

HIV TESTING INFORMATION FOR MEDICAL PROVIDERS IN SPOKANE COUNTY

HIV DISEASE REPORTING:

324.1544

New HIV diagnoses are reportable by providers to the local health jurisdiction within three business days. To confidentially report a new case of HIV or AIDS, call SRHD directly: (509) 324.1544.

The SRHD HIV Program staff will assist with post-test counseling for a newly positive patient, partner notification, and referrals to care. SRHD HIV case managers are available to assist your patient with medical referrals, insurance, housing, and support.

HIV TESTING IN PREGNANCY:

WAC 246-100-208

In Washington State, HIV testing in pregnancy is **opt-out**. HIV screening is part of routine prenatal care.

- Notify patient that HIV testing is among the routine prenatal screening that will be done.
- Offer an opportunity for her to ask questions.
- Consent is inferred, unless the patient **opts out**.
- If the patient opts out, discuss and address her reasons for declining the HIV test; if she still decides not to test, document declination and discussion in her medical chart.
- Rapid 4th generation HIV testing is available for testing in the 3rd trimester for women at higher risk for HIV, or for women who did not receive HIV testing earlier in their pregnancy.

HIV PRE-TEST COUNSELING IS NOT REQUIRED FOR MOST PATIENTS:

WAC 246 100-207

There is no longer a requirement for HIV pre-test counseling for most patients.

Informed Consent, however, is still required for all patients receiving an HIV test. A verbal consent is adequate.

- HIV test results may be given over the phone, as with other laboratory results.
- For a **Positive HIV Test**, call SRHD at **324.1544** immediately. Provide post-post-test counseling and referrals, or request SRHD to assist with these services. Please let your patient know that SRHD will be calling.

WHEN IS HIV PRE-TEST COUNSELING STILL REQUIRED?

WAC 246-100-208

- Patients seeking treatment for an STD should be offered and encouraged to have an HIV test. ***Men who have sex with men (MSM) with gonorrhea, chlamydia or syphilis are at significantly higher risk for HIV, and testing should be offered to these patients per CDC guidelines.***
- Pregnancy (*see above*)

Counseling may be given in the form of an informational handout for your patient to read.

Go to the Washington State Department of Health--Official Site, and type "HIV Brochures" in the search window. You can also use the direct links below.

- For general patient population: <https://www.doh.wa.gov/Portals/1/Documents/Pubs/430-021-HIVTesting.pdf>
- For pregnancy: http://here.doh.wa.gov/materials/prenatal-testing-for-hiv-brochure/14_PregHIV_E02L.pdf

FREE 4th generation HIV testing is offered through SRHD's HIV/STD Program for individuals who are at high risk for HIV: MSM, sex and needle-sharing partners of HIV-positive individuals, anyone with a syphilis diagnosis in the last year. Call: 324.1494