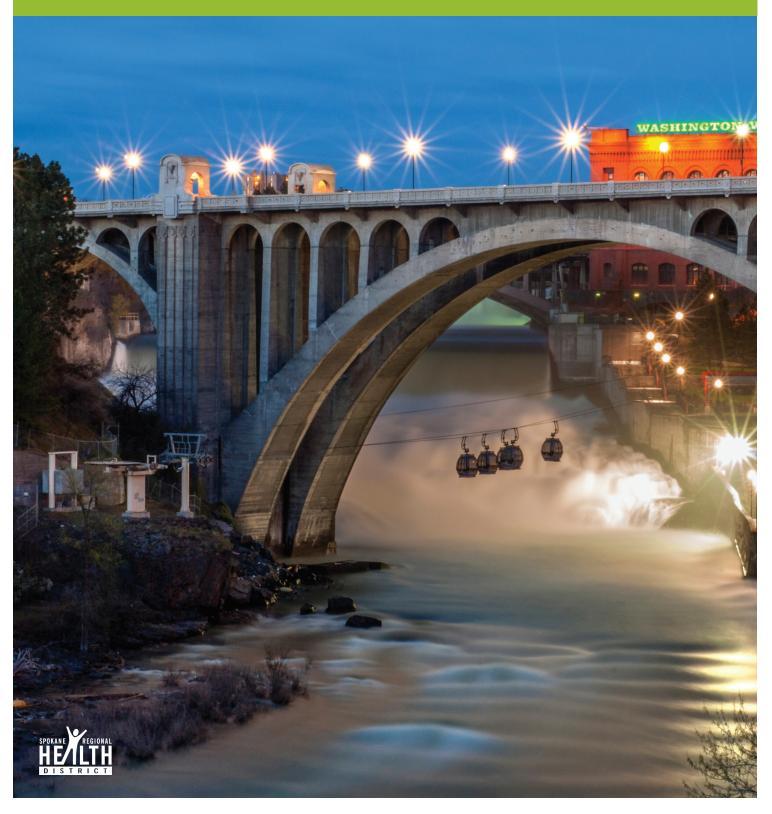
Spokane Counts 2017

A Summary of the Public's Health

EXECUTIVE SUMMARY

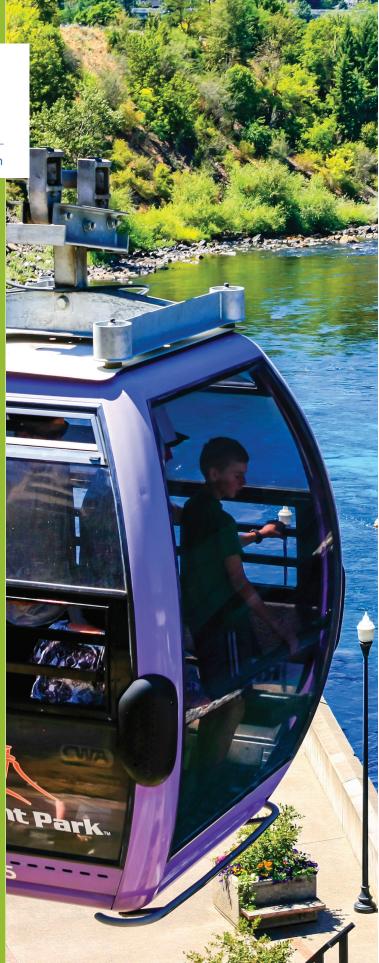


Spokane Counts 2017

A Summary of the Public's Health



Data Center Author: Amy Riffe *TEL* 509.323.2853 | *TDD* 509.324.1464 datacenter@srhd.org | srhd.org/spokanecounts



OVERVIEW

Spokane Counts: A Summary of Selected Public Health Indicators was first published in 2003. The document provided baseline data demonstrating the health status of Spokane residents and some individual risk behaviors that contribute to health outcomes. A thorough selection process identified indicators that could be impacted by public health and community partners. Spokane Counts' indicators are used to monitor the population's health and are updated as new data becomes available.

Spokane Counts 2017 indicators demonstrate changes within Spokane County over time and, when available, make comparisons between Spokane County, Washington State, and the United States. Additionally, lower socioeconomic status is often associated with poorer health outcomes. When available and appropriate, health indicators were analyzed by age, sex, race, education, and income to identify disparities.

