

Instructions for Use:

1. Position the respirator in your hands with the nose piece at your fingertips (Figure 1).
2. Cup the respirator in your hand allowing the headbands to hang below your hand. Hold the respirator under your chin with the nosepiece up and then pull both straps over your head and allow the mask to seat over your nose and mouth (Figure 2).
3. Position the top strap high on the back of the head and the lower strap around your neck and below your ears.
4. Adjust for a comfortable fit by pulling the mask away from your face and reseating it on the bridge of your nose and below your chin so that the rolled edges seal against your skin (Figure 3).
5. Place fingertips from both hands at the top of your nose and mold the nosepiece around your nose to achieve a secure seal (Figure 4).
6. Take a quick breath in to check whether the respirator pulls tightly to the face. Failure to feel a negative pull of the mask against the skin suggests that there is air leakage.
7. Place both hands completely over the respirator and exhale. If you feel leakage, there is not a proper seal (Figure 5).
8. If you cannot achieve a proper seal due to air leakage, adjust tension by pulling strap loop through the tensioning bar or ask for help (Figure 6).

