

# COVID-19 Nasal Swab Kit Instructions

This test takes about 15 min to complete.

verily



**R<sub>x</sub>** only

For use under Emergency Use Authorization only.

For use by individuals 18 years or older.

## Important Information

Not following the instructions may make your sample invalid.

- **Return your sample the same day you take it**

If you received your kit in the mail, only take your sample **Mon–Thu**. Return your sample before the last FedEx Express pickup. Check [www.FedEx.com](https://www.fedex.com) for hours.

If you picked up a kit in person, follow the test administrator's return instructions.

- **Make sure to fill out and return the label sheet, and add a barcode sticker from the label sheet to the sample tube**

See the following pages for how to do these critical steps.

## Video instructions



Watch this video to see how to properly take your sample.

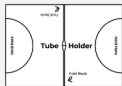
**[healthy.verily.com/testkit](https://healthy.verily.com/testkit)**

OR



Scan this image with the  
camera app on your phone to  
watch the video.

## This kit includes:



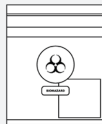
Tube holder



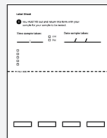
Nasal swab



Sample tube



Specimen bag & absorption sheet (sheet may be a circle or rectangle)

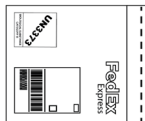


Label sheet & barcode stickers

## In mail-home kits only:



Sticker seal



FedEx shipping envelope



**You'll also need a black or blue pen**

# 1

## Clean your testing area and wash your hands

Clean the area where test materials will be placed. Thoroughly wash your hands with soap and water for 20 seconds.

**Take all the materials out of the kit** and place them on the clean surface.



## 2

### Unfold the label sheet and fill in the date and time

Complete the label sheet by writing the date and time you are taking your sample. You must also note whether the time is **AM or PM** and your current **time zone**.



The illustration shows a 'Label sheet' form with the following fields and content:

- Label sheet** (Title)
- Time:** A line with '08:30' written on it.
- Time of Day:** Two checkboxes. The 'AM' checkbox is checked, and the 'PM' checkbox is unchecked.
- Date:** A line with '1/1/2020' written on it.
- Additional Fields:** Four checkboxes on the left, each followed by a horizontal line. The first checkbox is checked, and the others are unchecked.
- Pen:** A purple pen is shown pointing towards the form.

### 3

## Apply a barcode sticker from the label sheet to the sample tube

The barcode sticker should cover the label that is already on the tube.

Place the sticker lengthwise along the tube. Do not wrap the sticker around the tube.



**Use this sticker**



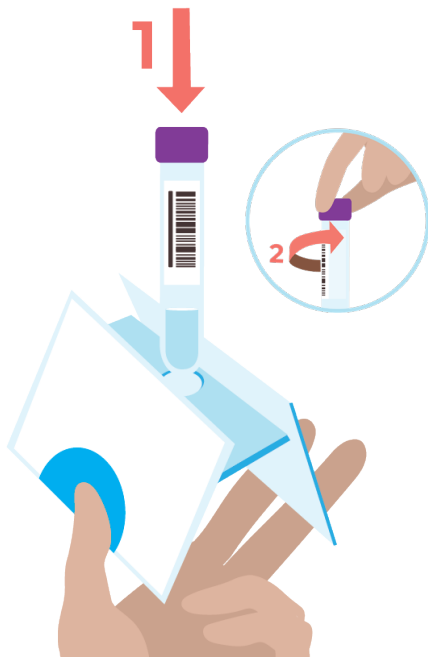
## 4

**Assemble the tube holder, place the tube inside, and open the tube**

Fold the sides of the tube holder back to reveal a hole for the sample tube. Push the tube into the hole.

Set the holder down and unscrew the cap from the sample tube. Do not spill the liquid in the tube.

7

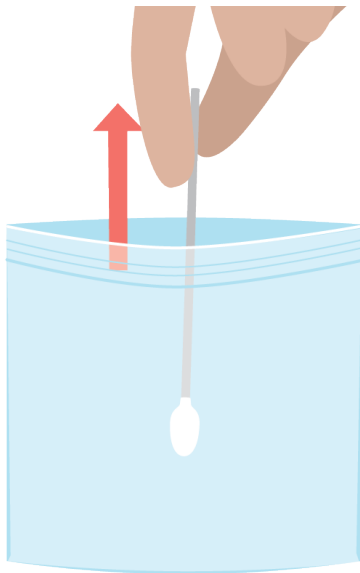




# 5

## Take out the nasal swab

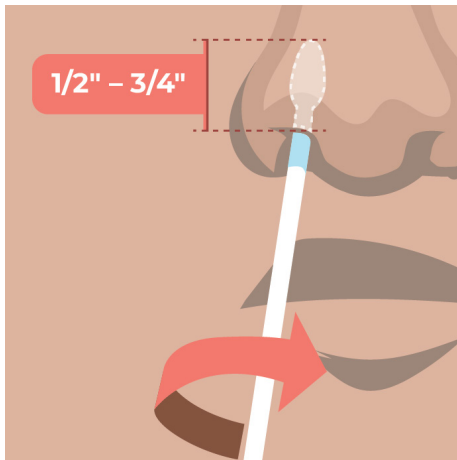
Do not touch the fuzzy tip of the nasal swab.



## 6

Insert only the fuzzy tip and rub the swab around the inside of one nostril 10 times

Use firm, gentle pressure and make sure the tip of the swab is making contact at all times. Only twirling, spinning or leaving the swab in the nostril **will not** get enough sample for testing.