When Spokane Counts is updated, the indicators are reviewed to ensure they are providing information that is appropriate and useful. The indicators may change due to definition or data source changes or stakeholder needs. Spokane Counts 2017 provides information on 60 indicators. Spokane Counts gives the community information on health issues and affected populations. The information may help direct health and social interventions to areas of greatest need and build support for health policies, as well as educate the public, community organizations, and policymakers on the community's health and well-being.

Data and reports about public health issues can be found at <u>srhd.org/data-and-reports.</u>

Changes in Trends for Spokane County From the 2015 Report to the 2017 Report

Better	Worse
Decreased over time	Increased over time
Vaccine preventable diseases	Low birth weight
Maternal smoking	Overweight youth
Drug resistant infection	Food/waterborne diseases
Unintentional injury	
No longer decreasing	No longer increasing
Preschool immunization	Well water
	Youth physical activity
No longer increasing	No longer decreasing
Adult illicit drug use	School age immunization exemption
Bullied youth	



RATING

Some health areas have changed over time, either positively or negatively, and show disparities among groups. Individual indicators of health for Spokane County residents were scored on a three-point scale: for the trend; in comparison to the Washington State rate, the national rate, and to Healthy People 2020 goals; and the level of disparities present. The magnitude of the indicator in the community was scored on a five-point scale. Indicators that did not have one of these measures (e.g. having no comparable Healthy People 2020 goal) were given a score of two for that measure. A matrix showing the scoring process is available in Appendix B. High scores for an indicator showed that Spokane County did not meet expectations of health for that measure.

The highest scores were for youth being bullied, youth depression, dental decay among children, and maternal smoking. The lowest scores, or those doing the best, were for tuberculosis, binge drinking among both youth and adults, drowning, food and waterborne disease, youth illicit drug use, and vaccine preventable diseases.

Although some indicators scored better than others, all indicators continue to be important to ongoing efforts to improve the health of the population. The scoring process helps identify areas where public health and partners could potentially focus greater attention. For example, depression among youth continues to be an indicator with a high score and rated as not meeting expectations. One in three youth in Spokane County reported being depressed. Youth depression is associated with negative social, functional, and health outcomes. As opposed to individual treatment, a public health approach to youth depression would focus on prevention efforts through maximizing protective factors and reducing risk factors. Examples would include reducing the burden of poverty, exposure to violence, and family instability while improving the presence of supportive adults, strong family relationships, strong peer relationships, and coping skills.¹ Alternatively, youth using illicit drugs is a topic that has a long history of public prevention programs. One in ten youth reported using an Illicit drug in the past month. This indicator has a low score and is now rated as meeting expectations.

Public health in Washington State is mandated to meet standards related to understanding health issues in the community. Spokane Regional Health District (SRHD) meets this standard through an ongoing assessment process of health indicators in the community. The information is disseminated to community partners to help guide policy decisions and improve the health status of Spokane County's residents.



Bullied (Youth)	17
Depression (Youth)	17
Dental Decay (Children)	16
Maternal Smoking	16
Deaths	15
Flu Shot (Adult)	15
Food Insecurity (Youth)	15
Fruit and Vegetable Intake (Youth)	15
General Health (Adult)	15
Life Expectancy	15
Overweight (Youth)	15
Preschool Immunization	15
Smokers (Adult)	15
Suicide	15
Teen Immunization	15
Tooth Loss (Adult)	15
 Years Potential Life Lost Age 65	15
Asthma (Youth)	14
Child Abuse	14
Dental Check-Up	14
Personal Doctor (Adult)	14
Physical Activity (Youth)	14
Poor Mental Health (Adult)	14
Sigmoidoscopy/ Colonoscopy	14
Breastfeeding	13
Cancer Domestic Violence	13 13
Falls	13
Low Birth Weight	13
Obesity (Adult)	13
Physical Abuse (Youth)	13
Physical Activity (Adult)	13
School Age Immunization	13
Sexually Transmitted Diseases	13
Unintentional Injury	13
Abortion	12
Bike/Pedestrian Collisions	12
Diabetes (Adult)	12
Drug Resistent Infection	12
Illicit Drug Use (Adult)	12
Insured (Adult)	12
Mammogram	12
Marijuana Use (Youth)	12
Pregnancy	12
Preterm Birth	12
Serious Mental Illness	12
Stroke (Adult)	12
Unintented Pregnancy	12
 Well Water	12
Air Quality	11
Childhood Obesity	11
Infant Mortality	11
Smokers (Youth)	11
Binge Drinking (Adult)	10
Binge Drinking (Youth)	10 10
Drowning Food and Waterborne Illness	10 10
Illicit Drug Use (Youth)	10
Vaccine Preventable Disease	10
Tuberculosis	8



