

Instructions for Use:

- 1) Facing the respirator on the side of the silicone nose bridge, and make sure the nose bridge is on the top of the respirator, then hold the respirator with one hand making sure the mask is resting on the user's face covering the user's nose, mouth and chin.
- 2) Pull the elastic bands over each ear.
- 3) Adjust the respirator position so that the silicone seal around the respirator is comfortable on the nose.
- 4) Adjust the elastic band and the adjustment tensioner to the appropriate felt strength of the elastic bands.
- 5) Check the fit of the respirator to the face:
 - a) Cover the respirator with both hands to avoid affecting the position of the respirator on the face.
 - b) Breathe in and out and if air leaks from the edge of the mask, please re-adjust the elastic band; if the user cannot get a good fit, repeat steps 1-4.