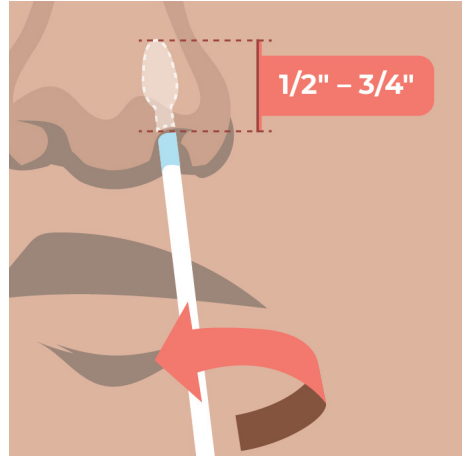


**This should not cause any discomfort.**

# 7

Using the same swab, rub the swab around the inside of your **other** nostril 10 times

Use the same technique as the last step.



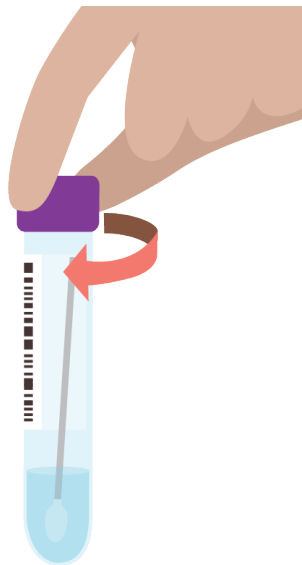
**This should not cause any discomfort.**

## 8

Insert the swab into the tube, fuzzy tip down, and tightly seal the cap

Make sure the **fuzzy tip** is submerged in the liquid once in the tube.

Screw the cap on tightly and check that there is no leakage.



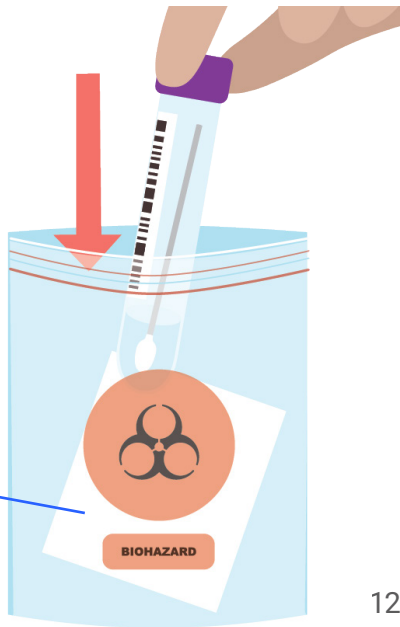
## 9

Put the tube in the specimen bag

**Important:** Leave the absorption sheet inside.

Close the bag tightly.

Absorption sheet  
(sheet may be a  
circle or rectangle)

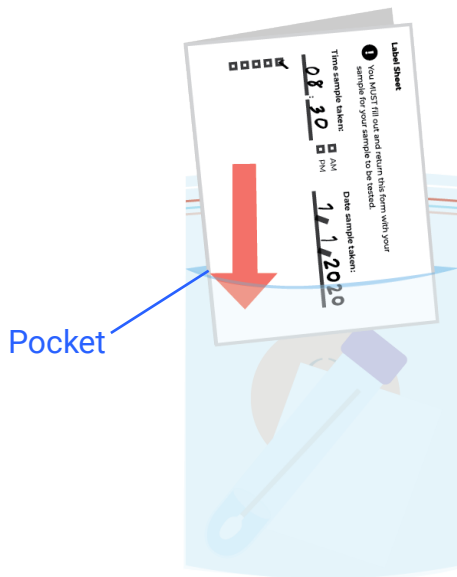


## 10

Put the label sheet in the back pocket of the specimen bag

Fold the label sheet in half.

**Without tearing the bag**, peel open the back pocket of the specimen bag. The pocket is transparent and may be hard to see. Tuck the sheet into the pocket.



## 11

Wash your hands with soap and water, then put the specimen bag in the box

Put the specimen bag with the sample and label sheet in the box.



**If you picked up a kit in person,** follow the test administrator's return instructions. Return your sample the same day you took it.

## 12

Seal the box with the pink sticker, then put the box in the FedEx shipping envelope

Seal the opening of the box with the pink sticker. Put the box in the FedEx shipping envelope and seal the envelope.





## 13

### Return the kit to FedEx, or schedule a pickup

Return the prepaid,  
pre-addressed FedEx shipping  
envelope to a local FedEx  
shipping center or drop box,  
or schedule a pickup on their  
website.

Return your sample the same  
day you took it.



# Thank you

Your results will be available 1 to 2 days after your sample arrives at the Verily lab.

You'll receive an email when your result is ready.



# Support & troubleshooting

Call center: 1 (800) 952-0632

Monday–Friday, 8 AM–11 PM ET



**Intended for the collection of nasal swabs for the purpose of in vitro diagnostic testing for SARS-CoV-2 RNA by Verily Life Sciences laboratory which is certified under the Clinical Laboratory Improvement Amendments of 1988 (CLIA), 42 U.S.C. §263a, and meets requirements to perform high complexity tests. Rx only.**

This product has not been FDA cleared or approved, but has been authorized for emergency use by FDA under an Emergency Use Authorization (EUA) for use by the authorized laboratory.

This product has been authorized only for the detection of nucleic acid from SARS-CoV-2, not for any other viruses or pathogens; and

The emergency use of this product is only authorized for the duration of the declaration that circumstances exist justifying the authorization of emergency use of *in vitro* diagnostics for detection and/or diagnosis of COVID-19 under Section 564(b)(1) of the Federal Food, Drug and Cosmetic Act, 21 U.S.C. § 360bbb-3(b)(1), unless the declaration is terminated or authorization is revoked sooner.



Distributed by Verily Life Sciences  
249 East Grand Ave  
South San Francisco, CA 94080



For use under Emergency Use Authorization only.  
For use by individuals 18 years or older.

953-00804-01 Rev C