INTERMEDIATE SCORE

LOW SCORE or MEETING EXPECTATIONS

Spokane Counts 2017

	Measurement			National		HP 2020 ⁺				hic Disparit	
Environmental		score	score	score	score	goal	Age	Sex	Касе	Education	Income
Air Quality	1%	_				10 days					
Food & Waterborne Disease	34.2/100,000				Ū		_	_			
Well Water	12.0%	_									
Health Behavior			Ū								
Binge Drinking (Adult)	12.9%	-				24.3%	*	*	-	-	-
Binge Drinking (Youth)	6.3%				(]	8.5%	*	*	*	*	
Breastfeeding	93.3%					81.9%	*		*	*	*
Fruit & Vegetable Intake (Youth)	20.3%		-				-	*	*	-	
Illicit Drug Use (Youth)	9.7%					16.5%	*	-	*	*	
Illicit Narcotic Use (Adult)	1.7%	-	-				-	-	-	*	*
Marijuana Use (Youth)	10.7%						*	-	*	*	
Maternal Smoking	12.0%	-			(]	1.4%	*		*	*	*
Physical Activity (Adult)	57.5%	-	-			47.9%	-	_	-	*	-
Physical Activity (Youth)	58.5%	-					*	*	*	*	
Smokers (Adult)	16.1%	-	-	-	(]	12.0%	*	_	-	*	*
Smokers (Youth)	5.2%		-			16.0%	*	-	-	*	
Health Care											
Dental Check-up	67.7%	-	-	-		49.0%	*	-	-	*	*
Insured (Adult)	93.1%	-	-			83.2%	*	_	-	*	-
Mammogram	59.2%	-					-			-	-
Personal Doctor (Adult)	78.4%	-	-	-	-	76.3%	*	*	-	-	-
Sigmoidoscopy/ Colonoscopy	76.3%	-		-	-	70.5%	*	*	-	*	*
Health Status											
Asthma (Youth)	13.5%						*	*	*	-	
Cancer	554/100,000	-	-	()			*	*	*		
Childhood Disability	3.8%		-					*	*		*
Dental Decay (Children)	61.1%	-	-			49.0%			*		*
Depression (Youth)	32.8%		-			7.4%	*	*	*	*	
Diabetes (Adult)	9.0%	-	-	-	-	7.2%	*	-	-	-	-
Food Insecurity (Youth)	14.3%					6.0%	*	-	*	*	
General Health (Adult)	53.6%	-	-	-			*	-	-	*	*
Obesity (Adult)	27.9%	-	-	-	-	30.6%	-	-	-	-	-
Overweight (Youth)	26.1%		-			16.1% (obese)	*	*	*	*	
Poor Mental Health (Adult)	11.1%	-	-				-	-	*	*	*
Serious Mental Illness	2.5%	-	-				_	-	-	-	*
Stroke (Adult)	3.1%	-	-	-			*	-	-	-	-
Tooth Loss (Adult)	17.6%	-					*	*		*	*

INDICATOR TABLE

	Measurement	Trend		National	HP 2020 [†]	$HP 2020^{\dagger}$				hic Disparit	
	Wedstrement	score	score	score	score	goal	Age	Sex	Race	Education	Income
Infectious Disease	72.0/4.00.000						*	*	*		
Drug-Resistant Infection	72.9/100,000							4	~~~	مله	
Flu Shot (Adult)	41.5%	-	-			80.0%	*	-	-	*	-
Preschool Immunization	50.0%					90.0%					
School-Age Immunization	5.3%	-									
Sexually Transmitted Diseases	568/100,000	()	()				*	*			
Teen Immunization	35.3%	-									
Tuberculosis	0.4/100,000	-			-	1.0/100,000	-	-	*		
Vaccine-Preventable Diseases	12.1/100,000			-			*	-			
Injury & Violence											
Bike/Pedestrian Collisions	57.9/100,000	-	-				*				
Bullied (Youth)	27.0%	-				17.9%	*	*	*	*	
Child Abuse	48.9/1,000					8.5/1,000					
Domestic Violence	8.7/1,000										
Drowning	1.8/100,000	-	-		-	1.1/100,000	-	*	-		
Falls	389/100,000	-					*	*			
Physical Abuse (Youth)	21.9%		-				*	_	*	*	
Suicide	20.5/100,000					10.2/100,000	-	*	-		
Unintentional Injury	694/100,000					555.8/100,000	*	_			
Reproductive Health											
Abortion	13.7%						*		*		
Low Birth Weight	5.6%					7.8%	*		-	*	*
Pregnancy	73.5/1,000 women 15-44	-					*		*		
Preterm Birth	7.3%	-				11.4%	-		-	*	*
Unintended Pregnancy	23.3%		-			44%			-		-
Summary Measures											
Deaths	940/100,000						*	-	*		
Infant Mortality	6.0/1,000 births	-	-	_	-	6.0/1,000	-	-	-	*	*
Life Expectancy	78.0 years							*	*		
Years Potential Life Lost Age 65	4,481/100,000		(]	P				*	*		

