look at

1 preventing sepsis using a strain of L Plantarum  
2 and the specific focus on the timing and why he  
3 particularly chose this strain.

4 DR. PANIGRAHI: Thank you for bringing  
5 me here. I don't know if I will ever see NIH and  
6 FDA under one roof and so many elite group of  
7 people listening to me. I don't know if there is  
8 anything left because after hearing so many  
9 wonderful thoughts that span from bioinformatics,  
10 machine learning to (inaudible), I don't think  
11 there is a whole lot left for me to add. And I'm  
12 not going to talk to you about prenatal sepsis in  
13 a developing world setting, how bad it is. I get  
14 carried away. I spend half an hour telling you  
15 how bad it is. One million deaths and the  
16 morbidity is different in this country if you look  
17 at the NICU sepsis continues to be a big problem.  
18 And it adds to, if you give them antibiotics, it  
19 adds to increased incidents of death so it's a bad  
20 disease and there is every reason to study and do  
21 something about it.

22 As I go through, I will have to speak

1 fast and I will show you many pictures so that you  
2 can visualize what was done and try to summarize  
3 my work in 15 minutes that took me about 25 years  
4 give or take. And you can think if you are  
5 thinking about other biologic supplement, how do  
6 you develop a new one. Do you just pick on and  
7 somebody tells you that it will work or you know  
8 about the pathogenesis, that's why you think about  
9 it or I just do it for the fun of it, I don't  
10 know?

11 Most of us, I think, we know about the  
12 disease a little bit, we know about the  
13 pathogenesis and we try to address it when we  
14 develop a new drug. Quickly, I want you to think  
15 about the history of because we are talking about  
16 micro and probiotics and the history. And then I  
17 have to talk about necrotizing enterocolitis  
18 although my topic is sepsis because they're quite  
19 related to each other and that is how the whole  
20 development took place. And then I will describe  
21 you the randomized clinical trial when we used the  
22 lactobacillus plantarum strain along with the

1 fructo saccharide and finally hopefully because  
2 I'm the last speaker we'll be able to tell the  
3 (inaudible) same sample wins.

4           This picture, many of you who are  
5 familiar with the probiotics still probably know  
6 but I think about in 1982 he drank cholera during  
7 an epidemic and he showed that he could survive.  
8 But I'm trying to make a point that it's about 100  
9 years and another gentleman were less give and  
10 take 100 years did something good but which we all  
11 remember him. And this is only 30 years ago, I  
12 think, 30, 35 years ago.

13           Here I am giving you necrotizing  
14 enterocolitis and sepsis because all the studies  
15 that have been done. Ultimately, they look at  
16 neck and sepsis together although the primary  
17 outcome could be one of the two. And the purpose  
18 of putting it together is in 1999 the first study  
19 came out which was kind of soft study but it told  
20 us that probiotics may work in preventing NEC.  
21 But half and half some of them show some efficacy  
22 and half of them don't show anything.

1                   If you look at the more recent ones, it  
2       hasn't changed a whole lot. Even the last very,  
3       very recent paper reviews that have been written,  
4       you can see only some work and others don't and  
5       sometimes that is given even negative effects.  
6       This is in Omaha. There are four NICUs and three  
7       of them have been using probiotics for 5, 6, 7  
8       years and each one of them is using a different  
9       type of probiotics. If you ask, have they done  
10      any three post numbers they don't try to address  
11      those.

12                  NEC is a multifactorial disease.  
13      Everybody was thinking even now they think is  
14      triad of ischemia bacteria and inflammation and no  
15      specific agent has been implemented in this  
16      disease. It happens very quickly and if you, as  
17      Dr. Neil was telling you this morning it's a bad  
18      disease. But this was in the early nineties when  
19      I started looking at the disease trying to find  
20      out what else may be present looking at just  
21      really tightly matched controls and NEC cases.  
22      And we didn't find anything and we published that

1       okay, there is no specification, we are looking at  
2       bacteria and by culture techniques it was what we  
3       could find.

4               But we did show that the colonization  
5       pattern may be important in causing or preventing  
6       necrotizing enterocolitis using simple caco-2 cell  
7       culture model and (inaudible) models. Here on the  
8       left in the panel, you see gram negative E. coli.  
9       You throw them, some of them, the ones that come  
10      from NEC babies that actually have massive  
11      numbers. In the panel B, you have gram positives  
12      like enterococcal (inaudible) in this particular  
13      case. If you put them together, you don't find  
14      too many of E. coli that is there but you find  
15      some gram positive still there.

16             Then we did some translocation model.  
17      Again, the same thing we have small transcytosis  
18      cells you put gram negative to transfer it. If  
19      you put gram positive cells along with it, they  
20      don't. And the transcytosis evidence goes down  
21      and the productive phenomenon was quite visible  
22      that the gram positives do something good there.

1                   So, we wanted to do some animal modeling  
2           and I don't know how many years I spent. I was a  
3           junior faculty and we had some fellows looking at  
4           mice and rats and newborn mice, newborn rats and  
5           none of them worked with this model then we went  
6           to have a look in this report. And we brought  
7           some pregnant rabbits to the facility and looked  
8           at weanling rabbits. One thing I made sure that  
9           we don't compromise the vascular supply and we  
10          made loops in the weanling rabbits and then we  
11          injected E. coli into the loops or we injected E.  
12          coli and enterococcus faecium or staph epi in  
13          combination in the same amount. And they  
14          recovered overnight and then we sacrificed them  
15          and looked at the pathology.

16                 Saline injected loops normal  
17          histopathology. If you put E. coli this is how it  
18          looks like. You don't have to be a pathologist  
19          and if you put the exact amount of E. coli along  
20          with some gram positives and you have some  
21          (inaudible) causality now but no (inaudible)  
22          adults. So, that told us that gram positives are

1 really doing something good. So, we could  
2 conclude that normal flora gram negatives E. coli  
3 (inaudible) do not belong to any pathogenic groups  
4 but produce disease and bacterial attachment and  
5 (inaudible). And if we put some gram positives,  
6 mostly gram negative staph and enterococci, we can  
7 prevent disease. And in these models and in NEC  
8 patients we always sepsis and the same thing  
9 happened in the rabbits. Whenever we had the NEC,  
10 we will be able to culture the same organisms from  
11 the blood of the rabbits.

