



Circle of Security Illustrations

How Do I Use These Tools?

Physical and emotional safety is important to all of us, adults and children alike, and is necessary in order to thrive. In the Circle of Security caregivers provide a “secure base” that encourages and allows children to explore the world while being watched over and delighted in. Caregivers also provide a “safe haven” for children to come back to when they need comfort, protection, or help to manage their emotions.

The following illustrations explain the various circles that occur between caregivers and children as defined by Circle of Security International.