Rates are worsening / Spokane County is worse
 Rates are improving / Spokane County is better

No difference / no change

* A difference / disparity within the group

BLANK Data unavailable or insufficient

Key

⁺Healthy People 2020 (HP 2020) provides science-based, 10-year national objectives for all Americans. HP 2020 has established benchmarks and monitored progress over time for selected indicators. For more information on HP 2020, visit: healthypeople.gov

APPENDIX A: INDICATORS AND DEFINITONS

ENVIRONMENTAL

Air quality	Percent of days exceeding standard for particulate 2.5 pollution.
Food and waterborne disease	Disease rate for campylobacteriosis, E. coli, giardiasis, listeriosis, salmonellosis, and shigellosis.
Well water	Proportion of population using a private water system.

HEALTH BEHAVIOR

Binge drinking (adult) F	Percent of adults who binge drank in the last 30 days (5+ for men, 4+ for women).
Binge drinking (youth) F	Percent of youth who had 5+ drinks in a row in the last 2 weeks.
Breastfeeding F	Percent of births where the mother initiated breastfeeding.
Fruit and vegetable intake (youth) F	Percent of youth who ate fruit and vegetables 5+ times per day.
Illicit drug use (youth) F	Percent of youth who used illicit drugs in the last 30 days.
	Percent of adults who used a pain killer to get high, like Vicodin, OxyContin (sometimes called Oxy or OC) or Percocet (sometimes called Percs) in the last 30 days.
	Percent of youth in grades 6, 8, 10, and 12 who have used marijuana one or more times in the last 30 days.
Maternal smoking F	Percent of births where the mother smoked during pregnancy.
Physical activity (adult) F	Percent of adults doing 150 minutes or more of physical activity per week.
Physical activity (youth) F	Percent of youth physically active 60 min/day on 5+ days per week.
Smokers (adult) F	Percent of adults who smoke cigarettes.
Smokers (youth) F	Percent of youth who smoke cigarettes.

HEALTH CARE

Dental check-up	Percent of adults who visited the dentist in the last 12 months.
Insured (adult)	Percent of residents currently with medical insurance.
Mammogram	Percent of women 40 years of age or older who have had a mammogram in the last year.
Personal doctor (adult)	Percent of adults with a personal doctor or healthcare provider.
Sigmoidoscopy/colonoscopy	Percent of adults 50+ years of age who have ever had a colonoscopy or sigmoidoscopy.

HEALTH STATUS

Asthma (youth)	Percent of youth who currently have asthma.
Cancer	Incidence of new cases of cancer.
Childhood disability	Percent of children with a disability.
Dental decay (children)	Percent of 3rd grade students who have had a cavity.
Depression (youth)	Percent of youth who felt so sad or hopeless almost every day for 2 weeks or more in a row, that they stopped doing some of their usual activities.
Diabetes (adult)	Percent of adults who have been diagnosed with diabetes.
Food insecurity (youth)	Percent of youth who had to skip or cut the size of a meal in the last year.
General health (adult)	Percent of adults reporting their general health status as excellent or very good.
Obesity (adult)	Percent of adults with a BMI=30+.
Overweight (youth)	Percent of youth that are overweight or obese.
Poor mental health (adult)	Percent of adults with 14+ days of poor mental health in the last 30 days.
Serious mental illness	Percent of adults who scored 10 or more on the Kessler 6 questions to identify serious mental illness.

Stroke (adult)	Percent of adults that ever had a stroke.
Tooth loss (adult)	Percent of adults missing 6+ teeth due to decay.