12 So, can we give enterococci and staph  
13 epi to our babies. Obviously, no way because  
14 those are pathogens for preemies in the NICU. And  
15 we thought how about probiotics. Maybe we can, we  
16 just heard the term and which probiotics to use  
17 and so many are there and some of you who have  
18 gray hair might have heard about the story of  
19 Lactinex which was an FDA approved drug then it  
20 was taken off the drug route and it was put back  
21 on the OTC. What to use? We have no clue which  
22 one to use. And nothing against any of the

1 manufacturers and I love them because of them, we  
2 are here today but the field has progressed to  
3 that extent. But do you see what the line says,  
4 comes to (inaudible) and cultural and all of them  
5 have different types of mixtures. We had no clue  
6 as to which probiotic to use and no wonder people  
7 called it snake oil sometimes.

8                   And I was interested that whatever we  
9 use it should go and colonize and do its job. And  
10 nobody, none of the studies would ever talk about  
11 colonization what happens, why did you take that  
12 particular strain, because it was available, we  
13 took it. So, without colonization, I was not  
14 comfortable doing any real studies. So, these are  
15 all, by the way, funded by NIH either (inaudible).  
16 And with small funding from poverty, we did a  
17 study where as usual, we took LGG because of we  
18 thought it will colonize and it didn't colonize.  
19 Well then, we took some sporogenesis which was  
20 called bacillus (inaudible) that also didn't  
21 colonize. So, in the mid- nineties, if you think  
22 about Forest Gump, that is exactly what was

1       happening, we didn't really know. Were we really  
2       picking them up from the box of chocolates, I  
3       think that was happening.

4               So, we wanted -- I said okay, go to  
5       hell, I don't care. We will screen the -- we have  
6       the model, we have one invitro model, we will  
7       screen the strains before we think -- go to the  
8       clinic. So, we screened about 280 plus strains  
9       from the model, from here, from some from former  
10      Soviet Union, healthy stool and all different  
11      sources. First focused on bifidobacterial, none  
12      of them did anything in our model, specifically in  
13      our model.

14             Then we went to acidophilus because that  
15      was known, I knew about acidophilus and that  
16      didn't do much. Then came lactobacillus plantarum  
17      which saw something and we had quite a few. I  
18      didn't even hear that on plantarum at the time. I  
19      said planned and many of these are from babies'  
20      stool. I said, why should the baby stool have  
21      plantarum?

22             And finally, we found that there were --

1       and this is just the evidence of a picture I'm  
2       showing you which was of us screening in the same  
3       way they were taking through the animal modeling.  
4       And we found that there was one strain of  
5       plantarum and one strain of salivarius that did  
6       the job that we wanted to them do, i.e. stopping  
7       bacterial attachment and translocation and injury  
8       in the (inaudible). Because salivarius also  
9       transfer quickly in our system, we didn't want to  
10      give it to babies so we worked with lactobacillus  
11      plantarum and we had to do the typical safe  
12      toxicity studies and instead of doing it in  
13      rodents we went back to the rabbit, the newborn  
14      rabbits. These are newborn, they (inaudible) and  
15      fed them for a month and then took it to the  
16      clinic where we did the first phase one type  
17      study. Particularly in this 2 2 1 allocation  
18      where we give lactobacillus plantarum plus  
19      fructo-oligo saccharide and it colonized really  
20      well. After giving one week of therapy they got  
21      colonized for about four months.

22                   Then we did a slightly larger study

1       which can be called as a phase two gives the  
2       results of 2 2 1 allocation in about 180 which  
3       showed some impact. But sepsis, as you know, the  
4       incidents is pretty low if you look at the regular  
5       published. Then finally in the phase three trial  
6       after the success of phase one and phase two,  
7       where we did in a launched the free trial, it was  
8       a one to one allocation in the largest trial that  
9       we published last year.

10               And it was an individually randomized  
11       trial in the community setting in India and we  
12       wanted to reduce sepsis by about 20 percent.  
13       Because gram negative sepsis was half and half  
14       gram negative half was gram positive. So, we  
15       thought at least we will be able to reduce gram  
16       negative sepsis. So, for 20 percent power and 20  
17       percent relative death reduction, we wanted to  
18       enroll about 8000 babies. And we simply stopped  
19       the study in about the middle of when we had  
20       enrolled 4600 babies. I have been (inaudible) and  
21       only time we have stopped studies is when there is  
22       something wrong and we want to open the study up

1       big and do such things.

2                   And then we found and we were happy to  
3       know that it was obviously due to efficacy and  
4       this is in the eastern part of India, one state,  
5       where we did the study in two different districts  
6       that (inaudible) support. And this will take me  
7       three hours, I can make a movie how it was run  
8       even one grant five years, \$5 million to set up  
9       the labs to all the infrastructure to train  
10      people. And then finally, we did the study within  
11      our one because we already had done the  
12      preparatory work after that.

13                   So, it was individually randomized  
14      blocks of four and we gave same antibiotics  
15      starting day two of life, day two, three or four.  
16      First day, we didn't give because many babies die  
17      to birth asphyxia and they may have early onset  
18      sepsis which we won't be able to really do much  
19      about. And then they were watched at home for 60  
20      days. And all adverse events and serious adverse  
21      events were reported and then we did (inaudible)  
22      blood culture and microbiology identification and

1       stored the samples. And we had to set up NICUs  
2       and those had to come (inaudible) and NICUs now  
3       use cellphones. The bottom you see 300 workers  
4       who each village has one lady who was trained and  
5       then a three tiered system to daily monitor the  
6       study and bring the patients the moment they  
7       become sick.

8               A lot of focus group meetings, movies  
9       were made and they had to be told that okay unless  
10      you bring the baby right away the baby is going to  
11      die. And at the end, this is what we got. We  
12      screened 7000 babies and enrolled 4500 and there  
13      quite a few ineligible, I will tell you that. And  
14      then we had very few (inaudible) but we had some  
15      that were -- by the way, our inclusion criteria  
16      was 35 weeks or 2000 grams. We didn't want to  
17      enroll really tiny babies because this was the  
18      first time and we didn't know they will be dying  
19      due to all different things including asphyxia.

20             And some of them we could not enroll  
21      because they were born at hospital, they didn't  
22      come home. But it is a flight and some of them

1        had early onset sepsis. And after excluding those  
2        2500 and it was very tightly monitored by all  
3        different groups apart from the investigators who  
4        came and said this is how (inaudible) mix and  
5        prepare the antibiotic and squirt it into the  
6        baby's mouth.

