



Mobile Devices: Know the **RISKS.
Take the **STEPS**.**

PROTECT and SECURE Health Information.

Learn more at [HealthIT.gov/mobiledevices](https://www.healthit.gov/mobiledevices)



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10 tips to protect and secure health information when using a mobile device.

- 1** Use a **password** or other **user authentication**
- 2** Install and enable **encryption**
- 3** Install and activate **remote wiping** or **remote disabling**
- 4** Do not install or use **file sharing applications**
- 5** Install and enable a **firewall**
- 6** Install **security software** and **keep it up to date**
- 7** **Research** mobile applications before downloading
- 8** Always keep your device **in your possession**
- 9** Use adequate security to send or receive health information over **public Wi-Fi** networks
- 10** **Delete** all stored health information before discarding the mobile device