INFECTIOUS DISEASE

Drug resistant infection	Rate of inpatient hospitalizations with infection with drug-resistant microorganisms (V09 and MRSA, diag 1-9).
Flu shot (adult)	Percent of adults who received a flu immunization in the last 12 months.
Preschool immunization	Percent of children 19-35 months of age with complete vaccination records on file in the Child Profile Immunization Registry (4-DTP, 3-Polio, 1-MMR, 3-Hib, 3-HepB, 1-Varicella, 4-PCV).
School age immunization	Vaccination personal exemption rate among school age children.
Sexually transmitted diseases	Rate of reported cases of chlamydia, gonorrhea, syphilis, and human immunodeficiency virus.
Teen immunization	Percent of youth 13-17 years of age with complete vaccination records on file in the WA Immunization Information System (WAIIS) (1-Tdap, 1-MCV, 1-HPV).
Tuberculosis	Rate cases of tuberculosis.
Vaccine preventable diseases	Rate of cases of haemophilus influenza, acute hepatitis A, acute hepatitis B, measles, mumps, pertussis, rubella, tetanus, and meningococcal disease.

INJURY AND VIOLENCE

Bike/pedestrian collisions	Rate of bike and pedestrian involved collisions.
Bullied (youth)	Percent of youth that have been bullied in the last 30 days.
Child abuse	Rate of accepted CPS referrals for abuse or neglect among children 0-17 years of age.
Domestic violence	Rate of DV offenses reported to law enforcement.
Drowning	Rate of deaths due to unintentional drowning (In bathtub, swimming pool, natural water, other and unspecified. Include water transport accidents).
Falls	Rate of hospitalizations for a fall.
Physical abuse (youth)	Percent of youth who report an adult ever physically hurt them on purpose (like pushed, slapped, hit, kicked or punched you), leaving a mark, bruise or injury.
Suicide	Rate of deaths from suicide.
Unintentional injury	Rate of unintentional injury hospitalizations.

REPRODUCTIVE HEALTH

Abortion	Percent of pregnancies that are terminated by an induced abortion.
Low birth weight	Percent of births with a birth weight <2500g.
Pregnancy	Rate of births, abortions, and fetal deaths.
Preterm birth	Percent of births with an estimated gestation age <37 weeks.
Unintended Pregnancy	Percent of births that were unwanted or mistreated.

SUMMARY MEASURES OF HEALTH

Deaths	Rate of deaths from all causes.
Infant mortality	Rate of births that die before first birthday.
Life expectancy	Number of years an individual is expected to live from birth.
Years Potential Life Lost Age 65	Number of years of potential life lost due to death before age 65 years.

APPENDIX B: SCORING MEASURES FOR SPOKANE COUNTY INDICATORS

	Measure	Trend score	State score	National score	HP 2020 score	Disparities score	Magnitude score	Total score (Missing=2)
Environmental								
Air Quality	1%	2			1		2	11
Food & Waterborne Disease	32.4 per 100,000	3	1			1	1	10
Well Water	12%	2	1				3	12
Health Behavior								
Binge Drinking (Adult)	13%	2	1	1	1	2	3	10
Binge Drinking (Youth)	6%	1	1		1	3	2	10
Breastfeeding	93%	1	3	1	1	3	4	13
Fruit & Vegetable Intake (Youth)	20%	3	2			3	3	15
Illicit Drug Use (Youth)	10%	1	1		1	3	2	10
Illicit Drug Use (Adult)	2%	2	2			2	2	12
Marijuana Use	11%	1	1			3	3	12
Maternal Smoking	12%	2	3		3	3	3	16
Physical Activity (Adult)	58%	2	2		1	2	4	13
Physical Activity (Youth)	59%	2	1			3	4	14
Smokers (Adult)	16%	2	2	2	3	3	3	15
Smokers (Youth)	5%	1	2		1	3	2	11
Health Care								
Dental Check-up	68%	2	2	2	1	3	4	14
Insured (Adult)	93%	2	2	1	1	2	4	12
Mammogram	59%	2	1			1	4	12
Personal Doctor (Adult)	78%	2	2	2	2	2	4	14
Sigmoidoscopy/ Colonoscopy	76%	2	1	2	2	3	4	14
Health Status								
Asthma (Youth)	14%	1	3			3	3	14
Cancer	544 per 100,000	2	2	3		3	1	13
Childhood Disability	4%	1	2	1		3	2	11
Dental Decay (Children)	61%	2	2		3	3	4	16
Depression (Youth)	33%	3	2		3	3	4	17
Diabetes (Adult)	9%	2	2	2	2	2	2	12
Food Insecurity (Youth)	14%	1	3		3	3	3	15
General Health (Adult)	54%	2	2	2		3	4	15
Obesity (Adult)	28%	2	2	2	2	1	4	13
Overweight (Youth)	26%	3	2		1	3	4	15
Poor Mental Health (Adult)	11%	2	2			3	3	14
Serious Mental Illness	3%	2	2			2	2	12
Stroke (Adult)	3%	2	2	2		2	2	12
Tooth Loss (Adult)	18%	2	3			3	3	15