7                    And the results coming to when we look  
8        at death and sepsis, there was a drastic reduction  
9        in India of 27. I was always bragging about it,  
10       now I won't have to. I know it definitely has  
11       (inaudible). And when you look at culture  
12       positive sepsis, it was also reduced in massive  
13       numbers, 27 versus 6. What happened which we had  
14       no clue about, the reason this study was stopped  
15       in the middle is a respiratory tract infection.  
16       In this country, respiratory tract infection or  
17       pneumonia, those are different diseases, we know  
18       what they are. WHO on the other hand, classifies  
19       neonatal sepsis only for the developing world  
20       (inaudible) all of these conditions including  
21       respiratory tract infection because they can  
22       diagnose in the field, they will give them

1       antibiotics. So, that component, we had quite a  
2       few respiratory tract infections that also got  
3       reduced significantly which really tipped the  
4       balance and that's why the study was stopped in  
5       the middle.

6               Some other infections were also reduced  
7       including colitis and local skin infection and  
8       diarrhea. But then if you combine all infections,  
9       not just sepsis, then the (inaudible) was 18. And  
10      if you include diarrhea it was about 15. Other  
11      morbidity we collected because it was a provided  
12      trial but we didn't expect that they will have  
13      less (inaudible) disease in the first two months  
14      of life. And we could conclude that this  
15      (inaudible) significantly reduce sepsis but it  
16      also had some effect where it reduced (inaudible)  
17      staff infections. So, we know now that apart from  
18      blocking just the bacterial transmission, there  
19      are other even mortality effects that are going  
20      on. And there is a lot more work to be done which  
21      we have started now looking back at the timing  
22      when we give the preparation is day 2, 3 or 4,

1       does it matter. Those of you who are familiar  
2       with the (inaudible) on BCG and the non-specifics  
3       stimulus of the human system, one could say that  
4       it has nothing to do with lactobacillus. You gave  
5       an antigen and you give it at the right time. So,  
6       now we are looking at does it make a difference  
7       because we have 2000 babies we are looking at  
8       (inaudible) and see which ones did better if at  
9       all. And this was from the very first study where  
10      we looked at it has been published from the  
11      microbiome. Again, there are tons of changes and  
12      just so that you see how many are so diverse if  
13      you look at them and now, we are looking at  
14      bacterial host cell interaction which all of us  
15      are very fond of. And if you look at this just  
16      simple attachment, the recent electromicrobial  
17      structural analysis that we are trying to do, they  
18      are not as simple as we think. They are not just  
19      coming and blocking it and basically different  
20      actors at different time after half an hour versus  
21      one hour, three hours and six hours. These are  
22      the lactobacillus and when they come very close to

1 the cell surface on the left hand side you see the  
2 E. coli, on the right hand side lactobacillus.

3 And if you think about team expression,  
4 we are talking about consortia, we are talking  
5 about thousands of species. This was a study we  
6 published some time ago taking the same E. coli  
7 that I showed you. You put it on cultured cells  
8 (inaudible) 332. Lactobacillus plantarum alone  
9 combine them it's only 86. Something is going on  
10 the on transpectral here. So, I will coming back  
11 again products have been sold with different --  
12 you can change the color and still (inaudible) for  
13 this pink for babies and if it is a chewable it's  
14 a junior. (Inaudible) has everything. They add a  
15 little bit of -- again, nothing against  
16 (inaudible) one of the most studied (inaudible).  
17 But you add a little bit of vitamin D (inaudible)  
18 and I'm not exaggerating that okay we'll cool  
19 you're baby down.

20 So, that is one aspect that you can't --  
21 this is something that Joe Neil told about this  
22 morning, LDG, that the three fourth study has now

1 shown that it increases necrotizing enterocolitis  
2 and sepsis. So, you can't take it for granted.  
3 It may be a wonderful probiotic but I wonder if  
4 this is a (inaudible). And I will end by saying  
5 that many many years ago, all of you have heard  
6 about this how ampicillin was developed. Think  
7 about the bark, they were eating it and then 1820  
8 and then chloridoid was there for 100 plus years.  
9 And then even now, if you go back to those areas,  
10 Levaquin is used not just as an anti-(inaudible)  
11 it is used for everything. A little bit  
12 (inaudible) you want to feel good take a pill.  
13 Also, as a food supplement. So, this is -- I was  
14 telling you it was only 5 years ago when it was  
15 licensed and Sanopy took it as a drug. So, if  
16 you're wanting to use it, give it intravenously,  
17 give it (inaudible) of course it has to be  
18 developed as a drug. But can we stop the people  
19 taking the (inaudible) or somebody who is wanting  
20 to sell it in a capsule so that they will have  
21 less of the pain or it will help the fever, answer  
22 is well, you know, they will do it no matter what.

1                   And this was (inaudible) one of my  
2           heroes from 100 years ago, Alexander Fleming, also  
3           about 100 years who came up with Penicillin. Now  
4           what we are trying to tell, think about  
5           antibiotic, it took 100 years to do this. And  
6           probiotics, it will take another 100 years. Now  
7           we are kind of waking up. We can't expect that  
8           okay, we have a prospect on probiotic that's going  
9           to cure all elements about this exist. So, a lot  
10          more work to be done. Thank you.

11                  PANEL MEMBER: Okay so we're going to  
12          move right along. I'm going to invite all of our  
13          speakers for session three up to the table and  
14          we're going to combine clarifying questions in the  
15          panel discussion but we'll take questions first,  
16          certainly. So, please step up and ask questions.

17                  SPEAKER: Howard (inaudible). So, the  
18          amounts that you showed, you get them (inaudible)  
19          groups where you added (inaudible). Do you have a  
20          control group where you added a different bacillus  
21          or someone just to show at least specific  
22          (inaudible)?

1                   PANEL MEMBER: No. In that particular  
2                   experiment, that experiment was focused on B.  
3                   frag. However, the laboratory has done that with  
4                   some other organisms that haven't shown these  
5                   effects. B frag was specifically chosen for these  
6                   series of experiments though because of its known  
7                   effect on leaky guy. And we're looking really at  
8                   4-EPS and it's 4-EPS potentially what's causing  
9                   the behavioral abnormalities.

10                  SPEAKER: End of the day we'll wake each  
11                  other up.

12                  PANEL MEMBER: So, here's the deal.  
13                  Thousands of bacteria in the gut, thousands of  
14                  things we could potentially grow, thousands of  
15                  different diseases we could potentially go  
16                  through. How do we sort through that huge matrix  
17                  so that we don't have to do the thousand by  
18                  thousand experimental design? What have you guys  
19                  used to try to sort things out? Two minutes.

