



Do you get most of your health care from your tribal clinic or Indian Health Service (IHS)? If so, then you need to know what to do when you leave home to attend school. Contact your tribal clinic to let them know you are leaving and find out what health coverage you may be eligible for as a student.

Health coverage benefits include outpatient services, hospitalization, vaccinations, and other prevention services to help you live a healthy life.

GET COVERED so all you have to worry about is studying.

Get Vaccinated

When you're thinking about school and health care, don't forget about the recommended vaccines! Young adults ages 19 to 24 need these vaccinations:

- Meningococcal conjugate vaccine
- Tdap vaccine, if you did not get it as a preteen or teen
- HPV vaccination, if you did not start or finish the vaccine series
- Seasonal flu vaccine

For more information, check with your provider or visit vaccines.gov and search for "College and Young Adults."

Signing up for health insurance is easy and affordable:

- Contact your school clinic
- Go online to healthcare.gov
- Call 1-800-318-2596



HealthCare.gov



@CMSGov



#CMSNativeHealth

CMS ICN No. 909448-N • June 2017

Off to college?

Don't forget your health care

What college-bound American Indian and Alaska Native students need to know about:

- > Health coverage options
- > Vaccinations



HealthCare.gov



I am going to school and need health coverage. What should I do?

Start by notifying your tribal health facility that you are a student leaving for school and ask them about any coverage options you may be eligible for through tribal health. Then, ask yourself the questions below.



Know your options

Parents' health insurance

You can stay on your parents' insurance until age 26—even if you're married. Make sure you can use this plan outside the state with approved doctors and hospitals near your school.

School health insurance

Many schools provide health insurance plans for enrolled students. Talk to an admissions representative or staff at the school health center for more information.

Health Insurance Marketplace

Members of federally recognized tribes or Alaska Native Claims Settlement Act (ANCSA) shareholders can apply for limited or no-cost coverage. They can also purchase or change Marketplace health insurance coverage every month, rather than waiting for the yearly open enrollment period. Visit healthcare.gov to see your options and cost.

Indian health provider

Some schools are near an IHS, tribal, or urban Indian health center. Talk to your tribal clinic about eligibility, Purchased and Referred Care (PRC), and other services. Keep in mind that IHS is not health insurance. However, you can still get services from IHS even if you have insurance. Visit ihs.gov/locations to find the facility closest to your school.