	Measure	Trend score	State score	National score	HP 2020 score	Disparities score	Magnitude score	Total score (Missing=2)
Infectious Disease								
Drug-Resistant Infection	72.9 per 100,000	1	3			3	1	12
Flu Shot (Adult)	42%	2	2		3	2	4	15
Preschool Immunization	50%	1	3		3		4	15
School Age Immunization	5%	2	3				2	13
Sexually Transmitted Diseases	568 per 100,000	3	3	1		3	1	13
Teen Immunization	35%	2	3				4	15
Tuberculosis	0.4 per 100,000	2	1	1	2	2	0	8
Vaccine-Preventable Diseases	12.1 per 100,000	1	1	2		3	1	10
Injury & Violence								
Bike/Pedestrian Collisions	57.9 per 100,000	2	2			3	1	12
Bullied (Youth)	27%	2	3		3	3	4	17
Child Abuse	48.9 per 1,000	3	3	1	3		2	14
Domestic Violence	8.7 per 1,000	3	3				1	13
Drowning	1.8 per 100,000	2	2		2	2	0	10
Falls	389 per 100,000	2	3			3	1	13
Physical Abuse (Youth)	22%	1	2			3	3	13
Suicide	20.5 per 100,000	3	3	3	3	2	1	15
Unintentional Injury	694 per 100,000	1	3		3	3	1	13
Reproductive Health								
Abortion	14%	1	1			3	3	12
Low Birth Weight	6%	3	3	1	1	3	2	13
Pregnancy	73.5 per 1,000 women 15-44	2	1			3	2	12
Preterm Birth	7%	2	3	1	1	3	2	12
Unintended Pregnancy	23%		2			1	3	12
Summary Measures								
Deaths	940 per 100,000	3	3	3		3	1	15
Infant Mortality	6.0 per 1,000 births	2	2	2	2	2	1	11
Life Expectancy	78.0 years		3	3		3		15
Years Potential Life Lost Age 65	4,481/100,000		3	3		3		15

Key

High Score or Not Meeting Expectations		Intermediate So	core Low Sco	re or Meeting Exp	ectations
Trend	(1) getting better	(2) no change	(3) getting worse		
Compared to WA	(1) SC better	(2) same	(3) SC worse		
Compared to US	(1) SC better	(2) same	(3) SC worse		
Compared to HP 2020	(1) SC better	(2) same	(3) SC worse		
Disparities (out of available demographic categories)	(1) none	(2) up to half	(3) more than half		
Magnitude (total population impacted)	(0) <0.01% (1/10,000)	(1) 0.01%-0.9%	(2) 1%-9.9%	(3) 10%-24.9%	(4) >25%



APPENDIX C: DATA SOURCES

Birth Certificates	Washington State Department of Health, Birth Certificate Data. Calculations and presentation of data by SRHD Data Center.
BRFSS	Washington State Department of Health, Center for Health Statistics, Behavioral Risk Factor Surveillance System, supported in part by Centers for Disease Control and Prevention, Cooperative Agreement U58/ SO000047-1 through 4 (2011-2014) and NU58/DP006066-1 (2015). Calculations and presentation of data by SRHD, Data Center.
CHARS	Washington State Department of Health, Comprehensive Hospitalization Abstract Reporting System. Calculations and presentation of data by SRHD Data Center.
Death Certificates	Washington State Department of Health, Death Certificate Data. Calculations and presentation of data by SRHD Data Center.
DOH, CHS	Washington State Department of Health, Center for Health Statistics.
DSHS	Washington State Department of Social and Health Services, Children's Administration FamLink Data Warehouse. U.S. Department of Health and Human Services Administration for Children and Families, Voluntary Cooperative Information System (VCIS), and estimates from Adoption, Foster Care Analysis Reporting System (AFCARS).
HYS	Washington State Department of Health Healthy Youth Survey. Calculations and presentation of data by SRHD Data Center.
ODW	Washington State Department of Health, Office of Drinking Water, Sentry Database.
PRAMS	Washington State Department of Health, Maternal Child Health Assessment, Pregnancy Risk Assessment and Monitoring System. Presentation of data by SRHD Data Center.
Smile Survey	Washington State Department of Health, Smile Survey.
WAIIS	Washington State Immunization Information System.
WSCR	Washington State Department of Health, Washington State Cancer Registry.
WSDOT	Washington State Department of Transportation.
WTN	Washington Tracking Network (<u>https://fortress.wa.gov/doh/wtn/WTNPortal/</u>) Air Quality System, Office of Air Quality Planning and Standards, U.S. Environmental Protection Agency. Accessed through the Washington Tracking Network.

