



Spokane Regional Health District · www.srhd.org



Spokane Counts 2015

A summary of 59 selected public health indicators

Smokers (Youth)

Health Behavior



Indicator: Smokers (Youth)

Definition: Percent of youth in grades 6, 8, 10, and 12 who smoked one or more cigarettes in the last 30 days.

Why this is important: Tobacco use is the leading cause of preventable death. The majority of adult smokers began smoking before the age of 18.

Where we are: In 2014 in Spokane County, 8.0% of adolescents were current smokers. From 2008 to 2014, the proportion of adolescents who smoked decreased significantly. The proportion of youth smokers in Spokane County was significantly higher than that of Washington state in 2014, but lower than that of the United States in 2013.

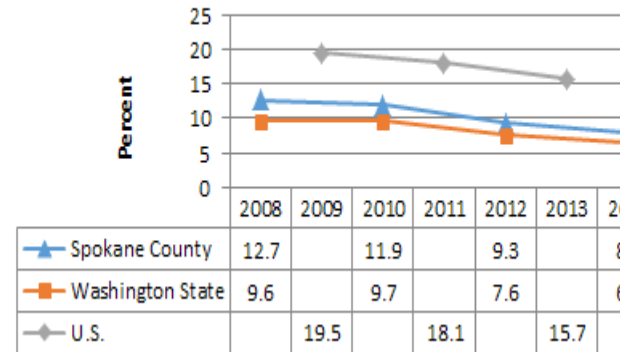
Health Disparities:

Among youth in Spokane County in 2014:

- Smoking increased as age increased.
- Smoking decreased as maternal education increased.

There was no difference in smoking by race or between males and females.

Youth Smokers Over Time

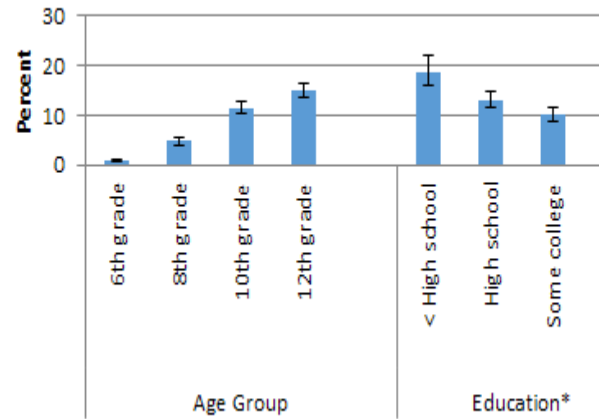


(click to enlarge)

Additional Information: Other forms of tobacco can also have negative health effects. Among youth, using chewing tobacco and smoking cigars increases as age increases.

Alternative tobacco use in the last 30 days, Spokane County, 2014				
	8th grade	10th grade	12th grade	Total
E-cigarette	8.8%	25.8%	29.2%	20.7%
Cigars	2.0%	8.2%	13.6%	7.6%

Disparities in Youth Smokers, Spokane County, 2014



*Education reflects the mother's highest education level
(click to enlarge)

	Data Source	HYS, 2014 (grade 6,8,10,12)
Geography	Spokane County	8.0% (7.5-8.5)
	Washington state	6.4% (6.2-6.6)
	United States	15.7%
	Trend	08-14 Decrease
Age	Youth	
	6th grade	0.7% (0.5-1.2)
	8th grade	4.7% (4.0-5.5)
	10th grade	11.4% (10.3-12.6)
	12th grade	15.0% (13.7-16.3)
Sex	Male	8.0% (7.3-8.7)
	Female	7.9% (7.2-8.6)
Race	White	8.2% (7.6-8.8)
	Black	9.5% (6.8-13.1)
	NAAN	7.8% (5.7-10.6)
	API	6.2% (4.5-8.6)
	Hispanic	8.1% (6.1-10.8)
	2 or more	8.9% (7.2-11.0)
Education*	< High school	18.6% (15.8-21.9)
	High school	13.1% (11.6-14.9)
	Some college	9.9% (8.7-11.3)

College graduate 7.3% (6.5-8.3)

* Education reflects the mother's highest education level

Data Source: Health Youth Survey. Washington State Department of Health. Calculations and presentation of data by Spokane Regional Health District, Data Center. Centers for Disease Control and Prevention (CDC). 1991-2013 High School Youth Risk Behavior Survey Data. Available at <http://nccd.cdc.gov/youthonline/>. Accessed on 03/31/15.

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Demographics

Indicator Overview

Executive Summary

Performance Measures