20                  PANEL MEMBER: So, I think a couple of  
21                  things that we (inaudible) a little more. I think  
22                  that leaning on some human data from

1       interventional studies is useful because of all  
2       the potential combinations. There will be many  
3       that are just relevant to mice. So, that can make  
4       the experimental space more. Something else that  
5       we've starting experimenting with that I think  
6       will be useful at some point and I don't know if  
7       the prime time is there yet but we're working on  
8       it. Is try to start using just good old  
9       mathematical modeling to predict how communities  
10      will behave and put together. And when I say  
11      mathematical modeling, today I mean just pure  
12      empirical modeling, fitting adjustable parameters  
13      to experimental data to then be able to predict  
14      how communities of a few will grow together.

15               Hopefully, at some point, this goes into  
16      actual mechanistic modeling, being able to say,  
17      you know, from that genome, I expect this needs to  
18      be expressed and this is interactions. I don't  
19      think the field is anywhere close to that but  
20      we'll get there. Personally, I think we're at  
21      very exciting time now where we're starting to  
22      transition from just enemonology, microbiology,

1       which is great to actual having a feel, a few  
2       assemblies of rules to work from. And I think  
3       that when the field gets to the point where  
4       engineers and mathematicians can start coming in  
5       because there is enough information that you can  
6       actually model things. That's when we'll be able  
7       to really dramatically reduce the size of the  
8       experimental spaces that we can explore.

9                 DR. PANIGRAHI: Yeah, I would have  
10       responded the same way. If we want to think about  
11       how the consortia is going to change modeling,  
12       mathematical modeling is the only way to do it.  
13       But even at the same time, we have to think, okay  
14       fine, we know this is how the consortium is going  
15       to look like. But what will the physiologic  
16       scientific change for that to me it may sound like  
17       we have to go back to humans. And if it is  
18       provided, that is why I was asking those  
19       questions. We can probably, because it is not a  
20       "drug molecule" and if it is safe, we can do  
21       larger studies.

22                So, whether it is diet, whether it is

1 exposure, whatever happens we don't really care  
2 because these are ammonized. And as long as they  
3 are large, all those variables will be taken care  
4 of. They will be distributed half and half. So,  
5 we call it mod efficacy effectiveness at that  
6 point. So, I think there are not thousands of  
7 diseases, if you really look at the textbook,  
8 there are not that many. So, we have to think  
9 about the pathogenesis and see if this has a  
10 microbium has a role and then go from there and  
11 use the best single one or (inaudible) against  
12 consortia. Because once you give it, they are  
13 inter consortia even in the newborns that are  
14 within a couple of days to health, dozens of bugs.

15 So, at least I know that I am giving one  
16 that colonizes that stays in there. But whatever  
17 happens, the argument outcome is what we are  
18 interested in and that's what we will check all  
19 the changes physiologic and scientific changes.

20 PANEL MEMBER: I think the other  
21 approach is also starting from first principles,  
22 on both ends, understanding mechanistically what's

1       going on in the disease state and better  
2       classification of diseases. But then also on an  
3       organism by organism basis figuring out what their  
4       punitive effects in the host are and basically  
5       create this microbial toolbox where, you know,  
6       organism A has this affect on these different  
7       parameters. And then you can start to pick and  
8       choose for this disease that has these defects we  
9       will need organisms A, C and E. But for this  
10      other organism, for the same disease in a  
11      different patient, you may mix and match from that  
12      toolbox that's already falls upon it.

13               PANEL MEMBER: So, I think all these  
14      points are important but I still believe in  
15      physiology. Going back to Vince Young's comments  
16      earlier about understanding the physiology and how  
17      these bacteria are interacting and what they're  
18      doing. I think mathematical modeling is useful  
19      but we still need to keep our eye on what happens  
20      physiologically when we put these organisms  
21      together.

22               I guess you had mentioned going after

1     all these diseases. My feeling is do no harm,  
2     first and foremost, and baby steps. To me,  
3     recurrent C-diff is one of the easiest ones to go  
4     after first and using that as sort of a learning  
5     experience and branching up from there is sort of  
6     what I personally would think would be the way to  
7     go. And always keeping in mind that organisms  
8     don't always do what you think they're going to do  
9     the same way teenagers don't always behave the way  
10    you think they're going to do. No matter what  
11    kind of mathematical modeling you do, they'll  
12    always come out and surprise you. And I've seen  
13    surprising things come out of these bioreactors  
14    when we put things together that we were not  
15    expecting at all. And then we could go and look  
16    in animal models to kind of dig into that a little  
17    more deeply. But yeah, I guess I would err on the  
18    side of go slow and do no harm.

19                I mean, the other thing, I have a  
20    colleague, Erica Claude who is a neonatologist.  
21    And we've had a lot of interesting conversations  
22    about NEC. And she pointed out to me something

1       that I had never even thought about before and  
2       that was that for prevention for NEC, is it's 1 in  
3       10, that means there's 9 out of 10 babies that  
4       would be getting probiotics that didn't actually  
5       need them. And for a preemie, the different for  
6       neonates that are healthy born babies, for  
7       preemies, she was questioning what this will do  
8       long term if we now set their set points with  
9       these new bacteria that we put in. Nobody knows  
10      what's going to happen. And so, she's very  
11      hesitant to use probiotics and, you know, I never  
12      even thought of that before. I think we just have  
13      to be careful.

14               Well, actually so what she's promoting  
15      is decreased use of antibiotics and push  
16      breastfeeding because breast milk has been one of  
17      the most protective elements. And really low  
18      birth weight seems to be the risk factor. So, if  
19      she can get them to grow, gain weight, they don't  
20      have this same risk of NEC.

21               PANEL MEMBER: I would agree with what's  
22      been said. I mean, we're dealing with incredibly

1       complex interactions and incredibly complex  
2       systems here. So, we just need some levers really  
3       to get in there and really start understanding NEC  
4       (inaudible) from this point on. And one of the  
5       reasons, obviously, why *B fragilis* was attractive  
6       was because we knew it was likely going to be  
7       safe. But it also has some of the features that  
8       we want to see in some of the effects in animal  
9       models that we think might be able to make a  
10      difference. *B fragilis* is probably having an  
11      effect on other organisms and it's probably well,  
12      we know, it's changing micro bio makeup to a  
13      certain degree. It is turning it a little bit  
14      back to what it is in wild type animals.