APPENDIX D: SPOKANE COUNTS 2007 COMPARED WITH SPOKANE COUNTS 2017

This table compares indicator data from the 2007 Spokane Counts and the 2017 Spokane Counts. The left side shows the most current single year measure for the two project years and how they differ. The right side shows what the five-year trend was for each project year and how they differ.

	Comparison of Single Year Measurement			Comparison of 5-Year Measurement			
	2007 2017 Measurement Measurement		Change	2007 Trend 2017 Trend		Change	
Environmental	Measurement	Measurement	Ŭ			<u> </u>	
Food & Waterborne Disease	40.8/100,000	34.2/100,000	Better	_	()	Worse	
Health Behavior	,,				V		
Binge Drinking (Adult)	17%	12.9%	Better	_	_	Same	
Binge Drinking (Youth)	18%	6.3%	Better	_		Better	
Fruit & Vegetable Intake					-		
(Youth)	25%	20.3%	Worse		()	Worse	
Illicit Drug Use (Youth)	18%	9.7%	Better			Better	
Maternal Smoking (Youth)	19%	12.0%	Better	-	-	Same	
Physical Activity (Adult)	41%	57.5%	Better	-	-	Same	
Physical Activity (Youth)	39%	58.5%	Better		-		
Smokers (Adult)	20%	16.1%	Better	-	-	Same	
Smokers (Youth)	12%	5.2%	Better	-		Better	
Health Status							
Cancer	533/100,000	544/100,000	Same	-	-	Same	
Dental Decay (Children)	62%	61.1%	Same		-	Better	
Depression (Youth)	28%	32.8%	Worse	-		Worse	
Food Insecurity (Youth)	22%	14.3%	Better	(]		Better	
General Health (Adult)	58%	53.6%	Worse	_	_	Same	
Obesity (Adult)	21%	27.9%	Worse	_	-	Same	
Poor Mental Health (Adult)	9%	11.1%	Same	_	-	Same	
Infectious Disease							
Sexually Transmitted Infections	273/100,000	568/100,000	Worse		()	Same	
Tuberculosis	3.0/100,000	0.4/100,000	Better	-	-	Same	
Vaccine-Preventable Diseases	9.2/100,000	12.1/100,000	Worse	(]		Better	
Injury & Violence							
Child Abuse	39.3/1,000	48.9/1,000	Worse	()		Same	
Domestic Violence	10.8/1,000	8.7/1,000	Better	-		Worse	
Suicide	13.9/100,000	20.5/100,000	Worse	-		Worse	
Unintentional Injury	699/100,000	694/100,000	Same	6		Same	
Reproductive Health							
Abortion	20%	13.7%	Better			Same	
Pregnancy	77.0/1,000 women 15-43	73.5/1,000 women 15-44		-	-	Same	
Preterm Birth	9%	7.3%	Better	-	-	Same	
Summary Measures							
Deaths	761/100,000	940/100,000	Worse			Worse	
Infant Mortality	6.1/1,000 births	6./1,000 births	Same	-	-	Same	
Life Expectancy	79.0 years	78.0 years	Worse				

Endnote

1 Gladstone TRG, Beardslee WR, O'Connor EE. The Prevention of Adolescent Depression. The Psychiatric clinics of North America. 2011;34(1):35-52. doi:10.1016/j.psc.2010.11.015.



 Data Center

 1101 West College Avenue, Room 356, Spokane, WA 99201

 TEL 509.323.2853
 TDD 509.324.1464
 srhd.org