15                So, it's not *B frag* alone and it's  
16      probably not 4- EPS alone. It's probably a whole  
17      slew of things that are stewing around in the soup  
18      that might, some might be getting in anyway  
19      because they penetrate through diffusion. Some  
20      maybe can only get through a leaky gut. I think  
21      we just have to start chipping away and figuring  
22      out what these things do and that will lead us



1       what happens is you have all stunting and  
2       everything and the GI dysfunction takes place.  
3       How can you, I said, how will they be able to  
4       better fight against others. But we had to follow  
5       for 2 years. We didn't do microbiome but we had  
6       to follow and show that there was nothing drastic.

7               So, long term follow up, longitudinal  
8       assessments and with all the tools we have now, I  
9       think we should be fairly comfortable telling how  
10      we are changing and if the change is good or bad.  
11      And if something wrong happens, that happens when  
12      you're trying to discover something.

13             SPEAKER: Debra Topam with Knowledge  
14      Bank. Dr. Panigrahi, could you talk a little bit  
15      more about the dosing that you used for  
16      lactobacillus along with what dosing you used for  
17      the FOS and what kind of type of FOS that you  
18      used?

19             DR. PANIGRAHI: Yeah it was fructo-oligo  
20      saccharide 150 mg in each dose and ten to the part  
21      one billion organism's lactobacillus plantarum.  
22      So, it was available as a levelized power which

1       was mixed with 5 percent extra saline on site and  
2       then it was put into the baby's mouth for seven  
3       days depending on whether we started on day two,  
4       we gave it for all of them received about seven  
5       doses.

6                   SPEAKER: Of the 150 mgs of FOS?

7                   DR. PANIGRAHI: Yeah.

8                   SPEAKER: And I guess at that point, are  
9       all of the babies in your group primarily  
10      breastfed? So, they might have gotten the MI  
11      million oligo saccharides along with the fructo  
12      saccharides?

13                  DR. PANIGRAHI: Yes.

14                  SPEAKER: That would be the sugar  
15      (inaudible).

16                  DR. PANIGRAHI: Yes.

17                  SPEAKER: (Inaudible) at that point?

18                  DR. PANIGRAHI: And, in fact, we had  
19      some very angry people writing to NHO that you  
20      have been unethical. Breast feeding is the only  
21      thing that really helps that has reduced this and  
22      that. We said no, you are unethical because you

1     have been chanting about breastfeeding for hundred  
2     years. Nothing has happened, infection has gone  
3     up. Although breastfeeding rate has gone up in  
4     developing countries, infection rates haven't gone  
5     down at all, it has gone up. So, all the ones  
6     that we are showing that are exclusively  
7     breastfed, unless breastfeeding was established,  
8     they were excluded, there were quite a few. So,  
9     in spite of having breast milk, in spite of having  
10    oligo saccharides, maybe whatever there is not  
11    enough good bacteria that could protect them  
12    during that window.

13                 SPEAKER: Christian Riel here with  
14    University of Michigan. So, my question is, I  
15    guess, related to that and I maybe the other  
16    panelists can chime in too. How did you decide to  
17    co-formulate with FOS to begin with? Was it based  
18    on preclinical data, was it based on some idea of  
19    what substrate this would grow best on and in  
20    general, how do you make those decisions? When do  
21    you arrive at the decision where you say hey, do  
22    you know this probiotic is not enough we need to

1 co-formulate this?

2 DR. PANIGRAHI: Well, I can answer.

3 That was the only thing I have done in my life  
4 without solid scientific evidence. If you ask me,  
5 give the same plantarum without fructo saccharide.  
6 With it colonize, will it downsize, we didn't do  
7 that. I think we were impatient because we had  
8 already spent four or five years doing two or  
9 three other clinical trials. That we expected  
10 that they are going to colonize and have  
11 something. When that didn't work, we had one  
12 organism that was expected to colonize. We wanted  
13 to do it better. And we have enough evidence that  
14 if it doesn't get probiotics, that's not enough.  
15 You have to get something from outside so it was  
16 just we wanted to increase our chances of success  
17 so we added antidote for (inaudible) be better,  
18 all that we don't know we have to work on it.

19 PANEL MEMBER: So, just to keep things  
20 going on this, I put up a slide, we have a couple  
21 of slides, one focusing on models. Everybody  
22 talked about a model in one way or another. And,

1     you know, so in essence, you know, we've talked  
2     about it, we've heard about the complex  
3     relationship between host and microbe and that  
4     complicates these models. We have everything from  
5     a hostless fermentation model to humanized mouse  
6     models to, you know, the human model itself.

7             And the focus of this session is on  
8     strains. And so, I think I've heard on multiple  
9     occasions that strains matter and that just a  
10    simple *L. plantarum*, out of the 20 is not the  
11    same. So, how do you leverage these models and if  
12    I could go one by one how have you leveraged these  
13    models? Is it one particular strain of *B. frag*,  
14    are the strains falling part? In your robo gut  
15    are you checking multiple strains of the same gene  
16    species? So, maybe just kind of briefly go  
17    through and talk about why strains matter and how  
18    leveraged models.

19            PANEL MEMBER: Yeah, well with regard to  
20    *B. frag*, definitely strain matters, there's no  
21    question about that. There are enterotoxigenic  
22    strains, we wanted to avoid that. The strain that

1 we ended up using happened to be the strain that  
2 was Sarcuses lab but we have used other sources of  
3 B. frag that have not known the same level of  
4 efficacy. So, there seems to be some magic sauce  
5 in the particular strain that we're dealing with.  
6 We don't really know what that is. You know,  
7 again we know what some of the metabolites are but  
8 we don't know really whether -- well, it's  
9 certainly not the only metabolites and are those  
10 the only metabolites that are having an effect  
11 distantly in (inaudible), we don't really know.

12 PANEL MEMBER: Yeah, so to probe a  
13 little bit more on the basis of this question is  
14 that B. frag paired with mouse model or is that B.  
15 frag going to be something relevant to humans.

16 PANEL MEMBER: Yeah. There are other  
17 mouse models, there are other animal models of  
18 AST. There's a BTBR model, you know, which is an  
19 inbred spontaneous model. There's the cat nap two  
20 model which is a genetic model and we do see  
21 efficacy on the behaviors in all of them. But all  
22 the models are different. They all cause

1 different aspects of the disease and they may or  
2 may not replicate what's happening in humans. Not  
3 all of them have a gut component so we can't  
4 really look at the effect on the GI abnormalities  
5 in any of them. But we do see consistency between  
6 those three models, the effect on the behavioral  
7 components, at least the behavioral components as  
8 they are shown in the phenotype of that particular  
9 model. So, that much we know.

10 But, you know, in answer to the last  
11 question of this, are humans still the most  
12 reliable model. I don't know if they're the most  
13 reliable model but to me they're the most  
14 important model. So, as soon as we can  
15 extrapolate safely beyond the mouse and get it in  
16 humans then I think the story starts over again  
17 and then we can start learning new things and  
18 there's so much (inaudible). We'll certainly  
19 learn more in our exploration. Whether it results  
20 in effective treatment, we hope it will, but  
21 (inaudible).

22 DR. PANIGRAHI: I think, so my view is

1       for matters of safety PK/colonization, humans have  
2       worked best for us and we haven't really relied on  
3       the results of the animal models for these two  
4       considerations for a number of reasons. I think  
5       for matters of (inaudible) mechanism, in general  
6       is a screening tool when you have to go through a  
7       number of different possibilities. Humans for  
8       obvious reasons are not usable or appropriate.  
9       So, for that we've relied in animals and I think  
10      for those uses they can be very helpful.

11               Some of the models that have obvious  
12      limitations like germ free models or antibiotic  
13      treated animal mouse models of SPF background, can  
14      actually be very useful to understand causality to  
15      learns things about mechanism. So, I think  
16      depending on the use that you give them, even  
17      fermentation models can be useful if, I think, if  
18      you're using -- if you're trying to explore  
19      simpler questions that aren't really where the  
20      immune system doesn't really play a very obvious  
21      role, you just want to understand microbiome  
22      interactions. It really depends on what question

1       you ask.

2                   SPEAKER:   I'm Lawrence Royce and I  
3       wanted to know, there was one mention of lysates  
4       used and I was wondering, has anyone done any work  
5       that killed species and what kind of successes  
6       have you had. I know there have been quite a  
7       little bit of research that was done in the former  
8       Soviet Union using lysates and very successfully  
9       not stimulating but modulating the immune system  
10      and it was very interesting results. I think, one  
11      of the first discoveries in the Soviet Union was  
12      in 1976 with, I think, with lactobacillus  
13      rhamnoses, a lysate that had some interesting  
14      results. And I was wondering, does anyone else,  
15      who has done work in this area?

16                  PANEL MEMBER:   We've tried a lot of  
17      either bacterial lysates, heat killed organisms or  
18      a variety of end points. And I think it depends  
19      on the organism and the end point as to whether it  
20      shows an effect or not. So, for some things it  
21      works, for other things it doesn't. I think  
22      figuring out the why and when can you predict when

1       to work or not still needs to get resolved partly  
2       to define sort of what the molecules and what's  
3       the pathway of that interaction. Does it really  
4       require colonization or not, does it require a  
5       certain threshold that we're not giving, you know,  
6       a concentration that we're not giving lysates in  
7       dosing regimens and things of that sort. But I  
8       think that for certain aspects or certain  
9       phenotypes, either lysates and/or killed  
10      organisms, at least in our hands, have been  
11      successful.

12                   PANEL MEMBER: The only other thing I  
13      would say is, you know, I mean I think with  
14      regards to AST and the part that we've done so  
15      far, I think the organism is important. As far as  
16      what would be in a lysate that might have an  
17      effect, well we certainly looked at the  
18      metabolomics and we looked at the metabolites that  
19      are different and there certainly could be  
20      situations where a metabolite might be beneficial.  
21      But then, you know, when we're going to have a  
22      continuous source of the metabolite, otherwise the

1       metabolite itself might be a drug. And then I  
2       think we would want to know what component of that  
3       lysate is responsible for the effect and then  
4       really focus on that particular component.

5               DR. PANIGRAHI: Now, I would respond the  
6       same way. I mean, we have tried but only with  
7       very specific bugs. Only (inaudible) bacteria  
8       whether that would do the same thing in our in  
9       vitro and animal models and they didn't. That  
10      doesn't mean that the components, if we're now  
11      thinking that it's not the whole bug that is doing  
12      100 percent of the thing if it is even a  
13      modulation, maybe it would have the component  
14      would have done something or that the module is in  
15      place even if it didn't help against bacterial  
16      (inaudible) and (inaudible).

17             It all, I guess, boils down to the  
18      physiology and what you are trying to study. I  
19      think in future years we will see different  
20      components and how they really interact with each  
21      other or with host cell and the ultimate  
22      physiologic effect. Those will be done in future

1       years.

2                   PANEL MEMBER: Well, there is PSA that  
3       also came out of Sarcuses work I believe when he  
4       was at UCLA. And there was a company, I can't  
5       remember the name of it, Symbiotic or something  
6       like that, that's working on specifically PSA and  
7       its effect on the immune system.

8                   PANEML MEMBER: I'm going to interject,  
9       sorry, as moderator. I'm going to take my  
10      prerogative and ask kind of one last topical  
11      question. It really has to do with the fact that  
12      clearly, we've seen the historical use of  
13      probiotics and now we see this upsurge and  
14      rationally selected and based on human commensal  
15      colonization and causal association with diseases.  
16      So, that's a series of questions here but I'm  
17      going to skip through a little bit.

18                   And I think it came up, I didn't mean to  
19      or I was going to bring it up but Elaine mentioned  
20      this recent study and it has to do with the idea  
21      of what our high resolution assays, what are our  
22      assays. Is colonization, even in a human model,

1        what is that telling us? And so, we have some  
2        recent papers that have just come out and they  
3        have suggested there may be more to the story of  
4        just pass through and detection in stool. And so,  
5        I want to ask, you know, essentially a question  
6        here. I mean, we've heard about high resolution  
7        assays to detect that this specific strain, that  
8        actual organism that you've given, Burnette talked  
9        about that. What is the role for actually looking  
10       within the intestine, within other communities to  
11       assess the efficacy of your strain?

12                Because, you know, in the paper, one of  
13       the things that they did correlate is mucosal,  
14       host transcriptional response is what correlated  
15       with mucosal colonization. And I think that's an  
16       interesting concept and I'm wondering how each one  
17       of you take that idea and move forward with it or  
18       not. I mean, whether or not colonization through  
19       stool detection is sufficient.

20                DR. PANIGRAHI: Well, I would fully  
21       agree with you and I won't say that especially if  
22       I'm thinking about the organism that I used. I

1 think because I did in vitro experiments and  
2 animal experiments, I know that they had to be in  
3 contact with mucosal cells. And now we have extra  
4 non-GI impact. And so, if they wouldn't be there,  
5 they are not associated with mucosa. I would be  
6 surprised if they're going to do their job.  
7 Doesn't mean that other probiotics, other  
8 components won't do it.

9           So, I think that if I can take IFC every  
10 three days for my baby, I'll be more than happy to  
11 do it. And many people have complained that oh,  
12 stool has nothing to do with it. They come get in  
13 and get out, the real ones are inside so you're  
14 not looking at it. But that's the best surrogate  
15 we currently have and I'm sure and that's why we  
16 use animal models and that's why we have to have  
17 some other models to have some idea.

18           PANEL MEMBER: I totally agree with you  
19 and actually we really need better diagnostics  
20 than we currently have. That paper that you  
21 mentioned, it's where the rubber meets the road.  
22 The epithelial microbial interface, it totally

1 makes sense that there's going to be stuff  
2 happening at that interface. And stool is kind of  
3 a crude measure, it's just kind of passing on  
4 through. So, we're missing a lot of very useful  
5 information but biopsying is difficult. As you  
6 know, we can't always put that into clinical  
7 trials and it's complicated ranging from, you  
8 know, colonoscopy time and the colonoscopy suite,  
9 being able to get the biopsies. But there's no  
10 question that we have to come up with better  
11 diagnostic tests.

12 I mean, if you think about it, when we  
13 give antibiotics, we measure creatinine. Why  
14 aren't we measuring what it's doing to the  
15 microbiota as part of, you know, we measure serum  
16 levels of the immune glycosides, we do all these  
17 things with antibiotics. We don't even measure  
18 that. Like there's a lot of diagnostics that need  
19 to be developed and I think that whole area is  
20 being completely overlooked.

21 PANEL MEMBER: I'll disagree a little  
22 bit in that I don't know that colonization itself

1 is always required. To use the example from  
2 bacteroid fragilis either polysaccharide A or  
3 other bacterial single lipids, those products by  
4 themselves can still exert effects on the host and  
5 in disease models. So, it's not clear that,  
6 clearly you don't need bacterial attachment  
7 because there's no bacteria in those experiments  
8 but then there's a question of how does those  
9 molecules interact with the host.

10 And so, there's still some host  
11 recognition of those molecules in some capacity.  
12 But whether or not you need bacterial colonization  
13 as a starting point, you know, in your study that  
14 was sort of a prerequisite to move forward is that  
15 the organisms had to colonize. But if one can  
16 identify the molecules themselves that then have  
17 an effect, you may be able to bypass that stuff of  
18 bacterial colonization itself.

19 PANEL MEMBER: Yeah, I would agree.  
20 Particularly with B. frag, I don't think we expect  
21 that it's going to colonize (inaudible). We  
22 aren't anticipating it will.

1                   PANEL MEMBER: I still have to read the  
2           paper. I skimmed the abstract and looked at the  
3           summary but I'd be skeptical about throwing away  
4           all what we have learned from fecal samples  
5           because everything that this field knows is from  
6           fecal samples. And I think we've learned very  
7           useful things about what happens to immune  
8           phenotypes, for example, based on information you  
9           can gather from stool. What happens to  
10          colonization resistance based on information  
11          that's in the stool and then acted on these  
12          predictions to learn other things.

13                   So, I'm sure that other types of data  
14          are useful and when we can all have them with the  
15          tools available then let's all have a party. But  
16          until then, you know, especially, you know,  
17          realistically it's (inaudible) to ask healthy  
18          individuals to go through a colonoscopy plus  
19          anesthesia plus whatever they had for no benefit  
20          for the healthy individuals to ultimately get this  
21          information. We're never going to get that. But  
22          we are going to get a colonization from fecal

1 samples if we ask for fecal samples and the  
2 patients are nice enough to give them to us. So,  
3 I think there's a lot we can do with the  
4 information from stool samples.

5 PANEL MEMBER: So, I didn't mean to  
6 suggest that stool sampling is not worth doing.  
7 And, in fact, in that cell paper they do sample  
8 stool in addition to doing the biopsies but they  
9 have more ends of sampling from stool samples than  
10 they do biopsies. And certainly, I think that  
11 it's important, I guess, for certain diseases  
12 though like for recurrent C- diff, for example, I  
13 think it's a diversity issue. Because actually I  
14 think less of a host immune component here maybe  
15 then say for IDD, for example. And so, for  
16 conditions like IDD or ulcerative colitis, maybe  
17 we will need that additional information from  
18 biopsies. And I think a lot of it is going to  
19 depend on the disease entity that we're talking  
20 about.

21 PANEL MEMBER: Okay with that, sorry.  
22 Last question, sorry I forgot, please.

1                   SPEAKER: Hi, my name is Joan Holly, I'm  
2                   from Data RI, LLC. It's a regulatory consulting  
3                   firm in Maryland. I have a very general question.  
4                   So, in some of your studies, you're using  
5                   naturally existing strains as a drug to treat  
6                   diseases. And if one day you found it's an  
7                   efficacious drug and it's being proved is there IP  
8                   protection on this drug and who's the IP? That's  
9                   my question.

10                  PANEL MEMBER: Boy, that's a question  
11                  for our IP attorney who is not here. Yeah, well I  
12                  think we believe that we'll have protections.  
13                  Certainly, we'll have the protections associated  
14                  with the drug approval with a biologic approval.  
15                  But, you know, also method of use patents and such  
16                  as that, I think, will provide some level of  
17                  protection as well as the fact that it is a  
18                  specific strain that we're talking about. And we  
19                  believe that we'll be able to turn that into a  
20                  therapeutic that's easy to take a lyophilized  
21                  preparation that's easy to take and we'll have  
22                  specific knowledge around the manufacturing of it.

1                   DR. PANIGRAHI: So, the bottom line, I  
2           would say that naturally our current strains are  
3           not patentable in general. But if you show that  
4           it works for sepsis you can patent it. But if you  
5           show that it's working against cancer, you can  
6           patent it too. And that's the general take home I  
7           have learned in the last few years. But it will  
8           be really interesting when you find out if there  
9           is a component.

10                   Like in our bug, we see that it does  
11           something, it secretes something. Then it again  
12           comes very close to the cell intimately attaches.  
13           So, then if we can find out what it is what is  
14           that piece, what is the component that's doing the  
15           job, then that can be a drug, that can be a  
16           separate idea altogether. But until then, the  
17           live bug, the whole bugs, I think it is yes and  
18           no, you can patent and you can trademark, you can  
19           do all different things but it may not be as  
20           robust as having a chemical component.

21                   PANEL MEMBER: Yeah, again I should say  
22           if you're developing an organism that's not

1       currently available as probiotic and you get into  
2       a drug development process with it, you file and  
3       IND and you start generating data. My  
4       understanding, and I don't know if the people from  
5       CFSAN are still here. But my understanding is  
6       that once you go down that pathway for something  
7       that hasn't been commercialized as a nutritional  
8       you can't do that anymore. You can't start  
9       marketing it as a nutritional once it has been  
10      shown to be a drug.

11               SPEAKER: I was just curious about the  
12      strains that are not genetically modified, that  
13      are naturally existing. So if, for example, the  
14      strains you found can be used to treat one disease  
15      and it's been approved and then in another study  
16      have been found to be effective for another  
17      disease but yet you didn't patent for that use.  
18      Can consumers just use it for another treatment  
19      without, you know?

20               PANEL MEMBER: They'd have to source it.  
21      They'd have to get it from somewhere and I would  
22      think if it's part of somebody's clinical program

1       and they started seeing evidence that it might  
2       work in another condition, they'd jump on those  
3       patents right away to try to cover that from an  
4       efficacy use standpoint.

5                   PANEL MEMBER: I think the other  
6       complicating piece there is what is the idea of a  
7       biosimilar in the field of probiotics. How far  
8       away from *Bacteroides fragilis* or any of the eight  
9       strains that (inaudible) has you have to be. Is  
10      it a different *B. frag* strain sufficiently far  
11      enough?

12                   Everyone has patents written to be  
13      incredibly broad but until this goes to the courts and  
14      having courts adjudicate how narrowly those really  
15      have to be drawn, how many snips away from the genome  
16      sequence they submit do you need to be to be  
17      infringing on their IP? So, you'd still be able to  
18      make some money off this even if they did all the leg  
19      work.

20                   PANEL MEMBER: All completely untested.  
21      As you said, that's the wild west. And  
22      biosimilars are not as easy to get on the market

1 as a generic is. You do have to do some clinical  
2 work.

3 PANEL MEMBER: Okay so with that, we're  
4 going to close session three. Thank you very  
5 much, speakers, very interesting and entertaining  
6 talks, I really appreciate it. And we're going to  
7 round the basis on this workshop and I'm inviting  
8 Dr. Carolyn Deal who opened us up today to give  
9 some closing remarks.

10 DR. DEAL: Well, I know it's getting  
11 late and I will just take two minutes. First of  
12 all, I want to thank all of our speakers today.  
13 Really appreciate them putting time and effort  
14 into their talks and contributing this. And then  
15 really thank all of you in the audience.

16 You all were in this room, there is  
17 actually two and a half overflow rooms in this  
18 building downstairs that were also full. So, I want  
19 to thank everyone who participated in all of the  
20 discussions.

21 Because I think this has been something  
22 we really wanted to hear a broad breadth on input

1       on. I know my colleagues at CBER and CFSAN did  
2       also. But then last of all, I really want to  
3       thank the organizing committee which some of whom  
4       you've seen today who were the moderators for  
5       these sessions who put a lot of time and effort  
6       into coming up with this program. And so, I  
7       really want to thank all of them and all the  
8       colleagues from CBER and CFSAN who participated  
9       and all the other NAIAD participants.

10               And so, the last thing I wanted to leave  
11       with you in thinking about all of this is I think  
12       all of us have a lot of enthusiasm for the  
13       possibilities in the future for live microbium  
14       based products. I mean, this is a new, growing  
15       and evolving area and I think we're all learning.  
16       We're intrigued by a lot of the possibilities. I  
17       think we also know that there are cautions that  
18       need to be considered, some of which have come out  
19       today.

20               I think some of the things we've heard  
21       is there may be advantages to considerations for  
22       well characterized products in terms of

1 reproducibility of manufacturing and more  
2 importantly even to think about to ensure  
3 reliability of use. So, that's one consideration  
4 as we move forward.

5 I know there's been some debate about  
6 where there should be the lines between the  
7 regulatory considerations for probiotics and live  
8 bio therapeutics and I think there's always some  
9 evolution and thought of that as how we go  
10 forward. But I think then one of the other things  
11 is those are the product issues but there's also  
12 the clinical issues.

13 Many of these are complex infections and  
14 diseases, they're not all well-defined and I think  
15 the necrotizing enterocolitis has certainly shown  
16 us that that it's not always a well-defined  
17 infection. And I would even argue sometimes C.  
18 difficile infection is not also.

19 And so, it shows the points to the need  
20 for clinical studies with well-defined clinical  
21 endpoints and also with well-defined diagnostics  
22 in those studies. So there, I think, is the other

1       potential gap area that we see is some of the need  
2       for new and better refined diagnostics.

3               All of these are needed to support  
4       regulatory decisions from our FDA colleagues in  
5       the future. I think importantly for all of us in  
6       the public health and medical community what we  
7       all really want and most importantly is to be able  
8       to have reliable regulatory decisions and to  
9       provide informative, useful and reliable  
10      information to patients and to the providers.

11             And so, that's the thought I really want  
12      to leave you with is all of this as it evolves  
13      over the next years and as we get products that we  
14      can move into routine use. Because that's the  
15      ultimate goal is to be able to provide reliable,  
16      useful information not only to the providers  
17      giving these products but to the patients that  
18      receive them and hopefully that we can improve  
19      public health.

20             So, that's all the comments I wanted to  
21      make. Again, thank you all for coming and I hope  
22      you don't drown on the way home because the

1 hurricane I've heard has moved up here leaving our  
2 North Carolina colleagues ability to get home.  
3 So, thank you all very much.

4 (Whereupon, the PROCEEDINGS were  
5 adjourned.)

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## 1 CERTIFICATE OF NOTARY PUBLIC

## 2 STATE OF MARYLAND

3 I, Thomas Watson, notary public in and  
4 for the State of Maryland, do hereby certify that  
5 the forgoing PROCEEDING was duly recorded and  
6 thereafter reduced to print under my direction;  
7 that the witnesses were sworn to tell the truth  
8 under penalty of perjury; that said transcript is a  
9 true record of the testimony given by witnesses;  
10 that I am neither counsel for, related to, nor  
11 employed by any of the parties to the action in  
12 which this proceeding was called; and, furthermore,  
13 that I am not a relative or employee of any  
14 attorney or counsel employed by the parties hereto,  
15 nor financially or otherwise interested in the  
16 outcome of this action.

17

18 (Signature and Seal on File)

19 -----

20 Notary Public, in and for the State of Maryland

21 My Commission Expires: December 2, 2021

22 Commission No. 127812

